The Tree of Life – a narrative method



Claire Wiewauters – pedagogue, psychotherapist, researcher, practice lecturer Summer School – 5 juli 2018

Origin of the methodology: the tree of life

- Developped by Ncazelo Ncube & David Denbourough
- Used for the first time in Southern Africa with children living in situations of negligence, abuse and violence and children suffering from HIV / aids.
- http://dulwichcentre.com.au/the-tree-of-life/
- The tree of life / the forest of life / when the storms come

A tree as a metaphor of life: the tree of life

Valuable and identity strengthening stories, rooted in a social and cultural history





My knowledge and expertise



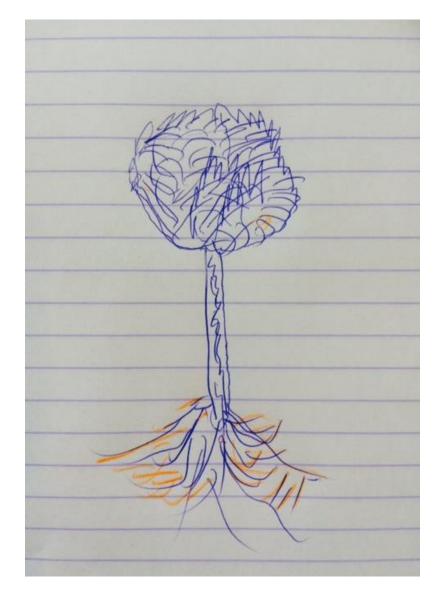
Academic year 2016-2017: project group second year – students learn to use the methodology





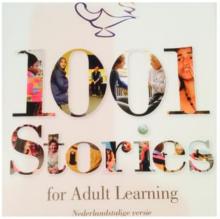
Academic year 2016-2017: project group second year – using the Tree of Life at the workplace







Tree of Life (3 november) – LOI Leuven – Abdul Kader / Afghanistan – unaccompanied minor refugee

















Alden Biesen - 23 November 2017 Stories of migrants and refugees

Muntpunt Brussel - 26 november - Festival of Sciences Tree of life: What people learn from the trees

A working frame

- Refugees: trauma and resilience
- Narrative therapy: postmodern and collaborative ideas
- Methodol: Tree of life
- Telling a story

'In my head I can be everywhere on any moment'



