

1 **Combining phosphorus placement and water saving technologies enhances rice**
2 **production in phosphorus-deficient lowlands.**

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10

11 **Abstract**

12 Lowland rice production in sub-Saharan Africa (SSA) is often limited by water supply and low phosphorus
13 (P) availability and efforts are needed towards more efficient management of both resources. Field and
14 pot experiments were set up to evaluate combinations of water saving technologies and P placement
15 methods with due attention to treatment effects on root architecture. A two-year field experiment was
16 set up in a lowland rice field in Tanzania with factorial combinations of different levels of water supply
17 (field capacity, alternating wetting drying, permanent flooding) and P application (no P; 3.45 and 6.90 kg
18 ha⁻¹ placement versus 25 kg ha⁻¹ broadcast), thereby testing residual effects in year 2. A trial in large pots
19 was additionally performed with equivalent treatments and allowing measurements of soil solution
20 composition, fertilizer efficiency, and root density versus depth. Rice grain yields ranged 0-5 ton ha⁻¹ and
21 mainly responded to P application. The P placement at the lowest P rate resulted in higher grain yield at
22 field capacity (2.0-2.5 ton ha⁻¹) than in flooded rice (1.2-1.6 ton ha⁻¹), whereas these differences were
23 absent at higher P rates. Lower water supply at field capacity enhanced root growth and rooting depth,
24 decreased nodal root thickness and enhanced root P uptake efficiency compare to flooded condition.
25 Modelling P diffusion outwards the granules showed more restricted P diffusion under reduced water
26 supply and, therefore, less P immobilization in the soil under field capacity. These differences between
27 water treatments were more pronounced at lower than at higher P supply. This study shows that root
28 responses and P diffusion outwards granules explain how water and P resources can be saved with P
29 placement in combination with water saving technologies. P placement forms a good option to intensify
30 rice production while countering soil P decline in P deficient lowlands when resources are limited.

31

32 **Highlights:**

- 33 - Combinations of P and water management options were tested in P deficient lowlands
- 34 - Root development of rice can be modified by specific P- but mainly by water management
- 35 - Under P limitation, reduced irrigation enhances rice development, P uptake, and yield
- 36 - Micro-dose placements can reverse P depletion in deficient lowlands
- 37 - For small P placement rates, interactions with water management should be considered

38

39 **Key words:** Water Saving Technologies, Phosphorus Efficiency, P Micro-dosing, P Placement, Alternate
40 Wetting and Drying, Aerobic Rice, Root Plasticity, Root Architecture

41

42 **Introduction**

43 In large parts of sub-Saharan Africa (SSA), rice (*Oryza* spp.) serves as an important staple crop. Population
44 growth and urbanization drastically increase rice consumption and demand. Rice production should
45 concomitantly increase to reduce dependence on rice imports, which endangers food security in many
46 African countries (Saito et al., 2015; van Oort et al., 2015). The total rice production in SSA has increased
47 during the last decades, but this mainly resulted from area expansion rather than system intensification
48 on existing farmland (FAOSTAT, 2018). There is a strong need for intensification on the existing rice
49 growing areas in SSA and a more efficient use of the available resources such as water and nutrients is a
50 prime requirement to achieve such sustainable intensification. (Saito et al., 2013; van Oort et al., 2015;
51 Zenna et al., 2017)

52 Drought and low phosphorus (P) availability are two major yield limiting factors in both upland and
53 lowland rice growing areas. As lowlands are among the most productive rice growing areas in SSA (Zenna
54 et al., 2017), optimization of management practices in P deficient and/or drought prone lowland systems
55 offers major opportunities for further improvement of resource use and rice production (Becker et al.,
56 2003; Nhamo et al., 2014).

57 In view of declining P resources (Schachtman et al., 1998; Zapata et al., 2004), more efficient P application
58 methods have been developed for several crops (Nziguheba et al., 2016), but none are widely adopted in
59 rice systems of SSA. Current low P fertilizer recovery rates and persistently low purchasing power of many
60 smallholder rice farmers preclude a drastic improvement of P use in rice based systems. As P is rather
61 immobile in soils, localized P applications form an option towards sustainable P management (Malhi et
62 al., 2001; Margenot et al., 2016; Nziguheba et al., 2016). A P micro-dose placement implies a very localized
63 application of a small P dose to a small surface or sub-surface area, often combined with seeds into the
64 planting hole (ICRISAT, 2009; Nkebiwe et al., 2016; Vandamme et al., 2018). This technique of P micro-

65 dose placement is successfully tested and adopted for several cereal crops (Aune and Bationo, 2008;
66 Bagayoko et al., 2011; Biielders and Gérard, 2015; Camara et al., 2013; van der Eijk, 2006). However, the
67 technique of P micro-dose placement in direct seeded rice systems has only been studied and evaluated
68 in a few cases (Bayan and Lourduraj, 2000; Garrity et al., 1990; Vandamme et al., 2018) and, to our
69 knowledge, it is only adopted in upland rice growing areas of Madagascar (Andriamananjara et al., 2018;
70 Raboin et al., 2014). The P micro-dose placement was observed to strongly benefit shoot growth and yield
71 in direct seeded rice systems (Vandamme et al., 2018), but little is known about the effects on root
72 performance and the interactions with water management in lowlands.

73 With an increasing prevalence of dry spells, it also becomes critical to optimize water use for rice
74 production. Because of the huge water requirements of conventionally flooded rice, water saving
75 technologies have been developed to help farmers cope with water scarcity and to increase water
76 productivity in lowland rice systems (Bouman et al., 2007; de Vries et al., 2010). With alternate wetting
77 and drying (AWD) the field is only irrigated up to flooding after the soil water table drops below a certain
78 level beneath the soil surface (-30 cm for normal AWD and -15 cm for safe AWD) (Carrizo et al., 2017;
79 LaHue et al., 2016), and hence the field is not continuously flooded. Another water saving approach aims
80 to permanently maintain the soil close to field capacity, while never flooding the soil ('aerobic rice')
81 (Bouman et al., 2005). Such promising water saving technologies are mainly developed and adopted in
82 Asia, but are not yet widespread in lowlands of SSA.

83 Reduced water supply theoretically reduces P mobility in soils due to reduced effective diffusion (Kirk et
84 al., 1990). However, reduced water availability largely influences root development and an improved root
85 functioning may counteract a reduced P supply (De Bauw et al., 2019; Sandhu et al., 2017; Zhan et al.,
86 2014). Similarly, several root characteristics may respond to a reduced P supply, hence the combination
87 of P and water management techniques may lead to differences in root performance, rice development,
88 and yield (Kirk et al., 1998). De Bauw *et al.* (2019) previously examined how rice roots respond to several

89 combinations of P and water availability, and showed that water availability has a dominant modifying
90 role on root architecture, in turn affecting P uptake efficiency. Understanding root plasticity under specific
91 combinations of P and water management is thus important in efforts towards enhancing resilience to
92 both stresses. There is an urgent need to evaluate water saving technologies and P placement methods
93 with due attention to treatment effects on root architecture, before recommending these methods as
94 sustainable intensification strategies.

95 This work aims to 1) evaluate rice establishment, shoot growth, and yield under combined P and water
96 management options in P deficient lowlands; more particularly focusing on the technique of P micro-dose
97 placement 2) examine rice root development, root architecture, and rooting patterns under such
98 management techniques; 3) assess the residual effects of such intensification options on rice production
99 in P deficient lowlands. To this end, a two-year field experiment was conducted in a lowland field in
100 Tanzania with factorial combinations of water supplies (field capacity, alternating wetting drying,
101 permanent flooding) and P application (control, placements, and broadcast) in year 1 (field experiment
102 1). This was repeated in year 2 (field experiment 2), thereby testing residual effects. A trial in large pots
103 was additionally performed with equivalent treatments and allowing measurements of soil solution
104 composition, fertilizer effectiveness, and root density versus depth. Finally, P diffusion modelling
105 outwards of the fertilizer granules was performed to assist the interpretation of the field data.

106

107 **Materials and Methods**

108 ***Field experiment 1***

109 A field trial was conducted at a lowland site in Morogoro (6°50'31.4"S, 37°38'36.5"E; Tanzania) between
110 May and October 2017. Both irrigation and drainage was ensured. Site and soil information is presented
111 in Table 1.

112 A split-plot design with three replicate blocks was set up with different levels of water supply in the main
113 plots and different P management treatments in the sub plots within each main plot. The size of the sub
114 plots was 3.6 x 2.0 m. Replicate blocks and main plots were separated at a distance of 2 m and a plastic
115 sheet was dug into the soil down to 50 cm in order to prevent horizontal water flow between water
116 treatments and replicate blocks. Within each main plot, sub plots were levelled and separated by bunds
117 and furrows at a distance of 50 cm. Water management comprised three levels (field capacity (FC),
118 alternate wetting and drying (AWD), permanent flooding (PF)) while P management included four levels
119 (a control (NoP), placement at a rate of 3.45 kg P ha⁻¹ (MicroP1), placement at a rate of 6.90 kg P ha⁻¹
120 (MicroP2), and a basal broadcast of 25 kg P ha⁻¹ (PlusP)).

121 Two seeds of the typical lowland rice variety NERICA-L-19 were sown at a distance of 20 x 20 cm. NERICA-
122 L-19 is an interspecific rice variety developed by the Africa Rice Center, using crosses between *Oryza sativa*
123 (Asian rice) and *Oryza glaberrima* (African rice). Before Triple Super Phosphate (TSP) was placed in the
124 planting hole, the TSP fertilizer was first sieved in order to homogenize granule size (1.5 mm radius). For
125 the plots with P placement (MicroP1 and MicroP2), three or six TSP granules (respectively 3.45 kg P ha⁻¹
126 and 6.90 kg P ha⁻¹) were first placed into each planting hole (2.5 cm depth) and covered with soil before
127 sowing (1 cm depth). In the plots with broadcast P (PlusP), TSP was broadcast at a conventional rate of 25
128 kg P ha⁻¹ at 17 days after sowing (DAS).

129 At 17 DAS, all plots were also amended with a first basal application of urea, muriate of potash (MOP),
130 MgSO₄, ZnSO₄, and H₃BO₃ at rates of 34 kg N ha⁻¹, 17 kg K ha⁻¹, 21 kg Mg ha⁻¹, 27 kg S ha⁻¹, 3 kg Zn ha⁻¹, and
131 2 kg B ha⁻¹ in order to avoid any nutrient deficiency other than P. Two top dressings of urea (34 kg N ha⁻¹)
132 and MOP (17 kg K ha⁻¹) were later applied at 34 and 50 DAS.

Table 1. Soil characteristics of soil from pot and field experiments.

Trials	Location	Coordinates	pH	Al _{ox}	Fe _{ox}	Mn _{ox}	P _{ox}	----Texture----		
				[mg kg ⁻¹]	[%sand]	[%silt]	[%clay]			
(a) Lowland field trials	Morogoro, Tanzania	6°50'31.4"S 37°38'36.5"E	6.6 (CaCl ₂ ; S/W = 1:5)	1193	2010	317	50	18	56	26
(b) Soil for pot trial Jan. 2017	Dakawa, Tanzania	06°23'56.6"S 37°33'47.5"E	6.7 (CaCl ₂ ; S/W = 1:5)	936	1848	532	22	9	62	29

135 Plots were watered daily up to field capacity until 22 DAS. Then contrasting water regimes were imposed.
136 A water level of 5 cm was maintained in the PF treatment. For the AWD and FC treatments, perforated
137 PVC tubes (10 cm diameter, 30 cm length) were installed in each plot to monitor the soil water table.
138 Under AWD, plots were re-irrigated to flooding (water level at 5 cm) when the water table dropped below
139 -15 cm. Under FC, it was ensured that the soil water table never rose above -20 cm. Water management
140 was maintained daily until the end of the trial.

141 The dates of 85% and 100% maturity were noted. At 100 DAS, four adjacent rows were demarcated and
142 four representative plants (based on the average tiller number and plant height) were selected for further
143 shoot and root analysis. The shoots were cut, oven dried (60 °C), weighed, and manually ground by mortar.
144 P concentrations in the shoot tissues ($P_{C_{shoot}}$) were then determined by ICP-OES (Thermo Scientific iCAP
145 7000 series) after digestion in HNO_3 . Immediately after cutting the shoots, the root system of each
146 selected plant was excavated by digging out a block of soil around the stem (20x20x20 cm). The root
147 system was carefully washed out by gently shaking the block on a 2 mm net in water and subsequently
148 placed in a dish with clean water. The number of nodal roots was counted and the average nodal root
149 thickness was measured using a transparent ruler. Lateral root density and secondary branching degree
150 were determined as described by De Bauw *et al.* (2019). Lateral root thickness (both at the root base and
151 for deeper roots) was scored according to five classes described in Table S1 (**Supplementary Information**).
152 After root analysis, the root system was oven dried and weighed. The P uptake in the shoot per unit root
153 weight ($P_{up_{root}}$) and per nodal root ($P_{up_{nodal}}$) was calculated to provide estimators for P uptake efficiency.

154 At maturity, grain yield was determined in a net plot of 2.2 x 1.6 m (88 hills), excluding border rows and
155 rows used for root analysis. Grain yield is reported at a moisture content of 14%. Agronomic P efficiency
156 at harvest was calculated as $AEP_{grain} = (grain\ yield\ with\ P - grain\ yield\ without\ P) / amount\ of\ P\ applied$. The
157 P concentrations in the grains ($P_{C_{grains}}$) was determined by ICP-OES after digestion in HNO_3 . The seasonal
158 P balance per hectare was calculated as: $P_{balance} = (P\ input\ by\ fertilizer - P\ export\ by\ grain\ harvest)$.

159

160 ***Field experiment 2***

161 In order to assess residual P effects and the consistency of treatment effects, a second trial was conducted
162 between May and October 2018. The same plots were used with the same P micro-dose rates as in the
163 previous season (2017) and established exactly in the same way. Control plots from 2017 were kept as a
164 control in 2018. In order to assess the residual P effects from a former broadcast, the plots amended with
165 25 kg ha⁻¹ in 2017 were split in 2018 and half of each plot was sown as a control without P application (P0)
166 while the other half was amended with a placement of 6.90 kg ha⁻¹ (MicroP3). Water treatments were
167 implemented in the same way as during the first season.

168 Plant establishment, grain yield, agronomic P efficiency, and P balances were monitored and calculated
169 as described for the first season. Root data were not collected.

170

171 ***Large pot experiment***

172 A pot trial with P deficient soil in large pots (10.5 L) was set up in the greenhouse with four levels of water
173 supply and four P management treatments and five replicates of each combination (n=80). The water
174 treatments included drying periods (DP), field capacity (FC), safe-alternate wetting and drying (AWD), and
175 permanent flooding (PF); while P treatments included no application (NoP), a micro-dose P placement
176 (MicroP), suboptimal basal application (SubP), and a non-limiting basal application (PlusP).

177 The trial was conducted in a greenhouse located at Sokoine University of Agriculture in Morogoro
178 (6°50'53.9"S, 37°39'31.3"E; Tanzania). Average daily minimum and maximum temperatures during the
179 experiment were respectively 21.9 and 33.4°C.

180 Initially, a P-deficient soil ($P < 0.01 \text{ mg L}^{-1}$ in solution) was collected from a lowland rice field in Dakawa,
181 Tanzania (Table 1). After sampling, the bulk soil was shade dried, crushed to an aggregate size of 4 mm,
182 and amended with salts of NH_4NO_3 , CaCl_2 , MgSO_4 , ZnSO_4 , CuSO_4 , H_3BO_3 and Na_2MoO_4 at rates of 37 mg N
183 kg^{-1} , 95 mg K kg^{-1} , 15 mg Mg kg^{-1} , 20 mg S kg^{-1} , 2.5 mg Zn kg^{-1} , 0.04 mg B kg^{-1} , 0.08 mg Cu kg^{-1} , and 0.034
184 mg Mo kg^{-1} soil, to avoid any nutrient deficiency other than P.

185 To mimic a P deficient subsoil, no P was initially added to this bulk soil. Eighty large pots (height: 52 cm,
186 diameter: 16 cm) were first filled with 6.8 kg of this P deficient soil (28.5 cm in pot height). To avoid
187 downwards P transport by wetting the whole pot at once, each pot with this layer of subsoil was first
188 watered to field capacity (38% w/w) before adding the topsoil. Pots of flooded treatments (PF) were
189 sealed at the bottom. The remainder of the soil was used to create three different topsoils by subjecting
190 them to different P treatments. One fourth was amended with a non-limiting amount of ground TSP (63.1
191 $\text{mg P kg}_{\text{topsoil}}^{-1}$ or 280 mg P per pot) up to a theoretical P concentration of 0.4 mg P L^{-1} in soil solution,
192 representing a non-limiting basal broadcast (PlusP). Another quarter was amended with a sub-optimal
193 amount of ground TSP ($18.6 \text{ mg P kg}_{\text{topsoil}}^{-1}$ or 82 mg P per pot) up to a theoretical P concentration of 0.1
194 mg P L^{-1} in soil solution, representing a sub-optimal basal broadcast (SubP). The remaining half was not
195 amended with TSP and was later divided into two treatments (NoP and MicroP). The same amount of Ca
196 was added in all treatments by using CaCl_2 . Pots were subsequently filled with 4.4 kg of these topsoils and
197 the whole pot was watered to field capacity.

198 A pre-germinated seed of NERICA-L-19 was sown in each pot. For the treatment with micro-dose P
199 placement (MicroP), 0.12 g TSP (24 mg P pot^{-1}) was first applied in the planting hole of the non-amended
200 topsoil before sowing. This placement rate corresponds with a micro-dose rate of 6 kg ha^{-1} when plants
201 are conventionally spaced at 20x20 cm. Two top dressings of NH_4NO_3 (in solution) were applied at a rate

202 of 323 mg N per pot at 21 and 34 DAS. Additional top dressings of ZnSO₄, KCl, and MgSO₄ were added at
203 21 DAS to each pot at rates of 0.37 g Zn, 1.4 g K, and 0.12 g Mg, to avoid deficiency of these nutrients.

204 Water treatments were initiated at 17 DAS and were maintained and monitored on a daily basis until the
205 end of the trial. In the treatment with permanent flooding (PF), a water layer of 5 cm above soil level was
206 maintained. For the safe-alternate wetting and drying treatment (AWD), the soil water level was
207 monitored by perforated tubes with diameter of 1.5 cm, and pots were re-irrigated when the water table
208 dropped below 15cm. Pots were watered daily up to field capacity for the treatment with field capacity
209 (FC) while in the last treatment, pots were only re-watered up to field capacity with intervals of ca. six
210 days to represent drying periods (DP) during erratic rainfall.

211 Plant development was monitored by measuring plant height and counting tillers and leaves twice a week.
212 To monitor P concentration in the soil pore water, rhizon samplers (10 cm length, 2.5 mm diameter, 0.15
213 µm pore size) were installed in each pot at a distance of 4 cm from the seedling (and P placement). Soil
214 pore water samples were taken at a frequency of seven days, during the whole experiment.

215 At 49 DAS, shoots were cut and analyzed as described for the field experiment. Immediately after
216 removing the shoot, the soil cylinder was carefully taken out of the pot and precisely cut into three
217 segments. One part comprised a segment from 0 to 15 cm depth which included the 'basal roots', another
218 segment comprised soil from 15 to 30 cm depth including the 'intermediate roots', and the last segment
219 between 30-52 cm incorporated the 'deep roots'. The latter segment was defined according to most rice
220 studies, where deep roots are defined as roots below 30 cm (Gowda et al., 2011; Kato et al., 2013, 2006).
221 For each soil segment, roots were carefully washed out by using water and nets (2 mm size). After
222 removing the soil, roots of each segment were placed in a dish with clean water and root architectural
223 variables were determined as described for the field experiment.

224 The root segments were oven dried (60°C) and weighed to determine root distribution and biomass
225 allocation. The P uptake efficiency parameters ($P_{up_{root}}$, $P_{up_{nodal}}$) were subsequently calculated. A
226 provisional indicator of the agronomic efficiency of the P fertilizer at 49 DAS was calculated as $AEP_{49DAS} =$
227 *(straw mass with P – straw mass without P)/ amount of P applied.*

228 **Data analysis**

229 All statistics were computed in R version 3.4.1. (R Development Core Team 2012) and the level of
230 significance to detect effects was set at $p=0.05$. Two-way ANOVAs were performed on the shoot and root
231 variables with water and P treatments as fixed effects. Replicate pots or blocks were included as random
232 effects. Means (μ) and standard errors of the mean ($\frac{\sigma}{\sqrt{n}}$, with σ = standard deviation and n = the number
233 of observations) were calculated for all treatment combinations and significance between treatment
234 means was determined by calculating the Least Significant Difference, after confirming normality of the
235 residuals.

236

237 **Modeling P diffusion, adsorption and availability of placed P under different water regimes**

238 Given the strong interaction between soil moisture and P, this section aims to assess the physical and
239 chemical influences through diffusion and sorption of contrasting water management on P availability
240 under several placement rates. The P diffusion outwards P fertilizer granules was modelled to interpret
241 the results. Locally placed P in soils generally moves away from the point of application through diffusion,
242 while sorption and precipitation reactions may reduce P mobility (Degryse and McLaughlin, 2014). The
243 diffusion from micro-dose P placements was modelled using the spherical diffusion model described by
244 Degryse and McLaughlin (2014):

$$245 \quad \frac{\delta c}{\delta t} + \frac{\rho \delta(k c^n)}{\theta \delta t} = f \frac{D}{r^2} \frac{\delta}{\delta r} \left(r^2 \frac{\delta c}{\delta r} \right)$$

246 With c the P concentration in soil solution (mg L^{-1}), ρ the bulk density (kg L^{-1}), θ the volumetric water
247 content, f the tortuosity factor, D the diffusion coefficient in water ($\text{cm}^2 \text{s}^{-1}$), r the radial distance (cm),
248 and t the time (s). The P sorption was accounted for by the Freundlich parameters (k and n). Soil
249 parameters (k, n, ρ) were determined for the P deficient lowland soil from the field trial, for which θ was
250 altered between field capacity ($\text{pF} = 2$) and soil saturation ($\text{pF} = 0$).

251
252 The P sorption (k and n) can theoretically change under altered water availability due to
253 reduction/oxidation of iron oxides. However, when the molar P/Fe ratio (oxalate extracted) of a soil is low
254 (<0.12 ; i.e. P deficiency), it has been shown that there is no additional P release under anaerobic
255 conditions (Smolders et al., 2017), and this assumption is confirmed by the soil solution data (data not
256 shown). Under P deficiency the Freundlich parameters (k and n) thus remain constant under both soil
257 saturation and field capacity. The k and n parameters were derived from a P adsorption experiment.
258 Briefly, the topsoil of the field experiment was dried and sieved. Replicate samples of 3 g were suspended
259 in 30 mL water and amended with KH_2PO_4 at various rates between 0-60 mg P L^{-1} . The soils were
260 equilibrated end-over-end for 24h followed by centrifugation and filtration ($0.45\mu\text{m}$) and analyzed of P
261 by Inductively Coupled Plasma Mass Spectrometry (ICP-MS, Agilent7700X). The value of k was $180 \text{ mg}^{0.3}$
262 $\text{L}^{0.7} \text{ kg}^{-1}$ and n was 0.7.

263 The fertilizer was described as a sphere of 2.18 mm radius containing 12 mg P or 2.74 mm containing 24
264 mg P, corresponding with application rates of 3 and 6 kg ha^{-1} respectively. In this model, P uptake by plants
265 during diffusion was not incorporated as this section focuses on the P availability through soil processes
266 and management only. For P deficient soils, the initial P concentration in soil solution was assumed to be
267 0 mg L^{-1} , as the measured concentration in the control soil was $<0.03 \text{ mg L}^{-1}$. The P diffusion over time was
268 spherically modeled for the two placement rates and two water levels (field capacity and saturation) and

269 the diffusion equation was numerically solved in Microsoft Excel using the initial and boundary conditions
270 as described in Degryse and McLaughlin (2014).

271

272 **Results**

273 ***Field experiment 1***

274 *Shoot development and grain yield*

275 Without P application, plant development (height and number of tillers) was very slow, but it was
276 enhanced by maintaining the soil at FC compared to AWD and PF (Figure S1, **Supplementary Information**).

277 There was a significant interaction effect between water and P on shoot development. Shoot mass at 100

278 DAS strongly increased with P application. Shoot mass was similar for both micro-dose rates under FC but

279 for MicroP1, shoot growth (and also P uptake) was lower under AWD and PF compared to FC, while this

280 reduction was not significant for MicroP2. FC enhanced shoot biomass production compared to PF only

281 at NoP and MicroP1 (Table 2). The same trends were confirmed at harvest, i.e. grain yield was consistently

282 highest under FC for MicroP1 and NoP compared to other water treatments while these differences due

283 to water were absent at higher P applications (Micro P2 and PlusP) (Figure 1). P broadcast and micro-

284 dosing increased grain yields 7-fold and 3-fold respectively.

285 P application reduced the time needed to reach 85% maturity, with an average of 143, 134, 133, and 131

286 days respective to the applied P rates (increasing order). Water management did not affect the duration

287 of the phenological stages. (Table 4)

288 Table 2: Shoot and root mass, shoot P uptake (Pup), and P uptake efficiency parameters (shoot P uptake per unit of root mass: Pup_{root}; shoot P uptake per
 289 nodal root: Pup_{nodal}) of rice at 100 DAS in Field Experiment 1. Rice plants were grown on a P deficient lowland field that was subjected to combinations of
 290 water management options (field capacity (FC), safe alternate wetting and drying (AWD), and permanent flooding (PF)) and P management options (No P
 291 application (NoP), two rates of micro-dose placement (MicroP1 and MicroP2, respectively 3.45 and 6.90 kg P ha⁻¹), and a conventional broadcast of 25 kg P
 292 ha⁻¹ (PlusP)). Data are presented as means with (standard errors of the mean).
 293
 294

<i>Field experiment 1</i>						
P	Water	Shoot mass	Root mass	Pup	Pup_{root}	Pup_{nodal}
		[g plant ⁻¹]	[g plant ⁻¹]	[mg plant ⁻¹]	[mg g ⁻¹]	[µg nodal ⁻¹]
NoP	FC	4.4 (0.6)	2.1 (0.2)	3.1 (0.6)	1.43 (0.16)	23 (3)
	AWD	2.7 (0.6)	1.2 (0.2)	1.2 (0.3)	1.11 (0.10)	13 (2)
	PF	2.1 (0.6)	1.2 (0.3)	0.9 (0.2)	0.80 (0.09)	9 (1)
MicroP1	FC	16.7 (1.1)	6.2 (0.5)	8.3 (0.6)	1.47 (0.14)	37 (2)
	AWD	8.6 (0.8)	4.9 (0.6)	4.1 (0.5)	0.95 (0.17)	22 (2)
	PF	9.2 (0.5)	4.8 (0.4)	4.4 (0.5)	0.92 (0.06)	20 (1)
MicroP2	FC	15.5 (1.1)	6.1 (0.4)	7.6 (0.6)	1.32 (0.15)	33 (2)
	AWD	14.6 (1.4)	6.9 (0.6)	7.0 (0.7)	1.04 (0.10)	30 (2)
	PF	12.9 (0.9)	7.2 (0.6)	6.4 (0.6)	0.91 (0.07)	26 (2)
PlusP	FC	35.6 (2.5)	10.9 (0.8)	25.8 (2.8)	2.42 (0.25)	83 (7)
	AWD	33.6 (3.4)	10.6 (1.2)	19.9 (2.0)	1.94 (0.16)	61 (3)
	PF	39.1 (2.4)	12.5 (0.7)	26.2 (2.3)	2.11 (0.17)	68 (3)
	water	ns	ns	ns	*	**
	p	***	***	***	***	***
	water×P	*	ns	(0.057)	ns	ns

295

296

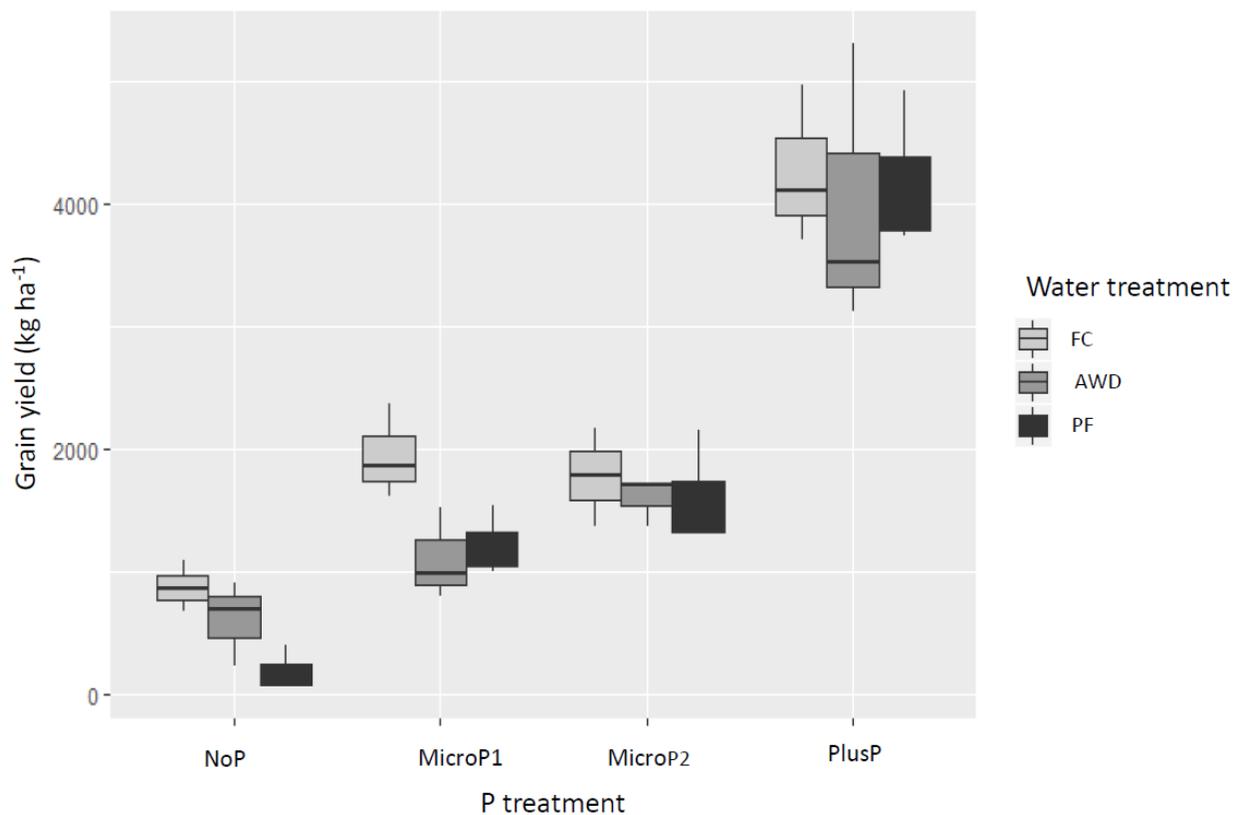


Figure 1: Grain yield of field grown lowland rice (field experiment 1; 2017) subjected to combinations of water management techniques (field capacity (FC), alternate wetting and drying (AWD), and permanent flooding (PF)) and P management options (No P application (NoP), two rates (3.45 and 6.90 kg P ha⁻¹) of micro-dose placement (MicroP1 and MicroP2), and a conventional broadcast of 25 kg P ha⁻¹ (Plus P)).

299 *Root development, architecture and distribution*

300 At 100 DAS, the nodal root thickness increased according to P application (NoP < MicroP1 and MicroP2 <
301 PlusP), and there was no significant difference between the two placement rates. Within each P
302 application method, nodal root thickness reduced under FC, but it showed an opposite trend without P
303 amendment (Table 3).

304 Lateral root density at the nodal base was significantly highest for P placements and lowest under PlusP.
305 Reduced water use significantly reduced the basal lateral root density (FC<AWD<PF). (Table 3)

306 The lateral thickness at the nodal base as also in deepest layers increased with reduced water use. Lateral
307 roots in deepest layers were thinner without P application. (Table 3)

308 Secondary branching degree at the nodal base was smallest without P application, and a similar trend was
309 observed for secondary branching in deepest layers. For these deep roots, secondary branching
310 consistently increased with reduced water application, but this trend was not observed for MicroP2.
311 (Table 3)

312 *P uptake & acquisition efficiency at 100 DAS*

313 The $P_{C_{shoot}}$ was consistently highest for PlusP and there was no difference in $P_{C_{shoot}}$ between MicroP1 and
314 MicroP2. Without P application, $P_{C_{shoot}}$ significantly increased with reduced water use. P application
315 increased total P uptake, and without P application this P uptake increased with reduced water
316 application. The shoot P uptake under placement was similar for both rates under FC, however the P
317 uptake under FC was larger than under AWD and PF at the MicroP1 while it was unaffected by water
318 treatment at MicroP2. (Table S2, **Supplementary Information**)

320 **Table 3: Architectural root variables of field grown rice at 100 DAS. The field was subjected to combinations of water management techniques (field capacity**
 321 **(FC), safe alternate wetting and drying (AWD), and permanent flooding (PF)) and P management strategies (No P application (NoP), two rates of micro-dose**
 322 **placement (MicroP1 and MicroP2, respectively 3.45 and 6.90 kg P ha⁻¹), and a conventional broadcast of 25 kg P ha⁻¹ (PlusP)). Lateral root thickness and**
 323 **secondary branching were determined for the nodal root base, but also for the deepest roots. Data are presented as means with (standard errors of the**
 324 **mean).**

325

326

<i>Field experiment 1</i>							
P	Water	Nodal thickness	Lateral root density	Lateral root thickness	Secondary branching	Lateral root thickness	Secondary branching
-----Basal Roots-----				-----Deep Roots-----			
		[mm]	[score]	[score]	[score]	[score]	[score]
NoP	FC	0.80 (0.03)	5.2 (0.16)	1.88 (0.15)	2.5 (0.3)	3.2 (0.2)	3.4 (0.2)
	AWD	0.70 (0.05)	6.1 (0.15)	1.29 (0.12)	2.0 (0.2)	2.1 (0.3)	2.3 (0.2)
	PF	0.64 (0.06)	6.8 (0.22)	1.08 (0.06)	2.3 (0.3)	1.7 (0.3)	1.8 (0.2)
MicroP1	FC	0.92 (0.03)	5.3 (0.18)	1.92 (0.14)	3.0 (0.2)	3.6 (0.2)	4.2 (0.2)
	AWD	1.08 (0.05)	6.8 (0.23)	1.21 (0.13)	3.4 (0.3)	2.7 (0.2)	3.8 (0.1)
	PF	1.08 (0.05)	7.0 (0.20)	1.00 (0.00)	3.0 (0.3)	2.1 (0.1)	3.2 (0.2)
MicroP2	FC	0.96 (0.03)	5.4 (0.18)	1.96 (0.07)	2.7 (0.2)	3.7 (0.1)	3.8 (0.2)
	AWD	1.22 (0.04)	6.3 (0.40)	1.33 (0.11)	3.2 (0.3)	2.6 (0.2)	3.8 (0.1)
	PF	1.17 (0.06)	6.8 (0.20)	1.04 (0.04)	3.1 (0.2)	2.0 (0.2)	3.6 (0.3)
PlusP	FC	1.07 (0.03)	5.1 (0.22)	2.00 (0.15)	3.4 (0.3)	3.5 (0.1)	4.4 (0.1)
	AWD	1.30 (0.03)	5.7 (0.24)	1.54 (0.16)	2.7 (0.3)	2.7 (0.2)	3.4 (0.2)
	PF	1.35 (0.03)	6.2 (0.25)	1.17 (0.09)	3.1 (0.2)	2.1 (0.3)	3.3 (0.2)
	water	**	***	***	ns	***	ns
	P	***	***	ns	***	**	***
	water×P	***	ns	ns	ns	ns	***

327

328

330 **Table 4: Time (in days) needed to reach 85% maturity and the agronomic efficiency of the P fertilizer (AEP) based on grain yield for both field experiment 1**
 331 **and 2. Data are presented as means with (standard errors). A two-year field experiment was conducted in a lowland field in Tanzania with factorial**
 332 **combinations of water supplies (field capacity (FC), alternating wetting drying (AWD), permanent flooding (PF)) and P application (control (NoP, two rates of**
 333 **micro-dose placement (MicroP1 and MicroP2, respectively 3.45 and 6.90 kg P ha⁻¹), and a broadcast (PlusP)) in year 1 (field experiment 1). This was repeated**
 334 **in year 2 (field experiment 2), thereby testing residual effects of a broadcast.**

335

P	Water	----Field experiment 1----		----Field experiment 2----	
		Time to 85% maturity [days]	AEP At harvest [kg kg ⁻¹]	Time to 85% maturity [days]	AEP At harvest [kg kg ⁻¹]
NoP	FC	139 (3.4)	-	145 (2.0)	-
	AWD	145 (1.2)	-	149 (0.0)	-
	PF	145 (2.6)	-	156 (14.5)	-
MicroP1	FC	134 (0.7)	310 (45)	138 (0.7)	395 (48)
	AWD	136 (1.2)	144 (28)	138 (0.6)	489 (68)
	PF	133 (0.6)	297 (69)	136 (1.2)	396 (43)
MicroP2	FC	133 (0.7)	130 (44)	137 (0.0)	178 (26)
	AWD	132 (0.9)	143 (37)	135 (1.0)	320 (59)
	PF	133 (0.7)	205 (51)	136 (1.2)	305 (53)
PlusP	FC	132 (0.9)	136 (10)	-	-
	AWD	131 (0.6)	135 (23)	-	-
	PF	130 (0.3)	159 (18)	-	-
MicroP3 Placement 2 after PlusP in 2017	FC	-	-	137 (0.3)	210 (41)
	AWD	-	-	138 (0.3)	239 (58)
	PF	-	-	138 (0.3)	201 (42)
P0 No P after PlusP in 2017	FC	-	-	144 (1.0)	-
	AWD	-	-	143 (1.5)	-
	PF	-	-	146 (0.3)	-
	water	ns	*	ns	ns
	p	***	**	***	***
	water×P	ns	(0.068)	ns	ns

336 The $P_{up_{root}}$ was largest under PlusP. The $P_{up_{nodal}}$ showed a similar trend according to P application and
337 was smaller in the control than for both placement rates. Water management similarly affected both
338 efficiency parameters and P uptake efficiency was consistently largest under FC compared to that at larger
339 water supply. (Table 2)

340 *Agronomic efficiency and P balance*

341 The AEP_{grain} of PlusP was similar as that for MicroP2. The AEP_{grain} was largest for MicroP1, only under FC
342 and PF (not for AWD). (Table 4)

343 The seasonal P balance was significantly affected only by the P treatments. Without fertilizer application,
344 the P balance was obviously negative (ca. $-0.6 \text{ kg P ha}^{-1}$), while for PlusP the balance was strongly positive
345 (ca. 20.3 kg ha^{-1}). For MicroP1, the P balance was relatively close to zero (ca. 2.1 kg ha^{-1}), while the balance
346 for MicroP2 was fairly positive (ca. 5.2 kg ha^{-1}). (Figure 2)

347

348 ***Field experiment 2***

349 Plant development was similar for all placements. Without P application, growth was enhanced in the
350 plots that were broadcasted in 2017 and benefits were observed from reduced irrigation (Figure S1,
351 **Supplementary Information**).

352 P application reduced the time needed to reach 85% maturity similarly for all placement rates compared
353 to both controls (Table 4). Without P application, a residual P effect from the former basal application
354 facilitated plant development.

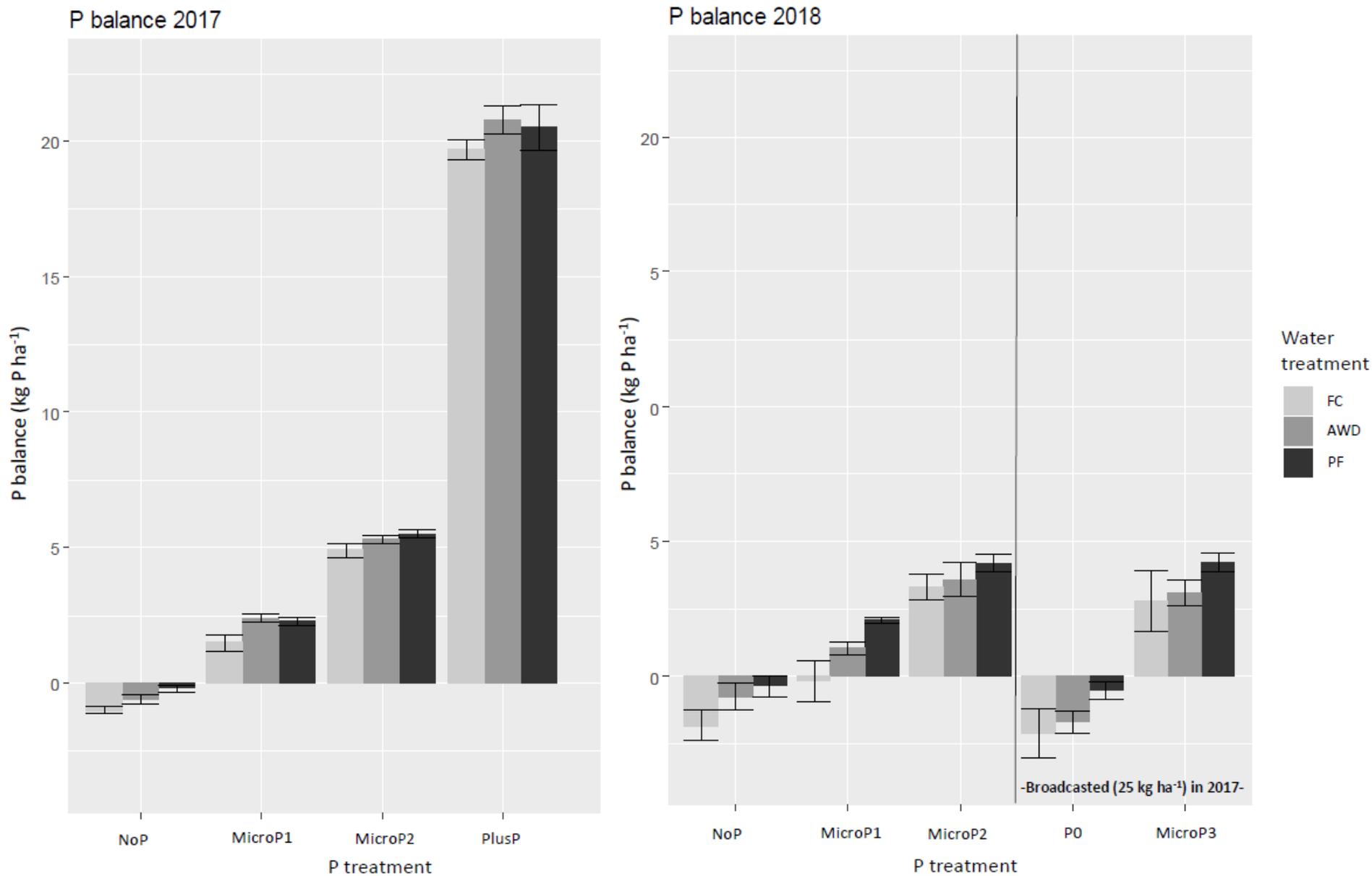


Figure 2: The seasonal P balance (kg P ha⁻¹) for field experiment 1 (left panel) and 2 (right panel). Plots broadcasted (PlusP) in 2017 were split in 2018 and half of these plots were sown as a control without P fertilizer (P0) while the other half was amended with a P placement rate of 6.9 kg P ha⁻¹.

356 Grain yield (Figure 3) was consistently lower than the potential yield observed in the previous experiment.
 357 The yield was significantly affected by both P and water management. There was a positive effect of the
 358 residual P, but the effect was only significant without P application ($P_0 > \text{NoP}$). PF consistently reduced
 359 yield compared to AWD and FC, and this negative effect was strongest for MicroP1 confirming results
 360 from the year 1 experiment. (Figure 3)

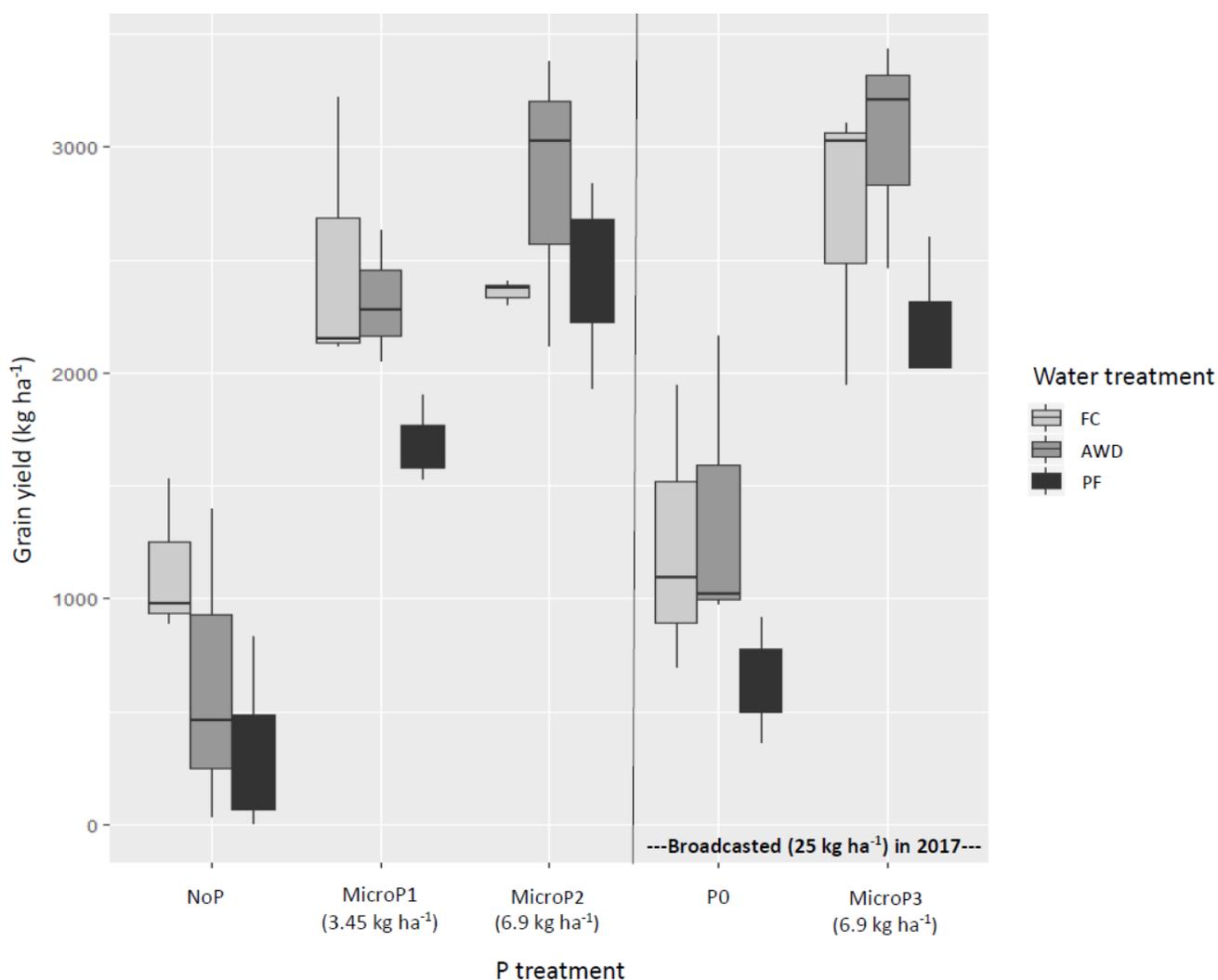


Figure 3: Grain yield of field grown lowland rice (field experiment 2; 2018) subjected to combinations of water management techniques (field capacity (FC), alternate wetting and drying (AWD), and permanent flooding (PF)) and P management options (No P fertilization (No P), two rates (3.45 and 6.90 kg P ha⁻¹) of micro-dose placement (MicroP1 and MicroP2); Plots broadcasted with 25 kg P ha⁻¹ in 2017 were split and half of each plot was kept as a control (P0) while the other half was amended with a micro-dose placement of 6.9 kg P ha⁻¹ (MicroP3)).

362 The AEP_{grain} was largest for MicroP1 and no residual P effect was observed for the highest placement
363 rate (MicroP2=MicroP3) (Table 4). Water treatment did not affect the AEP_{grain} in year 2 in contrasts to
364 that in year 1.

365 The P balance (Figure 2) was significantly affected by both P and water management. Reduced irrigation
366 consistently decreased the P balance. Without P application (NoP = P0) the P balance was smallest and
367 negative, while the balance was largest and moderately positive (ca. 3.6 kg ha^{-1}) for MicroP2 and
368 MicroP3.

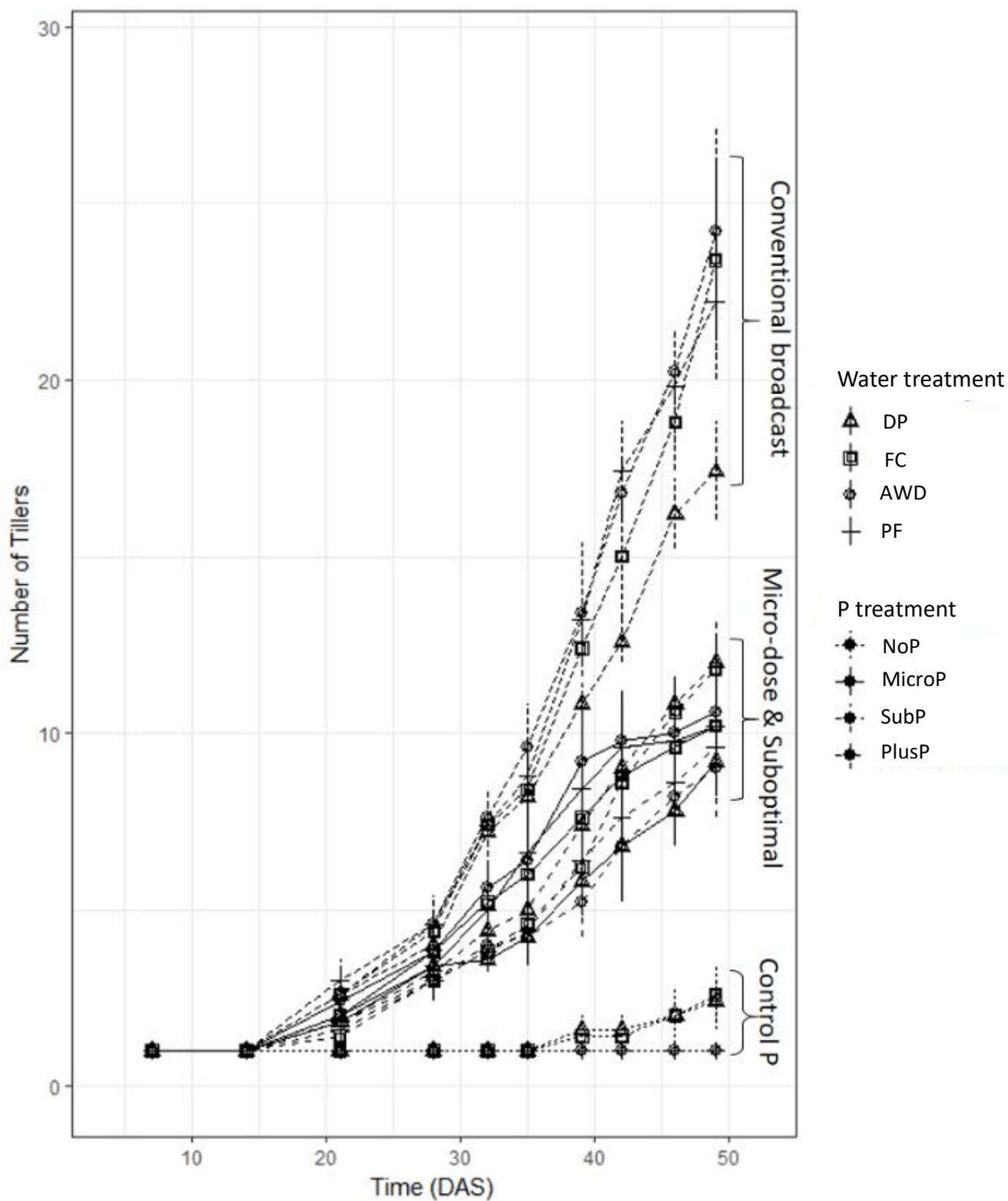
369

370 ***Pot experiment***

371 *Shoot development*

372 All P application methods enhanced the plant development at early stage of the crop compared to the
373 control, but an extra benefit from optimal broadcasting became clear around 28 DAS in tiller number.
374 With MicroP, plants developed relatively similar as for SubP, however, the P rate in the latter treatment
375 was much larger (ca. 4 fold). (Figure 4)

376 For shoot mass, three similar clusters were observed coinciding with the P treatments. MicroP yielded
377 similar biomass than obtained under SubP, despite larger soil P dose in the latter than in the placement,
378 both being significantly larger than NoP and smaller than PlusP. DP significantly reduced biomass under
379 MicroP and PlusP, while it enhanced biomass production under SubP. (Table 5)



381

382

Figure 4: Plant development (tillers) of lowland rice grown in pots with P deficient lowland soil treated with combinations of water management techniques (Drying periods (DP), field capacity (FC), alternate wetting and drying (AWD), and Permanent Flooding (PF)) and P management options (No P application (NoP), micro-dose placement (MicroP), suboptimal broadcasting (SubP), and conventional broadcasting (PlusP)). For both the number of leaves and tillers at 49 DAS, the interaction between P and water management was significant ($P < 0.001$) in the ANOVA

384 Table 5: Results from a large pot trial: shoot and root mass distribution, P uptake efficiency, and nodal root and tip thickness of lowland rice at 49 DAS. Root mass A, B, and C
 385 correspond to the absolute root mass grown in the basal segment (0-15 cm), the intermediate segment (15-30 cm), and the deep segment (>30 cm) respectively. Plants were
 386 grown in pots subjected to combinations of four water management options (drying periods (DP), field capacity (FC), safe alternate wetting and drying (AWD), and permanent
 387 flooding (PF)) and four P management options (No P application (NoP), micro-dose placement (MicroP), suboptimal broadcasting (SubP), and optimal broadcasting (PlusP)).
 388 Data are presented as means with (standard errors).
 389

P	Water	Shoot mass	Root mass A	Root mass B	Root mass C	Pup _{root}	Pup _{nodal}	Nodal thickness
		[g]	[g]	[g]	[mg]	[mg g ⁻¹]	[µg nodal ⁻¹]	[mm]
NoP	DP	0.95 (0.12)	0.12 (0.05)	0.05 (0.02)	38 (14)	5.2 (0.6)	113 (21)	0.64 (0.18)
	FC	0.85 (0.13)	0.21 (0.03)	0.06 (0.01)	20 (2)	3.2 (0.2)	31 (3)	0.93 (0.01)
	AWD	0.28 (0.02)	0.07 (0.01)	0.04 (0.01)	4 (2)	1.6 (0.2)	7 (1)	0.60 (0.03)
	PF	0.32 (0.05)	0.12 (0.02)	0.04 (0.01)	6 (4)	1.1 (0.1)	8 (1)	0.56 (0.05)
MicroP	DP	6.90 (0.75)	1.50 (0.28)	0.64 (0.10)	440 (160)	2.5 (0.2)	68 (5)	1.29 (0.04)
	FC	8.98 (0.68)	2.15 (0.15)	0.71 (0.07)	284 (66)	2.2 (0.2)	44 (4)	1.30 (0.02)
	AWD	9.97 (1.39)	3.09 (0.30)	0.58 (0.05)	135 (20)	1.9 (0.3)	34 (5)	1.59 (0.10)
	PF	9.57 (1.28)	2.76 (0.38)	0.49 (0.16)	82 (38)	1.9 (0.2)	28 (2)	1.42 (0.05)
SubP	DP	9.34 (0.47)	1.75 (0.19)	0.76 (0.08)	497 (23)	3.6 (0.4)	124 (9)	1.08 (0.09)
	FC	9.22 (0.65)	2.18 (0.10)	0.57 (0.08)	196 (23)	3.1 (0.2)	65 (3)	1.18 (0.12)
	AWD	7.45 (0.73)	2.27 (0.11)	0.31 (0.05)	56 (12)	2.7 (0.4)	43 (4)	1.68 (0.06)
	PF	7.82 (0.47)	2.15 (0.20)	0.33 (0.06)	55 (21)	2.6 (0.4)	38 (3)	1.56 (0.05)
PlusP	DP	15.38 (0.54)	2.57 (0.18)	0.78 (0.07)	366 (83)	4.6 (0.3)	140 (7)	1.22 (0.11)
	FC	20.40 (1.00)	4.86 (0.28)	0.98 (0.07)	220 (29)	3.8 (0.5)	104 (11)	1.48 (0.06)
	AWD	21.98 (1.42)	4.93 (0.37)	1.33 (0.18)	260 (67)	3.6 (0.3)	80 (8)	1.72 (0.04)
	PF	21.67 (0.99)	4.62 (0.36)	0.63 (0.10)	84 (21)	3.4 (0.1)	75 (3)	1.86 (0.05)
	Water	**	***	**	***	***	***	***
	P	***	***	***	***	***	***	***
	Water×P	***	***	***	**	***	***	***

391 *Root development, architecture and distribution*

392 Three similar clusters as for shoot biomass were observed for total root mass, this was significantly
393 reduced with DP only for PlusP (Table S4, **Supplementary Information**). The absolute root biomass found
394 in each layer is presented in Table 5. The root biomass in the deepest layer (> 30cm) strongly increased
395 with reduced water availability (DP > FC > AWD > PF). Under soil submergence there were no significant
396 differences between the P treatments, while deep root biomass under AWD increased for PlusP. Within
397 DP and FC, deep root biomass was decreased without P application.

398 Figure 5 shows how the relative root biomass increases towards deeper layers when less water is applied.
399 The mass fraction consistently decreased in the basal part while it increased in deepest layers. The
400 response was relatively similar for each P treatment and strongest allocation shifts were observed under
401 DP followed by FC.

402 Nodal thickness generally increased with P application. Without P application, nodal thickness was largest
403 under FC, while this decreased with decreasing water application (FC and DP) when P was applied. (Table
404 5)

405 Lateral root density at the nodal root base was consistently highest under PF, and lowest under DP (Figure
406 S2, **Supplementary Information**). In contrast, the lateral root density for the deepest roots consistently
407 increased under FC and DP. P application did not affect the lateral root density at the root base, and the
408 deep roots, but an inconsistent P × water interaction was observed for the intermediate roots. (Figure S2)

409 Lateral root thickness at the root base generally increased with decreased water application (DP and FC)
410 but a difference between AWD and FC was only observed for NoP and MicroP. Lateral root thickness was
411 significantly largest under DP with MicroP. The lateral root thickness in the intermediate and deep roots
412 increased with decreased water application and this lateral root thickness similarly increased with any
413 method of P application compared to the control. (Figure S2)

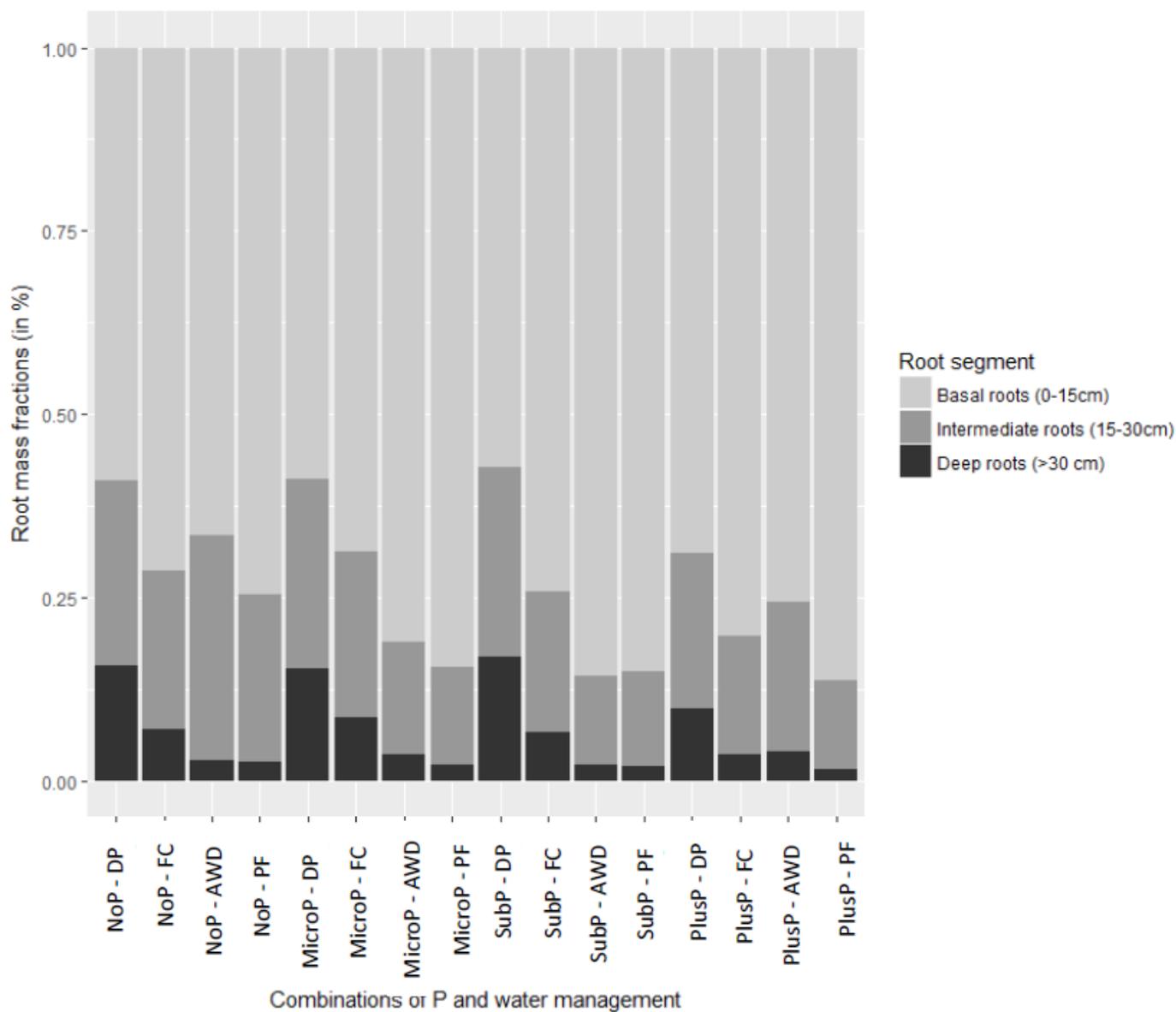


Figure 5: The root mass distribution of rice in the soil. Fractions of the total root mass are presented for each segment of soil depth (basal roots (0-15 cm), intermediate roots (15-30 cm), deep roots (>30 cm)). Plants were grown in pots with P deficient lowland soil subjected to combinations of water management techniques (Drying periods (DP), field capacity (FC), alternate wetting and drying (AWD), and soil submergence (PF)) and P management options (No P application (NoP), micro-dose placement (MicroP), suboptimal broadcasting (SubP), and conventional broadcasting (PlusP)).

415 Secondary branching degree at the nodal root base and at the intermediate segment generally increased
416 with decreasing water application, but this trend was not observed without P application. For the deepest
417 roots, this secondary branching degree showed a similar increasing trend with decreased water
418 application. Under DP and FC, secondary branching degree at the nodal root base decreased under MicroP
419 compared to SubP and PlusP. In contrast, this secondary branching degree at the deepest roots increased
420 under MicroP compared to SubP under FC. (Figure S2)

421 *Soil P concentrations*

422 The P concentration in the soil solution ranged <0.03 (detection limit) – 0.39 mg P L^{-1} and was significantly
423 affected by the P treatments, not by water management. The SubP and PlusP consistently and significantly
424 increased the P concentrations in the soil solution, while corresponding concentrations for the control
425 and the P placement were both below detection limit (data not shown).

426 *P uptake, acquisition efficiency, and fertilizer use efficiency*

427 Total P uptake at 49 DAS can be grouped into three clusters (NoP < MicroP ~ SubP < PlusP), and reduced
428 water use under SubP significantly increased total P uptake (DP>FC>AWD>PF), while DP reduced P uptake
429 under PlusP. (Table S4, **Supplementary Information**)

430 The $P_{\text{up,root}}$ was consistently smaller for MicroP compared to PlusP, with the SubP treatment in between.
431 An increasing trend of $P_{\text{up,root}}$ was observed when less water was applied, but differences between AWD
432 and PF were never significant. The difference between FC and AWD (& PF) was only significant without P
433 application (Table 5).

434 The P uptake in the shoot per unit nodal roots ($P_{\text{up,nodal}}$) increased at decreasing water supply and was
435 larger under FC than at higher water supply, a trend repeating the field observation. (Table 5)

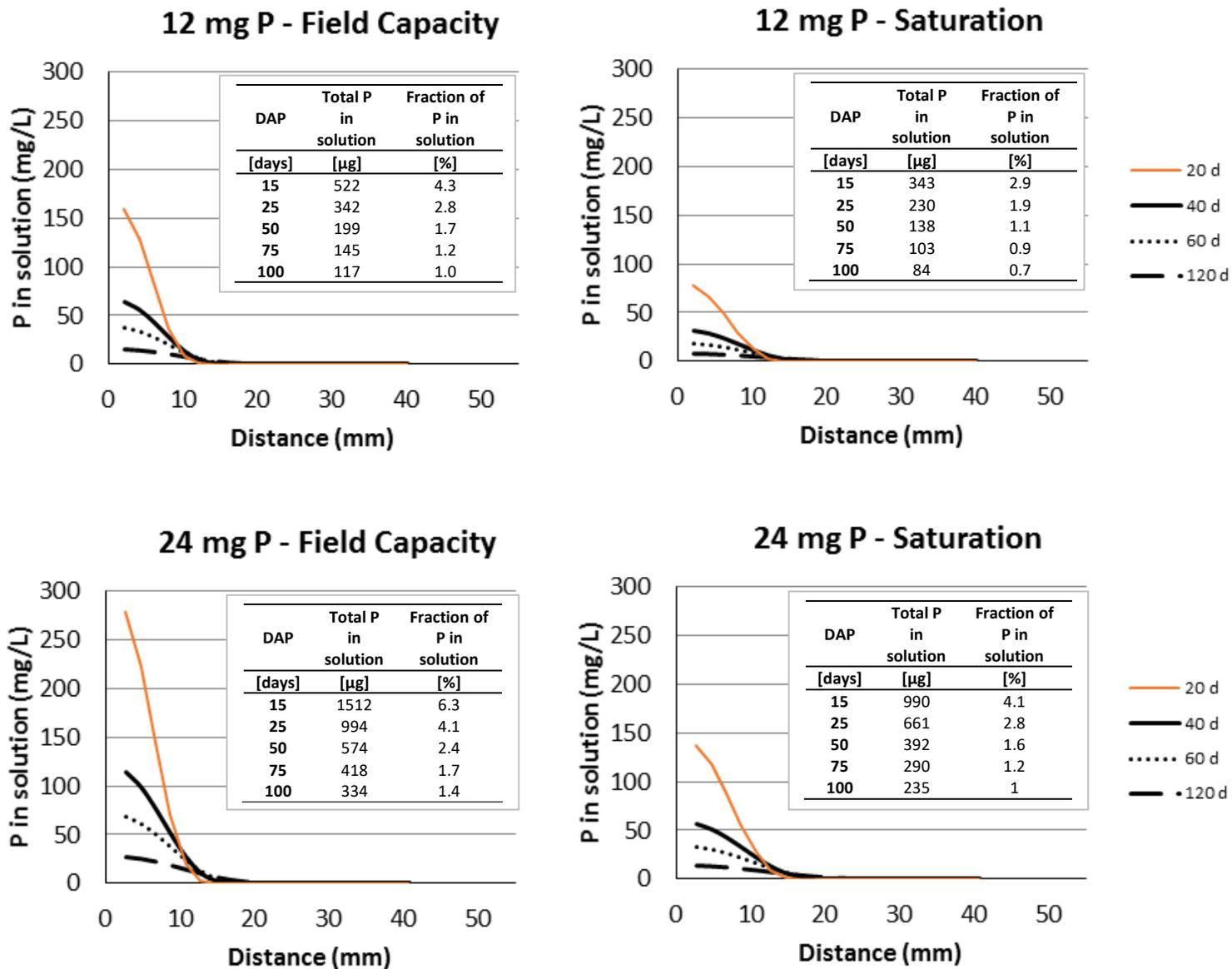
436 The AEP_{49DAS} was consistently largest for MicroP, exceeding the other treatments with a factor of ca. 4.
437 For MicroP, the AEP_{49DAS} decreased by DP, while water management had no such significant effects under
438 SubP and PlusP. With reduced irrigation (i.e. FC and DP), the AEP_{49DAS} was larger under SubP compared to
439 PlusP. (Table S4, **Supplementary Information**)

440

441 ***Modeling P diffusion, adsorption and plant availability of placed P under different water regimes***

442 The modelled diffusion from the placed P fertilizer over time is given in Figure 6. Increased water content
443 of the soil, increases the P diffusion, thereby leading to smaller P concentrations in solution because more
444 sorption sites are reached and, consequently, contributing to a larger amount of P that is finally adsorbed
445 (Figure 6).

446 With larger placements rates, smaller fractions of P (in %) will be adsorbed because a larger proportion of
447 the binding sites are saturated. Soil saturation at the lowest dose of P yields highest immobilization of
448 added P (Figure 6).



449 Figure 6: The modeled P concentration in soil solution (mg L^{-1}) over the distance from the application point (mm) at 20, 40, 60, and 120 days after placement (DAP). Calculations were done for two placement rates (12 vs. 24 mg P) and two water regimes (field capacity ($pF = 2$) and soil submergence ($pF = 0$)). Modeled total available P in solution (μg) integrated over the distance to the application point at 15, 25, 50, 75, and 100 days after placement (DAP) and the adsorbed fraction from the placed P (%) are presented in the tables. These variables can be used as estimators for the plant available P from P placements under contrasting water management.

450 **Discussion**

451 ***Combined effects of phosphorus and water supply on rice development, P uptake, and grain yield***

452 This study confirmed that P management has a major effect on rice establishment and grain yield in P
453 deficient lowlands. While in our study effects of water management were subordinate to P effects,
454 interactions between P and water management should definitely be considered. Contrasting responses
455 to reduced irrigation (i.e. field capacity and alternate wetting and drying) versus permanently flooded
456 conditions on rice yields have previously been reported in literature (Yang *et al.*, 2007; Chu *et al.*, 2015;
457 Dodd *et al.*, 2015), but it remains important to understand the mechanisms explaining why yields and
458 yield attributing characteristics of FC, AWD, and PF vary under different conditions.

459 In this study, drying periods reduced growth when P was sufficiently available, while it enhanced growth
460 under P limitations. In addition, a beneficial effect of FC (compared to flooding) was generally observed
461 when P limited growth, while no such water effect occurred when larger doses of P were applied. These
462 observations are in contrast with the general assumption that P is released under anaerobic conditions
463 (Kirk *et al.*, 1990). After an initial P release upon flooding, P availability may indeed drop again in P deficient
464 soils due to resorption of P on clays/metal oxyhydroxydes or due to precipitation of Fe(II)-P compounds
465 (Amery and Smolders, 2012; Smolders *et al.*, 2017). Enhanced growth and yield in response to reduced
466 water application under P limitations, would follow from multiple co-occurring processes. Firstly, the
467 presence of toxic compounds (Fe^{2+} , H_2S) in the soil under anaerobic conditions can inhibit root respiration
468 and therefore affect growth (Ramasamy *et al.*, 1997). Due to the interaction of P and Fe in soils, it is
469 suggested that effects of Fe toxicity would be more severe when P is deficient as the alleviating capacity
470 of roots is reduced when P is limiting (Becker and Asch, 2005; Das *et al.*, 2017; Sahrawat, 2005). Secondly,
471 beneficial interactions with mycorrhizae would be inhibited under soil submergence, but not under field
472 capacity (Chen *et al.*, 2017). Thirdly, rooting patterns (in terms of structure and distribution) can be

473 affected under different water treatments and this would influence growth and nutrient acquisition (De
474 Bauw et al., 2019; Yang et al., 2012; Zhang et al., 2009), as assessed in the following section. Finally, as
475 shown by the diffusion model used in this study (Figure 6), reduced P diffusion and reduced P sorption of
476 small localized P placements additionally enhance the P uptake and rice growth under field capacity in
477 comparison with alternate wetting and drying or soil submergence.

478 Micro-dose placement enhanced rice development and grain yield and there were no differences
479 between rates of 3.45 and 6.90 kg P ha⁻¹ under field capacity, which was also observed by Vandamme *et*
480 *al.* (2018). The likelihood for P precipitation increases at a higher application rate and could explain why
481 there are no growth differences between the different rates, while P is still deficient (Sánchez, 2019).
482 Under saturation, it was shown that enhanced P diffusion increases P sorption, which thus reduces the
483 final P availability of a P micro-dose placement for rice production.

484 P application strongly reduces the time to maturity, which was also observed for micro-dose placements
485 by Vandamme *et al.* (2018). Placing such small doses of P fertilizers can thus reduce the length of the
486 cropping season which not only reduces risk of pests and diseases, but it can also be used as a technique
487 to escape terminal droughts (Fukai et al., 1998; Price et al., 2002).

488

489 ***Root development, root architecture and relations with stress resilience***

490 The promotion of root development in response to various soil conditions can be considered as a type of
491 phenotypic plasticity, in which a plant alters its phenotype in response to changing environmental
492 conditions (Gowda et al., 2011; Huang, 2006; Kano et al., 2011). Previously, Barison and Uphoff (2011)
493 have shown a superior rice root functioning and an enhanced nutrient uptake under reduced irrigation.
494 Under P deficiency, beneficial effects of root modifications due to reduced water availability were
495 observed for rice by De Bauw *et al.* (2019) and it was hypothesized that such plastic root traits could

496 successfully be exploited to enhance P uptake by altering soil and water management rather than
497 targeting such plastic root traits in breeding only.

498 This work clearly confirms that the root development of lowland rice can indeed be manipulated by
499 altering water management through modifying root architecture and biomass allocation and, to a minor
500 extent, also by P management by enhancing root biomass production. For lowland rice, typically around
501 60 to 80% of the root biomass is located in the upper 15 cm of the soil, which entails a strong drought
502 sensitivity (Kano-Nakata et al., 2013). Rice roots under flooding and AWD have previously been observed
503 to reach depths of 49 and 78 cm, respectively, but only 7 to 15 % of the roots exist at depths below 30 cm
504 (Kato et al., 2013; Wade et al., 1998; Yoshida, 1981). Reduced irrigation (DP and FC) strongly increased
505 the fractions of root biomass (in %) in the deepest layer. While the fractions of root biomass in each layer
506 were relatively similar for each P treatment, the differences in absolute root mass in each layer were huge,
507 depending on P application. Root mass in deep layers can thus be enhanced by P application, but to what
508 extent the maximum depth, the deep root fraction, or the absolute biomass in deep layers is important
509 for drought avoidance has to be further examined and this probably depends on the root morphology and
510 the distribution and fluctuations of the available water (Gowda et al., 2011).

511 The general structure of the rice root system is illustrated in Figure S2, which was also described by Kono
512 *et al.* (1972); Yamauchi *et al.* (1987); and Nestler *et al.* (2016). The nodal root base is characterized by
513 highly dense S-type roots (i.e. thin unbranched roots), and lateral root density gradually reduces when
514 going to deeper layers. With increasing depth, thicker laterals with higher order branches (M- and L-type
515 roots) are formed. It is now shown that lateral root density and secondary branching in the deeper layers
516 increase with reduced water application, even when there is no water deficit. Several studies have
517 demonstrated increased root length density at depth to be associated with greater water extraction from
518 deep soil (Henry, 2013; Lilley and Fukai, 1994; Okada et al., 2002; Wade et al., 1999) and the stronger
519 developed vascular system in deep M- and L-type laterals highlight their important role for drought

520 tolerance (Bañoc et al., 2000; Kono et al., 1972). A stimulation of deep rooting and increased root density
521 at deeper layers by reduced irrigation, while not imposing a deficit, thus contributes to drought avoidance
522 and enhanced resilience under potential drought events during later stages of the growth cycle (Fukai and
523 Cooper, 1995; Gowda et al., 2011).

524 In this study, lateral root density at the nodal base (S-type roots) decreased with reduced water
525 application, while such a response was not observed by De Bauw *et al.* (2019). However, such a reduced
526 basal lateral root density was previously observed to increase the drought tolerance in maize (Zhan et al.,
527 2015), and for rice this was observed in response to aerobic conditions by Kato *et al.* (2013). Interestingly,
528 the observed responses of the basal lateral root density to water management are much smaller than the
529 genotypic variations observed by De Bauw *et al.* (2019), and when this basal lateral density is desired to
530 be modified (in order to enhance drought tolerance or P uptake efficiency), thoughtful genotype selection
531 would still be more effective than altering water management only.

532 P uptake efficiency consistently increased with reduced irrigation, especially when P was limiting. As P
533 availability in the rhizosphere solution was not altered by the water treatments and P diffusion generally
534 reduces with reduced water availability (Drew and Nye, 1970), it is indeed suggested that root
535 modifications (i.e. reduced nodal thickness and increased secondary root branching) must be responsible
536 for such an enhanced P uptake efficiency under reduced water application, as also observed by De Bauw
537 *et al.* (2019). Such beneficial effects of root responses would be strongest when a suboptimal P
538 concentration is more homogeneously distributed through the soil, but when P is placed in less deficient
539 soils, both processes (diffusion & sorption, and root modifications) will contribute to enhanced P uptake
540 under field capacity.

541 Contrary to our expectations, we did not observe strong effects of the type of P application on the root
542 morphology of rice (i.e. root proliferation or cluster roots). Dense rooting “patches” in response to

543 localized P application were however previously observed by He *et al.* (2003); and Hodge (2004) and it
544 should be further examined under which conditions such micro-dose placements affect the root
545 architecture of rice.

546

547 ***Long term assessment and recommendations of combined P and water management options in P***
548 ***deficient lowlands***

549 Our results indicate the opportunity in strategic combinations of P and water management, depending on
550 site characteristics and resources of the farmer. Obviously, broadcasting a large amount of P fertilizer
551 remains advisable when P is strongly deficient, but in reality resource limitations often preclude such large
552 P applications (Nziguheba *et al.*, 2016). Yield gaps between conventional broadcasts and micro-dose
553 placements are however expected to become smaller when P stress is less severe. The agronomic fertilizer
554 use efficiencies obtained with micro-dosing were substantially larger than those under conventional
555 broadcasting and much larger than commonly observed values below $120 \text{ kg}_{\text{grain}} \text{ kg}^{-1} \text{ P}$ for rice
556 (Dobermann *et al.*, 1998; Fageria *et al.*, 2011). Micro-dose placements therefore lead to a much better
557 return on investment, especially when applying small rates. Given the prevalence of P deficiency in many
558 lowlands of SSA (Margenot *et al.*, 2016), placing micro-doses of P fertilizer may thus be an economically
559 viable strategy for resource-poor farmers to increase rice yields (Vandamme *et al.*, 2018).

560 Importantly, small P placement rates (i.e. 3.45 kg ha^{-1}) resulted in a slightly positive P-balance close to
561 zero, and care should be taken to not further deplete the soil P reserves when this balance of the soil
562 turns negative. In contrast, a placement rate of 6.9 kg ha^{-1} resulted in a fairly positive balance, which
563 highlights the potential of this method for resource poor farmers to reverse the declining P-trends in
564 deficient soils. Additionally, placements can reduce the risk of runoff and nutrient losses (Kapoor *et al.*,
565 2008), especially under flooding (Zhan *et al.*, 2014). Therefore, we suggest that P micro-dose placements

566 combined with additive, supportive broadcasts adjusted to the requirements can form a sustainable
567 method to maintain the P balance in equilibrium (after overcoming P deficiency), while enhancing
568 fertilizer efficiency and recovery rates. The application of micro-dose placements generally requires more
569 labor when manually done (Aune et al., 2007), but opportunities for further mechanization towards
570 precision agriculture do exist (Bautista *et al.* 2001).

571 In lowlands with P limitations, maintaining the field at field capacity benefits P uptake and yield versus
572 permanent flooding. Negative effects of field capacity versus permanent flooding on P uptake were only
573 observed in soils with a coarse texture (Kato et al., 2016; Seng et al., 1998) and attention should thus be
574 paid in such situations. Without P application or when placing P at small rates, farmers should reduce
575 irrigation to increase outputs in P-deficient lowlands, while the choice of water management would
576 become less important when applying larger rates of P fertilizer.

577 Besides enhancing root morphology and root resilience, reduced irrigation implies a more sustainable and
578 efficient water use (Bouman et al., 2005; de Vries et al., 2010; Matsuo and Mochizuki, 2009; Shaibu et al.,
579 2015). While keeping the field at field capacity weed management requires more attention (Akobundu
580 1987; Zhao *et al.* 2007; de Vries *et al.* 2010). With this perspective, further research should examine to
581 what extent normal AWD (or safe AWD under fast drying conditions) can also improve root functioning
582 (Kano-Nakata et al., 2013; Kato et al., 2013), P uptake, and yield under P limitations (as observed for field
583 capacity compared to soil submergence), while maintaining the advantage of suppressing weeds.

584

585 **Conclusions**

586 We demonstrate that root development of rice largely responds to water management. Under P
587 deficiency and at small placed P doses, reduced irrigation enhances rice development, P uptake, and yield.

588 We argue that P micro-dose placements in combination with a moderate water supply could be an

589 efficient entry point to intensify rice production and to reverse the declining trend in P reserves in
590 deficient lowlands.

591

592 **Conflict of interest**

593 The authors have no conflict of interest.

594

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