

1 **(Bio)chemical reactions associated with ageing of red kidney beans (*Phaseolus vulgaris*)**  
2 **during storage probed by volatile profiling: the role of glass transition temperature.**

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10

11 **Abstract**

12 During storage, common beans are susceptible to ageing leading to quality changes, in  
13 particular their cooking quality. In this study, kinetics of evolution of volatile compounds was  
14 assessed in order to gain insight into possible reactions occurring during ageing of beans. The  
15 evolution of volatile compounds of red kidney beans stored at varying conditions of  
16 temperature and moisture content relative to their glass transition temperature ( $T_g$ ) were  
17 evaluated. Storage conditions highly influenced the evolution of volatile compounds whereby  
18 more volatile compounds and higher concentrations were detected in beans stored at higher  
19 temperature and moisture content. The volatile marker compounds identified are typical for  
20 protein degradation and lipid oxidation reactions, although for beans stored at the highest  
21 moisture contents (12.8 and 14.5%) the compounds obtained do not allow to exclude microbial  
22 activity. The rate of evolution of selected volatile marker compounds was highly correlated  
23 (benzaldehyde ( $r=0.58$ ), acetic acid ( $r=0.75$ ), 1-propanol,2-methyl ( $r=0.84$ ) and 2-butanone  
24 ( $r=0.89$ )) with storage above  $T_g$  signifying that the rate and extent of these (bio)chemical  
25 reactions can be largely controlled by storing the beans at temperatures not exceeding 20 °C  
26 above their  $T_g$ . Volatile profiling ~~was shown~~showed to be an important approach to monitor  
27 quality changes of beans during storage by assessing the nature, rate and extent of  
28 (bio)chemical reactions occurring.

29 **Keywords:** Volatile compounds, cooking quality, kinetics, state diagrams

## 30 **1. Introduction**

31 Once harvested, common beans are usually dried and stored for long periods to bridge the gap  
32 between consecutive harvesting seasons. Dried bean seeds are, from a polymer science point  
33 of view, viscoelastic materials with limited molecular mobility and can therefore exhibit great  
34 quality stability during storage (Walters et al., 2010). However, long term storage of beans at  
35 high relative humidity >65% (increased moisture content) and/or temperature (>25 °C) is  
36 suggested to promote molecular mobility that facilitates (bio)chemical reactions and  
37 consequently deterioration of bean quality (Walters et al., 2005; Peleg, 2019; Chhabra et al.,  
38 2019).

39 Among the quality changes occurring in beans during storage, development of the hard-to-cook  
40 (HTC) defect that promotes delayed softening of beans during subsequent cooking (El-Tabey  
41 Shehata, 1992; Reyes-Moreno et al., 1993), is of principle concern. Although HTC has been  
42 extensively studied, mechanisms leading to its development are not yet fully understood.  
43 Current literature suggests involvement of (bio)chemical reactions associated with various  
44 cellular components particularly cell membranes, pectin, phenolic acids, cations such as  
45 calcium, phytate and associated enzymes such as lipoxygenase, pectin methylesterase,  
46 peroxidase and phytases (Chen et al., 2021; Wainaina, Lugumira et al., 2022). In recent studies,  
47 membrane degradation has been suggested to be the first step in the ageing induced HTC  
48 development during seed storage (Ratajczak et al., 2019; Ebone et al., 2019). Impaired cell  
49 membrane integrity and functionality, at high storage temperature and moisture conditions  
50 where molecular mobility is enhanced, facilitates enzyme substrate interactions and  
51 displacement/diffusion of cations creating access to binding sites. It can be deduced that ageing  
52 of beans during storage, that results in quality deterioration, is mainly initiated by particular  
53 (bio)chemical reactions that lead to disruption of cellular membranes (Murthy et al., 2003;  
54 Chhabra et al., 2019). Therefore, in order to fully understand the mechanisms leading to  
55 development of the HTC defect, an evaluation of the nature and kinetics of the associated  
56 (bio)chemical reactions is vital.

57 Volatile compounds are naturally occurring as a result of normal plant metabolism but can also  
58 be degradation products of major chemical reactions such as those occurring during post-  
59 harvest storage, processing and/or post processing storage and include compounds like  
60 aldehydes, ketones, alcohols and heterocyclic compounds (Ma et al., 2016). Given that volatile  
61 compounds are major by-products of these (bio)chemical reactions, the extent and rate of

62 production of these compounds can serve as indicators of what is happening during processing  
63 and/or storage (Kebede et al., 2015; Zhang et al., 2022). Until now, very few studies have  
64 focused on evolution of volatile compounds during postharvest storage of beans in relation to  
65 evaluation of quality deterioration with most of the studies mainly focusing on flavour  
66 evolution of beans during cooking and/or how HTC development during storage influences the  
67 flavour compounds of beans after cooking (Ma et al., 2016; Mishra et al., 2017; Chigwedere et  
68 al., 2019). By only looking at the cooking kinetics of aged beans, possible direct identification  
69 of degradation pathways during storage-induced ageing becomes difficult and what happens  
70 during storage might be concealed since cooking can accelerate some of these reactions and/or  
71 lead to formation of similar degradation products and/or degrade some of these compounds.  
72 Given that multiple factors and mechanisms are involved in the ageing process during storage  
73 (Fu et al., 2015), an understanding of the sequence of events and cause/effect relationship  
74 between events is imperative in underpinning the development of this defect during storage.

75 In this study, volatile profiling of red kidney beans stored at varying conditions of temperature,  
76 moisture content for varying duration of time was carried out. The goal was to gain insight into  
77 the evolution of volatile compounds during storage of red kidney beans at varying conditions  
78 relative to their glass transition temperature ( $T_g$ ) and to identify possible (bio)chemical  
79 reactions associated with ageing of beans during storage. As a first step, volatile compounds  
80 (markers) whose amounts were changing the most during storage were selected and their  
81 possible reaction pathways proposed. Secondly, kinetic modelling of the selected markers was  
82 done to evaluate the reaction kinetics as function of storage temperature and moisture content.  
83 Lastly, the estimated rate constants were evaluated against storage above  $T_g$  in order to  
84 investigate the suitability of state diagrams in controlling the rate of reactions linked to ageing  
85 of beans during storage.

86

## 87 **2. Materials and methods**

### 88 2.1 Raw materials and sample preparation

89 All chemicals used were of analytical grade, unless otherwise mentioned. As this study is a  
90 continuation of our previous work (Wainaina, Kyomugasho, et al., 2022; Wainaina, Wafula, et  
91 al., 2022), the same materials (red kidney beans) and sample preparation procedures (glass  
92 transition temperature evaluation and storage experiment) were used. Briefly, red kidney beans  
93 grown and harvested in Belgium (2019) were sorted to remove dirt and defective/damaged

94 beans before use. Cleaned beans were equilibrated at 4 °C to different moisture contents using  
95 the following saturated salt solutions; sodium nitrate (aw 0.78), sodium bromide (aw 0.63),  
96 magnesium chloride (aw 0.33) and potassium hydroxide (aw 0.14) and lithium bromide (aw  
97 0.07). The obtained moisture contents expressed as percent weight loss after oven drying at  
98 105 °C for 20 h were 6.9%, 8.7%, 11.1%, 12.8% and 14.5%. After equilibration, a part of the  
99 beans were used for glass transition temperature evaluation and the rest was used for the storage  
100 experiment (*section 2.2*).

## 101 2.2 Storage experiment

102 Storage of the equilibrated beans was carried out as described in detail in our previous work  
103 (Wainaina, Kyomugasho, et al., 2022) and (Wainaina, Wafula, et al., 2022). Briefly, for each  
104 moisture content (obtained in *section 2.1*) a part of the equilibrated beans were stored at -40 °C  
105 until further use and are here referred to as ‘non-stored’ beans and the rest were stored at  
106 different temperatures (25 °C, 30 °C, 35 °C and 42 °C) up to 6 months with periodic sampling.  
107 For each temperature-moisture content combination, separate airtight glass jars were used per  
108 sampling time moment and this was done in duplicate. For this study at least 5 sampling time  
109 moments (in weeks) were conducted per temperature-moisture content combination. Storage  
110 conditions were selected to reflect points at and above the glass transition line of the red kidney  
111 bean (Wainaina, Kyomugasho, et al., 2022). The sampled beans were also stored at -40 °C until  
112 further analyses.

## 113 2.3 Volatiles extraction and analysis

114 Volatile extraction and analysis was conducted using an untargeted fingerprinting approach  
115 following the procedure described by Kebede et al., (2015) and Chigwedere et al., (2019) with  
116 minor modifications. Frozen whole red kidney beans (obtained from *section 2.3*) were milled  
117 into powder (>125 µm) and 2 g was weighed into a 10 mL amber glass vial in an ice bath to  
118 which chilled 2.5 mL of saturated sodium chloride solution was added before tightly closing  
119 using caps with silicon septum seals. The vials were vortexed to ensure proper mixing before  
120 being randomly placed on cooling tray of the autosampler for volatiles profiling. Six replicates  
121 were made for each sample. Volatiles profiling was conducted using a headspace-solid phase  
122 microextraction-gas chromatography-mass spectrometry (HS-SPME-GC-MS) system  
123 (Keysight Technologies, Diegem, Belgium) equipped with a CombiPAL autosampler (CTC  
124 Analytics, Zwingen, Switzerland) set at 10 °C. Before volatile extraction, each vial was  
125 incubated at 40 °C for 20 min, with agitation at 500 rpm after which a pre-conditioned fibre

126 with a 30/50  $\mu\text{m}$  divinylbenzene/ carboxen/polydimethylsiloxane (DVB/CAR/PDMS) sorptive  
127 coating (Stableflex, Supelco, Bellefonte, Pennsylvania) was used to extract volatile compounds  
128 from the headspace of the vial for 10 min. Extracted volatiles were desorbed ~~on to~~ onto the GC  
129 injection port at 230 °C for 2 min, then in splitless mode, ~~they~~ these were injected onto a  
130 30m $\times$ 0.25mm $\times$ 0.25  $\mu\text{m}$  polar HP INNOWax capillary column (Agilent Technologies, Santa  
131 Clara, California) for separation with helium as the carrier gas at 1.5 mL/min. To facilitate  
132 separation and elution of the injected volatile compounds, the GC oven was maintained at 40  
133 °C for 2 min before the temperature was ramped up to 80 °C at a rate of 5 °C/min and  
134 maintained for 1 min after which it was ramped again to 220 °C at a rate of 6 °C/min. After a  
135 holding time of 2 min, a final ramp at 50 °C/min to 250 °C was made and immediately, the  
136 oven was cooled back to 40 °C. The mass spectra were obtained by electron ionization (EI) at  
137 70 eV, and the ion source and quadrupole temperatures were 150 °C and 230 °C, respectively  
138 while a mass-to-charge ratio scanning range of 35–550 at 3.8 scans/s was employed. A new  
139 fibre was used for each moisture content in order to minimize fibre degradation. In order to  
140 obtain a retention index (calibration data), a standard mixture of n-alkanes (C<sub>8</sub>–C<sub>22</sub>) was used.  
141 A 10  $\mu\text{L}$  volume of the alkane standard was mixed with 5 mL of demineralized water in a 10  
142 mL vial and analyzed as described above. A representation of the total ion chromatograms  
143 obtained after analysis is shown in Fig. 1, highlighting some volatile compounds with high  
144 abundance.

## 145 2.4 Data analysis and modelling

### 146 2.4.1 Multivariate data analysis and markers selection

147 Multivariate data analysis (MVDA) and markers selection was done following the procedure  
148 described by Kebede et al., (2015) and Chigwedere et al., (2019). Due to the complex nature  
149 of the chromatograms obtained after GC-MS analysis, a pre-processing step is necessary in  
150 order to extract ‘pure’ component spectra from co-eluted compounds in the chromatograms  
151 obtained. To perform this, an automated mass spectral deconvolution and identification system  
152 (AMDIS) (Version 2.72, 2014, National Institute of Standards and Technology, Gaithersburg,  
153 MD) in which a retention index calibration file was also build was used as the first pre-  
154 processing step. The deconvoluted spectra were further analysed with Mass Profiler  
155 Professional (MPP) (Version 12.0, 2012, Keysight Technologies, Diegem, Belgium) for  
156 filtering and peak alignment from which a spreadsheet containing peak areas and samples was  
157 obtained and was used as an input for the multivariate statistical data analysis. MVDA was

158 carried out using Solo (Version 8.6.2, 2018, Eigenvector Research, Wenatchee, WA). All data  
159 were mean-centred and the variables were weighted by their standard deviation to give them  
160 equal variance. In a first step, principal component analysis (PCA) was conducted as an  
161 exploratory technique to evaluate each data set and to detect potential outliers. To study the  
162 evolution during storage, per storage temperature and moisture content, partial least squares  
163 (PLS) regression was performed, with the volatiles as X-variables and the storage time as Y-  
164 variable. For determining the complexity of the PLS model, the lowest number of latent  
165 variables (LVs) that maximally describe the change during storage was used. The selected PLS  
166 models were comprised of latent variables that contributed at least 2% of the Y-variance  
167 explained by the models. To investigate the change in the volatile fraction as a function of time,  
168 qualitative graphical presentations of scores (a projection of objects in a variable space) and  
169 loadings (a projection of variables on a coordinate system) was employed by construction of  
170 bi-plots using OriginPro 2020 (Origin Lab Corporation, Northampton, MA, USA). Following  
171 this, volatile compounds that were clearly changing during storage were selected through  
172 variable identification (VID) coefficients. These values range between -1 and +1 and  
173 correspond to the correlation coefficient between each original X-variable and predicted (by  
174 the selected PLS-model) Y-variable. In this work, variables with an absolute VID value higher  
175 than 0.80 were considered to be important. These variables were identified and linked to  
176 possible reaction pathways. Identification of the compounds was performed by comparing the  
177 deconvoluted mass spectrum with the reference mass spectra from National Institute of  
178 Standards and Technology (NIST) spectral library (NIST14, version 2.2, Gaithersburg, MD).  
179 For identification, a threshold match of 90% was taken into account. A visual inspection of  
180 spectral matching between the detected compound and the match from the library as well as  
181 comparison of the retention index were also performed.

#### 182 2.4.2 Kinetic modelling of selected markers

183 The evolution of selected markers during storage was modelled following a zero order model  
184 (**Equation 1**) using the SAS Proc NLIN procedure (SAS version 15.1, SAS Institute, Inc.,  
185 Cary, NC, USA).

$$A = A_0 - Kt$$

**Equation 1**

186 A is peak area of marker compound at a particular storage time (t, weeks), A<sub>0</sub> is peak area at  
187 time zero of storage and K (week<sup>-1</sup>) is marker evolution rate constant.

188

189 2.4.3 Modelling influence of storage above  $T_g$  ( $T-T_g$ ) on evolution rate of markers

190 To determine the effect of storing beans at temperatures above their  $T_g$  on marker evolution  
191 rate, an empirical exponential equation (**Equation 2**) (Kyomugasho et al., 2020) was used.

192

$$K = K_0 \times \exp (a*(T-T_g)) \quad \text{Equation 2}$$

193 K is marker evolution rate,  $K_0$  is a pre-exponential factor, a is an empirical constant, T is the  
194 storage temperature and  $T_g$  is the glass transition temperature. Parameters a and  $K_0$  were  
195 estimated by non-linear regression using the SAS Proc NLIN procedure (SAS version 15.1,  
196 SAS Institute, Inc., Cary, NC, USA).

### 197 3. Results and discussion

198 3.1 Qualitative evaluation of evolution of volatile compounds during storage of red kidney  
199 beans

200 3.1.1 Identification of volatile compounds

201 The total headspace volatile compounds ~~detected-identified~~ in raw red kidney beans stored at  
202 varying temperature-moisture content ranged between 53 to 120 after deconvolution. The  
203 number of detected compounds increased with increase in storage moisture content and  
204 temperature signifying additional reactions at higher storage temperature and moisture content  
205 conditions. Fig. 2 is a representation of the bi-plots obtained from a graphical projection of the  
206 score and loading plots of 14.5% (the highest moisture content evaluated) at three different  
207 temperatures (25, 30 and 35 °C). The selected PLS models had 2, 2 and 3 LV's for beans stored  
208 at 25, 30 and 35 °C, respectively. Similar bi-plots were obtained for the other temperature-  
209 moisture content conditions and are shown in Supplementary Figs 1-4, but the number of  
210 compound markers are different as shown in Table 1.

211 For each bi-plot, two LVs that explain a considerable part of the Y-variance (effect of storage  
212 time) are plotted whereby the first LV (LV1) explains the largest part (>90%) of the variability  
213 in the data compared to the subsequent LVs. Volatile compounds are indicated with open  
214 circles while the samples are indicated with coloured symbols and a clear trend of increase of

215 these compounds with storage time from left to right can be observed for each temperature.  
216 The arrow shows the direction of the Y-variable (storage time) and volatile compounds  
217 positioned in the direction of this arrow are assumed to increase with storage time and vice  
218 versa. Volatile compounds whose concentrations change significantly with storage time  
219 (marker compounds) were selected by calculating their VID coefficients and are indicated as  
220 bold open circles and represent compounds with VID coefficients of  $\geq 0.8$ .

221 The marker compounds selected for the different temperature-moisture content conditions are  
222 represented in Table 1. Similar to the total volatile compounds evolution, it is evident that there  
223 were more marker compounds as storage temperature and moisture content increased which  
224 indicates an effect of these factors on the volatiles profile of red kidney beans during storage.  
225 It was also observed that most marker compounds significantly increased  
226 (formation/production) during storage. The compounds that formed over time during storage  
227 belong to the following classes; alcohols (1-propanol, 2-methyl, 1-hexanol, 2-butanol,  
228 isopropyl alcohol, 2-pentanol, benzyl alcohol, 2-ethyl-1-hexanol, phenylethyl alcohol, 3-  
229 furanmethanol), aldehydes (benzaldehyde, 3-furaldehyde, hexanal, 2-heptenal, 2-octenal, 2,4-  
230 heptadienal, 2-hexenal, butanal-2-methyl-, propanal), acids (acetic acid, butanoic acid-2-  
231 methyl), ketones (2-butanone, acetone, 2-furanonedihydro-4-methyl), esters (ethyl acetate,  
232 methyl butoxyacetate), hydrocarbons (pentane, 1,4-hexadiene-3-ethyl, 1-pentene-2-methyl),  
233 furan derivatives (furan-2-ethyl) and sulphur containing compounds (dimethyl sulphide). It is  
234 evident that alcohols and aldehydes were the most abundant classes of volatiles which is in line  
235 with what is reported in literature for raw pulses (Khrisanapant et al., 2019).

### 236 3.1.2 Linking identified volatile compounds to possible (bio)chemical pathways

237 Alcohols and aldehydes are mostly formed from enzymatic and nonenzymatic lipid degradation  
238 but some have also been linked to amino acid degradation (Karolkowski et al., 2021). On the  
239 one hand, for instance hexanal has been linked to degradation of linoleic acid (n-6) while  
240 propanal has been associated with degradation of linolenic acid (n-3) (Colville et al., 2012).  
241 On the other hand, some aldehydes could also be formed from amino acids degradation through  
242 for instance Strecker degradation which involves oxidative deamination and decarboxylation  
243 of  $\alpha$ -amino acids and occurs in presence of di-carbonyl compounds formed during Maillard  
244 reactions (Colville et al., 2012; Chigwedere et al., 2019). These aldehydes include  
245 benzaldehyde and 2-methylbutanal from phenylalanine and isoleucine degradation  
246 respectively. Similarly, alcohols can also be formed from lipid degradation as well as amino

247 acid degradation. Alcohol dehydrogenase can promote interconversions between aldehydes  
248 and alcohols and the activity of this enzyme can be facilitated by different storage conditions  
249 (Taylor et al., 1999). In this study, it was interesting to observe that 1-propanol,2-methyl, a  
250 branched alcohol, was ~~detected~~-identified in all the storage conditions explored. Branched  
251 alcohols have been reported to be formed from amino acid degradation (Chigwedere et al.,  
252 2019) and in particular 1-propanol,2-methyl has been associated with valine degradation  
253 (Karolkowski et al., 2021).

254 Ketones have been reported to result from predominantly breakdown of unsaturated fatty acid  
255 hydroperoxides. In this study, 2-butanone was the most abundant ketone and has also been  
256 reported in other non-cooked bean varieties in literature (Ma et al., 2016). In addition, 2-  
257 furanonedihydro-4-methyl was also observed especially in beans with the highest moisture  
258 content (14.5%). However, it is not clear from literature how this compound is formed. Organic  
259 acids such as acetic acid and 2-methyl butanoic acid detected in this study are mainly associated  
260 with amino acid degradation (Karolkowski et al., 2021). Presence of acids could also be due to  
261 microbial activity/growth such as mould growth especially during storage at higher moisture  
262 contents and temperatures. Other minor classes of volatiles detected in raw beans are esters,  
263 furan derivatives and sulphur containing compounds. Esters are derived from esterification of  
264 acids and alcohols formed during lipid oxidation, furan compounds are formed through several  
265 pathways such as lipid oxidation and thermal degradation of amino acids with carbohydrates  
266 whereas sulphur compounds such as dimethyl sulphide can be formed from oxidation of  
267 methionine (Chigwedere et al., 2019).

268 It can be noted that most of the volatile compounds ~~detected~~-identified are mainly linked to  
269 oxidation of unsaturated free fatty acids and amino acid degradation which are also suggested  
270 to be the main (bio)chemical reactions linked to ageing of seeds (Murthy et al., 2003; Colville  
271 et al., 2012; Chhabra et al., 2019). As such, unsaturated fatty acids such as linoleic acid and  
272 linolenic acids are substrates for enzymatic (lipoxygenase) and nonenzymatic (autooxidation)  
273 lipid oxidation whereas degradation of amino acids such as valine, phenylalanine, isoleucine  
274 and methionine have been linked to production of branched volatile compounds (Karolkowski  
275 et al., 2021). Therefore, the composition of the beans plays an important role in influencing the  
276 volatile profiles and the type of (bio)chemical reactions occurring are governed by storage  
277 conditions employed. Given that red kidney beans are mainly composed of starch (53%) and  
278 proteins (26%) with limited lipids (2%) (Hayat et al., 2014a) (and there are generally minor  
279 variations in composition among other different common bean varieties (Hayat et al., 2014b)),

280 it can be hypothesized that amino acid degradation is the predominant source of volatile  
281 compounds with additional lipid oxidation, sugar hydrolysis and potentially microbial  
282 fermentation leading to formation of volatile compounds especially at higher moisture contents  
283 and temperatures. These additional reactions could also explain why more volatile compounds  
284 were ~~detected~~-identified in beans stored at higher temperatures and moisture contents.

### 285 3.2 Kinetics of evolution of marker compounds during storage of red kidney beans

286 Characterizing the kinetics of reactions is important in gaining insight into nature and rate of  
287 (bio)chemical reactions occurring during storage of beans. Firstly, the main marker compounds  
288 (occurring in at least 6 storage temperature-moisture content conditions) from the most  
289 abundant volatiles classes being alcohols, aldehydes, ketones and acids were selected  
290 respectively 1-propanol,2-methyl, benzaldehyde, 2-butanone and acetic acid. Secondly, the  
291 evolution of these selected marker compounds was evaluated as a function of storage time and  
292 the results are depicted in Figs 3-6. Looking into these graphs (Figs 3-6), it was evident that  
293 the compounds increased with storage time and their evolution was best fit by a zero order  
294 model according to which the rate of evolution of a compound is independent of reactants  
295 concentration (Van Boekel, 2008).

296 The kinetic parameters obtained after modelling are shown in Table 2 and visualized in 3D  
297 plots shown in Supplementary Fig. 5. While the rate of evolution of 1-propanol,2-methyl is  
298 significant with increasing storage temperature as well as moisture content (at all the explored  
299 conditions), the case of the other compounds is different. Acetic acid evolution was for instance  
300 only relevant during storage at higher moisture contents (and was accelerated by temp) which  
301 could be an indication of possible microbial activity that can be facilitated at these high  
302 moisture conditions as discussed in *section 3.1.2*. On the other hand, the kinetics of evolution  
303 of 2-butanone were relevant at higher temperatures at low moisture content conditions whereas  
304 the kinetics of benzaldehyde were relevant at moderate temperature and moisture content  
305 conditions. Given that these compounds are primary products of either lipid oxidation and  
306 amino acid degradation as discussed in *section 3.1.2*, it could be that they are further degraded  
307 or react with other degradation products during adverse (high temperature and moisture  
308 content) storage conditions. The rate of these reactions can be enhanced at these conditions,  
309 particularly, lipid oxidation has been shown to be enhanced as temperature (and moisture  
310 content to a certain level) increases whereas amino acid degradation has been shown to be

311 facilitated by both temperature and moisture content increase (Murthy et al., 2003; Colville et  
312 al., 2012).

313 These results are an indication that (bio)chemical reactions occurring during storage of beans  
314 are greatly facilitated by storage temperature and moisture content conditions, with the  
315 extent/influence being dependent on the nature of the reaction. In other words, the primary  
316 mechanisms that initiate ageing of beans during storage differs depending on the storage  
317 conditions. Furthermore, since kinetics of 1-propanol,2-methyl and 2-butanone evolution were  
318 relevant even at the lowest moisture content (6.9%) albeit at a very low rate ( $0.49 \pm 0.06 \times 10^5$   
319 and  $0.64 \pm 0.09 \times 10^5 \text{ week}^{-1}$  respectively) as can be seen in Table 2, it can be concluded that  
320 grains produce some volatile compounds even when stored at low moisture content conditions  
321 especially in combination with high temperatures (generally above 35 °C), signifying some  
322 metabolic processes are still occurring. Therefore, the goal of postharvest storage should  
323 mainly be to slow down this ageing process as much as possible to ensure quality preservation  
324 during long term storage.

### 325 3.3 Influence of storage above $T_g$ on evolution of marker compounds

326 The theory of  $T_g$  is widely used to relate storage of foods and deterioration kinetics (Walters et  
327 al., 2005). Therefore, it was important to evaluate the link between the reaction kinetics of the  
328 selected marker compounds and storage above  $T_g$ . The obtained  $T_g$  values and corresponding  
329  $T-T_g$  values for the storage conditions evaluated are represented in Supplementary Table 1. The  
330 reader is directed to our previous study (Wainaina, Kyomugasho, et al., 2022) for a detailed  
331 discussion on the  $T_g$  results as the red kidney beans samples used for this study are the same as  
332 in our previous study. The graphs of the correlations of the evolution kinetics of marker  
333 compounds and how far above the  $T_g$  the beans were stored (temperature difference between  
334 storage temperature and the  $T_g$  of the beans) are shown in Fig. 7 from which it can be observed  
335 that the rate constants of evolution of these marker compounds increased when the storage  
336 temperature was further above the  $T_g$  of the beans. The correlation coefficients ( $r$ ) were 0.88,  
337 0.84, 0.75 and 0.58 for 2-butanone, 1-propanol,2-methyl, acetic acid and benzaldehyde,  
338 respectively. Therefore, the further above  $T_g$  the beans were stored, the faster the rate at which  
339 these volatile compounds evolved. This can be attributed to enhanced molecular mobility  
340 particularly well above  $T_g$  and therefore promotion of underlying (bio)chemical reactions that  
341 are otherwise retarded/inhibited below  $T_g$  (in glassy state) (Murthy et al., 2003). The results  
342 clearly show the plasticizing effect of temperature and moisture influencing the reactions

343 occurring. Therefore, the concept of  $T_g$  can be used to control the rate of biochemical reactions  
344 linked to ageing of beans thereby maintaining quality during prolonged storage. The authors  
345 propose storage of beans at temperature-moisture content conditions that ensure the beans are  
346 below their  $T_g$  or at storage temperatures that do not exceed 20 °C above their  $T_g$  (i.e.  $T - T_g \leq$   
347 20 °C), since at these conditions the (bio)chemical reactions leading to quality deterioration  
348 would be limited. Therefore, for beans with a moisture content of 6.9, 8.7, 11.1, 12.8 and  
349 14.5%, the storage temperature should not exceed 55, 43, 28, 19 and 10 °C respectively.

### 350 **Conclusion**

351 The evolution of volatile compounds during storage of red kidney beans was influenced by  
352 storage conditions whereby beans stored at high temperatures and moisture content had more  
353 volatile compounds and higher concentrations, respectively referring to additional  
354 (bio)chemical reactions and increased reaction rates. The classes with the most abundant  
355 volatile compounds were alcohols, aldehydes and ketones which are compounds linked to  
356 mostly amino acid or protein degradation as well as lipid oxidation reactions associated with  
357 deteriorative changes of beans during storage. From the overall volatile compounds  
358 ~~detected~~identified, several marker compounds were selected and the rate of evolution of the  
359 selected marker compounds during storage increased with increase in storage temperature and  
360 moisture content. The volatile marker compounds identified are mostly associated with protein  
361 degradation and lipid oxidation reactions. It was also interesting to observe that kinetics of  
362 specific volatile marker compounds were relevant for particular storage conditions signifying  
363 that storage conditions also influence the nature/type of primary (bio)chemical reactions.  
364 Furthermore, the kinetics of marker compounds highly correlated with storage above  $T_g$   
365 showing the importance of the concept of  $T_g$  in controlling the rate of (bio)chemical reactions  
366 linked to deteriorative changes during storage of beans. Ageing is a complex phenomenon that  
367 involves a myriad of (bio)chemical and metabolic processes and volatile compounds profiling  
368 can be useful in identifying the nature, rate and extent of primary reactions taking place to  
369 initiate this process.

### 370 **Acknowledgement**

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374 Nutrition Security (LCEFoNS)', grant number KE2017IUC037A101.

375

376 **Conflicts of interest**

377 None

378

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470 **Tables**

471 **Table 1.** Volatile compounds obtained in red kidney beans at varying storage temperatures and moisture contents.  
 472 Compounds are ranked based on their increasing VID coefficients per moisture content-temperature condition. RI  
 473 is the retention index on the column.

14.5% Moisture content					
25 °C			30 °C		
VID	Marker	RI	VID	Marker	RI
0.806	2-Furanone, dihydro-3-methyl-	1605	0.827	2-Hexenal	1228
0.814	2-Furanone, dihydro-4-methyl-	1631	0.835	Acetic acid	1484
0.829	1-Hexanol	1367	0.849	3-Furaldehyde	1448
0.853	1-Butanol, 3-methyl-	1223	0.849	Furan,2-ethyl	958
0.890	Acetic acid	1484	0.850	2-Furanone, dihydro-3-methyl-	1605
0.919	2-Butanol	1035	0.868	1-Hexanol, 2-ethyl-	1502
0.936	3-Furanmethanol	1703	0.899	2-Furanone, dihydro-4-methyl-	1632
0.941	Butanal, 2-methyl-	918	0.900	1-Hexanol	1367
0.943	Benzaldehyde	1536	0.910	2-Pentanol	1139
0.953	Benzyl alcohol	1901	0.918	Benzaldehyde	1536
0.970	2-Pentanol	1139	0.921	1-Ethyl-5-methylcyclopentene	1477
0.981	3-Furaldehyde	1448	0.930	Butanal, 2-methyl-	919
0.985	Phenylethyl Alcohol	1934	0.963	Benzyl alcohol	1901
0.987	1-Propanol, 2-methyl-	1115	0.985	1-Propanol, 2-methyl-	1115
			0.993	Phenylethyl alcohol	1934
35 °C					
VID	Marker	RI			
-0.855	3-Hexanol	1213			
0.814	2-Heptenal	1332			
0.820	2,3-Pentanedione	1074			
0.829	3,5-Octadien-2-one	1531			
0.834	Hexanal	1093			
0.834	1-Hexanol	1367			
0.842	2-Furanone, dihydro-4-methyl	1632			
0.851	1-Penten-3-ol	1179			
0.858	2-Penten-1-ol	1337			
0.859	Acetic acid	1485			
0.861	Maltol	1987			
0.863	Furan, 2-ethyl	957			
0.865	Propanal	849			
0.873	1-Penten-3-one	1029			
0.879	Oxalic acid, diallyl ester	1503			
0.891	2-Pentenal	1142			
0.899	2-Octenal	1437			

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0.902	2,4-Heptadienal	1504
0.905	2-Butanol	1036
0.907	2-Pentanol	1139
0.931	Isopropyl alcohol	936
0.935	Ethyl acetate	899
0.942	1-Propanol, 2-methyl	1115
0.953	2,4-Heptadienal	1477
0.960	Phenylethyl alcohol	1934

**12.8% Moisture content**

**25 °C**

VID	Marker	RI
0.818	Benzyl alcohol	1900
0.824	Acetic acid	1483
0.831	2-Butanone	910
0.831	Butanal, 2-methyl	919
0.900	Benzaldehyde	1536
0.962	1-Propanol, 2-Methyl	1114
0.972	3-Furaldehyde	1448

**30 °C**

VID	Marker	RI
-0.811	Didocyl phosphate	1439
	3,4-Dimethyldihydrofuran-2,5-	
0.811	dione	1605
0.819	Acetone	859
0.826	Methyl butoxyacetate	1698
0.828	1-Butanol	1163
0.839	2-Butanone	910
0.843	1-Ethyl-1-hexanol	1502
0.847	1-Butanol, 3-methyl	1223
0.904	Benzaldehyde	1536
0.907	Phenylethylalcohol	1933
0.910	Acetic acid	1483
0.913	3-Furanmethanol	1702
0.959	3-Furaldehyde	1448
0.965	1-Propanol, 2-methyl	1115
0.981	Benzyl alcohol	1901

**35 °C**

VID	Marker	RI
	5-Hepten-2-one, 6-	
0.809	methyl	1348
	Butanoic acid, 4-	
0.814	hydroxy	1647
0.817	1,4-Hexadiene, 3-ethyl	1477
0.823	Acetophenone	1665
0.827	2-Ethyl-1-hexanol	1502
0.830	1-Butanol, 2-methyl	1223
0.832	Furan, 2-ethyl	958
0.840	1-Butanol, 3-methyl	1223
0.875	Benzyl alcohol	1901
	2-Furanone, dihydro-4-	
0.881	methyl	1631
0.896	2-Butanone	909
0.902	2-Butanol	1035
0.903	Acetic acid	1483

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	Butanoic acid, 3-	
0.913	methyl	1698
0.916	Acetone	859
0.962	1-Butanol	1163
0.962	Phenylethyl alcohol	1934
0.963	1-Propanol, 2-methyl	1114

#### 11.1% Moisture content

25 °C			30 °C		
VID	Marker	RI	VID	Marker	RI
0.923	1-Propanol, 2-methyl	1115	0.943	1-Propanol, 2-methyl	1115

35 °C			42 °C		
VID	Marker	RI	VID	Marker	RI
0.849	Benzaldehyde	1537	0.819	Ethyl acetate	900
0.874	2-Ethyl-1-hexanol	1502	0.824	1-Butanol, 2-methyl	1223
0.883	3-Furanmethanol	1701	0.848	Butanoic acid, 2-methyl	1698
0.911	Acetone	859	0.886	Benzaldehyde	1536
0.927	3-Furaldehyde	1448	0.887	3-Furanmethanol	1702
0.944	2-Butanone	910	0.925	Dimethyl sulphide	836
0.965	1-Propanol, 2-methyl	1115	0.928	Isopropyl alcohol	934
			0.937	Furan, 2-ethyl	959
			0.952	2-Ethyl-1-hexanol	1502
			0.952	3-Furaldehyde	1448
			0.959	2-Butanone	910
			0.961	2-Butanol	1035
			0.967	Phenylethyl alcohol	1933
			0.970	Benzyl alcohol	1900
			0.976	Acetone	859
			0.979	1-Butanol	1163
			0.994	1-Propanol, 2-methyl	1115

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#### 8.7% Moisture content

25 °C			30 °C		
VID	Marker	RI	VID	Marker	RI
0.858	Butanal, 2-methyl	919	0.864	1-Hexanol, 2-ethyl	1502
			0.889	1-Propanol, 2-methyl	1114
			0.917	Dimethyl sulphide	836
			0.932	Butanal, 2-methyl	919

35 °C			42 °C		
VID	Marker	RI	VID	Marker	RI
0.814	Butanal, 2-methyl	919	0.822	Acetic acid, methyl ester	865
0.823	2-Ethyl, 1-hexanol	1501	0.884	1-Hexanol, 2-ethyl	1502
0.830	Pentane	807	0.895	2-Butanone	910
0.856	1-Pentene, 2-methyl	817	0.907	Acetone	859
0.871	2-Butanone	910	0.921	Dimethyl sulphide	836
0.961	1-Propanol, 2-methyl	1113	0.978	1-Propanol, 2-methyl	1113

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#### 6.9% Moisture content

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<b>35 °C</b>			<b>42 °C</b>		
VID	Marker	RI	VID	Marker	RI
0.809	2-Butanone	910	0.814	Phenylethyl alcohol	1932
0.814	1-Propanol, 2-methyl	1114	0.882	2-Butanone	910
			0.943	Dimethyl sulphide	836
			0.975	1-Propanol, 2-methyl	1114

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477 **Table 2.** Parameter estimates  $\pm$  standard errors for kinetics of evolution of selected marker compounds modelled  
 478 using zero order model (Equation 1). K is the rate of evolution of marker compound (week<sup>-1</sup>). Different superscript  
 479 letters in a row (moisture content) represent significant differences in rate constants. Abbreviation "n.d." stands  
 480 for "not determined" while "<dl" stands for "below detection limit".

		<b>1-propanol, 2-methyl</b>							
		25 °C		30 °C		35 °C		42 °C	
%Moisture content		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>	
		(week <sup>-1</sup> )	adj						
6.9		n.d.		n.d.		0.49 $\pm$ 0.06 <sup>b</sup>	0.72	1.26 $\pm$ 0.05 <sup>a</sup>	0.96
8.7		<dl		0.10 $\pm$ 0.02 <sup>c</sup>	0.56	0.45 $\pm$ 0.03 <sup>b</sup>	0.93	1.28 $\pm$ 0.03 <sup>a</sup>	0.99
11.1		0.56 $\pm$ 0.06 <sup>c</sup>	0.79	0.89 $\pm$ 0.10 <sup>c</sup>	0.78	2.36 $\pm$ 0.19 <sup>b</sup>	0.87	5.15 $\pm$ 0.18 <sup>a</sup>	0.97
12.8		1.27 $\pm$ 0.07 <sup>b</sup>	0.94	1.97 $\pm$ 0.12 <sup>ab</sup>	0.92	3.32 $\pm$ 0.46 <sup>a</sup>	0.69	n.d.	
14.5		3.37 $\pm$ 0.05 <sup>b</sup>	0.99	6.74 $\pm$ 0.09 <sup>a</sup>	0.99	8.14 $\pm$ 0.61 <sup>a</sup>	0.86	n.d.	
		<b>Acetic acid</b>							
		25 °C		30 °C		35 °C		42 °C	
%Moisture content		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>	
		(week <sup>-1</sup> )	adj						
6.9		n.d.		n.d.		<dl		<dl	
8.7		<dl		<dl		<dl		<dl	
11.1		<dl		<dl		<dl		<dl	
12.8		0.89 $\pm$ 0.19 <sup>b</sup>	0.48	1.95 $\pm$ 0.16 <sup>b</sup>	0.86	3.68 $\pm$ 0.36 <sup>a</sup>	0.82	n.d.	
14.5		1.59 $\pm$ 0.17 <sup>b</sup>	0.75	3.02 $\pm$ 0.35 <sup>ab</sup>	0.72	5.29 $\pm$ 0.65 <sup>a</sup>	0.69	n.d.	
		<b>2-butanone</b>							
		25 °C		30 °C		35 °C		42 °C	
%Moisture content		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>	
		(week <sup>-1</sup> )	adj						
6.9		n.d.		n.d.		0.64 $\pm$ 0.09 <sup>a</sup>	0.67	1.20 $\pm$ 0.19 <sup>a</sup>	0.62
8.7		<dl		<dl		0.46 $\pm$ 0.08 <sup>b</sup>	0.57	1.35 $\pm$ 0.13 <sup>a</sup>	0.83
11.1		<dl		<dl		2.16 $\pm$ 0.16 <sup>a</sup>	0.86	3.15 $\pm$ 0.37 <sup>a</sup>	0.76
12.8		0.96 $\pm$ 0.13 <sup>b</sup>	0.71	0.52 $\pm$ 0.15 <sup>ab</sup>	0.34	2.10 $\pm$ 0.29 <sup>a</sup>	0.71	n.d.	
14.5		<dl		<dl		<dl		n.d.	
		<b>Benzaldehyde</b>							
		25 °C		30 °C		35 °C		42 °C	
%Moisture content		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>		K ( $\times 10^5$ )R <sup>2</sup>	
		(week <sup>-1</sup> )	adj						
6.9		n.d.		n.d.		<dl		<dl	
8.7		<dl		<dl		<dl		<dl	
11.1		<dl		<dl		0.58 $\pm$ 0.10 <sup>a</sup>	0.59	1.25 $\pm$ 0.15 <sup>a</sup>	0.76
12.8		0.81 $\pm$ 0.09 <sup>a</sup>	0.76	1.38 $\pm$ 0.12 <sup>a</sup>	0.84	<dl		n.d.	
14.5		1.24 $\pm$ 0.08 <sup>a</sup>	0.89	1.57 $\pm$ 0.14 <sup>a</sup>	0.82	<dl		n.d.	

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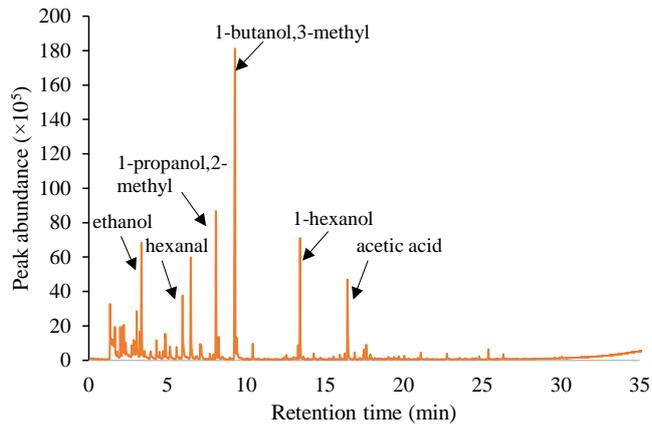
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**Figures**

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**Figure 1.** Representative total ion chromatogram of the headspace fraction of red kidney beans stored at 14.5% moisture content and 35 °C.

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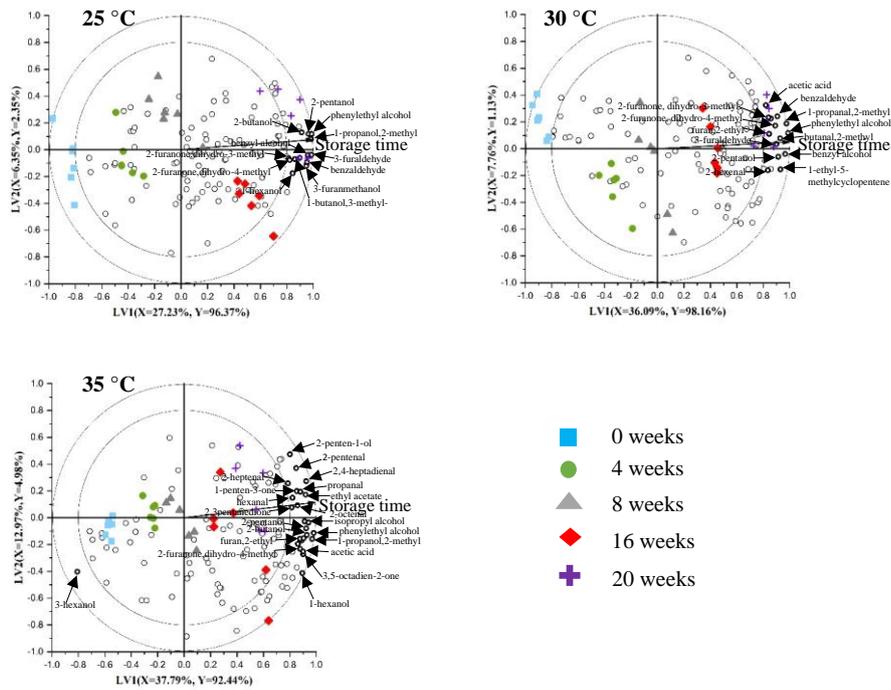
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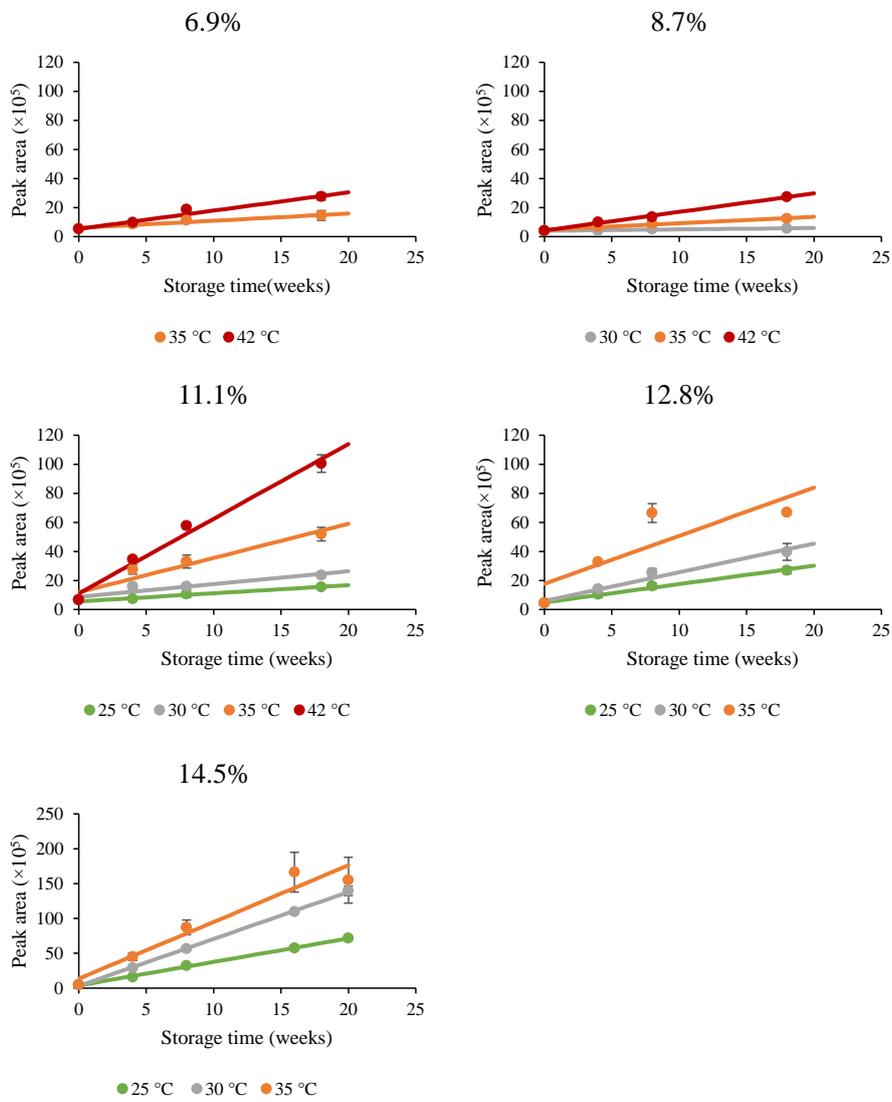
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**Figure 2.** Bi-plots showing the evolution of volatile compounds during storage of red kidney beans at 14.5% moisture content and 25, 30 and 35 °C. The selected models had 2, 2 and 3 LVs for 25, 30 and 35 °C respectively. Colored symbols represent red kidney bean samples stored from 0 to 20 weeks. Open circles represent volatile compounds while open bold circles represent marker compounds with  $VID \geq 0.8$ .

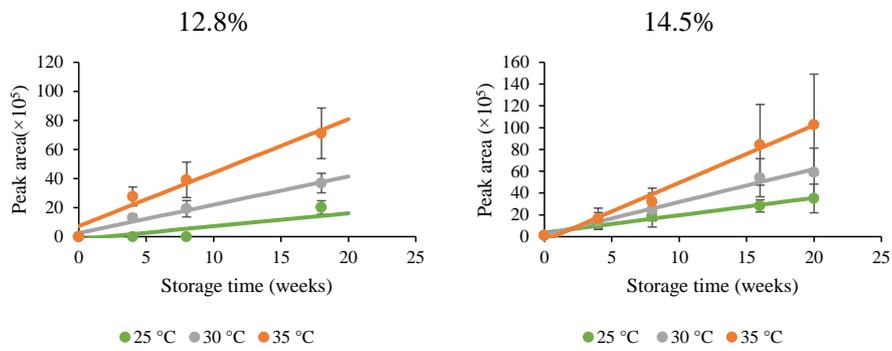


**Figure 3.** Kinetics of evolution of 1-propanol,2-methyl during storage. The markers represent experimental values and the solid lines represent modelled data using zero order model (Equation 1).

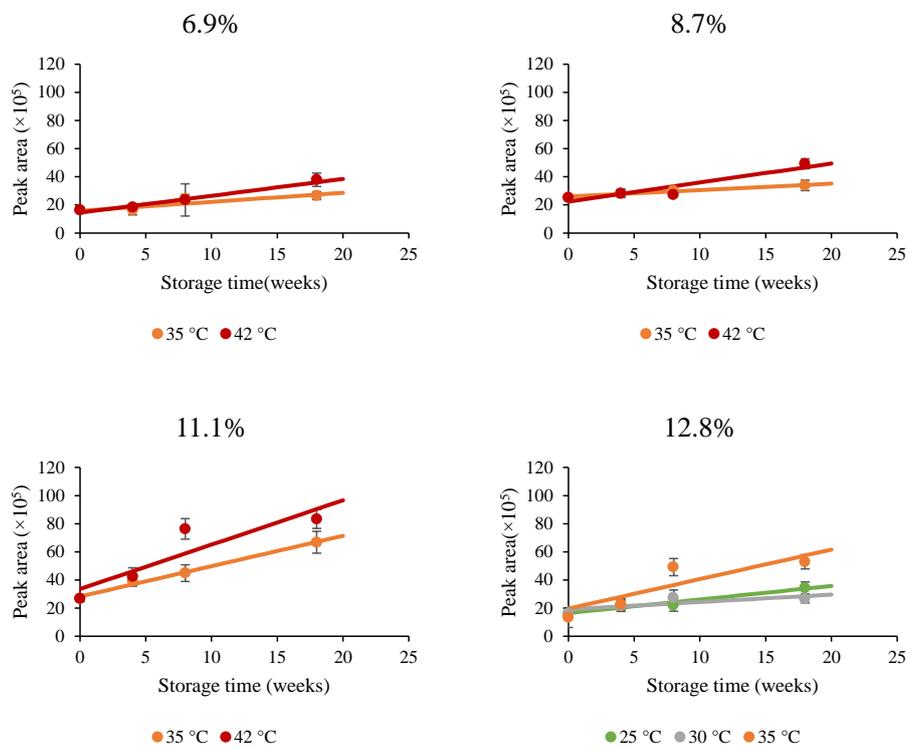
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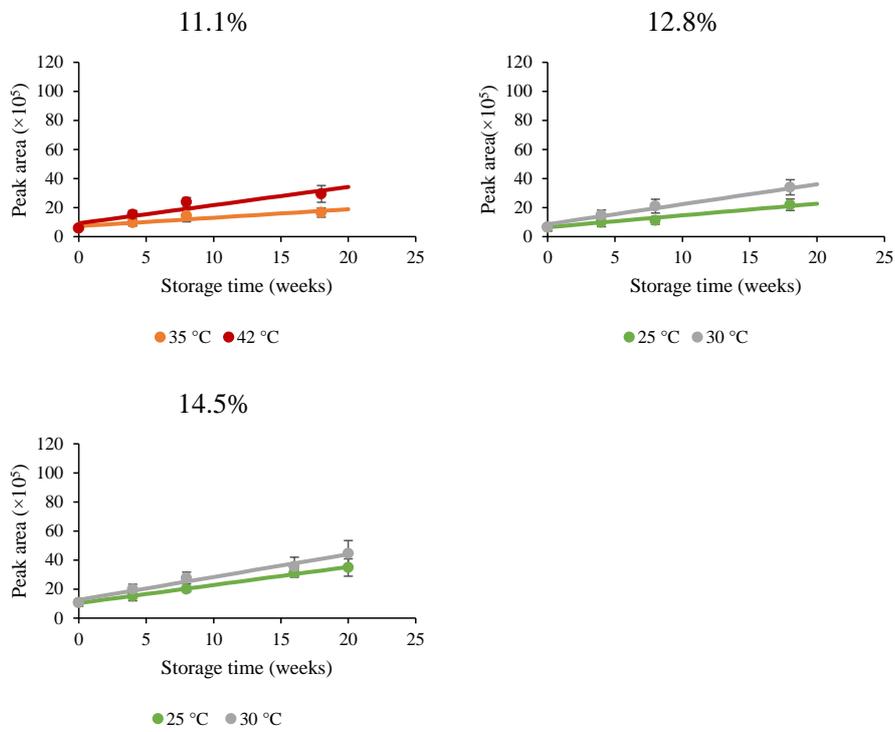
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**Figure 4.** Kinetics of evolution of acetic acid during storage. The markers represent experimental values and the solid lines represent modelled data using zero order model (Equation 1).



**Figure 5.** Kinetics of evolution of 2-butanone during storage. The markers represent experimental values and the solid lines represent modelled data using zero order model (Equation 1).



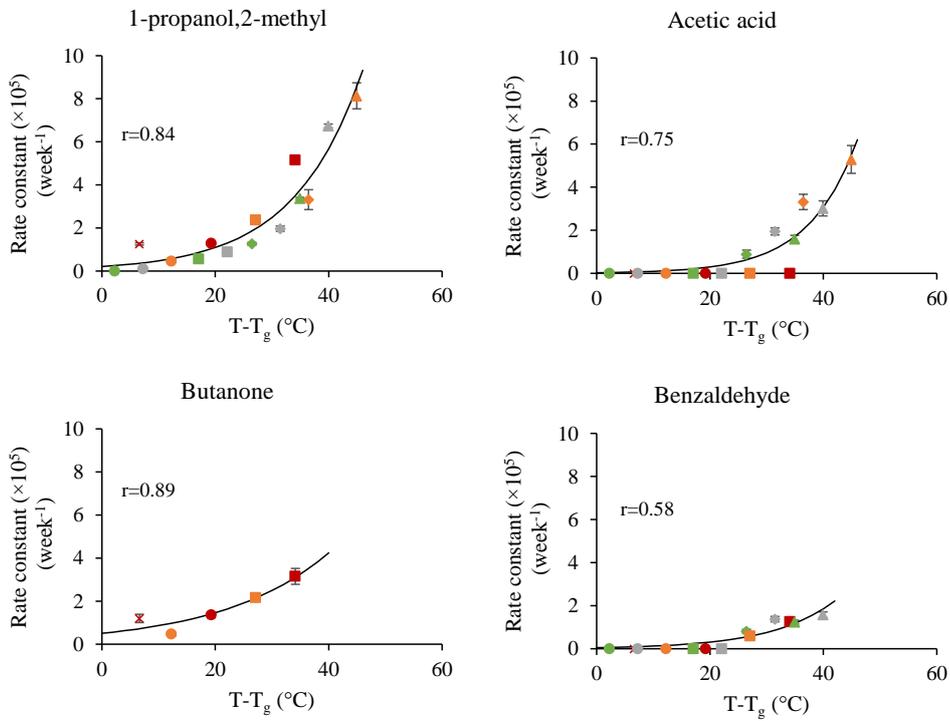
**Figure 6.** Kinetics of evolution of benzaldehyde during storage. The markers represent experimental values and the solid lines represent modelled data using zero order model (Equation 1).

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**Figure 7.** The change in kinetics of evolution of selected marker compounds as a function of storage above  $T_g$  ( $T - T_g$ ). Markers represent samples stored at specific moisture content and temperature combinations. Different colors represent different storage temperatures (green: 25  $^{\circ}\text{C}$ , grey: 30  $^{\circ}\text{C}$ , orange: 35  $^{\circ}\text{C}$  and red: 42  $^{\circ}\text{C}$ ) whereas different markers represent different storage moisture contents ( $\times$ : 6.9%,  $\circ$ : 8.7%,  $\square$ : 11.1%,  $\diamond$ : 12.8% and  $\triangle$ : 14.5%). The solid lines represent modelled values using empirical exponential equation (Equation 2).

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