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2 **Deep Learning Identifies an Inflammatory Clock which Predicts Multimorbidity,**
3 **Immunosenescence, Frailty and Cardiovascular Aging in Humans**
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5 Nazish Sayed^{1,2,3+}, Yingxiang Huang⁴⁺, Khiem Nguyen⁴, Zuzana Krejciova-Rajaniemi⁵, Anissa
6 P. Grawe⁴, Tianxiang Gao^{6,†}, Robert Tibshirani⁷, Trevor Hastie⁷, Ayelet Alpert⁸, Lu Cui⁹,
7 Tatiana Kuznetsova¹⁰, Yael Rosenberg-Hasson¹¹, Rita Ostan¹², Daniela Monti¹³, Benoit
8 Lehallier¹⁴, Shai S. Shen-Orr¹⁵, Holden T. Maecker¹¹, Cornelia L. Dekker^{15,16}, Tony Wyss-
9 Coray^{14,17}, Claudio Franceschi¹⁸, Vladimir Jovic^{5,‡}, François Haddad², José G. Montoya¹⁹, Joseph
10 C. Wu^{2,20}, Mark M. Davis^{1,21}, and David Furman^{1,4,5,22*}

11 ¹Stanford 1000 Immunomes Project, Stanford University School of Medicine, Stanford,
12 California, 94305, USA.

13 ²Stanford Cardiovascular Institute, Stanford University School of Medicine, Stanford, California,
14 94305, USA.

15 ³Department of Surgery, Division of Vascular Surgery, Stanford University School of Medicine,
16 Stanford, California, 94305, USA.

17 ⁴Buck Artificial Intelligence Platform, the Buck Institute for Research on Aging, Novato, CA
18 94945, USA.

19 ⁵Edifice Health Inc., San Mateo, CA 94401, USA

20 ⁶Department of Computer Science, University of North Carolina, Chapel Hill, North Carolina,
21 27599, USA.

22 ⁷Department of Statistics and Department of Biomedical Data Science, Stanford University
23 School of Medicine, Stanford, California, 94305, USA.

24 ⁸ Faculty of Medicine, Technion - Israel Institute of Technology, Haifa, Israel.

25 ⁹Department of Pathology, Stanford University School of Medicine, Stanford, California, 94305,
26 USA.

27 ¹⁰Research Unit Hypertension and Cardiovascular Epidemiology, KU Leuven Department of
28 Cardiovascular Sciences, University of Leuven, Leuven, 3000, Belgium.

29 ¹¹Human Immune Monitoring Center, Institute for Immunity, Transplantation and Infection,
30 Stanford University School of Medicine, Stanford, California, 94305, USA.

31 ¹²Interdepartmental Centre L. Galvani (CIG), Alma Mater Studiorum, University of Bologna,
32 Bologna, 40126, Italy.

33 ¹³Department of Experimental Clinical and Biomedical Sciences, Mario Serio, University of
34 Florence, Florence, 50134, Italy.

35 ¹⁴Department of Neurology and Neurological Sciences, Stanford School of Medicine, Stanford,
36 California, 94305, USA.

37 ¹⁵Division of Pediatric Infectious Diseases, Stanford University School of Medicine, Stanford,
38 California, 94305, USA.

39 ¹⁶Institute for Immunity, Transplantation and Infection, Stanford University School of Medicine,
40 Stanford, California, 94305, USA.

41 ¹⁷Paul F. Glenn Center for Aging Research, Stanford University School of Medicine, Stanford,
42 California, 94305, USA.

43 ¹⁸IRCCS, Institute of Neurological Sciences of Bologna, Bellaria Hospital, Bologna, 40139,
44 Italy.

45 ¹⁹Department of Medicine, Stanford University School of Medicine, Stanford, California, 94305,
46 USA.

47 ²⁰Division of Cardiovascular Medicine, Stanford University School of Medicine, Stanford,
48 California, 94305, USA.

49 ²¹Howard Hughes Medical Institute, Stanford University School of Medicine, Stanford,
50 California, 94305, USA.

51 ²²Austral Institute for Applied Artificial Intelligence, Institute for Research in Translational
52 Medicine (IIMT), Universidad Austral, CONICET, Pilar, Buenos Aires, B1630FHB, Argentina.

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54

55

56 †Present address: Facebook Inc. 1101 Dexter Ave N, Seattle, WA 98109, USA.

57 ‡Present address: Calico Labs. 1170 Veterans Blvd, South San Francisco, CA 94080, USA.

58 +Equal contribution

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70 *Correspondence: David Furman, PhD,

71 E-mail: furmand@stanford.edu; dfurman@buckinstitute.org

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73 **ABSTRACT**

74 While many diseases of aging have been linked to the immunological system, immune metrics
75 with which to identify the most at-risk individuals are lacking. We studied the blood immunome
76 of 1001 individuals aged 8-96 and developed a deep learning method based on patterns of
77 systemic age-related inflammation. The resulting inflammatory clock of aging (iAge)
78 tracked with multiple morbidities, immunosenescence, frailty and cardiovascular aging. We
79 demonstrate that iAge is associated with exceptional longevity in a separate cohort of
80 centenarians. The strongest contributor to this metric was the chemokine CXCL9, which was
81 involved in cardiac aging, adverse cardiac remodeling, and decreased vascular function.
82 Furthermore, aging endothelial cells in human and mice show loss of function, indicators of early
83 cellular senescence and hallmark phenotypes of arterial stiffness, all of which are reversed by
84 silencing CXCL9. In conclusion, we identify a key role of CXCL9 in age-related systemic
85 chronic inflammation and derive a novel metric for age-related multimorbidity that can also be
86 used for early detection of age-related clinical phenotypes.

87

88 **INTRODUCTION**

89 The important role of the immune system in the maintenance of human health and
90 protection against infections has been recognized for over a hundred years. However, it was only
91 in the past few decades that it has become apparent that inflammatory components of the
92 immune system are often chronically elevated in aged individuals and associated with an
93 increased incidence of cancer, cardiovascular disease, neurodegenerative disorders, and others¹⁻³.
94 From these observations, it has been postulated that inflammation plays a critical role in
95 regulating physiological aging^{4,5}. Furthermore, the well-established nine hallmarks of aging⁶; [1]

96 genomic instability, [2] shortening telomere length, [3] epigenetic modifications, [4] loss of
97 proteostasis, [5] deregulated nutrient sensing, [6] mitochondrial dysfunction, [7] cellular
98 senescence, [8] stem cell exhaustion, and [9] altered intracellular communication, have all been
99 shown to be linked to sustained systemic inflammation⁷⁻¹⁶.

100 Contrary to the acute response, which is typically triggered by infection, chronic and
101 systemic inflammation is thought to be triggered by physical, chemical or metabolic stimuli
102 (“sterile” agents) such as those released by damaged cells and environmental insults, generally
103 termed “damage-associated molecular patterns” (DAMPs). This type of inflammation is
104 associated with aging and characterized by being low-grade and persistent, ultimately leading to
105 collateral damage to tissues and organs^{1,17}. Despite the importance of this type of inflammatory
106 reaction, there are currently no standard biomarkers to characterize a chronic inflammatory state,
107 and studies have generally yielded conflicting results^{18,19}.

108 Recent work from our group identified a novel cellular composite metric for immune
109 aging (IMM-AGE) which was strongly associated with all-cause mortality¹⁶. Here, we have
110 extended our studies to focus on soluble immune biomarkers and define the relation between
111 systemic chronic inflammation and disease. We set out to establish a broad survey of immunity
112 in over 1000 individuals (the Stanford 1000 Immunomes Project or Stanford 1KIP), wherein
113 biological samples from 1001 subjects were obtained in the years 2007-2016 and
114 comprehensively measured in a single facility, the Stanford Human Immune Monitoring Center
115 (HIMC). At this center, peripheral blood specimens were processed and analyzed using multiple
116 technological platforms for gene expression, serum cytokine levels, cell subset composition,
117 cellular responses to multiple stimuli, and the seropositivity to cytomegalovirus infection. For

118 902 subjects, a comprehensive health assessment using a 53-feature clinical questionnaire was
119 also obtained.

120 Given the well-established importance of chronic inflammation for many human diseases
121 and the lack of standard measures²⁰, we used deep learning methods on blood immune
122 biomarkers to construct a metric for age-related chronic inflammation (iAge). iAge is able to
123 predict important aging phenotypes and provides novel insights into the mechanisms leading to
124 vascular aging. In addition, this metric was associated with exceptional longevity in an
125 independent cohort of centenarians and with all-cause mortality in the Framingham Heart Study.
126 Last, we demonstrate that the most robust contributor to iAge, the interferon-related chemokine
127 CXCL9, was associated with an upregulation of multiple inflammatory pathway genes,
128 downregulation of proliferation pathways, and endothelial cellular senescence. Moreover,
129 CXCL9 suppressed vascular function in aortic tissue from mice and correlated with subclinical
130 cardiac remodeling and arterial stiffness in a validation study of healthy older adults.

131 Therefore, we have identified a novel soluble protein score for systemic chronic age-
132 related sterile inflammation which tracks with multiple disease phenotypes in multiple cohorts
133 and thus, could be used as a metric to healthy versus unhealthy aging. Our results also
134 demonstrate a new link between inflammatory molecules of the immune system and vascular
135 biology.

136

137 **RESULTS**

138 **Study design of the Stanford 1000 Immunomes Project**

139 During the years 2007 to 2016, blood samples were drawn from ambulatory subjects (N
140 = 1001) (339 males and 662 females) from age 8 to 96 (**Supplementary Figure 1** and

141 **Supplementary Figure 2**) who had been recruited at Stanford University (the Stanford 1000
142 Immunomes Project, or Stanford 1KIP) for a longitudinal study of aging and vaccination^{5, 21-29},
143 and for an independent study of chronic fatigue syndrome³⁰. Only healthy controls were included
144 (see Methods). For all samples of the Stanford 1KIP, deep immune phenotyping was conducted
145 at the Stanford Human Immune Monitoring Center (HIMC), where peripheral blood specimens
146 were processed and analyzed using rigorously standardized procedures³¹. Serum samples were
147 obtained and used for protein content determination (including a total of 50 cytokines,
148 chemokines and growth factors) (N = 1001) and to assess cytomegalovirus status (N = 748), a
149 major determinant of immune system variation^{22, 25}. Peripheral blood mononuclear cells
150 (PBMCs) or whole blood samples were used for the determination of gene expression (N = 397),
151 cellular phenotypes and frequencies (N = 935), and for investigation of *in vitro* cellular responses
152 to a variety of cytokine stimulations (N = 818). Extended clinical report forms were collected
153 from 902/1001 subjects, of which 299 were males and 603 were females (**Supplementary**
154 **Figure 1**). A total of 37 additional older adults (19 centenarians and 18 controls) from Bologna,
155 Italy, were included and screened for serum proteins to derive iAge on these extremely long-
156 lived humans.

157

158 **Deep Learning Analysis of Circulating Immune Biomarkers to Create an Inflammatory** 159 **Clock of Aging**

160 Given the increasingly recognized effect of systemic chronic inflammation in the
161 development of a wide variety of diseases associated with aging, especially in cardiovascular
162 disease^{5, 32}, we set out to construct a metric for age-related chronic inflammation that could
163 summarize an individual's inflammatory burden. This type of inflammation is thought to be a

164 maladaptive response to tissue damage, metabolic dysfunction, and environmental insults^{1, 17}. In
165 contrast to the acute inflammatory response, for which a number of secreted molecules (such as
166 C-reactive protein, IL-1 β , IL-6, and TNF- α) have been validated, for age-related chronic
167 inflammation there is no standard cytokine signature¹⁸⁻²⁰. Thus, we undertook an unbiased
168 approach to compactly represent the non-linear structure of the cytokine network. To do so, we
169 developed a deep learning method called guided auto-encoder (GAE). The final model used
170 consists of a 2 layer fully connected neural network with 5 nodes in each layer. The GAE (see
171 Methods) is a type of deep neural network which utilizes non-linear equations and effectively
172 eliminates the noise and redundancy in the data, yet retaining the most relevant biological
173 information from the circulating immune protein data.

174 To test the robustness and quality of the GAE method, we compared the accuracy of the
175 GAE against other widely used dimensionality reduction methods that use linear equations, such
176 as the Elastic Net, Gradient Boosting Decision Tree (GBDT), and principal component analysis
177 (PCA), as well as those involving non-linear equations, such as plain auto-encoders and neural
178 networks (**Supplementary Figure 3A-C**). We employed 5-fold cross validation and measured
179 the predictive performances of each method on the test set. Overall, the GAE method
180 outperformed other methods in predicting chronological age ($P < 0.05$) with the exception of the
181 classic neural network ($P = 0.54$) (**Supplementary Figure 3B**). The average reconstruction
182 errors on the test set for prediction of age and circulating immune protein data were 15.2 years
183 and 0.26 (normalized), respectively. These results indicate that the phenomenon of low-grade
184 chronic inflammation in aging humans is best modeled using non-linear methods, which take
185 into account the network structure and redundancy in immunological protein biomarkers. This
186 novel metric for chronic inflammation accurately predicts chronological age in the population

187 **(Figure 1A)** using the total inflammatory burden as measured by the level of circulating immune
188 proteins **(Supplementary Figure 4)**.

189

190 **The Inflammatory Clock of Aging (iAge) Predicts Multimorbidity and Frailty**

191 To gain further insights into the effect of age-related chronic inflammation on age-related
192 pathology, we computed a regression analysis between the total number of age-related diseases
193 (multimorbidity) and iAge. Multimorbidity has become the gold standard in aging research since
194 it represents the accumulation of physiological damage in an individual³³. The items analyzed
195 included different diseases of different physiological systems: cancer, cardiovascular,
196 respiratory, gastrointestinal, urologic, neurologic, endocrine-metabolic, musculoskeletal, genital-
197 reproductive and psychiatric dysfunctions. All these disease features were binary. For these
198 analyses, we controlled for age, BMI, sex, CMV (cytomegalovirus) and high cholesterol (also
199 binary category), because of the reported effect of each of these variables in the etiology of age-
200 related pathologies. We observed a significant correlation between iAge and multimorbidity in
201 the older adults in this study (>60 years old) (N = 285, P < 0.001) **(Figure 1B)**. This highlights
202 the key role of iAge in the accumulation of physiological damage during aging.

203 Next, we envisioned an unbiased approach to select predictors of multimorbidity based
204 on the available data for all 902 Stanford subjects while controlling for the age effect. To do so,
205 we used a shrinkage method for variable selection by cross-validation, called the Elastic Net,
206 which has been increasingly used in immunology, aging, and other medical fields over the past
207 years³⁴. We applied differential penalties for each potential predictor such that the machine
208 learning procedure would ‘force’ age to be selected while imposing a stringent penalty to all
209 other features so that the variables selected do not correlate with age **(Supplementary Figure**

210 **5A**). The Mean Absolute Error (MAE) for the prediction of multimorbidity was 0.41
211 **(Supplementary Figure 5B)**. The top features with the largest coefficients include iAge, high
212 cholesterol and BMI **(Supplementary Figure 5C)**. In addition, immune parameters such as total
213 CD8 (+) T cells, plasmablasts, transitional B cells such as IgD+CD27- and IgD-CD27- B cells
214 (negative predictors), effector CD8 (+) T cells, total lymphocytes, monocytes, and central
215 memory T cells (positive predictors) were predictive of multimorbidity **(Supplementary Figure**
216 **5D)**. Collectively, these results show that the inflammatory clock is a metric for overall health
217 linked to multiple diseases associated with aging.

218 To longitudinally assess the importance of iAge in age-related functional deterioration,
219 we calculated iAge in a subgroup of 29 older adults in year 2010 and a frailty score including
220 time-up-and-go³⁵ was measured in 2017 for the same subjects. Using a linear regression model
221 where frailty score in 2017 was regressed onto iAge calculated in 2010 and controlled for
222 chronological age, gender, BMI and CMV status, we found that iAge from 2010 was predictive
223 of frailty score in 2017 ($R^2 = 0.81$, $P < 0.001$). **(Figure 1C)**. Strikingly, the contribution of iAge
224 to the frailty score was significantly stronger than that of calendar age **(Figure 1D)**.

225

226 **Lower Inflammatory Clock index in Centenarians**

227 Next, we explored the relationship between inflammatory age and exceptional longevity.
228 We computed an inflammatory index in an additional cohort of 37 subjects, 18 of which were
229 50-79 years old and 19 centenarians, except for one individual who was 99 years old at the time
230 of blood extraction. To do so, we first ranked both cohorts in terms of their chronological age
231 (cAge) and their iAge. For each subject, we then computed the difference of their rank [cAge]
232 and rank [iAge] and used this difference (iAge index) to stratify subjects into high and low, if
233 they were above or below the population rank mean, respectively. Last, we calculated

234 enrichment for exceptional longevity in the low iAge index group (subjects with most protective
235 phenotypes) by hypergeometric test. 68% (13/19) centenarians were in the low rank group ($P =$
236 0.028) whereas only 31% (6/19) were in the high rank group. In contrary, there were 77%
237 (14/18) of controls in the high rank versus 23% in the low rank group (**Figure 1E**), which
238 indicates that regardless of their chronological age, centenarians have a protective iAge index
239 phenotype. This indicates that iAge is associated with exceptional longevity.

240 To further validate the clinical implication of the iAge score, we leveraged the data from
241 the Framingham Heart Study³⁶, a longitudinal cohort tracking thousands of individuals for
242 decades. Since there were no sufficient proteomics data to directly estimate iAge in the cohort,
243 we derived a gene expression signature of iAge using available data from 397 subjects in our
244 study and performed an enrichment analysis of the derived gene signature on each sample in the
245 Framingham Heart Study (see Methods). We observed that the iAge gene-signature was
246 significantly associated with all-cause mortality following adjustment to multiple covariates
247 associated with mortality, including age, gender, smoking, cholesterol levels, blood pressure,
248 diabetes, and existence of a cardiovascular disease ($P = 0.02$, cox proportional hazard model, $N =$
249 2,290 individuals).

250

251 **The Inflammatory Clock of Aging (iAge) is Correlated with Immunosenescence**

252 Canonical acute inflammation proteins such as C-reactive protein and Interleukin-6 have
253 been associated with immunosenescence in previous studies^{37, 38}, but the relationship with
254 systemic chronic inflammation (SCI) has not yet been established. To investigate this link, we
255 first used the frequency of naïve CD8 (+) T cells, a well-known marker for immunosenescence,
256 and estimated the contribution of iAge after controlling for Age, CMV, and sex by a multiple

257 regression model. Not surprisingly, age was the strongest contributor to changes in naïve CD8
258 (+) T cells followed by iAge, CMV (negative contributors) and sex (frequency of total CD8 (+)
259 T cells in females was 24% vs. 30% in males) (**Figure 2A**).

260 To examine the effect of chronic inflammation in the immune response, we used a
261 multiplex assay of phosphorylated STAT molecules in PBMCs following different stimulations
262 *in vitro*³⁹ to evaluate activated components of the JAK-STAT signaling pathway, which is the
263 foremost signaling mechanism for a wide array of cytokines and growth factors⁴⁰. PBMCs were
264 stimulated *ex vivo* with the cytokines IFN- α , IL-6, IL-10, and IL-2 and subsequently stained with
265 antibodies specific for the phosphorylated forms of STAT proteins. The fold-increase of
266 phospho-STAT1, phospho-STAT3 and phospho-STAT5 were measured in the B cells, total CD4
267 (+) T cells (including CD45RA(+) and CD45RA(-) subsets), total CD8 (+) T cells (including
268 CD45RA(+) and CD45RA(-) subsets), and monocytes of 818 individuals, totaling 96 conditions.
269 We conducted multiple regression analysis controlling age, CMV and sex (see methods).
270 Strikingly, there was a general decrease of the B cell and T cell responses to stimuli and an
271 overall potentiation of monocyte response associated with increasing iAge (combined $P < 10^{-5}$)
272 (**Figure 2B**). These results demonstrate that iAge correlates with an established biomarker of
273 immune senescence (naïve CD8⁺ T cell frequency) and with PBMC signaling characteristics *in*
274 *vitro*.

275

276 **CXCL9 is an Important Component of the Inflammatory Clock**

277 In order to isolate the factors contributing the most to iAge, we computed the most
278 variable jacobians (the first-order partial derivative of iAge). We found both positive and
279 negative contributors to iAge (**Figure 3A**), where the top 15 most variable jacobians were

280 CXCL9, EOTAXIN, Mip-1 α , LEPTIN, IL-1 β , IL-5, IFN- α and IL-4 (positive contributors), and
281 TRAIL, IFN- γ , CXCL1, IL-2, TGF- α , PAI-1 and LIF (negative contributors). Interestingly,
282 canonical markers of acute infection such as IL-6 and TNF- α were not major contributors to
283 iAge, indicating that, except for IL-1 β , infection-driven inflammatory markers of the acute
284 inflammatory response do not contribute to age-related chronic inflammation. Given that the
285 most positive contributor to iAge was CXCL9, we set out to explore the importance of CXCL9
286 and its role in aging. First, we compared CXCL9 levels between different age groups with the
287 one-way ANOVA test, which shows a statistically significant difference ($P < 10^{-15}$) (**Figure 3B**).
288 To better define the age at which CXCL9 commence to rise in the population, we applied the
289 pairwise Tuckey Honest Significant Differences Test and found that only after the age of 60 do
290 we observe a pronounced significant change in the levels of this protein (**Figure 3B**). Finally, in
291 a univariate regression analysis, we found that age positively correlates with CXCL9 ($R^2 = 0.1$,
292 $P < 10^{-16}$) (**Supplementary Figure 6**). Taken together, these results suggest that CXCL9 is an
293 important factor in age-related chronic inflammation.

294

295 **CXCL9 Correlates with Cardiovascular Aging in Otherwise Healthy Adults**

296 In a validation cohort, we strived to verify the results that CXCL9 is an important
297 contributor to aging phenotypes. More importantly, previous research has implicated CXCL9 in
298 cardiovascular aging⁴¹⁻⁴⁴, so we explored its role in cardiovascular aging using the cohort. We
299 conducted a follow-up study in a group of 97 extremely healthy adults (age 25-90 years old)
300 matched for cardiovascular risk factors (including conserved levels of high-sensitivity C-reactive
301 protein) (**Supplementary Table 1**) who were selected from a total of 151 recruited subjects
302 using strict selection criteria (see Methods). In this healthy cohort, inflammation markers were

303 measured using a 48-plex cytokine panel. Only 6 out of 48 circulating immune proteins were
304 significantly correlated with age ($P < 0.05$) and among these, CXCL9 was again the largest
305 contributor to age-related inflammation (**Supplementary Figure 7**), supporting the findings
306 observed in the 1KIP cohort. In addition, IL-11R α , CXCL10, and HGF increased with age, while
307 CXCL1 and LIF decreased (**Supplementary Figure 7**). All these changes were in the same
308 direction to those observed in the 1KIP cohort.

309 Individuals in the validation cohort were subjected to cardiovascular assessment,
310 including pulse wave velocity (PWV) testing, a measure of vascular stiffness, and relative wall
311 thickness (RWT), a surrogate measure of cardiac remodeling (see Methods). We then performed
312 multiple regression hierarchical analysis using the six selected inflammatory markers associated
313 with aging in this cohort and the cardiovascular measurements (PWV and RWT) controlling for
314 age, sex, BMI, heart rate, systolic blood pressure, fasting glucose, and total cholesterol to HDL
315 ratio. At a $P < 0.01$, we found a modest positive correlation ($R = 0.22$) between CXCL9 and the
316 cardiovascular aging PWV and RWT ($R = 0.3$) (**Figure 3C-F**). We also found a negative
317 correlation between LIF and PWV ($R = -0.27$), and RWT ($R = -0.22$).

318 PWV as a measure of arterial stiffness and organ damage is a better predictor of future
319 cardiovascular events and all-cause mortality than conventional measures of CVD risk factors
320 such as age, sex, blood pressure, lipids, BMI, and smoking status^{45, 46}. Recent studies show that
321 as PWV increases, the microvasculature of target organs such as brain and kidney are damaged⁴⁷.
322 Here we show that the biggest contributor to iAge, the chemokine CXCL9 positively correlates
323 with PWV. Therefore, taken together, these results show that subclinical cardiac tissue
324 remodeling and increased arterial stiffness can be found in otherwise healthy individuals with
325 elevated levels of CXCL9 levels and low levels of LIF.

326

327 **CXCL9 Increases with Age in Human Blood Endothelial Progenitor Cells**

328 Long-standing evidence has suggested a role for the endothelium in the etiology of
329 hypertension and arterial stiffness^{48, 49}. More recent work has also shown that advanced signs of
330 cardiovascular aging such as tissue remodeling, and cardiac hypertrophy are often preceded and
331 may be initiated by the malfunctioning of aged endothelia⁵⁰⁻⁵². We explored potential
332 contribution of CXCL9 towards cardiovascular aging through endothelial cells. First, we
333 assessed the levels of CXCL9 in young and old individuals by isolating their blood endothelial
334 progenitor cells (BECs) (**Supplementary Figure 8A**). Quantitative PCR analysis of the BECs
335 from young and old individuals showed a significant increase in CXCL9 levels in old patients
336 when compared to young patients (**Figure 4B**). Importantly, a comprehensive characterization of
337 these BECs from both these cohorts showed impairment of endothelial function in old
338 individuals when compared to young. To measure endothelial function, we examined the ECs
339 ability to form networks of tubular structures^{53, 54}, produce nitric oxide (NO)⁵⁵, and incorporate
340 acetylated low-density lipoprotein (Ac-LDL)⁵⁶; together, the assays robustly assess the health of
341 the endothelial cells. Comparing ECs from old and young individuals, we found that BECs from
342 old patients showed reduced capacity to form networks of tubular structures (**Supplementary**
343 **Figure 8B** and **Figure 4B**), reduced capacity to produce NO (**Figure 4C**), and a reduced
344 capacity to incorporate Ac-LDL (**Figure 4D**).

345 Similar experiment was conducted in mice. Aortas from young (3-4 month) and old mice
346 (2 yr.) were excised, digested and cultured in EC medium (**Supplementary Figure 8C**). Once
347 confluent, ECs from both young and old mice were assessed for CXCL9 expression and
348 function. As expected, ECs isolated from old mice showed higher levels of CXCL9

349 **(Supplementary Figure 8D)**, while at the same time showed impaired EC function as evident
350 by decreased tube formation **(Supplementary Figure 8E-F)**. These results demonstrate a
351 concomitant increase in CXCL9 in the endothelia and EC dysfunction associated with aging both
352 in humans and mice.

353

354 **Inhibition of CXCL9 Rescues Endothelial Cell Dysfunction**

355 Next, we investigated how the increased in CXCL9 in older ECs is related to endothelial
356 dysfunction. In these experiment, we used a well-established model for endothelial aging^{57, 58} by
357 generating human induced pluripotent stem cells (hiPSCs) from fibroblasts obtained from 5
358 independent donors⁵⁹, and subsequently differentiated them into endothelial cells (hiPSC-ECs)⁶⁰.
359 The CXCL9 receptor, G α_i protein-coupled protein CXCR3, was expressed in endothelial cells
360 but not in cardiomyocytes **(Supplementary Figure 10)**. We used lentiviral infection of CXCL9
361 sequence-specific short hairpin RNA to knockdown expression of CXCL9 in hiPSCs (CXCL9-
362 KD). As a control, we also infected hiPSCs with nonsense-sequence shRNA (Scramble), and
363 subsequently, both cultures were differentiated to ECs. CXCL9 expression, as analyzed by
364 qPCR, was reduced by ~75% in CXCL9-KD hiPSC-ECs compared to Scramble hiPSC-ECs (not
365 shown). CXCL9-KD and Scramble hiPSC-ECs were serially cultured to passage 8 in a time-
366 course experiment to mimic cellular aging.

367 We then investigated the functional impact of increased inflammation and decreased
368 proliferation in endothelial aged cells in a model for angiogenesis by measuring endothelial cell
369 capacity to form networks of tubular structures⁵⁴, the production of NO, and uptake of Ac-LDL.
370 iPSC-ECs at passage 8 showed significantly impaired tube formation when compared to early
371 passages of iPSC-ECs including passage 0 and 2. As early as passage 4, endothelial cells lose

372 their capacity to form tubes, which can be partially restored when CXCL9 is knocked-down
373 (**Figure 4E** and **Supplementary Figure 11**). Next, we assessed the capacity of these early or
374 late passaged iPSC-ECs to produce NO or uptake acetylated LDL. As seen in **Figure 4F** and **G**,
375 it can be clearly observed that late passaged iPSC-ECs fail to produce NO in response to
376 acetylcholine or uptake Ac-LDL, respectively, when compared to early passages of iPSC-ECs.
377 Importantly, the knockdown of CXCL9 (CXCL9-KD) in iPSC-ECs rescued the EC dysfunction
378 in late passages of iPSC-ECs (P6 and P8), suggesting an important role of CXCL9 and EC
379 phenotype. It is also noteworthy that when comparing tube formation, NO production, and
380 uptake of Ac-LDL in Scramble at passage 0 vs. CXCL9 at passage 8, there are statistical
381 significance in all three metrics ($P < 0.01$). This suggests that while the knock down of CXCL9
382 rescues endothelial dysfunctions by passage 8, it cannot restore ECs' function completely to the
383 level of healthy ECs at passage 0. Altogether, these results are consistent with previous findings
384 that show age-dependent endothelial dysfunction, fewer T cells, and impaired vasodilation with
385 advanced age in animal models and that angiogenesis requires the migration and proliferation of
386 endothelial cells⁶¹. Taken together these results demonstrate that CXCL9 has a profound effect
387 and thus a new role for this chemokine in angiogenesis and endothelial cell function during
388 cardiovascular aging.

389

390 **CXCL9 Governs Inflammation and Proliferation Pathways in Aged Endothelium**

391 In the time-course experiment where CXCL9-KD and Scramble hiPSC-ECs were serially
392 cultured to passage 8, RNA was also extracted at every other passage for bulk RNA-seq
393 transcriptome analysis (see Methods). We observed a time-dependent increase in CXCL9
394 transcript levels up to ~4-fold at passage 8 compared to cells obtained from cultures at day 0, and

395 a substantial reduction of CXCL9 expression in CXCL9-KD hiPSC-ECs (**Figure 5A**). Fast Gene
396 Set Enrichment Analysis (FGSEA) pathway enrichment analysis in aged cells revealed an
397 upregulation of genes in hallmark inflammatory pathways and downregulation of genes in
398 hallmark cell proliferation pathways (**Figure 5B**). This profile is indicative of an early cellular
399 senescence phenotype⁶²⁻⁶⁶. CXCL9-KD showed a complete reversal of this early cellular
400 senescence phenotype with upregulation of proliferative pathways and downregulation of
401 inflammatory pathways when compared to Scramble hiPSC-ECs (**Figure 5C-E**). Examples of
402 these inflammatory and proliferation hallmark pathways include the IFN- γ response and E2F
403 Targets, respectively (**Figure 5D** (Scramble), **Figure 5E** (CXCL9-KD)). Such functional impact
404 of increased inflammation and decreased proliferation in endothelial aged cells could contribute
405 to the impaired tube formation and endothelial dysfunction observed in the experiments
406 described previously.

407

408 **CXCL9 Impairs Vascular Function and Contributes to Arterial Stiffness**

409 To further explore CXCL9's role in cardiovascular aging in our *in vitro* endothelial cell
410 aging model, we focused on the molecules that are related to a surrogate of cardiovascular risk,
411 arterial stiffness. Endothelial cell dysfunction has been shown to strongly affect arterial stiffness
412 via cellular adhesion molecules (CAMs), matrix metalloproteinases (MMPs), and collagen
413 molecules (COLs)⁶⁷. Collagen deposits during inflammation-driven fibrosis lead to a reduced
414 structural compliance and flexibility^{67, 68} and extracellular matrix components of the vasculature
415 are regulated by MMPs and their upregulation is a sign of disease⁶⁹. Increased vascular stiffness
416 also occurs directly via MMPs, which contribute to endothelial dysfunction by depressing
417 endothelial flow-mediated dilation, worsening the response to vascular injury, affecting

418 angiogenesis, and promoting atherosclerotic plaque formation⁷⁰. Finally, cellular adhesion
419 molecules are integral to the migration of leukocytes to the point of inflammation⁷¹. Given the
420 role of CAMs, MMPs, and COLs in endothelial dysfunction, we compared their gene expression
421 of Scramble hiPSC-ECs at passage 0 vs. passage 8. We found a substantial up-regulation of
422 CAM, MMP, and COL genes related to arterial stiffness at passage 8 (**Figure 6A**). Except for
423 most COL genes, this vascular stiffness gene profile is reversed in CXCL9-KD cells, which
424 suggests that silencing of this single gene can restore endothelial cell phenotype (**Figure 6B**).

425 Since the genes related to arterial stiffness are upregulated in Scramble passage 8 but
426 their expressions are largely attenuated in CXCL9-KD, we hypothesized that there might be a
427 causal effect between arterial stiffness and increase expression of CXCL9. To test this, we
428 incubated mouse thoracic aortic sections with increasing concentrations of recombinant mouse
429 CXCL9 and assessed cellular contractility by incubating vessels with the prostaglandin agonist
430 U46619 and measuring relaxation curves by isometric myography⁷². As shown in **Figure 6C**, a
431 dose-dependent effect of CXCL9 is observed on vasorelaxation in treated aortas versus controls,
432 which validates our findings of the effect of CXCL9 on the arterial stiffness gene expression
433 phenotypes. The same experiment was conducted in young vs. old mice using only one dose of
434 CXCL9 (1ng/ml). As seen in **Figure 6D**, aortic rings excised from old mice showed impaired
435 vascular relaxation when compared to young mice in response to acetylcholine. However, aortic
436 rings from both young and old mice when incubated with CXCL9 exhibited impaired vascular
437 relaxation. These results demonstrate a central role for CXCL9 in vascular dysfunction, and thus
438 likely contributes to arterial stiffness and premature aging *in vivo*.

439

440 **Age-related Elevation in CXCL9 Leads to Endothelial Cell Senescence**

441 The lack of angiogenesis, impaired production of NO, and dysfunctional uptake of Ac-
442 LDL indirectly suggested a cellular senescence phenotype that could be rescued by knocking
443 down CXCL9 as iPSC-EC is passaged. To directly explore the role of CXCL9 in cellular
444 senescence, we assessed the proliferation rate and cellular senescence markers in scramble and
445 CXCL9-KD iPSC-ECs at different passages. First, we assessed the kinetic profile of iPSC-ECs
446 from scramble and CXCL9-KD cells every 24 hrs. for up to 4 days. Briefly, equal number of
447 scramble and CXCL9-KD iPSC-ECs from passage 0 and passage 8 were seeded in a 96-well
448 plate and cells were quantified using Cytation 5 cell imaging multi-mode reader where individual
449 cells were counted every 24 hrs. by imaging 4',6-diamidino-2-phenylindole (DAPI)-positive
450 cells. As seen in **Figure 7A**, the kinetic profile of iPSC-EC proliferation over four days showed a
451 significant increase in the proliferation rate in P0 iPSC-ECs when compared to P8 iPSC-ECs.
452 Importantly, when CXCL9 was inhibited in P8 iPSC-ECs (CXCL9-KD), the proliferation rate
453 showed a significant increase when compared to Scramble-treated cells.

454 Next, we assessed the senescence-associated β -galactosidase (SA- β -gal) activity in
455 Scramble or CXCL9-KD iPSC-ECs at different passages to determine the cellular senescence in
456 these cells. Cell lysates were collected, and SA- β -gal activity measured using a fluorometric
457 substrate. Fluorescence was measured at 360 nm (excitation) / 465 nm (emission). As expected,
458 Scramble iPSC-ECs showed an increase in SA- β -gal activity with every passage from P0 to P8,
459 suggesting an increase in cellular senescence. However, CXCL9-KD iPSC-ECs showed a
460 significant decrease in their SA- β -gal activity at later passages when compared to scramble,
461 suggesting a direct link between CXCL9 expression and cellular senescence (**Figure 7B**).

462 Finally, we examined the capacity of Scramble and CXCL9-KD iPSC-ECs to form
463 capillaries *in vivo* when injected subcutaneously in immunodeficient mice⁷³. Early and late

464 passaged iPSC-ECs from both scramble and CXCL9-KD groups were placed in matrigel and
465 injected subcutaneously into the lower abdominal region of SCID mice. Following 2 weeks,
466 these matrigel plugs were excised, fixed and stained for human CD31. As seen in **Figure 7C**,
467 immunohistochemical images showed formation of capillaries in Scramble and CXCL9-KD
468 iPSC-ECs at passage 0, however passage 8 (late passaged) Scramble iPSC-ECs failed to show
469 sprouting *in vivo* (**Figure 7C-D**). In contrast, passage 8 CXCL9-KD iPSC-ECs showed
470 significantly improved *in vivo* angiogenesis, suggesting an important role of CXCL9 in EC
471 senescence.

472

473 **DISCUSSION**

474

475 In this study, we conducted extensive immune monitoring in a large cohort of 1001
476 subjects to identify immune biomarkers of aging and developed reference values for age-related
477 chronic inflammation. We used artificial intelligence to create a compact representation of these
478 biomarkers and derived an “inflammatory clock” of aging, which takes into account the non-
479 linear relationship and redundancy of the cytokine network. This novel metric tracked with
480 multiple aging phenotypes in the general population and thus, it has strong potential for
481 translational medicine, as it could be used as a diagnostic tool for identifying those at risk for
482 both non-communicable and infectious diseases.

483 Our non-linear GAE method was optimal for the identification of iAge and its
484 contributors. As other deep learning methods GAE is capable of capturing complex relationships
485 between analytes. Similar methods striving to extract signatures of aging have been described in
486 different systems ranging from genome-wide association studies (GWAS) to proteomics. We
487 summarize a few notable aging clocks in **Supplementary Table 3**. In brief, an epigenetic clock

488 using markers measuring DNA methylations on CpG sites have been used to calculate an
489 epigenetic age that were able to predict all-cause mortality^{74, 75}. It has also been associated with
490 age-related diseases such as frailty, Alzheimer's Disease, Parkinson's Disease, cancer. Other
491 clocks such as transcriptomic and microRNA clocks have also shown to successfully capture
492 aspects of the aging process that are different from epigenetic clocks. Instead of associated with
493 all-cause mortality or disease, transcriptomic clocks are associated with IL-6, albumin, lipids,
494 and glucose levels⁷⁶. There have also been attempts to derive proteomics clocks and
495 metabolomic clocks⁷⁷⁻⁸² of clinical relevance; but iAge allows for new discoveries in the immune
496 system. iAge derived from immunological cytokines gives us an insight into the salient cytokines
497 that are related to aging and disease. An important difference compared with other clocks is that
498 iAge is clearly actionable as shown by our experiments in CXCL9 where we can reverse aging
499 phenotypes. More practical approaches range from altering person's exposomes (lifestyle) and or
500 the use of interventions to target CXCL9 and other important biomarkers described here.

501 Recent advancements in deep learning beyond traditional machine learning methods has
502 provided enormous opportunities to model biological age. Some of the most popular deep
503 learning architectures used to estimate biological age have been recurrent neural networks
504 (RNN), convolutional neural networks (CNN), generative adversarial networks (GAN), and deep
505 artificial neural networks (ANN). RNNs have been used on face attributes and physical activities
506 to estimate biological age.⁸³ Although the modality is not in the realm of biological markers,
507 RNNs have potential to garner results in biological data that requires positional relationships like
508 epigenetic age. CNNs and GANs have both been used to abstract facial attributes to predict
509 chronological age.^{84, 85} GANs and CNNs are exceptional in abstracting images to distill useful
510 information. Future applications of GANs and CNNs can be applied in other biological images

511 such as MRIs. However, for now, these models have been proof of concepts that they can
512 accurately estimate chronological age. They might not necessarily predict the health or life span
513 of individuals. The deep learning models that have been applied to modality used in this paper
514 are the deep artificial neural networks. ANNs have been applied to blood biochemistry markers
515 and cell counts to derive biological age.^{86, 87} The results showed that such clocks were able to
516 predict for all-cause mortality, potentially finding novel biomarkers to intervene and steer
517 individuals toward a healthier life.

518 Some of the limitations of biological clocks in general is that these do not directly
519 provide the mechanism by which they work. Whereas it is possible to infer causality between
520 aging and molecular biomarkers especially in the context of longitudinal or time-series data,
521 individual biomarkers selected from biological aging clock need to be experimentally tested to
522 elucidate the underlying mechanism as we have done in this study. Our guided autoencoder
523 (GAE) algorithm, a deep learning method that efficiently deals with the network structure and
524 non-linear behavior of the inflammatory response can extract high-level complex abstractions as
525 ‘data representations’ using non-linear functions and it is well-suited for the analysis of complex
526 systems where most behaviors are non-linear, context-dependent and organized in a distributed
527 hierarchical fashion⁸⁸. In our case, this method outperformed other commonly used linear-
528 modeling methods such as the elastic net and PCA, and also other non-linear approaches such as
529 plain autoencoder⁸⁹ (**Supplementary Figure 3B**). The correlation between age and iAge was
530 0.78 ($P < 10^{-16}$) (**Figure 1A**), which is lower than that of the recently reported ‘proteomic age’
531 metric ($R = 0.92$)⁹⁰. However, in contrast with proteomic age, which did not report disease
532 associations, we find that iAge tracks with multiple diseases and immunosenescence. In
533 particular, we find a strong association between high chronic inflammation and poor acute *ex*

534 *in vivo* immune responses, which is consistent with previous reports showing that high levels of
535 baseline inflammatory markers correlate with weaker responses to hepatitis B and herpes zoster
536 vaccine formulations^{15, 91}. Similarly, chronic inflammation was, at least in part, responsible for a
537 reduced JAK-STAT response to cytokine stimulations in various leukocyte populations in our
538 previous studies of aging²⁸. Despite the proven utility of the cytokine stimulation assays used in
539 our study with respect to an individual's overall immune competence versus immune
540 senescence^{5, 24, 25}, a limitation of the assay relates to the stimuli used here which may not
541 completely mirror the physiological stimuli that act on specific immune cell subsets *in vivo*. For
542 example, while the stimuli we used strongly activate the memory compartment of bulk CD8 (+)
543 and CD4 (+) T cells, these act relatively weakly on naïve T cells. Additional cell subsets that are
544 poorly activated by the cytokines used in our study are Th1 CD4 (+) T cells, which can be
545 activated by IL-12 and IL-18, or Th17 CD4 (+) T cells, which respond to other cytokine
546 stimulations such as IL-1 β or IL-18 in concert with IL-23 to produce Th17 associated cytokines.

547 Recent findings from our group^{28, 16} placed the immune system in the center of aging
548 phenotypes. Similar to our previous findings on the cytokine response score for diastolic
549 dysfunction and atherosclerotic burden²⁸, our inflammatory clock metric specifically hones in on
550 the crucial role that the immune system and systemic chronic inflammation play in the
551 accumulation of diseases of aging, with a focus on cardiovascular aging. Unlike other metrics of
552 'biological' age which do not offer a clinically relevant metric⁹² we demonstrate that iAge
553 predicts multimorbidity, and therefore can be used as a biological surrogate of age-related health
554 vs. disease. iAge is directly associated with multiple disease phenotypes including cardiovascular
555 aging, frailty, immune decline and exceptional longevity. In our recent work¹⁶, we combined
556 cellular phenotypes to describe subject- and population-level immune aging phenotypes (IMM-

557 AGE) which correlated with iAge. This suggests that future research should leverage both
558 immune-age scores to propose a unified metric that reflects multiple aspects of immune aging,
559 thus potentially providing a better clinical predictive value.

560 A major contributor to the inflammatory clock, CXCL9, was validated as an indicator of
561 cardiovascular pathology independent of age. CXCL9 is a T-cell chemoattractant induced
562 by IFN- γ and mostly produced by neutrophils, macrophages, and endothelial cells. Despite prior
563 data showing that CXCL9 and other CXCR3 ligands are significantly elevated in hypertension
564 and in patients with left ventricular dysfunction⁴¹, we find that CXCL9 is mainly produced by
565 aged endothelium and predicts subclinical levels of cardiovascular aging in nominally healthy
566 individuals. CXCL9 has previously been associated with aging in different aspects. Specific
567 association studies of human serum cytokine levels have found CXCL9 to increase with age⁹³⁻⁹⁶.
568 Other studies exploring certain areas of the human body such as aqueous humor has also found
569 an increase in CXCL9 in older populations⁹⁷. Human serum gene expression level and gene
570 expression level in rat pancreatic islets have also been shown to increase with age^{90,98}. Studies
571 exploring serum cytokine levels in diseases comparing old and young populations have also been
572 conducted. CXCL9 display an age-dependent profile in Chagas disease⁹⁹ and Atopic
573 dermatitis¹⁰⁰. It has also been shown to be associated with fall in older population¹⁰¹. Similarly,
574 in mouse model, CXCL9 response to bacterial stimulation at old age is attenuated¹⁰². At least
575 two sources of CXCL9-mediated inflammation can ensue with aging based on our findings; one
576 that is age-intrinsic and observed in aging endothelial cells, and one independent of age (likely as
577 a response to cumulative exposure to environmental insults) and found in the validation cohort of
578 97 apparently healthy adults. Interestingly, we did not find any significant correlation between
579 known disease risk factors reported in the study (BMI, smoking, dyslipidemia) and the levels of

580 CXCL9 gene or protein expression. We thus hypothesize that one root cause of CXCL9
581 overproduction is cellular aging *per-se*, which can trigger metabolic dysfunction - as shown in
582 many previous studies of aging - with production of damage-associated molecular patterns
583 (DAMPs). Examples of these include adenosine, adenine and N4-acetylcytidine as demonstrated
584 in our previous longitudinal studies of aging⁵. These DAMPs can then act through the
585 inflammasome machinery, such as NLRC4, to regulate multiple inflammatory signals including
586 IL-1 β and CXCL9¹⁰³.

587 Our data also place the endothelium as a central player in cardiovascular aging in
588 agreement with a previous study that showed that cardiac hypertrophy is mostly driven with
589 endothelial dysfunction¹⁰⁴. They also suggest that endothelial cells may be one source of
590 inflammation, but it is also possible that cardiomyocytes play a role since in models of acute
591 myocardial infarction there is activation of the inflammasome NLRP3 in these cells¹⁰⁵. Last, the
592 hypertrophic response may also be affected by the adaptive immune response as was suggested
593 both in non-ischemic heart failure (HF) patients and in mice with HF induced by transverse
594 aortic constriction (TAC), where T cells exhibited enhanced adhesion to activated vascular
595 endothelium. Moreover, T cell-deficient mice (TCR α (-/-)) subjected to the TAC method had
596 preserved left ventricular (LV) systolic and diastolic function, reduced LV fibrosis, hypertrophy
597 and inflammation, and improved survival compared with wild-type mice which demonstrates
598 that the adaptive immune system is also involved in the progression to severe cardiovascular
599 aging phenotypes¹⁰⁶.

600 Since endothelial cells but not cardiomyocytes expressed the CXCL9 receptor, CXCR3
601 (**Supplementary Figure 10**), we hypothesize that this chemokine acts both in a paracrine
602 fashion (when it is produced by macrophages to attract T cells to the site of injury) and in an

603 autocrine fashion (when it is produced by the endothelium) creating a positive feedback loop. In
604 this model, increasing doses of CXCL9 and expression of its receptor in these cells leads to
605 cumulative deterioration of endothelial function in aging. Moreover, the silencing of CXCL9 in
606 endothelial cells resulted in a reversal of the high inflammation/low proliferation early
607 senescence phenotype, which suggests by tackling CXCL9 it may be possible to delay the onset
608 of endothelial cell senescence. It is also interesting to note that IFN- γ , a direct agonist to
609 CXCL9, did not increase in expression in our cellular aging RNA-seq experiment, suggesting
610 that there are triggers of CXCL9 (other than IFN- γ) which play a role in cellular senescence in
611 the endothelium, that are currently unknown. However, in our 1KIP study, IFN- γ was in fact the
612 second most important *negative* contributor to iAge, which could be explained by the cell
613 priming effect of cytokines, where the effect of a first cytokine alters the response to a different
614 one¹⁰⁷⁻¹⁰⁹. In a more recent and refined version of this model (the high baseline-low output model
615 for chronic inflammation and the acute response) we show that sustained levels of inflammatory
616 mediators lead to a non-functional constitutive phosphorylation of signaling pathways with
617 saturation of phosphorylation sites in signaling proteins (such as the JAK-STAT system), which
618 results in a lowered delta phosphorylation in response to acute stimuli and subsequent
619 dampening of the immune response to infections or vaccination²⁸.

620 In conclusion, by applying artificial intelligence methods to deep immune monitoring of
621 human blood we generate an inflammatory clock of aging, which can be used as a companion
622 diagnostic to inform physicians about patient's inflammatory burden and overall health status,
623 especially those with chronic diseases. Furthermore, our immune metric for human health can
624 identify within healthy older adults with no clinical or laboratory evidence of cardiovascular
625 disease, those at risk for early cardiovascular aging. Lastly, we demonstrate that CXCL9 is a

626 master regulator of vascular function and cellular senescence, which indicates that therapies
627 targeting CXCL9 could be used to prevent age-related deterioration of the vascular system, and
628 likely of other physiological systems as well.

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632

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642

643 **DISCLOSURES**

644 David Furman and Mark M Davis are co-founders of Edifice Health Inc., a company that utilizes
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646

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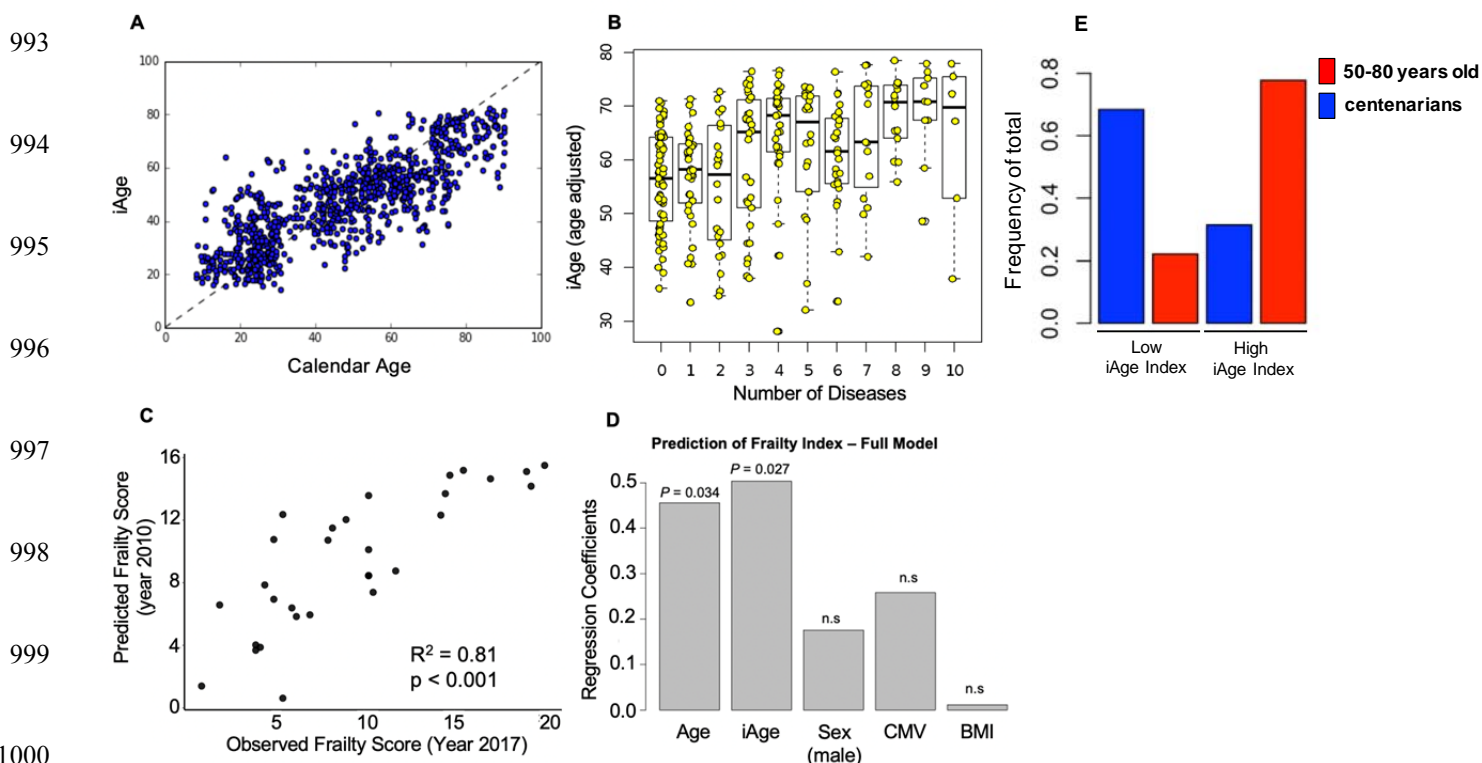
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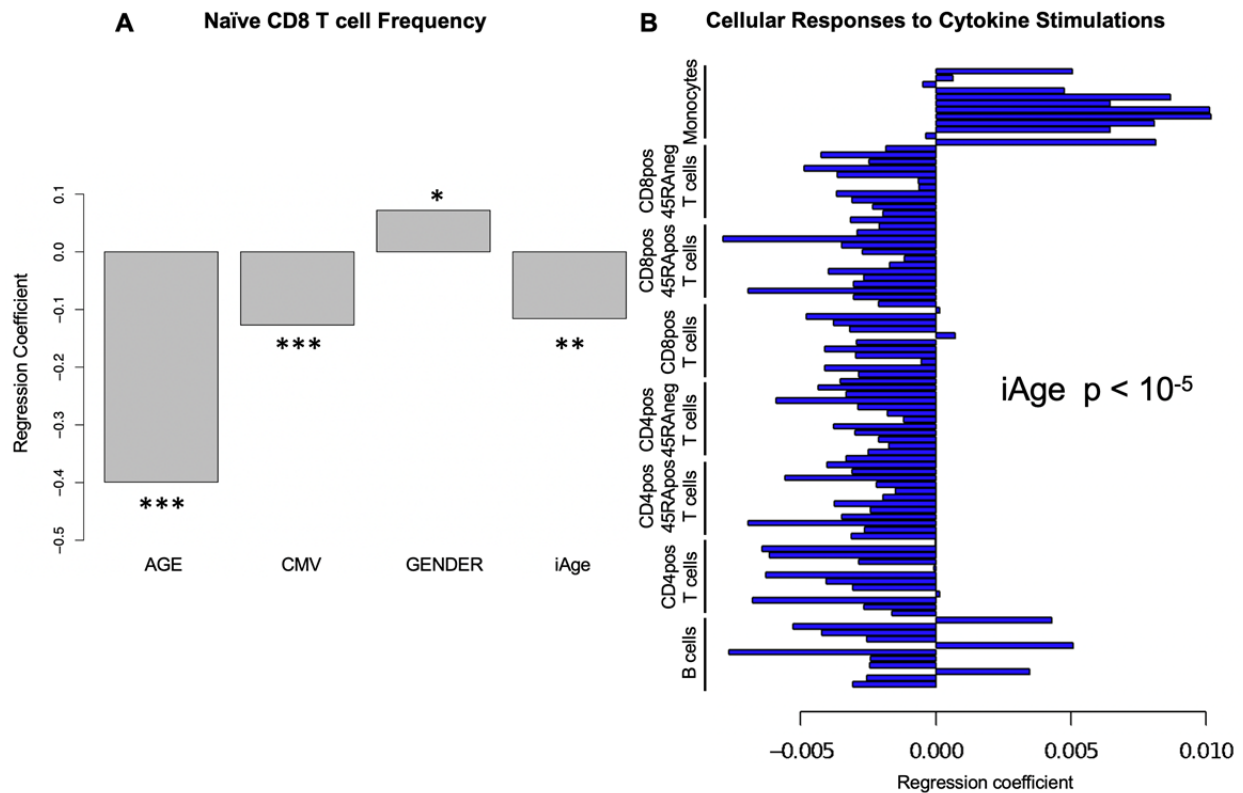
992 **Figure 1**



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1003 **Figure 1. The inflammatory clock of aging tracks with multimorbidity, frailty and**
1004 **exceptional longevity.** Using a guided auto-encoder method on 50 circulating immune proteins,
1005 we derived inflammatory clock of aging (iAge) which predicts chronological age (**A**). Ten age-
1006 related disease items were selected to characterize the clinical significance of iAge. The items
1007 analyzed included different diseases and physiological systems: cancer, cardiovascular,
1008 respiratory, gastrointestinal, urologic, neurologic, endocrine-metabolic, musculoskeletal, genital-
1009 reproductive and psychiatric. All these disease features were binary. After adjusting for co-
1010 variates, iAge is significantly correlated with multimorbidity in the older population analyzed
1011 (>60 years old, N = 285) (**B**). For a subset of older adults (N = 29), frailty was assessed in 2017
1012 using a modified frailty score (see Methods). iAge measured in year 2010 predicts the frailty
1013 score 7 years in advance (**C**) and better than calendar age ($p < 0.05$ by likelihood ratio test for
1014 model comparison) (**D**). Comparison of the iAge index (rank cAge minus rank iAge) was
1015 computed between a group of older adults (N = 18, age range 50-79 years old) and centenarian
1016 subjects (N = 19, age range 99- 107). Centenarians were over-represented in subjects with low
1017 iAge index (protective phenotype) whereas the control older adults' group were over-represented
1018 in subjects with high iAge index(**E**).

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1020 **Figure 2**



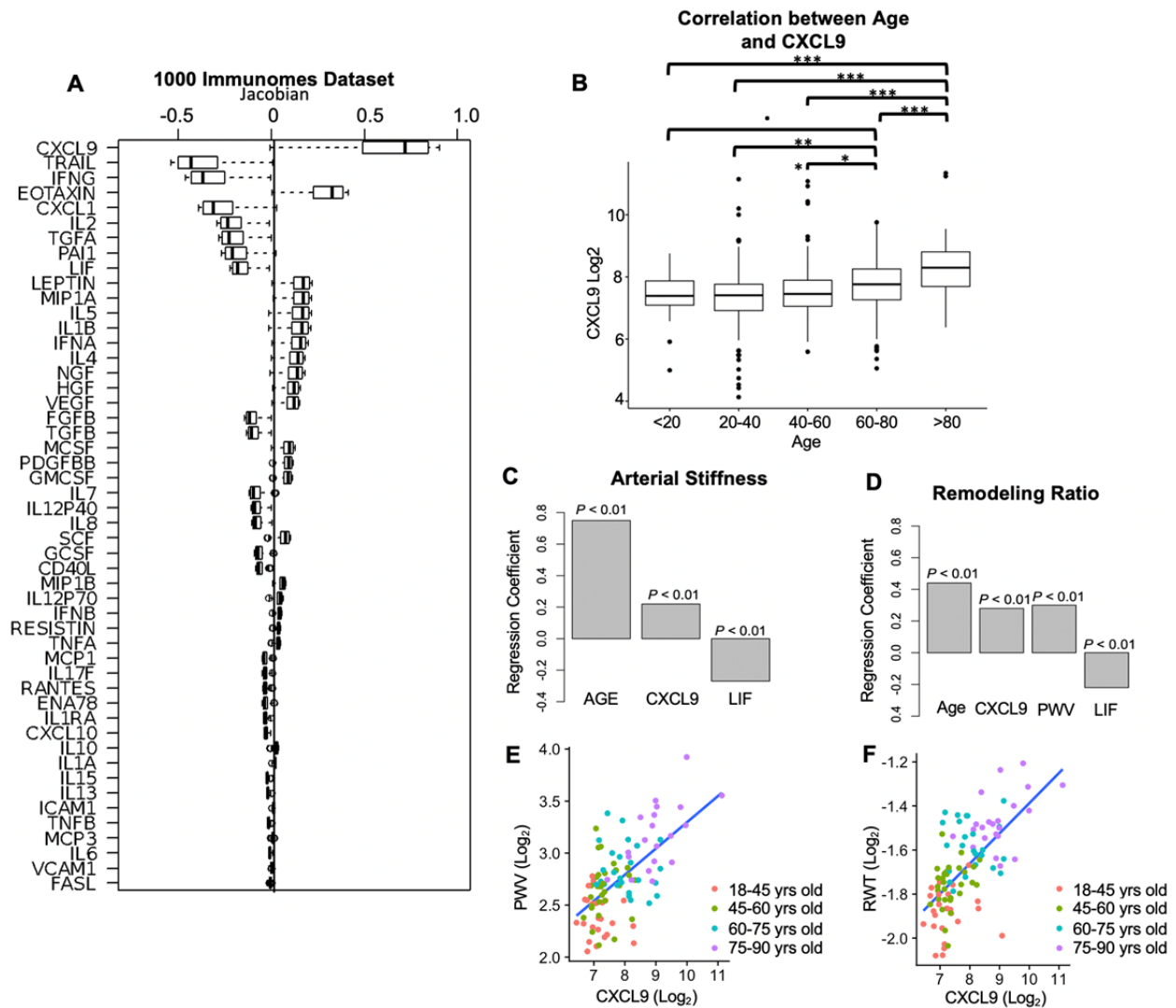
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1022 **Figure 2. The inflammatory clock of aging correlates with immunosenescence.** A hallmark
1023 of immunosenescence (naïve CD8 (+) T cells) was used to examine the potential contribution of
1024 iAge to this condition. In a multiple regression model, iAge was significantly correlated with the
1025 frequency of naïve CD8 (+) T cells to a similar extent to CMV positivity (A). Chronological age
1026 was the strongest contributor ($P < 10^{-15}$), followed by CMV ($P < 10^{-5}$), iAge ($P < 10^{-3}$) and
1027 gender ($P = 0.012$). Significance codes: ‘***’: <0.001 ‘**’: <0.01 ‘*’: <0.05 . The activation of
1028 multiple pathways was measured using the phospho-flow method in B cells, CD4 (+) T cells (the
1029 CD45RA (+) and CD45RA (-) subsets), CD8 (+) T cells (the CD45RA (+) and CD45RA (-)
1030 subsets) and in monocytes. The assay performed correspond to phospho-flow whereby peripheral
1031 blood mononuclear cells are plated *ex vivo* and activated with a variety of cytokine stimuli to
1032 measure phosphorylation event in STAT proteins (specifically STAT1, STAT3 and 5). iAge is
1033 consistently negatively correlated with B cell and T cell responses to cytokine stimuli and
1034 positively correlated with monocyte responses (B) ($P < 10^{-5}$ by self-contained test of modified
1035 Fisher’s combined probability).

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1037 **Figure 3**

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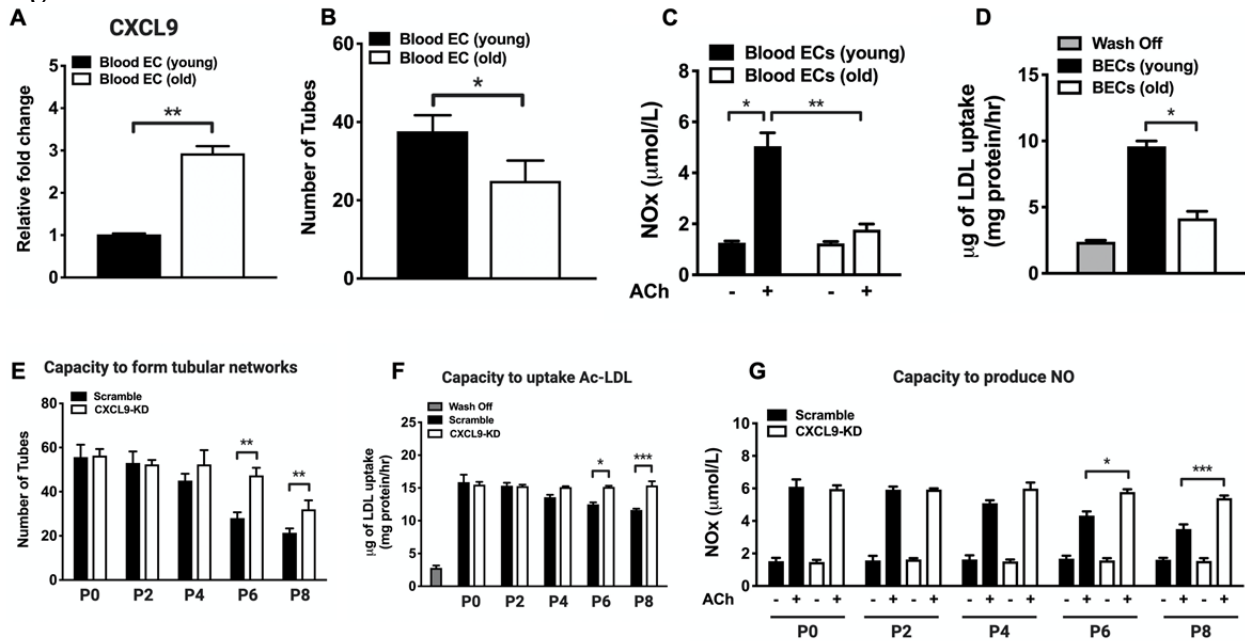
1041 **Figure 3. CXCL9 is a major contributor to iAge.** The decomposition of the inflammatory
1042 score was conducted by estimating the most variable jacobians (first-order partial derivative of
1043 the inflammatory clock) (A). Both positive and negative contributors to the inflammatory clock
1044 are observed. The top 15 most variable jacobians are CXCL9, EOTAXIN, Mip-1 α , LEPTIN, IL-
1045 1 β , IL-5, IFN- α and IL-4 (positive contributors), and TRAIL, IFN- γ , CXCL1, IL-2, TGF- α , PAI-
1046 1 and LIF (negative contributors). Significant differences in the levels of CXCL9 were observed
1047 between age groups ($P < 0.001$, by one-way ANOVA test) (B). The pairwise differences between
1048 groups were evaluated with the Tukey Honest Significant Differences Test. Significant
1049 differences were shown for older age groups (60-80yrs and >80yrs) and younger age groups
1050 (<20yrs, 20-40yrs, 40-60yrs). Significance codes: ‘***’: <0.001 ‘**’: <0.01 ‘*’: <0.05 ‘.’: <0.1.
1051 (B) In a validation study, 97 healthy adults (aged 25-90) well matched for cardiovascular risk

1052 factors, were selected from a total of 151 recruited subjects. Cardiovascular age was estimated
1053 using aortic pulse wave velocity (PWV), a measure of vascular stiffness and relative wall
1054 thickness (RWT), a measure of ventricular remodeling. After adjusting for age, sex, BMI, heart
1055 rate, systolic blood pressure, fasting glucose and total cholesterol to HDL ratio, positive
1056 correlations were obtained between CXCL9 and PWV ($R = 0.22$) and RWT ($R = 0.3$) ($P < 0.01$),
1057 and negative correlations were observed between LIF and PWV ($R = -0.27$), and RWT ($R = -$
1058 0.22) (**C** and **D**, respectively). Direct comparisons between CXCL9 and these two cardiovascular
1059 aging phenotypes (PWV and RWT) are depicted (**E** and **F**, respectively). No other variable
1060 included in the models had high co-linearity as suggested by variance inflation factors (VIF) < 3
1061 for each factor.

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Figure 4



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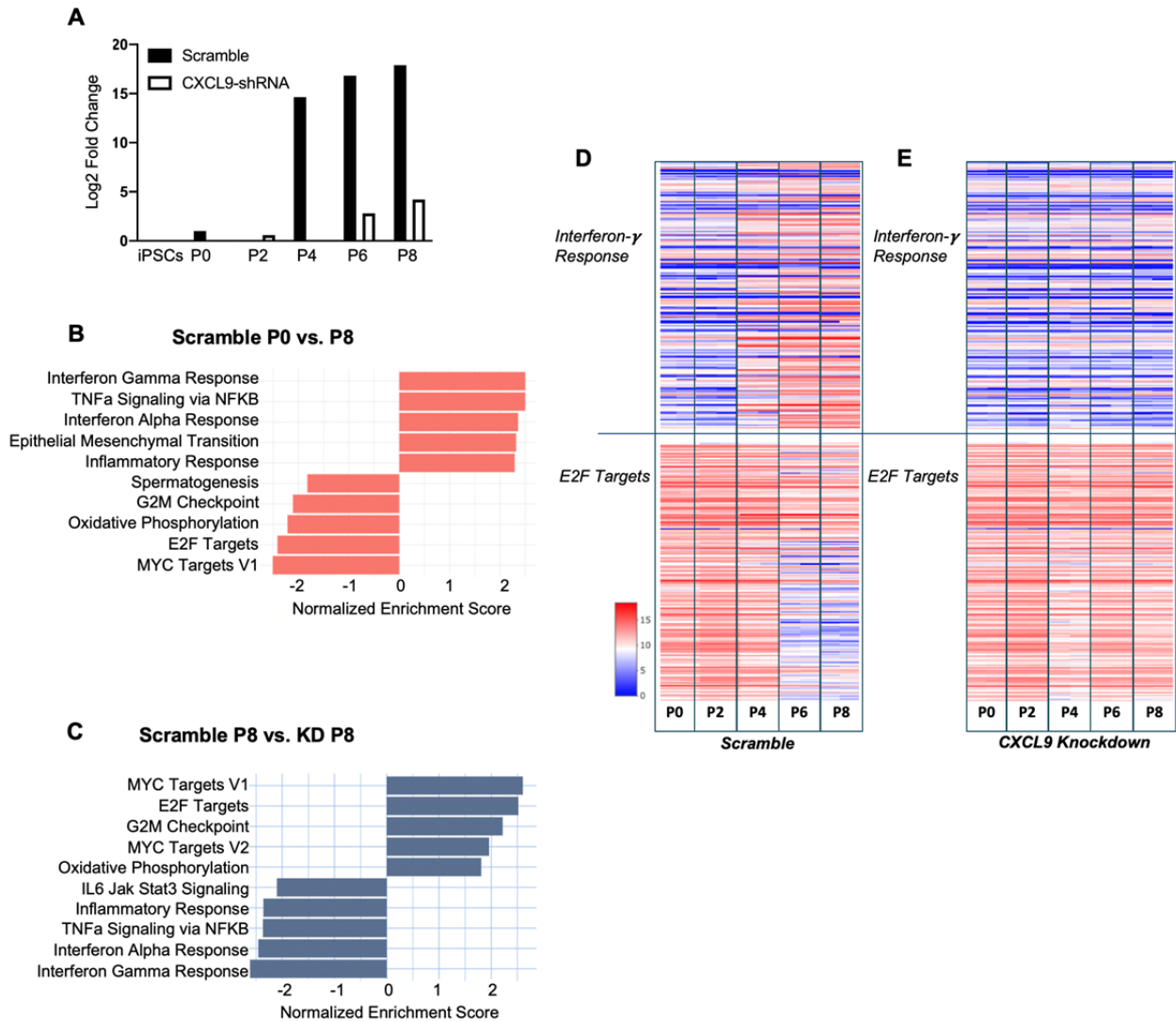
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Figure 4. CXCL9 is an important regulator of endothelial cell aging (A) Quantitative PCR data show increased expression of CXCL9 in blood-derived endothelial cells (BECs) of old individuals compared to young. Similarly, significant differences in tube formation capacity are observed in BECs from older and younger subjects (B). Quantification of NO production shows impaired capacity of BECs from old individuals to produce NO when compared to young in response to acetylcholine (ACh) (C). Quantification of LDL uptake show impaired capacity of BECs from old individuals to uptake Ac-LDL when compared to young (D). Quantification of the number of tubes, LDL uptake and NO production in response to ACh in scramble and CXCL9-KD iPSC-ECs shows a significant improvement in these aging phenotypes in endothelial cells at passage 6 and 8 with silencing of the CXCL9 gene (E-G). Scramble = hiPSCs infected with lentivirus carrying nonsense-sequence shRNA. CXCL9-KD = hiPSCs infected with lentivirus carrying sequence-specific short hairpin RNA to knockdown expression of CXCL9. Significance codes: ‘***’: <0.001 ‘**’: <0.01 ‘*’: < 0.05

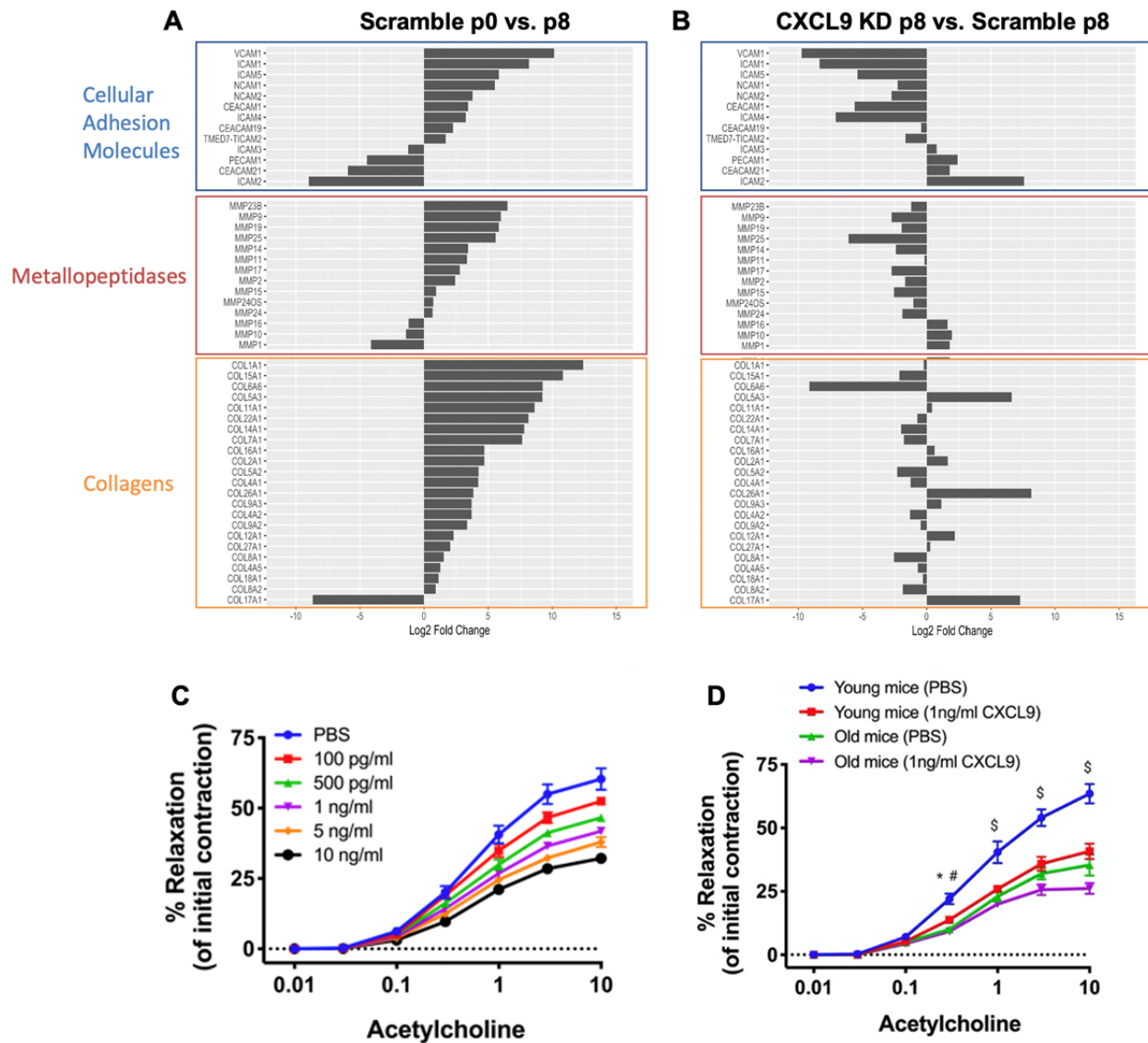
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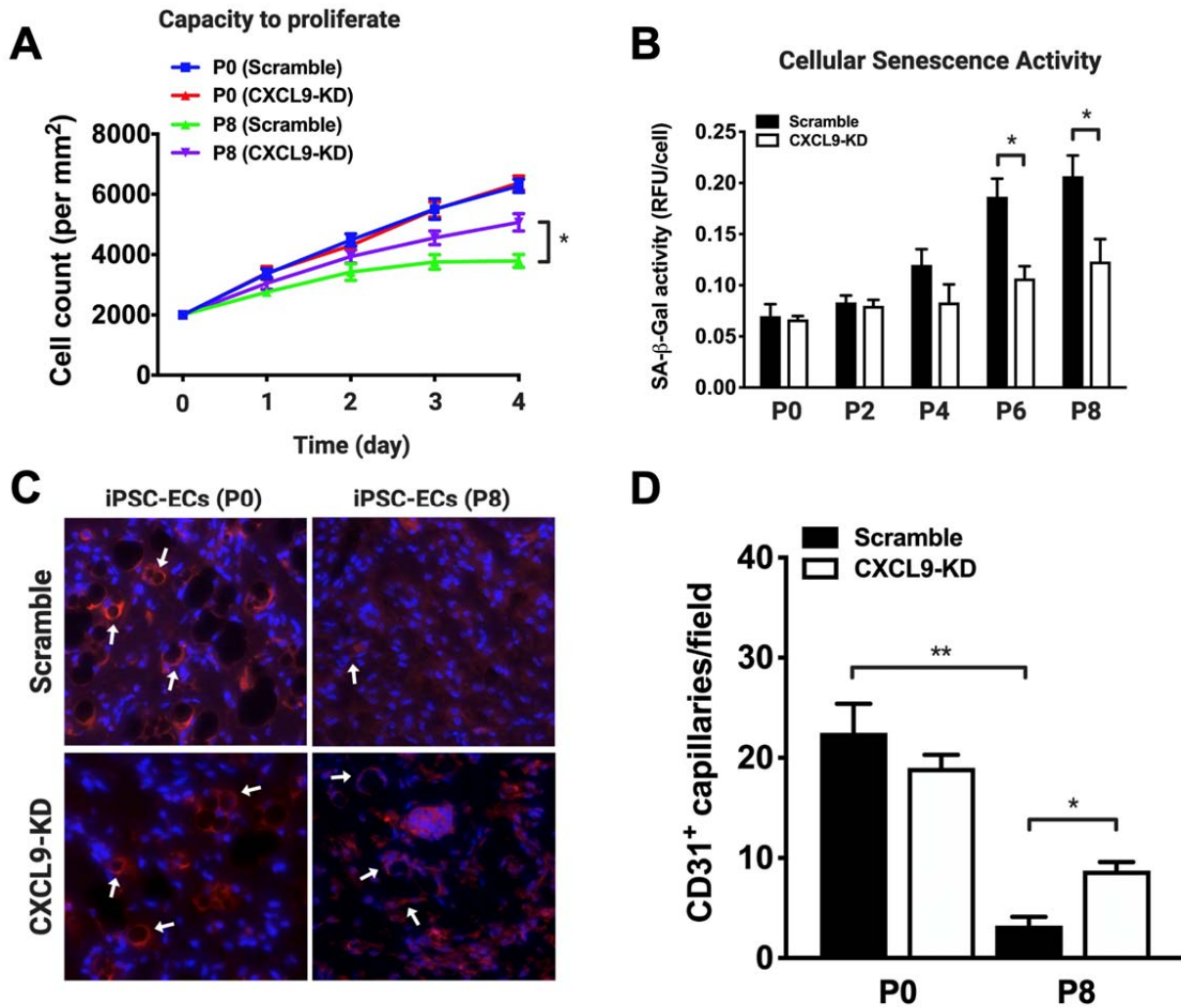
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1082 **Figure 5. Early cellular senescence and loss of angiogenesis capacity in iPSC-derived aging**
1083 **endothelia is reversed by silencing CXCL9.** Pathway enrichment analysis and tube network
1084 formation of Scramble vs. CXCL9-KD were analyzed. hiPSCs infected with lentivirus carrying
1085 nonsense-sequence shRNA (Scramble) and hiPSCs infected with lentivirus carrying sequence-
1086 specific short hairpin RNA to knockdown expression of CXCL9 (CXCL9-KD) were both
1087 induced to endothelial cells (see Methods). RNA-seq analysis was conducted on cells at passage
1088 0, 2, 4, 6, 8 for both conditions. CXCL9 mRNA in Scramble was highly upregulated as early as
1089 passage 4, while CXCL9 mRNA expression in CXCL9-KD did not significantly change with in
1090 vitro cellular aging (A). (B) shows pathway enrichment comparing Scramble at passage 0 and
1091 passage 8. Upregulated inflammatory pathways and downregulated proliferation pathways are
1092 depicted (P8 vs P0). Comparing Scramble at P8 with CXCL9-KD at P8 shows that silencing of
1093 CXCL9 leads to a complete reversal of the early endothelial cell senescence phenotype (C). An
1094 example of inflammatory pathway (IFN- γ) and an example of proliferation pathway (E2F
1095 Targets) in shown in (D). Relative expression of genes in the hallmark pathways for Scramble at
1096 passage 0, 2, 4, 6, 8 (S0, S2, S4, S6, S8) are shown. (E) shows an example of inflammatory
1097 pathway (IFN- γ) and an example of proliferation pathway (E2F Targets) for CXCL9-KD at

1098 passage 0, 2, 4, 6, 8 (KD0, KD2, KD4, KD6, KD8). Significance codes: '***': <0.001 '**':
1099 <0.01 '*': < 0.05
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1103 **Figure 6. CXCL9 promotes a vascular stiffness gene expression signature in the aging**
 1104 **endothelium and impairs endothelial function.** The expression levels of hallmark vascular
 1105 stiffness genes: cellular adhesion molecules (CAMs), metallopeptidases (MMPs), and collagen
 1106 genes (COLs) were analyzed in Scramble and CXCL9-KD aging cells. In (A), CAMs, MMPs
 1107 and COLs are highly expressed in Scramble passage 8 compared to passage 0. The knock down
 1108 of CXCL9, completely restores the expression of CAMs and MMPs, but not COLs (B). Line
 1109 graph of percent relaxation of mouse thoracic aortic sections incubated with increasing
 1110 concentrations of CXCL9 shows impaired vascular reactivity to Acetylcholine, suggesting
 1111 CXCL9 dampens vascular function (C). Similar trend is observed when CXCL9 is given to
 1112 either young or old mice (D). CXCL9 disrupts the relaxation supposedly induced by
 1113 Acetylcholine. Significance codes: ‘***’: <0.001 ‘**’: <0.01 ‘*’: <0.05



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 1117 **Figure 7. CXCL9 regulates endothelial cell senescence and capillary network formation *in***
 1118 ***vivo*.** (A) Growth curves over 4 days show recovery of cell proliferation in CXCL9-KD iPSC-
 1119 ECs in later passages when compared to scramble iPSC-ECs. (B) Cellular senescence activity
 1120 assay shows restoration of SA-β-gal activity in CXCL9-KD iPSC-ECs at later passages when
 1121 compared to scramble iPSC-ECs. (C) Representative immunohistochemical images showing
 1122 CD31+ human capillaries from serially passaged scramble and CXCL9-KD iPSC-ECs. (D)
 1123 Quantification of CD31+ capillaries show improved capacity of late passaged CXCL9-KD iPSC-
 1124 ECs to form *in vivo* capillary networks. Significance codes: ‘***’: <0.001 ‘**’: <0.01 ‘*’: < 0.05

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