

1 **POOR OUTCOME IN HYPOXIC ENDOMETRIAL CARCINOMA IS RELATED TO**  
2 **VASCULAR DENSITY**

3

4 **Running title:** prognostic role of hypoxia in endometrial cancer

5

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53

54 **ABSTRACT**

55

56 **BACKGROUND:** Identification of endometrial carcinoma (EC) patients at high risk of  
57 recurrence is lacking. In this study, the prognostic role of hypoxia and angiogenesis was  
58 investigated in EC patients.

59 **METHODS:** Tumor slides from EC patients were stained by immunofluorescence for CAIX  
60 as hypoxic marker and CD34 for assessment of microvessel density (MVD). CAIX-  
61 expression was determined in epithelial tumor cells, with a cut-off of 1%. MVD was assessed  
62 according to the Weidner method. Correlations with disease-specific survival (DSS), disease-  
63 free survival (DFS) and distant disease-free survival (DDFS) were calculated using Kaplan-  
64 Meier curves and Cox regression analysis.

65 **RESULTS:** Sixty-three (16.4%) of 385 ECs showed positive CAIX-expression with high  
66 vascular density. These ECs had a reduced DSS compared to tumors with either hypoxia or  
67 high vascular density (log-rank  $p=0.002$ ). Multivariable analysis showed that hypoxic tumors  
68 with high vascular density had a reduced DSS (hazard ratio [HR] 3.71,  $p=0.002$ ), DDFS (HR  
69 2.68,  $p=0.009$ ) and a trend for reduced DFS (HR 1.87,  $p=0.054$ ).

70 **CONCLUSIONS:** This study has shown that adverse outcome in hypoxic ECs is seen in the  
71 presence of high vascular density, suggesting an important role of angiogenesis in the  
72 metastatic process of hypoxic EC. Differential adjuvant treatment might be indicated for these  
73 patients.

74

75 **BACKGROUND**

76

77 Most endometrial carcinoma (EC) patients present with early-stage disease and have a  
78 favorable outcome. Nevertheless, 15% of all patients suffer from recurrent disease and  
79 subsequently have a poor outcome <sup>1-3</sup>. Approximately half of these recurrences occur in  
80 patients primarily diagnosed with low risk EC <sup>1,4</sup>. Improved identification of patients at high  
81 risk for recurrence is crucial to prevent both over- and undertreatment.

82 Hypoxia is known to be an important feature of aggressive EC and drives metastatic potential  
83 <sup>5-8</sup>. When solid tumors outgrow their vasculature beyond the size of 0.1 mm<sup>3</sup>, hypoxia may  
84 occur <sup>9</sup>. As a response to chronic hypoxia, tumor cells will activate genes associated with  
85 more aggressive phenotype and resistance to chemotherapy and radiotherapy <sup>10</sup>. Hypoxia  
86 inducible factor 1 (HIF-1), formed after heterodimerization of its subunits HIF-1 $\alpha$  and HIF-  
87 1 $\beta$ , plays a key role in this process <sup>11,12</sup>. HIF-1 activates downstream genes that enhance cell  
88 survival by maintaining intracellular pH, stimulating angiogenesis to increase oxygen delivery  
89 and switching to anaerobic glycolysis <sup>12,13</sup>. More specifically, an important downstream target  
90 is *carbonic anhydrase 9 (CA9)*, whose encoded protein, carbonic anhydrase IX (CAIX),  
91 regulates intracellular pH by converting carbon dioxide to carbonic acid <sup>14</sup>. By adaptation of  
92 tumor cells to a hostile microenvironment, tumor proliferation can commence even in hypoxic  
93 areas <sup>15</sup>. Also in normoxic conditions, HIF-1 can be activated, however downstream activation  
94 is present in lesser extent <sup>16,17</sup>. In this perspective CAIX-expression, one of the key effector  
95 proteins of HIF-1, has been shown to be more specifically related to hypoxia and poor  
96 outcome <sup>18</sup>.

97 Next to maintenance of intracellular pH, stimulation of angiogenesis is an important response  
98 to hypoxia. Vascular endothelial growth factor (VEGF), another downstream target of HIF-1,  
99 is also correlated with hypoxia and angiogenesis in several cancer types, including EC <sup>19-22</sup>.

100 Angiogenesis can be assessed by microvessel density (MVD) and is prognostically associated

101 with deep myometrial invasion (MI), lymphovascular space invasion (LVSI) and poor overall  
102 survival in EC <sup>23</sup>. Although earlier studies suggest correlation between hypoxia, angiogenesis  
103 and poor outcome, the prognostic value has not yet been studied before <sup>5,6</sup>. Therefore, we  
104 have investigated the prognostic value of hypoxia and angiogenesis in EC, assessed with  
105 CAIX-expression and MVD.

106

107

108 **METHODS**

109

110 *Patients*

111 Data and tumor slides were collected previously for a study analyzing the value of LICAM  
112 expression in ECs, which included ECs from 11 collaborating European Network for  
113 Individualized Treatment of Endometrial Cancer (ENITEC) centers <sup>24,25</sup>. Only cases  
114 diagnosed by an expert gynecological pathologist, with complete data on treatment and  
115 pathological examination and at least 36 months of follow-up were included. Cases with a  
116 non-endometrioid component were categorized as non-endometrioid. The 1199 cases included  
117 in the original study were randomly selected using SPSS version 22 (SPSS IBM, New York,  
118 NY) resulting in a database of 403 patients for the present study. These cases were not  
119 statistically different from the original cases for the most important baseline characteristics.

120

121 *Tissue and staining*

122 Four µm sections, derived from formalin-fixed, paraffin-embedded ECs were used to  
123 visualize CAIX and blood vessels. Sections were mounted on Superfrost slides (Menzel-  
124 Gläser). Slides were deparaffinated in Histochoise (VWR H103-4L) and rehydrated (graded  
125 ethanol: 100%-96%-70% & de-ionized water). Next, citrate buffer antigen retrieval was  
126 performed for 30 minutes (Target retrieval solution 10x pH 6 citrate, Dako Cytomation, 96  
127 °C). Prior to incubation with the primary antibodies sections were blocked with 5% normal  
128 goat serum (Jackson ImmunoResearch) in Primary Antibody Diluent (PAD, BIORAD  
129 BUF014), 30 minutes at room temperature. Thereafter sections were co-stained for CAIX  
130 (Novus Biologicals NB100-417, 1:100) and vessels (CD34, ABCAM ab8536, 1:300), 60  
131 minutes at 37°C. Secondary incubation was performed using Cy<sup>TM</sup>3 Fab Fragment Goat Anti-  
132 Rabbit IgG (H+L) polyclonal IgG (Jackson ImmunoResearch 111-167-003) for CAIX and

133 CF<sup>®</sup>488a Goat anti-Mouse IgG (H+L), F(ab')<sub>2</sub> fragment polyclonal IgG (Biotium CF488A)  
134 for the vessels, 60 minutes at 37<sup>0</sup>C. All antibodies were diluted in PAD. In between stainings,  
135 sections were rinsed with PBS (JT Baker 4391.9010). DAPI (Santa Cruz Biotechnology AB-  
136 17.0097) was used as a counterstain to stain all nuclei and finally, the sections were mounted  
137 with Fluoromount W (Serva 21634.01). Hematoxylin and eosin (H&E) staining was used for  
138 morphological evaluation. CAIX-expression was scored as the fraction of epithelial tumor  
139 cells with positive membranous staining.

140

#### 141 *Image analysis*

142 Tumor slides were analyzed using a digital image analysis system after scanning of the whole  
143 slides with the Axio Imager D2 microscope (Carl Zeiss, GmbH, Oberkochen, Germany) using  
144 a Prior lumen 200 metal halide lamp (Prior Scientific, Rockland, USA), Axiocam 503 mono  
145 16-bit camera (1936 x 1460 pixel, Carl Zeiss, GmbH) and a computer-controlled motorized  
146 stage (Carl Zeiss, GmbH) directed by Zen Pro software (Carl Zeiss, GmbH)<sup>26</sup>. Each slide was  
147 scanned for three signals: DAPI (all nuclei), Alexa488 (CD34) and Cy3 (CAIX), by means of  
148 a 10X objective using standardized shutter times for each signal (1ms, 25ms and 50ms,  
149 respectively). After scanning, grey-scale images of all three recorded signals were used for  
150 analysis.

151 For analysis of CAIX staining, only membranous expression on epithelial tumor cells was  
152 analyzed. Areas of necrosis, large vessels and tumor stroma, determined using hematoxylin-  
153 and eosin-stained adjacent tumor slides, were therefore manually excluded from the analysis  
154 (i-Vision for Mac; BioVision Technologies, Exton, PA, USA). Next, thresholds for  
155 segmentation of the fluorescent signals were interactively set above the background staining  
156 for each individual marker and adjusted for each sample in order to optimize the signal to  
157 background ratio using ImageJ software (Wayne Rasband, National Institute of Mental

158 Health, National Institutes of Health). An interactively set threshold limits inter sample  
159 variability by correction for differences in immunofluorescence staining intensity<sup>26,27</sup>. The  
160 resulting binary images were used to calculate the fraction of CAIX (fCAIX) relative to the  
161 total tumor area. To minimize bias of non-specific staining, only positive signals exceeding 5  
162 pixels were included.

163 The MVD was measured according to the Weidner method<sup>28</sup>. In short, surrounding epithelial  
164 tumor cells three areas with the highest density of vessels were selected by the assessor  
165 (M.A.) using a 200X magnification. To correct for objects that exceed the image borders, only  
166 objects exceeding the left and upper border were included. To minimize bias of non-specific  
167 staining, only positive signals exceeding 2 pixels were included.

168 CAIX-expression was considered positive when the fCAIX was above 1%<sup>29,30</sup>. The MVD  
169 was dichotomized over the median. A representative example of CAIX and MVD staining is  
170 shown in **Figure 1**.

171

## 172 *Statistical analyses*

173 Clinicopathological differences between subgroups were compared with the  $\chi^2$  and Fisher's  
174 exact tests for categorical data and the Mann-Whitney *U*-test for continuous variables.

175 Kaplan-Meier curves were constructed for DSS, DFS and DDFS. The association between  
176 CAIX and MVD and disease-specific survival (DSS), disease-free survival (DFS) and distant-  
177 disease free survival (DDFS) was determined using Cox regression analysis. DSS was  
178 calculated from the date of primary treatment to the date of death caused by the disease or, for  
179 surviving patients, to the date of the last follow-up. DFS and DDFS were defined as the length  
180 of follow-up, after completion of the primary treatment, during which women survived  
181 without any clinical sign of (distant) disease recurrence. Distant recurrence included  
182 metastases in distant organs and para-aortic lymph nodes. Features identified by univariable

183 regression analysis with  $p < 0.20$ , were used for multivariable regression analysis. LVSI was  
184 coded as negative in case of missing data ( $n=108$ ) since only substantial LVSI was recently  
185 reported as relevant for prognosis of EC. If LVSI was not reported in the pathological report,  
186 it was therefore assumed that LVSI was absent<sup>31,32</sup>. *P*-values less than 0.05 were considered  
187 to indicate a significant difference. SPSS version 25 (SPSS IBM, New York, NY, USA)  
188 statistical software was used to perform the statistical analyses.

189

190 **RESULTS**

191

192 *Patients*

193 After staining for CAIX and CD34, 18 of the 403 patients were excluded due to insufficient  
194 tumor tissue (n=9) and excess of non-specific background staining (n=9). Clinicopathological  
195 characteristics of the 385 patients included for analysis are shown in **Table 1**. Overall, the  
196 median age was 64 years and the median follow-up time was 58 months. Of all patients alive  
197 at the end of follow-up, 99% had a follow-up of at least 36 months. A total of 67 patients  
198 (17.4%) were diagnosed with high-grade EC, including 13 NEECs (3.4%). In total, 106 (27%)  
199 EC patients had positive CAIX-expression. Forty-seven patients (12.2%) recurred and 21  
200 patients (5.5%) died due to the disease. Of all the patients with recurrence, 14 (3.6%) had a  
201 local recurrence, 16 (4.2%) a regional recurrence and 31 (8.1%) a distant recurrence.

202

203 *CAIX-expression and microvessel density*

204 A total of 63 carcinomas (16.4%) showed a positive membranous epithelial CAIX-expression  
205 and high degrees of vascular density, defined as a MVD above the median (**Table 1**). CAIX-  
206 expression with high vascular density was correlated with non-endometrioid histology (7.9%  
207 vs. 2.5%  $p = 0.028$ ), but not with other clinicopathological features. Patients with CAIX-  
208 positive ECs and high vascular density experienced more recurrences (22.2% vs. 10.2%  $p =$   
209 0.008), specifically more distant recurrences (19.0% vs. 5.9%  $p < 0.001$ ) as well as higher  
210 overall mortality (22.2% vs. 11.8%,  $p = 0.027$ ) and EC-related mortality (17.5% vs. 3.7%,  $p <$   
211 0.001) (**Table 1**).

212 **Figure 2** shows that CAIX-expression with high vascular density was associated with a worse  
213 DSS compared to CAIX-expression with low vascular density and negative CAIX-expression  
214 ( $p = 0.002$ ). Interestingly, CAIX-positive ECs with low vascular density had a similar

215 outcome as CAIX-negative ECs. Univariable Cox regression analysis revealed that age,  
216 CAIX-expression with high vascular density, MI, FIGO-stage, grade and LVSI were  
217 significantly associated with DSS (**Figure 3**). In multivariable analysis, high age, CAIX-  
218 expression with high vascular density and tumor grade 3 remained significantly associated  
219 with reduced DSS, with CAIX&MVD as the most significant parameter (hazard ratio [HR]  
220 3.71, 95%-CI 1.59 – 8.63, p=0.002).

221 Multivariable analysis showed that age, FIGO stage and LVSI were significantly associated  
222 with DFS. CAIX-expression with high vascular density was nearly significant (HR 1.87,  
223 95%-CI 0.99 – 3.55, p = 0.054, **Figure 4**). Multivariable analysis for DDFS showed that  
224 LVSI and CAIX-expression with high vascular density were significantly associated with an  
225 reduced DDFS (CAIX&MVD: HR 2.68, 95%-CI 1.27 – 5.65, p = 0.009, **Figure 5**).

226

#### 227 *Individual contribution of CAIX and MVD*

228 Positive CAIX-expression was associated with high tumor grade, non-endometrioid histology,  
229 higher median MVD and treatment with radiotherapy. In multivariable analysis CAIX and  
230 grade were significantly associated with DSS (HR 2.45, 95%-CI 1.05-5.73, p=0.039)  
231 (**Supplementary Table 1 and 2**). High MVD was correlated with deep MI, but not with other  
232 clinicopathological factors. In multivariable analysis, high MVD remained an independent  
233 predictor of reduced DSS (HR 2.92, 95%-CI 1.13 – 7.54, p=0.027) (**Supplementary Table 3**  
234 **and 4**). Continuous scoring of CAIX-expression showed a significant correlation with DSS as  
235 well (data not shown).

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## 240 **DISCUSSION**

241

242 In the present study we have investigated the prognostic value of angiogenesis and hypoxia,  
243 assessed with MVD and CAIX-expression. We hypothesized that angiogenesis would  
244 facilitate hematogenous spread of hypoxic tumor cells with subsequent poor clinical outcome.  
245 Additionally, we assumed that this would specifically be facilitated in hypoxic ECs, because  
246 of activation of intracellular pathways that induce an aggressive and metastatic phenotype.  
247 We have shown that CAIX-expression with high vascular density is associated with reduced  
248 disease-specific survival and distant disease-free survival. Interestingly, CAIX-positive ECs  
249 with low vascular density had a similar outcome as CAIX-negative ECs. Finally,  
250 multivariable analyses for CAIX-expression and vascular density showed that both were  
251 independent prognostic markers as well.

252 This is the largest study to date studying CAIX in EC. In contrast to previous studies in EC,  
253 we did find significant correlations between CAIX-expression and poor outcome, especially  
254 in case of high vascular density. Seeber *et al.* included 93 patients and found CAIX-  
255 expression in 76% of ECs <sup>29</sup>. In this study, no correlation between CAIX-expression and  
256 outcome was found; however small sample size and different cut-off value (all degrees of  
257 positive staining were regarded as positive) could explain why no correlation was found.  
258 Similarly, Pijnenborg *et al.* investigated CAIX-expression in 59 ECs and did not find a  
259 correlation <sup>22</sup>. Again, possibly this study was underpowered due to a limited sample size and  
260 low numbers of distant recurrences. Also, differences in study design (case-control study)  
261 hamper valid comparison with our results. In other cancer types, including breast carcinoma,  
262 hepatocellular carcinoma, cervical carcinoma and renal cell carcinoma, CAIX-expression is  
263 associated with poor prognosis <sup>33-37</sup>. More specifically, increased distant failure was seen in  
264 several solid tumor types with positive CAIX-expression <sup>37,38</sup>.

265 The metastatic process is a complex step-wise process, including acquisition of a aggressive  
266 phenotype, invasion in surrounding tissues and blood vessels, survival in the circulation with  
267 subsequent extravasation and colonization in new organs <sup>39</sup>. Hypoxia and subsequent  
268 neoangiogenesis will intervene with several steps of this process, including promoting tumor  
269 cell survival by acquisition of a malignant phenotype and increased invasion in blood vessels  
270 <sup>9</sup>.

271 A recent meta-analysis has shown that high MVD was associated with several poor prognostic  
272 variables, including deep MI, positive LVSI and poor outcome in EC, although heterogeneity  
273 due to differences in used antibodies and cut-off values hampers interpretation of these results  
274 <sup>23</sup>. Biologically, intratumoral neoangiogenesis in response to hypoxia will promote the  
275 formation of vasculature with high degrees of permeability and potential for rapid growth <sup>40</sup>.  
276 Our hypothesis that CAIX-expression with high degrees of vascular density would be  
277 associated with unfavourable prognostic features and poor outcome was based both on the  
278 facilitation of hematogenous spread in areas with high angiogenesis, and the aggressive  
279 biological behaviour of tumor cells after hypoxia <sup>41,42</sup>. HIF-1 $\alpha$  is stabilized and accumulates  
280 under hypoxia, and activates transcription of numerous genes involved in angiogenesis,  
281 proliferation, and pH regulation (VEGF, CAIX, GLUT-1) <sup>9</sup>. Our hypothesis was supported by  
282 the fact that ECs with positive CAIX-expression and high vascular density had a decreased  
283 DSS compared to ECs with only one or none of both features. This observation supports the  
284 complex interplay underlying the metastatic processes. The observation that CAIX-positive  
285 ECs with high vascular density did not have more lymph node metastasis or local recurrences,  
286 but instead have more distant recurrences, could support the role of angiogenesis in the  
287 hematogenous rather than the lymphogenic metastatic process.

288 The obvious strengths of this study are the inclusion of a large and representative cohort of  
289 EC patients within the ENITEC network and the objective and reproducible measurement of

290 CAIX and MVD using digital imaging analyses. However there are some limitations that need  
291 to be addressed. Due to the retrospective nature of the study, there were missing values,  
292 specifically for LVSI and lymph node metastasis. Substantial LVSI is a stronger predictor for  
293 prognosis of EC compared to moderate LVSI. Also, LVSI is not routinely reported in the  
294 pathologic report at all centers. Therefore we assumed that if substantial LVSI was present it  
295 was reported and if LVSI was not reported no substantial LVSI was present<sup>31</sup>. Missing cases  
296 were therefore coded as negative for LVSI. Separate analyses of patients with available LVSI  
297 status did not alter the results of the primary outcome (data not shown). Another general  
298 limitation in interpretation of CAIX and MVD is the lack of standardized criteria in current  
299 literature, which hampers comparison of previous studies and this study<sup>29,30</sup>. However, the  
300 applied digital techniques in this study enable objective and reproducible analyses without the  
301 need for extensive pathological expertise. With the integration of digital pathology into  
302 clinical practice, comparison of future studies with our results might be easier<sup>43,44</sup>. Although  
303 widely used to quantify MVD, CD34 is known to also identify lymph vessels and stem cell  
304 populations, which theoretically could have led to an overestimation of our results. On the  
305 other hand, other antibodies, e.g. CD31, also carry the risk of aspecific staining. Compared to  
306 CD31, CD34-staining is known to have stronger reactivity with endothelial cells, resulting in  
307 a lower risk of staining failure<sup>45</sup>. Finally, generalizability to non-endometrioid subtypes can  
308 be questioned, as they comprise only 3.4% of the entire cohort. More research focused on this  
309 specific subgroup could help to strengthen these results.

310 This study identifies a group of patients with a poor DSS and DDFS based on CAIX and  
311 MVD. Given the increased risk of distant metastases, differential adjuvant treatment for these  
312 ECs could be explored either in the form of chemotherapy or, in the future, targeted therapies  
313 directed against angiogenesis. Because of the focal character of CAIX-expression in the tumor  
314 tissue, performing the analysis on preoperative biopsies might be challenging, but

315 visualization of hypoxia and angiogenesis on FDG-PET/CT scan and MRI could be an  
316 alternative, as Berg *et al.* showed recently <sup>5</sup>.

317

318 In summary, we have found that CAIX-expression and high vascular density are prognostic  
319 markers for decreased survival in endometrial carcinoma. Combining these two markers  
320 revealed that ECs with positive CAIX-expression and high vascular density have an impaired  
321 outcome compared to ECs that have only one or none of both features. These patients  
322 experienced more distant recurrences, and therefore differential adjuvant treatment for these  
323 tumors should be explored.

324

325 **ADDITIONAL INFORMATION**

326 *Ethics approval*

327 This study was performed in accordance to the Declaration of Helsinki and was approved by  
328 the Institutional Review Board at the Radboud University Medical Centre.

329 *Consent for publication*

330 Not applicable

331 *Availability of data and materials*

332 The datasets used during the current study can be made available from the corresponding  
333 author on reasonable request.

334 *Conflicts of interest*

335 The author declare that they have no conflicts of interest.

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341 *Author contribution*

342 All authors contributed to the manuscript.

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353 J.B. and J.M.P. have read, revised and have approved the final version of the manuscript  
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355 **SUPPLEMENTARY MATERIAL**

356 Supplementary information is available at the British Journal of Cancer's website.

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509

510 **FIGURE LEGENDS**

511 **Figure 1.** Example of CAIX and CD34 staining in endometrial cancer. (A) Nuclear DAPI  
512 staining (blue) for visualization of tumor nuclei. (B) CAIX-staining (green) adjusted for total  
513 tumor area, meaning that only epithelial tumor cells were included in the analysis: other  
514 tissue, including stroma, necrosis, vasculature has manually been removed and is colored  
515 black by the analysis software (see ‘Methods’ section). (C) CD34-staining of vasculature (red)  
516 with three hotspots according to the Weidner method, marked with the interrupted lines. (D)  
517 Combined CAIX-staining and CD34-staining. Panels E, F, G and H represent representative  
518 high-magnification images of the boxed areas in A, B, C and D, respectively. Scale bar = 0.5  
519 mm.

520 **Figure 2.** Disease-specific survival (DSS) by CAIX-expression combined with degree of  
521 angiogenesis. Log-rank test was used to compare groups.

522 **Figure 3.** Univariable and multivariable Cox regression analysis of clinicopathological  
523 parameters including CAIX combined with vascular density for DSS. The Hazard Ratios with  
524 95%-confidence intervals are depicted by the black line. All risk factors significantly  
525 associated with DSS in univariable analysis were included in the multivariable Cox regression  
526 analysis, depicted by the grey lines.

527 **Figure 4.** Univariable and multivariable Cox regression analysis of clinicopathological  
528 parameters including CAIX combined with vascular density for disease-free survival (DFS).  
529 All risk factors significantly associated with DFS in univariable analysis were included in the  
530 multivariable Cox regression analysis, depicted by the grey lines.

531 **Figure 5.** Univariable and multivariable Cox regression analysis of clinicopathological  
532 parameters including CAIX combined with vascular density for distant disease-free survival  
533 (DDFS). All risk factors significantly associated with DDFS in univariable analysis were  
534 included in the multivariable Cox regression analysis, depicted by the grey lines.