

### Neovascularization Potential of Blood Outgrowth Endothelial Cells From Patients With Stable Ischemic Heart Failure Is Preserved

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**Background**—Blood outgrowth endothelial cells (BOECs) mediate therapeutic neovascularization in experimental models, but outgrowth characteristics and functionality of BOECs from patients with ischemic cardiomyopathy (ICMP) are unknown. We compared outgrowth efficiency and in vitro and in vivo functionality of BOECs derived from ICMP with BOECs from age-matched (ACON) and healthy young (CON) controls.

*Methods and Results*—We isolated  $3.6\pm0.6$  BOEC colonies/ $100 \times 10^6$  mononuclear cells (MNCs) from 60-mL blood samples of ICMP patients (n=45; age:  $66\pm1$  years; LVEF:  $31\pm2\%$ ) versus  $3.5\pm0.9$  colonies/ $100 \times 10^6$  MNCs in ACON (n=32; age:  $60\pm1$  years) and  $2.6\pm0.4$  colonies/ $100 \times 10^6$  MNCs in CON (n=55; age:  $34\pm1$  years), *P*=0.29. Endothelial lineage (VEGFR2<sup>+</sup>/CD31<sup>+</sup>/CD146<sup>+</sup>) and progenitor (CD34<sup>+</sup>/CD133<sup>-</sup>) marker expression was comparable in ICMP and CON. Growth kinetics were similar between groups (*P*=0.38) and not affected by left ventricular systolic dysfunction, maladaptive remodeling, or presence of cardiovascular risk factors in ICMP patients. In vitro neovascularization potential, assessed by network remodeling on Matrigel and three-dimensional spheroid sprouting, did not differ in ICMP from (A)CON. Secretome analysis showed a marked proangiogenic profile, with highest release of angiopoietin-2 ( $1.4\pm0.3\times10^5$  pg/ $10^6$  ICMP-BOECs) and placental growth factor ( $5.8\pm1.5\times10^3$  pg/ $10^6$  ICMP BOECs), independent of age or ischemic disease. Senescence-associated β-galactosidase staining showed comparable senescence in BOECs from ICMP ( $5.8\pm2.1\%$ ; n=17), ACON ( $3.9\pm1.1\%$ ; n=7), and CON ( $9.0\pm2.8\%$ ; n=13), *P*=0.19. High-resolution microcomputed tomography analysis in the ischemic hindlimb of nude mice confirmed increased arteriogenesis in the thigh region after intramuscular injections of BOECs from ICMP (*P*=0.025; n=8) and CON (*P*=0.048; n=5) over vehicle control (n=8), both to a similar extent (*P*=0.831).

*Conclusions*—BOECs can be successfully culture-expanded from patients with ICMP. In contrast to impaired functionality of ICMPderived bone marrow MNCs, BOECs retain a robust proangiogenic profile, both in vitro and in vivo, with therapeutic potential for targeting ischemic disease. (*J Am Heart Assoc.* 2016;5:e002288 doi: 10.1161/JAHA.115.002288)

Key Words: arteriogenesis • blood outgrowth endothelial cells • cell transplantation • ischemic heart disease • therapeutic neovascularization

**B** lood outgrowth endothelial cells (BOECs) represent an easy accessible, culture-expandable cell source with endothelial lineage specification. BOECs belong to the family of endothelial progenitor cells (EPCs), which harbors a heterogeneous selection of different cell types, participating in and modulating neovascularization. Distinct EPC subtypes are defined using different culture techniques and/or combinations of cell surface markers.<sup>1–3</sup> BOECs, also referred to as circulating endothelial colony-forming cells (ECFCs) or late outgrowth EPCs, are the only cell type featuring the

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characteristics of a "true" EPC, given that these cells are selfrenewing, clonogenic, and able to form capillary-like structures and integrate into functional blood vessels in vitro and in vivo, respectively.<sup>4</sup>

Refractory angina is an increasingly prevalent clinical syndrome with an estimated incidence between 5% and 10% of patients undergoing cardiac catheterization.<sup>5</sup> In patients with ischemic heart disease, refractory to optimal medical treatment and percutaneous or surgical revascularization, progenitor cell transfer may constitute a promising biological alternative ("biological bypass").<sup>6</sup> Autologous BOECs are able to induce neovascularization not only by incorporation into functional vessels, but also through paracrine modulation.<sup>7,8</sup>

One of the major concerns when envisioning autologous (progenitor/stem) cell therapy in cardiovascular medicine, is the presumed dysfunctional progenitor cell phenotype in older and diseased patients burdened with risk factors, as evidenced for early outgrowth EPCs of monocytic origin (also known as circulating angiogenic cells),<sup>9–12</sup> CD133<sup>+</sup>/VEGFR2+ circulating EPCs,<sup>10,13</sup> colony-forming-unit EPCs (CFU-Hill),<sup>13,14</sup> bone-marrow–derived mononuclear cells (MNCs)<sup>15</sup> and hematopoietic stem cells.<sup>11</sup>

Because no data are currently available on BOEC outgrowth and functionality in patients with the greatest unmet clinical need, we compared outgrowth efficiency and in vitro and in vivo functional characteristics of BOECs from patients with severe, but stable, ischemic cardiomyopathy (ICMP) and BOECs from both healthy age-matched (ACON) and young (CON) control subjects.

#### Methods

#### **Study Design**

BOECs were isolated from peripheral blood of patients with stable ischemic cardiomyopathy (left ventricular ejection fraction [LVEF]  $\leq$ 45%; 18–80 years) (ICMP: n=45; Table 1) in follow-up at the outpatient heart failure clinic of the Department of Cardiovascular Diseases at University Hospitals (Leuven, Belgium). The study protocol was approved by the Medical Ethics Committee (S51940), and informed consent was obtained from all patients. The control group consisted of healthy individuals (18–80 years; Table 1) with no evidence/history of coronary artery disease, divided in an age-matched (ACON: n=32) and young (CON: n=55) control populations.

#### **BOEC** Isolation and Expansion

BOECs were isolated and expanded as previously described, with minor modifications.<sup>4,8</sup> In short, the mononuclear fraction from 40- to 60-mL venous blood samples was

#### Table 1. Clinical Characteristics of Study Subjects

	ICMP (n=45)	CON (n=55)	ACON (n=32)	
Age, y	66±1	34±1	60±1	
M/F (%)	91/9	59/41	25/75	
LVEF (%)	31±2	—		
LVEDD, mm	56±1	_	_	
Cardiovascular risk factors		ND		
Hypertension	29/45		7/32	
Diabetes	17/45		0/32	
Hyperlipidemia	38/45		7/32	
Obesity	14/45		6/32	
Smoking	38/45		10/32	
Familial cardiovascular risk	23/45		_	
Extent of coronary artery disease		NA		
One-vessel disease	8/45			
Two-vessel disease	12/45			
Three-vessel disease	25/45			
Medical treatment		0/55		
Aspirin	26/45		0/32	
Thienopyridin	11/45		0/32	
Statin	42/45		2/32	
Beta-blocker	42/45		0/32	
ACE inhibitor/ARB	38/45		1/32	
Spironolactone	23/45		0/32	
Device treatment		0/55	0/32	
CRT-P	3/45			
CRT-D	8/45			
ICD	7/45			

Blood outgrowth endothelial cell (BOEC) isolations were performed in 45 patients with ischemic cardiomyopathy (ICMP), 55 young healthy controls (CON), and 32 age-matched controls (ACON). Left ventricular ejection fraction (LVEF) and left ventricular end-diastolic diameter (LVEDD) were measured by transthoracic echocardiography. ACE inhibitor indicates angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; CRT-D, cardiac resynchronization therapy incorporating an implantable cardioverter defibrillator; CRT-P, cardiac resynchronization therapy without implantable cardioverter defibrillator; ICD, implantable cardioverter defibrillator; NA, not applicable; ND, not determined.

isolated using Ficoll Paque Plus (GE Healthcare, Little Chalfont, UK) density centrifugation. Cells were resuspended in EBM<sub>2</sub> supplemented with a bullet kit (Lonza, Basel, Switzerland), excluding the provided gentamicin and amfotericin singlequots. In addition, the medium was supplemented with an extra 13% of FBS, MEM-NEAA (Gibco, Grand Island, NY), 1% penicillin/streptomycin (Gibco), and 1:550  $\beta$ -Mercaptoethanol (Gibco). Cells were cultured on collagen type I precoated dishes (Cellcoat; Greiner Bio-One GmbH, Kremsmünster, Austria) in a 21% O<sub>2</sub>, 5% CO<sub>2</sub> incubator.



**Figure 1.** BOEC isolation and expansion process. Mononuclear cells (MNCs) were isolated from a single 40- to 60-mL venous blood sample by FicoII density centrifugation. MNCs were seeded on collagen type I precoated dishes and cultured in a 21%  $O_2$ , 5%  $CO_2$  incubator using EBM<sub>2</sub> medium. Medium was changed daily during the first week and every other day after. BOEC colonies started to appear at days 10 to 16 (scale bar, 200  $\mu$ m). Individual BOEC colonies were picked at days 21 to 28, pooled, and culture expanded up to passage 7 or growth arrest. Phenotypic analysis was performed between passages 3 and 5. BOEC indicates blood outgrowth endothelial cell; CFU, colony-forming units.

Individual BOEC colonies were picked at days 21 to 28 and pooled for further polyclonal expansion up to passage 7 or growth arrest. Phenotyping and functional evaluation was performed at passage 3 to 5 (Figure 1). Mycoplasma contamination was excluded, using the MycoAlert Mycoplasma detection kit (Lonza), following the manufacturer's instructions.

#### **Confirmation Endothelial Phenotype**

Cells were stained with Ulex europeus agglutinin (UEA)-lectin (Sigma-Aldrich). Dil-AcLDL uptake (Invitrogen, Carlsbad, CA) and cell surface markers were quantified using flow cytometry (BD FACS Canto II; BD Biosciences, San Jose, CA). CD309 (vascular endothelial growth factor receptor 2; VEGFR-2), CD146 (melanoma cell adhesion molecule), and CD31 (platelet endothelial cell adhesion molecule 1) were selected as endothelial markers, CD34 and CD133 as progenitor markers, and CD45 as a panleukocyte exclusion marker. Antibodies and isotype controls were from Miltenyi Biotec (Cambridge, MA). Gene expression was studied using realtime quantitative PCR (RT-qPCR; StepOnePlus; Applied Biosystems, Foster City, CA) and TagMan Gene Expression Assays (Life Technologies, Carlsbad, CA), focusing on angiogenic growth factors and endothelial markers (Table 2, top). Results are expressed as a  $2^{-\Delta CT}$ -value, relative to HPRT as the housekeeping gene. In addition, the angiogenic secretome was studied in 24-hour conditioned medium (EBM<sub>2</sub>/2%FBS) by ELISA (PLGF, angiopoietin-2 [ANG-2], fibroblast growth factor [FGF] 2, platelet-derived growth factor-BB [PDGF-BB], VEGF<sub>165</sub>, insulin-like growth factor 1 [IGF-1], and HGF, hepatocyte growth factor [HGF]; Quantikine; all from R&D Systems, Minneapolis, MN; Table 2, bottom).

#### **Proliferation Potential**

Cell numbers were calculated at every passage in order to derive expansion curves and calculate population doubling times throughout the entire expansion process. In addition to growth kinetics, senescence was quantified by senescence-associated  $\beta$ -galactosidase staining (Senescence Detection Kit; BioVision, Inc., Milpitas, CA). The number of blue cells was manually counted and reported as a percentage of the entire cell population.

#### In Vitro Oxidative Stress

Production of reactive oxygen species (ROS) was quantified using CM-H<sub>2</sub>DCFDA (Molecular Probes, Eugene, OR) as a fluorescent ROS indicator (Ex/Em: 492-495/517-527). Cells were loaded with a final dye concentration of 10  $\mu$ mol/L for 30 minutes at 37°C. Intensity of the fluorescence was

Table 2	2.	Transcriptional	Analysis	and	Secretome	of	BOECs
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RT-qPCR (2 <sup><math>-\Delta CT</math></sup> vs HPRT)	ICMP (n=15)	ICMP (n=15)		CON (n=9)		CON (n=10)	1-Way ANOVA	
Endothelial markers								
vWF	7.120±2.620	7.120±2.620		7.330±4.370		390±0.655	<i>P</i> =0.69	
NOS-3	0.101±0.029		0.072±0.044		0.	184±0.045	<i>P</i> =0.05	
Angiogenic/arteriogenic growth factors								
PLGF	1.010±0.319	1.010±0.319		0.639±0.230		755±0.216	<i>P</i> =0.97	
ANG-2	1.140±0.592	1.140±0.592 0.64		0.216 1		47±0.381	<i>P</i> =0.06	
FGF-2	0.337±0.110	0.337±0.110		0.344±0.082		243±0.040	<i>P</i> =0.46	
PDGF-BB	0.918±0.362	0.918±0.362		0.648±0.131		809±0.309	<i>P</i> =0.65	
VEGF	0.063±0.017	0.063±0.017		0.087±0.037		083±0.015	<i>P</i> =0.20	
IGF-1	0.015±0.008	0.015±0.008		0.006±0.002		016±0.007	<i>P</i> =0.81	
HGF	0.007±0.004	0.007±0		003 0.		031±0.008	<i>P</i> <0.05* <sup>,†</sup>	
ELISA	ICMP (n=15)	CON (n=9)		ACON (n=15)		1-Way ANOVA	HCAEC Reference (n=3)	
hPLGF (pg/10 <sup>6</sup> cells)	5772±1525	5772±1525 6133±14		2767±368		<i>P</i> =0.13	2326±579	
hANG-2 (ng/10 <sup>6</sup> cells)	140±31			83±11		<i>P</i> =0.66	12±4	
hFGF (pg/10 <sup>6</sup> cells)	hFGF (pg/10 <sup>6</sup> cells) 965±730		±160 56±8			<i>P</i> <0.05* <sup>,†</sup>	133±54	
hPDGF-BB (pg/10 <sup>6</sup> cells) 170 $\pm$ 50 1		184±90		37±8		<i>P</i> =0.04	20±8	

ANG-1, EGF, HGF, IGF1, and VEGF below detection limit of the assay. All transcriptional results are expressed as a 2<sup>-ΔCT</sup>-value, relative to *HPRT* as the housekeeping gene. ACON indicates age-matched controls; ANG-1/2, angiopoietin-1/2; BOEC(s), blood outgrowth endothelial cell(s); CON, healthy young controls; FGF, fibroblast growth factor; HCAEC, human coronary artery endothelial cells; HGF, hepatocyte growth factor; ICMP, ischemic cardiomyopathy patients; IGF-1, insulin-like growth factor 1; NOS-3, nitric oxide synthase 3; PDGF-BB, platelet-derived growth factor-BB; PLGF, placental growth factor; RT-qPCR, reverse-transcriptase polymerase chain reaction; VEGF, vascular endothelial growth factor; vWF, von Willebrand factor. One-way ANOVA post-test comparison: \**P*<0.05: ICMP vs ACON; <sup>†</sup>CON vs ACON.

measured using a fluorescence plate reader at baseline, 10 and 45 minutes after exposure to 500  $\mu$ mol/L H<sub>2</sub>O<sub>2</sub>. Additionally, cells were exposed to 1000  $\mu$ mol/L of H<sub>2</sub>O<sub>2</sub> for 24 hours, after which cell viability was quantified by flow cytometry using 7-aminoactinomycin D (7-AAD) as a viability marker.

#### In Vitro Neovascularization Potential

In a matrigel "network remodeling" (Tube Formation) assay (BD Matrigel Basement Membrane Matrix, 354234; BD Biosciences), a total of 75 000 BOECs were seeded per 24well, coated with 300 µL of Matrigel. Phase contrast mosaic images were acquired of the complete well after 6 hours of incubation. The cellular network was manually delineated in order to semiautomatically quantify total network length and the number of intersections using ImageJ software (National Institutes of Health, Bethesda, MD). Additionally, sprouting angiogenesis was studied using a three-dimensional (3D) spheroid sprouting assay in collagen gel, as previously described with minor modifications.<sup>16</sup> In short, BOEC spheroids containing 1000 cells were generated by suspension culture in EBM<sub>2</sub> culture medium containing 0.25% (w/v) carboxymethylcellulose, seeded in nonadherent round-bottomed 96-well plates. Under these conditions, all suspended cells contribute to the formation of a single BOEC spheroid

per well. These spheroids were harvested within 24 hours and embedded in collagen gels (Rat Tail Collagen Type I; Corning, Corning, NY), as previously described.<sup>16</sup> The length of the 3 longest capillary-like sprouts that had grown out of each spheroid was measured after 24 hours. A total of  $20\pm2$  spheroids per sample were analyzed.

#### In Vivo Neovascularization Potential

All animal procedures were approved by the Ethics Committee on Animal Use of KU Leuven (Leuven, Belgium) and conform to the Guide for the Care and Use of Laboratory Animals published by the U.S. National Institutes of Health. Female 8to 10-week-old athymic NMRI nude mice (Janvier Labs, Le Genest-Saint-Isle, France) were anesthetized with an intraperitoneal injection of ketamine (100 mg/kg) and xylazine (15 mg/kg). The common, superficial, and deep femoral artery of the right leg were ligated and transsected in between. Laser Doppler measurements (PIM-II; Lisca Development AB, Linköping, Sweden) were performed under 2% isoflurane gas anesthesia and temperature-controlled conditions (37°C) 5 days after hindlimb ischemia surgery to assess degree of flow reduction. Only animals with ≥55% flow reduction in the ischemic versus nonligated control limb were included in the study.



**Figure 2.** BOEC outgrowth characteristics. BOECs can be isolated to the same extent from patients and controls (A), irrespective of age (B), severity of the disease process (C, D, and E), and cardiovascular risk factors (F and G). The linear regression line is surrounded by 95% confidence bands (C). 1/2/3-VD indicates 1/2/3-vessel disease; ACON, age-matched controls; CON, healthy young controls; CVRF, cardiovascular risk factors; DM, diabetes mellitus; ICMP, ischemic cardiomyopathy patients; LVEDD, left ventricular end diastolic diameter; LVEF, left ventricular ejection fraction; y, years.

Intramuscular injections of 250 000 BOECs from patients (ICMP) or young controls (CON) versus vehicle control (PBS) were performed in the ischemic hindlimb, 5 days after the ligation procedure. Cells were resuspended in 100  $\mu$ L of PBS and subsequently injected into the thigh region (5×10  $\mu$ L) and gastrocnemius muscle (5×10  $\mu$ L) using a 1-mL 29G syringe. Intraperitoneal anti-asialo-GM1 injections (Wako Chemicals, Inc., Dallas, TX) were performed once a week to suppress residual natural killer cell activity.

Mice were euthanized 21 days after femoral artery ligation. At sacrifice, mice were sedated with an intraperitoneal injection of Nembutal 70 mg/kg. A midline sternotomy was performed to expose the heart, followed by insertion of a winged 25G needle (Mycroflex; Vygon, Ecouen, France) into the LV apex and removal of the right auriculum. Vessels were perfused by the LV cavity with 20 mL of saline, containing 100 IU/mL of unfractionated heparin, in order to remove the blood and prevent clotting. Tissue was subsequently fixed by a 15-mL perfusion with neutral buffered formalin 10%, followed by 20 mL of saline to wash out the fixative. A final perfusion with a preheated mixture of 30% barium sulphate (Micropaque; Guerbet, France) and 2% gelatin was performed in order to visualize the vessel tree on post-mortem angio



**Figure 3.** BOEC phenotype. BOECs display the typical cobblestone morphology (A) (scale bar, 200 μm), stain positive for UEA-lectin and the endothelial marker, CD31 (B) (scale bar, 20 μm), and take up acetylated LDL (C) (scale bar, 20 μm). Representative flow cytometry analysis (D) for endothelial markers (CD31<sup>+</sup>/CD309<sup>+</sup>/CD146<sup>+</sup>), progenitor markers (CD34<sup>+</sup>/CD133<sup>-</sup>), and a panleukocytic marker (CD45<sup>-</sup>) on ICMP-BOECs. Flow cytometry data (red line in histogram) are expressed in relation to respective isotype controls (black line in histogram) and a quantitative comparison with CON-BOECs is shown in the table. BOEC indicates blood outgrowth endothelial cell; CON, healthy young controls; DAPI, 4',6-diamidino-2-phenylindole; ICMP, ischemic cardiomyopathy patients; LDL, low-density lipoprotein; UAE, *Ulex europeus* agglutinin.

microCT (computed tomography). Mice were stored on ice overnight to solidify the gelatin and fix the contrast agent in the vessels.

The hind limbs were scanned with a high-resolution microCT (50 kV, 200  $\mu$ A, 10 W; SkyScan-1172; SkyScan, Virginia Beach, VA) at a pixel size of 8  $\mu$ m, providing highly detailed, quantitative 3D structural data of the perfused "vessel tree" of the complete limb. The individual two-dimensional (2D) images were reconstructed into a 3D data set with isotropic voxel size of 8  $\mu$ m using the manufacturer's dedicated software (NRecon; SkyScan). Analysis was performed using in-house developed custom-made software (MeVisLab based; MeVis Medical Solutions AG, Bremen, Germany) after an additional downsampling step by a factor of 4, for reasons of computational feasibility. The 3D vessel tree was automatically segmented for semiautomatic quantification. Data in the ligated leg were analyzed versus the nonligated control leg.

## Histology: *Arthrobacter luteus* Repeats and Combined hCD31/BS-I Lectin Staining

Adductor and gastrocnemius muscles, as well as lung, spleen, liver, kidney and heart on a separate set of animals not perfused with gelatin/barium-sulfate were collected and paraffin-embedded to study BOEC incorporation and biodistribution. BOEC-incorporation into the vasculature of adductor and gastrocnemius muscles, was studied by combined chromogenic in situ hybridization for *Arthrobacter luteus* (ALU)-repeats (ALU Positive Control Probe-II and ISHiVIEW Blue Plus Detection Kit; Ventana Medical Systems, Inc., Oro Valley, AZ), as the primate-specific sequence, and dual immunofluorescence staining for human (h) CD31 (antihCD31  $IgG_{1,\kappa}$ , m0823; Dako, Carpinteria, CA) and BS-I Lectin (L3759; Sigma-Aldrich) on adjacent sections. An initial acute retention and biodistribution study was performed, 24 hours after intramuscular injections (6 days after ligation) of



**Figure 4.** BOEC expansion potential. Growth kinetics, studied by population doubling times (A3) and the slope of the  $\log_{10}(expansion curves)$  (A1,2), showed similar proliferation rates in BOECs from ICMP patients and controls. Growth kinetics were studied from the start of the polyclonal phase, defined as day 0, the time point at which individual BOEC colonies were picked and pooled for culture expansion. The number of senescent cells, quantified as the percentage of blue cells in the senescence-associated  $\beta$ -galactosidase staining (B1) (scale bar, 200 µm), did not differ between patients and controls (B2). ACON indicates age-matched controls; BOEC, blood outgrowth endothelial cell; CON, healthy young controls; ICMP, ischemic cardiomyopathy patients.



**Figure 5.** BOEC response to oxidative stress: ROS production was quantified using CM-H<sub>2</sub>DCFDA as a fluorescent ROS indicator. No differences were noted in baseline ROS production in BOECs isolated from ICMP and CON (A). Moreover, induction by 500  $\mu$ mol/L of H<sub>2</sub>O<sub>2</sub> showed a similar increase in ROS production in ICMP and CON (A). Additionally, 24 hours of exposure to 1000  $\mu$ mol/L of H<sub>2</sub>O<sub>2</sub> did not show significant differences in BOEC viability between ICMP and CON, quantified by flow cytometry using 7-AAD as a viability marker (B). 2-way RM ANOVA indicates 2-way repeated-measures ANOVA; 7-AAD, 7-aminoactinomycin D; BOEC, blood outgrowth endothelial cell; CON, healthy young controls; ICMP, ischemic cardiomyopathy patients; ROS, reactive oxygen species.

250 000 BOECs labeled by lentiviral overexpression of Cherry fluorescent protein. Moreover, chronic engraftment was quantified at 21 days.

#### **Statistical Analysis**

All data are presented as mean $\pm$ SEM. Intergroup differences were analyzed using 2-tailed unpaired *t* tests or 1-way ANOVA followed by a Bonferroni post-hoc test for normally distributed data. Non-normally distributed data were compared using a nonparametric Mann–Whitney test or nonparametric

Kruskal–Wallis test followed by Dunn's post-hoc test. Pearson correlations were performed to analyze linear covariation between normally distributed data sets, whereas Spearman nonparametric correlation was performed for nonparametric datasets. A probability value of P<0.05 was considered statistically significant. All analyses were performed using Prism 5.0a software (version 5.0a; GraphPad Software Inc., La Jolla, CA).

#### Results

#### **Patient Characteristics**

BOEC isolations were performed in 45 patients (ICMP,  $66\pm1$  years) and 32 healthy age-matched (ACON,  $60\pm1$  years) and 55 healthy young (CON,  $34\pm1$  years) controls (Table 1). Global systolic LV function was impaired (LVEF  $31\pm2\%$ ) without concomitant adverse LV remodeling (left ventricular end diastolic diameter [LVEDD],  $56\pm1$  mm) in the majority of patients. Adverse LV remodeling, defined as an LVEDD  $\geq 60$  mm on a transthoracic acquired echocardiography parasternal long axis view, was present in 12 of 45 (26.7%) patients. Four patients were excluded from the study because blood was taken less than 1 month after device implantation.

#### **BOEC Outgrowth Efficiency**

Starting from 40 to 60 mL of whole blood, a mean of  $3.6\pm0.6$  BOEC colonies/100×10<sup>6</sup> MNCs could be obtained from patients versus  $3.5\pm0.9$  from age-matched controls and  $2.6\pm0.4$  from healthy young controls (*P*=0.29; Figure 2A). Colonies could be obtained in 84% of ICMP, 72% of ACON and 82% of CON. The number of BOEC colonies obtained in our ICMP population increased with age (*r*=0.42; *P*<0.01; Figure 2B), but was not affected by severity of the disease process, assessed by LVEF (*r*=-0.12; Figure 2C) or adverse LV remodeling (Figure 2D). BOEC outgrowth was independent of the extent of coronary artery disease, number of cardiovascular risk factors, and presence of diabetes mellitus (Figure 2E through 2G).

#### **BOEC Phenotype**

BOECs uniformly expressed CD31, bound lectin, and took up Dil-AcLDL (representative examples are shown in Figure 3A through 3C). Flow cytometry evaluation of endothelial (CD31<sup>+</sup>, CD309<sup>+</sup>, and CD146<sup>+</sup>) and progenitor (CD34<sup>+</sup>, CD133<sup>-</sup>) cell surface markers did not differ between groups (Figure 3D). The panleukocyte marker, CD45, was absent in all groups. RTqPCR neither showed differences in expression for additional endothelial markers, such as *VWF* and *NOS3* (Table 2, top).



**Figure 6.** BOEC Matrigel network formation potential. Network remodeling was photographed using phase-contrast mosaic acquisition (A, top panel) and subsequently manually delineated (A, lower panel—network delineation in red) in order to quantify total network length and the number of intersections (scale bar, 1000 µm). Total network length (B1) and the number of intersections (B2) in patients did not differ from controls. Severity of the disease process, assessed by left ventricular ejection fraction (LVEF), did not compromise in vitro network formation potential (C1,2). Linear regression lines are surrounded by 95% confidence bands (C1,2). ACON indicates age-matched controls; BOEC, blood outgrowth endothelial cell; CON, healthy young controls; ICMP, ischemic cardiomyopathy patients.

#### **BOEC Proliferation Potential**

We aimed to expand our cells to a target dose of  $\approx 30 \times 10^{6}$ BOECs from 60 mL of whole blood, a cell number with proven functional benefit in our porcine myocardial ischemia/reperfusion model.<sup>7</sup> Proliferation potential, studied by growth kinetics and senescence-associated  $\beta$ -galactosidase staining, did not show differences between BOECs from ICMP and (A) CON. Population doubling times (*P*=0.16) and slopes of the log<sub>10</sub>(expansion curves) (*P*=0.38) showed comparable growth kinetics (Figure 4A). The number of senescent cells was 5.8±2.1% in ICMP (n=17) versus 3.9±1.1% and 9.0±2.8% of total BOECs in ACON (n=7) and CON (n=13), respectively (*P*=0.19; Figure 4B). Starting from a single 60-mL blood sample in our patient population, expansion up to 30×10<sup>6</sup> BOECs was achieved in 52% of isolations, if initial BOEC colonies were obtained. The number of initial BOEC colonies (P<0.0001) and the time of appearance of the first clone (P=0.005) were major predictors of expansion success. If expansion up to  $30 \times 10^6$  cells could be achieved, the average number of BOEC colonies to start from was  $9.9\pm2.3$ /isolation with an appearance at day  $12\pm1$ . In contrast, if expansion up to  $30 \times 10^6$  cells failed, on average only  $2.5\pm0.5$  colonies/ isolation were initially obtained with an appearance at day  $16\pm1$ . Clinical, biochemical, or hematological predictors of expansion potential could not be identified.

#### **BOEC Response to Oxidative Stress**

No differences were noted in baseline reactive oxygen species (ROS) production in BOECs isolated from ICMP (n=5) and CON (n=6; P=0.37; Figure 5A). Moreover, induction by 500 µmol/L of H<sub>2</sub>O<sub>2</sub> showed comparable increase in ROS production in ICMP and CON, 10 and 45 minutes after exposure (P=0.60;



**Figure 7.** BOEC 3D spheroid sprouting assay: BOEC spheroids, containing 1000 cells, were embedded into collagen gels. The length of the 3 longest capillary-like sprouts that had grown out of each spheroid was measured after 24 hours. No differences were noted in average sprout length between ICMP and CON (A). Representative images of sprouting BOEC spheroids from ICMP (B) and CON (C) (scale bar, 200  $\mu$ m). 3D indicates three-dimensional; BOEC, blood outgrowth endothelial cell; CON indicates healthy young controls; ICMP, ischemic cardiomyopathy patients.

Figure 5A). Additionally, 24 hours of exposure to 1000  $\mu$ mol/ L of H<sub>2</sub>O<sub>2</sub> did not show significant differences in BOEC viability between ICMP (n=6) and CON (n=6; *P*=0.11; Figure 5B).

#### **BOEC In Vitro Neovascularization Potential**

We subsequently focused on functional neovascularization potential of the obtained cell populations. In vitro vasculogenic potential, explored using the Matrigel network remodeling assay (Figure 6A), did not show differences in the number of network intersections between cells from ICMP and (A)CON (P=0.32; Figure 6B). Total network length did not differ between cells from ICMP and (A)CON. An increase in network length was, however, noted in aged versus young controls. Severity of the disease process, assessed by LVEF, did not impair in vitro network formation potential. On the contrary, LVEF inversely correlated with total network length (r=-0.57; P=0.01; n=16) and the number of intersections (r=-0.53; P=0.03; n=16; Figure 6C). Body mass index (BMI) was positively correlated with in vitro vasculogenic potential (r=0.58; P=0.02; n=16). No other major clinical, biochemical, or hematological predictors could be identified. Additionally, in vitro angiogenesis potential, explored using a 3D spheroid sprouting assay in collagen gel, did not show differences in sprouting angiogenesis between BOECs from ICMP and CON (P=0.70; Figure 7).

RTqPCR and ELISA documented a marked proangiogenic profile with high expression of angiogenic growth factors (ANG-2, PLGF, PDGF-BB, FGF-2, and VEGF) both in BOECs from patients and controls (Table 2). ANG-2 and PLGF were the most abundant angiogenic growth factors in 24-hour conditioned medium, with similar amounts secreted by BOECs from ICMP and healthy subjects ([A]CON) (P=0.66 and 0.13 for ANG-2 and PLGF, respectively).

#### **BOEC In Vivo Neovascularization Potential**

Initial acute retention and biodistribution studies, using Cherry-labeled BOECs, documented multiple clusters and singlets of transplanted cells in the femoral and tibiofibular region 24 hours after intramuscular cell delivery (average of 312 BOECs/4.5 mm<sup>2</sup>), mainly localized in perimuscular connective tissue (Figure 8). No detectable distribution was observed in lungs, spleen, liver, kidneys, and heart.

Doppler flow index at inclusion (5 days after hindlimb ischemia surgery) was similar in all groups (vehicle control: 35.9±1.5; CON-BOECs: 35.5±1.8; ICMP-BOECs: 35.9±2.0; P=0.98). High-resolution angio microCT of the upper leg confirmed enhanced BOEC-mediated arteriogenesis in comparison to vehicle control, 21 days after surgery (Figure 9). Although total vessel length and the number of vessel branch points tended to be increased after BOEC delivery from both CON and ICMP (Figure 9B), therapeutic effects were confined to smaller arterioles with a diameter ranging from 32 to 64 µm (Figure 9D), corresponding to collateral arteries, as documented by Scholz and Schaper.<sup>17,18</sup> Importantly, increased arteriogenesis was observed after transplantation of BOECs from healthy young controls (P=0.048) and ICMP patients (P=0.025) over vehicle control, both to a similar extent (P=0.831). Clinically, BOECs were able to prevent additional amputations after cell delivery (5 days after hindlimb ischemia surgery). A total of 3 of 14 animals suffered from additional amputations after injections of vehicle control versus none in the BOEC-injected groups.

Immunostaining for human CD31 and in situ hybridization for primate specific ALU-repeat sequences could detect incorporation of rare human BOECs into murine vessels in the ischemic hindlimb 21 days after surgery (Figure 10). Engraftment, studied in 3 versus 3 mice, showed  $4\pm 2$ 

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**Figure 8.** Acute BOEC retention. Confocal microscopy documents multiple clusters (A1) and singlets (A2) of Cherry-labeled BOECs (red), 24 hours after intramuscular injection into the ischemic hindlimb. These findings were confirmed by immunofluorescence microscopy for human CD31 (red; labeling only transplanted cells) and BS-I-Lectin (green; labeling host endothelium) (B1) and in situ hybridization for primate-specific ALU-repeat sequences (dark blue) on the respective adjacent slides (B2) (scale bar, 100 µm). Clusters and singlets of human BOECs are indicated by white arrows. ALU indicates *Arthrobacter luteus*; BOEC(s), blood outgrowth endothelial cell(s); CON indicates healthy young controls; ICMP, ischemic cardiomyopathy patients.

incorporated ICMP-BOECs/4.5 mm<sup>2</sup> versus  $3\pm 2$  incorporated CON-BOECs/4.5 mm<sup>2</sup>. This limited incorporation after injection of 250 000 BOECs/mouse suggests a concomitant paracrine contribution of the transplanted cell population to their documented neovascularization potential.<sup>7,8</sup>

#### Discussion

We report that BOECs can be successfully isolated and culture-expanded from patients with severe, but stable,

ischemic cardiomyopathy, irrespective of age, severity of myocardial systolic dysfunction, or degree of maladaptive LV remodeling. These cells show a robust and consistent endothelial progenitor phenotype with comparable proliferation kinetics and without evidence of increased senescence when compared to cells isolated from young or age-matched healthy subjects. We did not document differences in in vitro neovascularization potential of BOECs from patients or controls, because they form comparable vascular networks in Matrigel, demonstrate similar sprouting potential in a 3D spheroid-sprouting angiogenesis assay, and secrete high



**Figure 9.** In vivo neovascularization potential assessed by angio microCT: Representative 3D reconstructions (left panel) and quantitative analysis (right panel). Representative 3D angio microCT reconstructions illustrate an enhanced neovascularization response in the thigh region after intramuscular injections of BOECs from both patients (ICMP) and CON (A). Twenty-one days after hindlimb ischemia surgery, angio microCT quantifications documented a trend toward increased vessel length (B1) and number of vessel branch points (B2) in the thigh region (A and C) after intramuscular BOEC injections of patients (ICMP) and CON in comparison to vehicle control (PBS). BOEC-mediated effects were confined to arterioles 32 to 64  $\mu$ m in diameter (2-tailed unpaired *t* tests) (D). All results from the ischemic hindlimb (HLI) are expressed in relation to the contralateral control leg (CONT). 3D indicates three-dimensional; BOEC, blood outgrowth endothelial cell; CON indicates healthy young controls; CT, computed tomography; ICMP, ischemic cardiomyopathy patients; ROI, region of interest.

levels of potent angiogenic and arteriogenic factors. After in vivo cell transfer, BOECs from patients and healthy donors increase collateral vascular remodeling in the thigh region of nude mice, with significant induction of arterioles 32 to 64  $\mu$ m in diameter and prevention of imminent amputations after cell delivery.

In contrast to various other EPC subtypes studied as biomarkers of cardiovascular risk and disease,<sup>14,19</sup> we did not observe inverse correlations between the number of BOEC outgrowth colonies and severity of the ischemic atherosclerotic disease process. We did not observe a disease-related increase in the number of BOEC colonies obtained, as was previously shown during active inflammation, tissue damage, and intense vascular remodeling (acute myocardial infarction,<sup>20</sup> acute ischemic stroke,<sup>21,22</sup> rheumatoid arthritis,<sup>23</sup> neovascular age-related macular degeneration,<sup>24</sup> or extensive burns<sup>25</sup>). In our patient population with stable ischemic heart failure, optimally treated according to current guidelines, a similar number of BOEC colonies were obtained in patients and healthy controls. These findings are consistent with earlier data in statin-treated patients with premature coronary artery disease.<sup>26</sup> Within our patient cohort, we did, however, note a mild positive correlation between age and BOEC outgrowth, absent in our control population.

Because of limited cell retention after intracoronary or intramyocardial delivery, a sufficient cell mass is needed to obtain therapeutic effects in the target region as previously shown in domestic swine.<sup>7</sup> Starting from a single 60-mL blood sample, we were able to achieve our expansion goal of  $30 \times 10^6$  cells in 52% of patients, with similar growth kinetics in controls. Given that we showed expansion success to be highly dependent on the number of initial BOEC colonies

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**Figure 10.** Human BOECs incorporate into murine blood vessels. Immunofluorescence costaining for human CD31 (A1,B1), BS-I-Lectin (A2, B2), and DAPI nuclear counterstain (A3,B3) demonstrates human BOEC incorporation (red) into murine blood vessels (green) in the adductor (A) and gastrocnemius (B) region, 21 days after hindlimb ischemia surgery (scale bar, 20 μm). These findings were confirmed by in situ hybridization for primate-specific ALU-repeat sequences on adjacent slides, showing incorporated human BOECs in dark blue (A5,B5) (A5 scale bar, 100 μm; B5 scale bar, 50 μm). Field of view of the immunofluorescence images is indicated in red. Engrafted human BOECs are indicated by white arrows. ALU indicates *Arthrobacter luteus*; BOEC(s), blood outgrowth endothelial cell(s); DAPI, 4',6-diamidino-2-phenylindole.

obtained, increasing the number of MNCs by increasing the volume of the blood sample or using leukapheresis could further enhance expansion success.

In contrast to various other cell types, we observed preserved neovascularization potential of BOECs derived from an older patient population with severe ICMP. Ingram et al. reported that BOECs contain a complete hierarchy of low- and high-proliferation potential cells, analogous to the hematopoietic cell system.<sup>27</sup> Moreover, long-term culture conditions may erase the functional "fingerprint" of various microenvironmental factors, present in the donor milieu. Cell types with a previously documented dysfunctional phenotype in an older patient population with ischemic heart disease were only exposed to short-term in vitro cell culture (eg, circulating angiogenic cells and colony-forming-unit EPCs) or no in vitro environment at all (eg, CD133<sup>+</sup>/VEGFR2<sup>+</sup> circulating EPCs

and bone-marrow-derived MNCs). Hence, "weaning off" donor microenvironmental influences and positive selection based on proliferation potential were only minimally or not present. Specific reports on BOEC functionality and proliferation potential in various other disease states are, however, not uniform. Functional impairment has been reported, related to age,<sup>28</sup> type 2 diabetes,<sup>29</sup> obesity,<sup>30</sup> pulmonary arterial hypertension,<sup>31</sup> and smoking/chronic obstructive pulmonary disease.<sup>32</sup> On the other hand, previous reports in treated coronary artery disease<sup>26,33,34</sup> and arterial hypertension<sup>35</sup> documented similar BOEC functionality in comparison to healthy controls. Moreover, improved BOEC functionality has been demonstrated in neovascular age-related macular degeneration,<sup>24</sup> ischemic stroke,<sup>22</sup> and extensive burns.<sup>25,26,33–35</sup> In comparison to healthy controls, our findings did not demonstrate differences in BOEC functionality

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and proliferation potential in a patient population with severe, but stable, ischemic heart failure. We noted, however, mild positive correlations between Matrigel network formation potential and both degree of systolic LV dysfunction and BMI within our patient cohort. No differences were noted in response to oxidative stress, studied by ROS induction and cell viability.

We studied in vivo cell-mediated neovascularization potential using high-resolution angio microCT because of its ability to quantitatively assess the complete "vessel tree" in 3D. Histology is mainly restricted to evaluating vascular density in a limited 2D area of view, whereas laser Doppler flowmetry is only reporting superficial blood flow (200-300 µm penetration depth), classically in the foot region.<sup>36</sup> Collateral vascular remodeling (arteriogenesis) has been postulated as the most important mechanism to compensate for bulk perfusion loss. Efficient collateral formation is a critical determinant of tissue vulnerability and preservation during ischemia. Occlusion of the femoral artery in a hindlimb ischemia model results in development of collateral vessels in the upper leg, relatively close to the site of occlusion. In contrast, ischemia and angiogenesis occur in the lower leg and foot.<sup>37</sup> We consequently focused on the thigh region as the readout for collateral vascular remodeling, and observed that cells from both patients and controls support the arteriogenesis process to a similar extent, especially at the level of arterioles (32-64 μm in diameter). Extensive (ultra)structural histological analysis by Scholz and Schaper in murine hindlimbs previously identified collateral arteries in the 40- to 70-µm diameter range.<sup>17,18</sup> We documented a significant BOEC-mediated increase in vascular length within this specific size range. A trend toward a BOEC-mediated increase of vessel length and number of branch points of the complete vessel tree in the thigh region of the ligated leg was noted. These results did, however, not reach statistical significance, given that the therapeutic effects were confined to one specific size range (arterioles 32-64 µm in diameter). Arteriogenesis relies on a complex interplay of many growth factors, of which ANG-2, PLGF, FGF, and PDGF-BB were all demonstrated to be secreted by BOECs.37-40

Acute retention studies documented BOECs, mainly clustered within the perimuscular compartment 24 hours after intramuscular injection. At 21 days, we noted disappearance of the BOEC clusters in the perimuscular compartment and appearance of isolated BOECs in the vascular compartment. We observed only limited incorporation/ engraftment of BOECs into functional blood vessels after intramuscular delivery of 250 000 cells per mouse, suggesting a concomitant paracrine contribution of the transplanted cell population to their neovascularization potential. These findings indicate migration toward and engraftment within the vascular compartment to perform their biological effects, "sustained" release of a proangiogenic/-arteriogenic growth factor "cocktail" with or without incorporation into functional vessels. ANG-2 and PLGF were found to be the most abundantly secreted angiogenic growth factors, independent of underlying ischemic disease. Both ANG-2 and PLGF play an important role in the complex cytokine cocktail, mediating the overall neovascularization process in ischemic disease.<sup>37–47</sup>

In conclusion, we report that BOECs can be isolated and culture-expanded from patients with severe, but stable, ICMP and offer an easily accessible, clonally expandable cell source with profound neovascularization potential. In contrast to impaired functionality of other progenitor cell types derived from patients with advanced cardiovascular disease, BOECs retain a robust proangiogenic profile in vitro and in vivo and hold promise for autologous cell therapy in severe or refractory ischemic heart disease.

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#### **Disclosures**

None.

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#### Neovascularization Potential of Blood Outgrowth Endothelial Cells From Patients With Stable Ischemic Heart Failure Is Preserved

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