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Ultrasound characteristics of endometrial cancer as defined by the International Endometrial Tumor Analysis (IETA) consensus nomenclature - A prospective multicenter study

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Abstract:

Objectives: To describe the sonographic features of endometrial cancer in relation to stage, grade, and histological type using the International Endometrial Tumor Analysis (IETA) terminology.

Methods: Prospective multicenter study on 1714 women with endometrial cancer undergoing a standardized transvaginal grayscale and Doppler ultrasound examination by an experienced ultrasound examiner using a high-end ultrasound system. Clinical and sonographic data were entered into a web-based protocol. We assessed how strongly sonographic characteristics, according to IETA, were associated to outcome at hysterectomy, i.e. tumor stage, grade, and histological type.

Results: After excluding 176 women (no or delayed hysterectomy, final diagnosis other than endometrial cancer, or incomplete data), 1538 women were included in our statistical analysis. Median age was 65 years (range 27-98), and median BMI 28.4 (range 16-67), 1378 (89.7%) women were postmenopausal, and 1296 (84.2%) reported abnormal vaginal bleeding. Grayscale and color Doppler features varied according to grade and stage. High-risk tumors (stage 1A, grade 3 or non-endometrioid or \geq stage 1B) were less likely to have regular endometrial myometrial border (difference of -23%, 95% CI -27 to -18%), whilst they were larger (mean endometrial thickness; difference of +9mm, 95% CI +8 to +11mm), more frequently had non-uniform echogenicity (difference of +10%, 95% CI +5 to +15%), a multiple, multifocal vessel pattern (difference of +21%, 95% CI +16 to +26%), and a moderate or high color score (difference of +22%, 95% CI +18 to +27%), than low-risk tumors.

Conclusion: Grayscale and color Doppler ultrasound features are associated with grade and stage, and differ between high and low risk endometrial cancer.

Introduction

Endometrial cancer is the most common malignancy of the female genital tract in developed countries with a cumulative risk of 1.8%.¹ The number of newly diagnosed cases in Europe was above 100,000 in 2012, with an age standardized incidence of 14.7 per 100,000 women per year.¹ Prognosis depends on the patient's age, histological type of malignancy, tumor grade, lymphovascular space invasion, tumor size, depth of myometrial invasion, cervical stromal invasion, and tumor involvement of the lower uterine segment.²⁻⁴ The prognosis is excellent in most women with stage I disease (96% 5-year survival). The prognosis is worse for women with high-risk disease (grade 3 or non-endometrioid histotype and/or stage $\geq 1B$), because these women are at increased risk of lymph node metastasis, distant tumor spread and tumor recurrence.⁵ Physicians need to identify high-risk patients preoperatively to tailor treatment and achieve optimal long-term survival.

Tumor size, depth of myometrial invasion and cervical stromal involvement cannot be determined by clinical examination. Therefore, ultrasound and magnetic resonance imaging (MRI) are being increasingly used to improve preoperative evaluation, i.e. to identify women in need of more extensive surgery including pelvic- and para-aortic lymph node dissection.⁶⁻⁸ According to the European Societies of Gynecological Oncology, for Medical Oncology, and Radiotherapy and Oncology (ESGO/ESMO/ESTRO) the preoperative work-up should include pelvic examination, transvaginal or transrectal ultrasonography, and pathology assessment of an endometrial biopsy (histological type

and grade).⁵ To optimize the sonographic assessment of endometrial tumors a better understanding of the association between sonographic features and stage, grade, and histological type is needed.

The aim of this study is to describe the sonographic features of endometrial cancer in relation to histological type, tumor grade and stage when using the International Endometrial Tumor Analysis (IETA)⁹ examination technique and terminology.

Methods

This prospective cross-sectional multicenter-study included women with biopsy confirmed endometrial cancer examined using transvaginal ultrasound according to the IETA study protocol. Patients were recruited between January 1st 2011 and December 31st 2015 from 17 European ultrasound centers (Supplementary Table 1). We aimed at including consecutive women to avoid selection bias, and to achieve at least 1500 inclusions to be able to make sub-analyses on non-endometrioid histological types and on premenopausal women. Exclusion criteria were hysterectomy not performed or performed >120 days after the ultrasound examination, final diagnosis other than endometrial cancer, tumor duplicity (i.e. other synchronous gynecological malignancy), incomplete ultrasound information, and loss to follow-up.

The research protocol was approved by the local Ethics Committee/ Review Board at each center. Hysterectomy and bilateral salpingo-oophorectomy was performed through laparotomy, vaginally, or via minimally invasive techniques such as laparoscopy or robotic surgery. Systematic pelvic and para-aortic lymphadenectomy was performed to stage high-risk tumors according to local protocols. We used the International

Federation of Gynecology and Obstetrics (FIGO) 2009 staging criteria based on surgical findings at hysterectomy.⁴

The ultrasound examinations were performed by the affiliated investigators at each center (Supplementary Figure 1) using the standardized examination and measurement technique described in the IETA consensus statement⁹. All ultrasound examiners were gynecologists with extensive experience in gynecological ultrasound, and all used high-end ultrasound equipment. The ultrasound systems used in this study were; GE Voluson E8, GE Voluson E10, GE Voluson 730, GE Voluson S8, Samsung Elite, Siemens S2000, Philips EPIQ, Philips IU22, Medison Sonoace R3, Mindray, Sequoia 512, Esaote My Lab, Antares R5, Antares 2000.

The women were examined in the lithotomy position with an empty bladder. The uterus was scanned in the sagittal plane from cornu to cornu and in the transverse plane from the cervix to the fundus. The presence of adenomyosis and fibroids was noted. The following measurements were taken: anteroposterior diameter of the uterus and endometrium (endometrial thickness) in the sagittal plane, and latero-lateral diameter of the uterus (uterine width) in the transverse plane. In the presence of endometrial tumor, its three orthogonal diameters (antero-posterior [tumor thickness] and cranio-caudal [tumor length] diameters in the sagittal plane, latero-lateral diameter [tumor width] in the transverse plane) were measured, as well as minimal tumor free margin and the distance from outer cervical os to the lowest margin of the tumor (Figure 1a-d). The minimal tumor-free margin was measured in any plane where the distance from the tumor to the serosa appeared to be at its smallest. Tumor volume was calculated using the three orthogonal tumor diameters, using the approximate formula for an ellipsoid $(D1 \times D2 \times D3) / 2$.

Having established an overview of the whole uterus, the ultrasound image was magnified to comprise only the uterine corpus. The magnified image was used when describing the endometrial grayscale ultrasound morphology and vascularization using color/power Doppler according to IETA⁹ terms and definitions (Supplementary Figure 1). Color/Power Doppler examinations were carried out at Pulse Repetition Frequency (PRF) 0.3 to 0.9 kHz, with the gain and PRF adjusted so that vessels were clearly defined without “blooming”.

The research protocol contained questions regarding each patient’s medical, reproductive and vaginal bleeding history, demographic and biometric variables as well as sonographic variables. Data were entered into an internet-based electronic data capture software (Clinical Data Miner (<https://cdm.esat.kuleuven.be>)¹⁰ that included pictograms of all IETA ultrasound variables. Examiners were encouraged to enter and save ultrasound data on the day of the ultrasound examination. Incomplete data could not be saved. Once the data had been saved, they were locked and no changes could be made. Results regarding histology and tumor stage were entered following hysterectomy. In all centers a pathologist with substantial experience in gynecologic oncology assessed the pathological specimens. The histopathological variables assessed were histological type, grade of differentiation, and pathological stage. Only epithelial malignant tumors, i.e. endometrial carcinomas (endometrioid adenocarcinoma, mucinous adenocarcinoma, serous carcinoma, clear cell carcinoma, mixed cell carcinoma, undifferentiated carcinoma), and mixed epithelial and mesenchymal malignant tumors, i.e. carcinosarcomas were included.¹¹ Endometrioid adenocarcinoma was classified into 3 grades (grade 1 = well differentiated, grade 2 = moderately

differentiated, grade 3 = poorly differentiated).¹³ Low-risk endometrial cancer was defined as stage 1A, grade 1-2. High-risk endometrial cancer was divided into three groups to give us the possibility to investigate if there was any association between ultrasound features and stage, grade or histological type; A/ stage 1A grade 3 or non-endometrioid histotype, B/ stage $\geq 1B$ grade 1 or 2, C/ stage $\geq 1B$ grade 3 or non-endometrioid cancer.

To assess the ability of an ultrasound variable to discriminate low from high-risk cancer, and high tumor grade from low (grade 3 versus grade 1/2) we fitted a univariable logistic regression model and calculated the c-statistic (equivalent to the area under the Receiver-Operating-Characteristics, ROC curve) with its 95% confidence interval.¹² 95% CIs for the difference in percentages were calculated using a Wilson score based method without continuity correction.¹³ 95% CIs for the difference in medians were based on the percentile method using 1000 stratified bootstrap samples. The value of the c-statistic represents the probability to correctly distinguish between patients with or without the outcome of interest based on the value of the ultrasound variable. A c-statistic of 0.5 indicates no predictive ability, whereas a c-statistic of 1 indicates perfect discriminative ability. All statistical analyses were performed using R 3.2.4, (<https://www.r-project.org/>).

Results

A total of 1714 women were recruited into the study. Of these, 176 women were excluded leaving 1538 women for final analysis. In 118 women hysterectomy was either not performed (due to co-morbidities), or surgery was carried out at another hospital so that data could not be retrieved, or hysterectomy was performed more than 120 days after the ultrasound examination. Twenty-five women had final diagnosis other than endometrial cancer or uterine carcinosarcoma: cervical cancer (n=4), synchronous ovarian cancer (n=3), synchronous tubal cancer (n=2), endometrial stromal sarcoma (n=8), adenosarcoma (n=2), leiomyosarcoma (n=4), Uterine Tumor Resembling Ovarian Sex Cord Tumor (UTROSCT) (n=1), PEComa (n=1). In 26 cases endometrial morphology assessment was not complete because some examiners did not correctly fill out the Study Protocol. Seven women were excluded due to duplicate entries (n=5) or mistake in the identification key so that the patient could not be identified (n=2).

The demographic background data and the histological outcome are shown in Table 1. Ninety percent (range between centers 80% to 100%) of the women were postmenopausal, 84% (range between centers 69% to 95%) reported abnormal uterine bleeding, and 12% (range between centers 0% to 26 %) used systemic hormone replacement therapy or vaginal estrogens (estriol or estradiol). Sixty-one percent of tumors were stage 1A (range between centers 49 to 87%) and 86% of tumors were endometrioid (range between centers 71 to 100%).

Table 2 shows the sonographic characteristics in relation to grade in endometrioid tumors and in non-endometrioid tumors. The higher the grade of endometrioid cancer, the thicker the endometrium, the higher the tumor volume, the lower the proportion of tumors with regular endometrial-myometrial border, and of tumors with uniform

echogenicity, and the higher the proportion of tumors with multiple vessels of focal or multifocal origin and the higher the color score. The strongest discriminators between high and low grade cancer were greater tumor size (endometrial thickness and volume), non-regular endometrial/myometrial border, and high color score. Non-endometrioid tumors had vascularity similar to grade 3 endometrioid tumors but grayscale morphology similar to grade 1-2 endometrioid tumors.

Supplementary table 2, show selected sonographic characteristics for endometrioid tumors in relation to grade (1, 2, 3) and stage (1A or $\geq 1B$). Irrespective of stage, the higher the grade the larger the tumor, the more common is non-uniform endometrial morphology and heterogeneous endometrium without cysts, and the less common is regular endometrial-myometrial junction, and no detectable vascularization. At the same time irrespective of grade, stage $\geq 1B$ tumors are larger than stage 1A, more often have irregular endometrial-myometrial junction, non-uniform echogenicity and heterogeneous endometrium without cysts, color score 4, and multiple vessels with multifocal origin but less often have color score 1, and multiple vessels with focal origin.

Table 3 shows the sonographic features of low-risk and high-risk cancer (divided into three categories). With higher stage and grade tumors became bigger (volume and endometrial thickness), the endometrial myometrial junction was less often regular, endometrial echogenicity less often uniform, color score increased, and the multiple, multifocal vessel pattern was more prevalent. The strongest discriminators between low and high-risk cancer were tumor size (endometrial thickness and volume), color score, vessel-pattern, and endometrial/myometrial junction. Figure 2 shows ultrasound images of endometrioid tumors of different stage and grade.

Endometrial grayscale and ultrasound morphology and vascularization on color Doppler differed between women with endometrial thickness < 15 mm and ≥ 15 mm. Women with endometrial thickness < 15 mm more often had regular endometrial-myometrial junction (37% , 249/675 vs. 14%, 110/803), uniform endometrial echogenicity (50%, 340/675 vs. 28%, 221/803), and hyperechogenic endometrium (42%, 284/675 vs. 18%, 114/803), while color score 3 or 4 (41%, 275/675 vs. 79%, 633/803) and multiple vessels with multifocal origin were less prevalent (20%, 138/675 vs. 55%, 439/803) as compared to those with an endometrial thickness of ≥ 15 mm.

Table 4 shows the sonographic characteristics of non-endometrioid tumors (clear-cell carcinoma, serous carcinoma, mixed cell carcinoma and carcinosarcoma). Since there were only seven women with undifferentiated tumors, we decided to exclude them from the table. Although low numbers for non-endometrioid tumors were found, carcinosarcomas and clear-cell carcinomas appeared larger than other non-endometrioid tumors. Uniform echogenicity was more prevalent in serous carcinomas but less often seen in mixed cell carcinomas than in other types of non-endometrioid tumors. Figure 3 shows ultrasound images of endometrial cancer of non-endometrioid type.

Discussion

The aim of this large prospective multicenter-study was to describe the sonographic features of endometrial cancer in relation to tumor stage and grade using the IETA consensus nomenclature.⁹ In endometrioid tumors a clear difference was found in morphological features between well, moderately and poorly differentiated tumors. With increasing grade and stage, tumors were larger, endometrial/myometrial junction less frequently regular, echogenicity less frequently uniform, and color score higher (Table 2 and 3, and supplementary Table 2). Non-endometrioid tumors were in general larger than endometrioid tumors, the vascularity was similar to grade 3 endometrioid tumors, but grayscale morphology was similar to a grade 1-2 endometrioid tumors (Table 2 and 4).

The strength of this study is the large study population, the prospective design, all examiners being experienced, the use of a standardized ultrasound examination protocol, and an internet based research protocol, into which cases could not be included unless all data were complete, the latter improving the quality of data. The large sample size and the multicenter design increase the likelihood that our results are generalizable. Moreover, to the best of our knowledge, this is the first detailed description of the sonographic features of non-endometrioid endometrial cancers using a standardized ultrasound terminology.

Our results with regard to absolute tumor size and volume must be interpreted with caution, because most women had undergone various biopsy procedures, before the ultrasound examination. Some might argue that it is a limitation that all examinations were done by ultrasound experts impeding the generalizability of the results. However according to the ESGO/ESMO/ ESTRO consensus statement assessment of extension of

endometrial malignancies and identification of high risk cases should be performed by ultrasound experts,⁵ considering they assess tumor extension more accurately and reproducibly than gynecologists not specialized in ultrasound imaging.¹⁴

It is important to emphasize that this is a purely descriptive study on endometrial ultrasound morphology and vascularization and not a study on discriminative performance of different ultrasound variables. No single sonographic parameter had more than a moderate ability to predict high risk disease, and thus cannot on its own be used for discriminative purposes. This does not exclude that some sonographic parameters could be of value in a multivariable analysis, or to improve diagnostic confidence when subjectively assessing deep myometrial invasion and cervical stromal invasion. As part of the IETA4 collaboration we attempt to construct risk prediction models for lymph node metastases and high-risk disease, but this is outside the scope of this paper.

In agreement with our results a smaller series (n=144) previously demonstrated that grayscale and vascular morphological characteristics of endometrial cancer were related to tumor stage, grade, and size, advanced tumors more often manifesting a mixed or hypoechogenic echogenicity, high color score and multiple vessels of multifocal origin.¹⁵

We found that tumor size appeared to be the single strongest ultrasound predictor of high risk disease. Other studies have also found that tumor size according to the hysterectomy specimen¹⁶ or MRI¹⁷, correlates to lymph node metastases,^{16, 17} and disease free survival in women with endometrial cancer.¹⁶

In our study, we found that tumors < 15 mm had a regular endometrial-myometrial junction in 37% of cases and a hyperechoic endometrial echogenicity in 42%. These are

also typical features of endometrial hyperplasia.¹⁸ This is in line with a previous study showing that it was difficult to differentiate between benign and malignant endometrium in women with postmenopausal bleeding if the endometrium measured <15mm.¹⁹ Even though an irregular endometrial-myometrial junction is a feature of endometrial carcinoma^{15, 19-23}, we found it to be regular in 32% (299/911) of stage 1A cancers, which is in agreement with the 27-30% found in previous publications.^{15, 23} Future IETA studies could investigate if typical ultrasound features of premalignant endometrial lesions exist.

We found that the color score increased with increasing grade and stage. Others too have reported that a high color density²⁴ or color score^{15, 25} is associated with higher endometrial cancer stage,^{15, 24} and presence of nodal metastasis,²⁵ and that multiple vessels with multifocal origin are associated with higher tumor stage, higher grade, non-endometrioid tumors, larger tumor size, and to an infiltrative tumor growth pattern.¹⁵ The higher prevalence of a multiple vessel pattern in high-risk tumors is interesting. Angiogenesis, as measured by micro-vessel density, has been demonstrated to play a role in endometrial cancer prognosis.²⁶ Vascular proliferation seems to be related to aggressive tumors and decreased survival.²⁷ It would be interesting to investigate in future studies if endometrial tumors richly vascularized with the multiple, multifocal vessel pattern on ultrasound have an increased expression of angiogenic markers and/or are associated with lymphovascular space invasion.

Some 30 years ago Bokhman and colleagues hypothesized that there are two pathogenic types of endometrial cancer: type I and type II.²⁸ Today we know that the situation is more complex and that histopathological assessment of endometrial tumors is only

moderately reproducible within and between pathologists, indicating a need for more specific and accurate techniques to classify endometrial cancers.²⁹ Based on The Cancer Genome Atlas (TCGA), research teams have developed molecular classifiers to identify four prognostically distinct molecular subgroups of endometrial cancer (Polymerase-ε 'POLE' ultramutated, microsatellite instability hypermutated, copy number low, and copy number high).³⁰⁻³² It remains to be shown if sonographic morphology correlates to the genome based classification, and if the combination of ultrasound and molecular information can be used to optimize and personalize the management of women with endometrial cancer.

In conclusion, this study shows that sonomorphological features described using IETA-terminology⁹ are associated with grade and stage and differ between high and low risk cancer. It remains to be shown if adding assessment of endometrial gray scale ultrasound morphology and vascularization on color Doppler to assessment of myometrial and cervical stroma invasion improves identification of high risk disease.

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Legends:

Supplementary Figure 1: IETA definitions and terminology using unenhanced sonography and sonohysterography.

Figure 1. Endometrial tumor measurements; a/ distance from outer cervical os to lower margin of the tumor in the sagittal plane, b/ anteroposterior diameter of the uterus, antero-posterior (tumor thickness) and cranio-caudal (tumor length) tumor diameters in the sagittal plane, c/ latero-lateral diameter of the uterus (uterine width) and latero-lateral tumor diameter (tumor width) in the transverse plane, d/ minimal tumor-free margin measured in any plane where the distance from the tumor to the serosa appears to be at its the smallest.

Figure 2. Ultrasound images of endometrioid tumors of different stage and grade; a/ stage IA, grade 1, b/ stage IA, grade 2, c/ stage 1A, grade 3, d/ stage IB, grade 1, e/ stage II, grade 3.

Figure 3. Ultrasound images of endometrial cancer of non-endometrioid histological type; a/ carcinosarcoma, stage IA, b/ carcinosarcoma, stage IB, c/ carcinosarcoma, stage II, d/ clear cell carcinoma, stage IA, e/ clear cell carcinoma, stage IIIA, f/ serous carcinoma, stage IA, g/ serous carcinoma, stage IV, h/ mixed cell carcinoma, stage IIIC.

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Table 1 Demographic background data and histological outcome at hysterectomy* (n=1538)

Age	65 (27-98)
Age at menopause [†]	51 (28-65)
Body Mass Index	28.4 (16-67)
Parity	2 (0-10)
0	284 (18.5%)
1	315 (20.5%)
≥ 2	939 (61.1%)
Use of any hormone replacement therapy or local estrogens	178 (11.6%)
Postmenopausal	1377 (89.5%)
with abnormal bleeding	1168 (84.8%)
Premenopausal	161 (10.5%)
with abnormal bleeding	128 (79.5%)
Stage	
IA	936 (60.9%)
IB	324 (21.1%)
II	86 (5.6%)
IIIA	32 (2.1%)
IIIB	18 (1.2%)
IIIC1	73 (4.7%)
IIIC2	46 (3.0%)
IV	23 (1.5%)
Histological type, grade	
Endometrioid [‡]	1330 (86.5%)
Grade 1	603 (45.3%)
Grade 2	512 (38.5%)
Grade 3	215 (16.2%)
Non-endometrioid	208 (13.5%)
Serous	91 (43.8%)
Carcinosarcoma	41 (19.7%)
Clear cell carcinoma	33 (15.9%)
Mixed cell carcinoma	36 (17.3%)
Undifferentiated	7 (3.4%)

Results are presented as **median (range)** or n (%)

* In 30 cases outcome was based on: biopsy (n=4), D&C (n=9) or hysteroscopic resection (n=17), as hysterectomy showed no remaining cancer: normal findings (n=17), atypical hyperplasia (n=12) or simple hyperplasia (n=1).

† In postmenopausal women. ‡Including 45 endometrioid tumors with squamous differentiation and 2 mucinous carcinomas.

Table 2. Sonographic characteristics in relation to grade at hysterectomy in endometrioid tumors (n=1330) and in non-endometrioid tumors (n=208)

	Grade 1		Grade 2		Grade 3		Difference grade 3 vs. grade 1-2 (95% CI)	c- statistic for grade 3 vs. grade 1-2 (95% CI)	Non-endometrioid	
	n	%	n	%	n	%				
All women (n=1538)	(n=603)		(n=512)		(n=215)				(n=208)	
Endometrium										
measurable	572	94.9%	473	92.4%	193	89.8%	-4% (-9 to 0)	0.52 (0.49-0.54)	190	91.3%
not measurable	19	3.2%	17	3.3%	11	5.1%	+2% (-1 to +6)		2	1.0%
not visible	12	2.0%	22	4.3%	11	5.1%	+2% (0 to +6)		16	7.7%
Tumor										
defined	481	79.8%	429	83.8%	186	86.5%	+5% (-1 to +10)	0.52 (0.50-0.55)	179	86.1%
Myometrium										
Fibroid present	229	38.0%	183	35.7%	69	32.1%	-5% (-12 to +2)	0.52 (0.49-0.56)	70	33.7%
Adenomyosis yes or uncertain	70	11.6%	35	6.8%	9	4.2%	-5% (-8 to -1)	0.52 (0.51-0.54)	7	3.4%
Cases with visible endometrium (n=1477)	(n=591)		(n=490)		(n=204)				(n=192)	
Endometrial-myometrial junction										
regular	214	36.2%	94	19.2%	23	11.3%	-17% (-22 to -12)	0.59 (0.56-0.61)	28	14.6%
irregular	188	31.8%	181	36.9%	68	33.3%	0% (-7 to +7)		72	37.5%
interrupted	161	27.2%	187	38.2%	96	47.1%	+15% (+7 to +22)		80	41.7%
undefined	28	4.7%	28	5.7%	17	8.3%	+3% (0 to +8)		12	6.3%
Endometrial morphology			490							
Uniform	270	45.7%	161	32.9%	57	27.9%	-12% (-18 to -5)	0.55 (0.52-0.59)	74	38.5%
Non-uniform	321	54.3%	329	67.1%	147	72.1%	+10% (-7 to +27)		118	61.5%
Within uniform								0.60 (0.54-0.65)		
hyperechogenic	219	37.1%	123	25.1%	33	16.2%	-16% (-21 to -9)		51	26.6%
hypoechoic	1	0.2%	1	0.2%	5	2.5%	+2% (+1 to +5)		5	2.6%
isoechogenic	41	6.9%	36	7.3%	19	9.3%	2% (-2 to +7)		17	8.9%
three-layer pattern	8	1.4%	1	0.2%	0	0.0%	-1% (-2 to +1)		1	0.5%
Within non-uniform								0.53 (0.52-0.57)		
homogeneous, regular cystic areas	15	2.5%	6	1.2%	3	1.5%	-1% (-2 to +2)		4	2.1%
homogeneous, irregular cystic areas	21	3.6%	14	2.9%	5	2.5%	0% (-2 to +3)		11	5.7%
heterogeneous no cystic areas	253	42.8%	279	56.9%	124	60.8%	+11% (+4 to +18)		82	42.7%
heterogeneous with regular cysts	15	2.5%	5	1.0%	5	2.5%	+1% (-1 to +4)		4	2.1%
heterogeneous with irregular cysts	18	3.0%	25	5.1%	10	4.9%	+1% (-2 to +5)		17	8.9%
Bright edge present	81	13.7%	68	13.9%	24	11.8%	-2% (-6 to +3)	0.51 (0.49-0.53)	29	15.1%
Endometrial mid line								0.52 (0.49-0.55)		
linear	28	4.7%	15	3.1%	4	2.0%	-2% (-4 to +1)		5	2.6%
non linear	8	1.4%	9	1.8%	1	0.5%	-1% (-2 to +1)		0	0.0%
irregular	27	4.6%	53	10.8%	24	11.8%	+5% (-1 to +10)		10	5.2%
undefined /not seen	528	89.3%	413	84.3%	175	85.8%	-2% (-7 to +3)		177	92.2%
Color score								0.60 (0.56-0.63)		
color score 1	157	26.6%	87	17.8%	22	10.8%	-12% (-16 to -6)		26	13.5%
color score 2	140	23.7%	76	15.5%	37	18.1%	-2% (-7 to +4)		25	13.0%
color score 3	177	29.9%	192	39.2%	65	31.9%	-2% (-9 to +5)		67	34.9%
color score 4	117	19.8%	135	27.6%	80	39.2%	+16% (+9 to +23)		74	38.5%
Vascular pattern								0.54 (0.51-0.58)		
no flow	157	26.6%	87	17.8%	22	10.8%	-12% (-16 to -6)		26	13.5%
single vessel without branching	29	4.9%	26	5.3%	6	2.9%	-2% (-4 to -1)		6	3.1%
single vessel with branching	42	7.1%	37	7.6%	14	6.9%	-1% (-4 to +4)		11	5.7%
multiple vessels, focal	75	12.7%	73	14.9%	43	21.1%	+7% (+2 to +14)		49	25.5%
multiple vessels, multifocal	196	33.2%	202	41.2%	94	46.1%	+10% (+2 to +17)		84	43.8%
scattered vessels	92	15.6%	63	12.9%	25	12.3%	-2% (-7 to +3)		16	8.3%
circular vessels	0	0.0%	2	0.4%	0	0.0%	0% (-1 to +2)		0	0.0%
Endometrial thickness, mm (n = 1429)	13	1-66	17.0	1-89	23.5	1-68	+9 (+7 to +12)	0.66 (0.62-0.70)	21.0	2-96
Tumor volume, ml (n = 1276)	5.1	<1-286	7.7	<1-318	14.9	<1-222	+9 (+5 to +14)	0.61 (0.57-0.65)	14.8	<1-381

Number and percentage or median mm/ml and range are presented. No vascularity - color score 1, sparse vascularity - color score 2, moderate vascularity - color score 3, abundant vascularity - color score 4

Table 3. Sonographic characteristics in women with low risk (n=762) and high risk (n=776) cancer											
	Low risk Cancer				High-risk cancer				Difference: High vs. Low-Risk (95% CI)	c- statistic for High vs. Low-Risk (95% CI)	
	Stage 1A		Stage 1A, Grade 3		Stage ≥1B		Stage ≥1B, Grade 3				
	n	%	n	%	n	%	n	%			
All cases (n=1539)	(n=762)		(n = 174)		(n = 353)		(n = 249)				
Endometrium											
measurable	733	96.2%	156	89.7%	312	88.4%	227	91.2%	-7% (-9 to -4)	0.53 (0.52-0.55)	
not measurable	15	2.0%	7	4.0%	21	5.9%	6	2.4%	+2% (+1 to +4)		
not visible	14	1.8%	11	6.3%	20	5.7%	16	6.4%	+4% (+2 to +6)		
Tumor											
defined	598	78.5%	141	81.0%	312	88.4%	224	90.0%	+9% (+5 to +13)	0.54 (0.52-0.56)	
Myometrium											
Fibroid present	298	39.1%	61	35.1%	114	32.3%	78	31.3%	-7% (-11 to -2)	0.53 (0.51-0.56)	
Adenomyosis yes or uncertain	73	9.6%	6	3.4%	32	9.1%	10	4.0%	-3% (-6 to -1)	0.51 (0.50-0.52)	
Cases with visible endometrium (n=1477)	(n=748)		(n=163)		(n=333)		(n=233)				
Endometrial-myometrial junction											
regular	265	35.4%	34	20.9%	43	12.9%	17	7.3%	-23% (-27 to -18)	0.61 (0.59-0.64)	
irregular	237	31.7%	56	34.4%	132	39.6%	84	36.1%	+6% (+1 to +11)		
interrupted	225	30.1%	69	42.3%	123	36.9%	107	45.9%	+11% (+6 to +16)		
undefined	21	2.8%	4	2.5%	35	10.5%	25	10.7%	+6% (+4 to +8)		
Endometrial morphology											
uniform	321	42.9%	63	38.7%	109	32.7%	68	29.2%	-10% (-15 to -5)	0.55 (0.53-0.58)	
non-uniform	427	57.1%	100	61.4%	224	67.3%	165	70.8%	+7 (+1 to +13)		
within uniform										0.61 (0.57-0.64)	
hyperechogenic	267	35.7%	43	26.4%	75	22.5%	41	17.6%	-14% (-18 to -9)		
hypoechoic	2	0.3%	4	2.5%	0	0.0%	6	2.6%	+1% (0 to +2)		
isoechogenic	43	5.7%	15	9.2%	34	10.2%	21	9.0%	+4% (+1 to +7)		
three-layer pattern	9	1.2%	1	0.6%	0	0.0%	0	0.0%	-1% (-2 to 0)		
within non-uniform										0.55 (0.53-0.57)	
homogeneous, regular cystic areas	20	2.7%	5	3.1%	1	0.3%	2	0.9%	-2% (-3 to 0)		
homogeneous, irregular cystic areas	30	4.0%	8	4.9%	5	1.5%	8	3.4%	-1% (-3 to +1)		
heterogeneous no cystic areas	337	45.1%	78	47.9%	195	58.6%	128	54.9%	+10% (+5 to +15)		
heterogeneous with regular cysts	16	2.1%	4	2.5%	4	1.2%	5	2.1%	0% (-2 to +1)		
heterogeneous with irregular cysts	24	3.2%	5	3.1%	19	5.7%	22	9.4%	+3% (+1 to +5)		
Bright edge present	101	13.5%	27	16.6%	48	14.4%	26	11.2%	0% (-3 to +4)	0.50 (0.48-0.52)	
Endometrial mid line										0.51 (0.49-0.53)	
linear	36	4.8%	6	3.7%	7	2.1%	3	1.3%	-3% (-5 to 0)		
non linear	13	1.7%	1	0.6%	4	1.2%	0	0.0%	-1% (-2 to 0)		
irregular	54	7.2%	14	8.6%	26	7.8%	20	8.6%	-1% (-2 to +4)		
undefined /not seen	645	86.2%	142	87.1%	296	88.9%	210	90.1%	+3% (-1 to +6)		
Color score										0.66 (0.63-0.68)	
color score 1	203	27.1%	34	20.9%	41	12.3%	14	6.0%	-15% (-19 to -11)		
color score 2	170	22.7%	35	21.5%	46	13.8%	27	11.6%	-8% (-12 to -4)		
color score 3	252	33.7%	52	31.9%	117	35.1%	80	34.3%	0% (-4 to +5)		
color score 4	123	16.4%	42	25.8%	129	38.7%	112	48.1%	+22% (+18 to +27)		
Vascular pattern											
no flow	203	27.1%	34	20.9%	41	12.3%	14	6.0%	-15% (-19 to -11)	0.64 (0.62-0.67)	
single vessel without branching	46	6.1%	9	5.5%	9	2.7%	3	1.3%	-3% (-5 to -1)		
single vessel with branching	63	8.4%	13	8.0%	16	4.8%	12	5.2%	-3% (-5 to 0)		
multiple vessels, focal	111	14.8%	47	28.8%	37	11.1%	45	19.3%	+3% (-1 to +7)		
multiple vessels, multifocal	215	28.7%	40	24.5%	183	55.0%	138	59.2%	+21% (+16 to +26)		
scattered vessels	109	14.6%	20	12.3%	46	13.8%	21	9.0%	-3% (-6 to +1)		
circular vessels	1	0.1%	0	0.0%	1	0.3%	0	0.0%	0% (-1 to +1)		
Endometrial thickness, mm (n = 1429)	13	1-63	15	2-96	22	2-89	28	2-76	+9 (+8 to +11)	0.72 (0.69-0.74)	
Tumor volume, ml (n = 1276)	4.5	< 1-286	7.3	< 1-263	12.5	< 1-317	21	< 1-381	+10 (+8 to +12)	0.72 (0.70-0.75)	

Number and percentage or median mm/ml and range are given.

No vascularity - color score 1, sparse vascularity - color score 2, moderate vascularity - color score 3

Abundant vascularity - color score 4

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Table 4. Sonographic characteristics of non-endometrioid (n = 201*) tumors

	Clear cell carcinoma (n = 33)		Carcino sarcoma (n = 41)		Serous carcinoma (n = 91)		Mixed cell carcinoma (n = 36)	
All women (n=201*)								
<u>Endometrium</u>								
measurable	30	90.9%	37	90.2%	86	94.5%	31	86.1%
not measurable	0	0.0%	0	0.0%	2	2.2%	0	0.0%
not visible	3	9.1%	4	9.8%	3	3.3%	5	13.9%
<u>Tumor</u>								
defined	25	75.8%	37	90.2%	77	84.6%	34	94.4%
not defined	8	24.2%	4	9.8%	14	15.4%	2	5.6%
<u>Myometrium</u>								
Fibroid present	9	27.3%	8	19.5%	39	42.9%	11	30.6%
Adenomyosis yes or uncertain	0	0.0%	0	0.0%	4	4.4%	3	8.3%
Visible endometrium (n = 186)								
<u>Endometrial-myometrial border</u>								
regular	7	23.3%	5	13.5%	13	14.8%	2	6.5%
non-regular	23	76.7%	32	86.5%	75	85.2%	29	93.5%
<u>Endometrial morphology</u>								
uniform	11	36.7%	12	32.4%	41	46.6%	7	22.6%
hyperechogenic	8	26.7%	7	18.9%	29	33.0%	6	19.4%
hypo/iso/three layer	3	10.0%	5	13.5%	12	13.6%	1	3.2%
non-uniform	19	63.3%	25	67.6%	47	53.4%	24	77.4%
homogeneous with cysts	2	6.7%	4	10.8%	6	6.8%	2	6.5%
heterogeneous no cysts	14	46.7%	12	32.4%	37	42.0%	17	54.8%
heterogeneous with cysts	3	10.0%	9	24.3%	4	4.5%	5	16.1%
<u>Bright edge sign</u>								
yes	2	6.7%	8	21.6%	12	13.6%	5	16.1%
no	28	93.3%	29	78.4%	76	86.4%	26	83.9%
<u>Endometrial midline</u>								
seen	5	16.7%	2	5.4%	8	9.1%	2	6.5%
undefined /not seen	25	83.3%	35	94.6%	80	90.9%	29	93.5%
<u>Color score</u>								
color score 1	3	10.0%	4	10.8%	14	15.9%	4	12.9%
color score 2	4	13.3%	3	8.1%	14	15.9%	4	12.9%
color score 3	10	33.3%	14	37.8%	31	35.2%	10	32.3%
color score 4	13	43.3%	16	43.2%	29	33.0%	13	41.9%
<u>Vascular pattern</u>								
no flow	3	10.0%	4	10.8%	14	15.9%	4	12.9%
single +/- branching	4	13.3%	2	5.4%	9	10.2%	2	6.5%
multiple vessels, focal	11	36.7%	10	27.0%	18	20.5%	7	22.6%
multiple vessels, multifocal	10	33.3%	20	54.1%	40	45.5%	12	38.7%
scattered vessels	2	6.7%	1	2.7%	7	8.0%	6	19.4%
<u>Endometrial thickness, mm</u>	28.0	4-76	39.0	7-65	18.0	2-71	20.0	4-61
<u>Tumor volume, ml</u>	16.4	<1-341	56.9	1-280	8.0	<1-202	8.4	<1-232

* Results for undifferentiated tumors (n=7) not shown in table. Number and percentage or median mm/ml and range are given. No vascularity - color score 1, sparse vascularity -

color score 2 , moderate vascularity - color score 3, abundant vascularity - color score 4

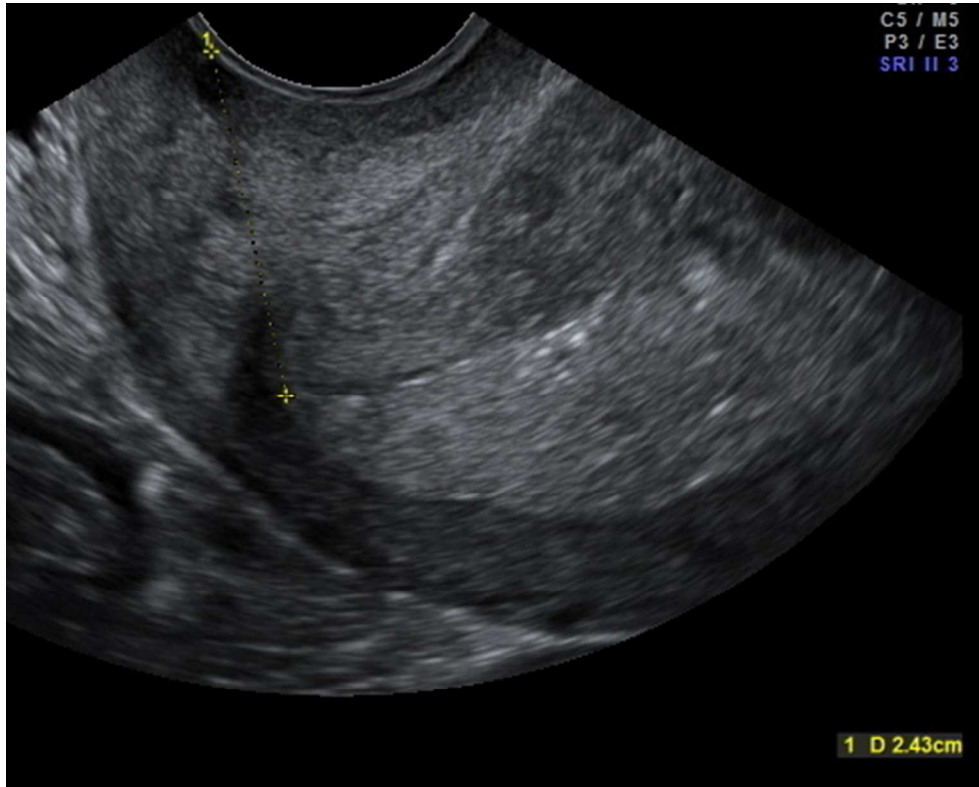
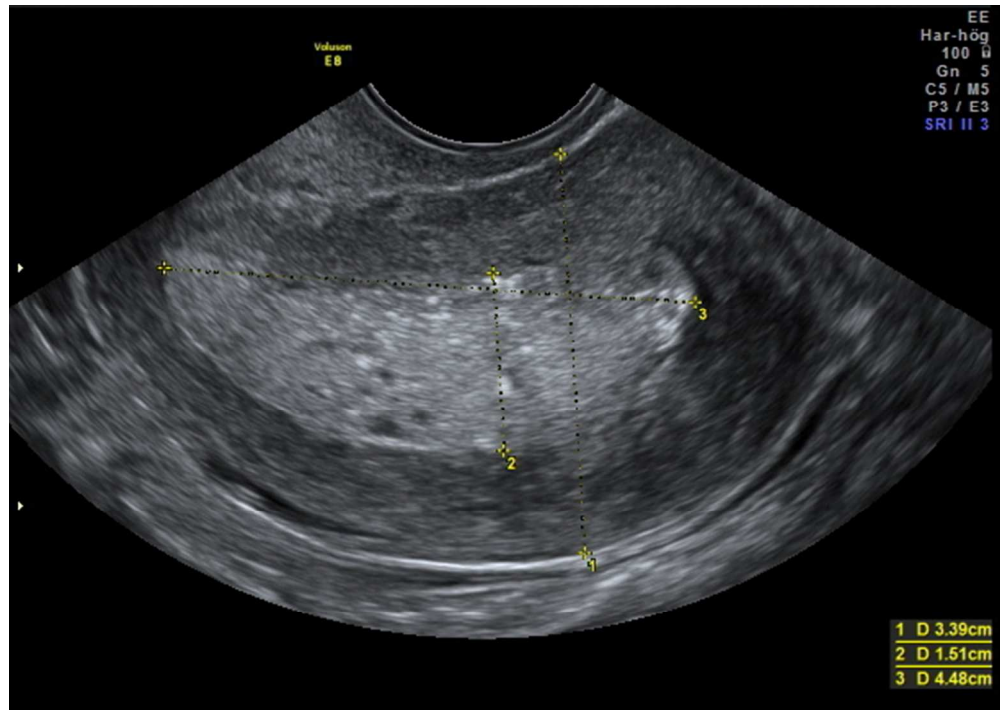
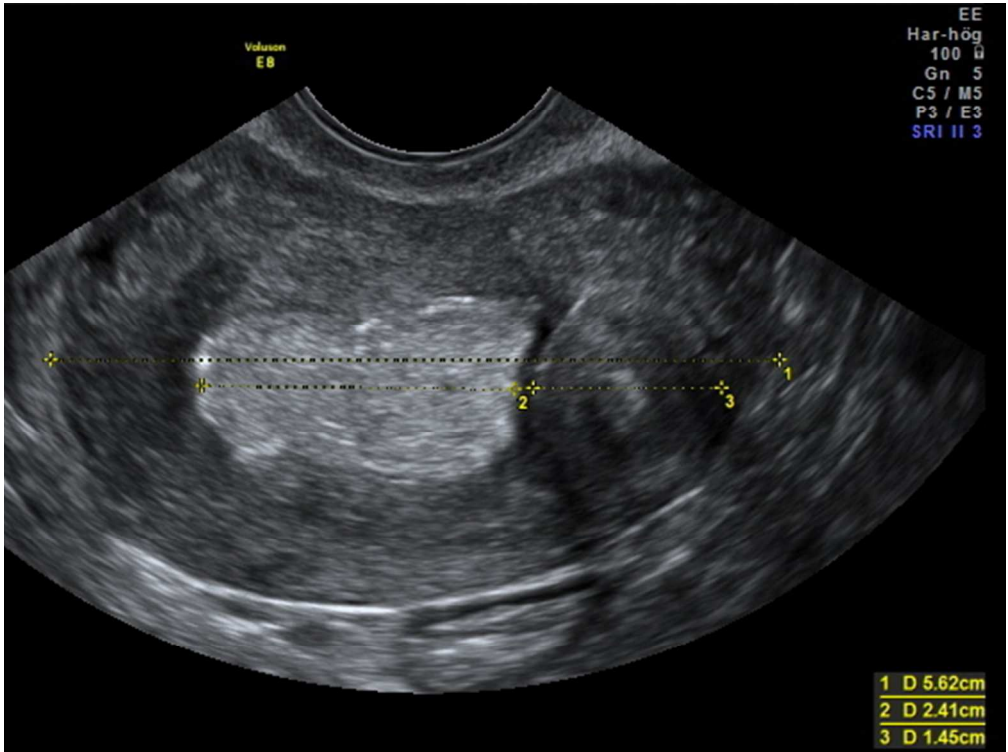


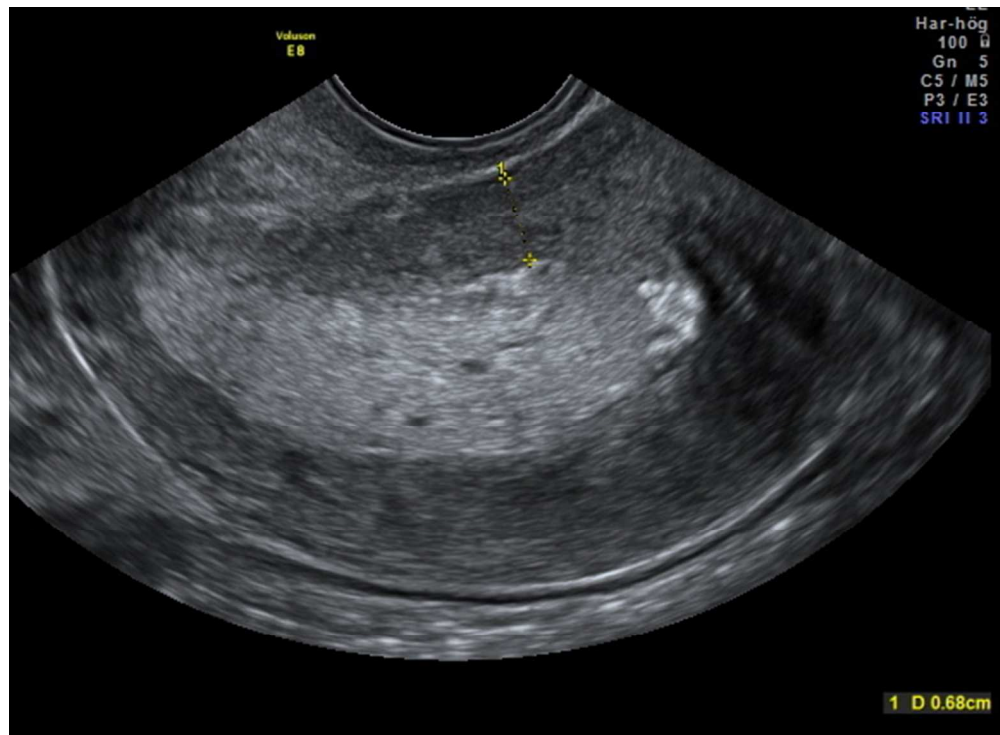
Figure 1. Endometrial tumor measurements; a/distance from outer cervical os to lower margin of the tumor in the sagittal plane.



b/ anteroposterior diameter of the uterus, antero-posterior (tumor thickness) and cranio-caudal (tumor length) tumor diameters in the sagittal plane,



c/ latero-lateral diameter of the uterus (uterine width) and latero-lateral tumor diameter (tumor width) in the transverse plane,



d/ minimal tumor-free margin measured in any plane where the distance from the tumor to the serosa appears to be at its the smallest.

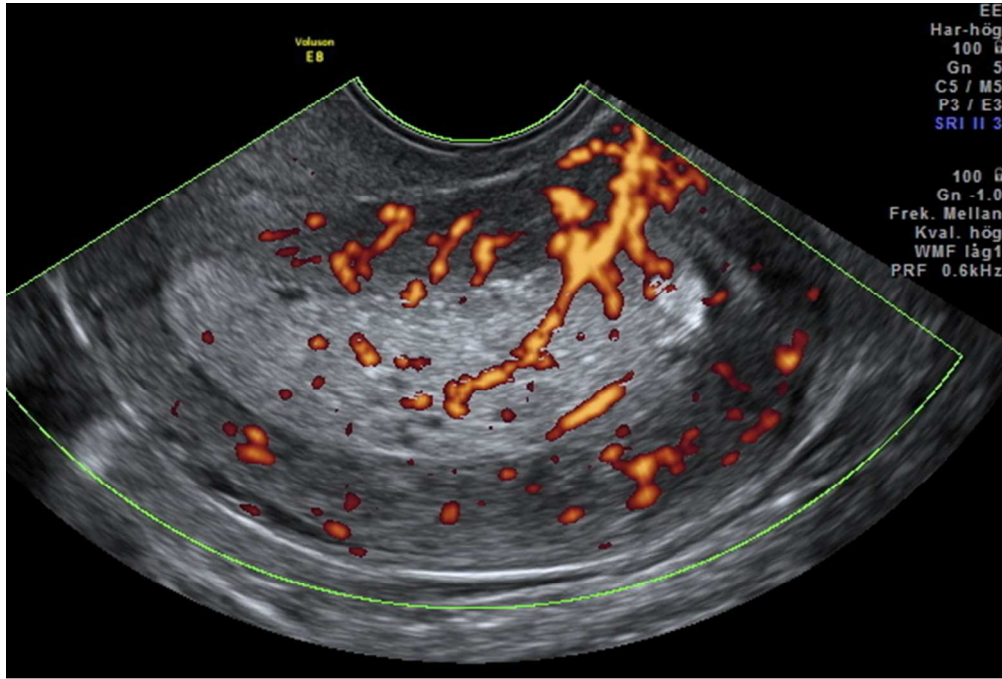
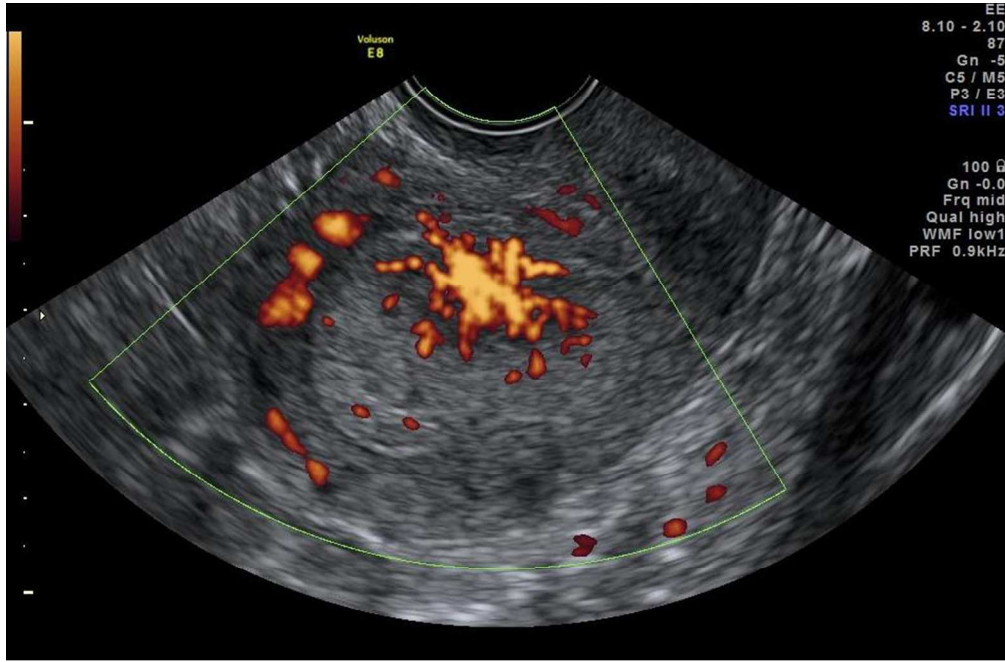
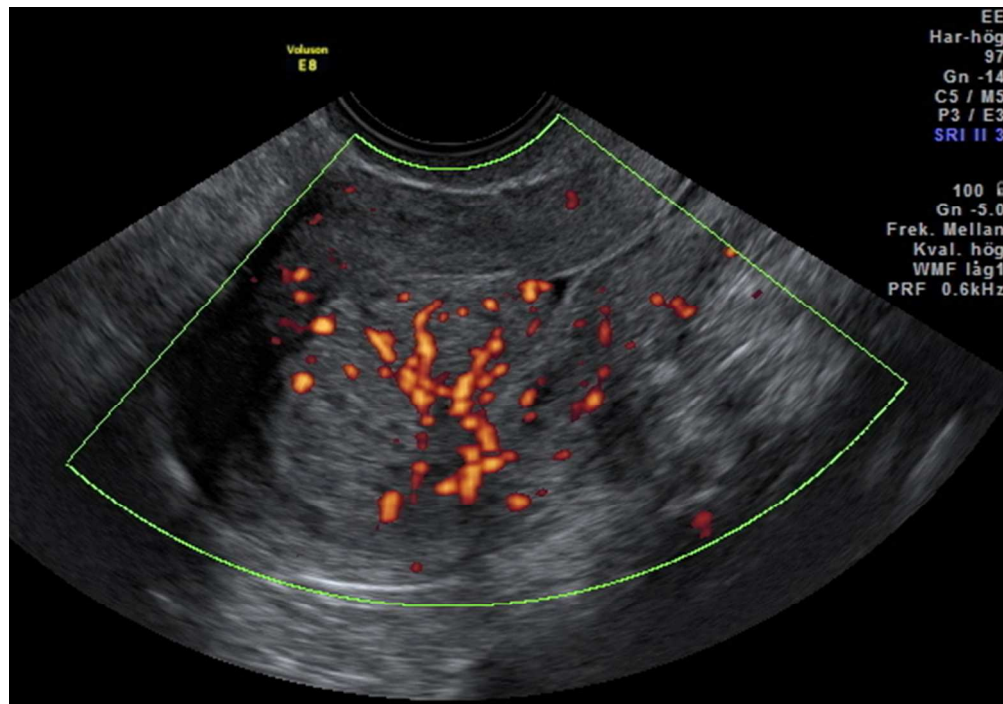


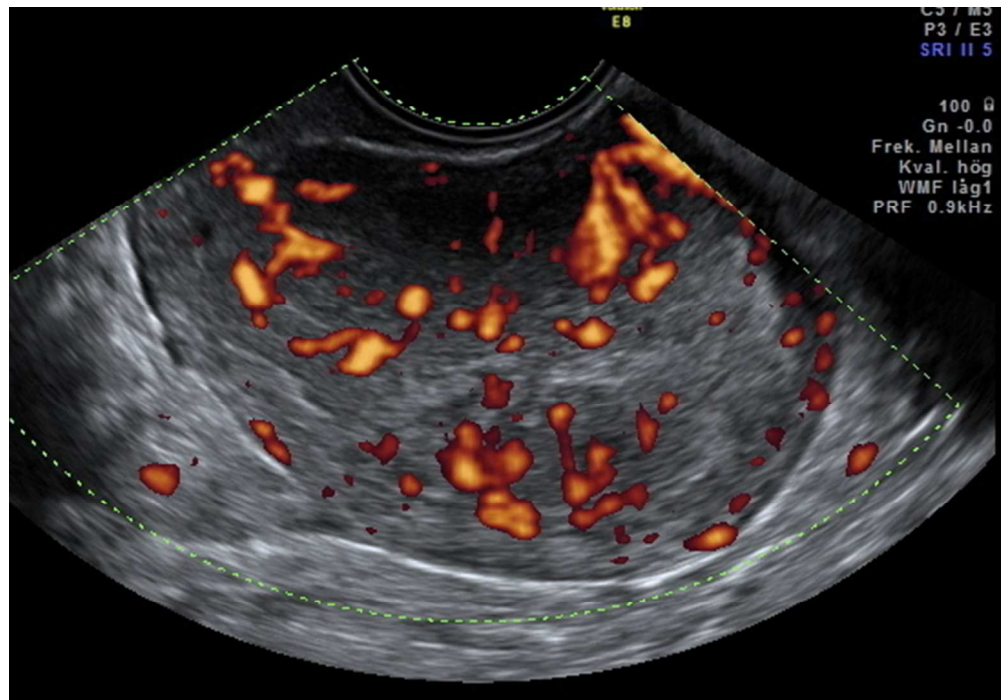
Figure 2. Ultrasound images of endometrioid tumors of different stage and grade; a/ stage IA, grade



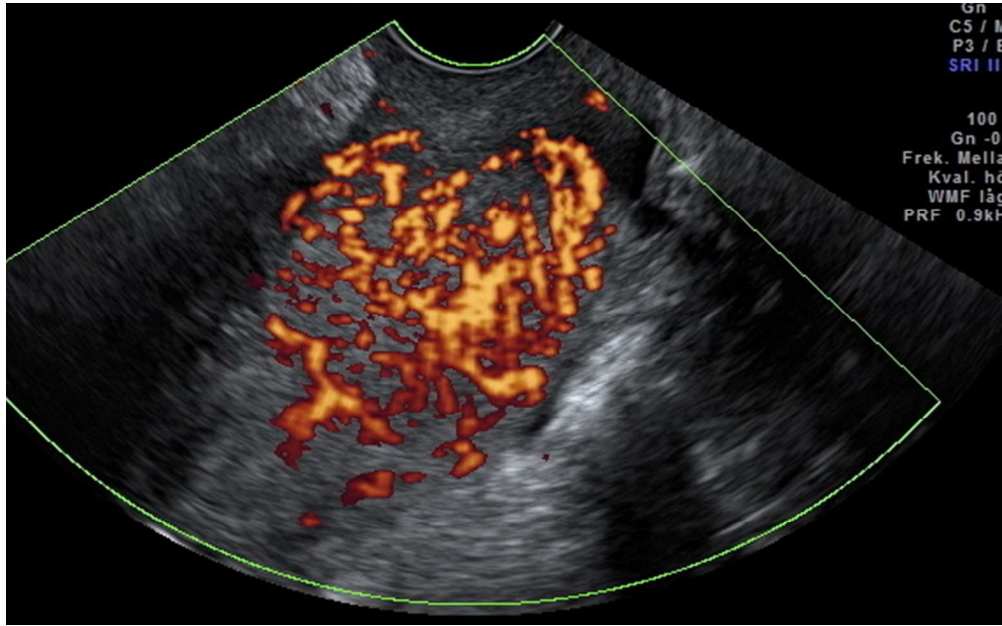
b/ stage IA, grade 2



c/ stage 1A, grade 3



d/ stage IB, grade 1



e/ stage II, grade 3

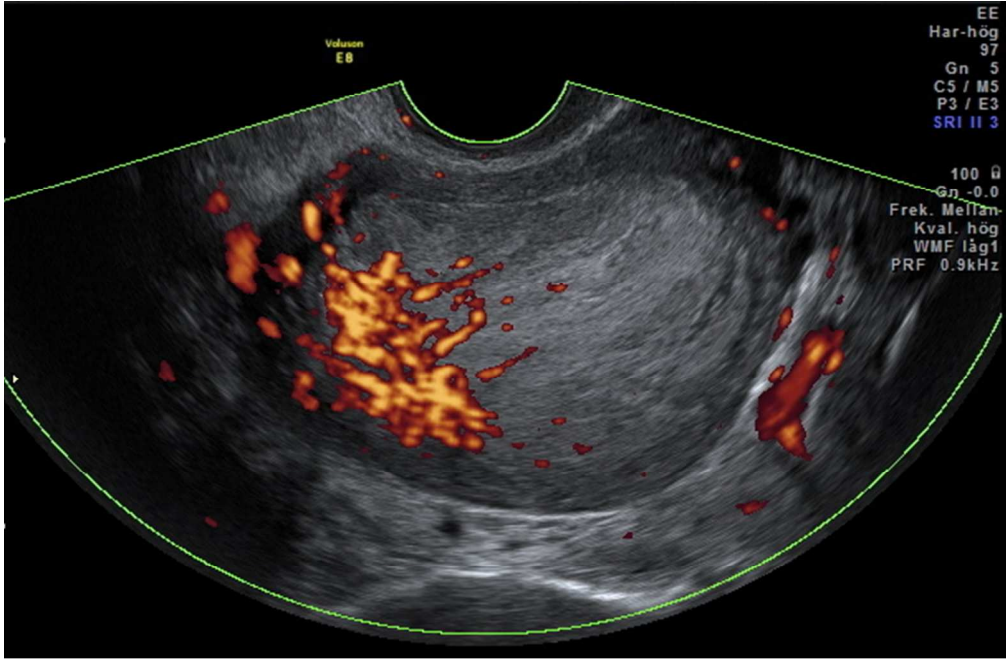
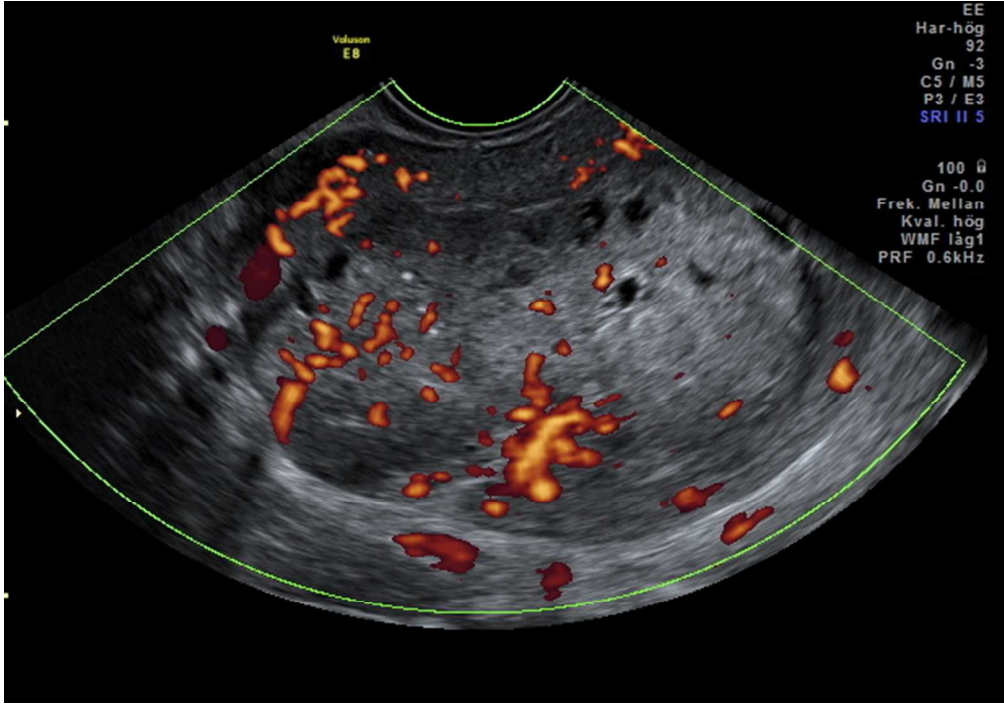
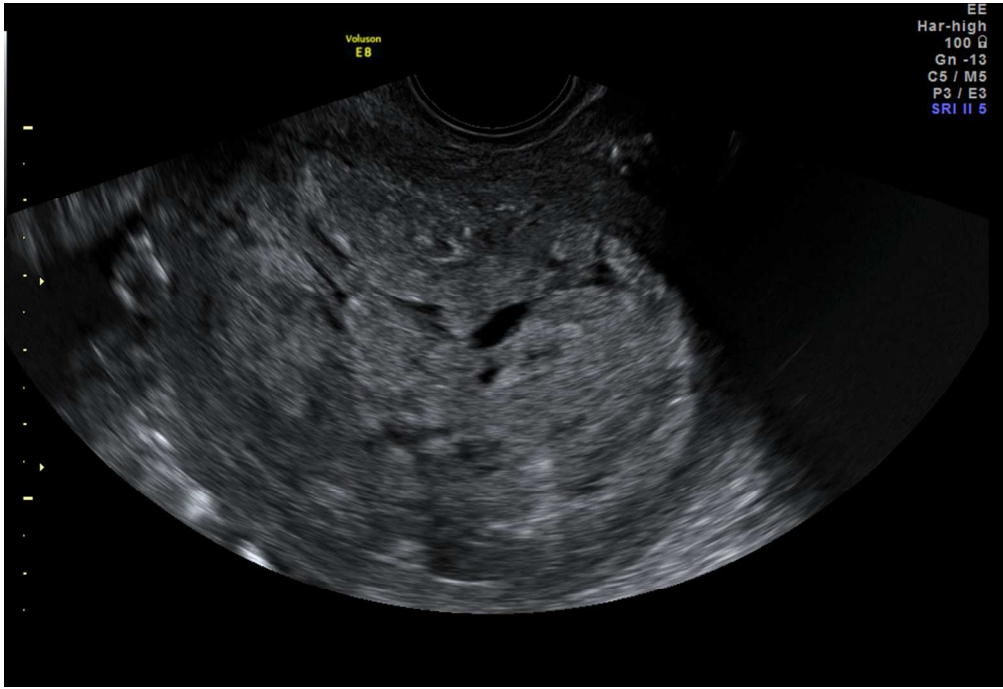


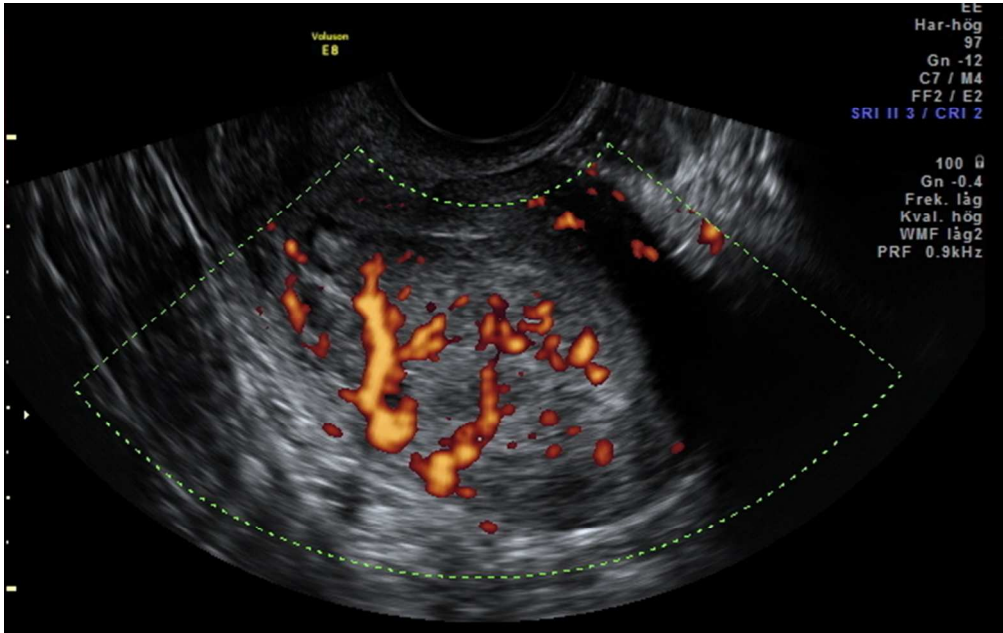
Figure 3. Ultrasound images of endometrial cancer of non-endometrioid histological type; a/ carcinosarcoma, stage IA



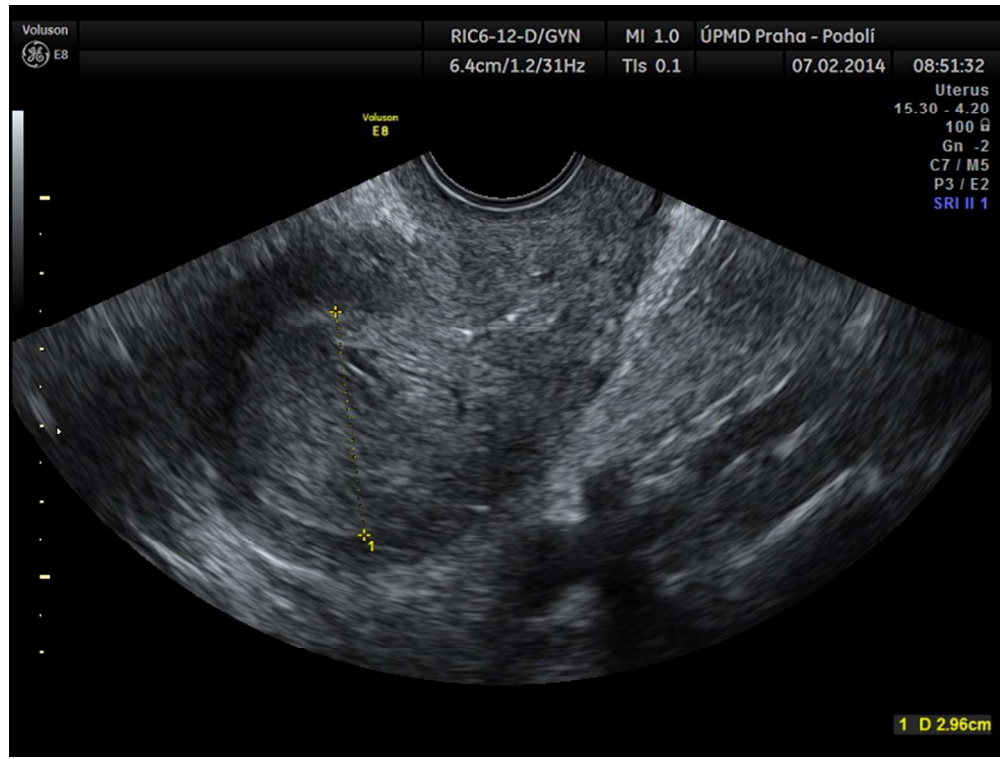
b/ carcinosarcoma, stage IB



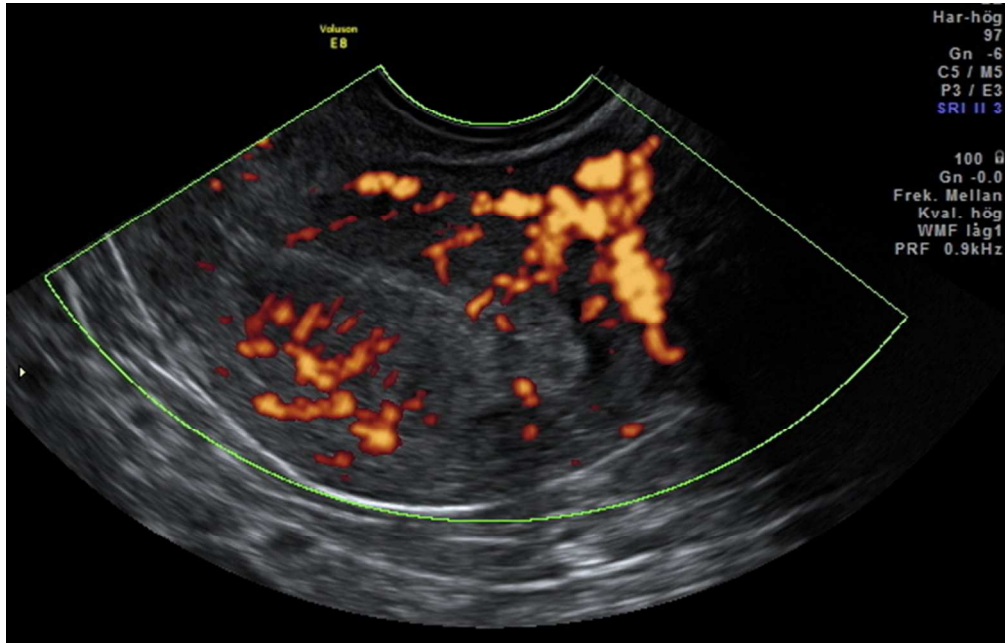
c/ carcinosarcoma, stage II



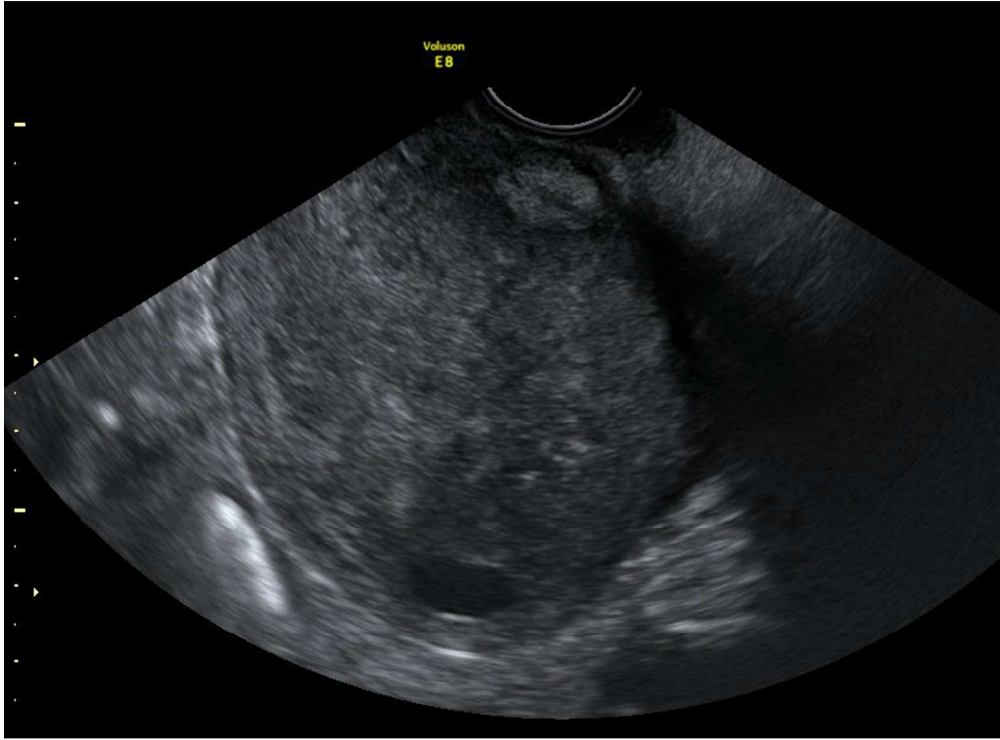
d/ clear cell carcinoma, stage 1A



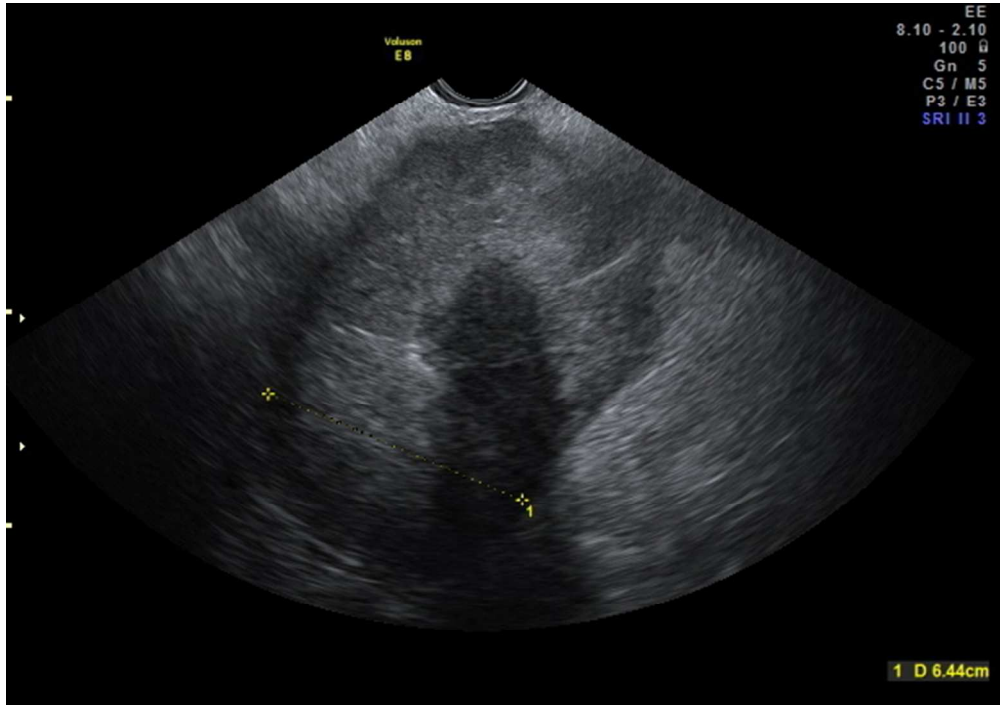
e/ clear cell carcinoma, stage IIIC



f/ serous carcinoma, stage IA



g/ serous carcinoma, stage IV



h/ mixed cell carcinoma, stage IIIC