

1 **Formation of naturally occurring pigments during the production of**
2 **nitrite-free dry fermented sausages**

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22
23 **ABSTRACT**

24 This study investigates the potential of producing red coloured dry fermented sausages
25 without addition of nitrite and/ or nitrate. Therefore, the formation of zinc protoporphyrin IX
26 (Zn(II)PPIX) as naturally occurring pigment, and the interrelated protoporphyrin IX (PPIX)
27 and heme content were evaluated during nitrite-free dry fermented sausage production at
28 different pH conditions. Zn(II)PPIX was only able to form in dry fermented sausages at pH
29 conditions higher than approximately 4.9. Additionally, the presence of Zn(II)PPIX increased
30 drastically at the later phase of the production process (up to day 177), confirming that in
31 addition to pH, time is also a crucial factor for its formation. Similarly, PPIX also
32 accumulated in the meat products at increased pH conditions and production times. In
33 contrast, a breakdown of heme was observed. This breakdown was more gradual and
34 independent of pH and showed no clear relationship with the formed amounts of Zn(II)PPIX
35 and PPIX. A statistically significant relationship between Zn(II)PPIX formation and product
36 redness was established.

37
38 **Keywords:** zinc protoporphyrin IX; protoporphyrin IX; heme; natural colouring; pH
39 condition

40

41 1. Introduction

42 Myoglobin is a globular sarcoplasmic protein with a non-protein iron protoporphyrin IX
43 (known as heme) macromolecule enclosed, and is considered as the major responsible for the
44 colour in meat and meat products. Heme is formed in the mitochondria from protoporphyrin
45 IX (PPIX) by ferrochelatase (FECH) as terminal enzymatic reaction step in the heme
46 biosynthetic pathway. Hereby, FECH inserts ferrous iron into the protoporphyrin ring
47 structure (Ajioka, Phillips, & Kushner, 2006). Depending on the redox state of the heme iron
48 and the ligand bound to its sixth coordination place, colour changes may occur in meat,
49 ranging from purplish red deoxymyoglobin (DMb) in anaerobic conditions and no ligand
50 present, cherry red oxymyoglobin (OMb) whereby ferrous iron is bound to oxygen, to brown
51 metmyoglobin (MMb) if ferrous iron is oxidized to ferric iron, having water as a ligand
52 (Lindahl, 2005).

53 Sodium nitrite is traditionally used in meat products for multiple purposes, such as
54 antimicrobial, antioxidant and colour formation properties. The latter implies the appearance
55 of the typical cured red (if uncooked) or pink (if cooked) colour of meat products in the form
56 of nitrosylmyoglobin (NOMb) or nitrosylhemochromogen, respectively, with a, from nitrite
57 reduced NO molecule coordinated to iron (Honikel, 2008). However, the use of nitrite is
58 controversial due to its direct toxicity and its involvement in the formation of carcinogenic *N*-
59 nitrosamines (De Mey, 2014).

60 When nitrite is omitted, the majority of the heme pigments oxidizes to MMb, resulting in the
61 formation of an unacceptable dull brown colour of the meat products (Adamsen, Møller,
62 Laursen, Olsen, & Skibsted, 2006). In Parma ham, a North Italian traditional dry cured ham
63 made without the addition of nitrates or nitrites, zinc protoporphyrin IX (Zn(II)PPIX) is
64 regarded as the major colour forming pigment instead of nitrosylheme, as was thought

65 previously (Wakamatsu, Nishimura, & Hattori, 2004). Moreover, as nitrite distinctly inhibits
66 its formation, Zn(II)PPIX can only be detected in dry cured meat products without addition of
67 nitrite or nitrate (Adamsen et al., 2006; Wakamatsu, Hayashi, Nishimura, & Hattori, 2010).

68 The formation mechanisms of this fluorescent pigment in meat products are not completely
69 unraveled yet, however, it is generally ascribed to the interchange of heme iron and zinc.
70 Three possible mechanisms for this metal substitution have been suggested: (1) a non-
71 enzymatic reaction; (2) an enzymatic reaction linked to the activity of endogenous FECH; and
72 (3) an enzymatic reaction with FECH formed by bacteria (Adamsen et al., 2006; Becker,
73 Westermann, Hansson, & Skibsted, 2012; Wakamatsu et al., 2004). It is known that FECH is
74 not only responsible for the insertion of ferrous iron into the PPIX moiety, but also the
75 removal of iron and the insertion of zinc belong to its capabilities (Chau, Ishigaki, Kataoka, &
76 Taketani, 2010; Taketani, Ishigaki, Mizutani, Uebayashi, Numata, Ohgari, & Kitajima, 2007).

77 On the contrary, Wakamatsu, Okui, Hayashi, Nishimura, and Hattori (2007) claimed that
78 Zn(II)PPIX could be formed immediately from PPIX without any involvement of heme, with
79 FECH inserting zinc directly into the PPIX ring. Becker et al. (2012) suggested that
80 enzymatic formation of Zn(II)PPIX dominated initially during meat production, while the
81 non-enzymatic substitution reactions mostly occurs in later stages of the production processes.

82 In earlier studies, Zn(II)PPIX formation was already followed during production of meat
83 products, in particular in dry cured hams. Parolari, Benedini, and Toscani (2009) noticed little
84 or no formation of Zn(II)PPIX in Parma ham during the first 3 months of cold resting stage,
85 whereas a gradual increase of fluorescence intensity, ascribed to the presence of Zn(II)PPIX,
86 occurred during the further processing. Wakamatsu, Uemura, Odagiri, Okui, Hayashi, Hioki,
87 Nishimura, and Hattori (2009b) also observed the formation of Zn(II)PPIX in Parma ham, but
88 only after ca. 40 weeks of maturation. The latter ascribed this delay in Zn(II)PPIX formation
89 to the processing conditions of dry cured ham, including temperature, salt concentrations, or

90 free zinc content. Grossi, do Nascimento, Cardoso, and Skibsted (2014) concluded eventually
91 that the delayed formation of Zn(II)PPIX in dry cured hams is concomitant with the globin
92 denaturation due to proteolytic activities. They suggested that after globin denaturation
93 ferrous iron is removed from heme, oxidized to the ferric ion forming non heme colloidal
94 complexes, whereby the insertion reaction of zinc into the PPIX ring can take place.

95 Until now, no studies could be found about the formation of Zn(II)PPIX during the
96 production process of dry fermented sausages. In contrast to the relatively high pH values in
97 dry cured hams, the pH decline during fermentation of dry fermented meat products is
98 expected to be a potential problem for Zn(II)PPIX formation, mostly related to the optimal pH
99 values of FECH. These optima vary from pH 5.5 to 8.0 depending on the origin of FECH,
100 including bacteria, yeast, or mammalian FECH (Camadro & Labbe, 1982; Hansson &
101 Hederstedt, 1994; Nunn, Norris, Hawk, & Cox, 1988; Ishikawa, Yoshihara, Baba,
102 Kawabuchi, Sato, Numata, & Matsumoto, 2006). The enzyme activity of porcine heart extract
103 exhibits an optimum pH of 5.5 (Ishikawa et al., 2006). Moreover, Wakamatsu et al. (2007)
104 found in a porcine meat based *in vitro* model also an optimum pH of 5.5. The optimum pH for
105 Zn(II)PPIX formation differs depending on various internal organs, with pH optima of
106 porcine heart, liver and kidney of 5.0–5.5, 4.5 and 5.5–6.0, respectively (Wakamatsu,
107 Murakami, & Nishimura, 2015). The pH optima also vary according to the function of FECH,
108 ranging from pH 5.5 – 6.0 for iron removal activities to pH 7.5 – 8.0 for zinc insertion
109 activities investigated using an *in vitro* model with porcine mitochondria (Chau et al., 2010).

110 Semi-dry fermented Northern type sausages normally have an end-pH of 4.8 – 5.0 and are
111 ready to eat after a few weeks drying, reaching approx. 20% weight loss (Toldra, 2008). As
112 these conditions are not preferable for optimal Zn(II)PPIX formation, our hypothesis that
113 Zn(II)PPIX formation might improve in sausages with a higher pH and a longer ripening
114 time, was investigated in this study. The general objective was to evaluate the potential of

115 producing red coloured dry fermented sausages without addition of the undesirable nitrite
116 and/ or nitrate. However, it is generally known that, next to the lack of colour formation,
117 omission of nitrite in dry fermented sausages leads to reduced microbial safety, especially
118 with regard to *Clostridium botulinum* which can cause food poisoning, and antioxidant
119 conditions. Moreover, an increasing pH will require the reorienting of the custom hurdles
120 (Leistner & Gorris, 1995) to ensure food safety. Therefore, a sufficiently low water activity
121 (a_w), obtained by a prolonged drying period, was aspired in this study, however, further
122 investigation on food safety was outside the scope of this work.

123

124 **2. Material and methods**

125 *2.1. Dry fermented sausage preparation*

126 Different preparations of nitrite-free dry fermented sausages were made using pork shoulder
127 meat (69.6 %), Italian pork back fat (26.8 %), sodium chloride (2.8 %), sodium ascorbate
128 (0.05 %), spices (white pepper and nutmeg) and a commercial starter culture Texel SA306,
129 containing *Lactobacillus sakei*, *Staphylococcus xylosus* and *S. carnosus* (Danisco, Dangé-
130 Saint-Romain, France). The meat and fat fractions were purchased at local meat wholesale
131 suppliers, all other ingredients and additives were bought at Solina Group Belgium (Eke-
132 Nazareth, Belgium). The meat batter was prepared by cutting a portion of frozen pork meat,
133 equally inoculated with the starter culture, and frozen backfat into a bowl cutter (Kilia,
134 Neumünster, Germany) until particles of ca. 3 mm were achieved. The meat-fat fraction was
135 seasoned with sodium ascorbate and spices. Finally the binding was achieved by mixing a
136 portion of refrigerated meat and sodium chloride into the meat batter. After the cutting and
137 mixing process, the meat batter was stuffed in collagen casings with 90 mm diameter
138 (Naturin, Weinheim, Germany) using a sausage stuffing machine (Industrial Fuerpla,
139 Valencia, Spain). The sausages were fermented for 3 days (24 °C/ 95RH %) and subsequently
140 dried (14 °C/ 87RH %) until day 21, 45, 64 and 177 in a climate chamber (Kerres
141 Anlagensysteme GmbH, Backnang, Germany).

142 In total, 4 pH variations were made in triplicate, by adding different concentrations of
143 dextrose simultaneously with the seasonings to the meat batter, i.e., 0.00 % (1), 0.25 % (2),
144 0.50 % (3) and 0.75 % (4). The latter concentration is normally used for the production of
145 Northern type dry fermented sausages.

146 Core samples of sausages of each pH variation, derived from the 3 individually prepared
147 batches, were taken at different points of time during the production process, more

148 specifically at day 0 (production day of the meat batter), day 3 (after the fermentation
149 process), day 21 (after the initial drying period, characterised by a weight loss of approx. 20
150 % as normally applied for semi-dry Northern type dry fermented sausages), day 45, 64 and at
151 day 177 (extended drying process). General analyses for process monitoring, by means of
152 weight losses, pH, dry matter (DM) and a_w , were performed immediately at each sampling
153 day. Also immediately after sampling, colour was measured and Zn(II)PPIX and/ or PPIX
154 formation was screened. Other samples were frozen at -24°C until quantitative analysis was
155 performed of PPIX, Zn(II)PPIX and total heme.

156 2.2. *General analyses*

157 Weight losses (%) were calculated as percentages of differences in weight of the whole
158 sausages between day 0 and at each sampling day. The pH in the sausage samples was
159 measured by inserting the glass pH electrode in the meat portion (Knick Portamesse[®], Houston,
160 USA), the a_w was determined using a dewpoint hygrometer (AquaLab, Decagon Devices,
161 Pullman, USA). DM (%) was determined by drying a homogenized test portion to constant
162 mass at 103°C (ISO 1442, 1997).

163 2.3. *Colour measurements*

164 The instrumental colour analysis was based on the 3-dimensional CIELAB colour scale
165 recommended by CIE (1976). A Miniscan EZ 4500L $45^{\circ}/0^{\circ}$ (Hunterlab, Murnau, Germany)
166 with 8 mm viewing area size, illuminant D65 and 10° standard observer was used to register
167 the L^* (lightness), a^* (redness), and b^* (yellowness) values, with one channel for lightness
168 (L^*) and two colour channels (a^*), going from red (a^{*+}) to green (a^{*-}), and (b^*), going from
169 yellow (b^{*+}) to blue (b^{*-}). The brightness varies from black ($L^* = 0$) to white ($L^* = 100$).

170 2.4. *Screening method for a fast detection of zinc protoporphyrin IX and/or protoporphyrin*
171 *IX formation*

172 A screening method, for the fast detection of the fluorescent Zn(II)PPIX and/or PPIX on
173 transverse slices of meat products was assessed according to Wakamatsu, Odagiri, Nishimura,
174 and Hattori (2006) with some modifications. This screening method offers the opportunity to
175 easily assess the formation of the two natural pigments qualitatively prior to the more time
176 consuming and expensive quantitative HPLC method.

177 Summarized, 12 light-emitting diodes (LEDs) of 420 nm (Roithner Lasertechnik, Vienna,
178 Austria) were connected in a well-sealed darkened room (44×44×30 cm). On top a macro
179 convertor (Olympus MCON-P01, Tokyo, Japan) and a Kodak Wratten Colour Gelatin Filter
180 No.12 (Edmund Optics Inc, Barrington, USA), allowing to transmit only wavelengths higher
181 than 500 nm, were fixed. As such, the fluorescence emission of Zn(II)PPIX (590 nm) and/or
182 PPIX (630 nm) is transmitted while avoiding the interference of the irradiated purple LED
183 light (420 nm).

184 Meat slices (12mm) were put on the bottom of the darkened room immediately after slicing.
185 RAW images were taken with a digital camera (Olympus PEN E-PL3, Tokyo, Japan),
186 connected externally on the macro converter. Image analysis was performed on all RAW
187 pictures, using OlympusViewerII for the RAW development and ImageJ (image processing
188 program, <http://imagej.net>) for splitting the RGB colour channels. The fluorescence emission
189 in the R(red) channel is regarded as autofluorescence of Zn(II)PPIX and/ or PPIX. Inversed
190 pictures are obtained with Gimp2.8 (GNU image manipulation program, <http://www.gimp.org>)
191 for better visibility.

192 2.5. *Determination of total heme pigments by spectrophotometry*

193 Total heme content was determined based on the method described by Lombardi-Boccia,
194 Martinez-Dominguez, and Aguzzi (2002) with minor modifications, using an acidified
195 acetone solution that extracts heme from all heme proteins in the form of hemin. An aliquot
196 (4 g) of thawed and minced meat samples was weighted in 50 ml centrifuge tubes with the
197 addition of 25 ml 75% v/v acidified acetone solution (3.15% v/v HCl). Subsequently, the
198 mixture was vigorously mixed for 5 min using an ultra-turrax T25 homogenizer (IKA[®],
199 Staufen, Germany), continuously shaken for 1 hour (nutating mixer, VWR International, West
200 Chester, PA, USA), centrifuged for 10 min at 557 g (Hettich[®] Universal 320R, Sigma
201 Aldrich, Diegem, Belgium) and filtered through filter paper (Machery-Nagel MN 616, Filter
202 Service, Eupen, Belgium). Absorbances were measured at 640 nm via spectrophotometry
203 (Cary 100 Bio, Agilent Technologies, CA, US). Hemin (Sigma Aldrich, Diegem, Belgium)
204 was used as a standard. Data are expressed as nmol/g DM. All reagents were appropriate for
205 analytical use.

206 2.6. *Determination of protoporphyrin IX and zinc protoporphyrin IX by high performance*
207 *liquid chromatography with fluorescence detection*

208 After thawing and mincing, 1 g of meat sample was accurately weighted into a 14 ml
209 centrifuge tube. Extraction was carried out by adding 5 volumes of the extraction solvent
210 (75% v/v acetone solution) and homogenizing it for 1 min using an ultra turrax T18
211 homogenizer (IKA[®], Staufen, Germany). The meat sample was centrifuged (Heraeus
212 Labofuge 200, Fisher Scientific, Tournai, Belgium) for 5 min at 2697 g. This extraction was
213 repeated 5 times. After each extraction the supernatant was filtered and collected into dark
214 volumetric flasks. The resulting volume was diluted up to 25 ml with 75% v/v acetone
215 solution. The obtained solution was filtered using a syringe filter with 0.20 µm pore size

216 (Machery-Nagel Cromafil[®] RC-20/15 MS, Filter Service, Eupen, Belgium) and was
217 transferred into dark vials. During all extraction operations, direct contact with light was
218 avoided as much as possible.

219 The chromatographic method was based on Wakamatsu, Odagiri, Nishimura, and Hattori
220 (2009a) with some modifications. The fluorescence properties of PPIX (ex./em. 410/630 nm)
221 and Zn(II)PPIX (ex./em. 420/590 nm) were used for their determination, using a Hitachi
222 LaChrom Elite[®] high performance liquid chromatograph (HPLC) equipped with a model
223 L2200 autosampler, a model L 2485 fluorescence detector (VWR International, Leuven,
224 Belgium). Using an Altima[™] C18 5 μ m, 150 mm \times 4,6 mm chromatographic column (Grace
225 Davision Discovery Sciences, Lokeren, Belgium), the porphyrins were separated by isocratic
226 elution using methanol/ammonium acetate (80:20, v/v, pH = 5.16) at a flow rate of 1 ml/min
227 at 35°C. Forty microliters of each sample was injected. PPIX and Zn(II)PPIX (Sigma Aldrich,
228 Diegem, Belgium) were used as standards. Data are expressed as nmol/g DM. All reagents
229 were appropriate for analytical use.

230 2.7. *Statistical analysis*

231 Differences in pH, weight losses and a_w between the different pH variations at each sampling
232 day were assessed using a one-way ANOVA at a significance level of $P < 0.05$. Post-hoc
233 pairwise testing between all pH variations was performed using a Tukey correction to account
234 for multiple testing (IBM SPSS Statistics 21.0, Chicago, USA).

235 Zn(II)PPIX, PPIX and total heme were analyzed using a linear mixed model that included
236 factors for pH variation, time and their interaction. Correlations between the different
237 measurements are taken into account using random intercepts for the batch effect and batch
238 by pH effect. At each sampling day, an F-test ($P < 0.05$) was performed to assess whether
239 there was an overall effect of pH variation. Post-hoc pairwise testing between all pH

240 variations was performed using a Tukey correction to account for multiple testing. Similar
241 analyses were performed for each pH variation to assess differences between the sampling
242 days.

243 For the analyses of L^* , a^* and b^* , a random intercept for the batch effect was added to the
244 model. In addition, an unstructured variance-covariance matrix was used to model
245 correlations between the sampling days and a compound-symmetry matrix was used to
246 account for correlations between the repeated measurements on each day. Analyses for L^* , a^*
247 and b^* were adjusted for Zn(II)PPIX, PPIX, total heme and for all three simultaneously. Only
248 models in which the pigments (Zn(II)PPIX, PPIX, total heme) showed significant effects,
249 were included in the discussion of the results. If deviations from the linearity assumption were
250 observed for these variables, they were included using restricted cubic splines.

251 Model assumptions of normality and constant variance of the residuals were assessed using
252 visual inspection of residual plots. All these analyses were performed with SAS version 9.4
253 with SAS/STAT 13.2.

254

255 **3. Results**

256 *3.1. Evolution of pH, weight losses and water activity in nitrite-free dry fermented sausages*
257 *at different pH conditions*

258 Lactic acid bacteria present in the starter culture are able to acidify the sausages during the
259 fermentation process, by the production of lactic acid, whereby dextrose is acting as the
260 power supply for a better growth of these bacteria (Toldra, 2008). In order to achieve different
261 pH conditions during processing, different concentrations of dextrose were added to the meat
262 batter: 0.00% (1), 0.25% (2), 0.50% (3) and 0.75% (4). This approach was successful as, after
263 fermentation, significantly different pH values were obtained between the different dextrose
264 variations. At day 3, pH values of 5.32 ± 0.02 , 4.932 ± 0.004 , 4.75 ± 0.01 and 4.55 ± 0.01
265 were achieved for variations 1, 2, 3 and 4, respectively (Table 1). The re-increase of pH
266 during further manufacturing is probably related to the generation of biogenic amines and
267 ammonia as a result of proteolysis (Toldra, 2008). However, the significant differences in pH
268 between the 4 dextrose variations were maintained, even during the further extensive drying
269 period. In the following, dextrose variations will be interpreted in terms of pH conditions.

270 In addition to pH, weight losses and a_w are also shown in Table 1. As a function of time, the
271 weight losses of the sausages increased and a_w decreased due to the continuous drying
272 conditions, whereby the weight losses were more pronounced during the initial drying period
273 while the a_w decrease was more obvious at the later stage of the processing. The negative
274 values of weight losses at day 3 indicate a slight increase of weight in the sausages due to the
275 high relative humidity conditions (95 % RH) during fermentation. Significant differences in
276 weight losses were observed between the 4 pH variations, with lower values in dry fermented
277 sausages with higher pH levels. This can be explained by the coagulation of meat proteins at
278 lower pH which encourages drying and weight loss of the product (Ockerman & Basu, 2008).

279 However, with exception of day 64, no significant differences in a_w were observed between
280 the 4 pH variations, or, the different pH conditions had no influence on the a_w -decline during
281 drying.

282 3.2. *Changes in zinc protoporphyrin IX, protoporphyrin IX and total heme content in nitrite-* 283 *free dry fermented sausages at different pH conditions*

284 3.2.1. *Sreening of zinc protoporphyrin IX and/or protoporphyrin IX formation*

285 Fig. 1 shows the evolution of the red fluorescence emission, ascribed to the formation of
286 Zn(II)PPIX and/ or PPIX, of the 4 pH variations at different stages of the production process.
287 At day 0, almost no red fluorescence was observed for all variations. At day 21, clear
288 fluorescence appeared in variations 1 and 2, and its intensity remained similar during the
289 longer drying period up to 64 days. Only after 177 days the sampling revealed a remarkable
290 increase of red fluorescence. Grossi et al. (2014) claimed that the formation of Zn(II)PPIX in
291 Parma ham occurs when myoglobin denatures due to proteolytic activities, which is most
292 pronounced at the end of the maturation process. It is assumed that also in this study the factor
293 time, related to myoglobin denaturation, plays an important role in the formation of
294 Zn(II)PPIX and/ or PPIX.

295 In pH variations 1 and 2, the red fluorescence intensity is much higher than in pH variations 3
296 and 4. Based on these results, it can be concluded that the formation of Zn(II)PPIX and/ or
297 PPIX is more pronounced in circumstances with higher pH levels, and more specifically equal
298 to or higher than approximately 4.9. It seems that this pH level acts as a treshold for the
299 formation of the natural pigments, dividing the variations into 2 groups. When the pH
300 decreased to lower pH values during the production process, fluorescence formation was
301 reduced to a minimum. In variation 1 and 2, the pH remained above 4.9 uninterruptedly. As for
302 variations 3 and 4, the pH was only exceeding 4.9 at day 45 and 64, respectively (see Table 1).

303 Despite the pH increase during processing, resulting in more optimal pH conditions for
304 Zn(II)PPIX and/ or PPIX formation in variations 3 and 4, their delay in pigment formation
305 could not be caught up with respect to variations 1 and 2. The influence of pH can be
306 explained by the pH dependence of porcine FECH activity, with pH optima around 5.5
307 (Ishikawa et al., 2006; Wakamatsu et al., 2007).

308 This screening method offers the opportunity to easily assess the formation of Zn(II)PPIX
309 and/ or PPIX qualitatively. But in order to gain more insight into the formation of the
310 individual components in dry fermented meat products at different pH conditions,
311 Zn(II)PPIX, PPIX and additionally also total heme were quantified.

312 *3.2.2. Evolution of zinc protoporphyrin IX, protoporphyrin IX and total heme content*

313 The concentrations of Zn(II)PPIX, PPIX and total heme as a function of production time and
314 varying pH conditions in nitrite-free dry fermented sausages, are presented in Table 2.

315 Only small amounts of Zn(II)PPIX and PPIX were measured in the fresh meat batters.
316 Zn(II)PPIX formation occurred during the first 21 days of processing for pH variation 1 and 2,
317 but then stabilized. For pH variation 3 and 4, however, no significant Zn(II)PPIX formation
318 was seen during this initial phase. But for all pH variations, a significant increase of
319 Zn(II)PPIX formation was observed after the longer drying period of 177 days. As for PPIX,
320 formation started in the first 2 pH variations somewhat later during processing, between day
321 21 and 45, again followed by a stabilization and a significant increase at day 177. For pH
322 variation 3, significant PPIX formation was only seen at day 177. For pH variation 4, no PPIX
323 formation was seen at all.

324 Significant differences in Zn(II)PPIX and PPIX formation between the 4 pH variations were
325 observed starting from day 21 and day 45, respectively, with increased pigment formation at
326 higher pH values. The pH variations can be divided into 2 groups with significantly more

327 Zn(II)PPIX formation in variations 1 and 2, exhibiting pH levels equal to or higher than
328 approx. 4.9. However, this threshold was not seen for PPIX formation.

329 These results are in accordance to the observed fluorescence intensities assessed with the fast
330 screening method, with time and pH as crucial factors concerning the formation of PPIX and
331 Zn(II)PPIX. The delayed formation of PPIX and Zn(II)PPIX can be assigned to globin
332 denaturation as also suggested to occur during the production of Parma ham (Grossi et al.,
333 2014). Influence of pH can be explained by the pH dependence of porcine FECH activity
334 (Ishikawa et al., 2006; Wakamatsu et al., 2007).

335 The total heme content decreased significantly during processing, regardless of the pH
336 variation. Reductions between 35 % and 45 % are recorded between day 0 and 177.
337 Decreasing total heme concentrations were already observed by Wakamatsu et al. (2009b) in
338 dry cured ham and by Chasco, Lizaso, and Biriain (1996) in nitrite-cured dry fermented
339 sausages. This could partly be explained by increasing salt concentrations due to the
340 dehydration of the product, as Sakata and Nagata (1992) found in minced porcine skeletal
341 muscle during refrigerated storage a decreased heme protein content of 50% and 80% with
342 increasing salt concentrations of 2% and 10%, respectively. Besides the known thermal
343 degradation of heme (Garcia, Martinez-Torres, Leets, Tropper, Raminez, & Layrisse, 1996;
344 Gomez-Basauri, & Regenstein, 1992; Lombardi-Boccia et al., 2002; Turhan, Ustun, &
345 Altunkaynak, 2004), Estevez and Cava (2004) also observed a significant increase in non
346 heme iron in liver paste during refrigeration storage. These results suggest that some
347 disruption of the porphyrin ring could have occurred during storage which led to the release
348 of iron (Gomez-Basauri et al., 1992; Miller, Gomez-Basauri, Smith, Kanner, & Miller, 1994).
349 Additionally, it must be noted that the heme breakdown mechanisms are also pH dependent,
350 with optima at more alkaline pH values around 8 (Ukpabi, 2012). In this study however, the

351 different (acid) pH conditions within the 4 variations did not have a determining influence on
352 the total heme content in the nitrite-free dry fermented sausages.

353 By determining the total heme concentration as a function of production time and pH, an
354 attempt was made to gain better insight into the formation mechanisms of Zn(II)PPIX in
355 nitrite-free dry fermented sausages. However, no clear relationship could be seen between the
356 breakdown of the heme pigments and the formation of Zn(II)PPIX and PPIX. The total heme
357 breakdown is independent of pH and is more gradually decreasing during production, whereas
358 the formation of Zn(II)PPIX has proved to be influenced by pH and is formed drastically at
359 the later stage of the production process. Based on these results, no conclusion could be
360 drawn concerning the possible substitution reactions within the different metalloporphyrins.

361 In comparison with Parma ham (Wakamatsu et al., 2009b), similar or even higher
362 concentrations of Zn(II)PPIX could be measured in the dry fermented sausages with limited
363 pH declines (variation 1 and 2) and whereby an extensive drying period of more than 64 days
364 or at least 177 days was carried out. In Parma ham, Zn(II)PPIX amounts of 27.7 – 47.0 µg/ g
365 or 104.11 – 176.65 nmol/g DM (calculated with 42.5% DM, as reported by Adamsen et al.,
366 2006) were found in the different muscles.

367 In contradiction to the delayed formation of Zn(II)PPIX in Parma ham, the formation of
368 Zn(II)PPIX in the dry fermented sausages with limited pH declines started immediately and
369 continued up to day 21. Probably, the ambient temperature of 24°C during fermentation is
370 determinative (Wakamatsu et al., 2007), but also the addition of salt and additives, such as
371 sodium ascorbate, in combination with the greatly enhanced direct contact of these
372 constituents with the meat due to severe mincing, could play an important role. Sodium
373 chloride concentrations up to 3% increase Zn(II)PPIX formation due to the increased
374 solubility of the proteins. With higher concentrations of sodium chloride inhibition of
375 Zn(II)PPIX formation was observed, although FECH has been shown to be active in fresh

376 meat extracts at sodium chloride concentrations up to 8% (Becker et al., 2012). Due to its
377 reducing capacities, sodium ascorbate also promotes Zn(II)PPIX formation (Ishikawa et al.,
378 2006). After day 21 however, the formation rate decreased and stabilized during the further
379 processing. In the later phase of the drying process, the rate increased again as was also seen
380 during the production process of Parma ham (Parolari et al, 2009; Wakamatsu et al., 2009b).
381 PPIX on the other hand was present in much higher amounts in the dry fermented sausages
382 with higher pH (up to 83.73 ± 15.02 nmol/ g DM in variation 1) in comparison to Parma ham
383 ($0.4 - 1.1$ $\mu\text{g/g}$, or $1.67 - 4.60$ nmol/g DM). The accumulation of PPIX during the production
384 of meat products has never been described before. Some possible causes could be the absence
385 of free zinc ions (Ishikawa, Kawabuchi, Kawakami, Sato, Numata, & Matsumoto, 2007) or
386 the presence of chelating constituents (Benedini, Raja, Parolari, 2008), which are able to
387 inhibit Zn(II)PPIX formation. Although this can be an important factor for better
388 understanding the formation mechanisms of the natural pigments, no clarification can be
389 given based on the results obtained in this study.

390 3.3. *Colour formation in nitrite-free dry fermented sausages at different pH conditions*

391 L^* , a^* and b^* values as a function of production time and pH in nitrite-free dry fermented
392 sausages are shown in Table 3.

393 A significant decrease of L^* was observed during the production process, and was most
394 pronounced during the extensive drying period. This can be attributed to the strong decrease
395 in moisture content, resulting in a darker product. No clear differences, however, could be
396 observed for L^* between the different pH conditions within each sampling day.

397 In contrast to L^* , the results on the colour scales a^* and b^* were drastically influenced by the
398 fermentation process, whereby the sausages evolved to a less red (decrease of a^*) and yellow
399 (decrease of b^*) colour, probably related to the formation of higher concentrations of MMb

400 (Adamsen et al., 2006). During the further production process, a^* gradually increased again,
401 which corresponds with an increase of the redness, while b^* remained more or less stable as a
402 function of time (only in exception of day 64 for pH variation 3 and 4). As for variation 1, the
403 decrease of a^* immediately after fermentation was more limited in comparison with the other
404 variations. Also during the further processing, significantly higher a^* values were observed
405 for pH variation 1. Also b^* was higher for the batches with higher pH immediately after
406 fermentation, but during the further processing the differences between the b^* values became
407 smaller and even negligible after extensive drying.

408 As presented in the material and methods section, analyses for L^* , a^* and b^* were adjusted
409 for Zn(II)PPIX, PPIX, total heme and for all three simultaneously. Interestingly, Zn(II)PPIX
410 had a highly significant effect ($P < 0.0001$) on a^* values. The fact that the redness of the
411 sausages (a^*) is significantly related to the content of the natural red pigment Zn(II)PPIX,
412 may indicate a causal connection. However, other underlying simultaneous reactions during
413 the production process may play a role, complicating the relationship between Zn(II)PPIX
414 and colour formation.

415 Additionally, Zn(II)PPIX was found to have a significant effect ($P = 0,0439$) on L^* and both
416 PPIX and Zn(II)PPIX had a significant effect ($P = 0.0054$ and $P = 0.0456$, respectively) on
417 b^* . Nevertheless, the decrease of L^* will probably mainly be attributed to the dehydration of
418 the meat products as a function of time. Since b^* is more or less stable as a function of time
419 and no clear differences could be observed between the different pH variations, the significant
420 effect of PPIX and Zn(II)PPIX on b^* is also difficult to explain. In all cases, total heme
421 showed no significant effect on the instrumental colour parameters.

422 Also in earlier studies, it was not evident for researchers to correlate Zn(II)PPIX formation
423 with instrumental colour measurements during production of meat products. Parolari et al.
424 (2009) for instance reported that the colour heterogeneity between muscles of green hams

425 disappeared with paler muscles becoming more red and vice versa during the production of
426 dry cured meat products, in spite of increasing Zn(II)PPIX formation. However, it was
427 generally stated that the redness of nitrite-free dry cured hams is attributed to Zn(II)PPIX
428 formation during processing, with Zn(II)PPIX accounting for 60% - 70% of all porphyrins
429 measured (Wakamatsu et al., 2004; Wakamatsu et al., 2009a).
430

431 **4. Conclusion**

432 In this study, the formation of the naturally occurring pigments Zn(II)PPIX and PPIX was
433 demonstrated in nitrite-free dry fermented sausages with higher pH values ($\text{pH} > 4.9$) and a
434 longer production time (up to 177 days). Zn(II)PPIX formation was already described in
435 Parma ham like products, but the accumulation of PPIX was never observed before and could
436 be a determining factor concerning the further elucidation of the formation mechanisms of
437 Zn(II)PPIX in meat products. The total heme content decreased more gradually, irrespective
438 of the different pH conditions. As such, no clear conclusion about the relation between total
439 heme breakdown and Zn(II)PPIX formation could be drawn.

440 Interestingly, a statistically significant relationship between Zn(II)PPIX formation and
441 product redness was established. Additionally, an effect of Zn(II)PPIX on L^* and an effect of
442 both PPIX and Zn(II)PPIX on b^* were seen. Total heme, however, did not play any
443 significant role in the instrumental colour parameters.

444 These results are promising for producing red coloured dry fermented sausages without
445 addition of undesirable nitrite and/ or nitrate. However, it is important to stress that nitrite
446 omission in meat products raises concern with regard to food safety. This issue still needs
447 further study.

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551

552 Table 1 pH (n = 9), weight losses (n=3) and aw (n = 6) during the production of nitrite-free dry fermented sausages. Different pH conditions are obtained by adding
 553 different concentrations of dextrose to the meat batter, 0.00% (1), 0.25% (2), 0.50% (3) and 0.75% (4).

		Day 0	Day 3	Day 21	Day 45	Day 64	Day 177
	dextrose	meat batter	after fermentation	after initial drying period	extensive drying period		
pH (-)	1) 0.00%	5.69±0.01ab	5.32±0.02d	5.33±0.01d	5.49±0.01d	5.647±0.003d	5.63±0.00d
	2) 0.25%	5.66±0.01a	4.932±0.004c	4.956±0.002c	5.20±0.01c	5.30±0.01c	5.44±0.01c
	3) 0.50%	5.70±0.01b	4.75±0.01b	4.83±0.02b	4.94±0.03b	5.01±0.01b	5.197±0.003b
	4) 0.75%	5.72±0.01b	4.55±0.01a	4.66±0.01a	4.73±0.01a	4.913±0.003a	5.13±0.01a
Weight losses (%)	1) 0.00%	0.00±0.00a	-0.63±0.55ab	17.74±0.40a	23.71±0.55a	26.18±0.34a	55.43**
	2) 0.25%	0.00±0.00a	-1.54±0.11a	18.70±0.30b	24.83±0.25ab	26.85±0.35ab	39.49*
	3) 0.50%	0.00±0.00a	-0.00±0.26b	18.56±0.44ab	25.62±0.30b	27.79±0.26b	48.17*
	4) 0.75%	0.00±0.00a	-1.04±0.08ab	20.86±0.43c	27.85±0.81c	30.10±0.39c	40.52**
aw (-)	1) 0.00%	0.963±0.002a	0.964±0.002a	0.956±0.002a	0.930±0.006a	0.894±0.005a	0.843±0.005a
	2) 0.25%	0.961±0.001a	0.970±0.002a	0.958±0.004a	0.933±0.009a	0.926±0.007b	0.857±0.005a
	3) 0.50%	0.960±0.002a	0.966±0.001a	0.957±0.002a	0.915±0.003a	0.898±0.005a	0.852±0.002a
	4) 0.75%	0.964±0.001a	0.966±0.001a	0.955±0.003a	0.919±0.004a	0.905±0.007ab	0.862±0.006a

554 Data are expressed as means ± SE. Different letters indicate significant differences ($P < 0.05$) between pH variations within sampling day.

555 NOTE: * based on only 1 measurement, ** based on only 2 measurements

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559 Table 2 Zn(II)PPIX, PPIX and total heme evolution (n = 3) during the production of nitrite-free dry fermented sausages. Different pH conditions are obtained by
 560 adding different concentrations of dextrose to the meat batter, 0.00% (1), 0.25% (2), 0.50% (3) and 0.75% (4).

		Day 0	Day 3	Day 21	Day 45	Day 64	Day 177
		meat batter	after fermentation	after initial drying period	extensive drying period		
Zn(II)PPIX (nmol/g DM)	1) 0.00%	1.31±0.03 _{a,1}	7.28±0.98 _{a,12}	13.15±4.13 _{b,23}	15.28±1.02 _{b,3}	16.49±1.35 _{b,3}	125.69±5.66 _{b,4}
	2) 0.25%	1.307±0.003 _{a,1}	5.87±0.72 _{a,1}	12.79±1.25 _{b,2}	13.80±3.36 _{b,2}	16.60±1.08 _{b,2}	113.83±24.85 _{b,3}
	3) 0.50%	1.31±0.01 _{a,1}	4.82±0.21 _{a,1}	5.66±0.77 _{a,1}	5.18±0.31 _{a,1}	4.45±0.21 _{a,1}	35.11±4.42 _{a,2}
	4) 0.75%	1.30±0.04 _{a,1}	4.32±1.47 _{a,1}	5.47±0.23 _{a,1}	4.79±0.26 _{a,1}	4.84±0.35 _{a,1}	26.58±0.00 _{a,2}
PPIX (nmol/g DM)	1) 0.00%	0.76±0.03 _{a,1}	1.65±0.18 _{a,1}	5.42±2.66 _{a,1}	16.77±2.18 _{c,2}	17.07±2.52 _{b,2}	83.73±8.67 _{d,3}
	2) 0.25%	0.76±0.04 _{a,1}	1.90±0.05 _{a,1}	4.88±1.10 _{a,12}	9.04±4.00 _{b,23}	14.31±3.73 _{b,3}	45.04±8.12 _{c,4}
	3) 0.50%	0.77±0.03 _{a,1}	1.70±0.11 _{a,1}	2.45±0.46 _{a,1}	2.42±0.23 _{a,1}	2.50±0.16 _{a,1}	15.35±1.06 _{b,2}
	4) 0.75%	0.81±0.02 _{a,1}	3.69±1.97 _{a,1}	1.82±0.06 _{a,1}	1.58±0.04 _{a,1}	1.81±0.06 _{a,1}	4.84±0.00 _{a,1}
Total heme (nmol/g DM)	1) 0.00%	181.33±10.52 _{a,3}	180.23±3.36 _{a,3}	154.38±11.76 _{a,2}	128.48±6.94 _{a,1}	127.06±9.90 _{a,1}	114.51±24.30 _{a,12}
	2) 0.25%	186.50±1.56 _{a,2}	173.63±3.30 _{a,2}	178.07±10.71 _{b,2}	139.30±6.94 _{ab,1}	132.56±1.32 _{ab,1}	121.32±5.11 _{a,1}
	3) 0.50%	189.58±4.71 _{a,3}	188.54±10.88 _{a,3}	177.46±4.00 _{b,3}	165.92±4.26 _{c,23}	149.28±1.90 _{b,2}	112.50±12.38 _{a,1}
	4) 0.75%	217.82±10.53 _{b,4}	194.22±4.16 _{a,34}	188.69±6.34 _{b,3}	159.41±4.27 _{bc,2}	145.09±3.50 _{ab,12}	120.90±15.82 _{a,1}

561 Data are expressed as means ± SE. Different letters indicate significant differences ($P < 0.05$) between pH variations within sampling day. Different numbers indicate significant
 562 differences ($P < 0.05$) between sampling days within pH variation.

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566 Table 3 Changes in L*, a* and b* (n = 18) during the production of nitrite-free dry fermented sausages. Different pH conditions are obtained by adding different
567 concentrations of dextrose to the meat batter, 0.00% (1), 0.25% (2), 0.50% (3) and 0.75% (4).

		Day 0	Day 3	Day 21	Day 45	Day 64	Day 177
		meat batter	after fermentation	after initial drying period	extensive drying period		
L* (-)	1) 0.00%	61.73±0.60 _{a,34}	61.62±0.18 _{a,4}	60.48±0.27 _{a,4}	59.19±0.28 _{a,3}	58.08±0.25 _{a,2}	55.84±0.34 _{a,1}
	2) 0.25%	63.04±0.29 _{a,23}	60.89±0.12 _{a,3}	61.22±0.25 _{a,3}	61.08±0.30 _{b,3}	59.75±0.17 _{b,12}	55.41±0.19 _{a,1}
	3) 0.50%	62.77±0.20 _{a,234}	62.21±0.23 _{a,4}	61.15±0.13 _{a,34}	60.31±0.17 _{b,3}	58.77±0.22 _{ab,2}	55.01±0.25 _{a,1}
	4) 0.75%	61.56±0.32 _{a,234}	61.34±0.22 _{a,4}	61.31±0.20 _{a,4}	59.69±0.20 _{ab,3}	58.00±0.24 _{ab,2}	52.63±0.39 _{a,1}
a* (-)	1) 0.00%	16.24±0.21 _{a,4}	8.61±0.23 _{b,12}	7.75±0.15 _{b,1}	9.15±0.08 _{b,23}	9.61±0.09 _{b,3}	13.03±0.19 _{c,4}
	2) 0.25%	16.19±0.17 _{a,5}	5.45±0.09 _{a,1}	6.72±0.19 _{a,2}	7.93±0.08 _{a,3}	9.04±0.08 _{ab,4}	9.93±0.27 _{ab,234}
	3) 0.50%	16.37±0.14 _{a,5}	5.10±0.09 _{a,1}	6.21±0.09 _{a,2}	7.62±0.09 _{a,3}	9.60±0.10 _{b,4}	10.30±0.13 _{b,4}
	4) 0.75%	17.31±0.19 _{a,4}	4.93±0.23 _{a,1}	6.07±0.07 _{a,1}	6.96±0.08 _{a,2}	8.20±0.15 _{a,3}	8.96±0.21 _{a,3}
b* (-)	1) 0.00%	24.82±0.23 _{a,4}	16.21±0.19 _{d,3}	13.47±0.11 _{c,2}	12.45±0.07 _{a,1}	12.15±0.08 _{b,1}	11.55±0.10 _{a,12}
	2) 0.25%	25.10±0.16 _{ab,4}	12.47±0.08 _{c,3}	12.05±0.12 _{b,23}	11.65±0.12 _{a,12}	11.60±0.09 _{b,1}	12.06±0.19 _{a,123}
	3) 0.50%	25.27±0.14 _{ab,3}	11.50±0.13 _{b,2}	11.74±0.11 _{ab,2}	11.42±0.16 _{a,2}	7.60±0.06 _{a,1}	12.10±0.12 _{a,2}
	4) 0.75%	25.82±0.18 _{b,3}	10.85±0.10 _{a,2}	10.97±0.09 _{a,2}	11.20±0.10 _{a,2}	6.96±0.12 _{a,1}	12.13±0.15 _{a,2}

568 Data are expressed as means ± SE. Different letters indicate significant differences ($P < 0.05$) between pH variations within sampling day. Different numbers indicate significant
569 differences ($P < 0.05$) between sampling days within pH variation.

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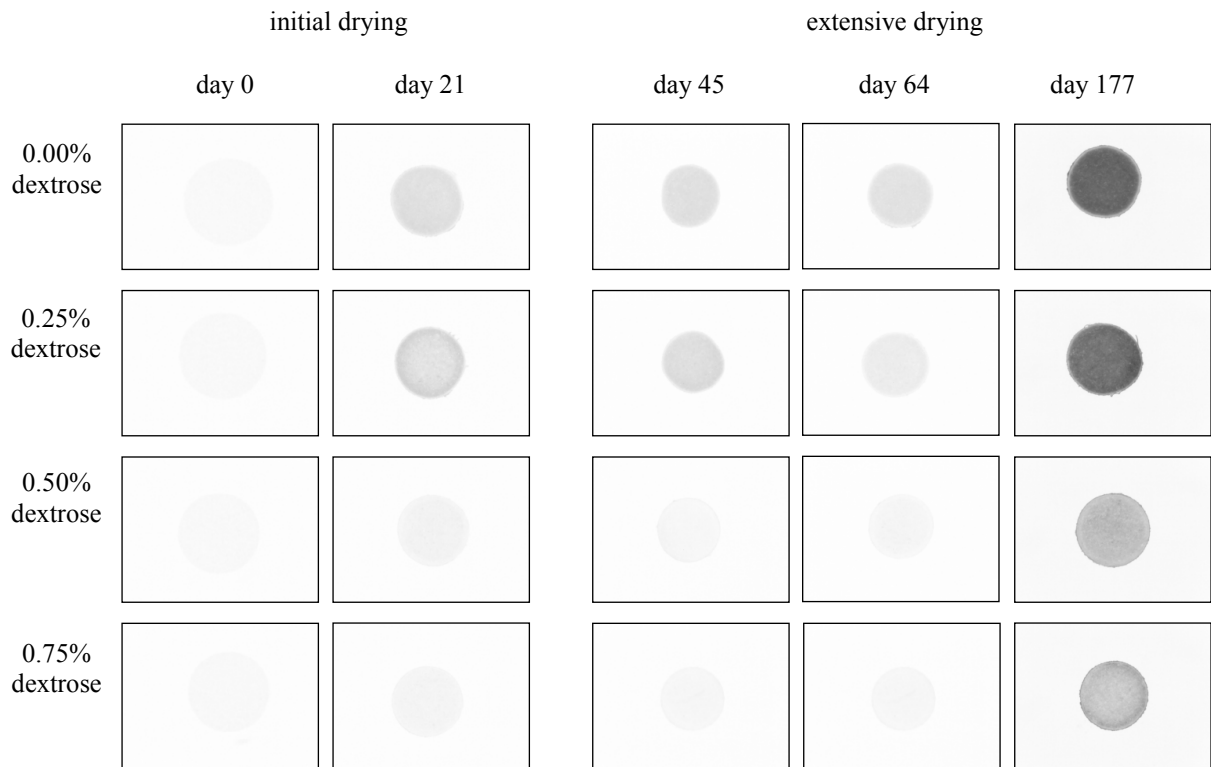
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Figure 1 Evolution of (zinc) protoporphyrin IX during the production of nitrite-free dry fermented sausages using a fast screening method (red fluorescence is visualized as inversed red channels via image analysis after irradiation with purple LED light). Different pH conditions are obtained by adding different concentrations of dextrose to the meat batter, 0.00% (1), 0.25% (2), 0.50% (3) and 0.75% (4).