Brain imaging in pediatric cancer survivors: correlates of cognitive impairment

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Introduction

Pediatric cancer and its treatment are associated with increased risk for acute and chronic cognitive impairments. Neuroimaging studies indicate a common biologic pathway of candidate mechanisms underlying these impairments is diffuse brain injury (see Sleurs et al. for review¹). Brain injury is frequently assessed using neuroimaging biomarkers which improve understanding of neurologic and psychiatric pathologies beyond current diagnostic boundaries,² provide unique insights regarding cognitive changes, and specify therapeutic targets for these changes.³ Neuroimaging metrics can also serve as biologic outcome measures for interventions by quantifying treatment impacts on previously identified neural dysfunctions, which may guide treatment refinement.³ Moreover, neuroimaging outcomes may be superior to behavioral and other metrics for predicting future cognitive outcomes.⁴

As a result of this potential, neuroimaging has an expanding role in study and treatment of long-term cognitive impairments in childhood cancer survivors. Radiological observation by magnetic resonance imaging (MRI) in this population sometimes reveals leukoencephalopathy,⁵ which has been associated with risk for subsequent behavioral problems.⁶ Childhood cancer survivors are also at elevated risk for cerebrovascular disease,⁷ and can exhibit impaired cerebral blood flow.⁸ Advanced, quantitative comparisons reveal differences in otherwise normal-appearing brain tissue, which are the focus of this paper. We review recent clinical and preclinical neuroimaging studies of these brain structure and function alterations and discuss the insights they provide regarding cognitive impairment. Table 1 provides a descriptive summary of the imaging modalities and outcome measures to be discussed. Figure 1 highlights key neuroimaging findings.

Structural Alterations in Gray and White Matter

Anatomical MRI scans from childhood cancer survivor populations can be processed to extract quantitative measurements of brain geometry for comparison to control groups for identification of neurodevelopmental alterations (see Figure 2). As would be expected, brain tumors and their treatment lead to the most prominent alterations in neurodevelopment. Tumor-related complications such as elevated intracranial pressure, residual lesions, and

hydrocephalus can all lead to major structural deformations affecting the brain tissue and cerebrospinal fluid spaces. In addition to the effects from the tumor itself, neurosurgery-, radiation- and/or chemotherapy-induced neural injury can impair neurodevelopment and affect long-term intellectual ability. Most neuroimaging studies of pediatric brain tumor survivors have focused on medulloblastoma, the most common primary CNS malignancy in childhood. The infratentorial tumor location of these tumors facilitates investigation of supratentorial brain changes. Mulhern et al. (2001) demonstrated that medulloblastoma patients, who are routinely treated with chemotherapy and craniospinal irradiation (CSI), are at highest risk for cognitive decline if diagnosed and cranially irradiated at younger ages.⁹ Smaller white matter (WM) volume largely accounted for these effects, and is also linked with impaired attention.¹⁰ In addition to WM volumetric changes, some studies also evidenced hippocampal volume loss¹¹ and thinner¹² or thicker¹³ cortices shortly after treatment of medulloblastoma, as compared to healthy children. Given that CSI dose plays an important role in cognitive and intellectual outcomes of brain tumor patients, CSI is limited in younger children when possible. CSI was also associated with brain structure and cognitive function differences in acute lymphoblastic leukemia (ALL) survivors,¹⁴ and has almost entirely been replaced by CNS-directed chemotherapy in current treatment regimens for this population.

Even with chemotherapy-only ALL treatment protocols, brain structure alterations are evident using quantitative or voxel-based comparisons,¹⁵ albeit to a lesser extent.¹⁶ Most studies showed smaller WM volume,^{16–20} but cortical geometry has received increasing attention, with smaller gray matter volumes^{17, 18} and differences in cortical thickness^{21, 22} being reported. Interestingly, a recent study by Philips et al. (2020) explored the impact of systemic glucocorticoid treatment with dexamethasone on structural development in childhood ALL survivors,²³ identifying an association between high serum concentration and thinner entorhinal and frontal cortices in females. Much less attention has been paid to potential neurotoxic processes resulting from chemotherapy in non-CNS solid tumor patients. Nevertheless, long-term cortical thinning in frontal, cerebellar, and parahippocampal areas was recently demonstrated in sarcoma patients.²⁴ Even though such systemic treatment effects often appear to be diffuse in non-CNS childhood cancer patients,^{12, 18} hippocampal and frontal

regions may be particularly vulnerable. Cognitive changes associated with these structural brain alterations are more commonly reported in domains of memory,¹⁴ processing speed^{16, 17} and executive function.^{18, 21}

Microstructural White Matter Change

Damage to WM bundles can decrease the efficiency of communication between neural systems and therefore impair cognitive functioning. While volumetric investigations allow quantification of macrostructural WM injury, they do not provide detailed microstructural information indicative of WM health. Diffusion-weighted imaging techniques enable characterization of WM architecture based on the diffusion of water molecules, which is affected by the morphology of axonal membranes and myelin sheaths. Modeling based on acquired diffusion MR images provides estimates of a number of metrics indicative of WM health (see Figure 3).

Using diffusion tensor imaging (DTI, the simplest diffusion model in widespread use), lower fractional anisotropy (FA), higher mean diffusivity (MD), and higher radial diffusivity (RD) are often detected in the WM of survivors who received cranial irradiation for treatment of pediatric brain tumors or ALL. Microstructural differences are mainly found in frontal, parietal, and temporal WM or their connecting bundles,^{25–28} from a few years^{27, 28} to more than 25 years post-treatment.^{25, 26} Younger age at CSI^{25, 29} and higher radiation dose^{25, 29, 30} were associated with more WM microstructural changes. Additionally, several studies reported the corpus callosum to be particularly vulnerable to radiation injury.^{27, 30, 31} Several studies evaluating the impact of CNS-directed therapy without CSI also report significantly lower FA and higher mean and/or radial diffusivity, both in ALL^{6, 32–35} and in low-grade glioma survivors.^{36, 37} The amount of WM change depends on the administered chemotherapy protocol,³⁴ exposure to intrathecal methotrexate,^{22, 33, 35} and associated anesthesia.³⁸

WM microstructural changes after CSI and chemotherapy in survivors of pediatric brain tumors and ALL have frequently been associated with decreased memory function,^{26, 37} processing speed,^{28, 32, 34, 35, 37} attention,²⁵ executive functioning,^{39, 40} and IQ.^{27, 29} Lower frontal WM FA in pediatric medulloblastoma patients following surgery but before irradiation or

chemotherapy was associated with decreased executive functioning 36 months later,⁴¹ suggesting an important impact of the tumor and/or its surgical removal on cognitive development. Additionally, lower FA in fronto-occipital fasciculus before/immediately after radiation in posterior fossa tumors predicted decline in processing speed and executive functioning over time.⁴²

While DTI has the sensitivity to detect microstructural WM damage, it does not distinguish the type of damage that occurred (e.g., myelin damage vs. axonal injury). Higherorder diffusion models can provide such additional insights. Follin et al.²⁶ reported a decrease in mean kurtosis 34 years after CSI, which could indicate tissue simplification with neuronal shrinkage and decreased axonal density. Billiet et al.³⁹ observed increased FA and lower orientation dispersity index (ODI) in the centrum semiovale of ALL survivors, which was attributed to the effects of several crossing fiber bundles and possible axonal alterations after intrathecal methotrexate without CSI. In another study, Sleurs et al.⁴³ combined different advanced diffusion models to investigate WM microstructural changes after systemic intravenous chemotherapy in bone and soft tissue sarcoma survivors. They reported extensive regions showing lower FA overlapping with changes in parameters derived from neurite orientation dispersion and density imaging and from fiber orientation-based analyses. Additionally, lower apparent fiber density in the corpus callosum was significantly predicted by chemotherapy treatment and correlated with time since diagnosis and outcomes of neurocognitive tests. More recently, the organization of the WM connectome has been investigated, by applying graph theory analysis to diffusion measures. Altered WM topology was found in adult survivors of pediatric brain tumors⁴⁴ and ALL,⁴⁵ which may suggest network reorganization and underlie cognitive impairment.

To further disentangle the underlying neural correlates of the observed WM microstructural changes, techniques that are sensitive to changes in myelin, such as myelin water imaging and magnetization transfer imaging, are promising. So far, only a few conflicting results have been reported. While two studies did not detect differences in myelin water³⁹ or magnetization transfer¹⁸ measures between ALL survivors receiving methotrexate and controls,

Yamamoto et al.⁴⁶ did find decreased peak values in magnetization transfer ratio histograms post-methotrexate, suggestive of demyelination.

Functional Changes

Functional neuroimaging provides insight into neural correlates of cognitive changes related to pediatric cancer and its treatments. For example, fluorodeoxyglucose positron emission tomography (PET) has demonstrated altered brain metabolism after chemotherapy in children with Hodgkin and non-Hodgkin lymphoma.^{47, 48} Magnetoencephalography (MEG) showed a trend toward global slowing of brain oscillatory activity in adult survivors of ALL treated with CSI and chemotherapy relative to controls, accompanied by significantly poorer performance on measures of cognitive flexibility, visuomotor accuracy, and visuospatial working memory.⁴⁹ ALL survivors treated with chemotherapy only did not show significant differences. To date, however, studies employing fMRI have been much more prevalent.

Task-based fMRI detects brain activation associated with performance of a particular activity. Pediatric brain tumor survivors (mixed pathologies, treated with resection with/without chemotherapy/CSI) showed lower bilateral frontal activation and increased left cingulate activation during working memory processing relative to controls.⁵⁰ Better cognitive performance correlated with higher frontal and lower cingulate activation. In contrast, adult survivors of posterior fossa tumors (treated with resection with/without chemotherapy/CSI) showed greater left frontal and parietal working memory-related activation relative to controls, which correlated with poorer working memory performance.⁵¹ Greater working memory-related fMRI activation was associated with better working memory performance and motor proficiency in children newly diagnosed with craniopharyngioma (pre-systemic treatment), who also exhibited significantly poorer aerobic fitness, motor proficiency and working memory.⁵² In large cohorts of ALL survivors treated with chemotherapy only, activation during attentional tasks was associated with age at diagnosis and methotrexate exposure.^{22, 53}

Resting-state fMRI (rsfMRI) measures correlated neural activity in the absence of a task. In children newly diagnosed with ALL (pre-systemic treatment), rsfMRI showed regions of decreased or increased regional homogeneity relative to controls, in the absence of differences

in intellectual ability.⁵⁴ In adult survivors of childhood cerebellar tumors (mixed pathologies, treated with resection with or without chemotherapy/CSI), rsfMRI showed hyperconnectivity in multiple brain networks relative to controls.⁵⁵ In a large sample of childhood ALL survivors treated with chemotherapy only, those with executive dysfunction showed lower global efficiency of structural and functional connectomes than those without executive dysfunction, as well as hyperconnectivity of various mesial and lateral temporal brain regions and poor separation of brain networks.⁵⁶ Lowest network efficiencies were found in patients with high-versus low-risk disease and those receiving more intrathecal methotrexate treatments. Adult ALL survivors treated with chemotherapy only showed lower functional connectivity between the default mode network and inferior temporal gyrus relative to controls, along with alterations in WM that correlated with a measure of cognitive flexibility.³⁹

Both fMRI and MEG have been used in evaluating the impact of rehabilitative treatments. In pediatric medulloblastoma survivors who received a reading intervention during radiation (after resection/before chemotherapy), task-based fMRI 2-3 years post-treatment suggested normalization of activation in patients who received the reading intervention relative to those who did not.⁵⁷ Children treated for brain tumors (mixed pathologies) with surgery/CSI with/without chemotherapy showed altered MEG functional connectivity pre- to post- aerobic exercise intervention, suggesting enhanced controlled attention/response inhibition.⁵⁸ In a pediatric cancer population with mixed pathologies and treatments, continuous performance task fMRI activation was lower relative to controls prior to cognitive remediation, with increases post-treatment.⁵⁹ In contrast, in a similarly mixed sample, those who received computerized cognitive training showed lower frontal working memory-related activation preto post-treatment, along with improved working memory performance and parent-rated executive function.⁶⁰ Activation correlated with attentional performance.

Imaging as a Translational Tool: Animal Models

An advantage of neuroimaging tools is that they can also be applied to animal models of childhood cancer and its treatment. Though differences between species are important to recognize, animal models provide opportunities to link imaging findings to underlying

pathology, to evaluate mechanisms of brain toxicity, and to assay candidate treatments. A mouse model of pediatric cranial radiotherapy (CRT), for instance, shows similar structural changes to those observed in humans,¹³ including smaller white and gray matter volumes that depend on age at treatment, dose, and sex.^{61, 62} The use of genetically engineered mice with knockout of p53 in the brain, for example, demonstrated the significant role of apoptosis in observed volume loss immediately following CRT, though its elimination did not generally rescue smaller long-term volumes.⁶³ Other functional and microstructural neuroimaging approaches, including rsfMRI and DTI as visualized in Figure 4, are also applicable.

As in clinical studies, animal neuroimaging results can be associated with cognitive outcome measures. Using a juvenile rat model of late-term CRT-related cognitive effects, Tang et al. demonstrated smaller gray and white matter volumes on MRI, higher brain glucose uptake via PET, and lower FA and global and local structural connectome (brain network) organization as measured by DTI. Irradiated rats showed significantly lower performance on the five-choice serial reaction time task, a measure of executive function that has a human analogue (i.e., Continuous Performance Test). Performance on the five-choice task was correlated with several structural connectome organization metrics as well as DTI fiber number and FA. Hypoconnectivity was observed in frontal, commissural, and subcortical regions, while hyperconnectivity was noted in hippocampal, fornix, and perirhinal areas.⁶⁴ CRT-treated rats randomized to voluntary exercise for 10 days showed improvement in global connectome organization. Interestingly, exercise did not improve regional connections damaged by CRT, but instead appeared to alter connectivity between surrounding regions.⁶⁵

Chemotherapy also alters brain structure and function in animal models. Since chemotherapy is typically delivered as a combination of several agents, separation into its component parts in animal models, along with comparison to human neuroimaging results, may help isolate how individual drug components contribute to altered brain development.⁶⁶ One interesting example is cisplatin, which is used to treat several pediatric cancers. Cisplatintreated mice demonstrated deficits during puzzle box, novel object/place recognition, and Ymaze tests compared to saline-treated mice. Cisplatin-treated mice also showed altered functional connectome organization as measured by rsfMRI obtained under isoflurane

anesthesia: hypoconnectivity was seen in frontal, striatal, and orbital regions; hyperconnectivity was demonstrated in hippocampal, entorhinal, cerebellar, and cingulate areas. Treatment with nasally administered mesenchymal stem cells improved cognitive performance and brain function.⁶⁷

Discussion

Neurobiologic changes associated with pediatric cancer involve both increases and decreases in indices of brain structure and function. These effects tend to be diffuse, affecting gray matter structure and associated functional activation and connectivity of cortical and subcortical areas, as well as large WM pathways. Smaller volume in frontal, parietal, and temporal regions is a common finding across studies, which seems to correspond to poorer functional performance in other studies. Functional MRI studies have identified alterations both prior to and following systemic treatments, linked to clinical factors. However, methodological and treatment variations make direct comparisons between these studies difficult.

Brain structure and function are known to be related. If neurons (gray matter) are injured, specialized information processing (function) may be disrupted, while WM (axon) injury can result in loss of communication between specialized neuronal communities. Further, structure helps constrain the dynamic nature of functional networks to maintain the critical balance between stability and flexibility that supports core processes but also allows new learning.⁶⁸ To date, few studies of pediatric cancer have included evaluation of both structure and function together, which could provide a more complete picture of the neural mechanisms underlying cognitive impairment. This may be especially important for young childhood cancer patients, where ongoing brain development is likely to result in different brain toxicities and repair potential than are observed in adults.

The interpretation of brain imaging metrics is highly context dependent. For example, studies have reported increased functional activation in areas that are observed to have reduced volume or activation in other studies. Variability in functional activation can reflect differences in underlying image contrast (possibly linked to blood flow), in the nature of the task (if present), or in information processing or use/efficiency of neural resources, depending

on the circumstances. Moreover, the association between neuroimaging metrics and behavior may be nonlinear,⁴⁵ so that compromised or compensatory changes may both underlie cognitive deficits. Regional differences in neuroimaging results add to the complexity of interpretation. It will be increasingly important to study the overall pattern of structural/functional changes, including modifiable factors that contribute to this pattern.

Hyperconnectivity was noted in multiple studies, both clinical and preclinical. The significance of this finding needs further investigation. The increased connectivity may be a means of providing additional resources for supporting neural activity after loss of connections, consistent with findings of elevated glucose uptake. This might provide compensation for easier tasks but fail during harder challenges. On the other hand, increased connectivity may indicate a more randomly organized, "noisy" brain network,⁶⁹ possibly the result of altered or arrested neurodevelopment and impairment of normal synaptic pruning. This may manifest in inconsistent use of cognitive strategies, emotional dysregulation, distractibility, perseveration and/or cognitive inflexibility. Further study to elucidate the implications of hyperconnectivity will be important to understanding brain development after childhood cancer.

Currently, there are no standardized interventions for cancer-related cognitive impairment. Neuroimaging studies to date are largely cross-sectional and focused on a limited number of measures in late childhood or adulthood. Though compliance during neuroimaging sessions is a concern in younger patients, longitudinal neuroimaging before, during and early after treatment, where feasible, will provide a better understanding of the etiology of cognitive impairment. Multimodal neuroimaging, particularly in conjunction with human and animal transcriptome studies, will further aid in determining relationships among observed brain changes and the underlying mechanisms. Finally, to address individual risk factors and account for confounds, studies with larger samples will be required to be representative of survivors of various childhood cancer types. With this basis, neuroimaging could provide a much-needed early marker of effectiveness – or even guide optimal dosing – for multi-site clinical trials assaying interventions designed to prevent or treat cancer-related cognitive impairment.

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Figure Captions

Figure 1: Neuroimaging findings in childhood cancer survivors. Both childhood cancer and its treatment have the potential to introduce toxicities in the brain. Neuroimaging in survivorship represents the net effect of these cancer- and treatment-related injuries, as well as the brain's intrinsic repair processes in the context of ongoing development. Key findings highlighted in the text are depicted under the macrostructure, microstructure, neuronal activity, and vasculature and metabolism headings. Up (\uparrow) and down (\downarrow) arrows indicate reported increases or decreases in the corresponding metric. Where both arrows are indicated ($\downarrow \uparrow$), both decreases and increases have been reported, either due to regional variations or due to different literature reports. The dash (-) indicates reports of no change in outcome. Regional alterations measured by neuroimaging have broader implications for the whole brain network, which may be assessed through connectome measures, and for cognition and behavior, and can significantly impact quality of life in childhood cancer survivors. Abbreviations: sMRI: structural MRI; GM: gray matter; WM: white matter; ctx thk: cortical thickness; ctx area: cortical area; dMRI: diffusion MRI; FA: fractional anisotropy; RD: radial diffusivity; MD: mean diffusivity; MK: mean kurtosis; ODI: orientation dispersion index; AFD: apparent fiber density; MTR: magnetization transfer ratio; MWF: myelin water fraction; MEG: magnetoencephalography; osc freq: oscillatory frequency; fMRI: functional MRI; rs conn: resting-state connectivity; CBF: cerebral blood flow; PET: positron emission tomography; FDG: fluorodeoxyglucose.

Figure 2: Anatomical MRI and image processing for assessment of brain structure in childhood cancer survivors. Based on anatomical scans, typically T₁-weighted or a combination of T₁- and T₂-weighted MRI scans, morphometric analyses can be performed to assess global and regional changes in brain structure, including volumes, areas, thicknesses, etc. In the middle, voxel-based morphometry is depicted, in which the anatomical images are processed to produce tissue type images in which the intensity of a voxel represents the relative proportion of each tissue type in that voxel. These can be statistically compared between groups (e.g., childhood cancer survivor versus control). At right, surface-based morphometry is illustrated for quantification of the cortex, including characterization of its folding. Measures include cortical thickness, gyrification, and sulcus depth.

Figure 3: Diffusion MRI and modeling to estimate WM microstructure changes in childhood cancer survivors. (A) Diffusion of water in WM is affected by myelin and axons. Modeling of this effect allows parameter maps to be generated which are sensitive to different microstructural changes. Imaging parameter maps sensitive to white matter microstructural alterations in childhood cancer survivors and discussed in this review are depicted (FA: Fractional Anisotropy; MD: Mean Diffusivity; RD: Radial Diffusivity; MK: Mean Kurtosis; ODI: Orientation Dispersion Index; AFD: Apparent Fiber Density). At right, alternative MRI contrasts (MWF: Myelin Water Fraction; MT: magnetization transfer imaging) known to be sensitive to myelin content are also depicted. (B) Advanced diffusion weighted imaging techniques allow characterization of WM architecture using the diffusion of water molecules, which is highly directional (anisotropic) in healthy WM (i) because of axonal membranes and myelin sheaths. Axonal loss (ii) or demyelination (iii) results in less anisotropic diffusion and therefore changes in diffusion imaging parameter maps and related structural brain connectivity. Sample results are shown at bottom and include: (iv) brain regions showing significantly decreased FA in ALL survivors who received CSI compared to healthy controls²⁵ (reprinted with permission from Journal of Clinical Oncology); (v) decreased AFD in the corpus callosum in childhood sarcoma survivors who received systemic chemotherapy compared to healthy controls⁴³ (reprinted with permission from Human Brain Mapping); and (vi) structural connectome organization change in young survivors of ALL who received CNS-directed chemotherapy⁴⁵ (reprinted with permission from Brain Connectivity).

Figure 4: Sample preclinical neuroimaging results in models of childhood cancer survivorship.

At left, a murine functional connectome derived from resting state fMRI is depicted. The connectome models the brain as a network of nodes (regions) with joining edges (connections). Relative size of the spheres (i.e., nodes) indicates the number of edges (gray lines) passing through them. At right, a color fiber map is used for visualization of murine DTI data, in which colors indicate virtual white matter streamline direction (red: right-left; blue: inferior-superior; green: anterior-posterior).

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