

Young informal caregivers in Flanders (Belgium). The impact of caring on their personal life.

Identifying young carers in Flanders and working together towards young carer friendly schools in Flanders.

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Informal care: competence of regions in Belgium (Flanders)

2016-2020: °First plan in Flanders for informal caregivers where **young informal caregivers** are introduced

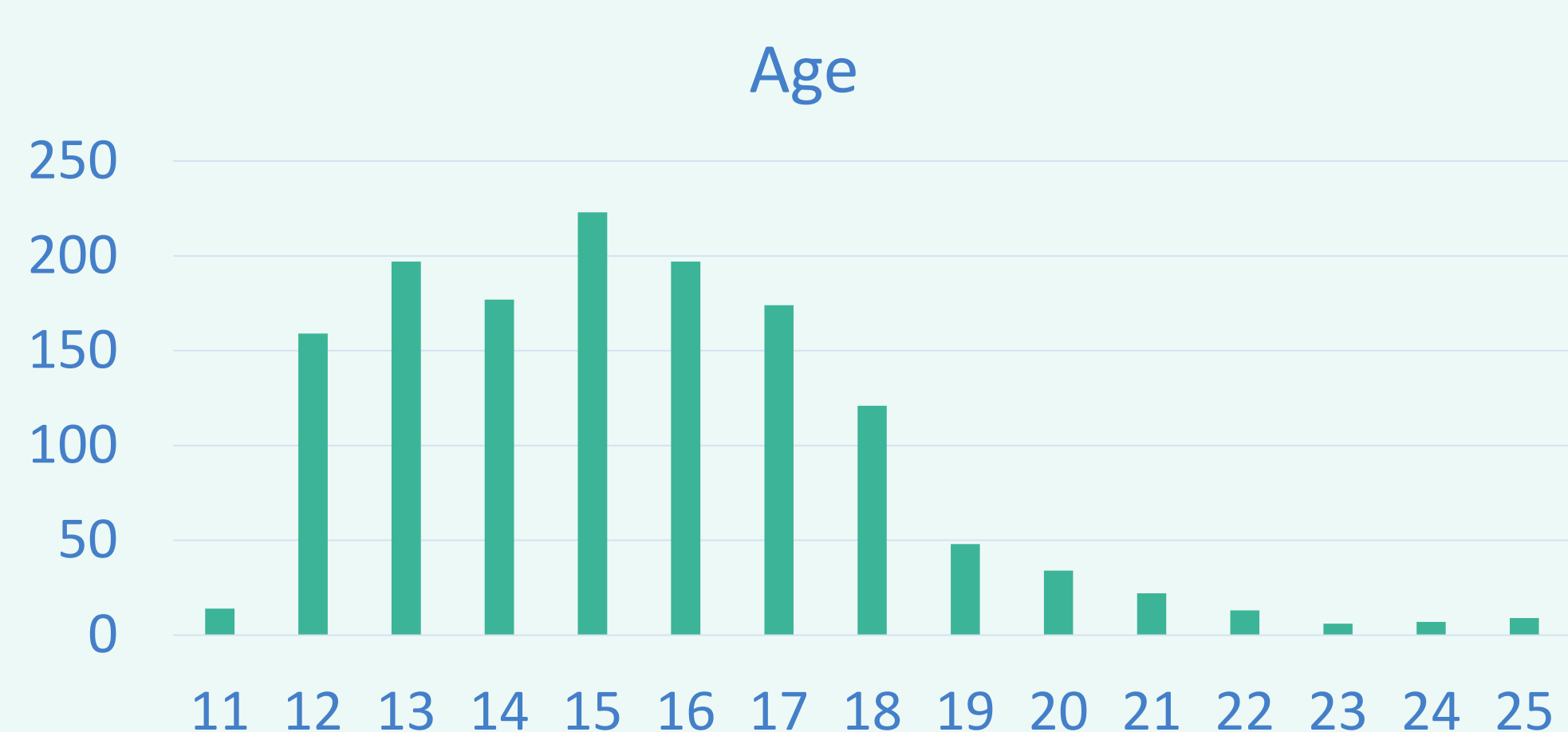
Young informal caregivers (YIC):

- Children and youngsters ≤ 25Years
- Live together with family member (illness or disability >3 Months)
- Take up (aspects of) care



Prevalence YIC in Flanders in 2016: 20.000 - 40.000 YIC between 5-18 years (estimation)

➔ Underestimation (under the radar, no registration, age range)



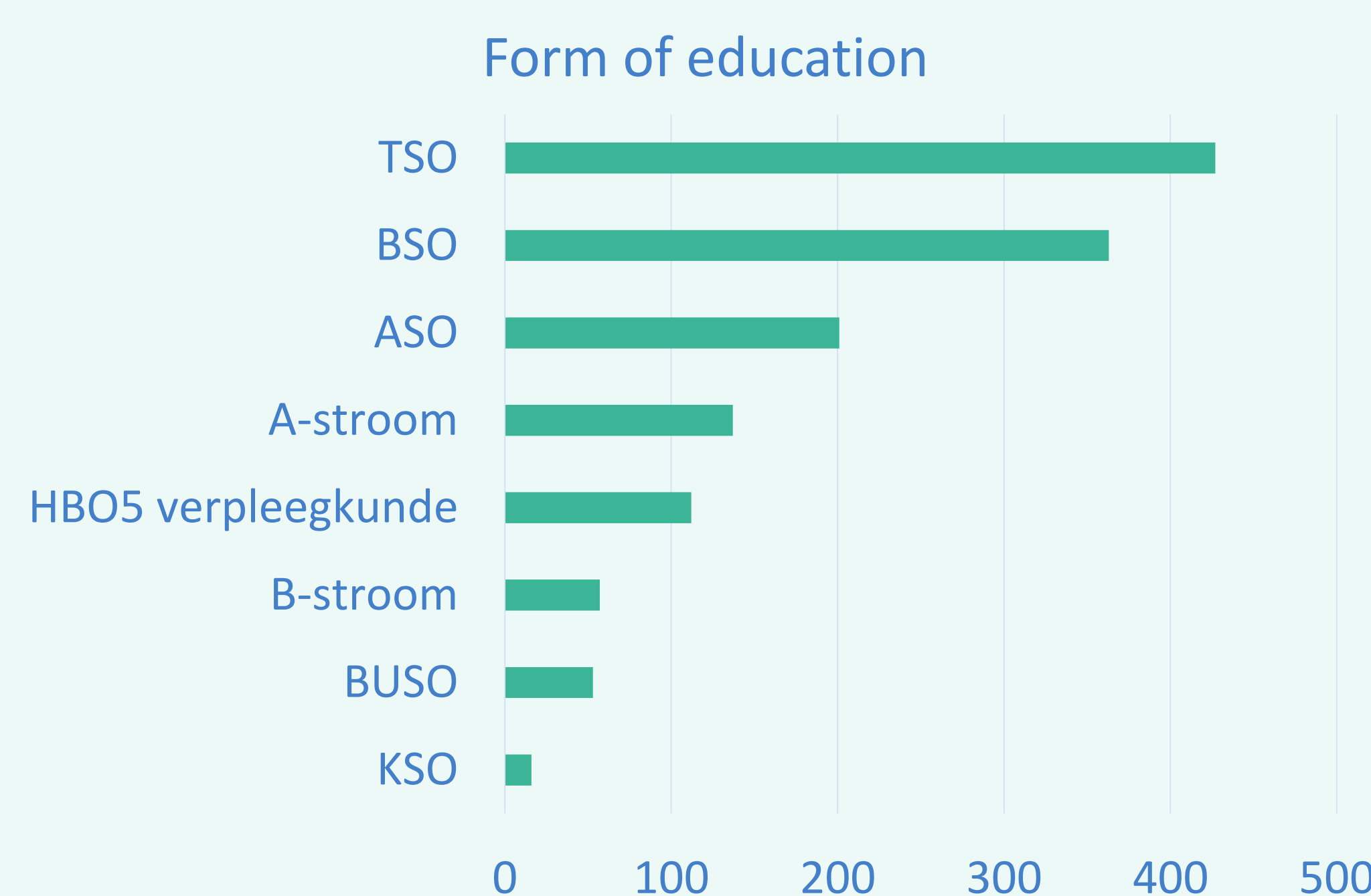
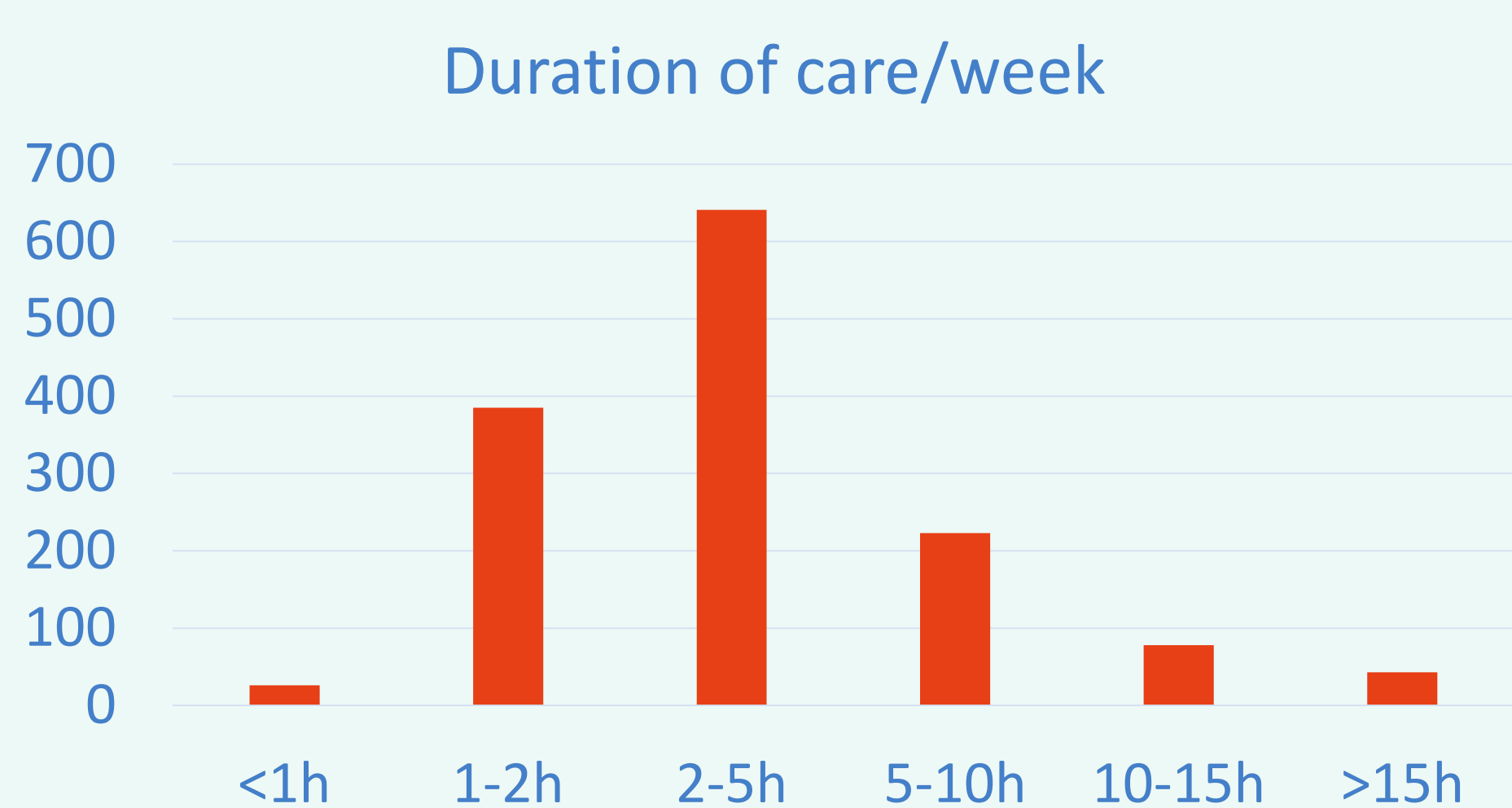
Aims project: 1. To identify YIC in Flanders (13 high schools and colleges for continued education); 2. To identify challenges YIC face

°2017, 2018, 2019, 2020, ... ➔ questionnaires, dissemination, summit

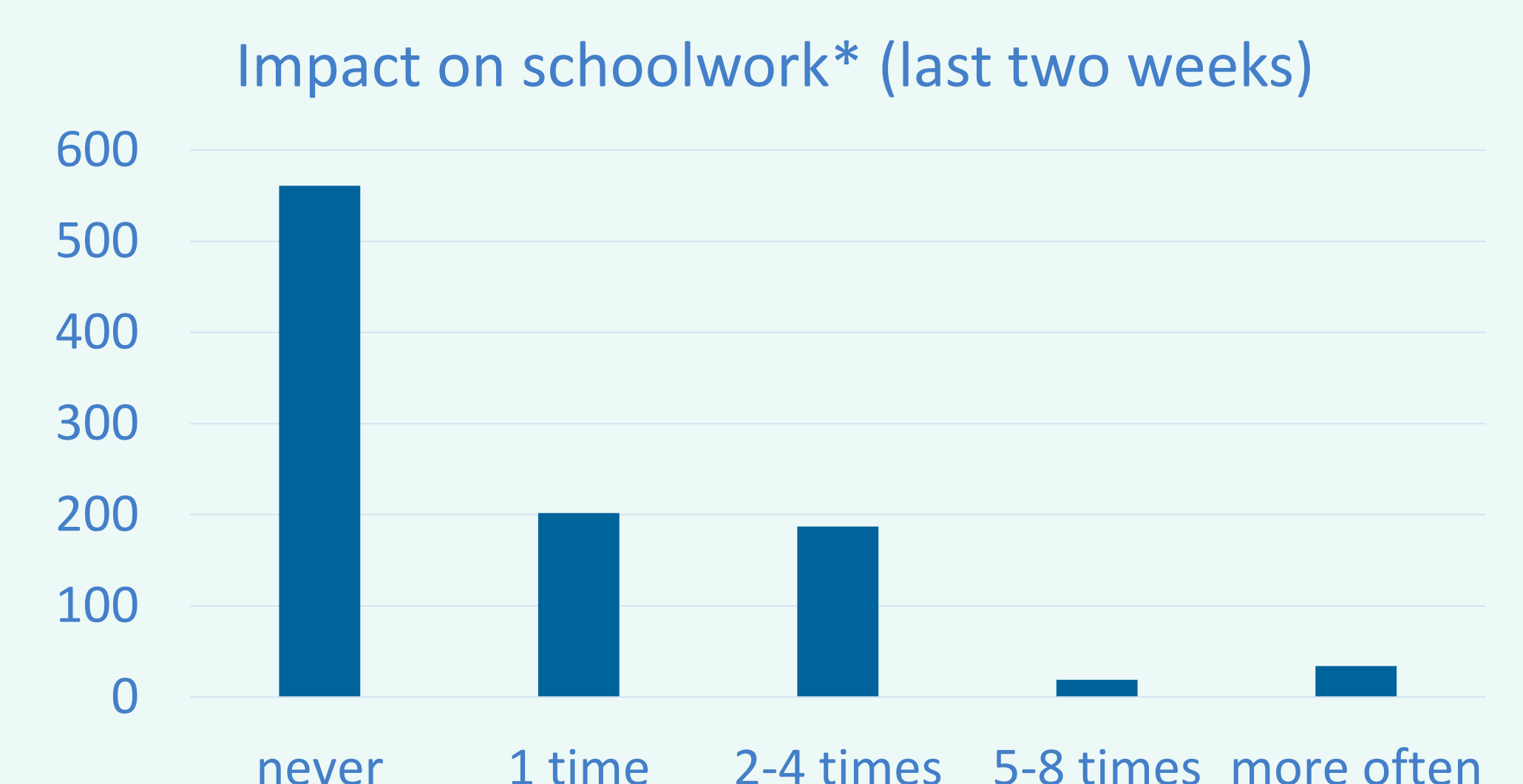
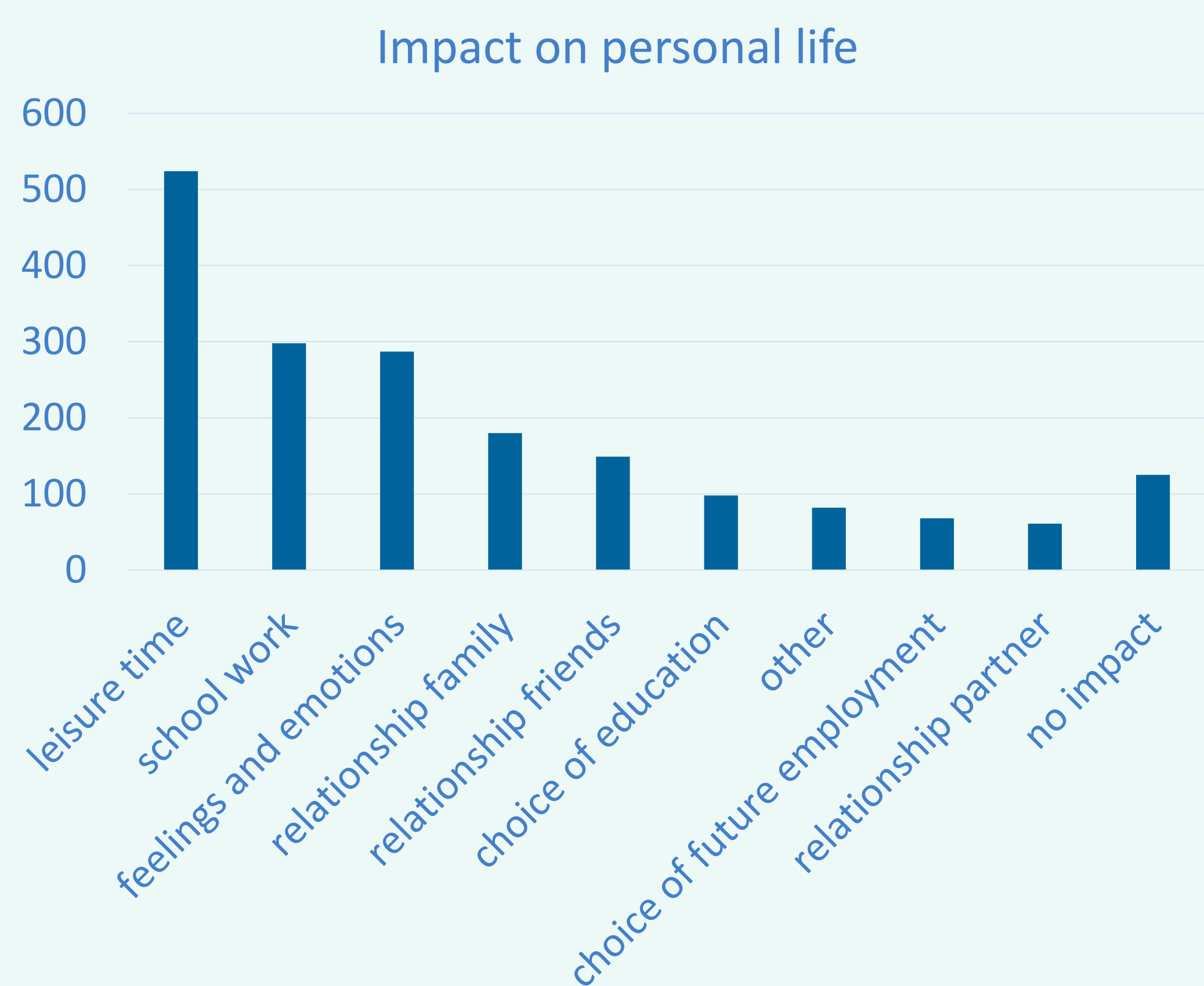
Schools: 9.272 youngsters (42% males and 58% females; 10-25 years)

Young informal caregivers: 1.424 YIC (15%) (29% males and 70% females; 11-25 years)

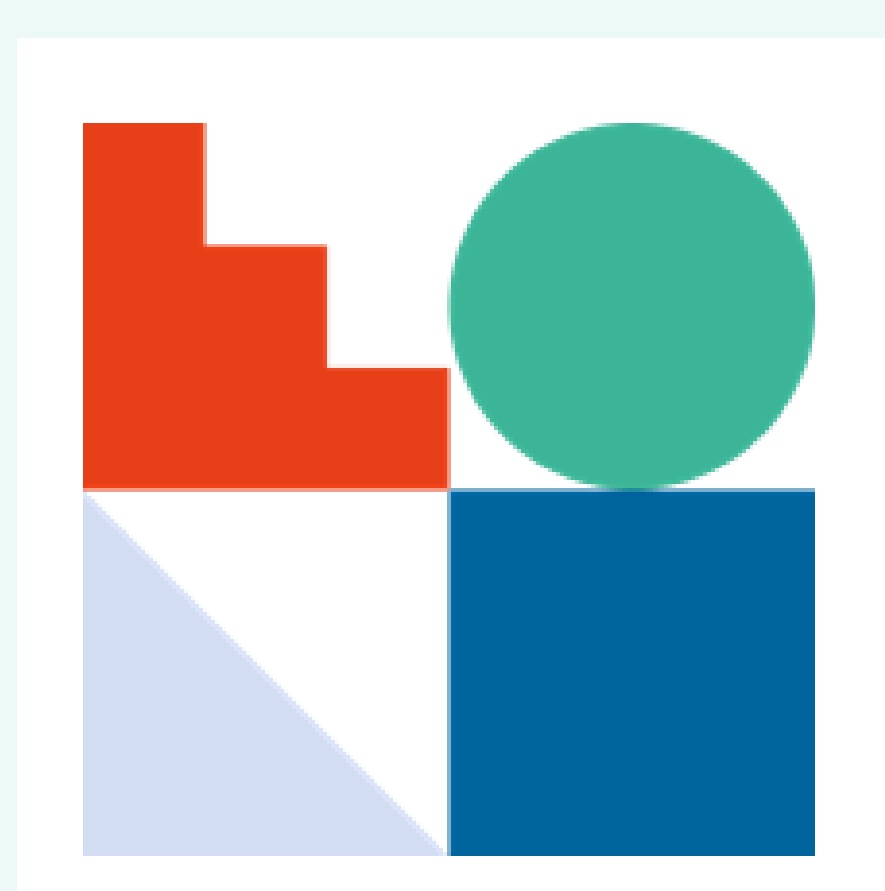
Teachers: 965



Book: Young informal caregivers at school
(Vanderlinden and Van Walle, 2019; Politeia, Brussels)



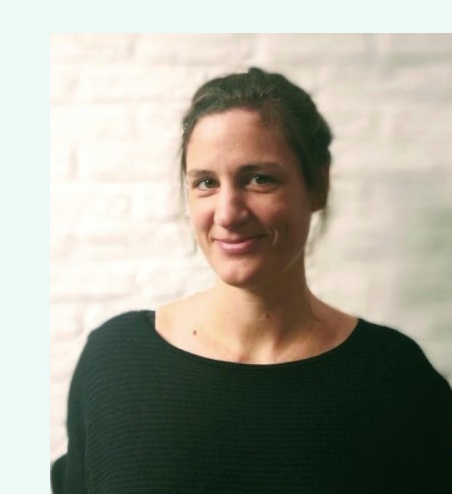
* Arriving too late at school; Not being able to study or make homework; Not being able to concentrate in class



Want to know more?
Want to collaborate?
Contact us.



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