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Noninferiority of Preservative-free Versus BAK-preserved Latanoprost-timolol Fixed Combination Eye Drops in Patients With Open-angle Glaucoma or Ocular Hypertension

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Précis: Noninferiority of efficacy was demonstrated for a preservative-free latanoprost-timolol fixed combination compared with a BAK-containing formulation at 84 days after treatment in patients with open-angle glaucoma or ocular hypertension.

Purpose: The purpose of this study was to compare the effect on intraocular pressure and safety of preservative-free latanoprosttimolol fixed combination (T2347) to benzalkonium chloride-preserved latanoprost-timolol fixed combination in patients with open-angle glaucoma or ocular hypertension.

Methods: Phase III, randomized, parallel-group, investigatormasked study in 10 countries. A total of 242 patients aged 18 years or older with open-angle glaucoma or ocular hypertension in both eyes controlled with a preserved latanoprost-timolol fixed combination (15.7 ± 2.4 mm Hg overall before inclusion) were randomized at day 0 with no washout period to receive the preservativefree alternative T2347 (N = 127) or remain on the preserved comparator (N = 115) for 84 days. Intraocular pressure changes from day 0 were measured at 9:00 am (±1 hour) on day 42 and day 84, and noninferiority of T2347 to the preserved comparator was analyzed statistically at day 84. Safety parameters were also reported.

Results: The mean change in intraocular pressure from baseline to day 84 was -0.49 ± 1.80 mm Hg for preservative-free T2347 and -0.49 ± 2.25 mm Hg for the preserved comparator. These results met the noninferiority limits. Similar results were observed at day 42. There was no difference between groups in the incidence of adverse events or ocular signs. The total ocular symptoms score was better for T2347 than BPLT upon instillation at day 84 (45.9%/ 44.3%/9.8% of patients with improvement/no change/worsening vs. 33.6%/47.3%/19.1%; P = 0.021), reflecting improvements in individual symptoms such as irritation/burning/stinging (P < 0.001), and itching (P < 0.01) on day 84.

Conclusions: Preservative-free latanoprost-timolol fixed combination T2347 showed noninferior efficacy compared with the preserved comparator and was well tolerated.

Key Words: glaucoma, ocular hypertension, preservative-free, latanoprost-timolol

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Topical eye drop formulations containing prostaglandin analogues or β-blockers are routinely used as a first-line treatment to prevent glaucoma progression by reducing intraocular pressure (IOP). However, in 40% to 75% of open-angle glaucoma (OAG) patients, monotherapy fails to achieve a satisfactory reduction in IOP after > 2 years of treatment, and combined therapy is needed. The administration of separate component medications could be associated with reduced patient compliance to the treatment schedule as the number of instillations increases. Horever, subsequent treatments given in this way can lead to washout of the previous one. Both of these factors lead to reduced efficacy of unfixed combined treatments.

Fixed combination formulations offer improved convenience, adherence to the treatment regimen, and effectiveness as well as cost reductions. 9–13 Clinical studies with a fixed combination of latanoprost 0.005% and timolol 0.5% have demonstrated its suitability in patients with OAG or ocular hypertension (OHT) with better efficacy than either component administered alone. 14–17 Because of these advantages, the use of fixed combinations has been recommended by the European Glaucoma Society and is preferred over unfixed combinations in many countries.

Clinical studies with formulations containing benzalkonium chloride (BAK), an antimicrobial preservative, ^{18,19} have shown a higher incidence of ocular symptoms compared with preservative-free formulations and a clear association of the preservative with the occurrence and severity of ocular problems such as corneal toxicity and conjunctival damage. 20-22 An alternative preservative to BAK including boric acid and zinc chloride has been used in a latanoprost-timolol fixed combination formulation with similar efficacy and no difference in the incidence of treatment-emergent adverse events.²³ However, the development of preservative-free combination formulations is considered to be an important goal, and the European Medicines Agency issued a public statement on ophthalmic formulations that "for long-term treatment, formulations without preservatives are considered to be valuable."24 Preservative-free latanoprost-timolol fixed combination formulations, such as T2347, are expected to be better tolerated than BAK-preserved latanoprost-timolol formulations over the long term. This is particularly relevant for glaucoma patients, who have a higher prevalence of ocular surface disease than the general population, and for whom improved tolerability can be associated with better compliance and therefore improved long-term effectiveness. 9,20 Better tolerability of preservative-free formulations has a positive impact on patient quality of life. In addition, the stability at room temperature of eye drops such as preservative-free T2347 removes the need for cold-chain storage, which may further improve treatment convenience and compliance. 23,25°

As glaucoma requires daily, long-term IOP-lowering treatment and preserved formulations are associated with tolerability issues, this study was performed to establish the noninferiority of the efficacy of T2347 compared with a BAK-preserved latanoprost-timolol (BPLT) fixed combination after 84 days of treatment in patients who had previously been receiving the preserved formulation, and also to compare their safety and tolerability profiles.

MATERIALS AND METHODS

Study Design and Patients

This was a phase III, international, randomized, parallel-group, investigator-masked study in 47 centers in 10 countries—

Belgium (3 centers), Estonia (3), France (5), Germany (5), Hungary (4), Latvia (1), Poland (7), Russia (3), Spain (11), and the United Kingdom (5). The study was conducted in compliance with Good Clinical Practice (ICH-E6), the ethical principles of the Declaration of Helsinki (2004), and applicable local legislation. Before enrollment, written informed consent was obtained from each patient. The study took place between December 2014 and November 2015 (ClinicalTrials.gov identifier: NCT02278614).

Patients aged 18 years or older with OAG or OHT in both eyes that were already treated and well-controlled for at least 2 months before study entry with latanoprost 0.005% and timolol 0.5% fixed combination preserved eye drops (any brand) were eligible for inclusion if the following criteria were fulfilled: IOP \leq 18 mm Hg in both eyes at the inclusion visit, a history of IOP insufficiently controlled with first-line monotherapy and a history of additional IOP reduction following a switch to latanoprost 0.005% and timolol 0.5% fixed combination preserved eye drops (Table 1), and corneal thickness of 500 to 600 μm in both eyes.

The main ophthalmic exclusion criteria included significant worsening between the last 2 visual field assessments $(\geq 6 \text{ mo between assessments})$; severe stage of glaucoma; best-corrected far visual acuity $\leq 1/10$ in at least one eye; ocular infection, trauma, or inflammation in the previous 3 months; presence of at least one severe objective sign [McMonnies maximum (grade 5) conjunctival hyperemia or maximum (grade 3) blepharitis]; diagnosed severe dry eye; corneal ulceration; palpebral abnormalities; and any other abnormality that could prevent accurate study assessments. Other exclusion criteria included history of corneal refractive surgery; intraocular laser procedures (3 mo before or during the study); other ocular surgery (6 mo before and during the study); any topical ocular treatment (except preservative-free artificial tears or preservative-free antiallergic eye drops); and use of contact lenses (for 1 wk before or during the study).

At day 0 (D0, inclusion), patients were randomized to either receive a preservative-free fixed combination of latanoprost 0.005\% and timolol 0.5\% [T2347 (Fixaprost), presented in single-dose units; Laboratoires Théa, Clermont-Ferrand, France] or to continue with a BAK-preserved formulation [BPLT (Xalacom), containing 0.2 mg/mL BAK, presented in multidose bottles; Pfizer, New York, NY] without a washout period. The randomized code was generated by Lincoln (Boulogne-Billancourt, France), using random permuted blocks with a fixed block size of 4, in a 1:1 ratio. All eligible subjects were assigned the sequential randomization number available at the site. To ensure investigator-masking, personnel other than the investigator dispensed all study treatments. Patients were to instill one drop in each eye at 9 pm (± 1 h) daily for 84 days. Follow-up visits took place at the study site at D42 \pm 3 days (D42) and D84 \pm 7 days (D84).

Efficacy Assessments

Primary Efficacy Variable

The primary efficacy variable was the change in mean IOP from D0 to D84 measured using a calibrated Goldmann applanation tonometer at 9 am ($\pm 1\,\mathrm{h}$) in the worse eye (ie, the eye with the highest IOP or the right eye if IOP was the same in both eyes). Two measurements were taken; if these differed by $> 2\,\mathrm{mm}$ Hg, a third reading was taken. The average value was used in the analysis.

TABLE 1. Demographic and Baseline Assessments for the Worse Eye (ITT/Safety set)

	T2347 (N = 127)	BPLT (N = 115)	Overall (N = 242)		
C (0/)	(11 127)	(11 110)	(11 212)		
Sex, n (%) Male	47 (37.0)	46 (40.0)	93 (38.4)		
Female	80 (63.0)	69 (60.0)	149 (61.6)		
	00 (03.0)	05 (00.0)	115 (01.0)		
Age (y) Mean ± SD	65.8 ± 10.8	67.2 ± 10.6	66.4 ± 10.7		
Range	27-87	35-91	27-91		
e	27-07	33-71	27-71		
Diagnosis, n (%)	05 (74.9)	00 (96.1)	104 (90.2)		
OAG	95 (74.8)	99 (86.1) 16 (13.9)	194 (80.2) 48 (19.8)		
	32 (25.2)	10 (13.9)	48 (19.8)		
Diagnosis category		7 (6.1)	14 (5.0)		
Exfoliative	7 (5.5)	7 (6.1)	14 (5.8)		
glaucoma	1 (0.9)	1 (0.0)	2 (0.9)		
Pigmentary glaucoma	1 (0.8)	1 (0.9)	2 (0.8)		
Primary OAG/	119 (93.7)	107 (93.0)	226 (93.4)		
OHT	119 (93.7)	107 (93.0)	220 (93.4)		
	• ()				
Time from diagnosis (mo)					
Mean ± SD	103.2 ± 72.3	91.2 ± 81.1	97.5 ± 76.7		
Corneal thickness (
Mean ± SD	546.7 ± 27.2	549.5 ± 26.0	548 ± 26.6		
Fundoscopy (C/D:					
Mean \pm SD	0.50 ± 0.21	0.51 ± 0.22	0.50 ± 0.21		
<0.7, n (%)	95 (74.8)	81 (70.4)	176 (72.7)		
≥0.7, n (%)	32 (25.2)	34 (29.6)	66 (27.3)		
IOP history					
IOP with monot	herapy (before o	combination thera	apy)		
n^{\dagger}	92	89	181		
Mean ± SD	21.1 ± 3.5	20.5 ± 3.4	20.8 ± 3.5		
(mm Hg)					
[95% CI]	[20.3, 21.8]	[19.7, 21.2]	[20.3, 21.3]		
	1.0	(before inclusion	• /		
n†	110	101	211		
Mean ± SD	15.8 ± 2.5	15.6 ± 2.4	15.7 ± 2.4		
(mm Hg)	[15.2 16.2]	[15.1 16.0]	[15 / 16 0]		
[95% CI]	[15.3, 16.3]	[15.1, 16.0]	[15.4, 16.0]		
*Within 6 month					

^{*}Within 6 months.

C/D indicates cup to disc ratio; CI, confidence interval; IOP, intraocular pressure; N, number of patients in group; OAG, open-angle glaucoma; OHT, ocular hypertension.

Secondary Efficacy Variables

Secondary efficacy variables were IOP in the contralateral eye at D84 and in both eyes at D42. In addition, the investigator rated global efficacy on D42 and D84 (very satisfactory, satisfactory, not very satisfactory, or unsatisfactory).

Safety Assessments

Adverse Events

Ocular and systemic adverse events (AEs) and their severity (mild, moderate, or severe) were recorded at D42 and D84. The investigator determined the potential relatedness of each AE to the study treatment (none, unlikely, possible, or definite).

Other Safety Assessments

Other safety outcome measures, separate to the AE reporting, included patient-assessed prelisted ocular symptoms upon instillation and throughout the day [irritation/burning/stinging, itching, tearing, foreign body sensation, and eye

dryness sensation; each was graded using a 4-point severity score as none (0), present but not disturbing (1), disturbing (2), or very disturbing (3), and a total severity score was calculated using the sum of the scores for each symptom]; ocular signs on slit-lamp examination [conjunctival hyperemia was scored using the McMonnies scale (0 to 5) and ocular staining using the Oxford (0 to 15) grading scheme]; corneal thickness; fundoscopy; visual field examinations; best-corrected far visual acuity using a Snellen chart; blood pressure and heart rate; and investigator-reported and patient-reported satisfaction of local tolerance (rated as very satisfactory, satisfactory, not very satisfactory, or unsatisfactory).

Statistical Analyses

The primary objective of this study was to demonstrate noninferiority of T2347 versus BPLT in terms of the change from baseline (D0) in mean IOP on D84 in the worse eye. The noninferiority test was based on the 95% confidence interval (CI) of the difference between the 2 groups (T2347 minus BPLT) using a mixed model for repeated measures (MMRM), including treatment, visit, treatment by visit interaction, and baseline IOP by visit interaction adjusted for baseline IOP and country. Noninferiority was concluded if the upper bound of the 95% CI for the difference was < + 1.5 mm Hg. Sensitivity analyses [analysis of covariance (ANCOVA)] based on the lastobservation-carried-forward method were performed to explore any possible impact of the dropout pattern on the noninferiority analysis. Treatment comparisons for the secondary efficacy endpoints and the safety endpoints were performed using ANCOVA for quantitative parameters or the Cochran-Mantel-Haenszel (CMH) test for ordered qualitative parameters. As changes from baseline in total subjective ocular symptoms score were not normally distributed, the changes in total symptoms scores were assessed on the basis of 3 classes [improvement (<0)/no change (0)/worsening (>0)] and compared between treatment groups using a CMH test with modified ridit scores stratified by country (post hoc analyses).

A total of 194 patients (97 patients in each treatment group) evaluable for the efficacy analysis would provide 90% power for the noninferiority calculation, assuming no difference between the groups and a standard deviation of 3.2 mm Hg for the primary efficacy variable. Assuming a dropout rate of 7%, it was planned to enroll a total of 210 patients (105 in each group).

Efficacy analyses were performed using the modified intent-to-treat (mITT) set (all randomized patients who received at least one dose and had at least one postbaseline efficacy evaluation); the primary efficacy analysis was confirmed using the per protocol (PP) set (all mITT patients without a major protocol deviation) and ITT set (all randomized patients who received at least one dose). Safety analyses were performed using the safety set (all enrolled patients who received at least one dose).

RESULTS

Patients

Overall, 242 patients were randomized at D0 to receive T2347 (N=127) or remain on BPLT treatment (N=115) (ITT set; Fig. 1). Of them, 122 and 110 patients, respectively, completed the study. All enrolled patients had well-controlled IOP before inclusion in the study (15.7 \pm 2.4 mm Hg overall before inclusion) (Table 1) and at baseline (15.6 \pm 2.1 and 15.7 \pm 2.1 mm Hg, in the T2347 and BPLT groups, respectively) (Table 2). There were no

[†]n=number of patients with available data.

relevant differences between groups for demography and baseline assessments (Table 1).

Efficacy

Primary Efficacy Variable

The mean change in IOP at D84 was -0.49 ± 1.80 mm Hg for T2347 and -0.49 ± 2.25 mm Hg for BPLT in the mITT set (Table 2). Noninferiority was demonstrated at D84, as the upper limit of the 95% CI for the difference between treatments (T2347 minus BPLT) was <1.5 mm Hg (0.50 mm Hg, MMRM). Noninferiority was confirmed by the PP and ITT analyses.

The sensitivity analysis using ANCOVA also supported the result of noninferiority (upper 95% CI: 0.54 mm Hg).

Secondary Efficacy Variables

In the contralateral eye, the change in IOP from baseline at D84 was $0.08\pm2.06\,\mathrm{mm}$ Hg for T2347 and $0.14\pm2.25\,\mathrm{mm}$ Hg for BPLT, with an upper 95% CI for the treatment difference of 0.43 mm Hg (MMRM), supporting the primary analysis. The sensitivity analysis for the contralateral eye (ANCOVA) also supported the primary analysis (upper 95% CI: 0.44 mm Hg).

Similar results were seen at D42 in the worse eye, with a change in IOP of -0.65 ± 1.86 mm Hg for T2347 and -0.49 ± 2.24 mm Hg for BPLT (upper 95% CI: 0.31 mm Hg) (Table 2). Results for the contralateral eye also showed no difference between groups at D42, supporting the results for

the worse eye, with a change in IOP of 0.05 ± 2.41 mm Hg for T2347 and 0.05 ± 2.18 mm Hg for BPLT (upper 95% CI: 0.52 mmHg).

Investigators assessed the global efficacy as satisfactory or very satisfactory with no statistically significant difference between treatments at D42 (\geq 94.6%; P = 0.850, CMH) and D84 (\geq 97.5%; P = 0.862).

Safety and Tolerability

Adverse Events

In the T2347 group, 12 (9.4%) patients experienced treatment-related ocular AEs versus 8 (7.0%) patients in the BPLT group (P=0.482). The most common treatment-related ocular AEs were eye irritation (2 and 5 patients in the T2347 and BPLT groups, respectively) and conjunctival hyperemia (3 and 1 patients) (Table 3). The incidence of treatment-related systemic AEs was similar in both treatment groups (P=0.686), reported by 4 (3.1%) patients in the T2347 group and 2 (1.7%) patients in the BPLT group (Table 3).

Most treatment-related ocular and systemic AEs were mild or moderate in severity. No patient in either group experienced an ocular SAE; one patient experienced a systemic SAE (cerebral artery occlusion in the BPLT group), but this was not considered to be treatment related, and the patient recovered without sequelae. Three patients were withdrawn because of treatment-related ocular AEs of

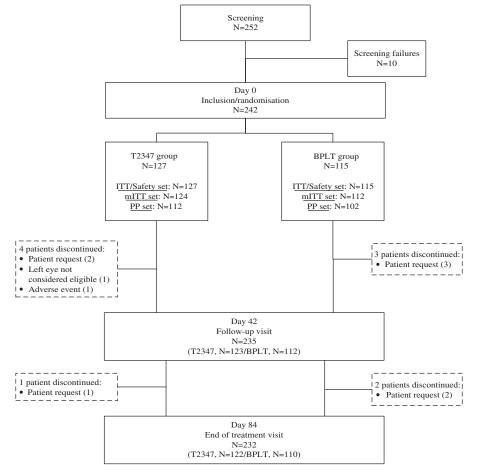


FIGURE 1. Patient disposition.

TABLE 2. Intraocular Pressure (mm Hg) in the Worse Eve at Day 0, Day 42, and Day 84 (mITT Set)

Timepoint	Statistics	T2347 (N = 124)	BPLT $(N = 112)$
Day 0 (baseline)	n Mean±SD	124 15.6 ± 2.1	112 15.7 ± 2.1
Day 42	n Mean ± SD	123 15.0 ± 2.3	112 15.2 ± 2.4
Change from baseline	Mean ± SD 95% CI	-0.65 ± 1.86 [-0.98; -0.32]	-0.49 ± 2.24 [-0.91; -0.07]
Statistical analysis	Adjusted mean ± SE Adjusted mean difference ± SE 95% CI	-0.68 ± 0.18 -0.19 [-0.69	
Day 84 (primary efficacy analysis)	n Mean ± SD	122 15.1 ± 2.4	110 15.2 ± 2.2
Change from baseline	Mean ± SD 95% CI	-0.49 ± 1.80 [-0.81; -0.17]	-0.49 ± 2.25 [-0.92; -0.07]
Statistical analysis	Adjusted mean ± SE Adjusted mean difference ± SE 95% CI	-0.51 ± 0.18 0.01 ± [-0.48]	

Adjusted mean difference = (T2347 minus BPLT).

CI indicates confidence interval; N, number of patients in the group; n, number of patients with evaluable data; SE, standard error.

eye pain (one patient in the T2347 group) and eye irritation (one patient in each group).

Ocular Symptoms

The median (range) total severity score of ocular symptoms upon instillation was similar at baseline in the T2347 group and the BPLT group (1.0 [0-9] for both), and it was consistently lower for T2347 than for BPLT on D42 (0.0 [0-9] vs. 1.0 [0-6]) and D84 (0.0 [0-6] vs. 0.5 [0-7]). A statistically significant between-group difference was shown for the change from baseline in the total score of symptoms upon instillation on D42 (P=0.007), as well as on D84 (P=0.021) (Table 4). No statistically significant between-group difference was shown for ocular symptoms throughout the day on D42 (P=0.155) and D84 (P=0.129) (Table 4).

There were no statistically significant differences between treatments in individual ocular symptoms of tearing, foreign body sensation, and eye dryness sensation on D42 or D84, either upon instillation or throughout the day (Fig. 2 and Table, Supplemental Digital Content 1, http://links.lww.com/ IJG/A245). However, irritation/burning/stinging was significantly less severe in the worse eye for T2347 than for BPLT upon instillation on D42 (P=0.003) and D84 (P<0.001) (Fig. 2A), but there was no difference between treatments throughout the day on D42 (P=0.612) or D84 (P=0.094) (Fig. 2B). Itching in the worse eye on D84 was significantly less severe for T2347 than for BPLT, both upon instillation (P=0.01) (Fig. 2A) and throughout the day (P<0.001) (Fig. 2B).

Other Safety Parameters

There were no clinically important differences between groups for any slit-lamp examination, including conjunctival hyperemia and global ocular staining (Table 4), nor for corneal thickness, fundoscopy, visual field examinations, best-corrected far visual acuity, blood pressure, or heart rate during the study.

Satisfaction with regard to local tolerance assessed by the investigator and patient was similar for each group at both D42 (\geq 96.4% very satisfactory/satisfactory, P = 0.442

and P = 0.110, respectively) and at D84 ($\geq 93.6\%$ very satisfactory/satisfactory, P = 0.058 and P = 0.089). Of note, the percentage of patients who were very satisfied was higher in the T2347 group than in the BPLT group on both D42 (57.0% vs. 45.0%) and D84 (65.3% vs. 50.0%).

DISCUSSION

In this phase III randomized, investigator-masked, and multicenter study, noninferiority of efficacy for a preservative-free latanoprost-timolol fixed combination (T2347) compared with BPLT was demonstrated at D84 in patients suffering from OAG/OHT who were previously receiving the preserved formulation. Although the overall safety profile was comparable between the 2 groups, T2347 induced improvements in some ocular symptoms.

Although an increased bioavailability of BAKpreserved drugs has been reported, 26-28 a growing body of evidence indicates no difference between BAK-preserved and BAK-free formulations. Comparable penetration of both tafluprost formulations has been shown in the aqueous humor of rabbits.²⁹ Furthermore, numerous clinical trials have assessed the impact on efficacy of the removal of BAK from latanoprost,²⁵ bimatoprost,³⁰ tafluprost,³¹ timolol,³² or bimatoprost/timolol fixed combination^{33,34} formulations and concluded that the efficacy of the BAK-free formulation was noninferior (or equivalent) to that obtained with the BAK-preserved formulation. Recently, Bhagat and colleagues performed a randomized, parallel-group, activecontrolled study in patients with OAG or OHT to compare the IOP-lowering efficacy of a novel fixed-dose combination of latanoprost 0.005%/timolol 0.5%, preserved with zinc chloride and boric acid, with latanoprost (BAK-preserved, Xalatan; Pfizer Inc., New York, NY) or timolol (BAKpreserved, Timoptic; Merck & Co Inc., Whitehouse Station, NJ) administered as monotherapy or concomitantly.²³ The IOP-lowering efficacy of this new BAK-free latanoprost/ timolol fixed combination was similar to BAK-preserved latanoprost plus timolol administered concomitantly, and better than preserved latanoprost or timolol administered alone. Our results are consistent with the literature and add to these previous findings in terms of IOP control. Of note,

TABLE 3. Summary of AEs Related to Treatment (Safety Set)

	T2347 (N = 127)	BPLT (N = 115)		
Preferred Term	No. AEs	Patients [n (%)]	No. AEs	Patients [n (%)]	
Ocular AEs	14	12 (9.4)	14	8 (7.0)	
Eye irritation	2	2 (1.6)	5	5 (4.3)	
Conjunctival hyperemia	3	3 (2.4)	1	1 (0.9)	
Eye pain	2	2 (1.6)*	0	0	
Eye allergy	0	0	3	1 (0.9)	
Eye discharge	0	0	1	1 (0.9)	
Foreign body sensation in eyes	0	0	1	1 (0.9)	
Keratitis	0	0	1	1 (0.9)	
Lacrimation increased	0	0	1	1 (0.9)	
Intraocular pressure increased	0	0	1	1 (0.9)	
Blepharitis	1	1 (0.8)	0	0	
Conjunctivitis staining	1	1 (0.8)	0	0	
Eye pruritus	1	1 (0.8)	0	0	
Ocular hyperaemia	1	1 (0.8)	0	0	
Optic disc hemorrhage	1	1 (0.8)*	0	0	
Papilloma conjunctival	1	1 (0.8)*	0	0	
Visual acuity reduced	1	1 (0.8)	0	0	
Systemic AEs	4	4 (3.1)	2	2 (1.7)	
Heart rate irregular	0	0	1	1 (0.9)	
Myalgia	0	0	1	1 (0.9)*	
Arrhythmia	1	1 (0.8)	0	0	
Dysgeusia	1	1 (0.8)	0	0	
Fatigue	1	1 (0.8)	0	0	
Rhinorrhea	1	1 (0.8)*	0	0	

Preferred term coding according to the Medical Dictionary for Regulatory Activities Version 16.1 (September 2013).

Data are the number of events and number of patients (%) with at least one treatment-related (unlikely, possible, or definite) episode.

*Relationship to treatment rated as unlikely (relationship of one of the two episodes of eye pain [T2347 group] rated as unlikely).

N indicates the number of patients in the group.

the slight IOP reduction in patients who continued on the same treatment during the study (BPLT group) could be explained by the lack of reproducibility in diurnal IOP pattern over time^{35,36} or by the Hawthorne effect, that is, better patient management and overall compliance in a clinical trial setting.^{37,38}

Formulations without preservatives have previously been shown to have improved tolerability compared with those containing BAK. 25 In the present study, however, preservative-free T2347 showed a similar overall safety profile to the BAK-preserved comparator. At least 4 possible explanations can be put forward for this observation. First, an 84-day treatment period may not be sufficient to observe real differences in objective ocular signs. For instance, in another 3-month study, a BAK-preserved formulation of travoprost showed a similar safety profile to a BAK-free formulation.³⁹ In clinical practice, glaucoma treatment is usually given over a period of years, and the toxic effects of BAK may require regular use over a long period of time before adverse ocular signs are clinically identifiable. 20,40 Second, although the combination of 2 ocular therapies might be expected to result in a safety profile reflecting the sum of side effects due to the individual components, clinical studies and meta-analyses have shown fixed combinations containing a β-blocker to be better tolerated than individual components. 15,16,41,42 In this context, it is noteworthy that local tolerance, including moderate to severe conjunctival hyperemia, has been shown to be significantly improved by the same preservative-free formulation as T2347 but without timolol (Monoprost; Laboratoires Théa, Clermont-Ferrand, France) compared with BPLT without timolol (Xalatan) after 3 months of treatment.²⁵ The presence of timolol in the latanoprost formulations, therefore, could reduce the between-group difference in tolerability in the present study that would otherwise be expected due to the preservative. Third, patients with a more severe ocular surface disease were not included in the present study. Exclusion of these potentially more sensitive patients could have further limited the

TABLE 4. Summary of Main Ocular Safety Assessments (Safety set)

	Change From Baseline (in 3 classes)							
	Total Symptom Score				Ocular Signs			
	Upon Instillation		Throughout the Day		Conjunctival Hyperaemia		Global Ocular Staining	
	T2347	BPLT	T2347	BPLT	T2347	BPLT	T2347	BPLT
Day 42								
n	122	112	122	111	123	112	123	112
Improvement	54 (44.3)	30 (26.8)	48 (39.3)	37 (33.3)	35 (28.5)	19 (17.0)	40 (32.5)	33 (29.5)
No change	48 (39.3)	55 (49.1)	63 (51.6)	60 (54.1)	77 (62.6)	83 (74.1)	62 (50.4)	60 (53.6)
Worsening	20 (16.4)	27 (24.1)	11 (9.0)	14 (12.6)	11 (8.9)	10 (8.9)	21 (17.1)	19 (17.0)
P	0.007		0.155		0.135		0.535	
Day 84								
n	122	110	122	110	123	112	122	110
Improvement	56 (45.9)	37 (33.6)	50 (41.0)	42 (38.2)	39 (32.0)	23 (20.9)	42 (34.4)	42 (38.2)
No change	54 (44.3)	52 (47.3)	65 (53.3)	51 (46.4)	73 (59.8)	75 (68.2)	62 (50.8)	52 (47.3)
Worsening	12 (9.8)	21 (19.1)	7 (3.0)	17 (15.5)	10 (8.2)	12 (10.9)	18 (14.8)	16 (14.5)
Р	0.021		0.129		0.065		0.883	

Data are number (%) of patients.

Number of patients in group: N = 127 for T2347 group; N = 115 for BPLT group.

n indicates number of patients with available data.

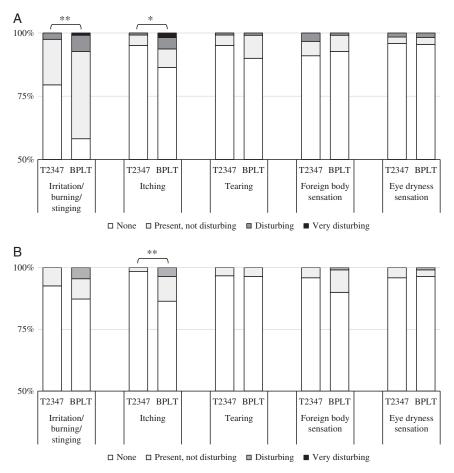


FIGURE 2. Individual ocular symptoms at day 84. Individual ocular symptom scores upon instillation (A) and throughout the day (B) were compared between groups using a Cochran Mantel Haenszel test with modified ridit scores stratified by country. *P = 0.01; **P < 0.001 (see also Supplement Table for details, Supplemental Digital Content 1, http://links.lww.com/IJG/A245).

differences observed between groups over the 84-day study period. Finally, only patients already successfully treated with a preserved latanoprost-timolol fixed combination were included, and, by definition, these patients tolerated it well.

A potential limitation of the present study was the choice of a single morning IOP assessment for comparing T2347 to the preserved comparator. However, this approach is supported by several arguments: (1) peak IOP generally occurs in the morning in most POAG and OHT patients, (2) the 24-hour efficacy on IOP of the latanoprost-timolol fixed combination administered once daily in the evening in glaucoma and OHT patients is well established, (3) on the basis of preclinical data in monkeys, T2347 was shown as effective as BPLT in reducing IOP in the morning, as well as over 24 hours, after once-daily repeat dosing in the evening.⁴³ In the preclinical study, the morning time point was shown to be the most challenging time to demonstrate noninferiority of T2347 to the reference treatment. This is consistent with the results from a cross-over clinical trial that showed a similar diurnal IOPlowering effect (measured at 8 AM, 12 noon, 4 PM, and 8 PM) of the same preservative-free formulation as T2347 but without timolol (Monoprost) in comparison with BPLT without timolol (Xalatan). 44 Thus, it was considered that the IOP-lowering effect of T2347 compared with the reference BPLT could be relevantly extrapolated from the single morning IOP assessment.

Other potential limitations of the study included a doublemasked design not being feasible due to the different packaging of T2347 and BPLT (single-dose units vs. multidose vials, respectively). Although the study procedures ensured that single-masking was maintained and controlled by assigning personnel other than the investigator to dispense treatments and by instructing patients not to disclose treatment information to the investigator, patients could have known which treatment was assigned, which could have led to bias in the reporting of subjective assessments. Also, for ethical purposes, a washout period was deemed not to be appropriate for these patients already treated and IOP controlled by preserved fixed combination at study entry. Moreover, the primary endpoint was evaluated at D84, allowing sufficient time to eliminate any carry-over effect of previous treatment. With regard to the statistical tests, an upper 95% CI limit of 1.5 mm Hg for the treatment difference at D84 was used to show noninferiority for the IOP change from baseline for T2347 compared with BPLT. While 1.5 mm Hg is a common limit for studies with participants with uncontrolled IOP at baseline, 15,45 using it for participants already medicated at study entry and therefore with lower IOP at baseline, such as in the present study, could be considered a less rigorous standard. However, the noninferiority of T2347 would still have been demonstrated using the more stringent limit of 1 mm Hg, ^{46,47} and even using 0.5 mm Hg. In addition, similar results were observed at D42,

although the study was not designed for a formal noninferiority assessment at this time point.

In conclusion, the preservative-free latanoprost-timolol fixed combination T2347 showed noninferior efficacy compared with the preserved comparator in patients who were previously receiving the preserved formulation at study entry. T2347 was well tolerated and demonstrated improvements in some of the ocular symptoms. It could potentially confer a therapeutic advantage for OAG/OHT patients on long-term treatment.

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