

1 **Title**

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3 Dual blockade of PI3K/AKT/mTOR (NVP-BEZ235) and Ras/Raf/MEK (AZD6244) pathways
4 synergistically inhibit growth of primary endometrioid endometrial carcinoma cultures, whereas NVP-
5 BEZ235 reduces tumor growth in the corresponding xenograft models

6

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60 **Abstract**

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62 *Objectives.* Endometrial carcinoma (EC) is the most common gynecological cancer in the Western
63 World. Treatment options are limited for advanced and recurrent disease. Therefore, new treatment
64 options are necessary. Inhibition of the PI3K/AKT/mTOR and/or the Ras/Raf/MEK pathways are
65 suggested to be clinically relevant. However, the knowledge about the effect of combination targeted
66 therapy in EC is limited. The aim of this study was to investigate the effect of these therapies on
67 primary endometrioid EC cell cultures *in vitro* and *in vivo*.

68 *Methods.* Primary microsatellite instable endometrioid EC cell cultures were incubated with
69 Temsirolimus (mTORC1 inhibitor), NVP-BKM120 (pan-PI3K inhibitor), NVP-BEZ235 (pan-PI3K/mTOR
70 inhibitor), or AZD6244 (MEK1/2 inhibitor) as single treatment. *In vitro*, the effect of NVP-BEZ235 with
71 or without AZD6244 was determined for cell viability, cell cycle arrest, apoptosis induction, and cell
72 signaling. *In vivo*, the effect of NVP-BEZ35 was investigated for 2 subcutaneous xenograft models of
73 the corresponding primary cultures.

74 *Results.* NVP-BEZ235 was the most potent PI3K/AKT/mTOR pathway inhibitor. NVP-BEZ235 and
75 AZD6244 reduced cell viability and induced cell cycle arrest and apoptosis, by reduction of p-AKT, p-
76 S6, and p-ERK levels. Combination treatment showed a synergistic effect. *In vivo*, NVP-BEZ235
77 reduced tumor growth and inhibited p-S6 expression. The effects of the compounds were independent
78 of the mutation profile of the cell cultures used.

79 *Conclusions.* A synergistic antitumor effect was shown for NVP-BEZ235 and AZD6244 in primary
80 endometrioid EC cells *in vitro*. In addition, NVP-BEZ235 induced reduction of tumor growth *in vivo*.
81 Therefore, targeted therapies seems a promising treatment strategy for EC.

82

83 **Highlights**

84

- 85 - NVP-BEZ235 (dual pan-PI3K/mTOR inhibitor) is the most potent PI3K/AKT/mTOR pathway
86 inhibitor for primary endometrioid endometrial carcinoma cell cultures
- 87 - NVP-BEZ235 could reduce tumor growth in xenograft models based on primary endometrioid
88 endometrial carcinoma cell cultures

89 - Combination treatment with NVP-BEZ235 (dual pan-PI3K/mTOR inhibitor) and AZD6244
90 (MEK inhibitor) shows a synergistic antitumor effect *in vitro*

91

92 **Keywords**

93

94 Endometrioid endometrial cancer; primary cell culture; targeted therapy; NVP-BEZ235; AZD6244

95

96 **Introduction**

97

98 Endometrial cancer is the most common gynecologic malignancy in the Western World and the fourth
99 most common cancer in women after breast, lung, and colorectal cancers. Since 2008, the incidence
100 of endometrial cancer has increased by 21% and the mortality rate per 100.000 cases has increased
101 by more than 100% during the past 20 years[1, 2]. Endometrial carcinoma (EC) is the most common
102 endometrial cancer subtype. Endometrioid EC (type I) accounts for 85% of EC cases and is
103 associated with good prognosis. Only 15-20% of the cases show recurrences. In contrast, non-
104 endometrioid EC (type II), like serous and clear cell carcinoma, are aggressive tumors and account for
105 more than 50% of the recurrences[3]. Patients with advanced or recurrent disease have a poor median
106 survival, since conventional cytotoxic and radiation therapy are not effective at this stage[4-6].
107 Therefore, new treatment options are necessary.

108 Advances in the understanding of tumor biology have established the critical role of targeted therapy
109 as treatment options for cancer. In addition, an increasing number of preclinical studies suggest that
110 the combination of targeted agents is a more promising strategy compared to single agent treatment,
111 due to feedback loops and cross-talk between signaling pathways.

112 The phosphatidylinositol 3-kinase enzyme/AKT/mammalian target of rapamycin (PI3K/AKT/mTOR)
113 and Ras/Raf/MEK pathways play a critical role in cell proliferation, survival, differentiation, metabolism
114 and motility in response to extracellular cues. Within the PI3K/AKT/mTOR pathway there are feedback
115 loops present. mTOR can increase p70S6K, which in turn phosphorylates and inhibits insulin receptor
116 substrate 1, a protein upstream of PI3K/AKT. Therefore, mTOR inhibition can lead to activation of the
117 PI3K/AKT pathway[7]. In addition, the Ras/Raf/MEK pathway cross-activates and cross-inhibits
118 PI3K/mTORC1 signaling by regulating PI3K, tuberous sclerosis complex 2, and mTORC1[8]. Both

119 pathways are commonly deregulated in EC. Therefore, inhibition of both pathways could be a potential
120 new treatment strategy for EC.

121 Many valuable inhibitors targeting one protein (single inhibitors) or two proteins at the same time (dual
122 inhibitors) in these pathways have been recently developed. Temsirolimus (CCI-779) and Everolimus,
123 both mTORC1 inhibitors, showed clinical activity in recurrent and metastatic EC patients[9, 10].
124 However, no correlation between the mutation profile of the primary tumor and response was
125 determined[11]. NVP-BKM120 is a pan-PI3K inhibitor, which showed antitumor activity in a variety of
126 tumor cell lines and xenograft models of cancers with and without aberrant PI3K pathway activation,
127 including primary human EC xenograft models[12, 13]. In addition, phase I clinical studies showed that
128 NVP-BKM120 is well tolerated in patients[14, 15]. NVP-BEZ235 is a pan-PI3K/mTOR inhibitor, which
129 induces anticancer effects in several human cancer cell lines and xenograft models, such as models
130 based on commercial endometrioid EC cell lines[16, 17]. In addition, this inhibitor was the first
131 PI3K/mTOR dual inhibitor to enter clinical trials[18]. AZD6244 (ARRY-142886) is a potent and
132 selective inhibitor of MEK1/2 kinases[19]. It is currently in phase II clinical development as a single
133 agent, including recurrent and persistent EC, or as a combination treatment[20-22]. Preclinical and
134 clinical studies showed that inhibition of both pathways induces a synergistic effect in several solid
135 malignancies[23-25]. However, there is a lack of knowledge about the response to dual blockade of
136 the PI3K/AKT/mTOR and Ras/Raf/MEK pathways in EC.

137 For the moment, no appropriate preclinical model system exists for EC. Therefore, we established
138 primary EC cell cultures, as described by Schrauwen et al.[26]. These cell cultures were established
139 directly from patient tumors and closely resemble the heterogeneity and genomic features of the
140 primary tumor. They better reflect treatment-response of patients compared to commercial cell
141 lines[27, 28]. In addition, these cultures can be used for *in vivo* screening of new treatments, by using
142 them to establish subcutaneous (s.c.) xenograft models. However, limitations of these models are that
143 they are not metastatic and the tumors develop in an immunocompromised environment.

144 There is a lack of knowledge about the effect of blockade of the PI3K/AKT/mTOR and the
145 Ras/Raf/MEK pathways in EC. Therefore the aim of this study is to determine if targeted therapies
146 related to these pathways could be a new treatment option for EC. To the best of our knowledge, we
147 are the first one who used primary endometrioid EC cell cultures to determine the *in vitro* response to
148 targeted therapies as single agent treatments and in combination. Three PI3K and/or mTOR inhibitors

149 (Temsirolimus, NVP-BKM120, and NVP-BEZ235), and a MEK1/2 inhibitor (AZD6244) were used,
150 which already showed promising results in clinical trials. In addition, the *in vivo* response was analyzed
151 for two s.c. xenograft mouse models treated with NVP-BEZ235.

152

153 **Materials and methods**

154

155 *Establishment of primary endometrial carcinoma cell cultures*

156 Establishment of primary endometrial carcinoma cell cultures is described by Schrauwen et al.[26].
157 Briefly, biopsies were collected from chemotherapy-naïve patients undergoing surgery for EC at the
158 Division of Gynecologic Oncology, University Hospitals Leuven. Tissues were fresh-frozen, formalin-
159 fixed, or used for cell culture. For cell culture, tissues were minced and digested with collagenase type
160 IV (1 mg/ml; Roche, Mannheim, Germany) in RPMI 1640 medium with Pencillin/Streptomycin,
161 Fungizone and DNase I (0.1 mg/ml; Roche, Mannheim, Germany) for 3h at 37°C. Red blood cells
162 were lysed using Ammonium Chloride (Stem Cell Technologies, Vancouver, Canada). Single cells
163 were cultured in culture medium, comprising RPMI 1640 medium, 20% Fetal Bovine Serum (FBS), 2
164 mM L-Glutamine, 100 U/ml Pencillin/Streptomycin, 1 µg/ml Fungizone, and 10 µg/ml gentamycin (all
165 from Life Technologies, Paisley, UK). Mesenchymal cells were removed using mouse anti-human
166 CD90 antibody (Clone AS02; Dianova, Hamburg, Germany) and Mouse Pan IgG Dynabeads (Life
167 Technologies, Oslo, Norway). All cells were cultured in a humidified atmosphere containing 5% CO₂.
168 Cells were routinely monitored for mycoplasma. The study was approved by the local ethical
169 committees in accordance with the principles of the Declaration of Helsinki and all patients gave their
170 written informed consent.

171

172 *DNA extraction and somatic mutation profiling*

173 As described by Schrauwen et al.[26], the DNeasy Blood and Tissue Kit (Qiagen, Hilden, Germany)
174 was used to extract DNA from EC cell cultures, according to the manufacturer's instructions. Hotspot
175 mutation profiling was performed of the established EC cell cultures. Selected mutations in *KRAS*,
176 *PIK3CA*, *MSH6*, *TP53*, *NRAS*, *BRAF*, *PTEN* and *CTNNB1* were determined, based on the COSMIC
177 database.

178 In addition, microsatellite instable (MSI) status of primary EC cell cultures was determined. Briefly,
179 Sequenom Massarray profiling was used to analyze 59 mononucleotide homopolymers for single
180 nucleotide insertions or deletions. Cell cultures were determined as MSI if positive for 8 or more
181 insertions or deletions, and microsatellite stable (MSS) if positive for less than 8 markers.

182

183 *Cell viability assay*

184 Cell viability was measured using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium (MTT) dye
185 reduction method. Cells were seeded in culture medium containing 10% FBS at a concentration of
186 5,000 cells/well (n=4) in 96-well plates. After 8h, the medium was replaced by 1% FBS culture
187 medium. Twenty-four hours after seeding, cells were treated with NVP-BEZ235 (PI3K/mTOR inhibitor),
188 Temsirolimus (mTOR inhibitor), NVP-BKM120 (PI3K inhibitor), or AZD6244 (MEK1/2 inhibitor) (all
189 compounds: 0-100 μ M, n=4) (all from Selleck Chemicals, Munich, Germany). Cell viability was
190 determined at 24h, 48h, and 72h, by adding of 40 μ l of MTT solution (2.5 mg/ml; Sigma-Aldrich, St.
191 Louis, USA) to each well and further incubation for 2h. The medium was removed, and the blue
192 crystals were dissolved in 120 μ l 83% dimethyl sulfoxide/17% Sorenson's glycine buffer. The
193 absorbance was measured with a microplate reader at 540 nm wavelength. Cell growth was reported
194 as the percentage of absorbance relative to untreated controls. Each experiment was performed 3
195 times in triplicate.

196 Based on these results, the IC₅₀ values of the compounds were calculated for each cell culture at 72h
197 using CompuSyn. software (Biosoft, Cambridge, UK).

198 For the analysis of multiple drug treatments, combination index (CI) was calculated according to the
199 Chou-Talalay method, using a fixed dose ratio[29]. Cells were treated with 0.25x, 0.5x, 1x, 2x, and 4x
200 their respective IC₅₀'s of the compounds for 72h. Cell viability was measured using the MTT assay and
201 CI was calculated using CompuSyn. Software (Biosoft, Cambridge, UK). In this analysis, synergy was
202 defined as CI values lower than 1.0, antagonism as CI values higher than 1.0 and additivity as CI
203 values equal to 1.0.

204 .

205 *Cell cycle and apoptosis assay*

206 For cell cycle and apoptosis assays, cells were seeded in 6-well plates (1.5×10^5 cells/well, n=1) and
207 treated for 24h and 48h. Cells were treated with NVP-BEZ235, AZD6244, or the combination of both
208 compounds. The range of concentrations used was based on calculated IC₅₀ values.

209 To analyze the cell cycle, cells were fixed with ice-cold 70% ethanol and stained with propidium iode
210 (PI)/RNase A staining buffer, containing 10 µg PI/ml PBS (Sigma-Aldrich, St. Louis, USA) and 20 µg
211 RNase A/ml PBS (Sigma-Aldrich, St. Louis, USA).

212 Apoptosis was determined by double staining with FITC-conjugated Annexin V and PI according to the
213 manufacturer's instructions (BD Pharmingen™, Erembodegem, Belgium).

214 Cell cycle distribution and the percentage of apoptotic cells were analyzed using a flow cytometer
215 (Becton Dickinson, San Jose, USA) and FlowJo 7.6.5 software (Tree Star Inc., Ashland, USA).

216 Experiments were repeated twice.

217

218 *In vivo evaluation of the efficacy of targeted treatment*

219 Cell-derived xenograft models were established by subcutaneous (s.c.) injection of 5×10^6 cells in 200
220 µl PBS per mouse. Mice were treated with either vehicle (10% NMP/90% PEG) (both from Sigma-
221 Aldrich, St. Louis, USA), NVP-BEZ325 (40 mg/kg; daily, p.o.) or carboplatin (50 mg/kg, 1x/week, i.p.)
222 (Hospira, Antwerp, Belgium) (n=7 per group) for 21 days. Control animals received the equivalent
223 volume of vehicle. Mice were weighed every week and evaluated for adverse effects. Tumor size was
224 measured 2x/week with a caliper and the tumor volume was calculated using the following formula: V
225 = $L \times W^2 \times (\pi/6)$ (V , volume; L , length; W , width). Mice were scarified 1h after last dose. Harvested
226 tumors were weighed, and fragments were fresh-frozen, or formal-fixed and paraffin-embedded for
227 further analyses.

228

229 *Western blotting*

230 Total protein lysates were obtained from single cell suspensions and tumor tissues post-treatment.
231 Cells were seeded in 10% FBS culture medium in 100 mm² plates (500.000 cells/plate, n=2). After 8h,
232 medium was replaced by 1% FBS culture medium. Twenty-four hours after seeding, cells were treated
233 with either NVP-BEZ235 or AZD6244 or both. The range of concentrations used was based on the
234 IC₅₀ values. Total protein lysates were prepared from single cell suspensions at 6h and 24h after
235 treatment-initiation and from tumor tissues using the mammalian cell lysis MCL1 kit (Sigma-Aldrich, St.

236 Louis, USA) according to the manufacturer's instructions. The Pierce BCA protein assay kit (Thermo
237 Scientific, Waltham, USA) was used to determine protein concentrations. Equal amounts of protein
238 were run on any kD Mini Protein TGX gel (Bio-Rad, Hercules, USA) and transferred to a
239 polyvinylidene difluoride membrane (Bio-Rad, Hercules, USA). Next, the membranes were probed with
240 primary and secondary antibodies. The following primary antibodies were used: AKT, p-AKT^(Ser473), S6,
241 p-S6^(Ser235/Ser236), ERK1/2, p-ERK1/2^(Thr202/Tyr204) (all at 1/1000), and β -actin (1/2500)(all from Cell
242 Signaling Technologies, Danvers, USA). Anti-rabbit or -mouse horseradish peroxidase-conjugated
243 antibodies (Jackson ImmunoResearch, West Grove, USA) were used as secondary antibody. The
244 enhanced chemiluminescence system (Thermo Scientific, Waltham, USA) and FUJI mini-LAS 4000-
245 plus imaging system (GE Healthcare, Diegem, Belgium) were used to visualize protein expression.

246

247 *Statistics*

248 Results are shown as mean \pm standard error of mean (SEM). Two-way ANOVA was performed
249 followed by Bonferroni posttest to determine significant differences between treatment groups with
250 regard to *in vitro* cell viability, cell cycle status, and apoptosis induction. One-way ANOVA was
251 performed for repeated measurements followed by a Tukey's multiple comparison test to analyze
252 differences in therapy response over time between treatment groups *in vivo*. In addition, one-way
253 ANOVA followed by Tukey's multiple comparison test was performed to assess differences in tumor
254 weight between treatment groups. Analyses were performed using GraphPad Prism 5 software
255 (GraphPad Inc., La Jolla, USA). *P*-values of $p < 0.05$ were considered to be statistically significant.

256

257 **Results**

258

259 *Single treatment of NVP-BEZ235 and AZD6244 reduced cell viability*

260 We used three primary EC cell cultures as described by Schrauwen et al.[26]. The histologic and
261 genetic characteristics are described in table 1.

262 Since these cell cultures showed mutations in the PI3K/AKT/mTOR and Ras/Raf/MEK pathways, we
263 selected compounds which have an inhibitory effect on proteins involved in these pathways and are
264 already in clinical trials. For inhibition of the PI3K/AKT/mTOR pathway, we selected NVP-BE235
265 (pan-PI3K/mTOR inhibitor), Temsirolimus (mTORC1 inhibitor), and NVP-BKM120 (PI3K inhibitor). For

266 inhibition of the Ras/Raf/MEK pathway we used AZD6244 (MEK1/2 inhibitor). First, we determined the
267 most potent PI3K/AKT/mTOR pathway inhibitor by treating the three cell cultures with the different
268 PI3K/AKT/mTOR pathway inhibitors for 72h (all compounds 0-100 μ M). NVP-BEZ235 was the only
269 inhibitor that decreased cell viability in a dose- and time-dependent manner for all 3 cell cultures
270 (Figure 1). AZD6244 induced a significant reduction of cell viability for all 3 cell cultures at the highest
271 concentration at 72h (Figure 1). The cell cultures were less sensitive for this compound compared to
272 NVP-BEZ235 (Table 1). No correlation between mutation profile and response to targeted therapy was
273 demonstrated.

274

275 *Combination treatment of NVP-BEZ235 and AZD6244 showed a synergistic inhibitory effect on cell*
276 *viability*

277 We investigated potential synergistic effects of inhibiting both the PI3K/AKT/mTOR and the
278 Ras/Raf/MEK pathways, by treating with NVP-BEZ235 and AZD6244. The anti-proliferative effect of
279 this combination was measured in all 3 cell cultures by calculating the CI. The 3 cell cultures were
280 treated with both NVP-BEZ235 and AZD6244 at 0.25x, 0.5x, 1x, 2x and 4x their respective IC₅₀'s for
281 72h. For all cell cultures, a synergistic effect was determined by combination of 1x of their respective
282 IC₅₀'s of each compound, NPV-BEZ235 and AZD6244 (Supplementary file 1).

283

284 *NVP-BEZ235 and AZD6244 induced cell cycle arrest*

285 We investigated the effect of NVP-BEZ325 and AZD6244 as single treatments and in combination on
286 cell cycle arrest for 48h. Since combination treatment with 1x IC₅₀ values of NVP-BEZ235 and
287 AZD6244 showed a synergistic effect on the cell viability of all cell cultures, the cell cultures were
288 treated with the respective IC₅₀ values of each compound (Table 1). As shown in figure 2A, at 24h no
289 cell cycle arrest was induced for all cell cultures. However, only for 2 out of 3 cell cultures, PC-EM001,
290 and PC-EM002, a significant effect on the cell population was determined at 48h. For PC-EM001,
291 NVP-BEZ235 reduced the number of cells of the S phase compared to control ($p<0.05$). PC-EM002
292 showed an increased percentage of the population in the G1 phase of cells treated with NVP-BEZ235
293 or AZD6244 compared to control ($p<0.05$ vs $p<0.01$). In addition, AZD6244 reduced significantly the
294 number of cells in the S phase compared to control ($p<0.05$).Combination treatment showed no
295 enhanced effect compared to single treatment or control (Figure 2B).

296

297 *NVP-BEZ235 and AZD6244 induced apoptosis*

298 We analyzed apoptosis induction by NVP-BEZ235 and AZD6244 as single treatments and in
299 combination. Early apoptosis was induced in only 2 cell cultures, PC-EM002 and PC-EM004, by single
300 and combination treatment after 24h (Figure 3A). Also here, cells were treated with the respective 1x
301 IC_{50} values of NVP-BEZ235 and AZD6244 as single treatment or combined (Table 1).

302 PC-EM004 showed an increase in apoptosis, only for the combination treatment, compared to control
303 ($p<0.01$) and compared to single treatment of AZD6244 ($p<0.05$). After 48h of treatment, AZD6244
304 also induced apoptosis ($p<0.05$). In contrast, PC-EM002 showed a significant increase in early
305 apoptosis for both NVP-BEZ235 and AZD6244, as single treatments compared to control ($p<0.05$ vs
306 $p<0.01$) after 24h. Moreover, combination treatment showed a significant increase in apoptosis
307 compared to control ($p<0.001$), NVP-BEZ235 ($p<0.001$), and AZD6244 ($p<0.001$) as single
308 treatments. Late apoptosis was induced by combination treatment. After 48h, the same effects were
309 observed. Interestingly, for PC-EM002 a higher percentage of cells was present in the apoptosis
310 phase, compared to 24h. In contrast, NVP-BEZ235 induced no apoptosis in PC-EM004 at 48h. We
311 therefore conclude that both NVP-BEZ235 and AZD6244 induce apoptosis. Moreover, for PC-EM002
312 and PC-EM004 a synergistic effect was found for combination treatment (Figure 3B).

313

314 *NVP-BEZ235 and AZD6244 reduced phosphorylation of proteins related to the PI3K/AKT/mTOR and*
315 *Ras/Raf/MEK pathway*

316 To evaluate the short and long term effects of NVP-BEZ235 and AZD6244 on PI3K/AKT/mTOR
317 signaling and Ras/Raf/MEK signaling, the phosphorylation status of AKT, S6, and ERK were analyzed.
318 As shown in figure 4, the total protein expression of AKT, S6, and ERK remained unchanged after
319 treatment with NVP-BEZ235 and AZD6244 for all cell cultures. The primary cell cultures were treated
320 with the respective IC_{50} values of related compound (Table 1). PC-EM001 cells were treated with a low
321 concentration of NVP-BEZ235 ($1.8E^{-4}\mu M$). This compound showed no difference in phosphorylation of
322 AKT and S6. In contrast, cells treated with AZD6244 alone or in combination with NVP-BEZ235 had
323 decreased levels of p-S6 and p-ERK1/2. In PC-EM002 and PC-EM004 cultures, cells were treated
324 with $0.20\mu M$ and $2.09\mu M$ NVP-BEZ235, respectively. NVP-BEZ235 decreased p-AKT and p-S6 levels,
325 whereas AZD6244 induced dephosphorylation of p-S6 and p-ERK1/2. Combination treatment with

326 NVP-BEZ235 and AZD6244 inhibited the phosphorylation of p-AKT, p-S6 and p-ERK1/2 for both cell
327 cultures. Therefore, the effect of NVP-BEZ235 and AZD6244 on the PI3K/AKT/mTOR and
328 Ras/Raf/MEK pathways seems to be related to the concentration used rather than the mutation profile
329 of the cell cultures.

330

331 *Effect of NVP-BEZ235 on tumor growth in nude mice xenografts*

332 Lastly, we evaluated the effect of NVP-BEZ235 on tumor growth *in vivo*. This compound was used
333 since it was the most potent compound *in vitro*. We established 2 primary s.c. xenograft mouse
334 models generated from PC-EM002 and PC-EM004 cell cultures, since PC-EM002 cells harbored a
335 PI3KCA mutation and the PC-EM004 cells the wild-type genes. We treated the mice with NVP-
336 BEZ235, carboplatin (a chemotherapeutic), or vehicle. For both models, NVP-BEZ235 and carboplatin
337 significantly reduced tumor growth compared to the placebo-treated group. Interestingly, PC-EM004
338 mice treated with NVP-BEZ235 showed a greater reduction of tumor growth compared to PC-EM002
339 mice. No difference was determined between the growth-inhibitory effect of NVP-BEZ235 and
340 carboplatin (Figure 5A). This was confirmed by the wet tumor weight at sacrifice (Figure 5B).

341 Protein expression in the tumor tissue was investigated by Western Blot. For both models, no effect on
342 phosphorylation of AKT was determined. In contrast, dephosphorylation of S6 was shown for NVP-
343 BEZ235 treated mice of both xenograft models and for PC-EM004 mice treated with carboplatin. No
344 difference in protein expression of AKT, S6, and β -actin was determined all mice (Figure 5C).

345

346 **Discussion**

347

348 To our knowledge, this is the first study using primary *in vitro* and *in vivo* EC models to test the
349 following targeted therapies: Temsirolimus, NVP-BKM120, NVP-BEZ235 and AZD6244. Our results
350 suggest a synergistic antitumor effect of NVP-BEZ235 and AZD6244 in primary endometrioid EC cell
351 cultures, with regard to cell viability and apoptosis, possibly. Interestingly, our results also suggest that
352 the sensitivity of primary endometrioid EC cell cultures towards either PI3K/mTOR or MEK inhibitors is
353 independent of mutated genes involved in related pathways. In addition, NVP-BEZ235 was the most
354 potent inhibitor of the PI3K/AKT/mTOR pathway. *In vivo*, NVP-BEZ235 reduced tumor growth in mice
355 harboring tumors with different mutation profiles.

356 Treatment options for advanced and recurrent EC are limited. Therefore, new therapies are
357 necessary. Targeted therapy shows promising response in clinical trials. Therefore, targeted therapies
358 against the PI3K/AKT/mTOR and Ras/Raf/MEK pathways are an interested new treatment strategy for
359 EC, especially by blockade of both pathways to prevent compensatory feedback loops.

360 In this study we used primary preclinical models. Primary cell cultures better represent the histological
361 and genetic heterogeneity of the primary tumor more compared to commercial cell lines[27, 28].
362 Therefore, our results better reflect the response of patients on these treatments compared to models
363 based on immortalized cell lines.

364 We showed that dual inhibition of the PI3K/AKT/mTOR pathway, by blocking PI3K and mTOR with
365 NVP-BEZ235 is more effective compared to inhibition of only PI3K or mTORC1. These results are in
366 accordance with the results of Shoji et al. and Oishi et al., who used commercial EC cell lines and
367 ovarian clear cell carcinoma cell lines, respectively[17, 30]. In hepatocellular carcinoma, however,
368 Kirstein et al. indicated that NVP-BKM120 has a higher antitumor activity compared to RAD001
369 (mTORC1 inhibitor) and NVP-BEZ235[31].

370 MSI tumors show high frequent differentiating mutation profiles and therefore it is difficult to determine
371 driver and passenger mutations. Our results are interesting since all primary cell cultures were
372 sensitive to NVP-BEZ235 and AZD6244 and these compounds induced a synergistic effect with
373 regard to cell viability and apoptosis, despite the MSI status. Low concentrations of NVP-BEZ235
374 ($1.8E^{-4}\mu\text{M}$) did not affect phosphorylation of AKT and S6. In contrast, high concentrations ($0.20\mu\text{M}$ and
375 $2.09\mu\text{M}$) reduced p-AKT and p-S6 levels. Therefore, induced effects seem related to the concentration
376 ranges used rather than the IC_{50} values. Moreover, also *in vivo* no correlation was determined
377 between the mutation profile of tumors and response to NVP-BEZ235. This is in accordance with
378 previous results for other type of cancers, in which the presence of KRAS gene mutation was not
379 predictive of sensitivity to MEK or PI3K inhibitors[32-34]. In addition, the response of EC xenografts to
380 NVP-BKM120 was independent of the presence of a PIK3CA gene mutation[12]. However, we have to
381 take into account that we used a limited number of primary endometrioid EC cell cultures. To
382 investigate the *in vitro* and *in vivo* responses on combination of targeted therapies, further studies
383 should include a larger panel of type I and type II EC, including MSS tumors. In addition, the use of
384 MSS tumors could be useful to determine biomarkers able to predict the response to targeted
385 therapies.

386 *In vitro*, NVP-BEZ235 was a more potent compound on PC-EM002 cells than on PC-EM004 cells. In
387 contrast, *in vivo* results showed a higher tumor growth reduction for mice bearing PC-EM004 tumors
388 compared to PC-EM002 mice. Other studies demonstrated also this phenomenon that *in vitro*
389 sensitivity to mTORC1 inhibitors does not correlate with *in vivo* sensitivity[35, 36]. Fueeder et al.
390 showed that *in vivo* efficacy of NVP-BEZ235 is not correlated with PI3K/mTOR target regulation,
391 hotspot mutations in *PIK3CA*, *Ras* or *BRAF* in gastric tumor xenograft models, based on commercial
392 cell lines[35].

393 *In vivo*, NVP-BEZ235 showed the same effect on tumor growth inhibition as carboplatin. It is shown
394 that NVP-BEZ235 synergizes with chemotherapy *in vitro* and *in vivo* for several cancers[37, 38]. In
395 addition, combination of dual PI3K/mTOR inhibitors with radiotherapy can improve radiosensitivity in
396 radioresistant prostate cancer cells[39]. Therefore, combination treatment of (neo)adjuvant therapy
397 and targeted therapy for advanced and recurrent EC could be an interesting strategy, especially for
398 patients harboring a chemo- or radioresistant tumor. Further comprehensive studies should be
399 performed to test the safety and efficacy *in vitro* and *in vivo* of these treatments before clinical
400 application.

401 Although the present study has several limitations such as the small number of cell cultures tested *in*
402 *vitro* and *in vivo*, it demonstrated a synergistic interaction between NVP-BEZ235 and AZD6244 in
403 primary endometrioid EC cells *in vitro*. In addition, NVP-BEZ235 showed the same anti-proliferative
404 effects as carboplatin *in vivo*. Therefore, it will be interesting to determine the synergistic effect of
405 targeted therapies and currently used therapies. Remarkably, the antitumor effects of single and
406 combination treatment of targeted therapies *in vitro* and *in vivo* were independent of mutations related
407 to the PI3K/AKT/mTOR and Ras/Raf/MEK pathway. Moreover, they showed anticancer effects in MSI
408 defined tumors. Altogether, targeted therapies against PI3K and/or mTOR seem a promising
409 treatment strategy for EC.

410

411 **Conflict of Interest Statement**

412

413 No conflicts of interest

414

415 **Acknowledgments**

416

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419

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421

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533 apoptosis, reducing autophagy, suppressing NHEJ and HR repair pathways. *Cell Death Dis*
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535

536 **Figures and legends**

537

538 **Table 1. IC₅₀ values of three primary endometrioid EC cell cultures for PI3K and/or mTOR**
539 **inhibitors and a MEK inhibitor (AZD6244) at 72h.**

540

541 **Figure 1. The effect of NVP-BEZ235, Temeirolimus, NVP-BKM120 and AZD6244 on cell viability**
542 **in primary endometrial carcinoma cell cultures.** Dose response curves of NVP-BEZ235,
543 Temeirolimus, NVP-BKM120, and AZD6244 for all primary cell cultures are shown. All cell cultures

544 were treated with increasing doses of the 4 compounds (0-100 μ M) (n=4 wells per concentration) for
545 72h. Changes in cell proliferation were examined by MTT assay. Each data point represents the mean
546 \pm SEM of triplicate experiments. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ compared to control, two-way
547 ANOVA with Bonferroni post hoc test.

548

549 **Figure 2. The induction of cell cycle arrest by NVP-BEZ235 and AZD6244 on in primary**
550 **endometrial carcinoma cell cultures.** Three primary EC cell cultures were treated with NVP-
551 BEZ235, AZD6244 as single or combination treatment. Cell cultures were treated with the respective
552 IC_{50} values of NVP-BEZ235 and AZD6244. Cell cycle distribution was determined at 24h, and 48h. A)
553 At 24h no cell cycle arrest was induced for all cell cultures. B) After 48h, NVP-BEZ235 and AZD6244
554 increased the population of cells in the S phase for PC-EM001 and PC-EM002. In addition, an
555 increased percentage of cell in G1 phase of PC-EM002 was determined for NVP-BEZ235 and
556 AZD6244 treatment. Data represent the mean \pm SEM of duplicate experiments after 48h of treatment.
557 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ compared to each treatment group, two-way ANOVA with Bonferroni
558 post hoc test.

559

560 **Figure 3. The effect of NVP-BEZ235 and AZD6244 on early and late apoptosis in primary**
561 **endometrial carcinoma cell cultures.** Three primary EC cell cultures were treated with NVP-BEZ235
562 combined with AZD6244 or as single treatments. Cell cultures were treated with the respective IC_{50}
563 values of NVP-BEZ235 and AZD6244. Induction of apoptosis was determined at 24h, and 48h. A) For
564 two cell cultures, PC-EM002 and PC-EM004, early apoptosis was induced at 24h. PC-EM002 also
565 showed late apoptosis in response to combination treatment at 24h. B) After 48h, an increased
566 apoptosis was induced in PC-EM002 cells. Data represent the mean \pm SEM of duplicate experiments
567 after 24h and 48h of treatment. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ compared to each treatment group,
568 two-way ANOVA with Bonferroni post hoc test.

569

570 **Figure 4. The influence of NVP-BEZ235 and AZD6244 on activation of cell signaling pathways.**
571 Cells were incubated with NVP-BEZ235 and/or AZD6244 for 6h and 24h. Cell cultures were treated
572 with the respective IC_{50} values of NVP-BEZ235 and AZD6244. Phosphorylation of AKT, S6, and
573 ERK1/2 was analyzed by Western Blotting. In the PC-EM001 cell culture, only AZD6244 showed an

574 effect on phosphorylation of investigated proteins, by dephosphorylation of p-S6^(Ser235/236) and p-
575 ERK1/2^(Thr202/Tyr204). In PC-EM002 and PC-EM004 cultures, NVP-BEZ235 reduced p-AKT^(Ser473) and p-
576 S6^(Ser235/236) levels and AZD6244 decreased p-S6^(Ser235/236) and p-ERK^(Thr202/Tyr204) levels. Combination
577 treatment showed dephosphorylation of all 3 proteins for both cell cultures. Effects were determined
578 for at least 24h.

579

580 **Figure 5. The effect of NVP-BEZ235 on tumor growth *in vivo*.** PC-EM002 and PC-EM004 bearing
581 mice were treated with vehicle (10% NMP/90% PEG), NVP-BEZ235 (40 mg/kg; daily, p.o.), or
582 carboplatin (50 mg/kg, 1x/week, i.p.) (n=7). A) NVP-BEZ235 reduced tumor growth for PC-EM002 and
583 even stabilized tumor growth for PC-EM004. The effect of targeted therapy was comparable to
584 chemotherapy. One-way ANOVA for repeated measurements followed by Tukey's multiple
585 comparison test was performed. B) Wet tumor weights were significantly different between mice
586 treated with a compound and mice treated with placebo. One-way ANOVA followed by Tukey's
587 multiple comparison test was performed. C) For both xenograft models a reduction of p-S6 was
588 demonstrated for tumors of mice treated with NVP-BEZ235.

589 Results are presented as mean ± SEM. ** $p < 0.01$, *** $p < 0.001$ compared to placebo group.

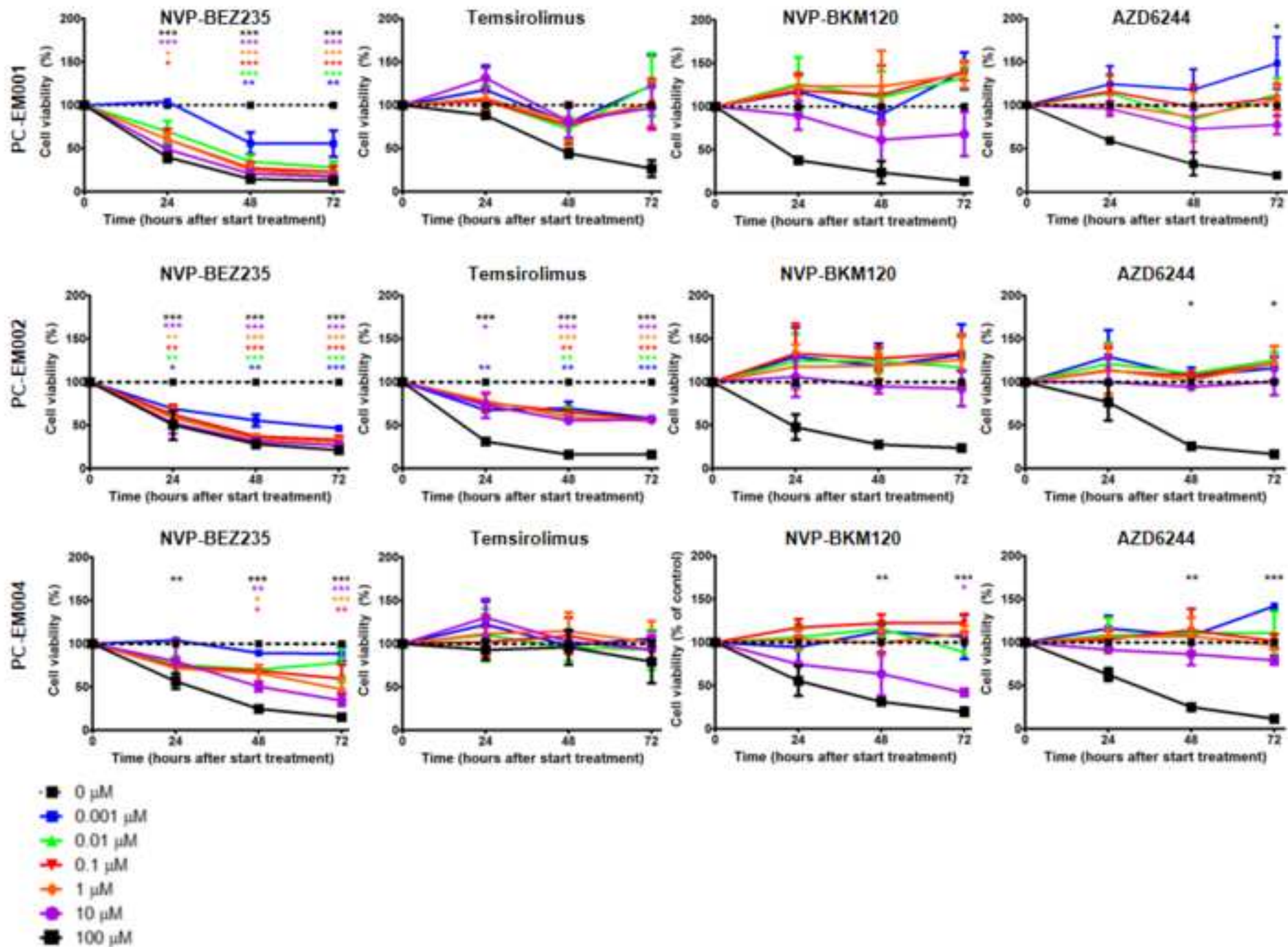
590

591 **S1. Overview combination index of primary endometrioid endometrial carcinoma cell cultures**
592 **treated with a combination of NPV-BEZ235 and AZD6244 for 72h.** Combination index: Synergistic
593 effect is indicated in blue and antagonistic effect is indicated in orange.

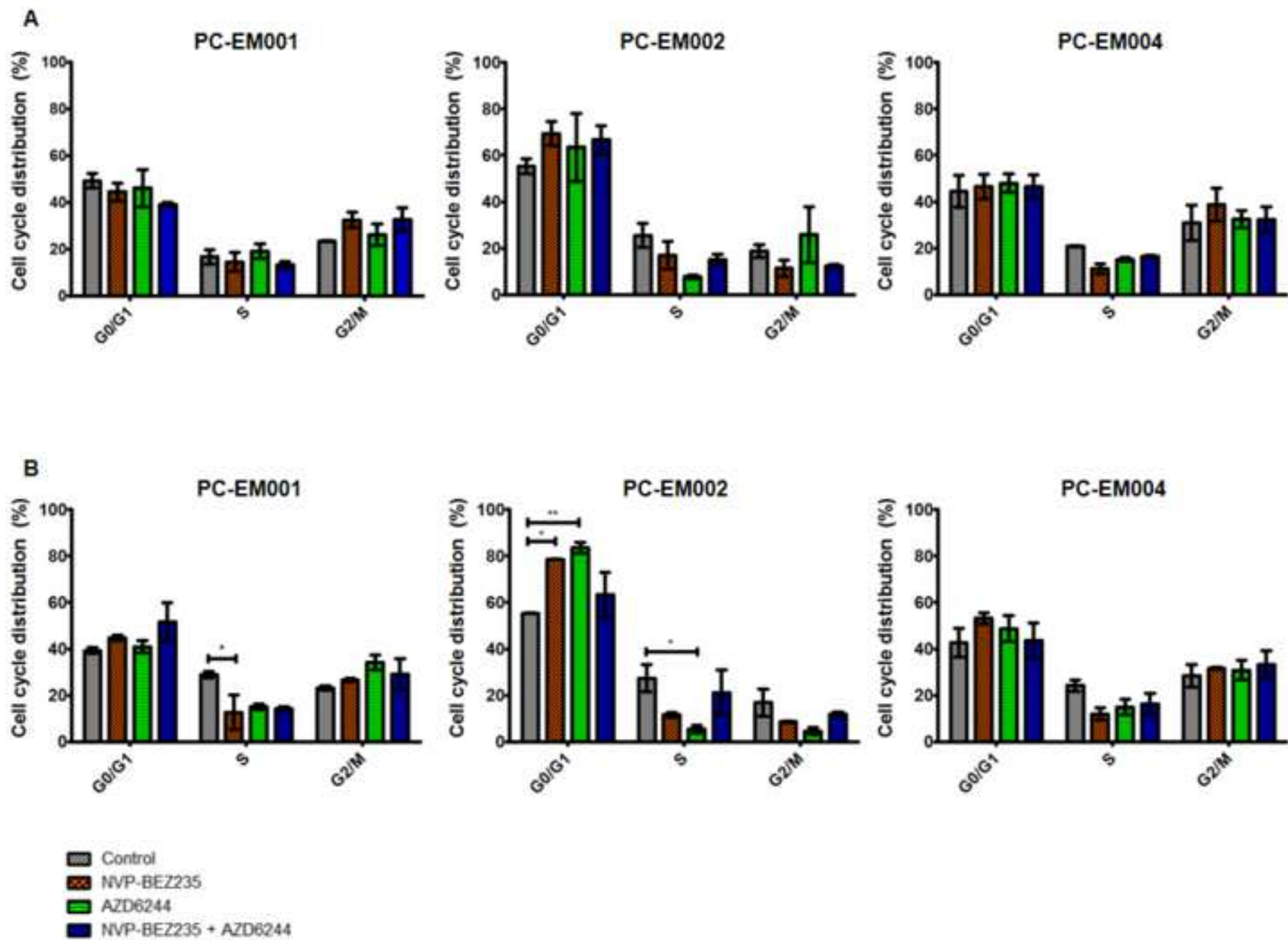
4. Table 1[Click here to download 4. Table: BEZ-AZD_Table 1_20150304_SS.docx](#)

ID cell culture	Histopathology	Grade	FIGO Stage (2009)	Mutation profile	NVP-BEZ235 (µM)	AZD6244 (µM)
PC-EM001	Endometrioid	2	II	KRAS_G35 ACT (GT)	1.80E-4	27.00
PC-EM002	Dedifferentiated endometrioid	3	II	PIK3CA_277T (TC) PTEN_697 (CT)	0.20	79.70
PC-EM004	Mixed endometrioid/serous	3	IA	/	2.09	41.55

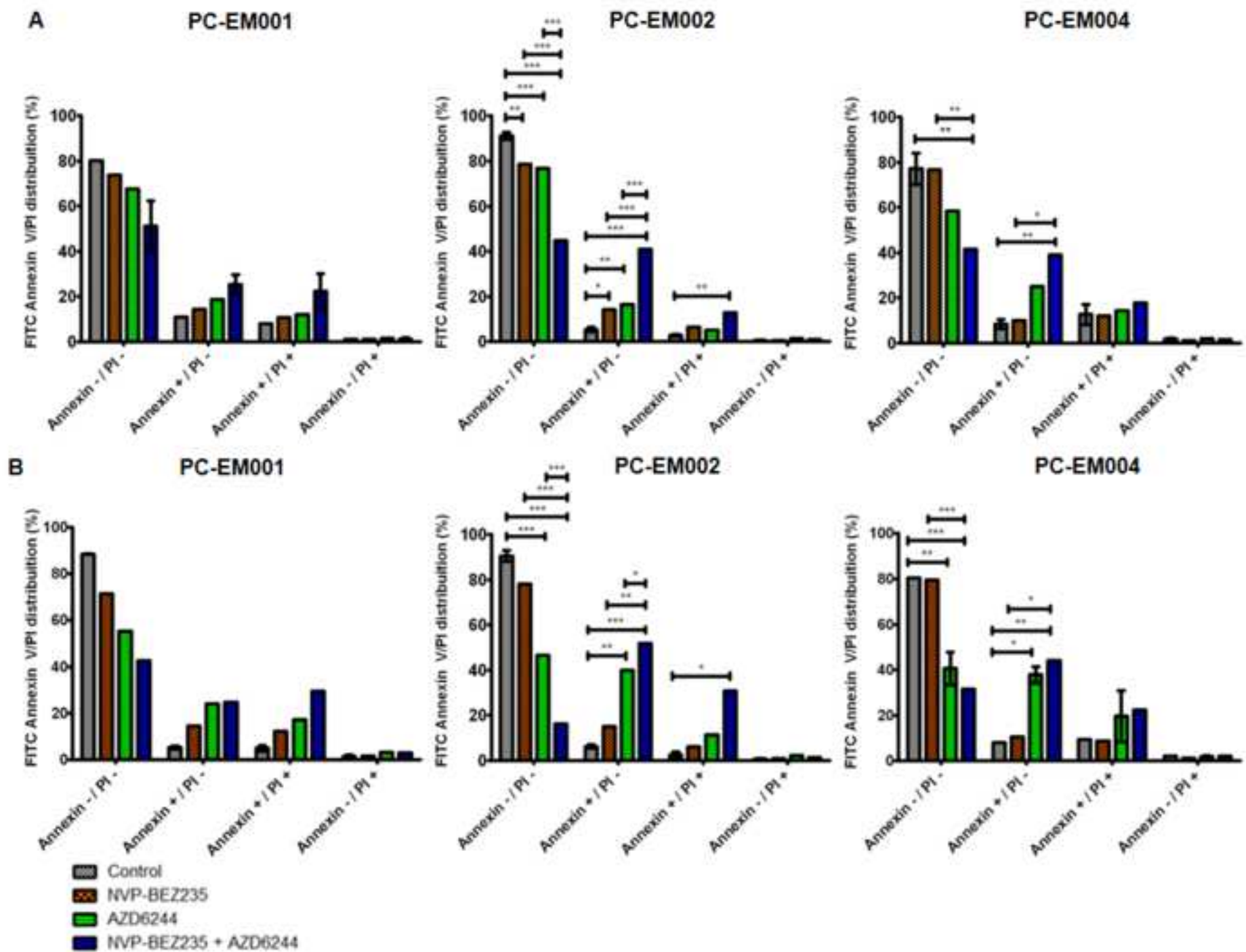
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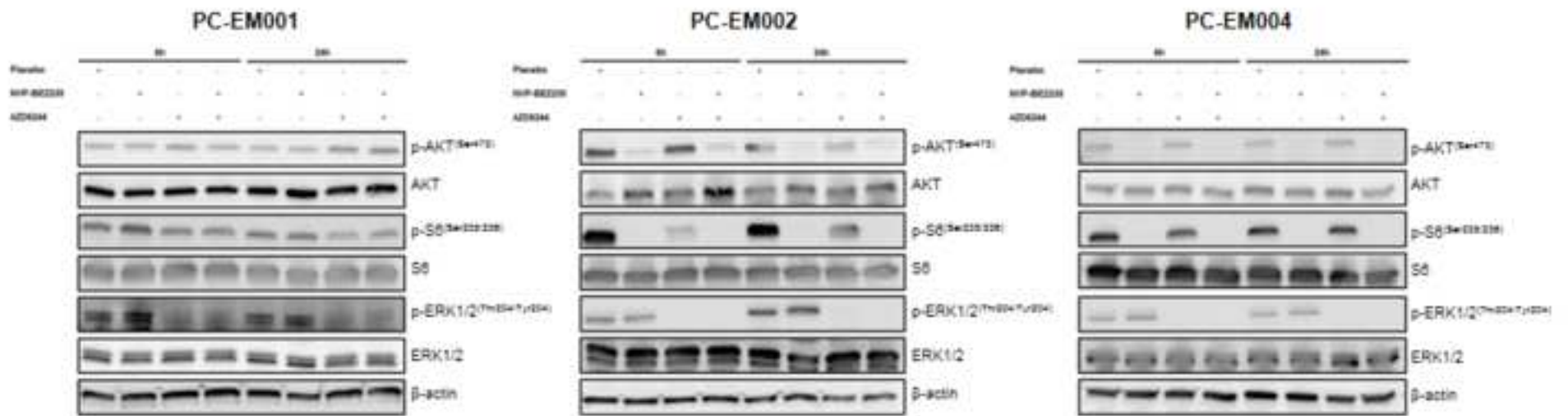
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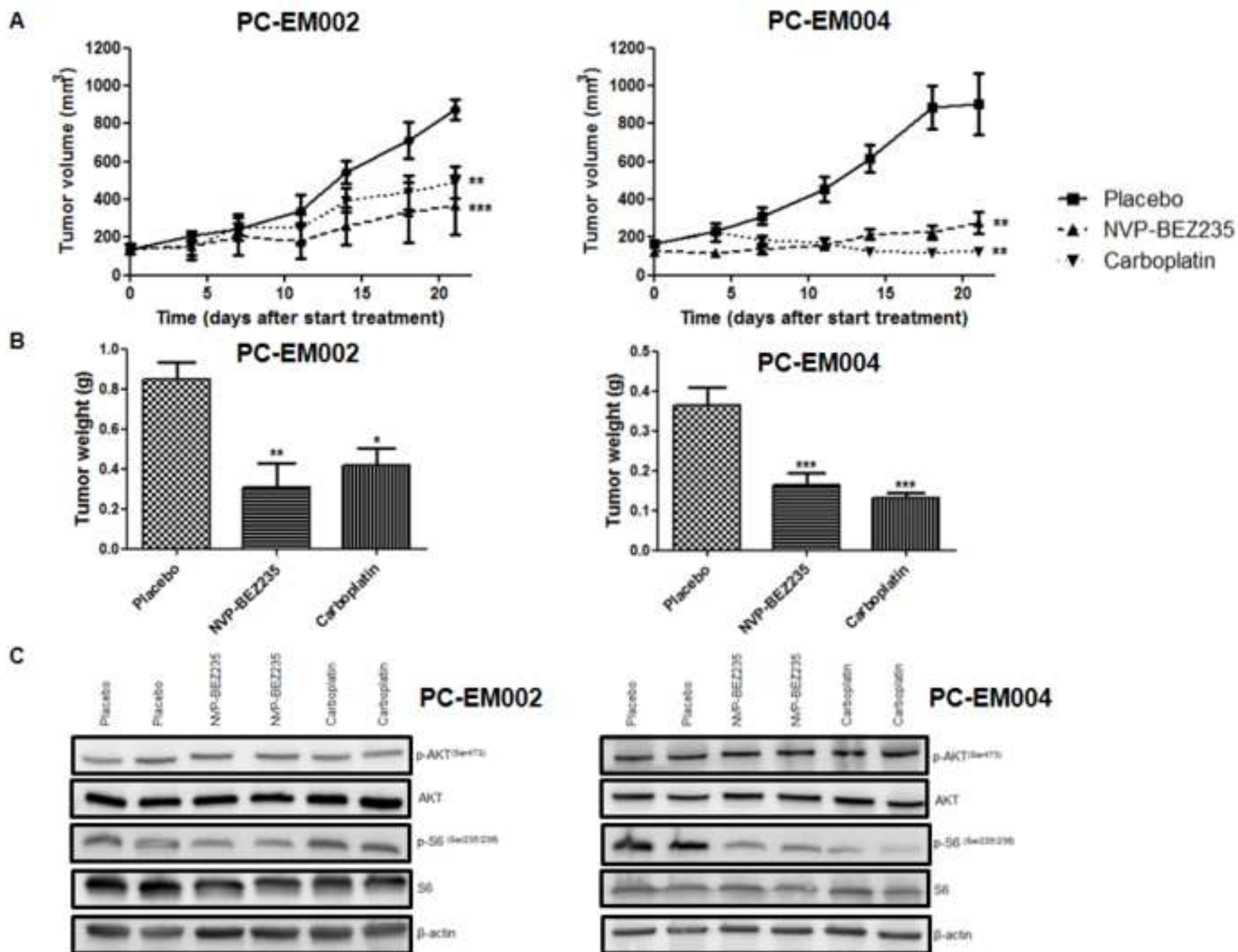


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5. Figure 5

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Supplementary file 1

PC-EM001

NVP-BEZ235 (μM)

7.20E ⁻⁴	1.33	1.26	1.22	1.11	1.00	
3.60E ⁻⁴	0.77	0.77	0.69	0.64	0.52	
1.80E ⁻⁴	1.21	0.56	0.45	0.43	0.32	
0.90E ⁻⁴	2.18	1.09	0.41	0.47	0.23	
0.45E ⁻⁴	5.70	2.17	1.32	0.80	0.22	
	6.80	13.50	27.00	54.00	108.00	AZD6244 (μM)

PC-EM002

NVP-BEZ235 (μM)

0.80	0.10	0.19	0.36	0.67	1.34	
0.40	0.11	0.19	0.35	0.66	1.35	
0.20	0.10	0.19	0.35	0.67	1.37	
0.10	0.11	0.19	0.36	0.67	1.36	
0.05	0.11	0.19	0.36	0.68	1.36	
	19.93	39.85	79.70	159.40	318.80	AZD6244 (μM)

PC-EM004

NVP-BEZ235 (μM)

8.40	0.06	0.10	0.17	0.26	0.46	
4.20	0.07	0.11	0.17	0.25	0.47	
2.10	0.08	0.12	0.19	0.29	0.47	
1.05	0.07	0.13	0.22	0.29	0.48	
0.53	0.07	0.12	0.22	0.31	0.47	
	10.39	20.78	41.55	83.10	166.20	AZD6244 (μM)