

Molecular imaging of norepinephrine transporter-expressing tumors: Current status and future prospects

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Abstract

The human norepinephrine transporter (hNET) is a transmembrane protein responsible for reuptake of norepinephrine in presynaptic sympathetic nerve terminals and adrenal chromaffin cells. Neural crest tumors, such as neuroblastoma, paraganglioma and pheochromocytoma often show high hNET expression. Molecular imaging of these tumors can be done using radiolabeled norepinephrine analogs that target hNET. Currently, the most commonly used radiopharmaceutical for hNET imaging is *meta*-[¹²³I]iodobenzylguanidine ([¹²³I]MIBG) and this has been the case since its development several decades ago. The γ -emitter, iodine-123 only allows for planar scintigraphy and SPECT imaging. These modalities typically have a poorer spatial resolution and lower sensitivity than PET. Additional practical disadvantages include the fact that a two-day imaging protocol is required and the need for thyroid blockade. Therefore, several PET alternatives for hNET imaging are actively being explored. This review gives an in-depth overview of the current status and recent developments in clinical trials leading to the next generation of clinical PET ligands for imaging of hNET-expressing tumors.

Key words: norepinephrine transporter, neural crest tumor, MIBG, PET, SPECT

Introduction

The human norepinephrine transporter (hNET) is a transmembrane protein regulating noradrenergic signaling in the peripheral and central autonomous nervous system. Located at the presynaptic membrane of sympathetic nerve terminals and adrenal chromaffin cells, this Na⁺/Cl⁻-dependent monoamine cotransporter is the primary reuptake mechanism for norepinephrine (Figure 1), a catecholamine involved in mood, sleep, behavior, alertness, arousal and regulation of heart rate and blood pressure.^{1, 2} The hNET is also expressed by several tumors of neuroendocrine origin, in particular neuroblastoma, pheochromocytoma (PHEO) and paraganglioma (PGL).³ The fact that these tumor cells are therefore able to specifically take up and store norepinephrine can be exploited in the clinical management of these malignancies both for imaging and therapy.³ Around 1980, Wieland *et al.*⁴ developed radiolabeled *meta*-iodobenzylguanidine (MIBG), a synthetic analog of norepinephrine, for imaging of the adrenal medulla. MIBG is an aryl-alkylguanidine that has an even greater antiadrenergic potency than its two constituents: the benzyl group of bretylium with the guanidine group of guanethidine.⁴ As a substrate for the hNET, MIBG is taken up by hNET-expressing tumors as well as normal sympathetically innervated tissues, such as the heart and salivary glands.⁵ *In vitro* affinity studies reported 50% inhibitory concentration (IC₅₀) values of 1.2 to 1.7 μM for MIBG binding to the hNET in the human neuroblastoma cell line SK-N-BE(2)C and hNET stably transduced C6 rat glioma cells, respectively.^{6, 7} For the past decades iodine-123 and iodine-131-labeled MIBG have been used for imaging and therapy, respectively. Up to now, it is still the most widely used hNET targeting agent.³

In this review, we give an overview of the current status of hNET imaging and recent developments leading to the next generation of hNET PET ligands. We will focus on molecular

imaging of hNET-expressing neural crest tumors (neuroblastoma, PHEO and PGL). Although some other tumor types, such as carcinoids (midgut more frequently than foregut tumors), medullary thyroid carcinoma and Merkel cell carcinoma,⁸⁻¹⁰ may be able to concentrate MIBG, overall sensitivity is too low for consistent imaging and tracers for other molecular targets, e.g. the somatostatin receptor (SSTR), are recommended.^{11, 12}

Neural crest tumors: embryology, epidemiology, genetics and molecular biology

Neural crest cells originate from the ectoderm cell layer. After undergoing an epithelial-mesenchymal transition and delamination, they are able to migrate through the embryo to populate target tissues and differentiate in numerous cell types of different cell lineages.¹³ The sympatho-adrenal lineage arises from truncal neural crest cells that migrate ventrally to populate (i) the paravertebral sympathetic ganglia, (ii) the paraganglia and (iii) adrenal medulla where they differentiate into catecholamine-secreting chromaffin cells.¹³ Tumors developing from this lineage include neuroblastoma, PHEO, PGL and ganglioneuroma (benign tumors of mature ganglia). The melanocytic lineage gives rise to melanocytes. Malignant transformation results in the most frequent and aggressive neural crest cell tumor, the malignant melanoma.¹³ Finally, the Schwann cell lineage also gives rise to melanocytes, along with neurons, fibroblasts, Schwann cells and parasympathetic ganglia. Since tumors from the melanocytic and Schwann cell lineage do not express hNET, they will not be discussed in this review.

Neuroblastoma is a childhood cancer with worldwide incidence rates varying from 3 to 15 per million children under 15 years of age.¹⁴ It represents the most common type of cancer diagnosed in the first year of life,¹⁵ but is only very rarely diagnosed after the age of 15 (0.2% of cancer cases in young people aged 15-19 years).¹⁴ Neuroblastoma is thought to develop from

precursor cells committed to the sympatho-adrenal lineage. They are usually located in the adrenal medulla and paraspinal sympathetic ganglia.^{13, 15} Approximately half of the patients show metastatic disease at time of diagnosis, with metastases typically in the regional lymph nodes, bone marrow and bone.^{15, 16} Prognosis is highly variable, depending on the risk stratification, with long-term overall survival rates up to 99-100% for children with very-low-risk neuroblastoma and less than 50% for high-risk patients, despite intensive multimodality therapy.^{16, 17} The most aggressive tumors exhibit MYCN oncogene amplifications, which is generally associated with poor patient survival, even in localized disease.¹⁶ Differentiation into benign ganglioneuroma and spontaneous regression have also been described, most commonly in infants with stage 4S neuroblastoma.¹⁸ Although the exact mechanisms of spontaneous regression remain unclear, several possibilities have been proposed, such as nerve growth factor depletion, high telomerase activity, immunological mechanisms leading to an anti-tumor immune response and alterations in epigenetic regulation.¹⁸ Since neuroblastoma cells usually show high hNET expression, approximately 90% of the tumors are MIBG avid.^{19, 20}

PGL and PHEO are highly vascularized neural crest tumors that arise from autonomic ganglia and chromaffin cells in the adrenal medulla, respectively.¹³ The combined estimated age-adjusted incidence is around 6 per million per year, PHEO being four times more common than PGL.²¹ Almost all PHEOs and sympathetic PGLs secrete catecholamines, which may result in symptoms of paroxysmal or resistant hypertension, palpitations and perspiration or the patient may even present with arrhythmia, myocardial infarction or stroke.^{22, 23} Measurement of free metanephrine (a methylated metabolite of epinephrine) levels in plasma or urinary fractionated metanephrine excretion are the cornerstone for diagnosis, with subsequent imaging to localize the disease sites.^{22, 23} Parasympathetic PGLs that are mostly found in the head or neck do not usually produce catecholamines and are diagnosed by their mass effect, or incidentally – as is

also the case for asymptomatic PHEO and sympathetic PGLs – or on the basis of family and germ-line mutation testing.^{22, 23} It is estimated that about 40% of PHEO and PGL are hereditary.²⁴ This increases to 70% in case of multiple PHEOs or the combination of PHEO with a metachronous or synchronous PGL.²⁵ At least 18 susceptibility genes and 12 genetic syndromes with predisposition of PHEO and PGL have been reported.^{23, 24}

Molecular uptake and storage mechanisms

The hNET is a monoamine transporter protein encoded by the SLC6A2 gene, localized on chromosome 16q12.2.^{1, 26} In 1995, Pörzgen *et al.*²⁷ found that the hNET gene spans 45 kb from start to stop codon and consists of 14 exons, disrupted by 13 introns. Three years later, Meyer *et al.*²⁸ were able to clone and characterize the promotor of the hNET gene. They reported that hNET expression can be seen in direct relation to cyclic adenosine monophosphate (cAMP), because of a cAMP response element located upstream of the core promotor. Only recently, Góral *et al.*²⁹ extensively studied the crystal structure of the hNET and reconstructed virtual structure models based on their findings. As previously mentioned, the hNET is expressed on the presynaptic plasma membrane of sympathetic neurons and cell membranes of chromaffin cells. As a member of the Na⁺/Cl⁻-dependent cotransporters, like transporters for serotonin, dopamine, glycine and gamma-aminobutyric acid (GABA), it plays a key role in the reuptake of synaptically released norepinephrine and maintaining neurotransmitter homeostasis.^{1, 2} As a synthetic analog of norepinephrine, exogenously administered MIBG is transported by the hNET as well. There are three main phases in MIBG handling: uptake, storage and release (Figure 2).^{20, 30} Depending on the tumor type, all of the three processes are of varying importance for MIBG-based imaging, as discussed below.

The main uptake pathway (Uptake-1) is an active, specific process mediated by the hNET.²⁰ As this is a Na⁺/Cl⁻-cotransporter, it is dependent on Na⁺/K⁺-ATPase to maintain a high extracellular Na⁺ concentration. Therefore, it is energy dependent and saturable, requiring a favorable Na⁺ gradient as well as a sufficient amount of membrane-bound cotransporters. Furthermore, Uptake-1 is also dependent on pH, temperature, oxygen and vascularity.^{20, 31, 32} Consequently, tumors that are located in hyperthermic, hypoxic and nitric oxide depleted environments might be less MIBG-avid than their hNET expression level would allow them to be. Finally, Uptake-1 can be blocked by Na⁺/K⁺-ATPase inhibitors (ouabain), by competitive inhibition (other catecholamines/analogues) and direct hNET inhibitors (tricyclic antidepressants, such as desipramine (desmethylinipramine), imipramine and clomipramine, and cocaine).^{20, 30,}

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The secondary uptake pathway is a passive, non-specific diffusion through the cell membrane of tumor as well as normal cells.^{20, 32} It depends on a concentration gradient of MIBG favorable for inward diffusion. Therefore, it is energy independent and unsaturable, as long as the favorable gradient exists. Furthermore, this uptake is less sensitive and may even increase at elevated temperature.³² The passive uptake pathway is sometimes referred to as Uptake-2,²⁰ possibly because the molecular uptake of MIBG was poorly understood before successful cloning of the hNET. However, we advise against the use of this term, as it is also used to refer to an active uptake process in postsynaptic cells of extraneuronal tissue via organic cation transporters (OCTs) (see further).^{34, 35} Since Uptake-1 is about 50 times more efficient than its passive counterpart and injected tracer boluses result in low serum concentration, passive MIBG accumulation is considered negligible for molecular imaging purposes.^{20, 30} As a result, any pharmacological inhibition of hNET may significantly reduce MIBG uptake.

After uptake through active or passive transmembrane transport, MIBG either remains in the cytoplasm and/or is stored in neurosecretory vesicles or mitochondria.²⁰ Storage in secretory

vesicles is mediated by vesicular monoamine transporters (VMATs).³⁶ It is believed that the amount of vesicles is related to the differentiation status and/or degree of maturity: better differentiated and/or more mature cells contain more vesicles.^{20,30} Neuroblastoma, for instance, is a relatively immaturely differentiated tumor type with a limited number of secretory vesicles.³⁰ As a result, the majority of MIBG remains in the cytoplasm or mitochondria and only a small fraction (about 7%) is stored in neurosecretory vesicles.²⁰ In contrast, PHEO and PGL are highly differentiated tumors, containing a high number of neurosecretory vesicles.³⁰ For these tumor types, there is a fairly good correlation between MIBG-avidity and secretory vesicle amount.³⁰ On the other hand, high MIBG avidity does not imply high neurosecretory capacity, since no clear relationship was observed between uptake of MIBG and the plasma and urinary concentration of catecholamines and their metabolites.³⁰ Hence MIBG-avidity is only an indicator for the amount of catecholamines stored in a particular tumor.

Some studies suggest an important role of VMAT in retention of MIBG, since long-term retention of MIBG was only observed in tissues with a high level of VMAT expression and MIBG accumulation was effectively reduced by reserpine, a VMAT antagonist.³⁶ On the other hand, in contrast to norepinephrine, which is rapidly degraded when it remains intracellularly, MIBG is enzymatically stable and does not require storage into vesicles for retention.³⁷ Especially in the case of neuroblastoma, VMAT expression is likely of minor importance compared to hNET expression for MIBG avidity.²⁰

It is thought that extended MIBG retention is possible due to the dynamic equilibrium of catecholamine release and reuptake.³⁸ Reuptake, mediated by the hNET, is dependent on optimal working conditions. If these conditions are compromised (e.g. high temperature), it is believed that hNET could reverse and MIBG cotransport could occur to the extracellular space.²⁰ For optimal diagnostics, further research on stimulating (re)uptake and storage and inhibiting efflux is of high interest.

hNET enhancers

Even though the majority of neuroblastomas are [¹²³I]MIBG-avid, the mean objective response rate to [¹³¹I]MIBG therapy is only about 30% in clinical trials.³⁹ Therefore, strategies to improve therapeutic outcome have been explored. Although controversial, several compounds have been suggested as possible enhancers of the hNET, effectively increasing potential MIBG and catecholamine uptake when administered together.⁴⁰⁻⁴⁵

Corticosterone is one such compound.^{40, 41} Judging by scintigraphic imaging patterns of MIBG uptake in several cell types, a fraction of the administered activity is concentrated in cells expressing OCTs (also sometimes referred to as Uptake-2) that are located in several normal tissues, such as the liver (hepatocytes), intestine (epithelial cells), heart (myocytes), kidney (tubulus cells and cortex) and central nervous system (glia, neurons).⁴⁰ For imaging, it is of interest to keep this fraction to a minimum, as these cells may compete for MIBG uptake at the expense of neural crest tumor cells. It was shown that corticosterone, which acts as an inhibitor of OCTs, significantly reduces MIBG uptake in OCT expressing cells.⁴⁰ This was also the case for clinically approved corticosteroids like hydrocortisone and prednisolone.⁴¹ Thus, administering a single intravenous (IV) dose of hydrocortisone or prednisolone prior to [¹²³I]MIBG scintigraphy or [¹³¹I]MIBG therapy might improve specificity and reduce radiation dose to non-target organs, respectively.⁴¹ Further clinical studies are necessary to support this hypothesis, since clinical data is limited to a single case study, where normal heart and liver uptake were reduced in comparison to patients not pretreated with hydrocortisone.⁴¹

Another example is the naturally occurring compound hydroxytyrosol. In rat pheochromocytoma PC12 cells, hydroxytyrosol potently increased hNET activity within minutes.⁴² The exact mechanism remains unknown, but is thought to be related to the strong

antioxidant properties of hydroxytyrosol. Neural crest tumors like PHEO are known to excrete massive amounts of norepinephrine, hereby inducing oxygen free radical formation resulting in oxidative stress.⁴²

Vorinostat, a histone deacetylase (HDAC) inhibitor that causes transcriptional activation of several genes, including those responsible for hNET expression, was also found to increase hNET expression in neuroblastoma cells, causing a dose-dependent increase in MIBG uptake.⁴³ Moreover, it has radiosensitizing effects on neuroblastoma cells as well.⁴⁶ In a phase I clinical trial in 27 neuroblastoma patients, the combination of [¹³¹I]MIBG with vorinostat was found tolerable.⁴⁴ Evaluation of overall response rates is subject of an ongoing randomized phase II trial comparing [¹³¹I]MIBG alone to [¹³¹I]MIBG/vorinostat and [¹³¹I]MIBG/vincristine/irinotecan (clinicaltrials.gov identifier: NCT02035137).

Pretreatment with traditional chemotherapeutic agents, such as doxorubicin and cisplatin, has also been reported to increase hNET expression, thereby improving MIBG uptake.^{20, 45} Furthermore, topoisomerase I inhibitors, such as topotecan may improve accumulation of MIBG, apart from acting as a radiosensitizer.⁴⁷ In a recent retrospective clinical trial in 10 neuroblastoma patients, the combination of topotecan and [¹³¹I]MIBG therapy was found to be well tolerated and effective with high response rates.⁴⁸ Further studies in larger patient groups are ongoing (NCT03165292).

Also several signaling pathways involved in regulation of hNET expression, including protein kinase C (PKC), calcium/calmodulin dependent protein kinase (CaMK), mitogen activated protein kinase (MAPK) and phosphatidyl inositol-3 kinase (PI3K) may be further explored to enhance hNET expression.²⁰

Interfering drugs

Many (classes of) drugs are known to, or highly likely to, interfere with uptake and/or storage of MIBG, such as labetalol, tricyclic antidepressants and sympathomimetics (e.g. vasoconstrictors in nasal sprays).^{5, 33, 49} Therefore, it is recommended that these drugs are interrupted prior to MIBG administration until after imaging. The withdrawal time should be typically four to five biological half-lives.^{5, 33} However, for labetalol for instance, a longer withdrawal time of seven up to ten days is recommended.^{5, 50}

In the 2010 EANM guidelines for [^{123/131}I]MIBG tumor imaging, an extensive list was published with interfering drugs and recommended withdrawal times.⁴⁹ However, it is important to realize that the effect on MIBG uptake of many of these drugs has never been actually tested.^{25, 33} Moreover, although most of these listed medications have a connection with MIBG uptake and/or storage pathways, their mechanism of action does not always result in reduced MIBG uptake and/or storage. Beta agonists, such as salbutamol, for example are typically listed as medication that interferes with MIBG handling. However, these drugs act on post-synaptic beta-2 receptors and therefore have no effect on presynaptic neurons.³³ As a result, their withdrawal is not required. Also calcium antagonists are often listed for withdrawal, although there is no definite proof and their effect (if any) is on MIBG release, not uptake.³³ Withdrawal of calcium antagonists is therefore not necessary. An updated list of the classes of interfering drugs was recently published in the EANM guidelines for neuroblastoma imaging.⁵

Reporter gene imaging

Reporter gene imaging is a method of molecular genetics research.⁵¹ It employs both molecular biology and genetics to study gene expression, signal transduction, receptor activation, protein-protein interaction and several other molecular events in a non-invasive way.⁵¹ A reporter gene is a gene that expresses a protein that can be readily detected. For imaging genes, the detection

is done by a non-invasive imaging modality which can be qualitative or quantitative. The signal strength within the images should correlate with the expression level of the reporter gene.

The hNET gene has been suggested as a useful reporter gene.^{37, 52, 53} When coupled to a specific promoter, transcription and translation in cells where this promoter is active will lead to significant hNET expression. The density of this transmembrane transporter is dependent on the transcription rate dictated by the regulatory sequences to which the hNET reporter gene was coupled. Preclinical studies have shown that hNET is suitable for molecular imaging, especially with [¹²⁴I]MIBG positron emission tomography (PET) and [¹²³I]MIBG single photon emission computed tomography (SPECT).^{37, 52, 53} The human origin of hNET is an advantage from an immunological point of view compared to other PET reporter genes of viral or mammalian origin and hNET directed radionuclide therapy can be used as a suicide mechanism, similar to the SSTR.⁵⁴

A theoretical advantage of hNET imaging is the plasma membrane location of the protein, which allows an interaction with its substrate while it is still extracellular and hence the substrate does not need to diffuse through the cell membrane nor is dependent on transport by another transporter than hNET. Another advantage is signal amplification: one protein unit of hNET can transport many molecules of the substrate, which is not the case for instance in a receptor/ligand system.⁵⁵ This explains why very high target to non-target ratios have been obtained (≈ 300 fold) in rodent models.⁵³ There is a potential for MIBG imaging applications in other applications than tumors inherently expressing hNET.

Current status in hNET imaging: *meta*-iodobenzylguanidine

In 1981, not long after the development of MIBG,⁴ hNET imaging was first performed in eight PHEO patients using [¹³¹I]MIBG (Figure 1).⁵⁶ A few years later, the first reports on successful

[¹³¹I]MIBG imaging in neuroblastoma, carcinoid tumors, PGL and other neuroendocrine tumors were published.^{8, 10, 57} Iodine-131 decays with a half-life of 8.0 days via β^- emission (606 keV, 89% intensity) to excited states of xenon-131, immediately followed by γ emissions (364 keV, 81% intensity) (Table 1). As a β^- -emitter with a long half-life, iodine-131 is not a suitable radioisotope for imaging purposes. Moreover, its high-energy γ -rays result in relatively low spatial resolution of the resulting images. Therefore, diagnostic [¹³¹I]MIBG imaging is now only indicated when [¹³¹I]MIBG therapy is considered and [¹²³I]MIBG is not available.⁵ [¹³¹I]MIBG therapy has been used for decades and is still a validated therapeutic option in the treatment of inoperable neural crest tumors.^{3, 58}

Iodine-123 decays through electron capture to excited levels of tellurium-123, immediately followed by γ emissions (159 keV, 83% intensity) with a half-life of 13.2 hours (Table 1). Although [¹²³I]MIBG is more costly than [¹³¹I]MIBG, it has largely replaced the latter and is now strongly preferred for diagnostic use.^{3, 25, 59} The lower radiation dose allows for a higher activity to be administered, which in combination with the lower energy of the emitted γ -rays and thus higher spatial resolution, results in superior image quality compared to [¹³¹I]MIBG scintigraphy.²⁵ Consequently, [¹²³I]MIBG has a higher sensitivity than diagnostic [¹³¹I]MIBG imaging.^{5, 60} Furthermore, the recommended interval between tracer injection and imaging is shorter for [¹²³I]MIBG (24 h) than for [¹³¹I]MIBG (48-72 h).²⁵

In Europe, [¹²³I]MIBG has been commercially available since the mid-nineties, whereas in the USA it was only approved by the Food and Drug Administration (FDA) in 2008.⁵⁹ [¹²³I]MIBG scintigraphy and SPECT has been the gold standard for hNET imaging in neural crest tumors for nearly four consecutive decades.

After IV administration, [¹²³I]MIBG is rapidly cleared from the blood and accumulated in sympathetically innervated tissues, with especially prolonged retention in the highly innervated tissues, such as the heart (myocardium), adrenal medulla and salivary glands.⁶¹ In the heart, the

highest uptake is reached after 2-3 hours, whereas in tumors, maximum accumulation is achieved after 24-96 hours.⁶¹ Other organs with normal uptake include the liver, nasopharynx, unblocked thyroid, bowel, bladder (due to excretion), lungs, brown adipose tissue and occasionally the lacrimal glands.^{5, 25} [¹²³I]MIBG is mainly excreted unaltered by the kidneys (about 50% within 24 h; about 90% after 4 days).⁶¹ Part of the tracer may also be excreted via the bowel⁵, and high intestinal activity may therefore be observed in some cases.²⁵ In the adrenal glands, symmetric [¹²³I]MIBG uptake, which is lower or equal to liver uptake is considered normal.²⁵ However, in patients with unilateral adrenalectomy, the remaining adrenal may show more prominent [¹²³I]MIBG uptake due hyperplasia, which is considered physiological.⁵ As there is low bone and bone marrow uptake, the spine is typically visualized as a photopenic stripe on planar posterior images. An example of [¹²³I]MIBG scintigraphy in a PGL patient is shown in Figure 3.

For neuroblastoma patients, the sensitivity and specificity have been estimated at 88%–97% and 83%, respectively.^{33, 62} For PHEO and PGL combined, reported sensitivity and specificity both lie in the range of 82%–100%.^{25, 33, 63, 64} Overall, sensitivity for PGL was lower than for PHEO (67%–100% vs. 87%–90%).⁶³ However, in all these studies the reference standard was a combination of histopathology, blood and urine catecholamine measurements, recent conventional imaging (compute tomography (CT), MRI and scintigraphy) and clinical follow-up. Therefore, sensitivity and specificity values were driven by the fact that [¹²³I]MIBG itself was the best molecular imaging diagnostic tool available at that time. With current improvements of PET radiopharmaceuticals, PET cameras and radiological techniques, it is becoming clear that [¹²³I]MIBG sensitivity, and to a lesser extent specificity, could have been overestimated in the past. In a recent systematic review and meta-analysis, the diagnostic accuracy of [^{123/131}I]MIBG scintigraphy and PET(/CT), using a range of tracers, in neuroblastoma were evaluated and compared.⁶⁵ The authors found an overall sensitivity of 79%

and 89% for [$^{123/131}\text{I}$]MIBG and PET/(CT) using a range of tracers in neuroblastoma imaging, respectively. This difference could be mainly attributed to a higher sensitivity for PET/(CT) compared to [$^{123/131}\text{I}$]MIBG scintigraphy in lesion-based analyses (90% vs. 69%). Sensitivities on the patient level were comparable (82% for PET/(CT) vs. 87% for [$^{123/131}\text{I}$]MIBG). [$^{123/131}\text{I}$]MIBG showed better specificity than PET/(CT), with an overall specificity of 84% for [$^{123/131}\text{I}$] MIBG and 71% for PET/(CT).⁶⁵ However, this finding may result from the fact that several studies with [^{18}F]FDG, which typically has a low specificity, were included in the meta-analysis as well. For PHEO and PGL, the reported sensitivities for [^{123}I]MIBG imaging in studies where PET ligands were evaluated lie between 50% and 85%.^{25, 59, 66-69} In *SDHB*-associated PHEO and PGL, [^{123}I]MIBG scintigraphy frequently shows false-negative results, especially on a region/lesion level, and is therefore not recommended as first choice examination.^{25, 66, 70, 71} This is also the case for metastatic PHEO and PGL.^{25, 66, 72} Furthermore, in head and neck PGL, sensitivity of [^{123}I]MIBG scintigraphy is also below that of other imaging modalities,⁷³ and [^{68}Ga]Ga-DOTA-somatostatin analog (SSA) PET is recommended instead.^{25, 74} Nevertheless, [^{123}I]MIBG is still the most widely used radiopharmaceutical for hNET imaging and remains the diagnostic agent of choice when [^{131}I]MIBG therapy is considered.

As [$^{123/131}\text{I}$]MIBG scintigraphy has been the most commonly used molecular imaging examination for neuroblastoma for several decades, semi-quantitative scoring systems have been developed to provide an objective and standardized assessment of the disease load that correlate with survival and treatment response.⁵ The most widely used and internationally accepted and validated systems are the Curie scoring system and the International Society of Paediatric Oncology Europe Neuroblastoma (SIOPEN) scoring system (Table 2).^{5, 75, 76} Both are scored on planar [$^{123/131}\text{I}$]MIBG images. The Curie score divides the skeleton into nine areas: skull (1), cervical and thoracic spine (2), ribs and sternum (3), lumbar and sacral spine (4),

pelvis (5), upper arms (6), forearms and hands (7), thighs (8) and legs and feet (9).⁷⁵ Each area is assigned a score according to [^{123/131}I]MIBG uptake as follows: 0, no site of involvement; 1, one site of involvement; 2, more than one site of involvement; 3, involvement of > 50% of the area. Most commonly, a general, non-skeletal category is added as a tenth segment to the nine skeletal segments to take into account overall soft tissue involvement. This is often referred to as the “modified Curie score”. The soft tissue segment is assigned a score of 0 for no involvement, 1 for a single soft tissue lesion, 2 for two or more soft tissue lesions and 3 for soft tissue lesions occupying an area of more than 50% of the chest or abdomen as evaluated on planar [^{123/131}I]MIBG images.⁷⁷ As such, the maximum score is 30. The SIOPEN score divides the skeleton in 12 anatomical body segments: skull (1), thoracic cage (2), proximal right upper limb (3), proximal left upper limb (4), distal right upper limb (5), distal left upper limb (6), spine (7), pelvis (8), proximal right lower limb (9), proximal left lower limb (9), distal right lower limb (11) and distal left lower limb (12).⁷⁶ Each segment is assigned a score according to [^{123/131}I]MIBG involvement as follows: 0, no abnormality; 1, one discrete focus; 2, two discrete foci; 3, three discrete foci; 4, more than three discrete foci or diffuse involvement < 50% of the segment; 5, diffuse involvement 50-95% of the segment; 6, uniform, diffuse whole bone involvement.⁷⁶ As such, the maximum score is 72. Importantly, these scoring systems have a prognostic value that can help guide treatment decisions.⁷⁸ The modified Curie score and SIOPEN score and their prognostic value have been compared in a retrospective study analyzing 147 [¹²³I]MIBG scans in 58 neuroblastoma patients, aged 1 year or older.⁷⁹ They were found to be equally reliable and predictive. An optimal cutoff point of 2 or less for the Curie score and 4 or less for the SIOPEN score at diagnosis, correlating with better 5-year event-free survival (EFS) and overall survival (OS), were identified.⁷⁹ Survival rates are shown in Table 2.

Active research and future prospects in hNET imaging

Conventional nuclear medicine (planar scintigraphy and SPECT) has several disadvantages compared to PET. It has a lower sensitivity (counts per activity) and spatial resolution which may compromise diagnostic sensitivity. Moreover, image quantification is far more challenging with SPECT than with PET. Additionally, only PET ligands allow for simultaneous MR imaging by means of a hybrid PET/MR scanner. This could be especially useful in pediatric patients.³ Finally, the use of iodine-123 (or iodine-131) has some additional practical drawbacks such as a multi-day imaging protocol and the need for thyroid blocking.⁵ Therefore, several PET alternatives for hNET imaging have been developed and are actively being explored. Here, we provide an overview of current findings from clinical trials.

[¹²⁴I]MIBG

The PET alternative which is most similar to [¹²³I]MIBG is [¹²⁴I]MIBG (Figure 1), with identical chemical properties. Iodine-124 decays with a half-life of 4.2 days to tellurium-124, predominantly through electron capture (77%), and to a lesser extent through β^+ decay (mean energy 820 keV, 23%). It has a complicated decay scheme, involving several high-energy γ -rays, the majority (63%) with an energy of 603 keV, but with energies as high as 1.7 MeV (11%) (Table 1). These high-energy emissions may compromise image quality and contribute to patient and personnel radiation exposure.³ Furthermore, broad applicability of [¹²⁴I]MIBG is restricted by high production cost, limited availability and the need for multi-day imaging.³ Nevertheless, a few small clinical case studies proved that [¹²⁴I]MIBG imaging is feasible in neuroblastoma and PHEO or PGL patients, but large scale evidence for validated clinical use is lacking.^{80, 81} Current evidence suggests dosimetry prior to [¹³¹I]MIBG as its main use,⁸²⁻⁸⁴ although this can also be performed with [¹²³I]MIBG. The concept of pretreatment planning is

that a radiopharmaceutical, which acts as a proxy for the therapeutic radiopharmaceutical, is used to predict the pharmacokinetics of the therapeutic radiopharmaceutical.⁸⁴ Since the half-life of iodine-124 is in the order of magnitude of the half-life of iodine-131 (4.2 vs. 8.0 days, respectively), and thus significantly longer than that of iodine-123 (13.2 hours), [¹²⁴I]MIBG is theoretically more suitable than [¹²³I]MIBG for pretreatment dosimetry. The complex decay scheme of [¹²⁴I]MIBG with low positron yield still offers reasonable image quality and quantification for diagnostics and dosimetry, respectively.⁸² Other strategies to determine injected activity are based on patient body weight, iodine-131 residence in previous [¹³¹I]MIBG studies or [¹²³I]MIBG planar and/or SPECT/CT imaging.⁸²

Reporter gene imaging of hNET with [¹²⁴I]MIBG has also been described in literature, albeit only in preclinical studies.^{52, 53}

[¹⁸F]MFBG

In 1994, Garg *et al.*⁸⁵ developed a promising fluorine-18-labeled analog of MIBG, *meta*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]MFBG), to tackle the limitations associated with the use of [¹²³I]MIBG in clinical practice (Figure 1). Fluorine-18 is a β^+ -emitter (mean energy 250 keV, 99.8%) that decays with a half-life of 109.8 minutes to oxygen-18 (Table 1). It is by far the most commonly used radionuclide for PET imaging in clinical practice. It can be produced with a cyclotron and its half-life is long enough to allow centralized production and transport to distant PET centers without an on-site cyclotron.⁸⁶ Relatively recently, novel chemical approaches to introduce fluorine-18 in a non-activated aromatic ring were developed allowing reliable and robust radiosynthesis of clinical grade [¹⁸F]MFBG.^{87, 88}

In vitro affinity studies found IC₅₀ values of 3 to 5 μ M for MFBG binding to the hNET, which are in line with those for MIBG.^{6, 7} Zhang *et al.*^{6, 7} also performed *in vivo* biodistribution and imaging studies in mice bearing xenografts with high levels of hNET expression. [¹⁸F]MFBG

showed a rapid and high accumulation in the xenografts, salivary glands and bladder, and was quickly cleared from plasma and excreted with urine. Tumor uptake tended to plateau at one hour post-injection, with further increasing tumor-to-background ratios (TBGs) due to rapid whole-body clearance of radioactivity through the urinary system. In comparison, TBGs at one and four hours after injection for [¹²³I]MIBG were lower than for [¹⁸F]MFBG, but significantly improved 24 hours after injection.⁶ As a more hydrophobic ligand, [¹²³I]MIBG undergoes not only renal clearance, but also hepatobiliary clearance, resulting in greater retention in the liver and gall bladder and more intestinal activity than the more hydrophilic [¹⁸F]MFBG.⁷ This could lead to better differentiation of abdominal tumors with [¹⁸F]MFBG, especially with the added superiority of PET imaging.

Following these promising preclinical results, Pandit-Taskar *et al.*⁸⁹ performed a first-in-human PET/CT study with in five patients with confirmed neuroblastoma and five patients with confirmed PGL/PHEO. [¹⁸F]MFBG was well tolerated and showed an excellent safety profile. The mean effective dose was 0.023 ± 0.012 mSv/MBq, which is comparable to that of ¹²³I-MIBG (0.013 mSv/MBq for adults and 0.037 mSv/MBq for 5 year olds⁴⁹). The overall biodistribution with [¹⁸F]MFBG was similar to that of [¹²³I]MIBG, with more favorable rapid clearance from blood pool and organs. Excellent lesion targeting was observed with high tumor uptake and TBGs. [¹⁸F]MFBG was able to visualize all lesions seen on [¹²³I]MIBG scans obtained within 4 weeks prior to the study scans. Moreover, additional lesions were detected in all patients (103 at 30–60 minutes and 122 at 3–4 hours after [¹⁸F]MFBG injection vs. 63 with [¹²³I]MIBG). The authors suggest that the optimal time point for imaging would be 1-2 h post injection, since the tumor-to-background ratios are highest at that time point and the difference in detected number of lesions was not statistically significant between 1-2h and 3-4h.⁸⁹

Currently, [¹⁸F]MFBG is being further validated for clinical use in two ongoing prospective trials (clinicaltrials.gov identifier: NCT02348749, NCT04258592).⁹⁰ A head-to-head

comparison of [¹²³I]MIBG scintigraphy and [¹⁸F]MFBG PET is shown in Figure 3 (patient data from NCT04258592).

[¹¹C]HED

Carbon-11-*meta*-hydroxyephedrine ([¹¹C]HED) is a norepinephrine analog that was developed to image the sympathetic nervous system (Figure 1).⁹¹ Carbon-11 decays with a half-life of 20.4 minutes via β⁺-emission (mean energy 386 keV, 99.77%), and a negligible fraction via electron capture (0.23%), to boron-11 (Table 1). Due to its short half-life, its usage requires a nearby cyclotron. As a synthetic norepinephrine analog, HED is taken up by cells expressing the hNET. Similarly to MIBG and unlike norepinephrine, HED is not degraded intracellularly.⁹¹ Even though [¹¹C]HED was developed for cardiac applications and is currently mainly used for these purposes, several studies have shown that it is also suitable for hNET imaging in neural crest tumors.⁹²⁻⁹⁷ In a mixed series of 14 neural crest tumor patients (6 neuroblastoma, 1 ganglioneuroblastoma, 5 PHEO and 2 PGL), [¹¹C]HED showed a higher lesion detection rate (80/81) than [¹²³I]MIBG (75/81).⁹² However, one large abdominal neuroblastoma lesion due to local relapse was only seen with [¹²³I]MIBG, which had a clear impact on clinical management. Moreover, 10 of 14 soft tissue lesions in neuroblastoma patients showed higher uptake with [¹²³I]MIBG than with [¹¹C]HED, as visually assessed, whereas in the whole patient group, this was only the case for 14 out of 62 soft tissue lesions (30 showed equal uptake with both tracers).⁹² In a small cohort of 7 neuroblastoma patients, tumor uptake was seen within 5 minutes after injection of [¹¹C]HED, but also prominent liver uptake was observed.⁹⁴ Consequently, abdominal lesions in two patients were better detected with [¹²³I]MIBG. For PHEO, high sensitivities between 90% and 100% with [¹¹C]HED have been reported in several small patient series.^{93, 95, 96} In these studies, the two false-negative results with [¹¹C]HED were also negative with MIBG scintigraphy.^{95, 96} Finally, a large retrospective study in 134 patients

with suspected or confirmed PHEO or PGL who underwent [¹¹C]HED PET imaging, reported a sensitivity of 91% and specificity of 100%.⁹⁷ However, in multiple endocrine neoplasia type II patients, sensitivity of [¹¹C]HED PET was lower (73%).⁹⁷

Further prospective research in larger patient series may prove worthwhile, but the necessity of an on-site cyclotron and the limited amount of patients that can be scanned per production batch, will hamper the widespread clinical implementation of [¹¹C]HED PET.

[¹⁸F]FDA

6-¹⁸F]fluorodopamine ([¹⁸F]FDA) is a positron-emitting analog of dopamine, developed at the National Institutes of Health (NIH) as a sympathoneuronal imaging agent.⁹⁸ Dopamine plays a key role in the central nervous system as a catecholamine neurotransmitter. It is a somewhat better substrate for the hNET than norepinephrine itself.³⁴ [¹⁸F]FDA can therefore be actively taken up by hNET-expressing tumors. It is further transported by VMAT into secretory vesicles, where it is converted to 6-fluoronephrine.³⁴ Alternatively and contrary to MIBG and HED, it can also be metabolized by monoamine oxidase (MAO).³⁴

Several clinical studies have demonstrated the potential of [¹⁸F]FDA imaging in PHEO and PGL in well over 300 patients with reported sensitivities between 88% and 100% on the patient level.^{66, 67, 69, 70, 98-101} The largest prospective trial by Timmers *et al.*⁶⁷ in 99 patients with known or suspected PHEO, the sensitivity of [¹⁸F]FDA was 78% for non-metastatic disease and 97% for detecting metastases in a patient-based analysis. The specificity of [¹⁸F]FDA PET was 90%. Most patients also underwent [^{123/131}I]MIBG scintigraphy within three months prior or after [¹⁸F]FDA PET. The sensitivity of [^{123/131}I]MIBG scintigraphy was equal to [¹⁸F]FDA PET for non-metastatic disease (78% [¹²³I]MIBG only and 76% pooled [^{123/131}I]MIBG), but lower for detecting metastatic disease (85% [¹²³I]MIBG only and 65% pooled [^{123/131}I]MIBG).⁶⁷ Timmers *et al.*⁶⁶ also performed a large prospective observational trial in 53 patients with known or

suspected PGL. All patients underwent [¹⁸F]FDA PET and 50 patients underwent [¹²³I]MIBG as well. The sensitivity for detecting non-metastatic disease was 78% for both tracers. In metastatic [¹⁸F]FDA PET performed better than [¹²³I]MIBG scintigraphy with a sensitivity of 76% compared to 57% in a region-based analysis (neck, thorax, abdomen/pelvis).⁶⁶

Notwithstanding these promising results, the limited availability of [¹⁸F]FDA restricts its widespread use in clinical practice. Regarding neuroblastoma, evidence from clinical studies is still lacking, but a phase one trial is currently ongoing (clinicaltrials.gov identifier: NCT03541720).

Other hNET PET ligands

In 2014, a case report was published comparing [¹⁸F]-fluoropropylbenzylguanidine ([¹⁸F]FPBG) PET/CT with [¹²³I]MIBG scintigraphy in a 14-year-old neuroblastoma patient.¹⁰² [¹⁸F]FPBG showed prominent uptake in the liver, similar to [¹²³I]MIBG, but also in the small intestine and cartilage growth plate, higher than [¹²³I]MIBG. A focal neuroblastoma lesions was readily observed with [¹⁸F]FPBG PET that could not be detected with [¹²³I]MIBG scintigraphy (only planar images were made).¹⁰² To our knowledge, [¹⁸F]FPBG has not been further studied in clinical trials.

When [¹⁸F]MFBG was developed in 1994, Garg *et al.*⁸⁵ simultaneously developed *para*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]PFBG). Since [¹⁸F]MFBG gave better preclinical results than [¹⁸F]PFBG, up to now, only [¹⁸F]MFBG underwent clinical translation, although radiosynthesis of [¹⁸F]PFBG was more convenient.^{7, 85, 89} Nevertheless, [¹⁸F]PFBG has recently been further evaluated in a preclinical trial in three monkeys.¹⁰³

In 1994, also another compound was suggested as a potential MIBG analog for hNET PET imaging, 4-[¹⁸F]fluoro-3-iodobenzylguanidine ([¹⁸F]FIBG).¹⁰⁴ Further preclinical studies, showed that [¹⁸F]FIBG is an excellent analog of MIBG,¹⁰⁵ with tumor uptake and detectability

in mice bearing the rat pheochromocytoma cell line PC-12 similar to MIBG.¹⁰⁶ However, due to the complex radiolabeling procedures and low production yield, further optimization of radiosynthesis is warranted before clinical translation.¹⁰⁶ FIBG can also be labeled with iodine-131 allowing for radionuclide therapy. Interestingly, [¹³¹I]FIBG showed a higher and longer retention in tumors of PC12 bearing mice than [¹²⁵I]MIBG and a better therapeutic effect than [¹³¹I]MIBG.¹⁰⁶ Further studies in other, more relevant clinical models are required, prior to clinical translation.

Several other hNET PET radiopharmaceuticals have been developed specifically for cardiac applications, but could prove to be useful for hNET tumor imaging in the future as well. An example that already underwent a first clinical translation is N-[3-bromo-4-(3-[¹⁸F]fluoropropoxy)-benzyl]-guanidine or [¹⁸F]LMI1195.¹⁰⁷ This PET tracer is being used for imaging and quantifying sympathetic denervation in an ongoing clinical trial (clinicaltrials.gov identifier: NCT03493516). A preclinical trial in MENX-affected rats showed high and specific uptake of [¹⁸F]LMI1195 in PHEO.¹⁰⁸ To our knowledge, clinical trials with [¹⁸F]LMI1195 in hNET-expressing tumors have not yet been performed. Two other promising hNET PET tracers that have been developed for assessment of cardiac sympathetic denervation and recently underwent first-in-human evaluation are the [¹⁸F]fluorohydroxyphenethylguanidines, 4-[¹⁸F]fluoro-meta-hydroxyphenethylguanidine ([¹⁸F]4F-MHPG) and 3-[¹⁸F]fluoro-para-hydroxyphenethylguanidine ([¹⁸F]3F-PHPG).¹⁰⁹ Both preclinical and clinical evaluation in hNET-expressing tumors have yet to be performed.

Other PET tracers for neural crest tumor imaging

6-[¹⁸F]fluoro-L-dihydroxyphenylalanine ([¹⁸F]FDOPA) is an analog of DOPA, the precursor of dopamine, norepinephrine and epinephrine.⁵ It is taken up in cells by L-type amino acid

transporters (LATs), predominantly LAT1, and therefore does not directly target hNET.^{3, 25} After uptake it is rapidly converted to [¹⁸F]FDA by aromatic L-amino acid decarboxylase enzymes.²⁵ [¹⁸F]FDOPA is commercially available, but in the USA, it has not been approved and its use is therefore restricted to clinical studies.²⁵ In Europe, it is authorized for use in certain countries.

A meta-analysis of 11 studies in 275 PGL patients evaluating the diagnostic performance of [¹⁸F]FDOPA, reported a pooled sensitivity of 91% [95% confidence interval (CI) 87–94%] on the patient level and 79% [95% CI 76–81%] on lesion level.¹¹⁰ Pooled specificities were 95% [95% CI 86–99%] and 95% [95% CI 84–99%] in a patient-based and lesion-based analysis, respectively. Fiebrich *et al.*⁶⁸ compared the diagnostic performance of [¹⁸F]FDOPA PET with [¹²³I]MIBG scintigraphy (planar images and SPECT) in a prospective trial in 48 patients with catecholamine excess. Forty patients were eventually diagnosed with PHEO, two with PGL, two with adrenal hyperplasia and in three diagnosis remained unknown. [¹⁸F]FDOPA PET showed a superior sensitivity compared to [¹²³I]MIBG scintigraphy, both on a per-patient basis and per-lesion basis (90% vs. 65% and 73% vs. 48%, respectively).⁶⁸ According to the current guidelines of the European Association of Nuclear Medicine (EANM), [¹⁸F]FDOPA PET and [¹²³I]MIBG scintigraphy are both recommended as first-line molecular imaging modalities for sporadic, non-metastatic PHEO, but in case of inherited PHEO, [¹⁸F]FDOPA should be preferred (except in *SDHx*-associated tumors where [⁶⁸Ga]Ga-DOTA-SSA are first choice).²⁵ [¹⁸F]FDOPA PET imaging can also be used for neuroblastoma, but current evidence in clinical trials is less extensive than for PHEO or PGL.^{3, 5} In a prospective trial in 28 patients with stage 3 and 4 neuroblastoma, [¹⁸F]FDOPA PET was compared with [¹²³I]MIBG scintigraphy (planar images and SPECT).¹¹¹ [¹⁸F]FDOPA PET outperformed [¹²³I]MIBG scintigraphy with sensitivities of 95% versus 68% and 90% versus 57% on patient and lesion level, respectively. Recently, Piccardo *et al.*¹¹² published the results of a prospective trial in 18 children with

neuroblastoma at onset to evaluate the role of [¹⁸F]FDOPA PET in initial staging and assessment of response to chemotherapy, compared to [¹²³I]MIBG scintigraphy. Also in this patient cohort, a superior performance of [¹⁸F]FDOPA PET was observed.¹¹² Larger, prospective trials are warranted to validate the role of [¹⁸F]FDOPA PET in the management of neuroblastoma patients.³

As the most widely used PET radiopharmaceutical in clinical practice, 2-[¹⁸F]fluoro-2-deoxy-D-glucose ([¹⁸F]FDG) is also used in neural crest tumor imaging.^{5, 25} The sensitivity of [¹⁸F]FDG PET for PHEO and PGL is overall high, between 76 and 100%, but, as in other malignancies, specificity is low.^{25, 59, 113} In metastatic disease, [¹⁸F]FDG has high diagnostic potential, especially in case of *SDHB*-associated PHEO or PGL.^{66, 70, 101, 113, 114} According to the EANM guidelines, it is recommended as second choice examination (after [⁶⁸Ga]Ga-DOTA-SSA) in case of extra-adrenal sympathetic, multifocal, metastatic and/or *SDHx*-associated PHEO or PGL.²⁵ Also for neuroblastoma imaging, [¹⁸F]FDG PET is considered as a second-line imaging modality as it is less specific than [¹²³I]MIBG scintigraphy.⁵ As such, it is indicated for staging, evaluation of treatment response, evaluation of post-therapeutic changes and follow-up.⁵

Finally, also [⁶⁸Ga]Ga-DOTA-SSAs are used for PET imaging of neural crest tumors as these often also express the SSTR.^{5, 25, 86} The tracers currently used in clinical practice are [⁶⁸Ga]Ga-DOTA-Tyr³-octreotate ([⁶⁸Ga]Ga-DOTATATE), [⁶⁸Ga]Ga-DOTA-Tyr³-octreotide ([⁶⁸Ga]Ga-DOTATOC) and [⁶⁸Ga]Ga-DOTA-1-NaI³-octreotide ([⁶⁸Ga]Ga-DOTANOC).⁸⁶ In a recent systematic review and meta-analysis evaluating the diagnostic performance of [⁶⁸Ga]Ga-DOTA-SSA PET in patients with PHEO and PGL, the pooled per-lesion detection rate was 93% [95% CI 91%–95%], which was significantly higher than that of [^{123/131}I]MIBG

scintigraphy (38% [95% CI 20%–59%]), [¹⁸F]FDOPA PET (80% [95% CI 69%–88%]) and [¹⁸F]FDG PET (74% [95% CI 46%–91%]) (p < 0.001 for all).¹¹⁵ According to the current EANM guidelines, [⁶⁸Ga]Ga-DOTA-SSA PET is considered the first choice investigation for head and neck PGL and extra-adrenal sympathetic, multifocal, metastatic and/or *SDHx*-associated PHEO or PGL.²⁵ Evidence regarding imaging in neuroblastoma patients is limited, although clinical experience suggests a higher sensitivity for [⁶⁸Ga]Ga-DOTA-SSA PET compared with [¹²³I]MIBG scintigraphy.⁵ Furthermore, [⁶⁸Ga]Ga-DOTA-SSA PET is indicated when peptide receptor radionuclide therapy is considered.⁵

Conclusion

[¹²³I]MIBG has been the go-to radiopharmaceutical for imaging hNET-expressing tumors since its development several decades ago and still holds up today offering decent diagnostic sensitivity and wide availability. hNET imaging is mandatory if radionuclide therapy targeting hNET is considered in patients with inoperable neural crest tumors. It is clear that the role of PET imaging in neural crest tumors, with a range of molecular targets, is becoming more prominent. Technological advancements for PET scanning ensure higher quality imaging and its combination with MRI is especially interesting in pediatric patients. Regarding radionuclides, fluorine-18 is currently strongly preferred because of its beneficial logistics: it has an overall low production cost and its half-life allows for transportation to remote PET centers. Increasingly more studies show superiority of hNET PET ligands like [¹⁸F]MFBG and [¹⁸F]FDA over [¹²³I]MIBG imaging in terms of diagnostic sensitivity, especially in metastatic disease. Further research on PET ligands and development of imaging modalities will likely lead to improved clinical management of hNET-expressing tumors.

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Tables:

Table 1: Physical characteristics of the discussed radionuclides. In case of β^- emission, the energy stands for the maximal β^- energy, whereas in case of β^+ emission, it stands for the mean β^+ energy. For β -emitters, the intensity equals the branching ratio. Data from the Laboratoire National Henri Becquerel (<http://www.nucleide.org/Laraweb>) and Brookhaven National Laboratory (<http://www.nndc.bnl.gov/nudat2>).

Radionuclide	Half-life	Decay mode	Energy (keV)	Intensity	Daughter nucleus
iodine-123	13.223 d	100% electron capture			tellurium-123
		excited state emissions (γ)	159.0	83.25%	
iodine-124	4.176 d	22.7% β^+ emission	820.0	22.7%	tellurium-124
		77.3% electron capture			
		excited state emissions (γ)	602.7	62.9%	
iodine-131	8.023 d	100% β^- emission	606.3	89.6%	xenon-131
		excited state emissions (γ)	364.4	81.2%	
fluorine-18	109.8 min	96.73% β^+ emission	249.8	96.73%	oxygen-18
		3.27% electron capture			
carbon-11	20.36 min	99.77% β^+ emission	385.7	99.77%	boron-11
		0.23% electron capture			

Table 2: The (modified) Curie and SIOPEN scoring system for standardized and objective assessment of disease load in neuroblastoma patients and 5-year event-free survival (EFS) and overall survival (OS) according to the optimal cutoff point identified by Decarolis *et al.*⁷⁹.

	(modified) Curie score	SIOPEN score
Areas of interest	<ul style="list-style-type: none"> • 9 skeletal • 1 soft tissue 	12 skeletal
Score per area	<p>Skeletal:</p> <ol style="list-style-type: none"> 0. No involvement 1. 1 site of involvement 2. > 1 site of involvement 3. > 50% involvement of area <p>Soft tissue:</p> <ol style="list-style-type: none"> 0. No involvement 1. 1 soft tissue lesion 2. > 1 soft tissue lesion 3. Soft tissue lesion occupying > 50% of chest or abdomen 	<ol style="list-style-type: none"> 0. No abnormality 1. 1 discrete focus 2. 2 discrete foci 3. 3 discrete foci 4. > 3 discrete foci or diffuse involvement < 50% of area 5. Diffuse involvement 50-95% of area 6. Uniform, diffuse involvement of area
Maximum score	30	72
5-year EFS	<ul style="list-style-type: none"> • ≤ 2: 70% \pm 15% • > 2: 27% \pm 7% 	<ul style="list-style-type: none"> • ≤ 4: 67% \pm 14% • > 4: 26% \pm 7%
5-year OS	<ul style="list-style-type: none"> • ≤ 2: 90% \pm 10% • > 2: 42% \pm 7% 	<ul style="list-style-type: none"> • ≤ 4: 83% \pm 11% • > 4: 41% \pm 8%

Titles of figures:

Figure 1: Chemical structures of several discussed molecules: (A) (1R)-norepinephrine, (B) *meta*-[^{123/124/131}I]iodobenzylguanidine ([^{123/124/131}I]MIBG), (C) *meta*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]MFBG), (D) *para*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]PFBG), (E) (1R 2S) *meta*-[¹¹C]hydroxyephedrine ([¹¹C]HED), (F) 6-[¹⁸F]fluorodopamine ([¹⁸F]FDA).

Figure 2: Mechanisms potentially involved in *meta*-iodobenzylguanidine (MIBG) handling: uptake, storage (in neurosecretory vesicles and mitochondria) and release. hNET: human norepinephrine transporter, VMAT: vesicular monoamine transporter, Na⁺/K⁺-ATPase: sodium potassium pump, Na⁺: sodium, Cl⁻: chloride, K⁺: potassium.

Figure 3: Head-to-head comparison of [¹²³I]MIBG scintigraphy (A: planar anterior, B: planar posterior, E and G: transversal SPECT/CT images) and [¹⁸F]MFBG PET (C: maximum-intensity anterior projection, D: maximum-intensity posterior projection, F and H: transversal PET/CT images) of a 36-year old patient with metastatic paraganglioma (patient data from an ongoing clinical trial, [clinicaltrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT04258592) identifier: NCT04258592). Blue arrows indicate additional bone and lymph node lesions that were visualized with [¹⁸F]MFBG.

Figure 1: Chemical structures of several discussed molecules: (A) (1R)-norepinephrine, (B) *meta*-[^{123/124/131}I]iodobenzylguanidine ([^{123/124/131}I]MIBG), (C) *meta*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]MFBG), (D) *para*-[¹⁸F]fluorobenzylguanidine ([¹⁸F]PFBG), (E) (1R 2S) *meta*-[¹¹C]hydroxyephedrine ([¹¹C]HED), (F) 6-[¹⁸F]fluorodopamine ([¹⁸F]FDA).

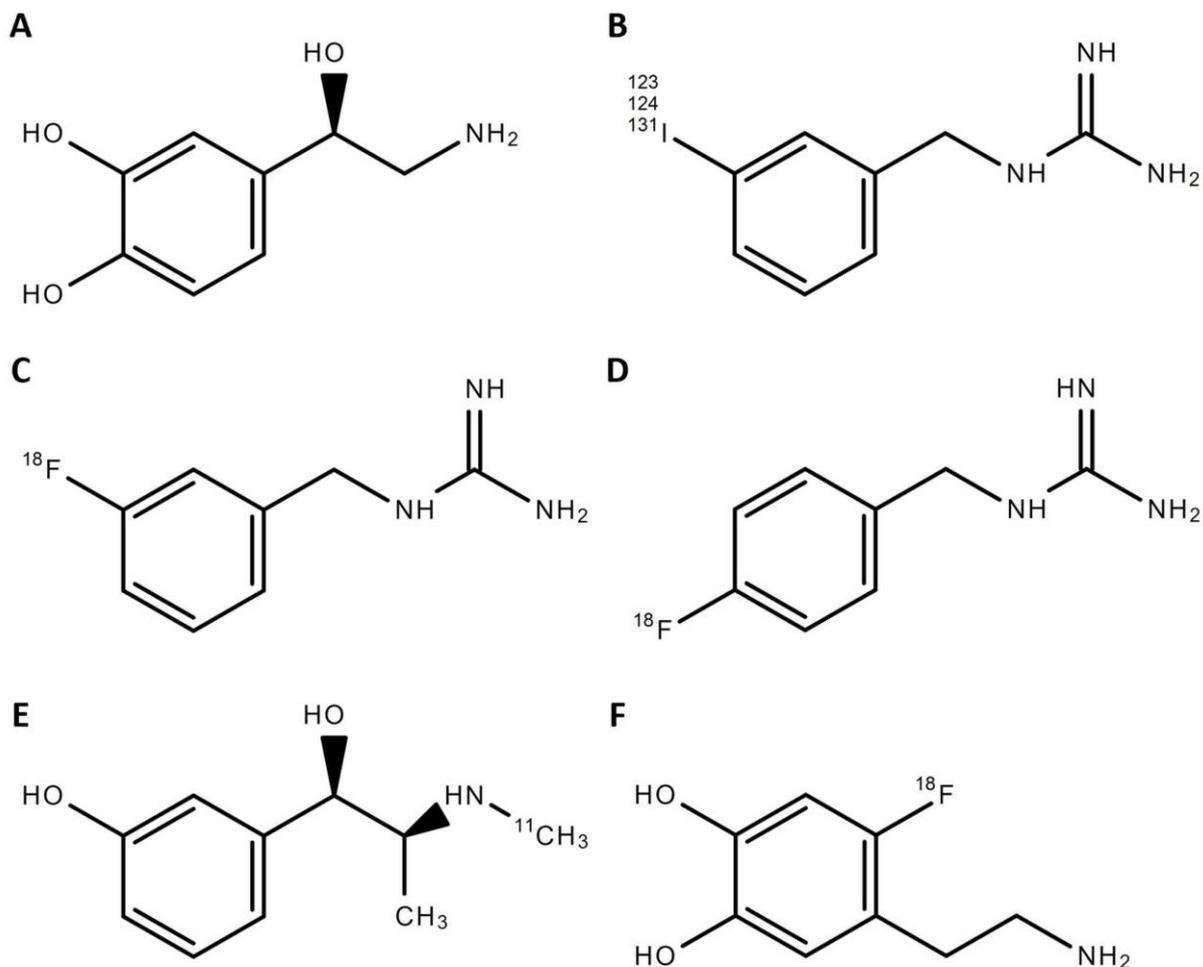


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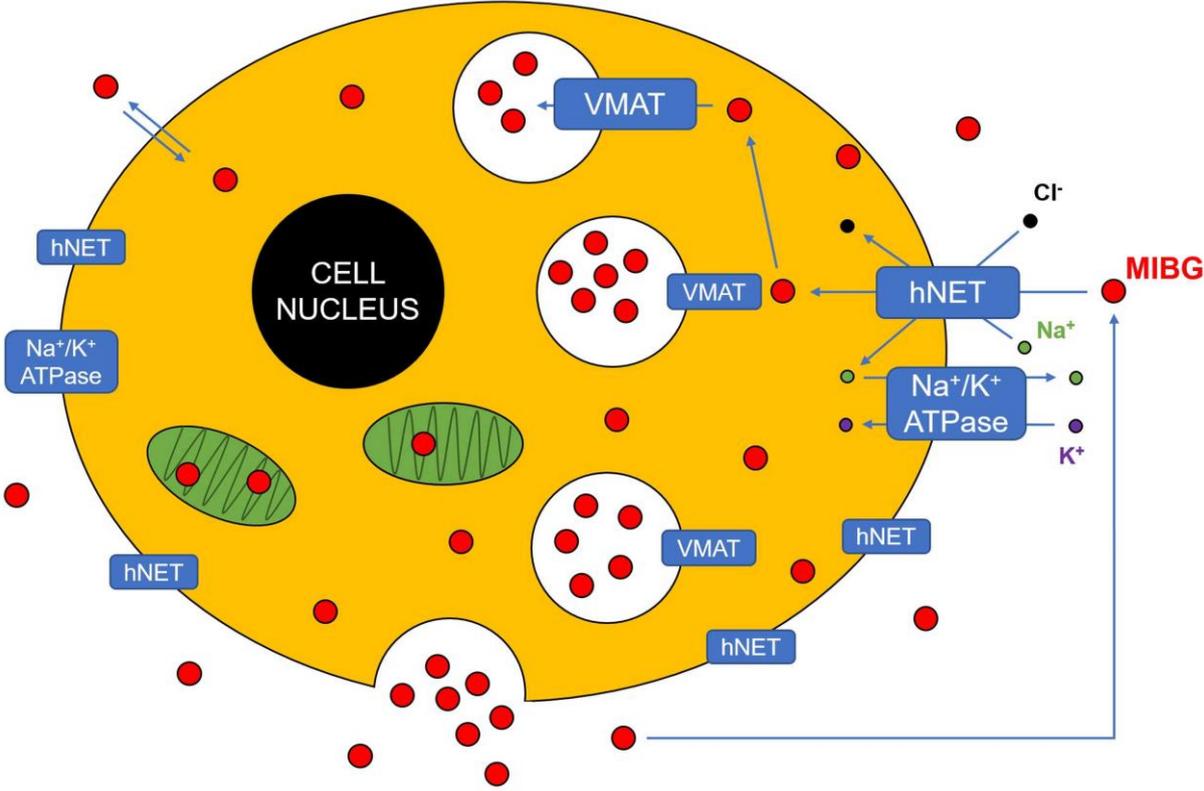


Figure 3: Head-to-head comparison of [^{123}I]MIBG scintigraphy (A: planar anterior, B: planar posterior, E and G: transversal SPECT/CT images) and [^{18}F]MFBG PET (C: maximum-intensity anterior projection, D: maximum-intensity posterior projection, F and H: transversal PET/CT images) of a 36-year old patient with metastatic paraganglioma (patient data from an ongoing clinical trial, [clinicaltrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT04258592) identifier: NCT04258592). Blue arrows indicate additional bone and lymph node lesions that were visualized with [^{18}F]MFBG.

