

1 **Ultrasound affects the bio-accessibility of primary dairy cow manure digestate for**
2 **secondary post-digestion**

3 **Authors:**

4 Matthijs H. Somers^a, Julie Jimenez^b, Samet Azman^a, Jean-Philippe Steyer^b, Jan Baeyens^{a,c}, Lise

5 Appels^{a,1}

6 ^a KU Leuven, Department of Chemical Engineering, Process and Environmental Technology Lab,

7 Jan Pieter De Nayerlaan 5, B-2860 Sint-Katelijne-Waver, Belgium

8 ^b INRAE, LBE, Univ Montpellier, 102 Avenue des Etangs, 11100 Narbonne, France

9 ^c Beijing University of Chemical Technology, Beijing Advanced Innovation Centre for Smart

10 Matter Science and Engineering, Third East Road, 120009, Beijing, China

11 ¹ corresponding author: Lise Appels lise.appels@kuleuven.be

12 **Keywords:** fractionation; hydrolysis; dairy cow manure digestate; bio-accessibility; ultrasound

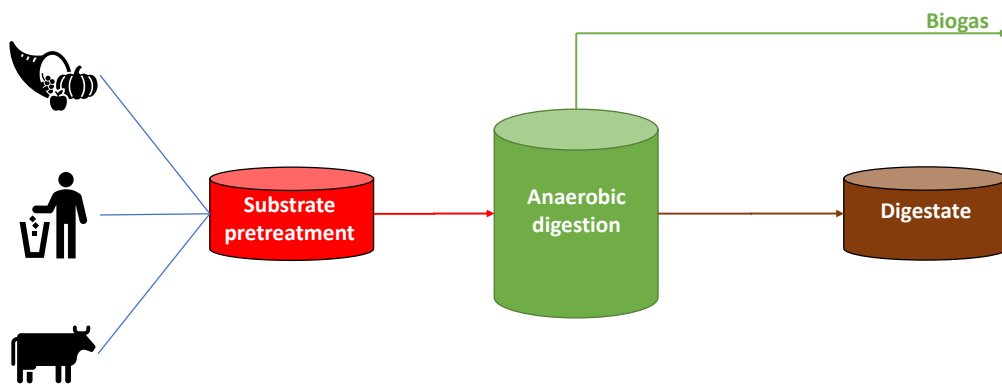
13 1. Introduction

14 Anaerobic digestion (AD) is a well-known microbial degradation process of organic matter to
15 generate biogas (55-75% CH₄) and a nutrient-rich digestate [1]. The overall degradation
16 efficiency and rate are limited when complex organic substrates such as mixed organic waste,
17 restaurant and household waste, or manure are used as substrates [2]. The low degradation
18 efficiency is due to the presence of non-biodegradable compounds and low bio-accessibility of
19 the organic matter [3]. A compound is considered "bio-accessible" when accessible for microbial
20 degradation, the latter depending mostly upon both physical characteristics (e.g., particle size
21 and/or its porosity) and biodegradability of the complex molecules within each fraction [4]. Only
22 a part of the bio-accessible fraction is biodegradable by microorganisms [5]. An organic molecule
23 is biodegradable when it is digestible by microorganisms. A low bio-accessibility leads to a low
24 biodegradability and slow hydrolysis, itself considered to be the rate-limiting step of the overall
25 AD process [6]. To counteract this hydrolysis limitation, a substrate pretreatment is currently
26 being widely researched and applied by (i) degrading complex organic compounds into more
27 accessible forms, (ii) increasing the particle surface area to enhance contact between bacteria
28 and organic matter and (iii) improving the biodegradable character of the organic matter [7].
29 Although the possible formation of inhibitory substances by the pre-treatment can limit its uses
30 [8].

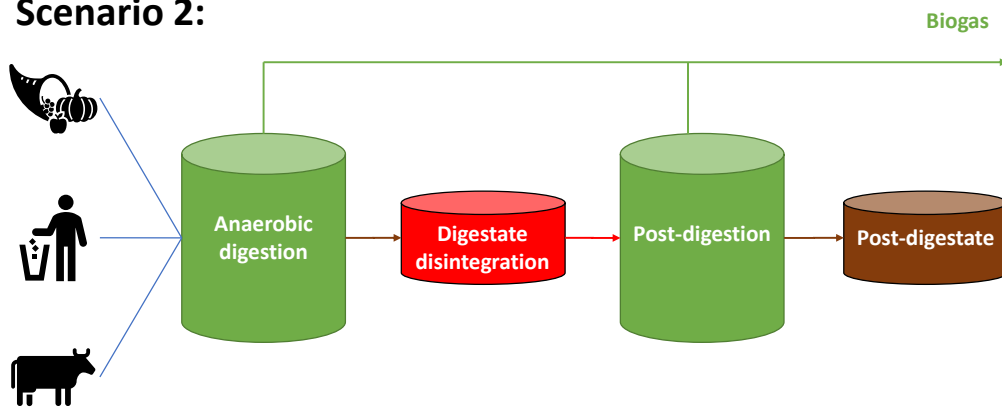
31 It was recently proposed by many authors that a digestate disintegration prior to a post-
32 digestion step can be a more efficient way to increase the overall hydrolysis and methane
33 production rates [9]. This research can still be considered as a quite new topic in the literature
34 [10]. Digestate disintegration is proposed as more effective than an overall pretreatment [11]
35 which is the current business-as-usual (BAU), since feed substrates generally already contain a
36 considerable amount of readily biodegradable organic matter that can easily be converted

37 during AD [12]. Figure 1 depicts both alternative scenarios of the BAU approach with a substrate
 38 pretreatment, and a scenario of a successive first digester of non-pretreated substrate, AD_a ,
 39 followed by a secondary digestion (post-digestion, AD_b) that treats the digestate of AD_a . This
 40 figure is a schematical representation of the envisioned full-scale continuous application of
 41 digestate disintegration.

Scenario 1:



Scenario 2:



42

43 **Figure 1:** Alternative configurations with overall substrate disintegration in scenario 1, and
 44 digestate disintegration and post-digestion in scenario two.

45

46 The second scenario's main objective is to enhance the biodegradability of the refractory
 47 compounds that are not usually degraded during AD, hence applying a more focused use of
 48 energy and/or chemical agents during the digestate disintegration [9]. In this context, Campo *et*

49 *al.* proved the improved AD of waste activated sludge (WAS) via thermo-alkaline digestate
50 disintegration (4% NaOH at 70-90°C) with methane yields increased by 23% after digestate
51 disintegration compared to an overall WAS pretreatment [13].

52 However, in digestate disintegration, the digestate age can affect the efficiency of the
53 disintegration, as demonstrated by Cesaro et al. (2019) through ozonation (110 or 160 g O₃/ kg
54 TS) of the organic fraction of municipal solid waste (OFMSW) digestate of different digestate
55 ages (11 and 41 days old): the digestate of 41 days contained fewer accessible fractions
56 compared to the digestate of 11 days corresponding to a higher COD solubilization in the 11 day
57 old digestate than in the 41 day old digestate [14].

58 As alternative to the ozone treatment, the use of ultrasound for digestate disintegration was
59 also investigated [9]. Ultrasound (US) applies cycling sound pressure waves (minimum frequency
60 of 20 kHz) to create cavities in the liquid that cause mechanical shear forces upon implosion,
61 thereby disintegrating the organic matter, decreasing its particle size and hydrolysing complex
62 organic compounds into more soluble molecules [15]. As a consequence of the decreased
63 particle size, the surface area increases and the hydrolytic rate of the microorganisms is
64 enhanced [6]. Boni et al. demonstrated that US disintegration of organic waste and food waste
65 digestate at a SE input of 50,000 kJ/kg TS, significantly increased the soluble total organic carbon
66 (sTOC), soluble chemical oxygen demand (sCOD) and soluble carbohydrates (sCARB) by a 3.8-,
67 and 14.4-fold, respectively, resulting in an increased biochemical methane potential (BMP) of
68 25% [12]. The same study moreover observed a linear correlation ($R^2 \sim 0.9$) between the
69 solubilisation of dissolved organic matter (DOM) and the BMP of the disintegrated digestate,
70 further validated by results of Somers *et al.* (2018).

71 It remains however unclear whether a causal relationship between COD solubilisation and BMP
72 increase exists since lumped parameters such as COD or TOC do not provide adequate

73 information about the structure of the digestate after disintegration in terms of bio-accessibility
74 and complexity, hence leaving a gap in the in-depth knowledge of US-driven digestate
75 disintegration. Unravelling the relationship between disintegration and bio-accessibility will
76 enhance understanding of the literature on US digestate disintegrations and the efficiency of
77 scenario 2 (Figure 1), and this has not previously been performed to the best of the authors'
78 knowledge. A first challenge is to define the bio-accessibility, and this was addressed only in two
79 studies. Jimenez *et al.* previously developed a method to characterize the bioaccessibility via
80 chemical sequential extraction (CSE) of organic matter [3,4]. This method partitions the total
81 COD of the organic matter in six different fractions, ranked from high to low bioaccessibility.
82 Furthermore, the method utilizes 3D-excitation emission fluorescence spectroscopy to define
83 the complexity ratio of the different organic fractions, based on their chemical composition. In
84 this way, information regarding the structural changes that affect digestion efficiency and yield
85 is gathered, providing a causal link between the effect of disintegrations and organic matter
86 characteristics. Brémond *et al.* (2020) characterized untreated and treated solid agricultural
87 digestates using the bioaccessibility method, and their results showed that the thermo-alkaline
88 digestate treatment of solid agricultural digestate increased the bioaccessibility of the organic
89 matter, which explained the 13% increase in methane yield [17].

90 The present study therefore aims to elucidate the effect of US on the structural organization of
91 the organic matter in dairy manure digestate of two different digestate ages, and how these
92 variables affect the methane yields during post-digestion (Scenario 2 in Fig. 1): if ultrasonication
93 increases the bio-accessibility of digestate, it will lead to a higher methane yield during post-
94 digestion, while simultaneously increasing the complexity of the DOM due to the formation of
95 highly complex organic materials such as humic acid (HA)-like compounds. To the best of the
96 authors knowledge, no publication so far discussed the effect of US digestate disintegration on
97 the bioaccessibility and complexity of the organic matter. Such novel results are not found in the

98 literature and will aid the development of the novel Scenario 2 post-digestion concept. For the
99 purpose of this research, cow manure and its corresponding digestate (2 different digestate
100 ages) were subjected to US disintegration and the resulting methane yield was assessed via BMP
101 assays. The Jimenez *et al.* (2015) method was used to characterize and evaluate the bio-
102 accessibility and complexity of the samples.

103

104 **2. Materials and Methods**

105 Two dairy manure digestates with a digestate age of respectively 29 and 43 days were
106 disintegrated with ultrasound and fully characterized in terms of organic matter fractionation
107 and BMP.

108 2.1 Manure and digestate samples

109 Dairy manure and dairy manure digestate were collected from a local dairy farm housing approx.
110 70 cows (Temse, Belgium). The digestate was collected from a mesophilic (37°C) farm-scale
111 digester (140 m³) which was fed daily with fresh dairy cow manure. The digester has a hydraulic
112 retention time (HRT) of 25 days. Digestate samples were collected from the operations at the
113 25-day HRT and had hence an age of 25 days. The digestate samples were kept in jerrycans and
114 stored in at a constant 37°C for 4 days until the experiments could start. This resulted in a
115 simulated digestate age of 29 days, referred to as 'Dig29'.

116 Simulation of extended digestate age

117 Dig29, was incubated in 1L lab-scale AD reactors, with a working volume of 0.8 L, purged with
118 nitrogen gas and kept anaerobically at 37°C. The biogas production was monitored by water
119 displacement. After 14 days, the digestate had a total age of 43 days and will thus be referred
120 to as 'Dig43'. The 14 days of digestion were considered to sufficiently decrease the VS content

121 of the digestate, and thus comparison was considered meaningful since the extended digestion
122 started from the same digestate composition.

123 2.2 Ultrasonication

124 The ultrasonication was carried out in a double-walled glass reactor with an active volume of
125 0.4 L. During ultrasonication, the digestate temperature kept at 25 °C by the water-cooled
126 jacket, hence preventing thermal hydrolysis. The US reactor was stirred with an overhead stirrer
127 (± 200 rpm) to ensure homogeneity. An HD3200 US generator with maximum power of 150 W
128 (Bandelin, Berlin) was used to disintegrate the digestate samples. The US device consisted of a
129 Sonopuls-497 US horn with a TT13 tip (both from Bandelin, Berlin). The tip was placed in the
130 glass reactor at a liquid depth of approximately 3 cm. A power of 100 W and a frequency of 20
131 kHz were applied during the experiments, which resulted in a sonication density and intensity
132 of 222 W/L and 113 W/cm², respectively. The specific energy (SE) was calculated according to
133 equation (1).

$$134 \quad SE = \frac{P \cdot t}{V \cdot TS} \quad (1)$$

135 with P (W) as the US power, t (s) as the reaction time, V (L) as the volume and TS (%) being the
136 total solid content. The specific energy was selected from previous research performed with a
137 SE range of 3000 to 20003 kJ/kg TS. The lowest limit of this range was selected since research
138 by Lippert *et al.* (2018), indicated that the highest energy recovery, i.e. the ratio of net regained
139 energy production and the input US energy, was obtained by applying low SEs [18]. From the TS
140 of the digestates, measured on the same day of the US and BMP experiments, and with a known
141 US energy supply, the final SE was calculated to be 3029 kJ/kg TS and 2753 kJ/ Kg TS, with a
142 respective average ultrasonication time of 15 and 12 minutes for Dig29 and Dig43.

143 2.3 Analysis of biochemical parameters

144 The soluble fractions were obtained in four steps: (i) centrifugation (10 minutes at 26,200 g), (ii)
145 dilution of the supernatants, (iii) second centrifugation (10 minutes at 26,200 g) and (iv) filtration
146 through a 0.6 μm filter paper. This four-step process prevents clogging of the filter paper and
147 facilitates accurate soluble fraction measurements. After those steps, a secondary filtration
148 through a 0.4 μm filter paper was performed to analyse the soluble chemical oxygen demand
149 (sCOD). For all other soluble fraction measurements, i.e. total ammonia nitrogen (TAN) and the
150 soluble organic nitrogen content, the 0.6 μm fraction was used. The amount of filtrate gathered
151 from the 0.4 μm filtration was insufficient to measure more than the sCOD, hence the 0.6 μm
152 filtrate was used for these measurements.

153 Total solids (TS) and volatile solids (VS) were measured according to standard methods [19]. The
154 pH was measured with a pH 3110 probe and the conductivity was measured by a graphite
155 conductivity cell CDC-401 (both Hach Lange). The total chemical oxygen demand (tCOD) was
156 measured after blending an approx. 400 mL sample for 1 minute at maximum power using a
157 household blender (Bosch) and tCOD was analysed using Hach Lange test kits (LCK-014). TAN
158 and soluble Kjeldahl nitrogen (sKJN) were measured using the Kjeldahl-method. After
159 mineralization of the organic nitrogen (only for KJN) using the KjelFlex K-439 (Buchi, Flawil,
160 Switzerland), the residual liquid was distilled (KjelFlex K-360, Buchi, Flawil, Switzerland). The
161 distillate was subsequently titrated (Metrohm 848 Titrino plus) [20]. The soluble organic
162 nitrogen (sOrgN) (in g N/L) was calculated according to equation (2).

$$163 \quad sOrgN = sKJN - TAN \text{ [g N/L]} \quad (2)$$

164 The total volatile fatty acid (tVFA), expressed in mass acetic acid (HAc) per volume (g HAc/L),
165 over total inorganic carbon (TIC), expressed in mass bicarbonate ions per volume (g HCO_3^-/L)
166 ratio was determined using the Nordmann titration method with dilute sulfuric acid and was
167 calculated by the empirical equations (3) and (4) [21]:

168 $tVFA = \left[\left((Con B - Con A) * 20 \text{ mL} / EF * 1.66 \right) - 0.15 \right] * 500 \text{ [mg acetate/L]} \quad (3)$

169 $TIC = Con A * 250 * 20 \text{ mL} / EF \text{ [mg CaCO}_3\text{/L]} \quad (4)$

170 where 'Con A' is the volume (mL) of 0.1N H₂SO₄ used during the titration to pH 5.0. 'Con B' is the
171 volume (mL) of 0.1 N H₂SO₄ during to titration from pH 5.0 to pH 4.4, and EF the sample volume
172 (mL) which was approx. 5 mL.

173 The methane content of the biogas during digestion was measured by gas chromatography (GC)
174 equipped with a thermal conductivity detector (TCD) operating at 110°C with a filament
175 temperature at 210°C (TraceGC 1310, Thermo Scientific). The GC-column was a Molsieve 5A, 60-
176 80, 3 meters (Agilent). The column temperature was maintained at 105 °C. Helium (99.999%, Air
177 Liquide) was used as the carrier gas at a flow rate of 3 mL/min.

178 2.4 Chemical sequential extractions (CSE)

179 The CSE procedure links the biological accessibility of the digestate's organic matter with its
180 chemical accessibility, based on the mass balance of the obtained different fractions [4]. The
181 solid matter obtained after centrifugation (10 minutes at 26,200 g) was subsequently freeze-
182 dried at 0.2 mbar and -52°C and grinded using ball milling before the extraction procedure was
183 carried out. After each extraction step, the reaction broth was centrifuged for 20 minutes at
184 18,600 g and 4°C. The COD of the filtrate was measured after 0.45 µm syringe filtration. The
185 pellet formed after centrifugation was subsequently used in the next extraction step. The
186 fraction definition of [5] was used: Dissolved Organic Matter (DOM), Soluble extractible fraction
187 from Particular Extractable Organic Matter (SPOM), Readily Extractable Organic Matter (REOM),
188 Slowly Extractable Organic Matter (SEOM), Poorly Extractable Organic Matter (PEOM) and Non-
189 Extracted Organic Matter (NEOM) (Table 2).

190 **Table 2:** Extraction protocol and molecule fractions, arranged from high to low bio-accessibility.

191 N is the number of the consecutive extraction steps to extract the respective fraction [4].

Fraction	Target molecules	N	Extraction protocol
DOM	soluble molecules	n.a.	sCOD
SPOM	Proteins, sugars	2	30 mL, 10 mM CaCl ₂ for 15 min, at 30°C and shaking at 300 RPM
	Proteins, nucleic acids,		30 mL, 10 mM NaCl + 10 mM NaOH for 15 min, at 30°C and shaking
REOM	sugars, lipids	4	300 rpm
	Proteins, HA-like		
SEOM	molecules, lipids	4	30 mL, N ₂ flushed 0.1M NaOH for 60 min shaking at 300 rpm
PEOM	(hemi)cellulose	2	H ₂ SO ₄ (25 mL, 72 % w/w), 1 ^{ste} for 3 hours at 30°C and 300 RPM, and 2 nd overnight at room temperature and no shaking
NEOM	Lignin-like molecules	n.a.	Non extracted COD, calculated from the mass balance

n.a.: not applicable

192

193 2.5 The use of 3D fluorescence spectroscopy

194 The extracts obtained during the CSE were analysed using fluorescence spectroscopy. The 3
195 Dimension Excitation Emission Matrix (3D-EEM) was plotted, using the excitation wavelength,
196 the emission wavelength and corresponding emission intensity data gathered by Liquid Phase
197 Fluorescence (EEM-LPF) [4]. The extracts obtained during the fractionation procedure were
198 analysed on a LS55 Fluorescence analyser (Perkin Elmer).

199 The excitation wavelength was varied at 10 nm increments ranging from 200 to 600 nm, using a
200 Xenon lamp emitting pulsed radiation (20 kW for 8 μs). The slit width was 10 nm for both
201 excitation and emission beams. The fluorescence emission spectra were measured at a 90° angle
202 from the excitation beam with a scan speed of 1200 nm/s. Hence, the fluorescence intensity was
203 measured at every 0.5 nm. The obtained 3D EEM-LPF plot was decomposed in seven regions (I-
204 VII) following Muller et al. (2014). These regions are based on the fluorescent properties of
205 biochemical molecules (Table 3) [22,23].

206 **Table 3:** Respective excitation and emission wavelengths in nm, together with their detected
207 typical molecules.

Region	Excitation (nm)	Emission (nm)	Molecules
I	<250	<330	Aromatic protein-like (tyrosine-like) materials
II	<250	330-400	Aromatic protein-like (thryptophan-like) materials
III	250 - 310	<400	Protein-like (tyrosine-like, thryptophan-like, microbial by-products)
IV	<260	>400	Fulvic acid-like materials
V	260-310	>400	Intern filter effect and glycated protein-like materials
VI	310-380		Glycolated protein-like (melanoidin) lignocellulose-like materials
VII	>380		Lipofuscin-like, lignine-like and humic acid-like materials

208

209 The region numbers of Table 3 were subsequently used to calculate the complexity ratio by
 210 equations (5) and (6) [22].

$$211 \quad V_f(i) = \frac{V_{image}(i)}{COD_{extract}} * 1 / \frac{S(i)}{\sum_{i=I}^{VII} S(i)} \quad (5)$$

$$212 \quad Complexity\ ratio = \frac{\sum_{i=IV}^{VII} V_f(i)}{\sum_{i=I}^{III} V_f(i)} \quad (6)$$

213 where $V_f(i)$ is the fluorescence volume per region (i) (U.A.nm²), V_{image} (U.A. g O₂/L) is the volume
 214 of the 3D plot, COD_{sample} is the COD (g O₂/L) of the extract, $S(i)$ (nm²) is the area of the region (i).

215 The complexity ratio was defined as the ratio of the sums of the most complex fluorescence
 216 volumes (i.e. regions IV-VII) over the protein-like regions (I-III). In comparison with an extract of
 217 a higher complexity ratio, a lower complexity ratio hence corresponds to a higher concentration
 218 of easily biodegradable materials such as proteins and lower concentration of complex materials
 219 such as humic acids.

220 2.6 Biochemical methane potential assays

221 The biochemical methane potential (BMP) assays were conducted at mesophilic (37°C)
 222 conditions in 250 mL serum vials during approximately 49 days. The headspace was purged with
 223 nitrogen for approx. 15 seconds to ensure anaerobic conditions. The biogas production was
 224 measured with an acidified water displacement method [24]. The methane production was

225 expressed at standard conditions (0°C and 1 atm) for dry biogas, using the online biogas app
226 (OBA) tool for reference units [25]. Untreated digestate of the same digestate age (29 and 43
227 days, respectively) served as inoculum for the BMP assays since they were biochemically similar
228 to the ultrasonicated digestates. A negative control, containing only the inoculum, was set up to
229 determine residual methane production and was subtracted from the BMP results to obtain the
230 net BMP of the VS added. A positive reference with cellulose as a substrate was added to verify
231 the microbial activity of the inoculum. The BMP assays of the ultrasonicated digestates were
232 conducted using a feed over microorganism (F:M) ratio in the range of 0.6-1.0 for Dig29 and
233 Dig43, respectively. The differences in F:M ratio were a consequence of the differences in VS
234 content. The BMP assays were conducted to assess: i) the additional methane production after
235 ultrasonication and ii) the effect of US disintegration on digestate of different age. These BMP
236 assays were labelled USDig29, USDig43, and Dig29, Dig43 for US treated and untreated
237 digestate, respectively. In addition, the effect of US disintegration on the daily methane
238 production rate (MPR) of the digestate was quantified by using a US disintegrated digestate
239 without the addition of inoculum. These setups were labelled UX29 and UX43 for Dig29 and
240 Dig43, respectively. These UX setups would evaluate the expected effect of inoculum on the bio-
241 accessibility assessment after digestion. Lastly, BMP setups that are labelled as 'manure' were
242 performed using Dig29 as inoculum and fresh manure as a substrate with an F:M ratio of 1.1.
243 This allowed calculating the final methane yield after digestate post-digestion with and without
244 US digestate disintegration. The BMP and MPR of the manure can furthermore be related to the
245 bio-accessibility of the manure.

246 2.7 Statistical methods

247 All tests were run in triplicate, with the exception of the complexity analysis in which only two of
248 the three repeat samples were analysed. A double-sided t-test was used to evaluate the statistical

249 significance of the difference between two means. Statistical significance was established at the
 250 $p < 0.05$ -level. Principal Component Analysis (PCA) was used for the interpretation of the data. PCA
 251 was performed in R© version 3.5.2 (2018-12-20) using package FactoMineR [26].

252 3. Results and discussion

253 Table 1 provides an overview of the digestate samples' biochemical parameters. The manure
 254 and digestates described in this table were further evaluated on their bioaccessibility and
 255 complexity.

256 **Table 1:** Biochemical parameters of the fresh manure and manure digestate samples of
 257 retention time 29 days (Dig29) and 43 days (Dig43), respectively.

Parameter	Unit	Fresh		
		Manure	Dig29	Dig43
TS	%	8.3 ± 0.5	6.0 ± 0.1	5.8 ± 0.1
VS	%	6.2 ± 0.4	4.2 ± 0.1	3.9 ± 0.1
pH	-	7.3 ± 0.1	7.8 ± 0.1	7.9 ± 0.1
tCOD	g/L	93.6 ± 7.8	72.1 ± 4.6	53.9 ± 0.4
sCOD	g/L	14.8 ± 0.1	11.5 ± 0.1	12.2 ± 0.4
TAN	g N/L	1.5 ± 0.1	2.0 ± 0.1	2.1 ± 0.1
tKJN	g N/kg	4.1 ± 0.1	4.4 ± 0.1	4.2 ± 0.1
sKJN	g N/L	2.2 ± 0.2	2.7 ± 0.1	2.6 ± 0.0
tVFA	g HAc/L	6.2 ± 2.4	1.4 ± 0.5	3.0 ± 0.8
TIC	g HCO ₃ ⁻ /L	9.5 ± 7.8	10.8 ± 5.4	12.2 ± 7.7
tVFA/TIC	g HAc/ g HCO ₃ ⁻	0.49 ± 0.34	0.08 ± 0.03	0.16 ± 0.06

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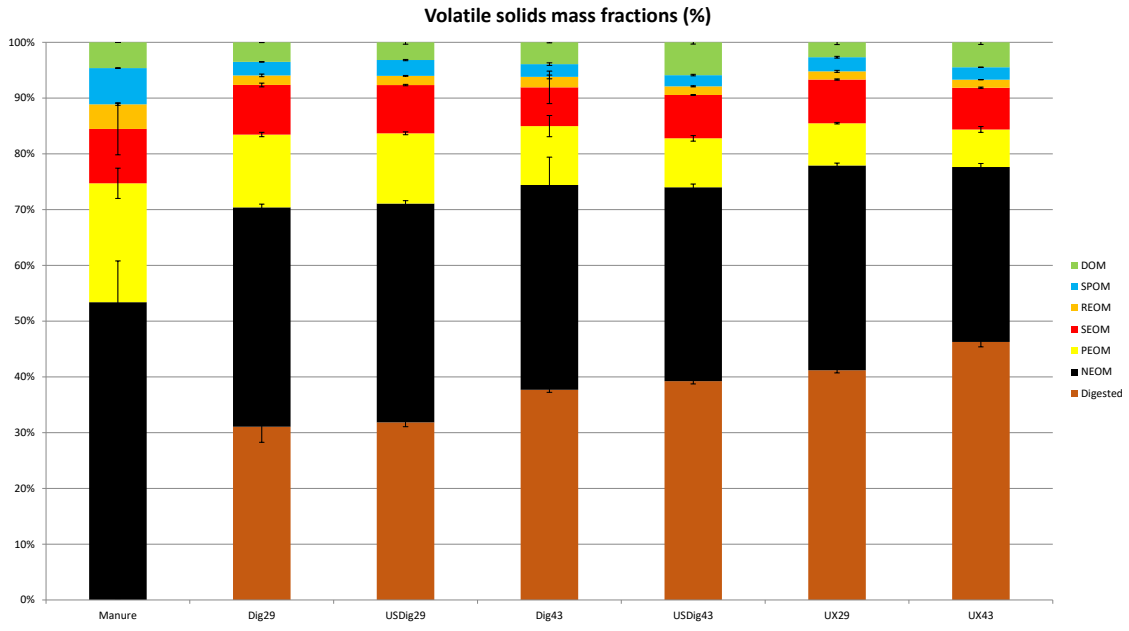
260 3.1 Structural organization of organic matter

261 3.1.1 Manure digestion

262 Both raw dairy cow manure and its AD digestate were separately examined to make a
 263 comparison possible. The CSE of manure before and after digestion showed a significant
 264 decrease in organic matter, with 23% of the total COD and 32% of the VS having been degraded.

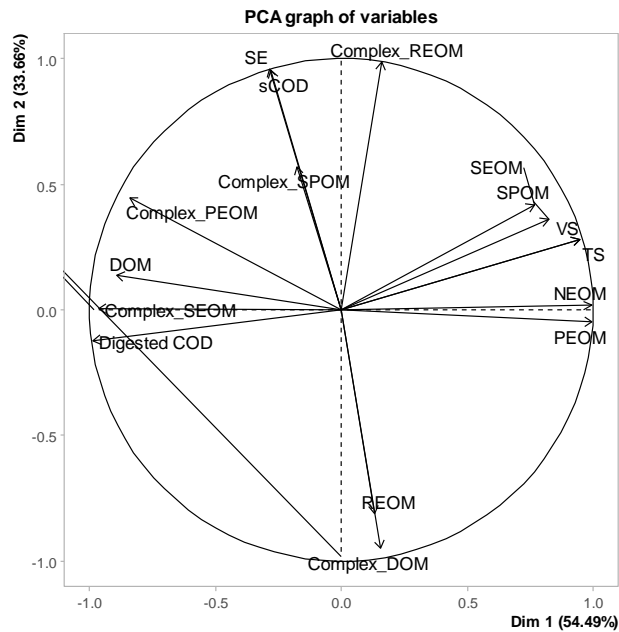
265 The digestion moreover considerably altered the bio-accessibility of the organic matter in the
266 manure, especially towards its DOM and SPOM fractions that decreased during digestion by 24%
267 and 62%, respectively (Fig. 2). The decrease in DOM was related to the microbial conversion of
268 soluble COD to methane [2], while the decrease in the solid COD fractions (SPOM, REOM and
269 PEOM) can be related to the hydrolysis of organic matter. The REOM fraction, mainly containing
270 proteins, significantly decreased by 61% as a result of hydrolysis and subsequent conversion to
271 biogas. The SEOM fraction, mainly containing humic acids and complex proteins, remained
272 unaltered. This suggests that there was neither humic acid formation nor degradation. The
273 PEOM fraction, containing mostly holocellulose, significantly decreased by 39% as a result of the
274 hydrolysis and subsequent degradation. These findings were also supported by the PCA analysis.
275 The data was decomposed into two principal components, called dimensions, which explained
276 88.15% of the total variance. The PCA showed a negative correlation between digestion time
277 and the SPOM, SEOM, PEOM and NEOM mass fractions. This correlation further indicated that
278 the bio-accessibility of organic matter decreased during digestion (Fig. 3). The extracts obtained
279 during the CSE were analysed using fluorescence spectroscopy to obtain the complexity ratio.
280 There were no significant changes in the complexity ratios of manure as a result of digestion,
281 except for the REOM fraction, which was significantly increased by 34%. The complexity ratio of
282 SPOM, SEOM and PEOM did increase, though not significantly. The removal of the proteins from
283 the REOM fraction was indicated by the decrease in the fluorescence volume of regions I – III of

284 the REOM extract, which caused an increased complexity ratio.



285

286 **Figure 2:** Mass fraction of the manure, the untreated and US treated digestate with digestate
 287 age of 29 days (Dig29 and USDig29, resp.), the untreated and US treated digestate with digestate
 288 age of 43 days (Dig43 and USDig43, resp.) and the US treated digestates after post-digestion (29
 289 and 43 days) (UX29 and UX43, resp.).



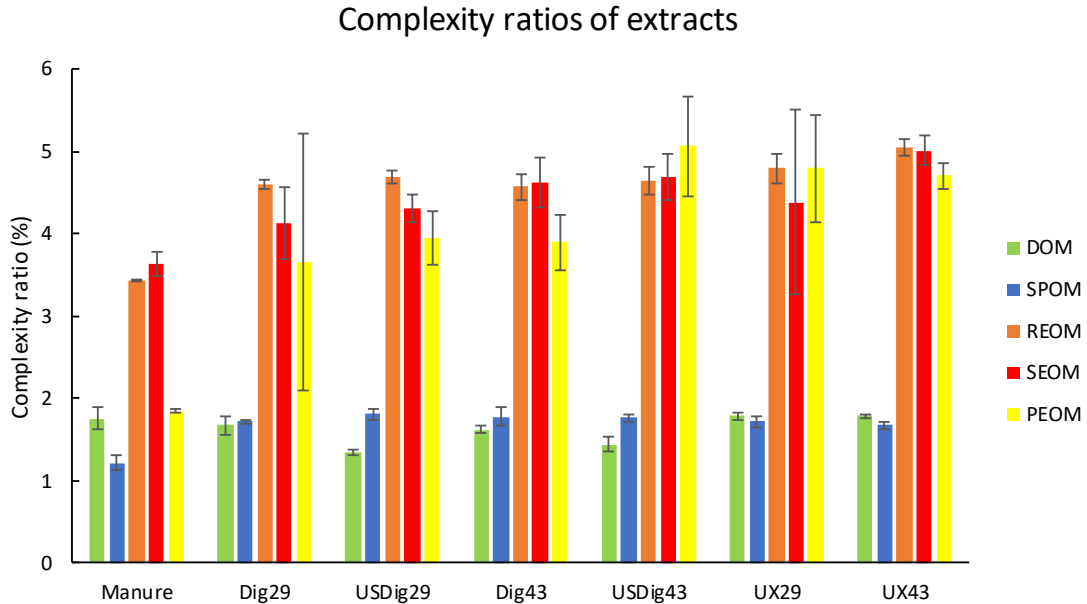
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291 **Figure 3:** PCA mass fraction analysis, their respective complexity ratios, sCOD, and applied SE by
292 ultrasonication

293 3.1.2 Influence of anaerobic post- digestion on the bio-accessibility and complexity

294 During the digestion of Dig29 for 14 days to reach Dig 43, 25% of the total COD and 7% of the VS
295 were removed. However, no significant changes in the bio-accessibility of the digestates could
296 be found due to the short digestion time of 14 days. The largest (albeit non-significant) decreases
297 in bio-accessibility between Dig29 and Dig43 were in the fractions containing (i) the soluble
298 particular proteins and sugars (SPOM, 6%), (ii) the slowly extractable proteins (SEOM, 22%) and
299 (iii) the holocellulose fraction (PEOM, 19%). The 14-day post-digestion of Dig29 caused no
300 significant changes in complexity, as shown in Fig. 4.

301



302

303 **Figure 4:** Complexity ratio, per mass fraction of raw manure, of the untreated and US treated
304 digestate with 29 days of digestate age (Dig29 and USDig29, resp.), of the untreated and US

305 treated digestate of age 43 days (Dig43 and USDig43, resp.) and of the treated 29 and 43 days
306 digestates after post-digestion (UX29 and UX43, resp.).

307

308 3.1.3 Effect of ultrasonication of bio-accessibility

309 Dig29 and Dig 43 were ultrasonicated with SEs of 2753 kJ/kg TS and 3029 kJ/kg TS, respectively.

310 The TS value of the digestates was measured on the same day of the US disintegration, leading
311 to small variations (< 10%) in the applied SE compared to the target SE of 3000 kJ/kg TS. Since
312 the applied SE on Dig29 was lower compared to Dig43, while the relative sCOD release and BMP
313 increase in Dig29 were higher compared to Dig43, the small deviations of the SE from the target
314 SE can be neglected.

315 US disintegration increased the sCOD of Dig29 and Dig43 by 55% and 41%, respectively. This is
316 also further supported by the PCA (Fig. 3). The increase in sCOD did not clearly translate into an
317 increase in DOM due to the differences in centrifugation ratios. US disintegration of Dig29
318 released 28% more sCOD in comparison with Dig43. Compared with Dig43, Dig29 has relatively
319 more organic materials in terms of VS and total COD present, that can be released by
320 ultrasonication. Furthermore, the CSE before and after ultrasonication indicated a significant
321 increase in the bio-accessibility as a result of solubilisation of easily degradable organic
322 compounds of low complexity, such as proteins and carbohydrates. The SPOM fraction of Dig29
323 significantly increased by 17% due to ultrasonication. Conversely, the bio-accessibility of the
324 solid fractions of Dig43 remained unaltered during ultrasonication. This indicated that in the
325 digestate with the lower digestate age, ultrasonication repartitioned the COD from a less
326 bioaccessible fraction to the SPOM fraction, which increased the accessibility of the soluble
327 sugars and protein. However, in Dig43, there were less sugars and proteins present to enhance

328 the bio-accessibility when compared with Dig29 and confirmed by the lower total COD (-25%)
329 and VS content (-7%) of Dig43.

330

331 3.1.4 Ultrasonication can release particulate proteins

332 The extracts of Dig29 and Dig43 before and after ultrasonication were also analysed for the
333 complexity ratio (Fig. 4). PCA revealed that the proteinaceous REOM fraction and the complexity
334 of the DOM fraction were negatively correlated with the ultrasound SE, while the complexity of
335 the SPOM and REOM fraction positively correlated with the SE (Fig. 3). This correlation was
336 related to the ultrasound-induced repartitioning of low-complexity proteins from the SPOM and
337 REOM fraction to the DOM fraction, thus confirming that there is no increase in DOM complexity
338 due to US. The results indicating the solubilisation of proteins from the SPOM and REOM fraction
339 were supported by the non-significant increase in the complexity of the SPOM and REOM
340 fractions and the decrease in the complexity of the DOM fraction after ultrasonication.
341 Meanwhile, the REOM mass fraction decreased non-significantly in both digestates after
342 ultrasonication. Further support was obtained by measuring the soluble organic nitrogen in the
343 DOM phase. Although the differences in soluble organic nitrogen concentration before and after
344 ultrasonication could not be ascertained as significant due to the high standard deviations, the
345 soluble organic nitrogen concentration increased by 21% and 16% for Dig29 and Dig43,
346 respectively. Similar results were also found during the thermal treatment of sewage sludge.
347 Zhang *et al.*, (2019) applied a similar CSE on thermally treated sewage sludge and observed the
348 release of soluble protein to the DOM fraction which originated from the REOM and SEOM
349 fractions [27]. Although the thermal treatment is considerably different from US, these findings
350 further coincided with previous observations on the solubilisation of organically bounded

351 proteins via US [28]. There were no significant effects measured on the TAN, FOS/TAC, pH, and
352 the conductivity. These results can be found in the supplementary files.

353

354 3.2 Influence of the bio-accessibility on the anaerobic digestion yield and rate

355 3.2.1 BMP results

356 The BMP results of Table 4 show no statistically significant influence of the digestate age on the
357 inoculum activity. However, ultrasonication of Dig29 significantly increased the BMP by 32% and
358 28%, respectively, with and without the inoculum addition. The addition of inoculum to USDig29
359 did not have a statistically significant effect on the BMP compared to UX29. The BMP of the
360 manure was significantly higher than Dig29, which was a result of the higher bio-accessibility
361 and higher biodegradability of the manure, compared to its digestate (Table 4).

362 On the other hand, ultrasound disintegration did not significantly increase the BMP of Dig43
363 (+35%, $p = 0.067$). As was the case with USDig29, there was also no significant difference in the
364 BMPs of the USDig43 and UX43.

365 The differences in the BMP results of USDig43, compared to USDig29 were explained by the
366 substrate bio-accessibility after US disintegration. As discussed above, US disintegration of Dig43
367 did not increase the bio-accessibility of its solid fractions. However, in the case of Dig29, the
368 SPOM fraction was significantly increased after ultrasonication, which resulted in a more
369 complete biodegradation of the organic matter and thus an increased the BMP of the US treated
370 digestate. Furthermore, the BMP of Dig43 was 34% lower compared to Dig29, which indicated
371 that Dig43 had more depleted organic matter. Furthermore, the additional methane yield gained
372 by ultrasonication on Dig29 was not significantly different from the additional yield on Dig43.

373 This indicates that the difference in the BMP's after ultrasonication is only explained by the
374 difference in digestate age.

375 Similar results were obtained by Cesaro et al., (2019), who reported that ozonation of OFMSW
376 was indeed less efficient on a digestate with age of 41 days compared to 11 days in terms of
377 increased COD solubilisation and biogas production after treatment [14]. A tentative energy
378 balance is presented in the supplementary files. It has to be noted that the horn-type ultrasound
379 inducer is not necessarily representative to an industrial set-up. Industrial set-ups can operate
380 with a power higher than 100W used in this study. Higher powers result in greater disintegration
381 efficiency compared to lower powers at equal SEs [15].

382 **Table 4:** BMP of the untreated digestates (Dig), the US treated digestate (USDig) and the US
383 treated digestate without inoculum addition (UX) of Dig29 and Dig43.

BMP-values (mL CH ₄ / g VS)	Dig29	Dig43
Positive reference	327 ± 29.8	282.7 ± 19.3
Dig	40.4 ± 0.2	26.0 ± 1.2
USDig	53.1 ± 2.0	35.0 ± 4.1
UX	51.8 ± 3.2	31.8 ± 2.5
Raw manure	152.9 ± 14.2	n.m.

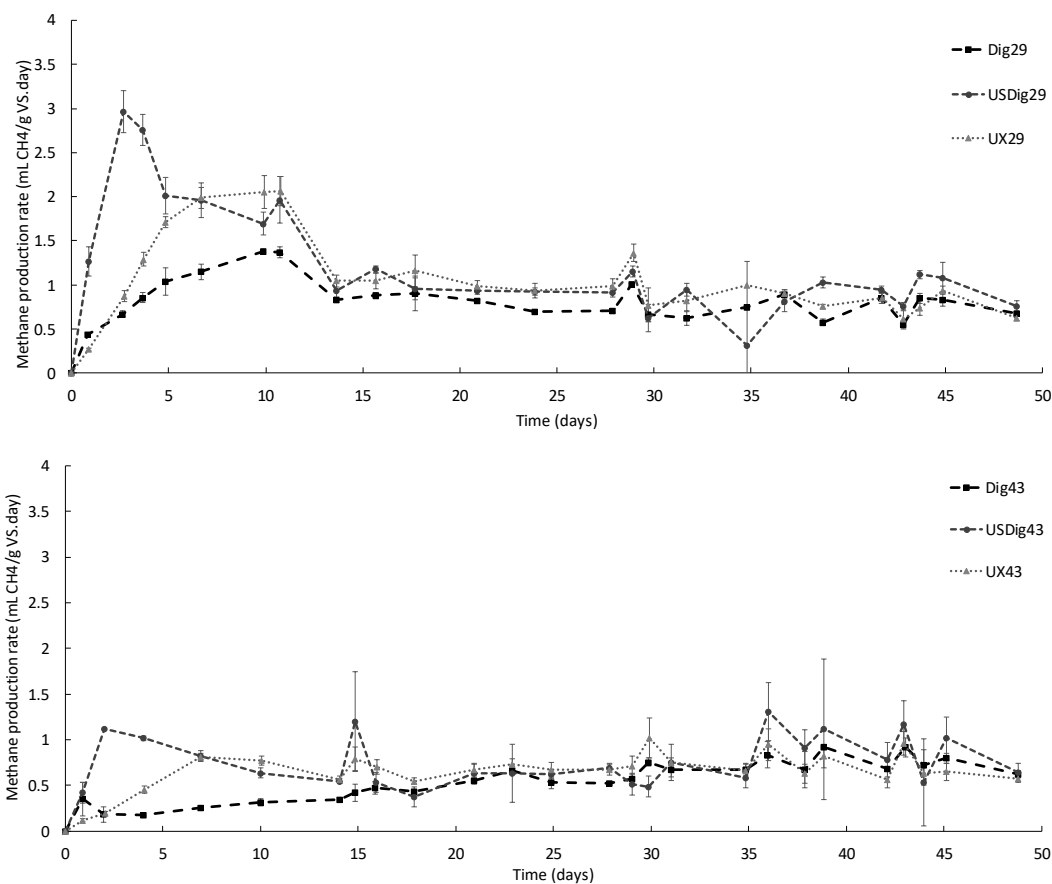
n.m.: Not measured.

384

385

386 3.2.1 Methane production rates (MPR)

387 The MPRs of Dig29 and Dig43 are shown in Fig. 5, while the MPR of the positive reference and
388 manure can be found in the supplementary files. The MPR of raw manure, during the first 30
389 days of the BMP assays, was significantly higher compared to Dig29 and Dig43, as a result of the
390 higher bio-accessibility and lower complexity of the organic fractions of manure compared to
391 Dig29 and Dig43.



392

393 **Figure 5:** Daily methane production rates for the untreated digestates (Dig29 and Dig43), for the
 394 US treated digestates (USDig29 and USDig43) and for the BMP assays experiments without
 395 inoculum (UX29 and UX43).

396 Digestate disintegration improved the MPR during the first 5 days of digestion. The highest
 397 increase in the MPR was observed on the 3rd day of digestion with a 4.4-fold and a 6.2-fold
 398 increase for USDig29 and USDig43, respectively. The increased MPR was related to the
 399 significant increase in sCOD by 55% and 41%, after ultrasonication of Dig29 and Dig43,
 400 respectively. As the particulate proteins, carbohydrates and lipids were solubilised by
 401 ultrasonication, hydrolysis was increased which resulted in an increased MPR[15].

402 Moreover, when no inoculum was used during the post-digestion of the ultrasonicated
 403 digestate, the MPR did not increase to the same extent as inoculum added setups. The highest

404 increase in MPR of UX29 and UX43 were a 1.7-fold and 3.2-fold of the Dig29 and Dig43 values
405 respectively, both on the 7th day of digestion.

406 Between days 3 and 7 of digestion, the MPRs can be arranged in decreasing order as follows:
407 USDig29 > UXDig29 > Dig29 and USDig43 > UXDig43 > Dig43 (Fig. 5). However, for both digestate
408 ages, the MPR of the UX BMP-assay overtook the MPR of the US BMP-assay on the 7th day of
409 digestion. The MPRs between day 7 and 11 were ordered as follows: UXDig29 > USDig29 > Dig29
410 and UXDig43 > USDig43 > Dig43. This pattern was replicated in a follow-up experiment in which
411 dairy manure digestate with digestate age of 29 days was treated by US and consequently
412 digested for 212 days. In this experiment, there was no significant increase in the BMP due to
413 ultrasonication, however the increase in MPR was significant and the relative order of the MPRs
414 with respect to digestate time, as described above, was also upheld. These results can be found
415 in the supplementary information. The insignificant increases in BMP indicate that there was
416 little to no organic material released by US, which would have otherwise not have been
417 biodegradable by the microorganisms, given a sufficiently long digestion time. The observation
418 that the increases in MPR of USDig29 and USDig43 were both higher and occurred sooner during
419 the digestion, compared to the UX29 and UX43, indicated that the anaerobic microorganisms
420 present in the digestates were, to some extent, negatively affected by ultrasonication by its
421 disruption of the cell wall structures [29]. Clearly a correct balance between both the increased
422 bio-accessibility and biodegradability of the disintegrated digestate, and the decreased activity
423 of its microorganisms must be established prior to expanding the current BMP research results
424 towards scaled-up continuous installations. The increased MPR's found in this study indicate
425 that post-digestion of ultrasonicated manure digestate can be done at lower HRT's, or hence a
426 smaller reactor volume or by higher mass flow rate.

427 **4. Conclusions**

428 Two digestates, i.e. Dig29 days and Dig43 days, were compared in terms of their changes in the
429 biochemical parameter, bio-accessibility and complexity during US disintegration. The
430 bioaccessibility of Dig29 was slightly increased as a result of the significant increase in the soluble
431 particulate fraction of the proteins and carbohydrates. This resulted in an increase in the BMP
432 of Dig29 by 32%. Although the bioaccessibility and BMP of Dig43 were not increased by
433 ultrasonication, the daily methane production rates were increased in both ultrasonicated
434 digestates. The differences in methane production rates between the different experiments in
435 this study indicated that ultrasound negatively affected the microorganisms, but also that the
436 extent of COD solubilisation outweighed those negative effects.

437

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