

# Rating scales for dystonia in children with cerebral palsy: a reliability and validity study

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## Introduction

- In the past two decades, interest in CP has increased remarkably particularly for spastic CP
- Assessment and treatment of patients with dystonic CP is still underreported compared with spastic CP
- To gain insight into severity and distribution of dystonia and to guide and delineate therapeutic interventions, reliable and valid assessments are indispensable
- Currently, three rating scales are used: the Barry-Albright Dystonia Scale (BADS), the Burke-Fahn-Marsden Scale (BFMS) and the Unified Dystonia Rating Scale (UDRS)

## Aims

- To investigate the reliability of the BADS, BFMS and UDRS in patients with bilateral dystonic CP
- To assess the validity of the BADS, BFMS and UDRS in patients with bilateral dystonic CP

## Methods

### Participants

- 10 dystonic CP patients (5-22 years)
- One patient each was classified as level I-IV in the Gross Motor Function Classification System and six were classified as level V

### Procedure

- All patients were videotaped based on the videotaping protocol of the Dystonia Study Group (1997)
- Two child neurologist and one physical therapist independently scored the videotapes in a randomized order
- All raters had several years of clinical experience and were trained in scoring the three scales.
- Raters applied definitions of dystonia as described, according to each of the 3 investigated scales

### Statistics

#### Reliability analysis

- Interrater reliability: intra class correlation coefficient (ICC)
- Standard error of measurement (SEM) and smallest detectable difference (SDD)
- Internal consistency: Cronbach's  $\alpha$

#### Validity Analysis

- Concurrent validity: Pearson's correlation coefficient
- Content analysis

## References

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[2] Barry MJ et al. *Dev Med Child Neurol* 1999; 41:404-11  
[3] Comella CL et al. *Mov Disord* 2003; 18:303-12  
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## Results

### Barry-Albright Dystonia Scale (BADS)

Interrater reliability BADS		ICC	95% CI
Body region			
Eyes		0.39	0.00 – 0.77
Mouth		0.47	0.08 – 0.81
Neck		0.57	0.19 – 0.85
Trunk		0.65	0.29 – 0.89
Arm Right		0.63	0.26 – 0.88
Arm Left		0.61	0.24 – 0.87
Leg Right		0.76	0.47 – 0.93
Leg left		0.67	0.32 – 0.89
Total		0.87	0.67 – 0.96

- High SEM (BADS) = 6.36%
- High SDD (BADS) = 17.72%
- Good Internal consistency: Cronbach's ranged from 0.87 to 0.91

### Burke-Fahn-Marshden Scale (BFMS)

Interrater reliability BFMS		Provoking Factor	Severity Factor	PF x SF			
Body region		ICC	95% CI	ICC	95% CI	ICC	95% CI
Eyes		0.68	0.34 – 0.90	0.32	-0.07 – 0.72	0.62	0.25 – 0.87
Mouth		0.77	0.47 – 0.93	0.70	0.36 – 0.90	0.79	0.52 – 0.94
Speech & swal		0.41	0.02 – 0.78	0.93	0.81 – 0.98	0.81	0.55 – 0.94
Neck		0.56	0.17 – 0.85	0.68	0.34 – 0.90	0.71	0.39 – 0.91
Trunk		0.56	0.18 – 0.85	0.40	0.01 – 0.77	0.45	0.06 – 0.80
Arm R		0.34	-0.05 – 0.73	0.90	0.74 – 0.97	0.67	0.67 – 0.32
Arm L		0.35	0.04 – 0.74	0.87	0.66 – 0.96	0.72	0.40 – 0.91
Leg R		0.37	-0.02 – 0.76	0.87	0.67 – 0.96	0.71	0.37 – 0.91
Leg L		0.46	0.06 – 0.80	0.91	0.77 – 0.98	0.86	0.65 – 0.96
Total		0.64	0.28 – 0.88	0.89	0.72 – 0.97	0.86	0.66 – 0.96

- High SEM (BFMS) = 9.88%
- High SDD (BFMS) = 27.39%
- Good Internal consistency: Cronbach's ranged from 0.92 to 0.94

### Unified Dystonia Rating Scale (UDRS)

Interrater reliability UDRS		Duration Factor	Motor Severity Factor	$\Sigma DF + MSF$	
Body region		ICC	95% CI	ICC	95% CI
Eyes		0.42	0.02 – 0.78	0.44	0.04 – 0.79
Lower face		0.71	0.38 – 0.91	0.63	0.26 – 0.88
Jaw/tongue		0.64	0.28 – 0.88	0.81	0.56 – 0.94
Larynx		0.17	-0.17 – 0.63	0.83	0.83 – 0.59
Neck		0.76	0.47 – 0.93	0.74	0.43 – 0.92
Trunk		0.41	0.01 – 0.78	0.54	0.15 – 0.84
Arm R		0.38	0.02 – 0.76	0.41	0.02 – 0.78
Arm R		0.46	0.06 – 0.80	0.58	0.20 – 0.86
Arm L		0.32	-0.06 – 0.73	0.50	0.11 – 0.82
Arm L		0.30	-0.08 – 0.72	0.49	0.09 – 0.81
Leg R		0.44	0.05 – 0.79	0.35	-0.04 – 0.74
Leg R		0.31	-0.08 – 0.72	0.48	0.09 – 0.81
Leg L		0.41	0.02 – 0.78	0.26	-0.11 – 0.69
Leg L		0.29	-0.09 – 0.71	0.60	0.22 – 0.87
Total		0.74	0.43 – 0.92	0.79	0.51 – 0.94

- High SEM (UDRS) = 8.89%
- High SDD (UDRS) = 24.63%
- Good Internal consistency: Cronbach's ranged from 0.93 to 0.95

### Concurrent validity

- Pearson's correlation revealed high associations between the total scores of the BADS, BFMS and the UDRS: range 0.86 - 0.95 ( $p<0.001$ )

### Content analysis

- Limitations in sensitivity: less or no distinction between (1) rest/activity, (2) severity in time/amplitude, (3) prox/distal limbs
- Dystonia and choreoathetosis are simultaneously present in most of the dyskinetic CP patients

## Conclusions

- High SDD % makes the scales insufficiently useful for intervention studies and longitudinal follow-up
- Content analysis revealed limitations in sensitivity of the scale construction
- This study suggests to develop a new scale that evaluates dystonia and choreoathetosis separately in CP