

1 Neutrophil Peptidylarginine Deiminase 4 is Essential for Detrimental 2 Age-related Cardiac Remodeling & Dysfunction in Mice

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41 **KEYWORDS:** Citrullination, neutrophils, cardiac aging, fibrosis
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1
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3 **Abstract**
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5 **Background:** Mice fully deficient in peptidylarginine deiminase 4 (PAD4) enzyme have
6 preserved cardiac function and reduced collagen deposition during aging. The cellular
7 source of PAD4 is hypothesized to be neutrophils, likely due to PAD4's involvement in
8 neutrophil extracellular trap (NET) release.
9

10 **Approach:** We investigated hematopoietic PAD4 impact on myocardial remodeling and
11 systemic inflammation in cardiac aging by generating mice with *Padi4* deletion in
12 circulating neutrophils under the MRP8 promoter (Ne-PAD4^{-/-}), and aging them for two
13 years together with littermate controls (PAD4^{fl/fl}).
14

15 **Results:** Ne-PAD4^{-/-} mice showed protection against age-induced fibrosis, seen by
16 reduced cardiac collagen deposition. Echocardiography analysis of structural and
17 functional parameters also demonstrated preservation of both systolic and diastolic
18 function with MRP8-driven PAD4-deletion. Furthermore, cardiac gene expression and
19 plasma cytokine levels were evaluated. Cardiac genes and plasma cytokines involved
20 in neutrophil recruitment were downregulated in aged Ne-PAD4^{-/-} animals compared
21 to PAD4^{fl/fl} controls, including decreased levels of C-X-C ligand 1 (CXCL1).
22

23 **Conclusion:** Our data confirms PAD4 involvement from circulating neutrophils in
24 detrimental cardiac remodeling, leading to cardiac dysfunction with old age. Deletion
25 of PAD4 in MRP8-expressing cells impacts the CXCL1-CXCR2 axis, known to be
26 involved in heart failure development. This supports the future use of PAD4 inhibitors
27 in cardiovascular disease.
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67 Introduction

68 According to projections from the World Health Organization (WHO), by 2030 one in
69 six people will be 60 years or older. Increasing age is often accompanied by a chronic
70 low-grade pro-inflammatory status, even in the absence of any form of infection. This
71 state of sterile inflammation with increasing age has been defined as
72 “inflammaging.”[1] Chronic inflammation, as evaluated by plasma or serum levels of
73 pro-inflammatory mediators, can cause malfunctioning of several cellular and
74 molecular events, ultimately leading to various chronic ailments and diseases, as well
75 as the loss of tissue integrity and organ function over time[2-4], which can result in
76 age-related pathologies, such as Alzheimer’s disease, atherosclerosis, arthritis,
77 cancer, and cardiovascular diseases.[5, 6]

78
79 A final pathological outcome following chronic inflammation is the development of
80 fibrosis.[7] During fibrosis development connective tissue replaces normal
81 parenchymal tissue.[8] Even though this process initially starts off being beneficial for
82 organ function and healing, during chronic inflammation the repair process becomes
83 inappropriately controlled and pathogenic, resulting in substantial extracellular matrix
84 (ECM) production and deposition, ultimately leading to the replacement of normal
85 tissue by a fibrotic scar.[9]

86
87 Fibrosis development is a complex and multi-stage process, in which bone marrow-
88 derived leukocytes play an essential role.[10] Upon tissue injury, cells of the immune
89 system are activated. In neutrophils, this alters the metabolic state, resulting in the
90 release of granule proteins,[15] enhanced phagocytic capabilities,[16] and the
91 production and release of reactive oxygen species (ROS).[17] Intracellularly, ROS
92 cause the disruption of primary granules, causing the cytoplasmic release of proteases
93 like myeloperoxidase (MPO) and neutrophil elastase (NE).[18] These proteins can
94 migrate to the nucleus, with MPO facilitating the initial entry of NE into the nuclear
95 membrane. In the nucleus, NE starts degrading histones, promoting chromatin
96 decondensation and nuclear swelling.[19] This increase in nuclear volume continues
97 until both nuclear, and plasma membranes are incapable of resisting tensile stress,
98 leading to cell rupture. The loss of membrane integrity is coupled with the release of
99 nuclear material, lined with a range of proteins, including MPO, NE, and histones.

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3 100 These extracellular DNA structures are known as neutrophil extracellular traps
4 (NETs).[20]

5 101
6 102 The process of NET formation (also known as NETosis) often requires the activation
7 of peptidylarginine deiminase 4 (PAD4), an enzyme involved in protein citrullination.
8 103 Equipped with a nuclear localization sequence (NLS), PAD4 can citrullinate specific
9 104 arginine residues on histone tails, further facilitating chromatin decondensation which
10 105 is an important stage during NETosis.[21] Although NETs were first described as an
11 106 anti-bacterial defense mechanism,[22, 23] NETosis can also occur during sterile
12 107 inflammation, as is the case during aging.[24] Once released, NETs can cause damage
13 108 to underlying tissue, and are both proinflammatory and prothrombotic.[25-27]
14 109 Furthermore, NETs are released in a range of pathological conditions, including deep
15 110 vein thrombosis,[25, 27] cancer,[26, 28] myocardial ischemia/reperfusion injury,[29]
16 111 atherosclerosis,[30-32] rheumatoid arthritis,[33] and other auto-immune diseases.[34]
17 112 Additionally, it was shown that NETs are capable of catalyzing the conversion of
18 113 fibroblasts towards collagen secreting myofibroblasts *in vitro*,[29] thus directly linking
19 114 NETs to fibrosis development. However, this has not yet been demonstrated in the
20 115 heart.
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23 118 We have previously studied the interplay between citrullination, aging, and cardiac
24 119 fibrosis by studying the effect of systemic deletion of PAD4 in aged mice.[24] This
25 120 resulted in a cardioprotective phenotype with increasing age, with preservation of both
26 121 systolic, and diastolic function. It was shown in the same study that, with PAD4
27 122 deletion, excessive deposition of interstitial cardiac fibrosis was absent with increasing
28 123 age. However, the phenotype could not be specifically attributed to neutrophils or
29 124 NETs. Therefore, the overall goal of this study was to selectively knock out PAD4 in
30 125 neutrophils, and to investigate how neutrophil PAD4 is mechanistically involved in the
31 126 complex process of spontaneous fibrosis development with increasing age.
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33 128 **Materials and Methods**

34 129 Animals and ethics statement

35 130 All experimental procedures were reviewed and approved by the Ethical Committee of
36 131 the Laboratory Animal Center at the KU Leuven (Project number P019/2020),
37 132 according to the Belgian Law and the guidelines from Directive 2010/63/EU of the
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3 134 European Parliament. B6.Cg-Padi4^{tm1.2K^{now}} (PAD4^{fl/fl}, RRID IMSR_JAX:026708) mice
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5 135 were purchased from the Jackson Laboratory (USA) and backcrossed for seven
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7 136 generations with C57BL/6J mice purchased from Charles River (France). Intercrossing
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9 137 of these mice with B6.Cg-Tg(S100A8-cre,-EGFP)1Ilw/J (MRP8-Cre-ires/GFP, RRID
10
11 138 IMSR_JAX:021614) obtained from the Jackson Laboratory (USA) resulted in PAD4^{fl/fl}
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13 139 x MRP8Cre-ires/GFP (from now on abbreviated as Ne-PAD4^{-/-}). Breeding of PAD4^{fl/fl}
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15 140 with Ne-PAD4^{-/-} mice resulted in litters containing both PAD4^{fl/fl} and Ne-PAD4^{-/-}
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17 141 offspring due to the hemizyosity of the MRP8Cre gene.
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19 142 Knockout mice (Ne-PAD4^{-/-}), together with littermate controls (PAD4^{fl/fl}) were aged for
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21 143 24 months (mo). Separate groups of 9 to 12 week-old mice from the same breeding
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23 144 colony were used as young controls. The study includes both male and female animals.
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25 145 Mice were kept on a standard laboratory diet (ssniff #R/M-H) for the entirety of the
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27 146 study. All groups were age- and sex-matched and received *ad libitum* feed, with free
28
29 147 access to water. All animal interventions were performed during morning hours in order
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31 148 to take circadian rhythms of both mice and neutrophils into account. All analyses were
32
33 149 performed by an investigator blinded to the identities of the mice. There was no
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35 150 randomization performed, as the breeding scheme results in expected Mendelian
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37 151 ratios of 50:50 MRP8Cre⁺ to MRP8Cre⁻ animals (as tracked in 605 mice over 2.5
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39 152 years).

37 153 38 154 Echocardiography

39 155 Cardiac function and dimensions were measured via echocardiography, using a Vevo
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41 156 2100 3D analyzer (Fujifilm Visualsonic). Mice were anesthetized using 2% isoflurane
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43 157 in medical oxygen at a flow rate of 2.5 L/min. Body temperature was constantly
44
45 158 monitored via a rectal probe and kept between 35.5°C and 37°C. Heart rate was kept
46
47 159 stable between 450 and 550 BPM for all measurement acquisitions. In the parasternal
48
49 160 long axis (PLAX), cardiac dimensions were evaluated using Brightness (B)-mode.
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51 161 Using pulsed wave (PW) doppler, the blood flow and pressure in the pulmonary artery
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53 162 was measured. In the parasternal short axis (PSAX), Motion (M)-mode was used to
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55 163 measure left ventricular posterior wall (LVPW) thickness, left ventricular internal
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57 164 diameter (LVID), and left ventricular anterior wall (LVAW) thickness. In the apical 4
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59 165 chamber (A4C) window, the PW doppler was placed at the level of mitral inflow to
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166 measure blood flow into the left ventricle (LV) coming from the left atrium. Using PW
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167 167 doppler in the pulmonary artery, right ventricular pulmonary ejection time (PET) and

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3 168 pulmonary acceleration time (PAT) were measured. Finally, blood flow in the aorta was
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5 169 measured using PW doppler. Echocardiographic recordings were stored digitally, and
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7 170 analyzed using the Vevo Lab software (Vevo lab, V5.5.1). Left ventricular ejection
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9 171 fraction (LVEF) was calculated based on Simpson's method using the simplified
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11 172 Quinones method. Blood flow in the A4C view was used to determine signs of impaired
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13 173 LV relaxation, as ease of ventricular filling is expressed as the ratio between the E and
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15 174 the A wave (E/A).

15 175 16 176 Blood cell counts and plasma preparation

17 177 At time of euthanasia, mice were anesthetized using a mixture of ketamine/xylazine at
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19 178 a non-lethal dose (125 mg/kg and 12.5 mg/kg, respectively). Once mice were non-
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21 179 responsive to pedal-reflex (toe pinch), blood was collected via the retroorbital sinus
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23 180 into 3.8% citrate anticoagulant in a 1/10 (vol/vol) dilution using a pre-coated capillary.
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25 181 An aliquot of blood was run on the automated Scil Vet ABC Plus+ (Scil) system for
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27 182 automated calculation of peripheral blood counts. The remaining blood was centrifuged
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29 183 at 3000 g for five minutes after which the supernatant was transferred to a clean tube
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31 184 and centrifuged again for five minutes at 12300 g. After centrifugation, platelet-poor
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33 185 plasma was transferred to a clean tube and immediately stored at -20°C for future
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35 186 batch analysis.

35 187 36 188 Histology

37 189 Ketamine/xylazine anesthetized mice were perfused using 0.9% saline until liver
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39 190 paleness was verified, after which organs were removed. Hearts were fixed in 4%
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41 191 paraformaldehyde in phosphate-buffered saline (PBS) overnight at 4°C. After washing
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43 192 3 times in PBS, fixed hearts were kept in 70% ethanol at 4°C until further processing
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45 193 and paraffin embedding. Tissue was sectioned in 8 µm slices and rehydrated. To
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47 194 assess collagen content in heart tissue, Masson Trichrome (Sigma Aldrich) and Fast
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49 195 Green/Sirius Red (Chondrex) staining were performed according to the manufacturer's
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51 196 protocols. After staining, slides were dehydrated and mounted using DPX mounting
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53 197 medium (Sigma Aldrich). Heart sections were then visualized at 100X magnification in
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55 198 bright-field microscopy in a blinded manner. Mosaic images were acquired using the
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57 199 MosaiX tool in Axiovision software (Zeiss). Images were used to quantify collagen
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59 200 content as a percentage of the total area by color thresholding analysis in ImageJ
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201 software (FIJI).[35] To evaluate perivascular fibrosis, three random blood vessels were
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selected in the left ventricle of each section.

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3 203 To determine cardiomyocyte surface area, heart sections were stained using Wheat
4 204 Germ Agglutinin (WGA) - AlexaFluor647 conjugate (Invitrogen). Heart sections were
5 205 rehydrated, and incubated with the WGA for 30 minutes at RT (10 µg/mL) after which
6 206 sections were washed and counterstained using Hoechst 33342 (1/10.000) (Sigma)
7 207 and mounted for microscopy. Slides were imaged using a Nikon Ti2 confocal
8 208 microscope at 600X magnification. From the left ventricle, 4 random fields of view were
9 209 imaged and used for quantification of cardiomyocyte surface area in ImageJ.

15 210 16 211 RT-qPCR

17 212 Heart tissue was snap frozen in liquid nitrogen, and subsequently stored at -80°C.
18 213 Later, tissue was mechanically grinded and homogenized using ceramic beads.
19 214 Homogenized tissue was used for total RNA extraction via an RNeasy mini kit
20 215 (QIAGEN). Total RNA was used to construct cDNA using random hexamer primers.
21 216 For cDNA construction, QuantiTect Reverse Transcription kit, with gDNA removal step
22 217 (QIAGEN) was used according to the manufacturer's instructions. Quantitative real-
23 218 time PCR was performed using gene specific primers (Supplemental table 1). SYBR
24 219 Green Master Mix (Applied Biosystems) was used to perform qRT-PCR with a
25 220 QuantStudio™ 3 Real Time PCR detection system. RT-qPCR data was analyzed using
26 221 the Livak and Schmittgen ($2^{-\Delta\Delta Ct}$) method.[36]

27 222 28 223 Plasma analyses for biomarker determination

29 224 Stored plasma was used for batch analysis detection of several inflammation
30 225 biomarkers. Plasma levels of cell free dsDNA were detected using the Quanti-
31 226 iT™PicoGreen™ dsDNA assay kit (ThermoFisher). Mouse IL-6 levels in plasma were
32 227 initially detected using the ProQuantum Immunoassay kit for detection of mouse IL-6,
33 228 according to manufacturer's instructions (ThermoFisher).

34 229 An in-house sandwich ELISA was used to detect plasma levels of H3Cit-DNA
35 230 complexes as a biomarker for NETs in circulation. In short, a 96-well plate was
36 231 incubated with a recombinant anti-citrullinated histone H3 (R2+8+17) antibody
37 232 (ab281584 – 1.25 µg/mL) at 4°C overnight. The next day, the plate was washed and
38 233 blocked using 1% BSA in PBS for 90 minutes at room temperature. Following blocking,
39 234 the plate was washed 3 times and incubated with plasma samples diluted in assay
40 235 buffer containing an anti-dsDNA monoclonal antibody, conjugated to peroxidase (from
41 236 Cell Death Detection ELISA^{PLUS}, Roche, 11774425001 – diluted 1:50 (vol/vol) in the
42 237 kit's provided incubation buffer). After incubation for 2 hours at room temperature, the

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3 238 plate was washed 3 times and incubated with ready-to-use TMB substrate for a
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5 239 minimum of 10 minutes after which the reaction was stopped using 1N hydrochloric
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7 240 acid and the absorbance measured at 450 with 630 nm background correction.

8 241 Plasma MPO-DNA complex levels were determined using an in-house ELISA. In short,
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10 242 a 96-well plate was coated using an anti-MPO antibody (ThermoFisher PA5-16672 –
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12 243 diluted 1:1000 vol/vol) and incubated at 4°C overnight. The following day, the plate
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14 244 was washed and blocked using 3% BSA in PBS with 0.05% Tween-20. After blocking,
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16 245 the plate was washed 4 times after which the plate was incubated with the plasma
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18 246 samples for 90 minutes while shaking (200 rpm). After incubation with samples, the
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20 247 plates were again washed and incubated using and peroxidase conjugated ant-DNA
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22 248 antibody (taken from Cell Death Detection ELISA^{PLUS}, Roche, 11774425001 – 1:50 in
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24 249 incubation buffer) for a period of 90 minutes at room temperature, while shaking at 200
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26 250 rpm. Next, the plate was washed after which signal was developed by adding TMB for
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28 251 a minimum of 10 minutes after which the reaction was stopped by adding 1N of
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30 252 hydrochloric acid. Finally, absorbance was measured at 450 nm and 630 nm.

31 253 For multiplex cytokine detection, the V-PLEX Cytokine Panel 1 mouse MSD kit (Meso
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33 254 Scale Discovery) was run according to the manufacturer's instructions. This assay
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35 255 allowed for high-sensitivity detection of IL-15, IL-17A/F, IL27p28/IL-30, IL-33, IP-10,
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37 256 MCP1, MIP1a, and MIP2. For multiplex detection of pro-inflammatory markers, V-
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39 257 PLEX Proinflammatory Panel 1 mouse kit (MSD) was performed according to
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41 258 manufacturer's instructions. This assay allowed for the quantification of IFN- γ , IL-1 β ,
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43 259 IL-2, IL-4, IL-5, IL-6, IL-10, IL12p70, KC/GRO, and TNF- α . Data from V-PLEX Meso
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45 260 Scale experiments were analyzed using the MSD discovery workbench software
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47 261 (MSD, LSR_4_0_13) using standard curves included in the respective assays.

262 263 Statistical analysis

264 Data are represented as medians \pm interquartile ranges. Normality of the data was
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266 tested using a Shapiro-Wilk normality test. For statistical tests, a two-tailed Mann-
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268 Whitney U test was used to compare two groups. For comparison of more than two
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270 groups, one-way ANOVA was used when data had a normal distribution. For non-
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the level of cardiac collagen, which is a measure for heart fibrosis, and both left

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3 272 ventricular ejection fraction (LVEF) and E/A ratio, using simple linear regression. All
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5 273 statistical tests were performed using Graphpad Prism software (version 9.5).
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8 275 Data accessibility statement

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10 276 Raw data has been deposited in the KU Leuven Data Repository at
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12 277 <https://doi.org/10.48804/HCSSJE>. The full data for echocardiography measurements
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14 278 is available in Supplemental Table 2.
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16 279

17 280 **Results**

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19 281 Age-induced ventricular dilation is lacking in the absence of neutrophil PAD4
20 282 Deletion of PAD4 was previously shown to decrease NET formation significantly, while
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22 283 having no effect on numbers of leukocytes in circulation.[37, 38] In order to study the
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24 284 effect of neutrophil PAD4 on the aged heart, Ne-PAD4^{-/-} were evaluated alongside
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26 285 littermate controls. The groups were age- and sex-matched groups including both male
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28 286 and female mice. Using echocardiography, ventricular dimensions of both young (9 -
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30 287 12 wk old) (PAD4^{fl/fl} n = 15, Ne-PAD4^{-/-} n = 11) and old (24 mo old) (PAD4^{fl/fl} n = 25,
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32 288 Ne-PAD4^{-/-} n = 14) mice were evaluated both at peak systole and diastole (Figure 1
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34 289 A-G). During peak systole, no significant differences were observed in LV wall
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36 290 thickness, with both the LV anterior wall (LVAW) (Fig. 1 B), as well as the LV posterior
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38 291 wall (LVPW) (Fig. 1 D) thickness of the aged groups being comparable to young control
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40 292 animals. Left ventricular diameter (LVID)(s) increased significantly in the old PAD4^{fl/fl}
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42 293 group in comparison to both the young control group as well as to the Ne-PAD4^{-/-} aged
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44 294 group (Fig. 1 C). During diastole, no changes in either LVAW (Fig. 1 E) nor LVPW (Fig.
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46 295 1 G), were observed between young and old groups. However, the old PAD4^{fl/fl} showed
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48 296 a significant dilation of the left ventricle (LVID(d)) compared to the young PAD4^{fl/fl}
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50 297 animals (Fig. 1 F). Interestingly, this dilation was absent in the old Ne-PAD4^{-/-} , with
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52 298 LVID(d) being comparable to their young controls (Fig. 1 F).
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50 300 Ne-PAD4^{-/-} mice are protected against collagen deposition in the aging heart

51 301 Aging is one of the most predisposing factors for fibrotic heart diseases.[39] Therefore,
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53 302 cardiac collagen deposition was evaluated as a marker for cardiac fibrosis in young
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55 303 versus old PAD4^{fl/fl} and Ne-PAD4^{-/-} animals. Corrected heart weight (heart weight
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57 304 divided by tibia length) has previously been used as an overall measure for cardiac
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59 305 hypertrophy development with increasing age.[40] The corrected heart weight of
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306 PAD4^{fl/fl} mice was significantly increased with increasing age, while this increase was

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3 307 absent in aged Ne-PAD4^{-/-} mice (Fig. 2 A). In addition, total collagen content in the
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5 308 heart was imaged and quantified using Masson's Trichrome (Fig. 2 B, D), and Fast
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7 309 Green / Sirius Red staining (Fig. 2 C). Aged PAD4^{fl/fl} mice had significantly more
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9 310 cardiac collagen deposition as compared to age-matched Ne-PAD4^{-/-} mice (Fig. 2 B,
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11 311 C). At nine weeks of age, collagen content in the heart muscle was comparable
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13 312 between both genotypes indicating that the observed increase in collagen content in
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15 313 the old PAD4^{fl/fl} mice can indeed be classified as an age-related event. Of equal
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17 314 interest, in old Ne-PAD4^{-/-} mice the amount of fibrotic tissue remains similar to that of
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19 315 young Ne-PAD4^{-/-} mice as observed by both Masson trichrome staining and Fast
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21 316 Green/Sirius Red staining. In addition to overall cardiac collagen, perivascular fibrosis,
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23 317 as quantified by collagen area surrounding cardiac blood vessels, significantly
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25 318 increased with increasing age in PAD4^{fl/fl} mice but not in Ne-PAD4^{-/-} mice (Figure 2
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27 319 E,F). Here we observed that perivascular fibrosis of old PAD4^{fl/fl} mice was also
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29 320 significantly elevated as compared to Ne-PAD4^{fl/fl} mice. In addition to fibrotic
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31 321 remodeling, cardiomyocyte hypertrophy was assessed through quantitative
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33 322 measurement of cardiomyocyte surface area. Increasing age resulted in an expansion
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35 323 of cardiomyocyte cell surface area in both PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. However,
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37 324 cardiomyocyte surface area of PAD4^{fl/fl} was significantly enhanced with increasing age
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39 325 as compared to Ne-PAD4^{-/-} cardiomyocytes at similar age (Figure 2 G,H).

326 Age-induced decline in heart function is absent in Ne-PAD4^{-/-} mice

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328 In contrast to humans, mice have progressively declining systolic function with age. In
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330 our study set, increasing age was associated with a decrease in cardiac systolic
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332 function in PAD4^{fl/fl}, but not Ne-PAD4^{-/-} mice. Left ventricular contraction was clearly
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334 impaired for PAD4^{fl/fl} mice, as seen by an increased residual volume inside the
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336 ventricle during peak systole (Fig. 3A). Deletion of PAD4 under the MRP8 promoter
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338 did not result in a reduction in systolic function itself at young age, as evaluated by left
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340 ventricular fractional shortening (FS) (Fig. 3B), and left ventricular ejection fraction
(LVEF) (Fig. 3 C). However, at 24 mo FS and LVEF of PAD4^{-/-} mice significantly
decreased as compared to young controls as well as old Ne-PAD4^{-/-} mice (Fig. 3 B,C).
The observed LVEF values in 24 mo old PAD4^{fl/fl} are consistent with previously
published results for wild-type animals of a similar age.[24] Our data show that LVEF
in the PAD4^{fl/fl} genotype dropped from 67 ± 2% in the young group to 53 ± 2 % in the
old PAD4^{fl/fl} group. In contrast, LVEF in the old Ne-PAD4^{-/-} group remained constant

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3 341 over the two-year period (young – 66 ± 2 %, Old – 67 ± 2 %) (Fig. 3 B). This result is
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5 342 in agreement with the systemic PAD4^{-/-} mice we have previously described.[24]

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8 344 Considering the effect aging has on diastolic function in humans, we also investigated
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10 345 this in our mice. Atrial to ventricular filling was measured to assess diastolic function of
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12 346 the left ventricle. Specifically, the mitral inflow pattern was measured, and the ratio
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14 347 between the E-wave (representing early, passive filling of the left ventricle due to
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16 348 opening of the mitral valve), and the A-wave (representing late active filling due to atrial
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18 349 contraction) was calculated. In the old PAD4^{fl/fl} mice, the mean E/A ratio significantly
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20 350 decreased compared to young PAD4^{fl/fl} mice (Fig. 3 D,E). Of note, this evolution
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22 351 towards diastolic dysfunction was absent in the old Ne-PAD4^{-/-} mice (Fig. 3 D,E).
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24 352 Additionally, the isovolumetric relaxation time (IVRT), which is defined as the time
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26 353 between aortic ejection and ventricular filling, was used to evaluate ventricular
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28 354 compliance and relaxation. For PAD4^{fl/fl} mice, IVRT significantly increased in old age
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30 355 as compared to young controls (Fig. 3 F). In Ne-PAD4^{-/-} mice, however, IVRT remained
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32 356 constant over the two-year period (Fig. 3 F). In young mice, diastolic function, both
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34 357 defined by the E/A ratio and the IVRT, did not differ across the two genotypes. Overall,
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36 358 cardiac function between the four experimental groups can be visualized through a
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38 359 radar plot from which it is clear that both cardiac function and structure of old PAD4^{fl/fl}
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40 360 deviates from the three other experimental groups (Fig. 3 G).

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42 362 In order to evaluate whether this observed difference in fibrosis between both
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44 363 genotypes at old age was associated with differences in cardiac function, myocardial
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46 364 fibrosis levels, as determined by Masson trichrome staining, were correlated with both
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48 365 systolic function (via LVEF) (Fig. 3 H) as well as diastolic function (via E/A) (Fig. 3 I).
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50 366 Correlation analysis of cardiac fibrosis level with LVEF, showed a significant (P =
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52 367 0.003) negative correlation with a Spearman correlation coefficient (r) of -0.41. In
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54 368 addition, correlation analysis of fibrosis level with diastolic function through E/A ratio,
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56 369 revealed a significant (P = 0.016) negative correlation with r = -0.35. From this we can
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58 370 conclude that neutrophil *Padi4* plays a crucial role in cardiac function deterioration with
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60 371 increasing age, and that this correlates with fibrotic remodeling.

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62 373 Chemotactic gene expression is reduced in old Ne-PAD4^{-/-} mice hearts

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3 374 It is widely known that aging coincides with a number of physiological changes. Gene
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5 375 expression is altered with increasing age, possibly explaining both declines in physical
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7 376 and cognitive abilities.[41] Since we were mainly interested in cardiac aging, and
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9 377 investigating the complex interplay between neutrophil *Padi4*, age, and cardiac
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11 378 dysfunction, with a particular interest in cardiac fibrosis as an underlying mechanism,
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13 379 we examined gene expression in heart tissue. Hearts were perfused and harvested
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15 380 from PAD4^{fl/fl} (n = 13) and Ne-PAD4^{-/-} (n = 9) mice at 24 mo, after which total RNA was
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17 381 isolated and used to perform quantitative real-time PCR to compare gene expression
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19 382 levels in the aged heart tissue. We selected genes involved in fibrosis (*Agt*, *Ccl12*,
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21 383 *Ccn2*, *Tgfb*, *Col1a3*, *Col3a1*, *Mmp3*, *Mmp9*, *Mmp13*, *Timp1*, *Timp2*, *Timp3*, *Timp4*),
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23 384 inflammation (*Ccl3*, *Ifng*, *Il10*, *Tnf*, *Smad3*, *Smad4*), and general HF markers (*Nppa*,
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25 385 *Nppb*) for evaluation of expression levels. In the hearts of the old Ne-PAD4^{-/-} mice,
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27 386 collagen type III, alpha-1 (*Col3a1*) and tissue inhibitor of metalloprotease 3 (*Timp3*)
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29 387 were upregulated (Fig. 4 – red bars), while C-C motif chemokine 3 (*Ccl3*), C-C motif
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31 388 chemokine 12 (*Ccl12*), CCN family member 2 (*Ccn2*), matrix metalloproteinase 13
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33 389 (*Mmp13*), and collagen I alpha-3 (*Col1a2*) were downregulated as compared to the old
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35 390 PAD4^{fl/fl} mice (Fig. 4 – blue bars). The remaining genes did not significantly differ in
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37 391 expression levels (Fig. 4 – black bars). This indicates a modest profile of protective
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39 392 gene expression changes related to collagen deposition and, notably, leukocyte
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41 393 recruitment.

394 395 Plasma levels of chemotactic cytokines are reduced in old Ne-PAD4^{-/-} mice

396 As the gene expression changes in heart tissue were modest, we next investigated the
397 impact of neutrophil PAD4-deficiency on the systemic circulation. Blood composition
398 analysis of young and old mice of both genotypes revealed a marked alteration in
399 composition accompanied by natural aging. Levels of circulating platelets increased
400 significantly in both genotypes with increasing age (Fig. 5 A), while white blood cell
401 numbers decreased in both aged groups compared to their young controls (Fig. 5 B).
402 This drop in total white blood cells can be attributed to a clear decrease in lymphocytes
403 with increasing age, as granulocyte, monocyte and eosinophil cell numbers are
404 comparable between both young and old age, as well as across genotypes
405 (Supplemental Fig. 1). The neutrophil-to-lymphocyte ratio, often indicating ongoing
406 inflammation, was calculated. This was increased in old PAD4^{fl/fl} mice compared to
407 young controls, an observation which was absent in the old Ne-PAD4^{-/-} group

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3 408 compared to their young counterparts (Fig. 5 C). Subsequently, plasma biomarkers for
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5 409 both aging and inflammation were quantified for both genotypes, both at young and old
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7 410 age. As a general marker of aging, cell-free dsDNA (cfDNA) was evaluated.[42] An
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9 411 increase in levels of cfDNA was observed in both old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice as
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11 412 compared to their young controls (Fig. 5 D). Following this observation, plasma levels
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13 413 of citrullinated histone H3 (H3Cit)-DNA complexes (Fig. 5 E) as well as
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15 414 myeloperoxidase (MPO)-DNA complexes (Fig. 5 F) were determined as more specific
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17 415 biomarkers for NETs in circulation. However, no significant difference in both markers
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19 416 could be observed between both genotypes and across the different age categories.
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21 417 Next, plasma levels of circulating cytokines (IL-15, IL-17A, IL27 α , IL-33, CXCL10,
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23 418 CCL2, CCL3, and CXCL2), as well as pro-inflammatory markers (IFN- γ , IL-1 β , IL-2, IL-
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25 419 4, IL-5, IL-6, IL-10, IL-12, CXCL1, and TNF- α) were evaluated and compared between
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27 420 genotypes and age groups (Fig. 5 G and H). Overall, an increase could be seen in
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29 421 circulating cytokines in the old PAD4^{fl/fl} genotype as compared to both young controls
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31 422 and the old Ne-PAD4^{-/-} group (Fig. 5 G). Additionally, an age-related decrease in
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33 423 certain inflammatory cytokines (IFN- γ , IL-10, IL-1 β , IL-12, IL-2, and IL-4) could be
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35 424 observed in both genotypes, while others (IL-6, CXCL1, and TNF- α) demonstrated an
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37 425 age-related increase in plasma levels in the old PAD4^{fl/fl}, but not in the old Ne-PAD4^{-/-}
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39 426 genotype (Fig. 5 H). Plasma levels of proinflammatory interleukin 6 (IL-6) were
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41 427 significantly upregulated in the old PAD4^{fl/fl} as compared to the old Ne-PAD4^{-/-} mice
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43 428 (Fig. 5 I). As compared to young controls, the plasma levels of tumor necrosis factor α
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45 429 (TNF α) were significantly upregulated in the PAD4^{fl/fl} mice, while this increase was
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47 430 absent in the Ne-PAD4^{-/-} genotype (Fig. 5 J). Both C-C ligand 2 (CCL2) and C-C ligand
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49 431 3 (CCL3) plasma levels were significantly increased in old mice, as compared to their
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51 432 young controls for both genotypes (Supplemental Fig. 2 A and B). However, members
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53 433 of the C-X-C motif family behaved differently. A significant increase could be measured
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55 434 in the protein concentration of C-X-C ligand 1 (CXCL1) in the plasma of old PAD4^{fl/fl} as
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57 435 compared to young controls, while this increase in plasma levels was absent in old
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59 436 mice with the Ne-PAD4^{-/-} genotype (Fig. 5 K). Furthermore, a significant difference
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437 could be seen between plasma levels of CXCL1 between the two aged groups.
438 Additionally, plasma levels of C-X-C motif ligand 2 (CXCL2) were studied, as this
439 chemokine is important in the recruitment of polymorphonuclear leukocytes, and a
440 known therapeutic target in CVD. However, plasma levels of CXCL2 in old PAD4^{fl/fl}

441 mice were not significantly increased compared to young controls ($P = 0.07$), nor did
442 they differ from old Ne-PAD4^{-/-} mice (Supplemental Fig. 2 C).

443

444 Discussion

445 Increasing age, particularly over the age of 65, is the highest risk factor for the
446 development of cardiovascular disease and heart failure (HF). Moreover, HF is the
447 leading cause of death in the aged population.[5] Considering the recent projections of
448 the World Health Organization stating that the global population over the age of 60 will
449 increase up to 1.4 billion by 2050, it is clear that HF will grow as a major public health
450 burden in the future. In order to mitigate this, novel strategies for HF prevention and
451 healthy cardiac aging are needed. We previously showed that systemic deletion of
452 PAD4 resulted in reduced cardiac remodeling and dysfunction at old age.[24] In this
453 current study, we highlight the importance of neutrophils, and more specifically PAD4
454 expression in neutrophils, as players which interfere with the process of healthy cardiac
455 aging. For this, a mouse model of deletion of *Padi4* through MRP8 (S100A8) specific
456 expression of the Cre recombinase was adopted. S100A8 expression has been
457 reported in other cell types including myeloid progenitor cells in the bone marrow.
458 Indeed, analysis of 10X genomics RNA sequencing of mice bone marrow (open access
459 data - Cell X Gene, Tabula Muris Senis) reveals activity of the promotor in granulocyte
460 and macrophage progenitor cells in addition to neutrophils (Supplemental Fig. 3A,B).
461 However, further analysis reveals the absence of *Padi4* expression by this specific
462 subpopulation of bone marrow-derived cells (Supplemental Fig. 3A,C). Therefore,
463 activity of the MRP8 promotor and subsequent deletion of *Padi4* is unlikely to affect
464 downstream pathways in these cell types. Therefore, the use of our mouse model to
465 investigate the long-term effects of neutrophil-derived PAD4 is unlikely to be affected
466 by MRP8 expression in other cell types. Confirmation of these results in a secondary
467 neutrophil-specific Cre-expressing mouse strain such as Ly6G-Cre would be of value
468 in a future study.

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470 Here, we observed an increase in left ventricular diameter with increasing age in
471 PAD4^{fl/fl} mice. However, this structural change in the LV was not present in old Ne-
472 PAD4^{-/-} mice, with LV internal diameters being comparable to young healthy controls
473 during both peak systole and diastole. In addition, cardiac function of old mice was
474 evaluated for both changes in systolic and diastolic function of the LV, as well as

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3 475 changes in RV afterload. As expected, PAD4^{fl/fl} animals showed an age-dependent
4 476 decline in heart function comparable to values previously described in wild-type
5 477 mice.[24] However, parameters for both systolic function (FS, LVEF), as well as
6 478 diastolic function (E/A, and IVRT) in old Ne-PAD4^{-/-} mice did not show signs of age
7 479 induced deterioration and malfunction. This decrease in function deterioration in Ne-
8 480 PAD4^{-/-} mice is consistent with the previously established phenotype in systemic PAD4^{-/-}
9 481 mice,[24] indicating that the phenotype is neutrophil-driven.

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17 483 Previous experimental as well as clinical studies have already provided extensive
18 484 evidence suggesting that the aging heart undergoes aberrant fibrotic remodeling.[43]
19 485 During this process collagen content in the heart increases, leading to progressive
20 486 stiffening of the ventricles and impaired diastolic function. Cardiac collagen content
21 487 was assessed as a measure for cardiac fibrosis in both young and old mice. PAD4^{fl/fl}
22 488 showed an age-dependent increase in cardiac collagen content, which is consistent
23 489 with what was previously described in other reports.[24, 43] Strikingly, in our setting of
24 490 MRP8-specific deletion of *Padi4* we could observe a cardiac collagen content which
25 491 did not differ between young and old groups.

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34 493 Next, because of the protection against age-induced cardiac collagen deposition in the
35 494 Ne-PAD4^{-/-} mice, downstream pathways impacted by neutrophil PAD4, and how they
36 495 could be involved in collagen deposition in the heart were studied. Fibrotic remodeling
37 496 is known to be a complex multi-stage process, in which bone marrow-derived
38 497 leukocytes are crucial.[10] When comparing hearts of both genotypes at old age,
39 498 changes in cardiac gene expression could be observed as a result of neutrophil *Padi4*
40 499 deletion. The simultaneous upregulation of *Col3a1* and downregulation of *Col1a2*
41 500 seem contradictory; however, these two types of collagen have distinct molecular
42 501 makeup and functional properties. Type I collagen fibrils are the most abundant, and
43 502 are stiff structures, rendering tissue rigid and durable.[44, 45] On the other hand, type
44 503 III collagen fibrils are more thin than type I, and are present in high concentrations in
45 504 tissues which require elastic properties.[46] *Timp3*, upregulated in Ne-PAD4^{-/-} mice,
46 505 has been shown to be both involved in cardiac fibrosis clearance, as well as
47 506 amelioration of inflammation, with *TIMP3*^{-/-} mice showing both increased cardiac
48 507 collagen content, and a significant increase of cardiac infiltrated neutrophils in a model
49 508 of angiotensin II induced cardiac hypertrophy [47]. Additionally, high expression levels

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3 509 of *Timp3* result in protection of cardiomyocytes against apoptosis in acute injury
4 510 settings,[48] while TIMP3 deficiency leads to dilated cardiomyopathy in mice.[49] On
5 511 the other hand, *Mmp13* is downregulated in the hearts of Ne-PAD4^{-/-} mice as compared
6 512 to PAD4^{fl/fl}. MMP13 is involved in ECM degradation, including triple helical collagens
7 513 containing type I, II, and III, and is shown to be upregulated in hypertensive hearts of
8 514 rats.[50] Clinically, MMP13 is targeted by doxycycline administration in patients
9 515 suffering from HF.[51] In accordance, it was shown that inhibition of MMP13 in a model
10 516 of LV pressure overload in mice reduced cardiac hypertrophy and resulted in protection
11 517 against hypertension induced cardiac dysfunction, suggesting that MMP13 plays a
12 518 detrimental role in pressure overload-induced HF.[52]

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14 520 In addition, several pro-inflammatory genes were downregulated in old Ne-PAD4^{-/-}
15 521 mice as compared to the old PAD4^{fl/fl}. The C-C motif ligand 3 (*Ccl3*) was demonstrated
16 522 to have a reduced expression level in the old Ne-PAD4^{-/-} mice, as compared to old
17 523 PAD4^{fl/fl} controls. This C-C motif chemokine is known to be upregulated in HF
18 524 patients,[53] and causes intracellular calcium release and recruitment of
19 525 neutrophils,[54] thus having a possible role in NET formation and cardiac inflammation,
20 526 respectively. Interestingly, *Ccl12* was downregulated in the neutrophil PAD4 knockout
21 527 group. This chemotactic factor attracts eosinophils, monocytes, and lymphocytes to
22 528 sites of inflammation. In addition, it has been shown that this chemokine is responsible
23 529 for fibrocyte recruitment towards the lung tissue under acute injury settings,
24 530 orchestrating a fibrotic response at the site of injury.[55] Finally, a potential interaction
25 531 between neutrophil *Padi4* and *Ccn2* was uncovered. This CCN family member 2
26 532 promotes fibrosis development, and is involved in the aging process. From recent
27 533 research, it was elucidated that CCN2 is an autocrine regulator of fibroblast activation,
28 534 modulating fibrosis development in the heart.[56] Interestingly, in Ne-PAD4^{-/-} mice,
29 535 *Ccn2* is downregulated at old age, as compared to age-matched PAD4^{fl/fl} mice.

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31 537 Generally, increasing age impacts the composition of the circulating blood and the
32 538 working mechanisms of the immune system. Here we could observe an age-
33 539 dependent increase in platelet counts, while overall white blood cell numbers
34 540 decreased with increasing age in both genotypes. A decrease in circulating
35 541 lymphocytes is the major underlying factor responsible for the observed drop in white
36 542 blood cells. A decline in the production of naïve lymphocytes by the bone marrow and

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3 543 thymus is primarily responsible for this decline in adaptive immune function.[57] In old
4 544 PAD4^{fl/fl} mice, this decline in adaptive immune function is accompanied by an
5 545 increased inflammatory status, as can be observed by an elevated neutrophil-
6 546 lymphocyte ratio, something which is absent in old Ne-PAD4^{-/-} mice. In addition, aging
7 547 is accompanied by an increase in apoptosis, and loss of both cell and tissue integrity.
8 548 This could be observed by an increase in circulating cell free dsDNA in both genotypes
9 549 at old age. These increased levels of dsDNA can therefore be attributed to other
10 550 processes than just NET formation, which would only explain a small portion of the
11 551 level of dsDNA in circulation. Something which was confirmed by determining the
12 552 plasma levels of both H3Cit-DNA as well as MPO-DNA complexes, both markers of
13 553 NET formation and release in circulation. Quantification of both biomarkers showed no
14 554 significant increase in either of the two, suggesting no increased levels of NET release.
15 555 However, the chronic characteristic together with the short life span of both neutrophils
16 556 and NETs has to be taken into consideration when evaluating these results. As the
17 557 detection of NET biomarkers was performed at the end stage of our model, we can
18 558 only conclude that at two years of age, there are no more NETs in circulation as
19 559 compared to young and healthy controls, although a clear trend towards increased
20 560 NET release can be appreciated. However, this does not rule out any potential
21 561 transient increases that may have occurred throughout the two years of natural aging.
22 562 In addition, aging is associated with an elevated inflammatory activity, a phenomenon
23 563 termed inflammaging. This was confirmed in our model by detection of increased levels
24 564 of plasma TNF- α in old PAD4^{fl/fl} mice as compared to young controls. Interestingly, this
25 565 proinflammatory environment was reduced in old Ne-PAD4^{-/-} mice. Additionally, a
26 566 difference could be observed between plasma levels of IL-6 when comparing both
27 567 genotypes at old age, with PAD4^{fl/fl} mice showing increased levels as compared to Ne-
28 568 PAD4^{-/-} mice. Apart from their clear roles in inflammation and fibrosis, both TNF- α and
29 569 IL-6 have been described as mediators of HF progression. TNF- α has been shown to
30 570 be a mediator of myocardial dysfunction leading to HF progression,[58] while IL-6 was
31 571 elevated in a cohort study of HF patients, where it was associated with reduced LVEF
32 572 and poorer clinical outcomes.[59]
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36 574 In addition to increases in inflammation status in old PAD4^{fl/fl} mice, our study revealed
37 575 that deletion of neutrophil *Padi4* prevents age-induced increase in plasma CXCL1
38 576 levels. CXCL1 is also known as neutrophil activating protein 3, and a mouse

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3 577 homologue of IL-8 in humans.[60] It is therefore a pro-inflammatory factor and is mainly
4 578 involved in neutrophil chemotaxis.[61] Moreover, the CXCL1-CXCR2 axis is involved
5 579 in neutrophil degranulation and NET release.[61, 62] Recent investigations
6 580 demonstrated that disruption of this signaling axis has the possibility to attenuate
7 581 cardiac fibrosis, hypertrophy, and dysfunction in hypertensive rat hearts.[63]
8 582 Altogether, neutrophil PAD4 can be proposed to play a role in neutrophil-dependent
9 583 leukocyte recruitment, and fibrosis in the heart muscle at old age.

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12 585 In summary, understanding the mechanisms involved in age-induced organ
13 586 remodeling and dysfunction are essential for developing proper treatment and care for
14 587 the elderly population. Our study has shown that neutrophil PAD4 is an important factor
15 588 hampering healthy cardiac aging. This makes neutrophil PAD4 a valid therapeutic
16 589 target for both heart failure prevention, and progression treatments during settings of
17 590 chronic inflammation, as is often the case during natural aging.

18 591
19 592 **Conclusion**
20 593 The absence of MRP8-driven peptidylarginine deiminase 4 (*Padi4*) expression during
21 594 the process of natural aging results in healthy cardiac function at old age in mice. This
22 595 lack of function deterioration can be explained in part by reduced cardiac fibrosis, with
23 596 reduction in recruitment of inflammatory cells to the myocardium and in overall
24 597 inflammation status due to the absence of *Padi4* in neutrophils. Further investigation
25 598 into this process of immune cell recruitment to the heart vasculature and tissue may
26 599 reveal novel therapeutic strategies to target PAD4 in circulation, which could prevent
27 600 irreversible scarring of the heart muscle and thus heart failure development and
28 601 progression.

29 602
30 603 **Authors' contributions**
31 604 Conceptualization: S.V.B. and K.M.; Methodology: S.V.B., S.K., J.V.W., K.B., M.S. and
32 605 P.C.; Analysis: S.V.B., S.K., and K.M.; Investigation: S.V.B., resources: A.V.D.B., T.W.,
33 606 and K.M.; writing – original draft: S.V.B.; Writing – review and editing: S.V.B., S.K.,
34 607 J.V.W., K.B., P.C., L.F., A.V.D.B, T.W., and K.M.; Supervision: K.M., project
35 608 administration: S.V.B., and K.M., funding acquisition: A.V.D.B., T.V., and K.M.

36 609
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17 **620 Competing interests statement**

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For Review Only

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3 779 **Figure legends**

4 780 **Figure 1 – Neutrophil PAD4 deletion prevents left ventricular dilation with**
5 **increasing age.** (A) representative transthoracic echocardiography images of M
6 781 (motion) mode recording in parasternal short axis (PSAX) window in young (9 – 12 wk)
7 782 and old (24 mo) PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. (B -D) quantification of left ventricular
8 783 dimensions of young and old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice during peak systole.
9 784 respectively quantification of left ventricular anterior wall (LVAW) thickness (B), LV
10 785 internal diameter (LVID) (C), and LV posterior wall (LVPW) thickness (D). (E – G) LV
11 786 dimensionanel quantification during peak diastole, respectively for LVAW thickness (E),
12 787 LVID (F) and LVPW thickness (G). NS: not significant, * P < 0.05, ** P < 0.01, *** P <
13 788 0.001. Graphs show n = 10 – 32 for young mice, and n = 14 – 25 for old mice.
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16 791 **Figure 2 – PAD4 deficiency in neutrophils specifically reduces cardiac**
17 **hypertrophy and collagen deposition with increasing age.** (A) Heart weight of mice
18 792 was corrected for animal size by dividing by tibia length. Increase in corrected heart
19 793 weight was taken as a measure for increased cardiac remodeling. (B and C) Cardiac
20 794 collagen content was assessed by both Masson trichrome and Fast Green/Sirius Red
21 795 stain in both young and old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. Total collagen was quantified
22 796 as the percentage of collagen in the whole heart section. (B) The percentage of fibrotic
23 797 area (blue fibers) in the heart tissue of Masson trichrome stained section was quantified
24 798 through the color threshold application in ImageJ. Equal color thresholding settings
25 799 were applied for both young and old mice. (C) Quantification of collagen (Bordeaux
26 800 fibers) of Fast Green/Sirius Red stained heart tissue of young and old PAD4^{fl/fl} and Ne-
27 801 PAD4^{-/-} mice. Quantification was done through color thresholding on ImageJ. (D)
28 802 Representative images of Masson trichrome staining of a horizontal cross-sectional
29 803 area of mouse heart of old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. Cardiomyocytes are stained
30 804 red, collagen fibers are stained blue. Beside whole hearts sections, representative
31 805 200X magnifications of Masson Trichrome stained LV wall are shown. Arrowheads
32 806 indicate the presence of interstitial collagen fibers in the heart tissue. Scale bar: 100
33 807 μm. (E) Perivascular fibrosis, quantified as the amount of collage deposition around
34 808 the blood vessel through color thresholding using ImageJ. (F) representative
35 809 presentation of cardiac blood vessels in the left ventricle of old PAD4^{fl/fl} and old Ne-
36 810 PAD4^{-/-} mice. (G) Quantification of cardiomyocyte hypertrophy through cell surface
37 811 area in the left ventricle of the mouse heart. Cell surface area was calculated through
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3 813 manual lining of the cells of the LV using ImageJ. (H) representative images of the
4 814 wheat germ agglutinin (WGA) staining of the left ventricle of young and old PAD4^{fl/fl}
5 815 and Ne-PAD4^{-/-} hearts. WGA staining was adopted to line cell membrane which
6 816 enabled for cellular delineation and cell surface calculation. Scale bar represents 25
7 817 μ m. NS: not significant, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. Graphs show $n = 10 -$
8 818 32 for young mice, and $n = 14 - 25$ for old mice.

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15 820 **Figure 3 – Ne-PAD4^{-/-} mice maintain cardiac function comparable to young mice.**

17 821 (A) Representative PSAX transthoracic echocardiography images of the left ventricle
18 822 at peak diastole and systole of both old (24 mo) PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. (B)
19 823 Quantification of left ventricular systolic function through fractional shortening (FS) of
20 824 the left ventricle. (C) Quantification of left ventricular ejection fraction (LVEF) based on
21 825 a simplified Quinone's method, calculated through end systolic and end diastolic
22 826 volumes. (D) Representative pulsed wave (PW) Doppler echocardiography images in
23 827 the apical 4 chamber (A4C) window. Ventricular diastolic function was evaluated in
24 828 young and old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice through the flow pattern across the mitral
25 829 valve. (E and F) LV ventricular diastolic function was evaluated through the filling
26 830 pattern, evaluated and calculated as the ratio between the E and A wave and the
27 831 isovolumetric relaxation time (IVRT) as the time between aortic ejection and early LV
28 832 filling. (E) Calculation and quantification of LV filling pattern by taking the E/A ratio. A
29 833 E/A ratio equal to 1.5 ($E > A$) is taken as a normal pattern, while $E < A$ is a reversed
30 834 pattern. (F) Quantification of IVRT in young and old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice,
31 835 increasing IVRT is evidence of impaired LV filling. (G) Radar plot of general cardiac
32 836 function and dimensions of both young and old PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. (H and
33 837 I) Correlation analysis, including all the experimental groups, between the percentage
34 838 of fibrosis, as determined by the Masson trichrome staining, and systolic cardiac
35 839 function, given by LVEF (H) or diastolic function, given by E/A ratio (I). NS: not
36 840 significant, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$. Graphs show $n = 10$
37 841 – 32 for young mice, and $n = 14 - 25$ for old mice.

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55 843 **Figure 4 - Gene expression in the aging heart is altered due to PAD4 deletion in**
56 844 **circulating neutrophils.** Quantitative real-time RT-PCR analysis was performed for
57 845 mRNA expression of several genes in heart tissue from old Ne-PAD4^{-/-} mice. Fold
58 846 expression was calculated with glyceraldehyde 3-phosphate dehydrogenase (GAPDH)

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3 847 as a reference gene, and normalized to mRNA expression in old PAD4^{fl/fl} hearts.
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5 848 Changes in gene expression (up- or downregulated) were taken to be significant when
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7 849 normalized fold expression ($2^{-\Delta\Delta Ct}$) significantly differed from a mean of 1. NS: not
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9 850 significant, * $P < 0.05$ by Wilcoxon signed rank test with hypothetical value set to one.
10 851 For old PAD4^{fl/fl} and Ne-PAD4^{-/-} groups, n = 8 – 10.

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13 853 **Figure 5 - Old Ne-PAD4^{-/-} mice have a decreased pro-inflammatory status with a**
14 **reduced chemotaxis profile.** At the day of sacrifice, blood was collected for cell
15 854 counts and plasma preparation. (A – C) Peripheral blood counts, determined at young
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17 855 and old age. (A) Peripheral platelets and (B) white blood cells. (C) calculation of the
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19 856 neutrophil-lymphocyte ratio as a general marker for inflammation. Plasma biomarkers
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21 857 for aging and inflammation were later determined in batch. (D) Plasma levels of cfDNA.
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23 858 (E-F) Levels of circulating H3Cit – DNA complexes (E) and MPO – DNA complexes
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25 859 (F) in the plasma at the day of sacrifice. (G and H) Heat maps showing relative plasma
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27 860 levels of circulating cytokines and chemokines in the different groups of mice. Rows
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29 861 are corrected by dividing by the average of the row. Black, red, and yellow color
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31 862 indicate increased, equal and decreased plasma levels of the molecule as compared
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33 863 to the average over the two genotypes and two age groups. (I) Quantification of
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35 864 circulating levels of IL-6. (J) TNF- α concentration as measured in plasma samples. (K)
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37 865 Plasma levels of the neutrophil chemotactic C-X-C Ligand 1 (CXCL1). NS: not
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39 866 significant, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. For young groups n = 10 – 17; for old
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41 867 groups n = 14 – 19.
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3 870 **Supplemental Table 1 - qRT-PCR primers used for cardiac gene expression**
4 **analysis.** Primers are listed from 5' → 3'.
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8 873 **Supplemental Table 2 – Echocardiography results.** Results of echocardiography of
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10 874 both PAD4^{fl/fl} and Ne-PAD4^{-/-} mice. Cardiac function is evaluated at both young (9-12
11 weeks) and old (24 mo) age.
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15 877 **Supplemental Figure 1 – Age-associated changes in immune cell composition.**
16 (A – D) Blood counts taken at the day of sacrifice and analyzed through the Scil Vet
17 ABC Plus+ system. (A) Peripheral lymphocyte count, (B) peripheral granulocyte count,
18 (C) peripheral monocyte count, and (D) peripheral eosinophil count. NS: not significant,
19 * P < 0.05, ** P < 0.01, *** P < 0.001. for young groups, n = 10; for old groups, n = 19
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25 883 **Supplemental Figure 2 - Age-induced increases in plasma levels of chemotactic**
26 **molecules.** (A) C-C motif ligand 2 (CCL2) cytokine plasma levels as measured by
27 Meso Scale Discovery. (B) Peripheral concentrations of chemokine C-C motif ligand 3
28 (CCL3) as measured in plasma. (C) Plasma concentrations of C-X-C motif ligand 2
29 (CXCL2) NS: not significant, **** P < 0.0001. For young groups, n = 10 – 17; for old
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32 888 groups, n = 14 – 19.
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36 890 **Supplemental Figure 3 – Gene expression of PAD4 and MRP8 (S100a8) in bone**
37 **marrow.** Open access 10X RNA sequencing data from mouse bone marrow (Tabula
38 Muris Senis) was used to investigate the expression levels of *S100a8* and *Padi4* by
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40 892 different white blood cells. After quality control of the data, 1927 cells remained on
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42 894 which principal component analysis (PCA) was performed on the 2000 most variable
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44 896 genes, followed by nearest-neighbour graph-based clustering. Cluster-specific gene
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46 898 expression of known markers and genes that are differentially expressed between
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48 899 clusters was used to assign cell-type annotations to each cluster. Feature plots show
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