

1 **Hydration of wheat flour water-unextractable cell wall**
2 **material enables structural analysis of its arabinoxylan by**
3 **high-resolution solid-state ^{13}C MAS NMR spectroscopy**

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16 ABSTRACT

17 To enable its structural characterization by nuclear magnetic resonance (NMR) spectroscopy, the native
18 structure of cereal water-unextractable arabinoxylan (WU-AX) is typically disrupted by alkali or enzymatic
19 treatments. Here, WU-AX in wheat flour unextractable cell wall material (UCWM) containing $40.9\% \pm 1.5$
20 arabinoxylan with an arabinose-to-xylose ratio of 0.62 ± 0.04 was characterized by high-resolution solid-
21 state NMR without disrupting its native structure. Hydration of UCWM (1.7 mg H₂O/mg UCWM) in
22 combination with specific optimizations in the NMR methodology enabled analysis by solid-state ¹³C NMR
23 with magic angle spinning and ¹H high-power decoupling (¹³C HPDEC MAS NMR) provided sufficiently high
24 resolution to allow carbon atom assignments. Spectral resonances of C-1 from arabinose and xylose
25 residues of WU-AX were here assigned in solid-state. The proportions of un-, mono-, and di-substituted
26 xyloses were 59.2%, 19.5%, and 21.2%, respectively. ¹³C HPDEC MAS NMR showed the presence of solid-
27 state fractions with different mobility in the UCWM. This study presents the first solid-state NMR
28 spectrum of wheat WU-AX with sufficient resolution to enable assignment without prior WU-AX
29 solubilization.

30

31 KEYWORDS

32 Solid-state NMR, water-unextractable arabinoxylan, wheat flour, ¹³C NMR, controlled hydration

33 INTRODUCTION

34 Arabinoxylan (AX), the predominant dietary fiber in wheat kernels, makes up 60-70% of the cell
35 walls of its starchy endosperm.^{1,2} It has a backbone of β -1,4-linked D-xylopyranosyl (Xyl) residues
36 that are either un-, mono-, or disubstituted (uXyl, mXyl, dXyl, respectively) with α -L-
37 arabinofuranosyl (Ara) residues.^{3,4} In wheat, mono-substitution of Xyl with Ara is mainly
38 restricted to the *O*-3 position of Xyl, whereas di-substitution occurs at the *O*-2 and *O*-3 positions
39 of Xyl residues.^{5,6} In turn, Ara can carry a ferulic acid (FA) residue on its *O*-5 position via an ester
40 linkage.^{7,8} FA plays a role in crosslinking AX molecules to each other or to other cell wall
41 components via its participation in dehydrodiferulic acid (diFA) bridges.⁹

42 The AX population in wheat consists of a group of structurally heterogeneous molecules.
43 Typically, 20-30% of the AX in wheat flour is water-extractable (WE-AX), the complement being
44 water-unextractable AX (WU-AX).^{10,11} Although WE-AX and WU-AX have similar structures,
45 WU-AX molecules on average have a higher molecular weight,^{5,12} a higher Ara-to-Xyl (A/X)
46 ratio,^{5,13,14} and higher FA and diFA contents.^{5,15,16} The higher A/X ratio of WU-AX goes hand in
47 hand with a higher level of mXyl and a lower level of uXyl, while dXyl levels of WE-AX and WU-AX
48 are similar.^{13,14,17}

49 The more pronounced diFA crosslinking in WU-AX than in WE-AX is considered to be the major
50 cause of its un-extractability.^{5,16} Additional causes are that uXyl residues more likely occur as
51 clusters in WU-AX and hence are prone to form intermolecular hydrogen bonds, while they are
52 rather isolated in WE-AX.^{13,18} In addition, the higher A/X ratio in WU-AX has been speculated to
53 be at the basis of enhanced physical entanglement.¹⁹ Interactions and reactions between AX and

54 other endosperm cell wall polysaccharides may result in retention of WU-AX in the matrix.^{2,5} AX
55 extractability differs from AX solubility, as AX-AX interaction or AX interaction with the matrix can
56 cause inherently soluble AX molecules to not be extractable with water.

57 Evidently, the unextractable nature of WU-AX makes its structural characterization challenging.
58 A way to address this challenge is to solubilize WU-AX under alkaline conditions^{12,17,20,21} or to
59 perform partial enzymatic hydrolysis.^{14,22} Although such procedures have allowed structural
60 characterization through high performance size exclusion chromatography and liquid-state
61 nuclear magnetic resonance (NMR) spectroscopy, they disrupt the native WU-AX structure by
62 breaking covalent and non-covalent bonds.²³

63 Ha *et al.*²⁴ have examined the polymers in destarched and defatted cell walls of wheat bran by
64 solid-state ¹H-¹³C cross-polarization magic angle spinning (CP MAS) NMR. Peak assignment was
65 possible for C-1 carbons of AX [Ara (δ 109 ppm) and Xyl (δ 102 ppm)] and cellulose (δ 105 ppm).
66 The authors reported an increase in spectral resolution upon sample hydration. Mense *et al.*²⁵
67 performed solid-state ¹H-¹³C CP MAS NMR to study wheat bran containing comparable AX and
68 cellulose contents [each about 24% w/w of the dry matter (DM)]. Here, sample hydration
69 resulted in an increased resonance intensity, and enzymatic removal of starch and proteins from
70 wheat bran further improved spectral resolution and reduced overlap between C-1 signals of
71 glucose in cellulose and Xyl in AX. The reduced signal overlap was attributed to an increase in
72 effective concentration of AX and cellulose (about 43% and 28% w/w of DM, respectively) after
73 removal of starch, protein, and water extractables.²⁵

74 Although solid-state ¹H-¹³C CP MAS NMR experiments have been performed on isolated AX or
75 wheat cell wall material fractions, a full and detailed structural characterization of AX therein has

76 in all cases been impaired by signal overlap and low spectral resolution. To the best of our
77 knowledge, ^{13}C MAS NMR spectra with a resolution allowing structural analysis have not yet been
78 obtained for wheat flour unextractable cell wall material. We here reasoned that applying ^{13}C
79 HPDEC MAS NMR on partially hydrated samples could yield high resolution spectra and thus
80 detailed structural characteristics which further on can benefit studies of the role of WU-AX in
81 flour processing and its impact on health. In what follows, we report on the isolation of wheat
82 flour unextractable cell wall material (UCWM) and, following limited hydration thereof^{f25}, analysis
83 of its WU-AX by high-resolution ^{13}C HPDEC MAS NMR in a highly optimized environment.

84

85 **MATERIALS AND METHODS**

86 **Materials**

87 Kernels of the hard wheat (*Triticum aestivum* L.) cultivar Evina were kindly supplied by Limagrain
88 (Avelgem, Belgium). Unless specified otherwise, all chemicals, solvents, and reagents were at
89 least of analytical grade and purchased from Sigma-Aldrich (Overijse, Belgium). Used enzymes
90 (with units as defined by Sigma-Aldrich) were α -amylase (Termamyl[®] 120) from *Bacillus*
91 *licheniformis* (type XII-A, saline solution, ≥ 500 units/mg protein, reference A3403) and papain
92 from *Carica papaya* (powder, ≥ 3 units/mg, reference 76220). The enzyme preparations were free
93 from xylanase activity as determined by the Xylazyme AX method (Megazyme, Bray, Ireland).
94 Deuterium oxide (D_2O) had an isotopic purity of 99.9 atom% D (Sigma-Aldrich reference 151882).
95 The cellulose used was microcrystalline Avicel PH-101 (Sigma-Aldrich reference 11365).

96

97 **Methods**

98 *Wheat milling and flour characteristics*

99 Wheat was conditioned in-house to reach a moisture content of 16.5% w/w and subsequently
100 milled using a Bühler (Uzwil, Switzerland) MLU-202 Laboratory Mill (milling yield 72%) as in
101 Delcour *et al.*²⁶ Moisture (14.9%) and ash (0.44% of DM) contents of the flour were determined
102 as described in AACC Approved Methods 44-15.02 and 08-01.01²⁷, respectively. The flour protein
103 content (11.9% of DM) was determined following an adaptation of AOAC method 990.03²⁸ to an
104 automated elemental analyzer 1108 (Carlo Erba Instruments, Hindley Green, UK) micro-Dumas
105 protein analysis system.

106

107 *Isolation of unextractable cell wall material from wheat flour*

108 UCWM was isolated in triplicate from wheat flour essentially as described by Frederix *et al.*²⁹ and
109 outlined in Figure 1. Doughs prepared from 100.0 g of flour and 58.0 mL of water by mixing
110 (4 min) in a mechanical pin mixer (National Manufacturing, Lincoln, NE, USA) were washed with
111 500 mL deionized water to separate the gluten fraction from the remaining soluble and dispersed
112 flour constituents. The dispersions were centrifuged (5,000 *g*, 10 min, 15 °C), yielding from top
113 to bottom supernatant, a squeegee starch fraction (SQSF, gelatinous layer, also often referred to
114 as squeegee starch or starch tailings), and prime starch. SQSF was manually removed from the
115 prime starch using a spatula, suspended in deionized water (1:10 w/v), heated to 75 °C, and then
116 incubated with α -amylase (500 units/g SQSF, 90 °C, 60 min, continuous mechanical shaking). The
117 suspensions were then allowed to cool to 15 °C and centrifuged (10,000 *g*, 15 min, 15 °C), yielding

118 supernatants and residues. The latter were re-suspended in deionized water (1:5 w/v), treated
119 with papain (0.3 units/g SQSF, 25 °C, 5 h, continuous mechanical shaking), boiled (15 min) to
120 inactivate enzymes and cooled to room temperature. Centrifugation as above yielded
121 supernatants and residues. The latter were washed with deionized water (1:2 w/v) and again
122 centrifuged as above to recover the residues that were freeze dried and weighed. The pooled
123 freeze dried residues are further referred to as UCWM.

124

125 *Determination of arabinoxylan contents and arabinose-to-xylose ratios*

126 Contents and A/X ratios of total AX and WE-AX in flour, gluten, prime starch, SQSF, and UCWM
127 were determined in triplicate by gas chromatographic analysis of the monosaccharides released
128 upon acid hydrolysis as described by Gebruers *et al.*¹⁰ and Courtin *et al.*³⁰. Accurately weighed
129 flour aliquots (5.0-10.0 mg) were submitted to hydrolysis in 5.0 mL trifluoroacetic acid (TFA,
130 2.0 M) for 60 min at 100 °C. Aliquots (5.0-10.0 mg) of freeze-dried gluten, SQSF, prime starch,
131 and UCWM materials were also accurately weighed and then were subjected to hydrolysis as
132 above. Reduction of the obtained monosaccharides into alditols was with sodium borohydride
133 (30 min, 40 °C) and subsequent acetylation with acetic acid anhydride. The alditol acetates were
134 then submitted to gas chromatography as described in De Man *et al.*³¹

135 For the WE-AX content of flour, an accurately weighed quantity (about 0.5 g) was first heated in
136 10 mL 80% v/v ethanol at 90 °C in open Falcon tubes until all ethanol was evaporated to inactivate
137 potentially present endogenous xylanases. Subsequent extraction of WE-AX was with 10.0 mL
138 deionized water (30 min, continuous shaking, room temperature), followed by centrifugation

139 (1,500 g, 15 min) and filtration. To 2.5 mL filtered supernatant, 2.5 mL 4.0 M TFA was added prior
 140 to hydrolysis (60 min, 100 °C). Subsequent reduction, acetylation, and separation of the obtained
 141 alditol acetates were as above.

142 From the total and water-extractable Ara, Xyl, and galactose (Gal) composition, the contents and
 143 A/X ratios of total AX, WE-AX, and WU-AX were calculated as described elsewhere,^{10,30,31} thus
 144 using the following set of equations:

$$[total\ AX] = 0.88 \times ([Ara] - 0.7 \times [Gal]_{extractable} + [Xyl]) \quad (1)$$

$$[WE-AX] = 0.88 \times ([Ara]_{extractable} - 0.7 \times [Gal]_{extractable} + [Xyl]_{extractable}) \quad (2)$$

$$[WU-AX] = [total\ AX] - [WE-AX] \quad (3)$$

$$A/X_{total\ AX} = ([Ara] - 0.7 \times [Gal]_{extractable})/[Xyl] \quad (4)$$

$$A/X_{WE-AX} = ([Ara]_{extractable} - 0.7 \times [Gal]_{extractable})/[Xyl]_{extractable} \quad (5)$$

$$A/X_{WU-AX} = ([total\ AX] \times A/X_{total\ AX} - [WE-AX] \times A/X_{WE-AX})/[WU-AX] \quad (6)$$

145 In doing so, a correction was made for Ara originating from water-extractable arabinogalactan
 146 peptide (AGP) by assuming that all extractable Gal was from the latter and that it had an Ara to
 147 Gal ratio of 0.70.^{32,33} As the gluten, prime starch, and SQSF fractions still contained water, and
 148 thus extractable AGP, a correction was made for the latter as well based on the moisture content
 149 and remaining Gal content in these fractions (Figure 1). No correction was made for extractable
 150 Gal in UCWM, assuming that no remaining water-extractable AGP was present after the various
 151 extraction steps. Since hydrolysis with trifluoroacetic acid under the conditions used here hardly
 152 releases monosaccharides from cellulose,³⁴ the total non-cellulosic carbohydrate content was

153 calculated here as the sum of the released pentoses and hexoses multiplied by 0.88 and 0.90,
154 respectively.²¹ Protein content (% N x 6.25) of the isolated UCWM was determined as above.

155

156 *Solid-state NMR spectroscopic analysis of isolated unextractable cell wall material*

157 ¹³C{¹H} MAS NMR experiments of the pooled UCWM were carried out on a wide bore 500 Avance
158 III spectrometer (Bruker Biospin, Ettlingen, Germany; 11.4 T, ¹H Larmor frequency of 500.87 MHz)
159 and ¹³C Larmor frequency of 125.95 MHz, using a Bruker 4 mm triple-channel (HXY) VT CP MAS
160 probe head. The spectrometer was located in a temperature-controlled room (22 °C, maximum
161 fluctuation 0.1 °C over a 24 h timespan) with vibration-lean floor. Prior to the analysis, WU-AX
162 samples were hydrated by progressive addition of small aliquots of ultrapure water (MilliQ,
163 Millipore) and gentle mixing to achieve a partially hydrated sample. In total, 115 mg of H₂O was
164 added to 67 mg of UCWM. Microcrystalline Avicel PH-101 cellulose was hydrated in the same
165 way. Immediately following this hydration step, samples were packed into 4 mm zirconia rotors
166 and capped vespel snap-on drive caps and spun up to 15 kHz for the double-resonance
167 experiments. The temperature was controlled at 295 K using a Bruker cooling unit II. ¹³C High-
168 power decoupling (HPDEC) MAS experiments were performed at 15 kHz spinning speed and
169 295 K sample temperature using $\pi/2$ ¹³C RF pulses at 75 kHz, a recycle delay of 2 s and SW_f-
170 SPINAL³⁵ ¹H decoupling at 15 kHz. 61440 transients were collected for the HPDEC experiment.
171 ¹H-¹³C CP MAS experiments were performed using a $\pi/2$ ¹H excitation pulse at 83 kHz in
172 combination with ramped (100 – 70) and square contact pulses of 1000 μ s at 71 kHz and 54 kHz
173 on ¹³C and ¹H respectively, using SW_f-SPINAL ¹H decoupling at 40 kHz during detection. 20480
174 transients were recorded using a recycle delay of 2 s. The decoupled ¹³C{¹H} INEPT experiment

175 was done, accumulating 20480 number of transients, with pulses of RF strength 70 kHz and
176 recycle delay of 2 s. ^{13}C chemical shift referencing was performed using adamantane resonance
177 at 38.5 ppm as a secondary standard with respect to tetramethylsilane (TMS).

178

179 *Statistical analyses*

180 All statistical analyses were performed using JMP Pro 14 (SAS Institute, Cary, NC) software. To
181 detect significant differences, one-way variance (ANOVA) was performed followed by a Tukey
182 multiple comparison test ($P = 0.05$).

183

184 **RESULTS & DISCUSSION**

185 *Arabinoxylan characteristics in wheat flour*

186 The total AX content of Evina flour was $2.0 \pm 0.1\%$ of DM and its A/X ratio was 0.67 ± 0.01 . WE-AX
187 and WU-AX contents were 0.7 ± 0.1 and $1.3 \pm 0.1\%$ of DM, respectively, resulting in an AX
188 extractability of $34.3 \pm 1.2\%$. The A/X ratio of WE-AX (0.50 ± 0.02) was significantly ($P < 0.05$)
189 lower than that of WU-AX (0.76 ± 0.04). In literature, total AX, WE-AX, and WU-AX contents in
190 wheat flour have been reported to range from 1.4% to 2.9%, 0.3% to 1.4%, and 1.2% to 2.3% of
191 DM, respectively, with corresponding A/X ratios ranging from 0.50 to 0.70, 0.40 to 0.55, and 0.51
192 to 0.67.^{10,14,36–39} The obtained results are thus largely within the range found in literature.

193

194

195 *Isolation of unextractable cell wall material*

196 As a result of the execution of the procedure outlined in Figure 1, $72.7\% \pm 8.8$, $20.3\% \pm 3.2$, and
197 $7.2\% \pm 0.5$ of DM of the flour WU-AX were present in SQSF, prime starch, and gluten fractions,
198 respectively. The A/X ratio of WU-AX in SQSF (0.66 ± 0.02) was significantly ($P < 0.05$) lower than
199 that of WU-AX in the prime starch (1.25 ± 0.12) and gluten (1.17 ± 0.02) fractions. That highly
200 substituted WU-AX was retained in prime starch and gluten fractions explains the slightly lower
201 A/X ratio of WU-AX in SQSF as compared to that of the original WU-AX in flour. Evidently, the
202 supernatant fraction contained the WE-AX.

203 SQSF was further submitted to enzymatic breakdown of starch and protein to obtain a fraction
204 enriched in WU-AX (*i.e.* UCWM, Figure 1). About 33% of the flour AX initially considered water-
205 unextractable was rendered extractable during this treatment (data not shown). Since neither
206 the flour nor the used enzymes contained xylanase, their increased extractability was the result
207 of changes in the matrix accompanying squeegee starch and/or protein breakdown. In addition,
208 the increased temperature during the α -amylase treatment may have contributed to
209 solubilization of some AX. Earlier, Cyran *et al.*⁴⁰ reported that the extractability of AX from rye
210 flour increases with temperature.

211 The total non-cellulosic carbohydrate polymer content in UCWM amounted to $49.8\% \pm 1.5$ of
212 DM, its protein content to $12.6\% \pm 1.0$ of DM. These results are similar to those obtained by Maes
213 and Delcour²¹ for wheat bran UCWM. Cell walls isolated from wheat flour have been reported to
214 also contain non-endosperm material,⁴¹ and thus cellulosic material from bran is likely to be
215 present in the obtained UCWM. Recently, Gartaula *et al.*⁴² found significant levels of cellulose to

216 be present in the wheat starchy endosperm. Although cellulose could not be quantified by acid
217 hydrolysis with TFA, it can be assumed that the obtained UCWM also contained some cellulose.
218 Of all analyzed non-cellulosic carbohydrate polymers in UCWM, the major fraction ($82.1\% \pm 4.0$)
219 consisted of AX with an A/X ratio of 0.62 ± 0.01 . The latter was comparable to that of AX in SQSF,
220 which suggests that the AX population rendered extractable during the enzyme treatments was
221 representative for that in SQSF, and average wise was not particularly highly or lowly substituted.
222 About $72.7\% \pm 8.8$ and $24.3\% \pm 1.8$ of the flour WU-AX (1.3%) ended up in SQSF and UCWM,
223 respectively. The other non-cellulosic carbohydrate polymers in UCWM mainly consisted of
224 glucose ($11.8\% \pm 0.7$) and thus probably were residual starch material and β -D-glucan. The low
225 proportions of mannose ($3.8\% \pm 0.2$) and Gal ($2.2\% \pm 0.1$) probably originated from mannan⁴³,
226 galactomannan, and/or glucomannan.^{16,21}

227

228 *Solid-state NMR of unextractable cell wall material*

229 ¹³C MAS NMR spectra of dry biopolymers such as AX^{25,44} or cellulose^{25,45} typically have broad
230 features resulting from a combination of chemical shift and dipolar broadening. Controlled
231 hydration of the polymers assisted to increase resolution by increasing the molecular mobility of
232 the polymer chains. The ¹³C MAS NMR spectra of both a dry and a hydrated UCWM sample in
233 Figure 2 readily revealed sharpening of the spectral resonances as a result of hydration.
234 Comparison of a ¹³C HPDEC MAS NMR spectrum of the hydrated sample with its ¹H-¹³C CP MAS
235 NMR spectrum (Figure 3a,b) highlights the hydration induced changes in the spectral resonances
236 even more. Indeed, as long as the repetition delay exceeds $5 \cdot t_1$ of the slowest relaxing

237 resonance, ^{13}C HPDEC MAS NMR quantitatively measures all ^{13}C signals, irrespective of the local
238 chemical environment and properties of the nuclei,⁴⁶ while ^1H - ^{13}C CP MAS relies on the presence
239 of dipolar interactions to transfer spin polarization from ^1H to ^{13}C nuclei. This results in spectral
240 editing, with ^1H - ^{13}C CP MAS selectively highlighting the more rigid, highly dipolar coupling
241 affected components of the sample, while ^{13}C HPDEC MAS NMR measures all nuclei
242 quantitatively.⁴⁷ Conversely, refocused insensitive nuclei enhanced by polarization transfer
243 (INEPT) and distortionless enhancement by polarization transfer (DEPT) pulse sequences can also
244 be exploited for spectral editing and signal enhancement. These pulse sequences rely on J-
245 couplings to transfer spin polarization from ^1H nuclei to the ^{13}C nuclei they are attached to, and
246 hence selectively highlight the most mobile, solid components of the sample (Figure 3d).

247 In the present case, controlled hydration of UCWM in combination with ^{13}C HPDEC MAS NMR
248 with spinal-64 ^1H decoupling provided quantitative spectra with a resolution allowing detailed
249 spectral assignment using earlier assignments of WE-AX carbons (Table 1).⁴⁸ For AX, resonances
250 at δ 109.5 ppm and δ 108.8 ppm correspond to C-1 of two neighboring Ara residues linked to O-
251 2 and O-3 of a dXyl residue, respectively. The resonance at δ 108.4 ppm is that of C-1 of an Ara
252 residue linked to O-3 of a Xyl residue (mXyl). The resonance at δ 102.5 ppm is assigned to both
253 C-1 of mXyl and C-1 of a uXyl residue without neighboring mXyl or dXyl. The resonances at
254 δ 102.0 ppm and δ 100.7 ppm are assigned to C-1 of a uXyl residue with neighboring mXyl or dXyl
255 and C-1 of a dXyl residue, respectively. The assignment of C-2 to C-5 carbons are further
256 presented in Table 1. Integration of the Ara C-1 carbons assigned to mXyl (δ 108.4 ppm) and dXyl
257 (δ 109.5 and δ 108.8 ppm) resulted in a dXyl/mXyl ratio of 1.1. Combining this with the A/X-ratio
258 determined by gas chromatographic analysis, the relative proportion of uXyl, mXyl, and dXyl in

259 WU-AX were determined to amount to 59.2%, 19.5%, and 21.2%, respectively. These
260 observations are in line with earlier findings that wheat flour WU-AX on average contain about
261 61% uXyl, 21% mXyl, and 19% dXyl.¹⁴ To the best of our knowledge, this is the first time that such
262 detailed peak assignment could be performed on WU-AX in solid-state. A comparative study
263 could establish insights on the effects of WU-AX solubilization on its structure, and might provide
264 knowledge on validation or possible shortcomings of WU-AX solubilization prior to liquid-state
265 NMR spectroscopic analysis.

266 In the here obtained ¹³C MAS NMR spectrum of dry UCWM (Figure 2), the broad peak centered
267 around δ 100 – 110 ppm may be a convolution of resonances from both WU-AX and cellulose. In
268 the ¹³C HPDEC MAS NMR spectrum of hydrated UCWM, on the other hand, no peaks of cellulose
269 (e.g. C-1 at δ 105 ppm)⁴⁹ were visible (Figure 3a). Since the effect of cellulose hydration on the
270 spectrum may have been different from that of hydration of WU-AX, Avicel PH-101 cellulose was
271 subjected to solid-state NMR before or after hydration [see supporting information (SI)]. No
272 major differences were observed between ¹H-¹³C CP MAS NMR spectra and the ¹³C HPDEC MAS
273 NMR spectra of Avicel PH-101 cellulose in dry or partially hydrated form (Figure S2, Figure S3).
274 While hydration clearly affected the WU-AX resonances in UCWM, the ¹³C HPDEC MAS NMR
275 spectra of hydrated Avicel PH-101 cellulose recorded under similar experimental conditions as
276 the UCWM sample did not show any significantly sharpened resonances (Figure S3). Hence it is
277 clear that cellulose hydration does not occur in a way similar to that of WU-AX present in UCWM.
278 Experimental conditions were only optimized for the sharp resonances of hydrated WU-AX. The
279 more limited signal-to-noise-ratio obtained for the broader contributions could still lead to an

280 underestimation of the cellulose fraction in UCWM. If such information needs to be extracted,
281 acquisition of spectra with an even higher signal-to-noise-ratio could be considered.

282 It is important to stress that the high resolution spectra of hydrated UCWM provided in Figure 3
283 correspond with the solid polymer, as hydration of WU-AX does not solubilize the polymer. The
284 enhanced resolution in these spectra results from a combination of sample preparation
285 (controlled hydration), NMR methodology (magic angle spinning and efficient ^1H - ^{13}C decoupling) and
286 optimized NMR spectrometers and their environment (see SI). As revealed by the ^1H - ^{13}C CP MAS
287 spectrum for adamantane (Figure S1, SI), the spectrometer used in this experiment was
288 optimized to achieve sub 1 Hz full width at half maximum (FWHM) for ^{13}C resonances on suitable
289 solid-state samples, allowing to fully resolve the ^{13}C satellites in a single scan.

290 Detailed inspection of the ^{13}C HPDEC MAS NMR spectra shown in Figure 3 reveals both narrow
291 and broad resonances, indicating the presence of both more and less mobile solid fractions
292 (Figure 3a). The narrow resonances in HPDEC spectra of hydrated UCWM exhibit FWHM in the
293 range of 8 – 10 Hz. These components can selectively be highlighted, though at the expense of
294 both internal and external quantitativity by spectral editing using INEPT or DEPT based pulse
295 sequences (Figure 3d). The broad components visible at foot of the narrow resonances in ^{13}C
296 HPDEC MAS NMR spectrum (Figure 3a), exhibit FWHM close to 1000 Hz and can in turn be
297 highlighted by spectral editing (Figure 3b) using a ^1H - ^{13}C CP MAS pulse sequence, again at the
298 expense of both internal and external quantitativity.

299 The narrow components in the hydrated UCWM sample result from enhanced mobility of the
300 polysaccharide chains upon hydration. This is related to the motional narrowing observed for the
301 ^{13}C resonances in solid-state adamantane, a plastic crystal. While only the ^{13}C HPDEC MAS NMR

302 spectrum yields a quantitative description of the system, accounting for mobile and immobile
303 fractions, the ^1H - ^{13}C CP MAS spin-edited spectrum yields information about the immobile fraction
304 of the polysaccharide network (most likely high molecular weight crystalline or amorphous
305 parts). INEPT based spin editing in contrast reveals information on the low molecular weight
306 fraction. Subtraction of the ^1H - ^{13}C CP MAS spectrum from the ^{13}C HPDEC MAS NMR spectrum
307 after scaling to fit the broad foot of the HPDEC NMR spectrum resulted in a spectrum containing
308 mostly narrow components, representative of the mobile low molecular weight fractions and
309 resembling the INEPT spectrum (Figure 3d). More detailed spectral deconvolution and principal
310 component analysis can be used to obtain quantitative information of each of these fractions.

311 In conclusion, wheat flour UCWM mainly containing WU-AX was isolated with retention of its
312 unextractable nature. ^{13}C HPDEC MAS NMR spectroscopy on solid samples after controlled
313 hydration yielded high-resolution ^{13}C NMR spectra, allowing in depth structural characterization
314 of WU-AX present in UCWM. Thus, high spectral resolution could be achieved in solid-state NMR
315 experiments on wheat flour WU-AX, allowing a detailed structural elucidation. Additionally, ^{13}C
316 HPDEC MAS NMR indicated the presence of both more and less mobile solid-state fractions in
317 the sample. Cellulose resonances were underestimated in UCWM by means of ^{13}C HPDEC MAS
318 NMR, probably due to spin-editing effects induced by different hydration behavior of cellulose
319 and WU-AX present in UCWM. To the best of our knowledge, this was the first time that high-
320 resolution solid-state NMR spectra were obtained on flour WU-AX with sufficient resolution for
321 its structural analysis.

322

323

324 ABBREVIATIONS

325 AGP, arabinogalactan peptide; Ara, α -L-arabinofuranosyl; AX, arabinoxylan; A/X, arabinose-to-
326 xylose ratio; CP, cross polarization; DEPT, distortionless enhancement by polarization transfer;
327 diFA, dehydrodiferulic acid; dXyl, disubstituted xylose; SI, supporting information; FA, ferulic acid;
328 FWHM, full width at half maximum; Gal, galactose; HPDEC, high-power decoupling; INEPT,
329 insensitive nuclei enhanced by polarization transfer; MAS, magic angle spinning; mXyl,
330 monosubstituted xylose; NMR, nuclear magnetic resonance spectroscopy; SQSF, squeegee starch
331 fraction; TFA, trifluoroacetic acid; TMS, tetramethylsilane; UCWM, unextractable cell wall
332 material; uXyl, unsubstituted xylose; WE-AX, water-extractable arabinoxylan; WU-AX, water-
333 unextractable arabinoxylan; Xyl, β -1,4-linked D-xylopyranosyl.

334

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337

338

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344 **SUPPORTING INFORMATION DESCRIPTION**

345 Optimization of NMR equipment to obtain high resolution; influence of hydration on cellulose resonances.

346 This material is available free of charge via the Internet at <http://pubs.acs.org>.

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499 (10), 3250–3259.

500

501

502 **FIGURE CAPTIONS**

503 **Figure 1.** Isolation of unextractable cell wall material (UCWM) containing water-unextractable
504 arabinoxylan (WU-AX) from wheat flour by performing gluten-starch separation and subsequent
505 squeegee starch fraction (SQSF) processing. The procedure was slightly adapted from that based
506 on Frederix *et al.*²⁹

507

508 **Figure 2.** ¹H decoupled ¹³C MAS NMR spectra of unextractable cell wall material (UCWM) from
509 Evina flour, under dry (black) and hydrated (grey) conditions. The data was collected in a 500
510 MHz NMR spectrometer at an MAS frequency of 15 kHz. Recycle delay of 2 s (hydrated) and 30 s
511 (dry), accumulating 2048 transients.

512

513 **Figure 3.** (a) ¹³C HPDEC MAS (blue) together with the assignment of chemical shifts of C-1 carbons
514 of un-, mono-, and di-substituted xylopyranose (●, red dots) by arabinofuranose (◆, green dots)
515 residues, (b) ¹H-¹³C CP MAS (red), (c) difference spectra of HPDEC and CP MAS (green), and (d)
516 ¹³C INEPT (pink) MAS NMR spectrum of hydrated unextractable cell wall material (UCWM) from
517 Evina flour.

518

519

520

521

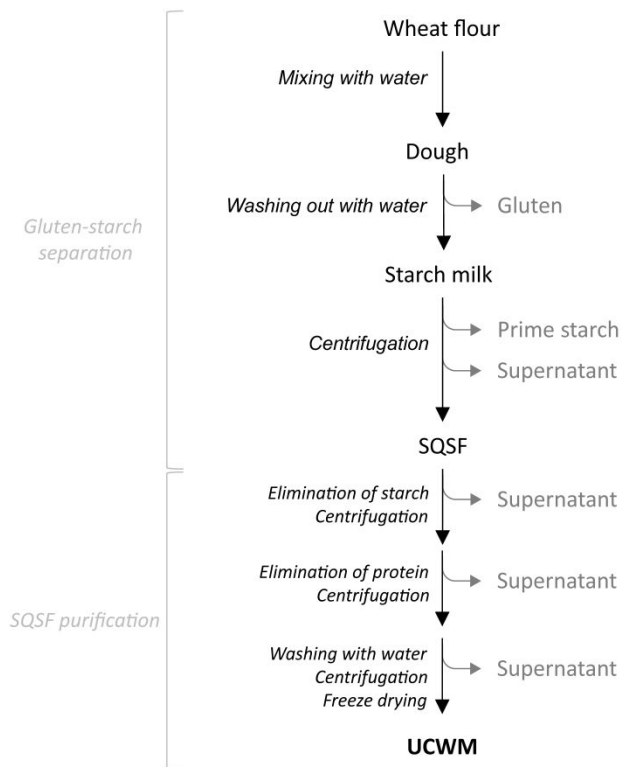
522 **TABLES**

523 **Table 1** Assignment of chemical shifts (ppm) of xylopyranose (Xyl) and arabinofuranose (Ara)
 524 residues from water-unextractable arabinoxylan (WU-AX) in isolated unextractable cell wall
 525 material (UCWM) by ^{13}C HPDEC MAS NMR, based on Hoffman *et al.*^{48*}

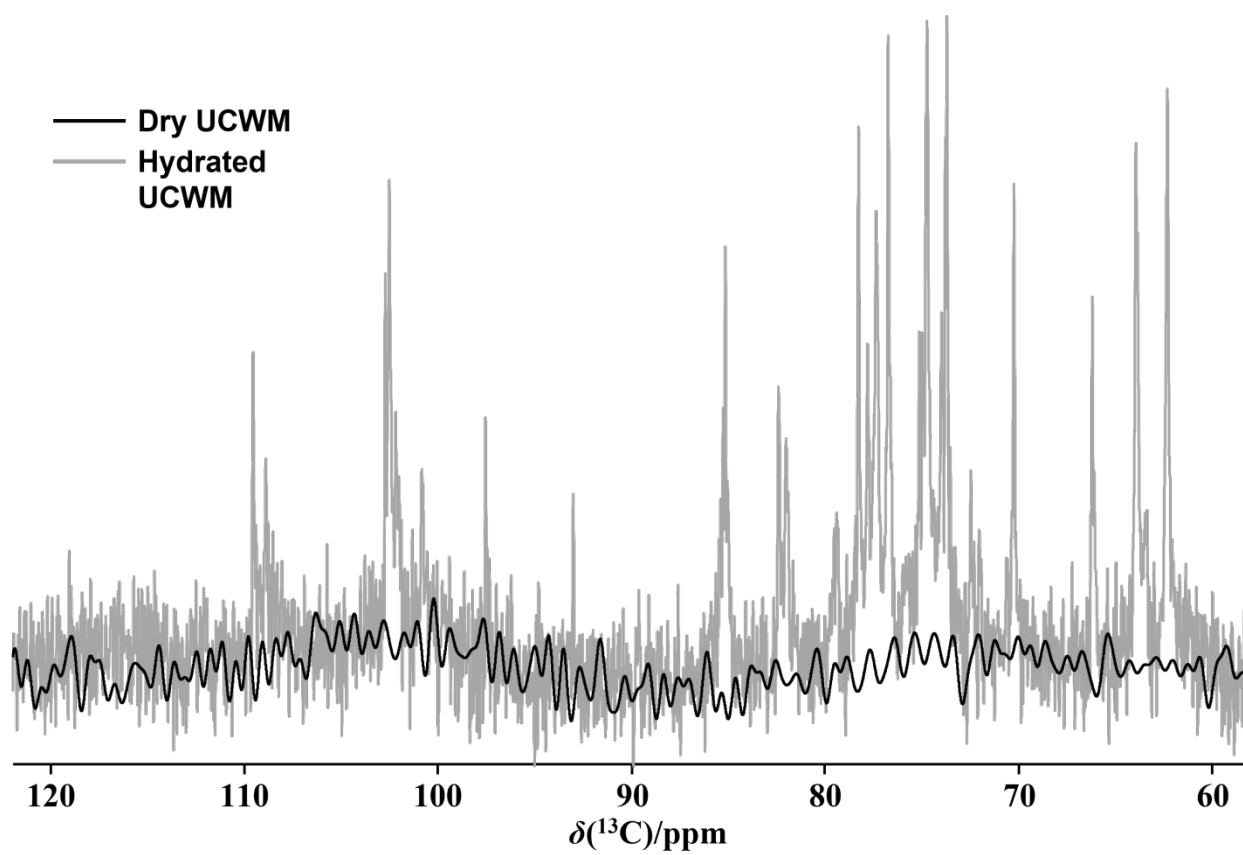
526

| Residue | Chemical shift (ppm) | | | | |
|--------------------------------|----------------------|------|------|------|------|
| | C-1 | C-2 | C-3 | C-4 | C-5 |
| Unsubstituted | | | | | |
| Xyl (isolated) | 102.5 | 73.6 | 74.7 | 77.2 | 63.8 |
| Xyl (neighboring branched Xyl) | 102.0 | 73.7 | 74.7 | 77.3 | 63.8 |
| Mono-substituted | | | | | |
| Xyl | 102.5 | 74.4 | 78.2 | 78.2 | 63.6 |
| Ara O-3 | 108.4 | 81.7 | 78.2 | 85.7 | 62.3 |
| Di-substituted | | | | | |
| Xyl | 100.7 | 74.7 | 78.2 | 78.2 | 63.3 |
| Ara O-2 | 109.5 | 82.3 | 77.7 | 85.1 | 62.2 |
| Ara O-3 | 108.8 | 82.0 | 78.2 | 85.3 | 62.2 |

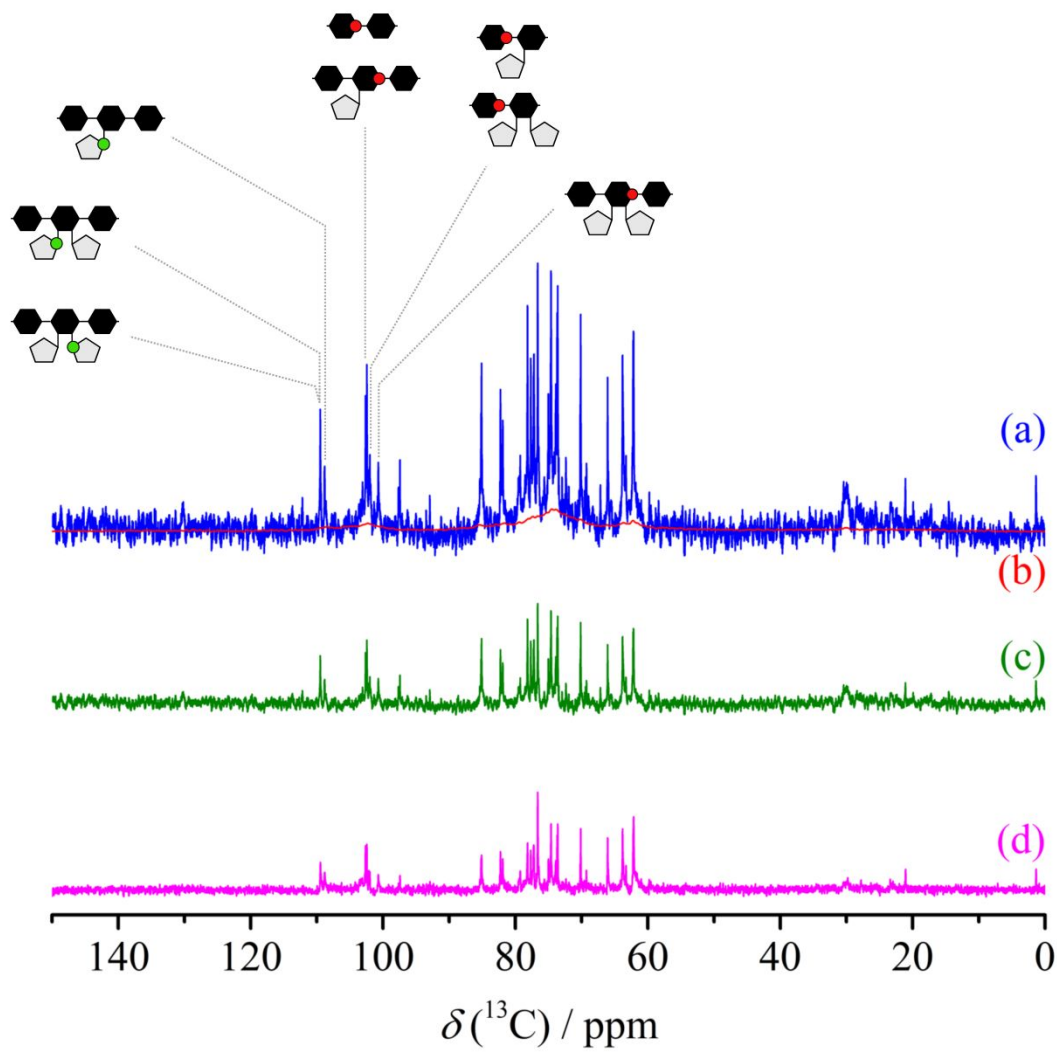
527 *Resonances at δ 70.2 and δ 66.1 ppm were not assigned by Hoffman *et al.*⁴⁸, but have respectively been associated
 528 with C-4 and C-5 of terminal non-reducing Xyl residues in WE-AX by Izydorczyk and Biliaderis⁵⁰ and Sun *et al.*⁵¹.
 529 Furthermore, Vaneeckhaute *et al.*⁵² detected these resonances in AX oligosaccharides, more specifically for the non-
 530 reducing terminal xylose of a xylotriose compound. This raises the question whether low molecular weight AX
 531 fragments could be associated with UCWM components.

532 **FIGURES**533 **Figure 1**

534

535 **Figure 2**

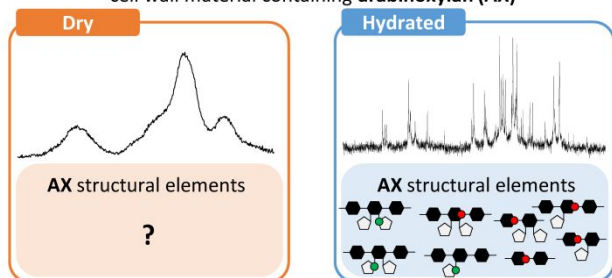
536

537 **Figure 3**

538

539 **GRAPHIC FOR TABLE OF CONTENTS (TOC graphic)**

¹³C solid-state MAS NMR of water-unextractable
cell wall material containing **arabinoxylan (AX)**



540