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Impact of high hydrostatic pressure on bacterial proteostasis

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21 **Abstract**

22 High hydrostatic pressure (HHP) is an important factor that limits microbial
23 growth in deep-sea ecosystems to specifically adapted piezophiles. Furthermore, HHP
24 treatment is used as a novel food preservation technique because of its ability to
25 inactivate pathogenic and spoilage bacteria while minimizing the loss of food quality.
26 Disruption of protein homeostasis (i.e. proteostasis) as a result of HHP-induced
27 conformational changes in ribosomes and proteins has been considered as one of the
28 limiting factors for both microbial growth and survival under HHP conditions. This
29 work therefore reviews the effects of sublethal (≤ 100 MPa) and lethal (> 100 MPa)
30 pressures on protein synthesis, structure, and functionality in bacteria. Furthermore,
31 current understanding on the mechanisms adopted by piezophiles to maintain
32 proteostasis in HHP environments and responses developed by atmospheric-adapted
33 bacteria to protect or restore proteostasis after HHP exposure are discussed.

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36 **Keywords:** high hydrostatic pressure; *E. coli*; piezophiles; protein translation; protein
37 aggregates; resistance development

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42 **1. Introduction**

43 Hydrostatic pressure is an important parameter in the biosphere. Deep-sea
44 environments, incurring hydrostatic pressures up to 110 MPa, are populated by a high
45 diversity of microorganisms, known as piezophiles, which often require these high
46 pressures for optimal growth [1]. By contrast, growth of atmospherically adopted
47 microorganisms, such as the mesophile *Escherichia coli*, progressively becomes
48 compromised with increasing pressure and completely ceases around 50 MPa [2-3]. At
49 exposure to pressures exceeding 100 MPa, microorganisms start suffering lethal
50 injuries, a phenomenon currently exploited in modern food preservation. In fact, high
51 hydrostatic pressure (HHP) processing is considered a promising non-thermal
52 pasteurization approach that inactivates foodborne pathogens and spoilage
53 microorganisms without compromising the nutritional and sensorial properties of the
54 food [4]. Unfortunately, foodborne pathogens such as *E. coli* O157:H7 and *Listeria*
55 *monocytogenes* can acquire extensive levels of HHP resistance, indicating that pressure
56 adaptation is a readily evolvable trait [5-6].

57 The influence of HHP on biomolecules is essentially described by the
58 thermodynamic principle of Le Châtelier and Braun, which states that a molecular
59 system will counteract an increase of pressure by occupying a smaller volume [7-8]. In
60 proteins, disruption of hydrophobic and electrostatic interactions, which play a major
61 role in maintaining the quaternary and tertiary structure, are known as the main driving
62 forces in the reduction of protein volume [8-9]. In general, pressures < 200 MPa result
63 in dissociation of oligomeric proteins, while higher pressures cause unfolding of
64 monomeric proteins because of water penetration in internal cavities, typically reaching
65 irreversible unfolding at pressures > 400 MPa [9-10]. In contrast, double stranded

66 structures of nucleic acids are stabilized under pressure because enhanced stacking of
67 hydrophobic bases [11]. Pressure also induces better packing of the acyl chains within
68 the phospholipid bilayer resulting in lateral shrinking and increased thickness, which
69 causes a fluidity transition from liquid-crystalline to the gel phase [7, 12].

70 At the integrated level of the growing and living cell, however, the manifold of
71 HHP effects on biomolecules inevitably culminates into pleiotropic cellular defects and
72 phenotypes, compromising DNA replication, transcription, translation, protein
73 functionality and membrane integrity. Since the cellular perception and impact of HHP
74 are to an important extent driven by the effect of HHP on proteins, this review is
75 focused on the effect of sublethal (≤ 100 MPa) and lethal (> 100 MPa) pressures on the
76 synthesis, structure, functionality, and management of proteins in both mesophilic and
77 piezophilic bacteria.

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79 **2. Effect of sublethal HHP on bacterial growth**

80 **2.1. Cellular impact of sublethal HHP on proteostasis**

81 Dissociation of protein complexes at pressures under 100 MPa may play a
82 decisive role in growth inhibition of mesophilic bacteria, as many of these complexes
83 are involved in essential cellular processes such as replication, transcription, and
84 translation (Table 1). In this context, DNA replication has been shown to be one of the
85 most pressure sensitive processes of macromolecule synthesis [2]. A detailed *in vivo*
86 study on the effect of HHP on DNA, RNA, and protein synthesis was performed by
87 Yayanos and Pollard [2] in *E. coli*, whose cell division is inhibited at 50 MPa
88 accompanied by a characteristic filamentous growth phenotype. These authors showed

89 that intracellular incorporation of radioactively ¹⁴C-labelled thymine at pressures
90 between 50 MPa and 81 MPa only occurred for an initial period and then ceased,
91 suggesting that initiated DNA replication rounds were completed but initiation of new
92 DNA replication rounds was compromised. Although it currently remains unclear how
93 these pressures molecularly preclude the initiation of DNA replication, it was recently
94 shown that destabilization of the clamp loading complex (by deleting the χ or HolC
95 subunit) or disruption of the replication restart primosome (by deleting DnaT or PriA)
96 inhibited growth of *E. coli* already at 30 MPa [3]. Aside from the replisome, divisome
97 functionality has been shown to become compromised as well. In fact, Isshi et al. [13]
98 demonstrated that the septum forming FtsZ polymers of *E. coli* undergo dissociation *in*
99 *vitro* at 50 MPa, while *E. coli* cells displaying filamentous growth at 50 MPa lacked an
100 FtsZ ring.

101 Exposure of mesophilic microorganisms to sublethal pressures also
102 progressively impairs the process of protein production at both the transcriptional and
103 translational level. According to the incorporation rate of ¹⁴C-labelled uracyl in *E. coli*
104 under pressure, Yayanos and Pollard [2] showed that RNA synthesis became impaired
105 at 21 MPa and was completely inhibited at 77 MPa. In line with these findings, an *in*
106 *vitro* study on *E. coli* RNA polymerase (RNAP) activity under pressure showed that
107 transcriptional elongation was progressively delayed from 20 MPa upwards and halted
108 at pressures exceeding 80 MPa, although the atmospheric rate of elongation could be
109 completely recovered after decompression [14]. Interestingly, RNAP complexes
110 actively involved in elongation were even able to resume transcription after exposure to
111 150 MPa for 30 min, whereas 80 % of free RNAP complexes were irreversibly
112 inactivated at such pressure. Aside from structural RNAP effects, however, HHP can
113 also affect gene expression in a regulatory fashion due to its impact on the interaction

114 between DNA and activator or repressor proteins [15]. As such, the activity of the *E.*
115 *coli lac* operon promoter was shown to increase 78-fold at 30 MPa in the absence of the
116 inducer isopropyl-beta-D-thiogalactopyranoside (IPTG) [16], presumably because of the
117 dissociation of the tetrameric LacI repressor protein from the *lac* operator [17-18].

118 In turn, protein translation is completely inhibited in *E. coli* at pressures of 60–
119 70 MPa, although it can be rapidly resumed after decompression [2, 19]. This inhibition
120 has been linked *in vitro* and *in vivo* to ribosome subunit disassembly upon exposure to
121 sublethal pressures [19-20]. Under high pressure, the association-dissociation
122 equilibrium of the voluminous multimeric 70S complex shifts to the corresponding 30S
123 and 50S constituents [21]. Furthermore, an *in vitro* study has suggested that the post-
124 translational complex is the most HHP sensitive intermediate of the translation
125 elongation cycle [20].

126 A number of membrane proteins have been found to suffer from < 100 MPa
127 exposure as well, although it remains unclear to which extent this can be attributed to
128 HHP-mediated changes in lipid bilayer fluidity [22-23]. For instance, the proton
129 translocating activity of the F₀F₁-ATPase of *Streptococcus faecalis* is arrested at 50
130 MPa [24], which may lead to ATP depletion and disruption of pH homeostasis [25-26].
131 Furthermore, the dissociation of the transmembrane dimer ToxR, which initiates the
132 signalling cascade for transcription of *Vibrio cholerae* toxins, is induced at 20-50 MPa
133 [27], likely because of conformational changes in the ToxR protein itself and
134 independently of the lipid membrane state [23]. In this context, it is also noteworthy that
135 the ToxR homologue of the deep-sea bacterium *Photobacterium profundum* is involved
136 in the signalling of the pressure adaptation response [28].

137 In contrast to the previous effects that mainly stem from a compromised protein
138 functionality, the activity and specificity of some enzymes can be directly modulated by
139 pressures low enough to maintain their stability. Enzymatic activity under pressure can
140 be favoured by a negative volume change associated with the chemical reaction and by
141 partial substrate unfolding allowing a better enzymatic access [29]. For example, an *in*
142 *vitro* assay demonstrated that the hydrolysis rate of β -lactoglobulin by the thermolysin
143 protease produced by *Bacillus thermoproteolyticus* increased by 22-fold with pressure
144 upshift from 0.1 MPa to 200 MPa, while it decreased at pressures above 300 MPa
145 because of enzyme conformational changes [29-30]. Furthermore, thermolysin activity
146 on non-specific protein substrates, such as alcohol dehydrogenase and haemoglobin,
147 was accelerated by pressure increase up to 200 MPa, which was attributed not only to
148 the pressure effect on the reaction equilibrium but also to partial substrate unfolding
149 [29, 31].

150 Enhanced enzymatic activity upon pressurization has also been reported *in vivo*
151 in the case of the enigmatic endogenous Type IV restriction endonuclease Mrr of *E. coli*
152 K-12. Mrr-mediated restriction of the host chromosome and concomitant induction of
153 the DNA damage (SOS) response was originally observed upon the heterologous
154 expression of certain foreign methyl transferases in *E. coli* K-12 [32-33]. Strangely,
155 however, exposure of this strain to a HHP shock of approximately 100 MPa appears to
156 trigger Mrr activity even in the absence of foreign methyl transferases, in turn
157 generating double strand breaks in the host chromosome that result in a RecBCD-
158 dependent activation of RecA and the concomitant derepression of the SOS response
159 [34]. Indeed, in contrast to the role of FtsZ ring dissociation in filamentous growth at 50
160 MPa [13], filamentation of *E. coli* K-12 after transient exposure to 75–100 MPa has
161 been attributed to Mrr activation [35-36], since SOS-dependent Sula expression inhibits

162 FtsZ ring formation. Study of the cellular localization dynamics of Mrr translationally
163 fused to the green fluorescent protein (GFP; yielding GFP-Mrr) in *E. coli* K-12 showed
164 that under normal growth conditions (at atmospheric pressure), GFP-Mrr appears to be
165 organized in several nucleoid associated foci without causing DNA damage [37]. Upon
166 a short (15 min) exposure to 100 MPa, however, GFP-Mrr restriction activity causes
167 nucleoid condensation with the transient assembly of Mrr foci at the middle of the
168 nucleoid. Subsequently, ca. 30–60 min after the HHP shock, the centrally assembled
169 GFP-Mrr progressively disperses in the cytoplasm, followed by loss of cellular
170 integrity.

171

172 **2.2. Adaptation of mesophilic bacteria to sublethal HHP**

173 Transcriptomic and proteomic studies have evidenced that ribosome disruption
174 and inhibition of translation is a critical aspect of growth arrest and survival of
175 mesophilic bacteria under pressure. *E. coli* and *Lactobacillus sanfranciscensis* have
176 shown to primarily respond to sublethal HHP shock by strong upregulation of rRNA
177 genes, ribosomal proteins, and translation-associated proteins [38-39]. Moreover,
178 growing of *L. sanfranciscensis* at 50 MPa for 25 generations allowed for the isolation of
179 a mutant strain with enhanced ability to grow under pressure and cross-resistance to
180 ribosome-targeting antibiotics, which presented upregulated expression of SsrA in
181 comparison to its parent [40]. SsrA (also known as tmRNA) is a small, highly-
182 structured RNA that controls protein synthesis and recycles stalled ribosomes [41], and
183 disruption of the *ssrA* gene impaired growth (50 MPa) and even survival (300 MPa)
184 under pressure [40].

185 In addition, exposure of *E. coli* and *L. sanfranciscensis* to sublethal HHP shock
186 strongly upregulates the expression of various heat shock proteins (HSPs) [38-39, 42].
187 This set of proteins consist of chaperones (such as DnaK/J, GroEL/S, and IbpA/B) that
188 assist in the correct folding and refolding of unfolded proteins, and proteases (such as
189 Lon, FtsH, and Clp protease family) that degrade misfolded proteins [reviewed in 43-
190 44]. While basal expression of HSPs serves as a protein quality control system under
191 physiological conditions, proteotoxic stresses tend to increase HSP expression in order
192 to maintain protein homeostasis [43-44]. In *E. coli* W3110, the largest expression of
193 HSPs is reached approximately 60 to 90 min after pressure upshift from 0.1 MPa to 55
194 MPa and then it diminishes with time, although DnaK levels maintain elevated after 180
195 to 210 min exposures [38]. However, transcription of heat shock genes tends to decrease
196 in cells growing at 30 MPa and 50 MPa in early (3.5 h and 5 h of incubation,
197 respectively) and late exponential phase (9 h and 11 h of incubation, respectively)
198 compared to those growing at atmospheric pressure, suggesting that heat shock response
199 is re-adjusted upon long-term HHP exposure [45]. Recently, Sato et al. [46] reported
200 that mRNA levels of HSP genes (*groES*, *dnaK*, *dnaJ*, *grpE*, *lon*, and their positive
201 transcriptional factor *rpoH*) after 12 h of incubation were lower in cells grown at 30
202 MPa and 50 MPa than those grown at atmospheric pressure, while HSP protein levels
203 did not change. The mechanisms underlying the induction of the heat shock response
204 after sublethal HHP exposure remains unclear, but it has been suggested that stalled
205 ribosomes and the subsequent formation of truncated proteins could already function as
206 a trigger for this response, since a pressure of 50 MPa might be too low to cause protein
207 unfolding [42].

208

209 **2.3. Adaptation of piezophilic microorganisms to sublethal HHP**

210 As piezophiles depend on functional proteins and protein complexes for their
211 growth at HHP, these organisms have found ways to stabilize protein structure and
212 functionality at their optimum growth pressure. While the replisome and divisome of
213 piezophiles have hardly been studied, transcriptional activity of piezophiles was
214 documented to be more pressure resistant than that of mesophilic bacteria. Indeed, while
215 the cell-free RNAP of *E. coli* loses ca. 60 % of its atmospheric activity after exposure to
216 100 MPa (30 min), that of the deep-sea bacterium *Shewanella violacea* fully retains its
217 activity [47]. Moreover, electrophoresis under HHP conditions (140 MPa) causes
218 dissociation of the *E. coli* but not the *S. violacea* RNAP complex. In contrast, the
219 activity of *S. violacea* RNAP seems to be more heat sensitive (50°C) than that of *E. coli*
220 [48].

221 Protein synthesis is suggested as one of the most limiting factors for deep-sea
222 living, and piezophiles have adopted different strategies to maintain an appropriate
223 number of functional ribosomes. In general, bacterial piezophiles contain a higher copy
224 number of rRNA operons per chromosome than mesophiles. For instance, the genome
225 of *Photobacterium profundum* SS9 includes 15 ribosomal operons [49], the maximum
226 number so far reported in a bacterial genome, while *E. coli* and *Salmonella enterica*
227 serovar Typhimurium each have seven copies per genome [50]. However, increasing the
228 number of ribosomal subunits cannot be sufficient to maintain protein translation under
229 conditions where ribosome functionally is compromised by HHP, and therefore
230 piezophiles have evolved structural adaptations in their ribosomes as well [51]. As such,
231 the appearance of elongated helices in 16S rRNA sequences when compared to the
232 reference *E. coli* structure seems to be specific for piezophilic bacteria, and these

233 structures are believed to reinforce interactions among ribosome constituents [52]. The
234 number and type of elongations present in the 16S subunits varies among rRNA operons
235 within each species. In *P. profundum* SS9, five 16S ribotypes are identified, which are
236 all constitutively expressed regardless of the pressure at which cells grow.

237 Although insights into the structural adaptations of piezophilic proteins are still
238 rather scarce, genomic-based comparisons conducted so far in the amino acid content
239 between orthologous proteins from piezophilic microorganisms and their mesophilic
240 counterparts (i.e. with the same range of optimal growth temperature) indicate that
241 piezophilic proteins tend to contain an increased number of amino acids with higher
242 polarity and smaller size and a decreased number of hydrophobic residues [53-54].
243 Furthermore, studies *in vitro* focusing on the structural and functional differences in
244 certain proteins isolated from piezophiles and their mesophilic homologues have
245 reported the same tendency in amino acid changes. As such, it was demonstrated that
246 the increasing optimum pressure for the activity of the single-stranded-DNA-binding
247 protein (SSB) in piezosensitive, piezotolerant, and obligately piezophilic species of
248 *Shewanella* correlates with a lower volume change upon pressurization and a reduction
249 in glycine and proline content in the central part of the protein [55].

250 It should be noted that several proteins of piezophiles are not *per se* intrinsically
251 piezotolerant, and the preservation of their functionality under HHP may not only
252 depend on structural adaptations, but also or even exclusively on the cytoplasmic
253 environment created by the cell, which might be complemented with chaperones or
254 osmolytes [56]. For instance, no evident structural or functional adaptation to pressure
255 was found *in vitro* in the dihydrofolate reductase (DHFR) isolated from *Moritella*
256 *profunda* in comparison to that of *E. coli* [57].

257 The intracellular accumulation of specific osmolytes in response to pressure
258 upshift (also referred to as “piezolytes”) has been regarded as a strategy of piezophiles
259 to protect protein structure [58]. *P. profundum* accumulates a higher concentration of
260 intracellular solutes, preferentially β -hydroxybutyrate and its oligomers, when growing
261 under HHP (28 MPa) than at atmospheric pressure [58]. Furthermore, *Desulfovibrio*
262 *hydrothermalis* increases the intracellular concentration of glutamate when pressure
263 increases (from 0.1 to 26 MPa), suggesting a potential piezolyte function [59]. The
264 piezoprotective effect of these organic solutes likely stems from the reorganization of
265 water molecules favoring protein folding and stability [60].

266 Piezophiles also display other stress responses related to proteostasis. As such,
267 both pressure down and upshift from their optimal growth value result in changes in
268 piezophile HSP expression. Transcriptome analysis of *P. profundum* cells growing at
269 their optimum pressure (28 MPa) and at 0.1 MPa showed that DnaK, DnaJ, and GroEL
270 were upregulated at atmospheric pressure [49], although mass spectrometry-based label-
271 free quantitative proteomics revealed that GroEL and DnaK were instead downregulated
272 at atmospheric pressure [61]. This discrepancy between proteomic and transcriptomic
273 data might result from the intervention of post-transcriptional regulation factors and/or
274 protein turnover [61]. In contrast, transcription and translation of HSPs in *S. violacea*
275 increased when growing optimally at 30 MPa and even more at 50 MPa compared to
276 atmospheric pressure, suggesting this stress response to be critical for pressure
277 adaptation in this microorganism [46]. Interestingly, one of the major substrates of the
278 chaperonine GroEL/GroES in *S. violacea* was the 50S ribosome subunit.

279

280 **3. Effect of lethal HHP shock on bacteria**

281 **3.1. Cellular impact of lethal HHP on proteostasis**

282 From ca. 200 MPa onwards, even short exposures to such HHP intensities tend
283 to impose lethal injuries on microorganisms, and this lethal impact has mostly been
284 studied in the context of HHP processing as a non-thermal food preservation approach
285 to inactivate foodborne pathogens and spoilage microorganisms [4]. The cellular impact
286 of a lethal HHP shock is likely to be pleiotropic (Table1), and cells within a HHP-
287 treated population that manage to survive are typically sublethally injured and display
288 long and heterogeneous lag phases [62-64]. In this context, inactivation of the
289 transmembrane protein F₀F₁-ATPase by mild pressure (200-300 MPa) has been linked
290 to the inability of lactic bacteria to maintain intracellular pH and loss of viability in acid
291 environments [25-65]. Similarly, a 300 MPa shock irreversibly disrupted the pH
292 homeostasis in *E. coli*; however, the incubation of pressurized cells at pH 4.0 in the
293 presence of glutamate improved cell recovery, suggesting that the glutamate
294 decarboxylase system involved in proton consumption for acid adaptation may still be
295 functional after pressurization [66].

296 Evidence on ribosomal subunit dissociation *in vivo* after exposure to HHP
297 treatment (50-500 MPa) has been reported by differential scanning calorimetry in
298 several bacterial species [67-69]. Furthermore, a correlation between ribosome-
299 associated enthalpy and loss of cell viability as a function of the intensity of HHP
300 treatment has been shown in *E. coli* (50-250 MPa, 20 min [67]) and *Leuconostoc*
301 *mesenteroides* (250-500 MPa, 5 min [68]). In view of these results, irreversible
302 ribosomal damage has been proposed as one of the limiting factors for cell survival after
303 mild HHP exposure [67-68], although a true causal relationship remains questionable.
304 For instance, a correlation between ribosome-associated enthalpy, accumulation of

305 osmolytes, and survival of *E. coli* AW1.7 was found for heat treatment but not for HHP
306 treatment [70-71]. In addition, exposure of *Enterobacter aerogenes* to few consecutive
307 cycles of 200-270 MPa shock led to ribosome dissociation after membrane disruption
308 [72]. Membrane permeabilization and consequent leakage of cytoplasmic components
309 (such as Mg^{2+} , which is well known to stabilize ribosome structure and activity *in vivo*
310 and *in vitro* [20, 67]) may favour ribosome dissociation as a post-mortem rather than a
311 causative effect.

312 Exposures to pressures > 200 MPa cause accumulation of misfolded proteins or
313 folding intermediates, which may assemble through non-functional intermolecular
314 interactions after decompression, leading to the formation of insoluble protein
315 aggregates (PAs) [9, 73]. In fact, the formation of cytosolic aggregated clumps, likely
316 corresponding to aggregated proteins and ribosomes, after lethal HHP shock has been
317 shown using transmission electron microscopy (TEM) in several bacteria such as *E.*
318 *coli*, *Listeria monocytogenes*, and *Leuconostoc mesenteroides* [68, 74-75]. These
319 aggregates may compromise cell survival because of the loss of a myriad of functional
320 proteins, aberrant interactions with other molecules, and possible even cytoplasmic
321 membrane permeabilization [76-77]. Some authors have proposed protein unfolding as
322 one of the major targets for HHP inactivation because of the correspondence in pressure
323 dependence of bacterial viability and protein denaturation (and not with membrane or
324 nucleic acids stability) [12, 78] and the commonly observed induction of the heat shock
325 response after pressurization [79]. However, other authors have not found a causal
326 relationship between cell inactivation and TEM-visual aggregates [80], suggesting that
327 protein damage may not be the only target for HHP inactivation of microorganisms.

328 The effect of HHP on the management and disaggregation of pre-existing PAs in
329 *E. coli* has been reported at the single cell level, using a yellow fluorescent protein-
330 labelled small heat shock protein (IbpA-YFP) for PA visualization [64, 81]. It has been
331 proposed that PAs accumulate in growing cells, even at optimal conditions, as a
332 consequence of errors occurring during transcription, translation, and protein folding
333 [82-83]. HHP exposure was shown to result in the dispersion of existing polar PAs
334 throughout the cytoplasm into distinct smaller foci (after 200-300 MPa shock) or even
335 into more diffusely spread molecules (after 400 MPa shock), presumably due to
336 pressure-mediated disruption of the hydrophobic interactions that tend to hold PAs
337 together (Fig. 1) [64, 81]. Interestingly, the level of PA dispersal after mild pressure
338 exposure (200 MPa) appeared to correlate negatively with the probability of cellular
339 resuscitation and, independently of the degree of PA dispersal after HHP treatment, all
340 monitored surviving cells largely reassembled their PAs before resuscitation. This
341 observation might suggest that PA dispersion imposes an additional threat to pressure-
342 treated cells, and that PA reassembly might be important to minimize PA-associated
343 cytotoxic effects and proceed to resuscitation after HHP exposure. In addition, aside the
344 chaperone- and protease-based protein quality control mechanisms that aim to
345 resolubilize PAs for subsequent refolding or degradation of the trapped proteins, the
346 reassembly and sequestration of dispersed PA material to the cell pole and the
347 subsequent asymmetric segregation of these structures among daughter cells might
348 provide a straightforward way to clear PAs from the cytoplasm of most of the progeny
349 cells [82-83].

350 Using aggregates of phage P22 tailspike proteins, Foguel et al. [84]
351 demonstrated *in vitro* that HHP treatment could reverse protein aggregation and
352 increase the native refolding of proteins after decompression. Since then, the ability of

353 HHP to dissociate protein aggregates has been implemented for various
354 biotechnological applications aimed at optimizing recombinant protein yield. The
355 disaggregation and refolding of proteins from inclusion bodies (IBs) is one of the main
356 challenges in the production of recombinant proteins in prokaryotes [85-86]. The
357 traditional method for IB processing consists in first solubilizing PAs in a concentrated
358 chaotrope solution and then refolding the denatured proteins by dialysis, diafiltration, or
359 dilution. HHP alone or in combination with low amounts of chaotropes can
360 simultaneously solubilize IBs and correctly refold the protein of interest in a more
361 efficient and time saving way as it better preserves the secondary structure of proteins.
362 Up to date, more than a hundred recombinant proteins have been refolded by
363 commercial scale HHP processing [85-86].

364

365 **3.2. Microbial adaptation to lethal HHP treatment**

366 Upregulation of HSPs has been reported in *E. coli* after a 75-150 MPa treatment,
367 although genome wide expression analysis has revealed many other genes to be affected
368 by HHP shock as well [79, 87]. The protective effect of HSPs, however, is further
369 underscored by the observation that exposure of *E. coli* MG1655 to a sublethal heat
370 shock (40°C) provided protection to a subsequent lethal HHP shock [79], while
371 disruption of its *dnaK* or *dnaJ* genes decreased its pressure resistance [81]. Another
372 example of the significance of HSP-mediated protection against pressure is the fact that
373 HHP-resistant mutants of *L. monocytogenes* (strains LO28 and ScottA) harbouring a
374 compromised *ctsR* gene, which encodes the class III heat shock repressor, can be
375 isolated with relatively high frequency after exposure of the parent strain to a severe
376 HHP treatment [6, 88]. In addition, also some HHP-resistant mutants of *E. coli* MG1655

377 (i.e. LMM1010 and LMM1030; obtained by directed evolution) display increased basal
378 expression of various HSPs [79].

379 In addition to the heat shock response, the RpoS-mediated general stress
380 response also plays a critical role in HHP resistance of *E. coli*. In fact, deletion of *rpoS*
381 in *E. coli* (strain BW25113) has been shown to increase HHP sensitivity (at 600 MPa
382 for 8 min) ca. 1,000-fold compared to the wild-type strain [89]. In the same vein,
383 disruption of RssB (the anti-sigma factor that quenches intracellular RpoS activity [90])
384 in *E. coli* O157:H7 (strain ATCC 43888) increased resistance to both HHP (300 MPa
385 for 15 min) and heat (56°C for 15 min) ca. 10,000-fold [91]. Furthermore, the large
386 intrinsic variability in HHP resistance observed among natural enterohemorrhagic *E.*
387 *coli* isolates has been related to variations in cellular RpoS activity [92-93], and the
388 modulation of the RpoS response has proven to be an important evolutionary strategy in
389 *E. coli* O157:H7 to improve stress tolerance [5, 94]. Indeed, exposure of *E. coli*
390 O157:H7 (ATCC 43888) to a limited number of progressively intensifying HHP shocks
391 with intermittent resuscitation rapidly selected for HHP-resistant (and heat cross-
392 resistant) mutants that displayed clear signs of increased RpoS activity [5].
393 Interestingly, a similar long-term directed evolution experiment allowed to obtain *E.*
394 *coli* MG1655 mutants able to survive HHP shocks in the GPa range [95].

395 Osmoregulation also has an important role in the protection of mesophilic
396 bacteria to HHP treatment. The presence of high concentrations of sugars or inorganic
397 salts in the treatment medium increases microbial resistance to pressure due to the
398 cellular uptake or synthesis of disaccharides or compatible solutes [96-97]. For
399 example, treatment of *L. monocytogenes* in a high osmolarity medium in the presence of
400 both betaine and L-carnitine increased survival to 400 MPa by 15-fold, and a mutant

401 lacking the primary transporters of these compounds (i.e. BetL, OpuC, and Gbu) failed
402 to develop HHP resistance [98]. Disruption of the osmotically-induced outer membrane
403 lipoprotein OsmB and the trehalose synthesis genes (by deletion of *ostA* and *ostB*,
404 encoding the trehalose-6-phosphate synthase and the trehalose-6-phosphate
405 phosphatase, respectively) sensitized *E. coli* to HHP treatment [87, 89]. Interestingly,
406 the synthesis of trehalose, which stabilizes cell envelope and protein structure from
407 thermal denaturation [60], is induced by the RpoS sigma factor and may contribute to
408 the increased HHP resistance of stationary phase cells [89].

409 Finally, the screening of random transposon-mediated gene disruptions for their
410 effect on the HHP resistance of *E. coli* O157:H7 (ATCC 43888) revealed that loss of
411 the cAMP/CRP system, which regulates the preferential carbon source usage, improved
412 the HHP resistance of this strain as well [91]. However, since cAMP/CRP regulation
413 can affect RpoS activity [99], it currently remains unclear whether this mechanism of
414 HHP resistance is truly RpoS independent.

415

416 **4. Future perspectives**

417 Piezophilic microorganisms have adopted different strategies to maintain
418 proteostasis in HHP environments. Although much research has been focused on
419 molecular and physiological adaptations of piezophiles, the current knowledge is
420 limited to few species because difficulties in isolation and growth of these
421 microorganisms and the limited number of genome sequences available. Another extra
422 difficulty is that deep-sea microorganisms tend to incur psychrophilic or thermophilic
423 adaptations on top of their piezophilic adaptations because the wide range of

424 temperatures that can be encountered in the ocean (from -2 °C in the polar sea to more
425 than 80°C in hydrothermal vents). Therefore, further isolation and characterization of
426 extremophile proteins is essential to improve our knowledge on specific protein
427 adaptation to HHP. Due to the HHP-mediated enhancement of certain enzymatic
428 reactions, isolation and/or engineering of HHP-resistant enzymes can have a great
429 potential for biotechnological applications.

430 Deeper insights into the mechanism of HHP inactivation can help to improve the
431 efficiency of HHP-based food preservation, for instance by allowing the design of
432 intelligent hurdle approaches that operate synergistically with HHP to inactivate
433 foodborne pathogens. In this context, exploitation of novel fluorescence-based live cell
434 biology tools may help to dissect and understand the nature and dynamics of injury and
435 stress responses in HHP stressed cells with high resolution. Furthermore, identification
436 and scrutiny of the HHP resistance conferring mutations acquired by extremely HHP
437 resistant mesophiles can shed more light on the main cellular HHP targets, and can help
438 to better anticipate and counteract HHP resistance development in foodborne pathogens.

439

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742 **Table 1.** Effect of sublethal (< 100 MPa) and lethal (> 100 MPa) HHP on bacterial
 743 proteostasis. Data were obtained in *E. coli* except where indicated.

Phenotype	Pressure (MPa)	Reference
Effect of sublethal HHP on bacterial growth (< 100 MPa)		
Growth inhibition	50	[2-3]
Cell filamentation		
Depolymerization of FtsZ and inhibition of septum formation	50	[13]
Mrr-triggered DNA-damage response leading to SulA-mediated FtsZ inhibition	75-100	[35-36]
Inhibition of DNA replication	50-81	[2]
Inhibition of RNA synthesis	77-80	[2, 14]
Alterations in the regulation of gene expression	30-70	[16-18]
Inhibition of protein translation	60-70	[2, 19]
Alteration of transmembrane proteins		
Transient inhibition of proton transfer ATPase (<i>S. faecalis</i>)	50	[24]
Dimerization of ToxR (<i>V. cholerae</i>)	20-50	[27]
Effect of lethal HHP shock on bacterial survival (> 100 MPa)		
Loss of membrane integrity and leakage of intracellular proteins	100-600	[89, 100]
Irreversible ribosomal damage (<i>E. coli</i> , <i>L. monocytogenes</i> , <i>L. mesenteroides</i>)	100-500	[67-69]
Emergence of cytosolic aggregates (<i>E. coli</i> , <i>L. monocytogenes</i> , <i>L. mesenteroides</i>)	300-600	[68, 74-75]
Inactivation of transmembrane proteins and disruption of pH homeostasis		
F0F1-ATPase (<i>L. plantarum</i> , <i>Lactococcus lactis</i>)	250	[25, 65]
Arginine and glucose pH homeostasis transmembrane proteins	300	[66]
Disaggregation of pre-existing protein aggregates	200-400	[64, 81]

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748 **Figure legends:**

749 **Figure 1.** HHP-induced disassembly and reassembly of PAs in *E. coli* LMM1010 IbpA-
750 YFP. Representative phase contrast and YFP epifluorescence (reporting IbpA
751 concentration and localization) images of (A) unstressed control cells and (B) HHP-
752 stressed cells (300 MPa, 15 min). For HHP-stressed cells, phase contrast and YFP
753 images in combination with cell outlines are shown at the indicated times after HHP
754 exposure illustrating the reassembly of dispersed PAs in surviving cells into larger polar
755 PAs and subsequent outgrowth of the cells. The scale bar corresponds to 5 μ m.

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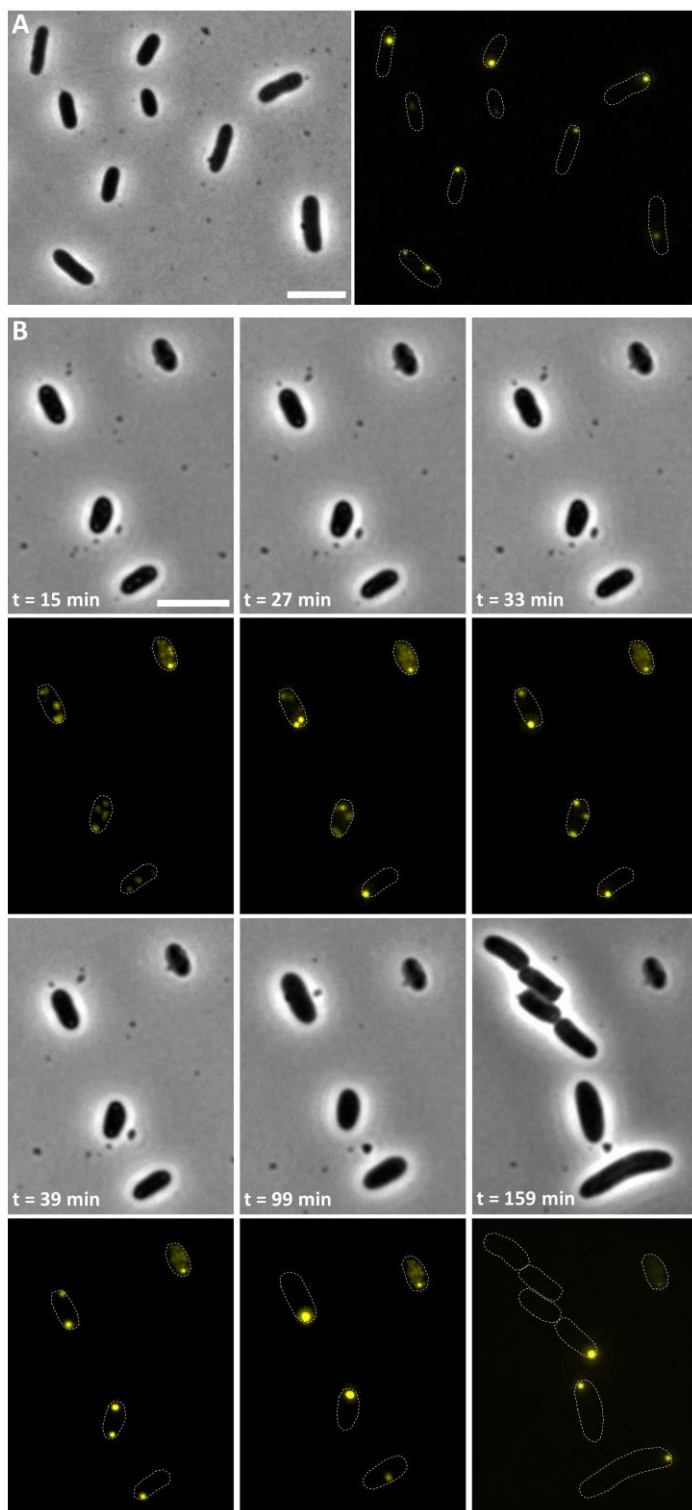
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