

Is cancer biology different in older patients?

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Roughly 50% of cancer cases occur in people aged 65 years or older. Older people are often diagnosed at a later stage and might receive less (intensive) treatment, which might affect the outcome. In addition, an older age might be associated with biological differences in tumour and microenvironment behaviour, a domain that has been poorly studied so far. In this narrative Review of published literature, we explored the reported differences in tumour biology according to age in five major cancer types: breast, colorectal, prostate, lung, and melanoma. Our literature search uncovered clear differences in tumour histology and subtype distribution in older people compared with younger patients, as well as age-specific patterns of tumour mutations and other molecular alterations. Several studies also indicate notable changes in tumour-infiltrating immune cells in tumours of older versus younger people, although this research is still in its infancy. More research is needed and might lead to a better understanding of the biology of ageing in relation to malignancy. This knowledge could provide new perspectives for more personalised cancer treatments, eventually improving the global outcomes of older patients with cancer.

Introduction

Because of an ongoing increase in global life expectancy¹⁻³ combined with a disproportionately high incidence of most cancer types in older adults,^{4,5} cancer care for older patients has attracted increasing attention. Geriatric oncology can be considered a specific expertise within clinical oncology,⁶ but since most cancers occur in older people, it is important that all oncologists and health-care workers are aware of the particularities within this domain. Geriatric oncology presents unique age-specific challenges, including competing health and socio-economic factors, but also age-related changes in tumour biology that might have an effect on screening, diagnosis, treatment, and outcome.

Most of the research done within the field of geriatric oncology has highlighted differences in tumour-extrinsic features between older and young age groups and their impact on treatment effectiveness and outcome. Host-specific factors such as functional disability,⁷ polypharmacy,⁸⁻¹¹ malnutrition,¹²⁻¹⁴ sarcopenia,¹⁵⁻²¹ cognitive impairment,²²⁻²⁶ age-related pharmacological differences in the metabolism of anticancer drugs,²⁷⁻²⁹ systemic metabolic changes,³⁰ depression,^{31,32} and chemotherapy dose adaptation^{33,34} have all been reported to affect the disease course in older individuals. In addition, ageism (ie, discrimination based on perceived or actual chronological age) is an invisible and insidious social occurrence that exists in many dimensions within cancer care.³⁵ Conversely, surprisingly little attention has been given as to whether tumour-intrinsic features, such as histopathological presentation or molecular profile, differ according to age group and how these differences could potentially influence cancer care.

To bridge this knowledge gap, we did an in-depth literature review to gather existing evidence concerning tumour biological differences according to age. We chose to focus on five of the most common tumour types in older people according to the Surveillance, Epidemiology, and End Results programme database:³⁶ breast, lung, prostate, colorectal, and melanoma. A working group of

international experts, with expertise in both one of the five tumour domains and in geriatric oncology, was established. For each tumour type, the dedicated experts did a tailored literature search, focusing on well-known disease-specific characteristics with prognostic or clinical relevance, or both. Importantly, only the tumour characteristics of newly diagnosed, untreated tumours were considered, to avoid the effect of previous treatment. It was also decided upfront that the focus should only be on differences in tumour biology, and not on differences in prognosis or treatment response, because differences in these responses might have multiple causes other than the differences in tumour biology. The literature search thus principally covered age-related differences in the key aspects of tumour biology (ie, histology, subtype, and molecular markers). In addition, specific attention was also given to age-related remodelling of the tumour microenvironment (stroma or immune infiltrate) for each of the five subtypes.

Breast cancer

Breast cancer is the most common cancer in women worldwide with a mean age at diagnosis of 62 years.³⁷ The major clinical, histopathological, and tumour biology characteristics according to age are summarised in figure 1 and the panel.

Age-related differences in histology

Older adults present with slightly less high-grade tumours than younger adults.³⁸⁻⁴⁰ The proportion of the invasive ductal carcinoma subtype (the most common subtype, officially referred to as invasive breast carcinoma of no special type and accounting for approximately 70% of breast cancers) was shown to consistently decline with increasing age in the studies included, whereas the data on the invasive lobular subtype (accounting for approximately 15% of breast cancers) are inconsistent in terms of changing proportion with age.³⁸⁻⁴² The rare mucinous histological subtype is only slightly more frequent (approximately 1%) in older people.^{38,39} Hormone

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Figure 1: Differences in breast cancer biology according to age

Arrow pointing down indicates that all data point to a decrease with age. Arrow pointing up indicates that all data point to an increase with age. ER= oestrogen receptor. IDC= invasive ductal carcinoma. ILC= invasive lobular carcinoma. PAM50= Prediction Analysis of Microarray 50 gene expression profiles. PR= progesterone receptor. *There are no clear age differences. †Data are not perfectly consistent. ‡Two independent cohorts. Bold values indicate statistically significant difference between the young and old group in each study (p<0.05).

		Breast cancer									
		Reference	Age group	n	Grade I (%)	Grade II (%)	Grade III (%)	Grade IV (%)	Unknown (%)		
Age-related differences in histology and subtypes	High grade tumours ↓	Schonberg et al (2010) ³⁸	67-69	7437	18.6	39.4	26.4	2.0	13.6		
			85-89	4707	18.7	38.7	25.4	1.9	15.7		
		Lodi et al (2017) ³⁹	70-79	2858	19.8	47.1	25.5	..	7.6		
			≥80	1472	23.2	45.0	21.5	..	10.4		
	Malik et al (2013) ⁴⁰	<71	2065	15.0	41.0	31.0	..	12.0			
		≥71	382	17.0	54.0	22.0	..	8.1			
	IDC ↓ ILC* Mucinous †	Schonberg et al (2010) ³⁸	67-69	7437	79.1	8.0	3.5	9.4			
			85-89	4707	77.4	6.9	5.5	10.2			
		Lodi et al (2017) ³⁹	70-79	59850	66.8	10.0	3.7	19.5			
			≥80	34220	61.5	6.9	4.3	27.3			
Malik et al (2013) ⁴⁰		<71	2065	68.0	7.9	..	24.1				
		≥71	382	69.0	12.0	..	19.0				
Wang et al (2018) ⁴¹		<39	75	90.7	0.0	..	9.3				
		40-59	487	73.5	17.3	..	9.2				
Azim et al (2015) ⁴²	>60	494	66.2	23.7	..	10.1					
	≤45	125	93.0	7.0					
Azim et al (2015) ⁴²	46-49	486	76.0	24.0					
	≥70	169	71.0	29.0					
Immunohistochemistry: ER † PR † HER2 ↓	Schonberg et al (2010) ³⁸	67-69	7437	81.8	56.6				
		85-89	4707	86.1	53.4				
	Lodi et al (2017) ³⁹	70-79	1928	..	67.3				
		≥80	785	..	72.7				
	Malik et al (2013) ⁴⁰	<71	2065	77.0				
		≥71	382	86.0				
	Wang et al (2018) ⁴¹	<39	75	71.8	63.4	21.9	..				
		40-59	487	72.1	63.0	20.6	..				
	Anderson et al (2011) ⁴³	30-34	..	55.9				
		80-84	..	85.1				
De Munck et al (2011) ⁴⁴	<40	785	22.0					
	>70	3738	10.0					
Age-related differences in molecular markers	PAM50 subtypes: Luminal A †, Luminal B †, HER2 ↓, Basal ↓	Reference	Age group	n	Luminal A (%)	Luminal B (%)	HER2+ (%)	Basal (%)	Healthy (%)		
			Azim et al (2015) ⁴²	≤45	125	35.0	33.0	12.0	20.0	..	
		Jenkins et al (2014) ⁴⁵	46-69	486	41.0	29.0	12.0	18.0	..		
			≥70	169	41.0	38.0	7.0	14.0	..		
		De Kruijf et al (2014) ⁴⁶	21-39	335	18.0	12.0	15.0	44.0	11.0		
			70-93	802	39.0	32.0	11.0	9.0	9.0		
		Mealey et al (2020) ⁴⁷	<65	361	42.6	20.0	17.4	20.2	..		
			≥65	189	53.4	23.0	14.3	14.2	..		
		Wang et al (2018) ⁴¹	≤40	78	50.0	23.0	4.0	22.0	1.0		
			>40	774	50.8	21.2	8.5	16.7	2.8		
Azim et al (2015) ⁴²	>60	372	59.0	20.0	7.0	12.0	2.0				
	Reference	Age group	n	TP53 (%)	PIK3CA (%)	GATA3 (%)	MLL3 (%)	CDH1 (%)	MAP3K1 (%)	MAP2K4 (%)	AKT1 (%)
Mutations: TP53 ↓ PIK3CA † GATA3 ↓ MLL3 † CDH1 † MAP3K1 † MAP2K4 † AKT1 ↓ NF1 †	Wang et al (2018) ⁴¹	<39	75	31.9	26.1	24.6	4.3	1.5	2.9
		40-59	487	41.5	30.9	15.3	7.0	12.2	6.5
Azim et al (2015) ⁴²	>60	494	29.1	36.9	9.4	12.8	19.3	11.5	
	≤45	118	15.2	
Mealey et al (2020) ⁴⁷	46-49	449	8.2	
	≥70	155	9.0	
Selenica et al (2020) ⁴⁸	≤40	78	34.0	24.0	22.0	..	4.0	3.0	4.0	4.0	7.0
	>40	774	33.6	35.7	12.9	..	17.9	11.3	5.6	3.4	10.2
Kalinsky et al (2009) ⁴⁹	>60	372	28.6	37.4	10.8	..	20.6	14.2	5.6	3.0	12.3
	<65	926	34.0	4.0	6.0/5.0‡	6.0
Selenica et al (2020) ⁴⁸	≥65	608	23.0	0.4	2.0/1.0‡	2.0
	<50	160	..	19.0
Kalinsky et al (2009) ⁴⁹	50-69	304	..	57.0
	≥70	126	..	24.0

Panel: Summary of the most important age-related differences in cancer biology for breast cancer, lung cancer, prostate cancer, melanoma, and colorectal cancer

Breast cancer

- Older age is associated with slightly fewer high-grade tumours, fewer triple-negative breast cancer and HER2+ subtypes, and more luminal tumours than a younger age, but all subtypes occur in all age categories
- The tumour mutational landscape differs with age; for example, fewer *TP53* and more *PIK3CA* mutations occur in the older breast cancer population than the younger population
- Age-dependent changes in systemic and peritumoral immunity have been reported but require further research in different breast cancer subtypes

Lung cancer

- Clear histological (more frequent squamous cell carcinoma) and molecular (increased tumour mutational burden; different *EGFR* mutation subtypes; and less prevalent *ALK*, *ROS1*, and *RET* rearrangement) differences seem to emerge with increasing age that could potentially affect lung cancer treatment
- The expression of PD-1 and PD-L1 does not seem to differ between age groups, yet more research is needed for an in-depth characterisation of the tumour microenvironment to highlight differences between older and younger patients

Prostate cancer

- Prostate cancer in older men generally seems to behave more aggressively, established from the higher Gleason grade, higher D'Amico risk group, more frequent luminal B subtype, more prevalent intraductal carcinoma of prostate architecture, higher p53 positivity, and more tumours with a high-risk Decipher score
- Older age hampers the interpretation of serum prostate-specific antigen, hence the use of age-based references or alternative biomarkers (including the PCA3 score and the four kallikreins score) is suggested

- Our literature search yielded no relevant studies evaluating age-related differences in immunological features

Melanoma

- Melanoma in older people typically presents with more frequent adverse prognostic histological characteristics and signs of cumulative sun exposure (increased Breslow thickness, more ulceration, higher mitotic rate, more head and neck location, and more nodular malignant melanoma and lentigo maligna melanoma subtypes)
- At the molecular level, increasing age is associated with an increased frequency of *NRAS* mutations and decreased frequency of *BRAF* mutations, suggestive of divergent age-dependent pathways for melanoma development
- Little is known about age-specific differences in the composition of the tumour microenvironment, despite the wide use of the immune checkpoint blockade as a systemic therapeutic approach in melanoma

Colorectal cancer

- Colorectal cancer in older patients has marked biological differences compared with younger patients with the disease. At an older age, there is a higher incidence of right-sided tumours, and serrated polyps are more likely to be implicated in carcinogenesis, rather than the conventional adenoma-carcinoma pathway
- At the molecular level, there is a higher prevalence of CpG island methylator phenotype-high tumours, microsatellite instability phenotype, and *BRAF* mutations, that might have profound therapeutic implications in view of the increasing use of targeted approaches and immunotherapy
- The prognostic effect of an immunoscore appears to be independent of age

receptor state (oestrogen receptor and progesterone receptor) is the best studied biological characteristic in breast cancer. Oestrogen or progesterone receptors, or both, are expressed in approximately 80% of breast tumours and positivity for these receptors is associated with a better prognosis and response to antihormonal therapy. Oestrogen and progesterone receptor expression increases progressively with increasing age, but is also notably affected by the menopausal state, which presumably accounts for the greatest difference in oestrogen and progesterone receptor positivity between younger (<35 years) and older (>65 years) adults.^{38,40,41,43,50} Tumours in older adults are slightly less likely to be positive for HER2,^{41,44,51} which is overexpressed in approximately 15% of breast cancers. HER2+ tumours are associated with aggressive behaviour; however, they are responsive to anti-HER2 therapies, such as trastuzumab.⁵²

Some studies evaluated specific biomarkers in the triple negative (ie, oestrogen receptor, progesterone receptor, and HER2 negative) breast cancer subset (not shown). Triple-negative breast cancer occurs much less with increasing age, and if it occurs, the biology of the tumour is more favourable in older groups with less invasive ductal carcinoma and a higher presence of rare subtypes such as triple negative apocrine or lobular carcinoma.^{45,53,54}

Triple-negative tumours in older women have lower amounts of the well known proliferation marker Ki67, compared with tumours in younger women (<70 years): in one study 52.0% in the older group versus 12.3% in the younger group had Ki67 expression levels of less than 10%.⁵⁵ Furthermore, tumours in older women more often show a normal p53 protein expression compared with tumours in younger women (55.6% vs 44.6%, respectively).⁵⁵ The p53 protein is produced by *TP53*, a well-known tumour suppressor gene, and its

overexpression is associated with a poor prognosis. Triple-negative breast cancer in older women also tends to express BCL-2⁵⁵ more frequently (ie, 79.3% in older vs 43.5% in younger women), an anti-apoptotic gene that can cause cancer development by impeding cell death.⁵⁶

Age-related differences in molecular markers

When looking at the distribution of intrinsic molecular subtypes identified by the gene expression profiling test Prediction Analysis of Microarray 50 gene expression profiles (PAM50), which is based on the mRNA expression of 50 genes, luminal A and B tumours (both oestrogen receptor positive HER2 negative tumours, but with a low differentiation grade for luminal A and a high grade for luminal B) are more common in women aged

70 years or older, compared with younger women.^{42,45-47} The HER2-enriched subtype (independent of oestrogen receptor status) declines slightly with age,^{42,45,46} whereas for the basal-like signature, a more prominent age-related decrease is consistently reported in all studies.⁴⁵⁻⁴⁷

When evaluating tumour driver mutations in primary breast cancer according to age, mutated *TP53*, *AKT1* (targetable with *AKT* inhibitors), *GATA3*, and *MAP2K4* were less frequently found in older people (>65 years) than younger people,^{41,42,47,48,57-60} although some data were conflicting. In contrast, other tumour mutations occur more frequently in older individuals, such as *PIK3CA* (targetable with *PIK3CA* inhibitors), *MLL3*, *CDH1*, and *MAP3K1* mutations.^{41,42,47-49,57,61-65} As such, the proportion of patients that qualify for the targeted treatment of a specific molecular alteration is determined by age, although it still needs to be investigated whether the effectiveness differs according to age.

Immunological features and their association with age

The detection of stromal tumour-infiltrating lymphocytes, assessed on routine haematoxylin and eosin-stained slides, has emerged as a robust prognostic and predictive biomarker in patients with breast cancer.^{66,67} An increase in stromal tumour-infiltrating lymphocyte has predicted a response to neoadjuvant chemotherapy in all molecular subtypes assessed, but was also associated with a benefit in overall survival for both triple-negative breast cancer and HER2-positive breast cancer.⁶⁸ With increasing age, a decrease in stromal tumour-infiltrating lymphocyte percentage is observed both for patients with breast cancer in general⁶⁸ and with triple negative breast cancer specifically.⁶⁹ Notably, in oestrogen receptor-positive and HER2-negative tumours, higher stromal tumour-infiltrating lymphocyte amounts are only associated with a younger age in invasive lobular carcinoma but not in invasive ductal carcinoma tumours.⁷⁰ In addition, age-dependent changes in systemic and peritumoral immunity have been reported in luminal B subtype tumours.⁷¹ An age-related decrease was observed for total lymphocytic tumoral infiltration, with an altered immune constitution (decreased densities of CD3+, CD5+, and especially the cytotoxic CD8+ cells).⁷¹

Lung cancer

Lung cancer mainly affects older adults and is often not amenable for curative treatment at diagnosis, and is therefore a notable cause of death in this age group. The mean age at diagnosis is 71 years.⁷² The main age-related tumour biology characteristics are summarised in figure 2 and the panel.

Age-related differences in histology

In general, older adults with non-small cell lung cancer (NSCLC) are more frequently diagnosed with squamous cell carcinoma (SCC) and less frequently with adenocarcinoma,^{73,74} whereas data on the age distribution of

Lung cancer							
Age-related differences in histology and subtypes	Reference	Age group	n	SCC (%)	Adenocarcinoma (%)	SCLC (%)	Other (%)
	SCC ↑ Adenocarcinoma ↓* SCLC*†	Giroux et al (2012) ⁷³	<70 ≥70	101 92	10.9 27.2	57.4 39.1	13.8 13.0
Age-related differences in histology and subtypes	Reference	Age group	n	Poor differentiation (%)			
				Zhong et al (2018) ⁷⁴	<40 >60	272 167	5.9 29.3
Age-related differences in histology and subtypes	Reference	Age group	n	Poor differentiation (%)			
				Zhong et al (2018) ⁷⁴	<40 >60	272 167	5.9 29.3
Age-related differences in histology and subtypes	Reference	Age group	n	Poor differentiation (%)			
				Goodgame et al (2009) ⁷⁵	<70 ≥70	429 286	31.0 37.1
Age-related differences in histology and subtypes	Reference	Age group	n	Poor differentiation (%)			
				Sterlacci et al (2012) ⁷⁶	<70 ≥70	283 100	53.7 50.0
Age-related differences in molecular markers	Reference	Age group	n	Exon 19 deletion (%)	L85R (%)	Other (%)	Wild type (%)
				Zhong et al (2018) ⁷⁴	<40 >60	272 167	30.4 14.0
Age-related differences in molecular markers	Reference	Age group	n	KRAS mutation (%)	BRAF mutation (%)		
				Sacher et al (2016) ⁷⁷	40-49 ≥70	210 479	13.3 27.3
Age-related differences in molecular markers	Reference	Age group	n	KRAS mutation (%)	BRAF mutation (%)		
				Sacher et al (2016) ⁷⁷	40-49 ≥70	195 414	..
Age-related differences in molecular markers	Reference	Age group	n	KRAS mutation (%)	BRAF mutation (%)		
				Tsao et al (2012) ⁷⁸	≤70 >70	200 55	15.8 3.7
Age-related differences in molecular markers	Reference	Age group	n	KRAS mutation (%)	BRAF mutation (%)		
				Dong et al (2016) ⁷⁹	40-49 ≥60	74 149	1.4 4.6
Age-related differences in molecular markers	Reference	Age group	n	KRAS mutation (%)	BRAF mutation (%)		
				Boldrini et al (2018) ⁸⁰	<50 >50	44 44	29.5 47.7
Age-related differences in molecular markers	Reference	Age group	n	ALKr (%)	RETr (%)	ROS1r (%)	
				Sacher et al (2016) ⁷⁷	40-49 ≥70	203 439	12.8 0.9
Age-related differences in molecular markers	Reference	Age group	n	ALKr (%)	RETr (%)	ROS1r (%)	
				Sacher et al (2016) ⁷⁷	40-49 ≥70	154 344	..
Age-related differences in molecular markers	Reference	Age group	n	ALKr (%)	RETr (%)	ROS1r (%)	
				Dong et al (2016) ⁷⁹	40-49 ≥60	74 149	14.9 3.4
Age-related differences in molecular markers	Reference	Age group	n	ALKr (%)	RETr (%)	ROS1r (%)	
				Ye et al (2014) ⁸¹	<40 ≥40	36 87	5.6 4.6
Age-related differences in molecular markers	Reference	Age group	n	PDL1+ (%)		PD1+ (%)	
				Velcheti et al (2013) ⁸²	<70 ≥70	327 125	26.9‡ 32.0‡
Age-related differences in molecular markers	Reference	Age group	n	PDL1+ (%)		PD1+ (%)	
				Lin et al (2015) ⁸³	≤65 >65	40 16	55.0‡ 50.0‡

Figure 2: Differences in lung cancer biology according to age

Arrow pointing down indicates that all data point to a decrease with age. Arrow pointing up indicates that all data point to an increase with age. ALKr=anaplastic lymphoma kinase relocation. EGFR=epidermal growth factor receptor. RETr=RET rearrangement. ROS1r=ROS1 rearrangement. SCC=squamous cell carcinoma. SCLC=small cell lung cancer. *Data are not perfectly consistent. †There are no clear age differences. ‡Only tumor PD-L1 expression. §Both tumour and immune PD-L1 expression. Bold values indicate a statistically significant difference between the young and old group in each study (p<0.05).

small cell carcinomas are not conclusive.⁷³ Adenocarcinoma and SCC have different outcomes in lung cancer, with significantly higher stage-specific 5-year overall survival rates for adenocarcinoma compared with SCC. Furthermore, there is insufficient data supporting a variation in the differentiation grade between age groups, although a trend towards poorer tumour differentiation at an older age has been reported.^{74–76}

Age-related differences in molecular markers

The tumour mutational burden (total number of somatic mutations) increases with age.⁸⁴ Moreover, in non-squamous NSCLC, broad molecular screening is currently the standard of care because of the availability of targeted therapies. For example, *EGFR* mutations are present in 14–38% of patients with NSCLC and are associated with a favourable outcome.^{85,86} Remarkably, the specific tumour genomic *EGFR* alteration differs depending on age. Although exon 21 L858R mutations occur more frequently in the older population, exon 19 deletions are more frequent within younger patients.⁷⁴ Noticeably, sensitivity to *EGFR* tyrosine-kinase inhibitors, such as first-generation gefitinib, depends on the underlying mutation subtype with significantly longer progression-free survival and overall survival with exon 19 deletion compared with L858R mutation.⁸⁷

KRAS mutations are frequent in NSCLC (20–40%), tend to be associated with a worse outcome,^{86,88} and are more prevalent in the older population, although reported age-dependent differences are not consistent.^{77–80,89,90} However, this variation in mutational frequency can probably largely be explained by differences in the study population, as *KRAS* mutations are typically present in smokers and those with non-squamous NSCLC. The presence of *BRAF* mutations, targetable by *BRAF* inhibitors, is rare and do not clearly differ by age, although the specific *BRAF* V600E mutation might be more prevalent in older people (compared with melanoma).^{77–79,91} In contrast, *ALK*, *ROS1*, and *RET* rearrangements, all targetable proto-oncogenes with tyrosine-kinase activity, are most prevalent within the younger age category of 40–49 years.^{77,79,81,92–96} Finally, for other clinically relevant molecular alterations, such as the *MET* exon 14 skipping mutation that occurs in 3–4% of NSCLC⁹⁷ and is also targetable,^{98,99} no clear age-related differences have been reported.

Immunological features and their association with age

The expression of the immune checkpoints PD-1 and PD-L1 does not seem to change notably with age.^{82,83,100} Some data suggest an increased PD-1 expression with older age on the surface of T cells, pointing to exhaustion. This finding is in line with the lower T cell activity observed in the older population. Myeloid-derived suppressor cells, a heterogeneous population of immature myeloid cells that can express PD-L1 on their surface, are reported to play a role in lung cancer immune evasion and disease progression by accumulating in the tumour

microenvironment, thereby suppressing immune function by inhibiting the activation and proliferation of T cells.^{101,102}

A possible role of myeloid-derived suppressor cells in the age-related susceptibility of lung cancer has been proposed in ageing mice, yet needs to be confirmed in humans.¹⁰³

Prostate cancer

Prostate cancer is the second most commonly diagnosed cancer and the fifth leading cause of cancer death among men worldwide.¹⁰⁴ 60% of patients are aged 65 years and older at diagnosis, and cancer deaths in men aged 70 years and older are expected to almost double between 2018 and 2030.¹⁰⁵ An overview of the age-specific differences in prostate tumour biology can be found in figure 3 and the panel.

Prostate cancer							
Age-related differences in histology and subtypes	Reference	Age group	n	Gleason Score ≥7 (%)			
	Gleason grade ↑	Pettersson et al (2018) ¹⁰⁶	55–69	55 478	47.4		
			70–79	43 427	65.9		
≥80			22 487	81.0			
Reference	Age group	n	High Risk (%)				
D'Amico risk group ↑	Zhang et al (2013) ¹⁰⁷	<65	22 914	11.0			
		65–74	29 680	14.8			
		≥75	17 751	26.3			
Reference	Age group	n	IDC-P positive (%)				
IDC-P ↑	Dinerman et al (2017) ¹⁰⁸	<50	9 896	0.12			
		50–74	146 756	0.15			
		≥75	3 125	0.38			
Age-related differences in molecular and serological markers	Reference	Age group	n	PSA ≥4 in Gleason ≤6 in T1cN0M0 (%)	PSA ≥4 in Gleason 7 in T1cN0M0 (%)	PSA ≥4 in Gleason ≥8 in T1cN0M0 (%)	
	Serum PSA ↑	Zhang et al (2013) ¹⁰⁷	<60	8 120	85.0	-	..
			60–69	16 826	90.7	-	..
			≥70	16 654	91.9	-	..
	Zhang et al (2013) ¹⁰⁷	<60	2 785	..	91.3	..	
		60–69	7 284	..	93.8	..	
		≥70	11 525	..	93.4	..	
	Zhang et al (2013) ¹⁰⁷	<60	605	95.5	
		60–69	19 552	94.1	
		≥70	4 598	94.0	
	Reference	Age group	n	High Decipher risk group (%)			
	Goldberg et al (2020) ¹⁰⁹	<65	3 393	27.9			
65–74		4 294	33.8				
≥75		1 747	44.9				
Reference	Age group	n	p53 positive (%)				
Calvocoressi et al (2018) ¹¹⁰	<70	373	24.4				
	70–79	535	25.1				
	≥80	63	44.3				
Reference	Age group	n	High AR expression (%)	High ESR1 expression (%)	High ESR2 expression (%)		
Jędroszka et al (2017) ¹¹¹	≤50	35	65.7	31.4	31.4		
	51–70	425	45.6	8.5	57.2		
	>70	37	45.9	32.4	43.2		
Reference	Age group	n	ERG positive (%)				
Schaefer et al (2013) ¹¹²	<61	530	59.4				
	≥62	509	45.6				

Figure 3: Differences in prostate cancer biology according to age

Arrow pointing down indicates that all data point to a decrease with age. Arrow pointing up indicates that all data point to an increase with age. AR=androgen receptor. ESR1=oestrogen receptor 1. ESR2=oestrogen receptor 2. IDC P=intraductal carcinoma of the prostate. PSA=prostate-specific antigen. *Data are not perfectly consistent. Bold values indicate a statistically significant difference between the young and old group in each study ($p < 0.05$). For the D'Amico risk group, high-risk disease was defined as a prostate-specific antigen of 20 ng/mL or more or a Gleason grade of 8 or more, or both. Decipher refers to the Decipher genomic classifier.

Age-related differences in histology

Most prostate cancers develop in the peripheral zone of the prostate, which does not show a significant increase in volume with age (unlike the transitional zone, which increases in size as men get older).¹¹³ Older patients have a higher Gleason grade¹⁰⁶ (the higher grade, the more aggressive the tumour) and D'Amico¹⁰⁷ risk classification (a risk score incorporating stage, Gleason Grade, and prostate-specific antigen) at diagnosis. Furthermore, the presence of some tumour characteristics has been associated with a poor prognosis. For example, intraductal carcinoma of the prostate, a pathological entity characterised by carcinoma cells growing or extending into the prostatic ducts or acini, or both, which results in a more locally advanced disease and a higher risk of biochemical recurrence after definitive treatment using prostatectomy or brachytherapy.¹¹⁴ Intraductal carcinoma of the prostate architecture is also associated with older age, being more common in patients older than 70 years, albeit still rare (<1% of prostate cancers).^{108,115}

Age-related differences in molecular and serological markers

Screening for prostate-specific antigen has been the subject of much controversy over many years.^{105,116} Patient age might be one of the main factors influencing the sensitivity and specificity of prostate-specific antigen in predicting a positive biopsy,¹¹⁷ and the use of an age-based reference standard has been suggested. In older men, a prostate-specific antigen higher than or equal to 4 nmol/L is frequently associated with a prostate cancer with a Gleason score of 6 or more (with less than 6 now not considered to be a cancer), and not necessarily a more aggressive tumour requiring a radical treatment.¹⁰⁷ The International Society of Uro-Pathologists (ISUP) grade is a new histological grading system for prostate cancer that has largely replaced the conventional Gleason score. A cancer with an ISUP grade of 2 or more is more likely to leak prostate-specific antigen into the blood than ISUP grade 1 cancer; therefore, resulting in higher amounts of prostate-specific antigen. This process is why higher amounts of prostate-specific antigen are related to the presence of higher ISUP grade prostate cancer, and both seem to happen more in older men.¹¹⁸ The interpretation of prostate-specific antigen amounts with age is confounded by the fact that there is an enlargement of the prostate gland with age, and both benign and malignant prostate cells produce prostate-specific antigen, and for this reason, the prostate-specific antigen dynamics (eg, prostate-specific antigen doubling time and prostate-specific antigen velocity) can provide information complementary to an individual prostate-specific antigen measurement.

PCA3 is a urine biomarker that can improve the detection of prostate cancer. Since age was the strongest independent predictor of PCA3 score, the use of an age-adjusted PCA3 score has also been suggested.¹¹⁹ Data also showed that PCA3 score increases with age and that

age-specific PCA3-score interpretation leads to a higher diagnostic accuracy.¹²⁰ Another promising marker is the 4K score, a panel of four kallikreins measured in blood. This score has also improved the ability to predict lethal prostate cancer, mainly for men older than 69 years.¹²¹

The PAM50 classifier divides prostate cancer on a molecular basis into luminal A, luminal B, and basal subtypes, with luminal B being associated with worst prognosis, followed by basal subtype, whereas luminal A tumours have a better prognosis.¹²² The prevalence of the adverse phenotype luminal B increases with age in patients with ISUP grade 1 and 2 (<60 years, 22.7% in ISUP grade 1 and 40.2% in ISUP grade 2 vs ≥80 years, 29.7% in ISUP grade 1 and 49.1% in ISUP grade 2), reflecting a more aggressive behaviour even of low ISUP grade tumours in older patients. On the contrary, no differences between age groups can be found in ISUP grade 3–5 tumours.¹⁰⁹

The Decipher genomic classifier is a gene expression profiling test including 22 mRNA. Higher scores are an independent predictor for the development of metastatic disease, regardless of Gleason score and other disease characteristics. Older age was consistently associated with a high-risk Decipher score, even in patients with an ISUP grade of 1,¹⁰⁹ reflecting the more aggressive behaviour of prostate tumours in older people. Tumours in older men also have significantly more p53 immunoreactivity (the abnormal protein produced by the mutant *TP53* gene is more stable and tends to accumulate in the nucleus, which allows for detection via an immunohistochemical stain) and high micro-vessel density than younger men,¹¹⁰ again suggesting that tumours are biologically more aggressive in older men. Also, the epithelial-to-mesenchymal transition gene expression profile seems to differ notably between ages,¹¹¹ with older individuals having a higher downregulation of transcription factors and mesenchymal markers as well as the overexpression of adhesion factors that are associated with a more aggressive and invasive phenotype, independent of Gleason score. In parallel, there is also a change in hormone receptor expression dominance with age, shifting from a predominant expression of androgen receptor in younger patients, to predominantly oestrogen receptors 1 and 2 in older patients. Several investigators suggest that this shift might be caused by the occurrence of andropause in the oldest age group. On the other hand, the *TMPRSS2:ERG* gene fusion, leading to overexpression of *ERG*, is frequently encountered in prostate cancer and has been associated with metastatic disease.¹²³ *ERG*-positive prostate tumours are more common in younger patients,¹¹² and a meta-analysis¹²⁴ showed that the prevalence of *TMPRSS2:ERG* fusion was more common in young men (<65 years) with prostate cancer.

Melanoma

With a median age of 65 years at diagnosis and as the fifth most common malignancy with age-adjusted

incidence rates rising on average by 1.5% per year (in the period 2008–2017),¹²⁵ melanoma represents a substantial tumour burden in the older population. Melanoma in the older adult typically presents with both distinct histopathological features and molecular differences compared with melanoma in younger people, suggesting that different biological mechanisms

are causing melanoma development and growth (figure 4 and panel).

Age-related differences in histology

Compared with younger patients, older patients typically present with a higher frequency of adverse prognostic histological markers, with a greater mean Breslow

Melanoma								
	Reference	Age group	n	≤1.00 mm (%)	1.01–2.00 mm (%)	2.01–4.00 mm (%)	>4.00 mm (%)	Unknown (%)
Breslow thickness ↑	Schuurman et al (2020) ¹²⁶	<70	42 474	58.1	22.1	11.3	5.2	3.3
		70–79	9004	46.5	20.6	17.4	11.6	3.9
		80–89	4372	35.0	18.5	21.4	19.4	5.7
		≥90	696	22.8	13.5	24.1	32.0	7.6
	Weiss et al (2016) ¹²⁷	≤45	28 316	76.9	13.6	5.9	3.6	..
		>65	60 322	73.2	14.5	7.4	4.9	..
Ulceration ↑	Weiss et al (2016) ¹²⁷	≤45	28 181	Present (%)				
		46–65	60 083	8.1				
		>65	61 150	10.8				
	Ciocan et al (2013) ¹²⁸	<70	1134	12.4				
		≥70	487	20.9				
	Mitotic rate ↑	Macdonald et al (2011) ¹²⁹	<70	373	Mitotic figures per mm ²			
≥70			237	2.7				
Shen et al (2014) ¹³⁰		<50	469	3.6				
		50–70	623	2.0				
		>70	408	2.7				
Location of the primary tumour: Head and neck ↑ Trunk ↓ Extremities*		Schuurman et al (2020) ¹²⁶	<70	42 474	Head and neck (%)	Trunk (%)	Extremities (%)	Unknown (%)
	70–79		9004	9.5	42.0	48.4	0.1	
	80–89		4372	19.9	33.1	46.8	0.2	
	Ciocan et al (2013) ¹²⁸	≥90	696	45.3	13.9	40.4	0.4	
		<70	1134	8.7	41.5	49.8	..	
		≥70	487	29.4	28.6	42.0	..	
Histological subtypes: SSMM ↓ NMM ↑ LMM ↑	Cavanaugh-Hussey et al (2015) ¹³¹	<60	82 348	11.7	44.0	40.7	3.6	
		60–79	61 363	24.1	30.7	39.2	6.0	
		≥80	23 102	35.8	20.5	36.3	7.4	
	BRAF mutations: Overall ↓ V600 ↓ Non V600E ↑	Schuurman et al (2020) ¹²⁶	<70	42 474	SSMM (%)	NMM (%)	LMM (%)	Other or unspecified (%)
			70–79	9004	72.8	10.4	2.3	14.6
			80–89	4372	59.6	15.6	8.9	15.9
Ciocan et al (2013) ¹²⁹		≥90	696	46.5	20.5	13.9	19.1	
		<70	1134	32.9	26.9	15.5	18.8	
		≥70	487	77.4	11.0	2.0	9.6	
NRAS mutations ↑	Cavanaugh-Hussey et al (2015) ¹³¹	<60	73 348	55.9	21.8	10.7	11.6	
		60–79	62 363	34.2	5.3	..	60.5	
		≥80	23 102	25.2	6.8	..	68.0	
	Age-related differences in molecular markers	Bauer et al (2011) ¹³²	≤45	118	18.5	10.3	..	71.2
			46–70	278	67.8
			>70	144	47.8
Devitt et al (2011) ¹³⁴		<50	86	31.9	
		51–70	161	66.3	84.2	8.8	7.0	
		>70	65	45.3	69.9	26.0	4.1	
NRAS mutations ↑	Thomas et al (2015) ¹³⁵	<60	161	21.5	50.0	21.4	28.6	
		60–79	161	51.6	
		≥60	88	33.0	
	Heppt et al (2017) ¹³⁶	<50	299	NRAS mutation				
		50–69	355	13.7				
		≥70	240	8.4				
Heppt et al (2017) ¹³⁶	<50	52	15.2					
	50–69	90	17.9					
	≥70	70	25.6					

Figure 4: Differences in melanoma biology according to age

Arrow pointing down indicates that all data point to a decrease with age. Arrow pointing up indicates that all data point to an increase with age. LMM=lentigo maligna melanoma. NMM=nodular malignant melanoma. SSMM=superficial spreading malignant melanoma. *There are no clear age differences. Bold values indicate a statistically significant difference between the young and old group in each study (p<0.05). †Indicates % compared with total BRAF mutations.

tumour thickness,^{126,127,129} higher frequency of ulceration,^{127,128} and a higher mitotic index.^{129,130} This difference could partly be explained by a delay in diagnosis because of difficulties in self-skin examination (eg, visual impairment and physical limitations), the absence of a partner for a home examination,¹²⁸ or simply by physical impairments, practical issues, or both, making doctor visits more difficult. It could also be because of the clinical presentation of the lesion making self-diagnosis more difficult. The nodular melanoma subtype, for example, often does not have the classic asymmetry, border irregularity, colour variation, and diameter of more than 6 mm criteria, hence making this lesion more difficult to detect to the untrained eye.^{137,138} In addition, melanoma in the older adult is more often associated with clinical signs of chronic, cumulative sun exposure (photoaging), such as solar elastosis.^{139,140} Therefore, it is not surprising that older patients preferentially develop primary melanoma in habitually sun-exposed areas, such as the head and neck, face, and dorsal-distal side of the extremities.^{126,128,131} Notably, several studies indicate that melanoma located on the scalp is associated with a higher incidence of brain metastases^{141,142} and represents an independent predictor for worse melanoma-specific survival.^{143,144}

When comparing the distribution of the histopathological subtypes in different age groups, it is notable that nodular melanoma, an aggressive subtype with a disproportionately high case-fatality rate compared with the incidence rate,¹⁴⁵ is more frequent in the older patient. In contrast, superficial spreading melanoma, the most common subtype in young patients, is less frequent at an older age.^{126,128,131} Lentigo maligna melanoma, a lentigo maligna that invades the dermis, can be considered the classic subtype associated with chronic sun-damage and is, unsurprisingly, more frequent at an older age.^{126,128}

Age-related differences in molecular markers

BRAF mutation is a molecular hallmark in approximately 50% of primary melanomas. This mutation does not influence the disease-free interval after the primary diagnosis, yet it shows a trend towards a poorer outcome in stage 4 disease.^{146–148} Notably, the prevalence of *BRAF* mutation is inversely proportional to age and solar elastosis.¹³² Younger patients with metastatic melanoma have a high prevalence of *BRAF* mutations with a predominance of the V600E genotype.^{132–134} In contrast, older patients have a lower prevalence of *BRAF* mutations overall, but within the group of *BRAF* alterations there is a higher proportion of non-V600E genotypes, predominantly V600K.^{132–134} Furthermore, an increased frequency of the *NRAS* mutation is observed with increasing age and is associated with a worse outcome.^{134,136,149} *NRAS*-targeted therapies are still in the stage of clinical trials, but *MEK* inhibition has been used in clinical trials¹⁵⁰ and *NRAS*-mutated melanoma might have an increased benefit from immune-based therapies compared with other genetic subtypes.¹⁵¹

Immunological features and their association with age

The immune system plays a role in controlling tumour growth in melanoma. Ageing of the immune system is believed to cause an absence of immune surveillance, hence facilitating melanoma development and growth. However, little is known about the differences in the composition of the tumour environment between young and old patients. The presence or absence of a lymphocytic infiltrate in the vertical growth phase of a primary melanoma is needed to predict patient outcomes in terms of lymph node metastasis, disease recurrence, and melanoma-specific survival.^{152–154} The lymphocytic infiltrate is defined as brisk, that is, that there is diffuse infiltration of lymphocytes in the entire invasive component or across the entire base of the vertical growth phase, or non-brisk, that is, that there is focal infiltration of lymphocytes. Notably, no significant differences between different age groups (eg, a brisk infiltration pattern in 15·5% of patients <50 years vs 12·8% in patients aged 70 years or older) were reported in the literature.^{129,135}

Colorectal cancer

Patients with colorectal cancer are diagnosed at a median age of around 70 years. In the UK and France, approximately 45% of cases are identified in patients aged older than 75 years,^{155–158} with the age group with the highest incidence being 85–89 years. An overview of the age-specific differences in colorectal cancer biology can be found in figure 5 and the panel.

Age-related differences in histology

Colorectal cancer typically arises from genetic mutations and epigenetic modifications affecting different molecular pathways. Depending on the germline and somatic mutation burden, many different mechanisms are involved, making this a complex and heterogeneous disease. Approximately 80% of sporadic colorectal cancer follows the so-called conventional adenoma-carcinoma pathway, whereby the mechanisms of epithelial renewal are disrupted either through exogenous (eg, diet, smoking, alcohol, or obesity) or endogenous (eg, chronic inflammation or oxidative stress) factors.¹⁷⁵ In this setting, adenomatous polyps can evolve into dysplastic lesions and eventually lead to the development of colorectal cancer. The molecular pathway involved is the chromosomal instability pathway, which is characterised by deletions, insertions, and a loss of heterozygosity. The most important genes involved are *APC*, *TP53*, and *DCC*.^{176,177} For the other approximately 20% of colorectal cancer cases, an alternative pathway for colorectal cancer carcinogenesis exists, which appears to be more common in older patients. Implicated in this pathway are so-called serrated polyps (traditional serrated adenomas or sessile serrated lesion).¹⁷⁸ These polyps are more likely to be found in the right colon, have a higher malignant potential, and are rarely present with mutations in the *APC* gene.¹⁷⁹ In addition, their natural course is less

predictable and time to malignant transformation can be quite short. Older patients have a higher incidence of right-sided tumours, reaching approximately 50% in patients over 80 years.^{159,160,180} In this age group, women have a more than 10% higher incidence than men for right-sided tumours. Biologically, right-sided tumours show a particular appearance, with mucosal microbiota being characterised almost universally by invasive bacterial aggregates.¹⁸¹ Generally, they are associated with a worse prognosis in the metastatic disease setting as compared with left-sided tumours.¹⁸² The histological grading of colorectal cancer, including the degree of tumour differentiation, does not change with age.^{161,162} Similarly, the histological subtype generally does not differ notably between young and older patients, with equally prevalent adenocarcinoma and signet ring cell carcinoma; but with the exception of mucinous adenocarcinoma, which is more common in the older patient.¹⁶³ Nonetheless, adenocarcinoma is by far the most prevalent subtype in all age groups.¹⁶³

Age-related differences in molecular markers

As stated earlier, serrated polyps are more likely to be encountered in older patients. There are two main molecular mechanisms implicated in the malignant transformation from benign serrated polyps to colorectal cancer: CpG island methylator phenotype (CIMP) and microsatellite instability (MSI). The CIMP pathway is based on epigenetic instability and is characterised by the hypermethylation of several gene promoter regions, such as hMLH1, which is abundant in CpG islands. MSI results from the defective mismatch repair mechanism leading to a predisposition to mutations and drives one of the key mechanisms of oncogenesis in colorectal cancer. CIMP-high tumours have a distinct clinical and molecular profile. They are mostly associated with a right-sided colon location, poor histological differentiation, the presence of *BRAF* mutations, and an older age.^{164–166} CIMP can exist with or without MSI, but 70–80% of MSI tumours can be attributed to CIMP.^{165,183–185} Therefore, it is unsurprising that there is a high prevalence of the MSI phenotype and *BRAF* mutations in older patients with colorectal cancer, especially those older than 75 years.^{164,165,167–171} MSI tumours are more common in women, although there is no clear sex difference for the *BRAF* mutation.¹⁸⁶ The overall incidence of *BRAF* mutations in colorectal cancer is 10–15%, but as already mentioned, it appears to be higher in older patients. The presence of *BRAF* mutations without MSI results in a worse prognosis in a metastatic setting.¹⁸⁷ However, phase 3 trials have shown a benefit for the combination of *BRAF* and *EGFR* (and *MEK*) inhibitors as a second and subsequent line of treatment for patients with metastatic colorectal cancer.¹⁸⁸

KRAS mutations, associated with a poor prognosis in patients with colorectal cancer,¹⁷² are also common in right-sided tumours and age-specific differences might also exist, but are not clearly documented in the

Colorectal cancer							
	Reference	Age group	n	Right colon (%)	Left colon (%)	Rectum (%)	
Age-related differences in histology and subtypes	Tumour sidedness: Right colon ↑ Left colon* Rectum ↓	<60	78105	34.8	33.3	31.9	
		60–69	64942	45.2	29.9	31.9	
		≥70	127343	59.0	24.6	31.9	
	Kotake et al (2015) ¹⁶⁰	≤64	18620	23.0	31.0	31.9	
		64–79	18518	32.7	32.2	31.9	
		≥80	3713	43.0	27.6	31.9	
	Reference	Age group	n	Grade 1 (%)	Grade 2 (%)	Grade 3 (%)	Grade 4 (%)
Age-related differences in histology and subtypes	Differentiation* (grade)	≤64	8925	8.8	69.6	20.9	0.6
		65–79	13761	8.8	69.1	21.4	0.7
		≥80	8220	8.1	67.6	23.4	0.8
	Derwinger et al (2010) ¹⁶²	<53	226	5.0	61.3	24.7	9.0
		53–84	1770	5.4	69.4	19.6	5.6
		≥85	224	5.1	66.0	24.7	4.2
	Reference	Age group	n	Adenocarcinoma (%)	MAC (%)	SRCC (%)	
Age-related differences in histology and subtypes	Histological subtypes: Adenocarcinoma and SRCC* MAC ↑	<60	111818	91.6	7.1	1.3	
		60–74	141249	91.5	7.5	1.0	
		≥75	131929	89.6	9.4	1.0	
	Reference	Age group	n	CIMP high or positive (%)			
Age-related differences in molecular markers	CIMP ↑	<60	193	10.9			
		60–74	430	18.6			
		≥75	490	21.2			
		Barault et al (2008) ¹⁶⁵	≤65	156	5.8		
			66–75	184	14.1		
			>75	242	25.6		
Jia et al (2016) ¹⁶⁶	≤65	501	10.2				
	66–75	456	12.1				
	>75	428	19.4				
	Reference	Age group	n	MSI (dMMR) (%)			
Age-related differences in molecular markers	MSI ↑ (dMMR)	<60	193	11.9			
		60–74	430	14.7			
		≥75	490	19.2			
		Barault et al (2008) ¹⁶⁵	≤65	154	3.9		
			66–75	183	10.9		
			>75	242	22.7		
		Bläker et al (2019) ¹⁶⁷	<65	642	10.3		
			65–74	698	8.7		
			≥75	655	15.0		
		Aasebø et al (2019) ¹⁶⁸	≤75	383	5.5		
			>75	200	9.5		
			<75	482	10.8		
Aparicio et al (2014) ¹⁶⁹	≥75	272	19.5				
		Reference	Age group	n	<i>BRAF</i> mutation (%)		
	Age-related differences in molecular markers	<i>BRAF</i> mutations ↑	<65	642	4.8		
65–74			698	6.6			
≥75			655	12.5			
Sorbye et al (2015) ¹⁷⁰			<60	106	17.9		
			60–75	190	20.0		
			>75	150	23.3		
Phipps et al (2012) ¹⁷¹	<60	955	6.3				
	60–69	619	17.0				
	≥70	406	20.2				
	Reference	Age group	n	<i>KRAS</i> mutation (%)			
Age-related differences in molecular markers	<i>KRAS</i> mutations* †	<60	3,821	39.4			
		60–79	4,171	41.7			
		≥80	991	37.2			
		Farina-Sarasqueta et al (2010) ¹⁷³	<60	72	26.4		
			60–72	146	34.9		
			≥73	73	41.1		
Berg et al (2010) ¹⁷⁴	<50	45	28.9				
	51–70	67	29.9				
	>70	69	34.8				

Figure 5: Differences in colorectal cancer biology according to age

Arrow pointing down indicates that all data point to a decrease with age. Arrow pointing up indicates that all data point to an increase with age. *There are no clear age differences. †Data are not perfectly consistent. Bold values indicate statistically significant difference between the young and old group in each study ($p < 0.05$). CIMP=CpG island methylator phenotype. dMMR=deficient mismatch repair. MAC=mucinous adenocarcinoma. MSI=microsatellite instability. SRCC=signet ring cell carcinoma.

Search strategy and selection criteria

For this narrative Review, the references were identified through searches of PubMed with the search terms “aging”, “older patients”, “elderly”, “breast cancer”, “melanoma”, “lung cancer”, “colorectal cancer”, and “prostate cancer”, published at the latest by May, 2021. Articles were also identified through searches of the authors’ own files. Further references were extracted by manually searching the bibliographies of all selected articles. We only included articles in English that were published in peer-reviewed journals. Epidemiological data was also retrieved from different cancer registries, including the Surveillance, Epidemiology, and End Results programme of the National Cancer Institute, the French Network of Cancer Registries of the Institut National du Cancer, and the National Cancer Registration and Analysis Service of Public Health England. The final reference list was generated on the basis of originality and relevance to the broad scope of this Review.

literature.^{172–174} This absence of documentation might partly be because most studies looking at *KRAS* incidence are retrospective, quite often based on previously done clinical trials and therefore have a bias for younger age groups. Intriguingly, the *KRAS* Q61K mutation is associated with older, female patients and is rarely found in rectal tumours.^{186,189} The molecular characteristics described earlier might have profound implications for everyday clinical practice, especially in this older age group.^{190–192}

Immunological features and their association with age

In colon cancer, there is a strong correlation both between immune cell infiltrates or adaptive immune reactions in the tumour and the invasive margin, and the time to recurrence and overall survival. Consensus immunoscore is a scoring system that relates to CD3+ and cytotoxic CD8+ T-lymphocytes densities within the tumour and the invasive margin.¹⁹³ Multivariate analysis from a large validation of the consensus immunoscore for the prognostic effect of colon cancer showed that the association between the immunoscore and the time to recurrence was independent of age, sex, tumour and node stage, and MSI status.¹⁹⁴ However, the role of the immunoscore in the management of colorectal cancer needs more investigation to better define its effect on the need, type, and duration of adjuvant therapies.¹⁹⁵

Conclusion

Ageing clearly affects tumour biology. In this Review, we focused mainly on age-related biological characteristics at the first diagnosis of cancer, which are truly inherent to the tumour and unaffected by previous treatment or by different treatment approaches according to age. We did not analyse the effect of age on treatment response or survival, which is beyond the scope of this Review.

Moreover, there might be many reasons other than tumour biology as to why response or survival are different in older people, including differences in treatment choice, drug pharmacokinetics and pharmacodynamics, the competing risk of mortality, and comorbidities, etc. The publications selected for this Review are the ones considered most relevant by the authors; most of them are highly specialised in one of the five specific tumour types considered, as well as in geriatric oncology as a whole. We did not do a systemic review, as this would have been impossible; nearly every biomarker in every tumour type would need a separate systematic review.

Our review reveals biological differences in all five common cancer types that were evaluated. In breast cancer, tumours are in general more indolent with a lower grade, more luminal subtype, and more oestrogen receptor positivity. Subtypes also differ in lung cancer, with a higher proportion of the SCC (with its poor prognosis) compared with the adenocarcinoma subtype at an older age. Likewise, prostate cancer and melanoma seem more aggressive at higher age, as indicated by a higher Gleason or ISUP grade and D’Amico risk group in prostate cancer, and increased Breslow thickness, ulceration, and mitotic rate in melanoma. In addition, for melanoma, clear age-related differences exist in tumour location and histological subtype. In colorectal cancer, right colon tumours (which are prognostically less favourable) increase with age, whereas rectal cancer decreases.

Studies reporting on molecular alterations according to age show clear differences in specific tumour mutations or other molecular markers. This finding might have notable consequences regarding treatment (eg, targeted therapies) for the different tumour types. Mutational signatures are also expected to alter with increasing age, but there are hardly any data available. It has been shown that tumours from older patients present with an overall increase in genomic instability, somatic copy-number alterations, and somatic mutations, along with age-related global transcriptomic changes, partly regulated by age-associated DNA methylation changes.¹⁹⁶

The investigation of the peri-tumour or intra-tumour immune environment according to age is still undeveloped. Exploratory studies in older patients with cancer show marked differences in the abundance and composition of the immune infiltrate. More research is needed and might lead to a better understanding of the immune landscape in older patients with cancer, and consequently more potential for targeted (immunotherapy) interventions according to age.

One notable limitation of this Review that might affect the results to some extent is the heterogeneity in the population included in the different studies. However, this variety would primarily explain the differences in frequency observed throughout the studies, but consistency in the direction of the observed differences

(increase or decrease) in several studies is most likely reflecting an underlying age-related biological process. In addition, the selection of the five most prevalent cancer types within this Review is on the basis of the Surveillance, Epidemiology, and End Results programme database, which is mostly representative of the epidemiology of cancer in a so-called Anglo-European, high-income country, whereas other countries or regions might have different cancer issues (eg, cervical and head and neck cancer in India).

To conclude, although most tumour subtypes and molecular alterations seem to be present in all age categories, there are clear shifts in the distribution of these characteristics with increasing age. The biological explanation as to why some subtypes and alternations are more frequent in older people has yet to be elucidated. Cumulative DNA damage with increasing age and immunosenescence might play a role, but are insufficient to explain all the observations summarised in this Review. A better understanding of these biological processes is needed and might help to better understand cancer biology globally, and as such improve personalised cancer care in both young and old people with cancer.

Contributors

YVH, AF, and HW contributed to the conceptualisation and design of the study. YVH and HW provided supervision of the study. SA, DP, LD, YL, MP, OB, JH-C, FB, CD, and SH contributed to the literature search and data collection. All authors contributed to the literature review, data collection, and assembly of the data. YVH, AF, and HW wrote the original draft of the manuscript, and all authors reviewed and edited the manuscript. All authors gave final approval of the manuscript and agreed with the decision to submit for publication.

Declaration of interests

HW's institution (Department of General Medical Oncology, University Hospitals Leuven, Leuven Cancer Institute, Leuven, Belgium) received financial compensation for advisory board and lecture fees from AbbVie, ARIEZ, AstraZeneca, AstraZeneca Ireland, Biocartes, Congress Care, Daiichi Sankyo, Eisai, Immutep, Federaal Kenniscentrum Voor de Gezondheidszorg, Lilly, Merck Sharp & Dohme, Novartis, ORION Corporation, Pfizer, PSI CRO AG, Puma Biotech, Roche, Sirtex, The Planning Shop, and Aptitude Health; and an unrestricted research grant from Roche. LD's institution received research grants from Boehringer Ingelheim; financial compensation for advisory board and lecture fees from AstraZeneca, Bristol Myers Squibb, Merck Sharp & Dohme, and Roche; and travel support from AstraZeneca, Merck Sharp & Dohme, and Roche. FB received financial compensation for advisory boards and lecture fees from Bayer, Bristol Myers Squibb, GlaxoSmithKline, Merck, and Merck Sharp & Dohme; a research grant from Sanofi; and travel support from Bristol Myers Squibb, GlaxoSmithKline, and Merck Sharp & Dohme. All other authors declare no competing interests.

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