

# New genetic insights highlight 'old' ideas on motor dysfunction in dystonia

Rose E. Goodchild<sup>1</sup>, Kathrin Grundmann<sup>2</sup>, and Antonio Pisani<sup>3,4</sup>

<sup>1</sup>Vlaams Instituut voor Biotechnologie (VIB) Centre for the Biology of Disease and KU Leuven, Department of Human Genetics, Campus Gasthuisberg, 3000 Leuven, Belgium

<sup>2</sup>Department of Medical Genetics and Applied Genomics, University of Tuebingen, Tuebingen, Germany

<sup>3</sup>Department of System Medicine, University of Rome Tor Vergata, Rome, Italy

<sup>4</sup>Fondazione Santa Lucia, Istituto di Ricovero e Cura a Carattere Scientifico (IRCCS), Rome, Italy

**Primary dystonia is a poorly understood but common movement disorder. Recently, several new primary dystonia genes were identified that provide new insight into dystonia pathogenesis. The *GNAL* dystonia gene is central for striatal responses to dopamine (DA) and is a component of a molecular pathway already implicated in DOPA-responsive dystonia (DRD). Furthermore, this pathway is also dysfunctional and pathogenically linked to mTOR signaling in L-DOPA-induced dyskinesias (LID). These new data suggest that striatal DA responses are central to primary dystonia, even when symptoms do not benefit from DA therapies. Here we integrate these new findings with current understanding of striatal microcircuitry and other dystonia-causing insults to develop new ideas on the pathophysiology of this incapacitating movement disorder.**

## Dystonia genetics return to DA

Movement is central to human behavior, and the neurological diseases that affect motor function are severely incapacitating and a major clinical problem. Primary dystonia (see [Glossary](#)) is the third most common neurological movement disorder. It is characterized by involuntary muscle contractions that force the body into abnormal twisted positions and postures or cause patterned or stereotyped movements. Primary dystonia occurs from a normally appearing CNS and lacks an identifiable structural or biochemical cause. This disease has higher frequency amongst individuals who undertake intensive, long-term motor repetitions to enhance their fine motor skills, such as musicians [1]. This relationship associates dystonia with plasticity or over-training of the motor circuits. In addition, the lack of a gross pathological correlate also supports the theory that primary dystonia is a functional disease of abnormal neurochemistry, wiring, or physiology. However, there is no consistent neuropharmacological modification

of primary dystonia symptoms and the underlying neurobiological defects are largely unknown [2–4].

It is also clear that genetics influence the development of dystonia. Several monogenic familial dystonias have been identified, and these provide an unbiased route into understanding the mechanisms of a disease where classical pharmacological and pathological studies largely fail to provide insight. The process from gene identification to mechanistic understanding of dystonia has nevertheless been slow, in particular because the first primary dystonia genes are widely expressed and of unknown function. However, the advent of next-generation sequencing has increased the speed of dystonia gene discovery. Interestingly, two newly identified primary dystonia genes encode proteins with relatively specific expression in the striatal neurons that respond to DA signaling. One of these, *GNAL* [guanine nucleotide binding protein (G protein), alpha activating activity polypeptide, olfactory type], encodes a postsynaptic element of the same signaling cascade already implicated in DRD, despite DRD being classically regarded as mechanistically distinct from primary dystonia. Furthermore, there is also overlap between this dystonia-associated genetic pathway and the molecular cascade associated with LID and neuroleptic induced dyskinesias/dystonias. Considered together, the new genetic information on primary dystonia and molecular mechanisms of hyperkinetic movement disorders suggests that overlapping and converging mechanisms may underlie distinct types of functional dystonias and other hyperkinetic movement disorders.

## Glossary

**DOPA-responsive dystonia (DRD):** a form of dystonia caused by DA deficiency that is effectively treated by L-DOPA administration.

**Dystonia:** the symptom of abnormal involuntary twisting movements or sustained postures caused by coactivation of agonist and antagonist muscle groups.

***GNAL*/*Gα(olf)*:** selectively expressed paralog of widely expressed *GNAS*/*Gαs* stimulatory G protein  $\alpha$  subunit. Couples excitatory G-protein-coupled receptors (GPCR) to adenylate cyclase (AC) activation.

**L-DOPA (L-3,4-dihydroxyphenylalanine):** metabolic precursor to dopamine (DA) that is used therapeutically to elevate dopamine levels for bradykinesia in Parkinson's disease (PD) or DOPA-responsive dystonia.

**L-DOPA-induced dyskinesias (LID):** side effect of L-DOPA treatment in PD where L-DOPA fails to stably control motor symptoms and instead induces motor fluctuations, most commonly hyperkinetic dyskinesias.

**Primary dystonia:** neurological motor disease where dystonia occurs without a structural, degenerative, or metabolic explanation.

Corresponding author: Pisani, A. ([pisani@uniroma2.it](mailto:pisani@uniroma2.it)).

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### Characteristics of primary dystonia

The symptom of abnormal twisting movements, dystonia, occurs within a variety of syndromes. However, many individuals develop dystonia where there is no identifiable cause or etiology to explain the movement disorder. There is no cure for primary dystonia, and most patients are treated by peripheral administration of *Botulinum* toxin, to prevent muscle hyperactivation, or deep brain stimulation (DBS) that modifies basal ganglia rhythmicity via electrodes implanted into the globus pallidus. However, DBS is variably effective and addressing which locus is the primary defect in primary dystonia has been a contentious issue for decades. At face value, the hyperkinetic nature of dystonia is similar to dyskinesias or choreas associated with striatal dysfunction, but primary dystonia lacks the neurochemical or pathological hallmarks of these conditions. In recent years the idea of primary dystonia as a network disorder has developed, and focus has turned to other brain regions such as the cerebellum and the multi-locus hit hypothesis to explain the symptoms [2,5–12].

Primary dystonia is also a heterogeneous condition. Symptoms can develop in children or adults. Symptoms can affect a single body part and only when performing specific movements, or be generalized, affecting multiple body segments and lack task-specificity. Interestingly, symptom variability seems to be a fundamental feature of dystonia rather than a failure to recognize a spectrum of different diseases. Even well-defined monogenic primary dystonias are semi-penetrant and variable in age of onset, focal or generalized symptoms, or may spread from focal to generalized dystonia in the course of disease progression. This consistent variability in primary dystonia is suggestive of a common underlying mechanism, but one that is plastic and sensitive to multiple genetic or environmental modifiers that synergize or cancel out to drive or inhibit symptom development. Here we describe the expected neurobiological consequences of several dystonia-causing genetic mutations and integrate this information with new progress in research into other hyperactive movement disorders. However, a comprehensive review of all dystonia-causing mutations is beyond the scope of this paper and we refer the reader to reviews by Ozelius *et al.* [2] and Petrucci and Valente [13] for excellent recent descriptions.

### Genetic causes of dystonia

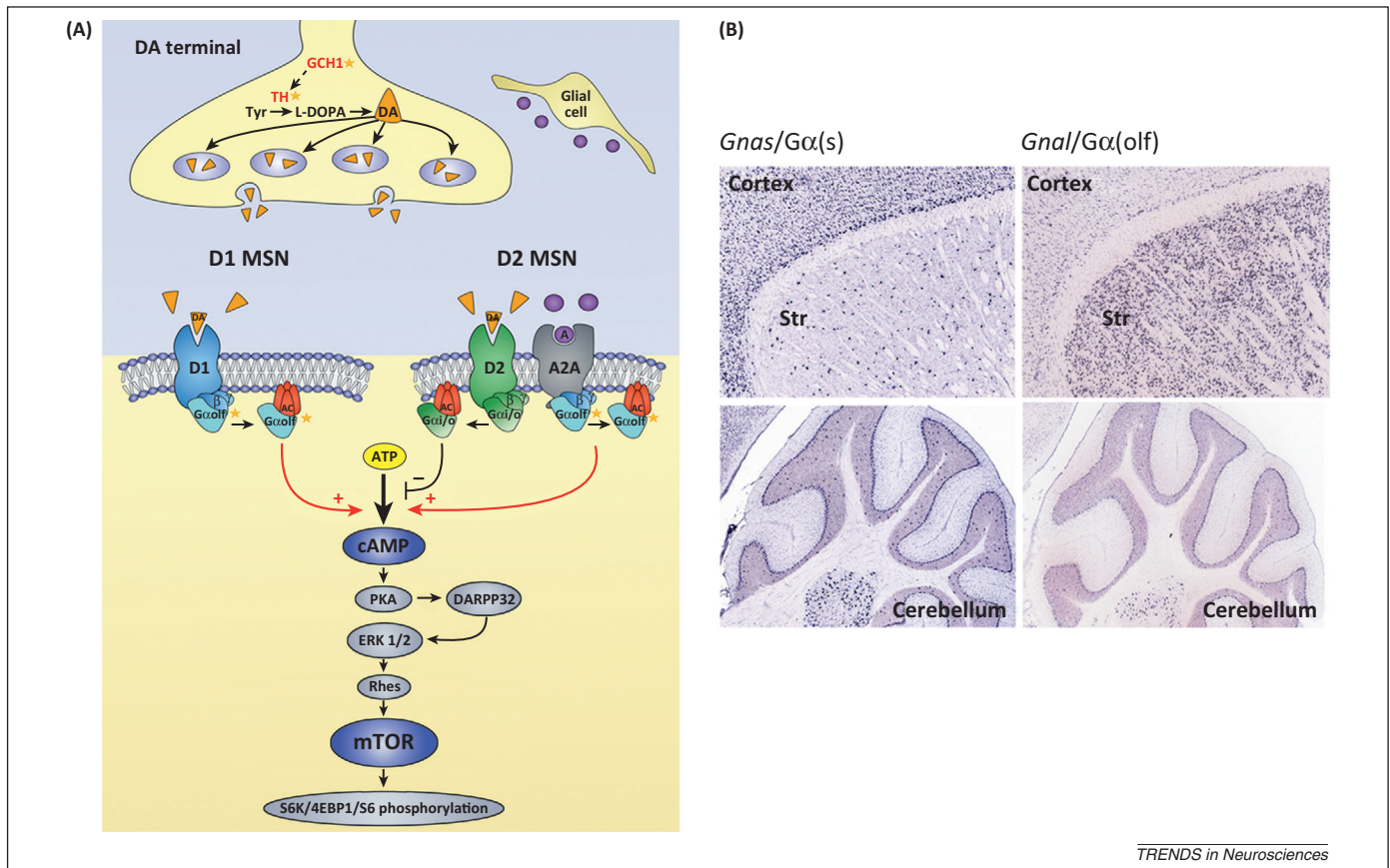
TOR1A dystonia is a 30% penetrant, autosomal dominant, early-onset primary torsion dystonia. The disease-causing mutation is an in-frame 3 bp deletion in *TOR1A* (torsin family 1, member A) and was the first identified primary dystonia mutation [14]. This deletion impairs *TOR1A* activity but also produces a mutant protein that lacks a single glutamic acid residue that potentially has gain-of-function or dominant negative actions [15]. TOR1A dystonia symptoms often begin in a single limb and tend to generalize throughout the body, although there are instances where the *TOR1A* mutation produces focal dystonia [16]. The modifiers that underlie incomplete penetrance and symptom variability are unknown, but a complex set of risks and suppressors are hypothesized because there is no simple link between penetrance and a genetic locus or environmental trigger. In 2008, *THAP1*

(thanatos-associated domain-containing apoptosis-associated protein 1) was discovered as the second primary dystonia gene. *THAP1* dystonia is also autosomal dominant primary dystonia with reduced penetrance and mixed symptom severity [17]. The cellular roles of torsinA and *THAP1* remain largely unknown, and these are broadly expressed proteins that have not yet led to cellular or neurobiological explanations for primary dystonia.

L-DOPA is a DA replacement therapy that causes dramatic, rapid improvement of DRD. This type of dystonia is classically regarded as a neurometabolic disorder and mechanistically distinct to forms of primary dystonia that otherwise are known to fail to respond to DA drugs [18]. However, similarly to TOR1A and *THAP1* dystonias, DRD is early onset, with reduced penetrance, and the symptoms often spread from a single limb to generalized dystonia. Pertinently, DRD also represents a situation where dystonia occurs despite normal brain structure. Most DRD is caused by dominant inheritance of *GCH1* (GTP cyclohydrolase 1) mutations [18,19]. There are over 100 distinct pathogenic missense, nonsense, deletions, or splicing *GCH1* mutations, and it therefore appears that *GCH1* haploinsufficiency is sufficient to cause DRD. There are also less frequent recessive forms of DRD caused by mutations in *TH* (tyrosine hydroxylase) or *SPR* (sepiapterin reductase). All three DRD genes participate in DA biosynthesis (Figure 1A): *GCH1* and *SPR* act sequentially to synthesize tetrahydrobiopterin (BH<sub>4</sub>), and BH<sub>4</sub> is subsequently required for *TH* to synthesize L-DOPA from tyrosine [18,20]. Thus, these genetic data strongly associate depressed striatal DA release with the development of dystonia.

The advent of next-generation sequencing has rapidly increased the rate of dystonia gene discovery. Dominantly inherited mutations that segregate with primary dystonia are now identified in *CIZ1* [CDKN1A (Cip1) interacting zinc finger protein 1], *ANO3* (anoctamine3), *TUBB4* ( $\beta$ -tubulin 4A), and *GNAL* [21–25]. These recent discoveries are especially interesting because both *ANO3* and *GNAL* are enriched in the striatum, the same nucleus affected by the DRD genetic deficiencies.

*ANO3* is a member of the anoctamine gene family whose best-characterized members are epithelial chloride channels [26]. Thus, it is possible that *ANO3* mutations cause dystonia by directly perturbing intrinsic neuronal physiology, and that the striatum is particularly affected by virtue of higher *ANO3* expression. The *GNAL* protein is G $\alpha$ (olf), a stimulatory  $\alpha$  subunit for heterotrimeric G-protein complexes (guanine nucleotide-binding protein). *GNAL*/G $\alpha$ (olf) is a paralog of the widely expressed *GNAS* gene that encodes G $\alpha$ (s). G $\alpha$ (olf) or G $\alpha$ (s) both functionally couple seven transmembrane G-protein-coupled receptors (GPCR) to adenylate cyclase (AC), and this activity is required for GPCR-stimulated cAMP production (Figure 1A). *GNAS*/G $\alpha$ (s) is the predominant stimulatory  $\alpha$ -subunit in the CNS and is highly expressed throughout cortex, midbrain, cerebellum, and brainstem, whereas *GNAL*/G $\alpha$ (olf) is expressed at lower levels and displays a more selective expression pattern. However, the relative expression of G $\alpha$ (s) and G $\alpha$ (olf) is specifically reversed in the striatum, where G $\alpha$ (s) is virtually absent and G $\alpha$ (olf) mRNA is higher



**Figure 1.** A dystonia-associated striatal signaling cascade. **(A)** Dystonia-causing loss-of-function mutations (yellow stars) in *GCH1* (GTP cyclohydrolase 1), *TH* (tyrosine hydroxylase) [18,19], and *GNAL/Gα(olf)* [22] intersect to suppress striatal dopamine (DA) signaling to adenylyl cyclase (AC), cAMP, and protein kinase A (PKA). *GCH1* and *TH* (red) are presynaptic in the terminals of nigrostriatal projection neurons where they participate in DA biosynthesis. There are two classes of DA receptor, D1DR-like ('D1' – D1DR and D5DR) and D2DR-like ('D2' – D2DR, D3DR, and D4DR) that mediate postsynaptic DA responses. The *D1DR* and *D2DR* genes are highly expressed by medium spiny neurons (MSN) of the direct and indirect pathways, respectively, although other DA receptor genes are more broadly expressed. Striatal D1DR-like receptors are excitatory and interact with *GNAL/Gα(olf)* (turquoise) to activate AC. Striatal adenosine 2A receptors (A2A) are specifically expressed by D2DR-bearing MSN, and also couple to *GNAL/Gα(olf)* and cAMP production. The inhibitory class of DA receptors, D2DR-like, instead interact with  $G\alpha(i)$ - or  $G\alpha(o)$ -containing G proteins that inhibit cAMP production, among other targets. Therefore, D1DR-like and A2AR activation have the opposite action to D2DR-like, although the receptors do not necessarily directly compete and there is evidence for extra complexity due to receptor dimerization [39,40]. The downstream targets of striatal PKA activation are varied, but many PKA-mediated effects require phosphorylation of the DARPP-32 protein and post-translational modification of receptors, ion channels, and altered gene transcription [67]. The activation of extracellular signal-regulated kinases 1/2 (ERK1/2) is also a well-characterized response to PKA activation in MSN. Furthermore, L-DOPA treatment in the DA-depleted condition of Parkinson's disease (PD) provides an example where this dystonia-associated pathway pathologically activates mTOR and associated protein translation machinery via DARPP-32, ERK1/2, and the striatum-specific Rhes G protein [61,62,64]. Additional abbreviations: 4EBP1, eukaryotic translation initiation factor 4E-binding protein 2 (EIF4EBP1); S6, ribosomal protein S6; S6K, S6 kinase. **(B)** *Gnal* encodes the stimulatory heterotrimeric G protein  $\alpha$ -subunit expressed by most striatal neurons. Images of *Gnas* and *Gnal* expression in the mouse cortex, striatum, and cerebellum are from the Allen Mouse Brain Atlas [68]. *In situ* hybridization signals for *Gnas* mRNA (left panels: <http://mouse.brain-map.org/experiment/show/510>) are seen in the majority of cortical and cerebellar neurons, but are present in only a small subset of striatal neurons that are probably cholinergic interneurons [29]. By contrast, *Gnal* *in situ* hybridization signals (right panels: <http://mouse.brain-map.org/experiment/show/69734482>) are clearly detected in the majority of striatal neurons and are stronger than in other brain areas.

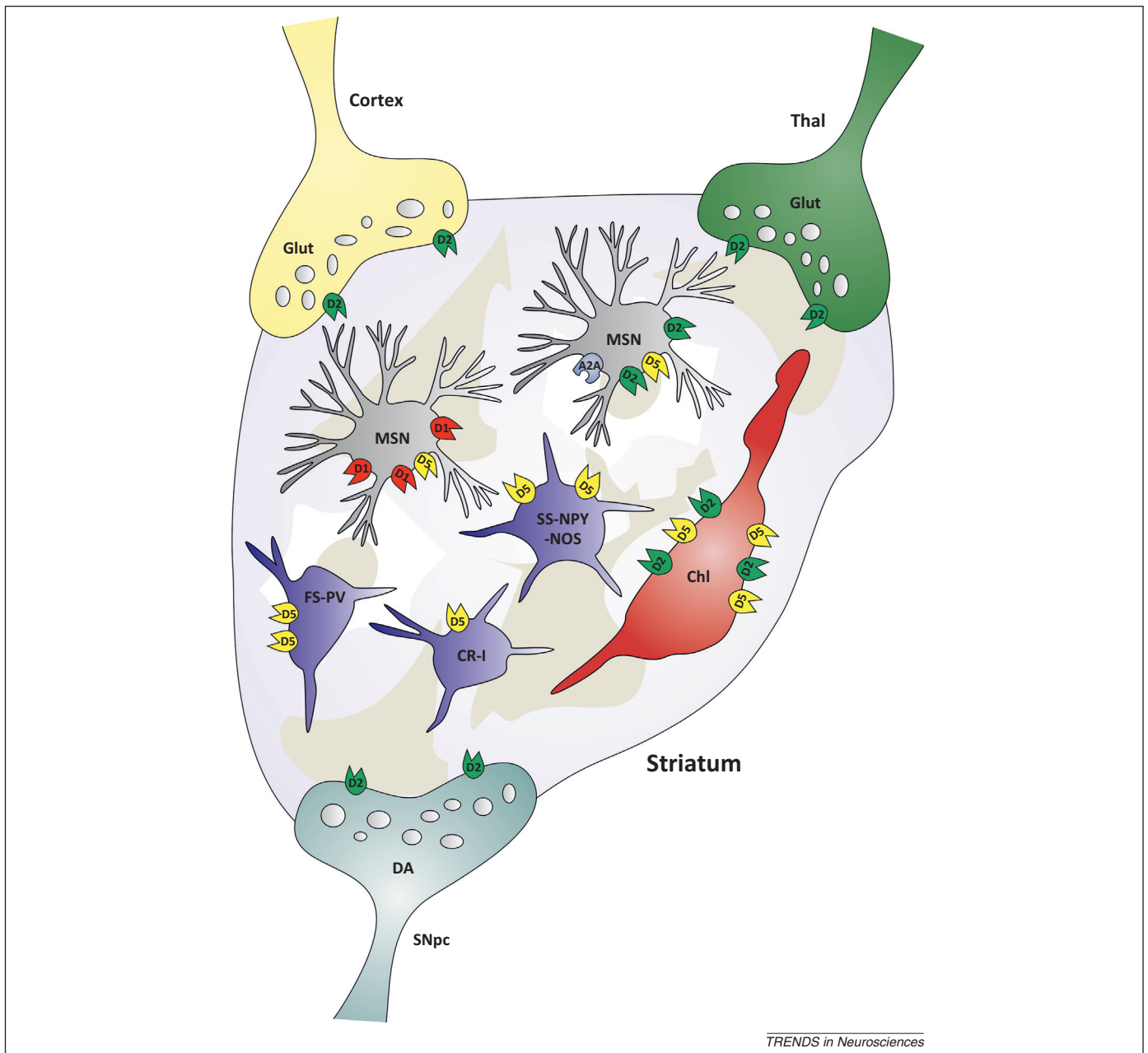
than in other CNS areas [27–29] (Figure 1B). Thus, striatal neurons are specifically dependent on *GNAL/Gα(olf)* for GPCR stimulation of cAMP levels because they lack *GNAS/Gα(s)* [27,30]. Furthermore, functional analyses suggest that dystonia-causing mutations suppress  $G\alpha(olf)$  activity [22] and the association between *GNAL* mutations and dystonia has been confirmed by independent laboratories and in different ethnic backgrounds [23]. Thus, these data provide strong evidence that *GNAL*-associated primary dystonia develops because of impaired striatal signal transduction.

### The striatum is the input station for basal ganglia movement processing

A consideration of striatal neuron connectivity and pharmacology is needed to translate how *GCH1*, *TH*, or *GNAL* mutations affect CNS function and cause dystonia. The

striatum filters a massive cortical and thalamic excitatory glutamatergic signal into an inhibitory GABAergic output that ultimately determines movement/action (Figure 2). The striatum is also the site where DA release promotes movement by signaling to striatal neurons. The majority of striatal neurons are medium spiny neurons (MSN) that project to basal ganglia output nuclei. There are two categories of MSN: the 'direct pathway' MSN that project to the substantia nigra pars reticulata/internal globus pallidus (entopeduncular nucleus of rodents), and the MSN forming the 'indirect pathway' that project to the external globus pallidus (globus pallidus of rodents) [31,32]. Pioneering studies determined that direct pathway MSN express high levels of the D1 DA receptor gene (*D1DR*), whereas expression of both D2DR and adenosine 2 receptors (A2AR) is the hallmark of MSN of the indirect pathway [33,34]. The striatum also contains several





**Figure 2.** Microcircuitry of the striatum. The striatum is the input nucleus of the basal ganglia motor circuit and integrates glutamatergic (Glut) inputs from the cortex and thalamus (Thal). The striatum contains at least six distinct classes of neuron. The majority are GABAergic medium spiny neurons (MSN) that send axons to basal ganglia output nuclei. MSN are traditionally subdivided in terms of their projection patterns and neuropeptide and dopamine (DA) receptor expression profiles. Direct pathway MSN project to the substantia nigra pars reticulata, predominantly express D1DR receptors (D1), and promote directed movement, whereas indirect pathway neurons project to the globus pallidus, predominantly express receptors D2DR (D2) and A2AR (adenosine 2 receptor; A2A), and their activity appears to suppress the drive to movement [69]. The striatum also contains several classes of interneuron. There are at least three distinct types of GABAergic interneurons: fast-spiking (FS) parvalbumin (PV)-expressing interneurons, interneurons expressing calreticulin (CR-I), and a class of neurons that coexpress neuropeptide Y (NPY), NOS (nitric oxide synthase), and somatostatin (SS). There are also giant interneurons that release acetylcholine (ChI). DA is released in the striatum from axon terminals that originate in the substantia nigra pars compacta (SNpc). DA is a centrally-important modulator of striatal neuron activity via a complex series of events mediated by receptors present on the presynaptic terminals of striatal inputs, on striatal projection neurons and on striatal interneurons. Notably, although excitatory D5DRs (D5, yellow) are expressed at low levels, they are present on many striatal neurons and are higher-affinity DA receptors [70], thus further complicating simple predictions for how DA modifies the activity of different striatal neuron subtypes [36].

classes of GABAergic interneurons that express DA receptors, as well as DA-sensitive cholinergic interneurons that output rhythmic acetylcholine release and also modulate DA levels. Thus, a complex mix of glutamate, adenosine, DA, acetylcholine, GABA, and several neuropeptides, modify striatal control of movement [35,36] (Figure 2). The complexity of this neuronal circuitry is a major challenge for a unifying theory of striatal function and neurotransmitter actions. However, it is clear that striatal DA

promotes movement, as classically evidenced by the bradykinesia produced when DA neurons degenerate in Parkinson's disease (PD), whereas degeneration of striatal neurons, with a preference for indirect MSN loss, drives the hyperkinetic motor disturbance of Huntington's disease.

DA receptors are subdivided into two groups: 'excitatory' D1DR-like, comprising the D1DR and D5DR proteins, and 'inhibitory' D2DR-like including the products of the

*D2DR*, *D3DR*, and *D4DR* genes and their splice variants. The different classes of DA receptor couple to different G proteins, and thus DA has different effects depending on which receptors are present (Figure 1A). In a traditional model of basal ganglia function, the direct pathway MSN facilitates movement whereas activation of indirect pathway MSN represses movement. This model also postulates that DA differentially modulates these pathways by stimulating, via the excitatory D1DR, direct pathway MSN and suppressing the indirect pathway MSN (via the D2DR). However, the picture is more complex than represented by this model. For example, there is presynaptic expression of D2DR on DA and glutamatergic terminals. Furthermore, the high-affinity D5DR is expressed by both types of MSN and striatal interneurons [35,36], and there is evidence for coexpression of *D1DR* and *D2DR* genes in a subset of MSN projection neurons [37–39] (Figures 1A,2). There are also other neurotransmitter receptors that signal into DA-sensitive signal transduction cascades, most notably the striatal A2AR that couple to *GNAL*/ $G\alpha(\text{olf})$  and cAMP production, and can heterodimerize with D2DR [40] (Figure 1A). In addition, alongside the model of direct and indirect pathway competition, there is emerging evidence for coordinated activation of both MSN pathways during movement [41,42].

#### Suppression of a striatal *GCH1*, *TH*, and *GNAL* molecular pathway leads to dystonia

The *GCH1*, *TH*, and *GNAL* dystonia genes are components of a striatal DA signaling pathway (Figure 1A). *GCH1* and *TH* gene products participate in DA synthesis in the presynaptic portion of this pathway. This biochemical role and the conclusion that impaired DA synthesis causes dystonia derives from the fact that DRD-causing mutations are typically loss-of-function type mutations, L-DOPA administration effectively remediates dystonia symptoms, and there is a demonstrated DA deficiency in the striatum of DRD patients [18,43]. *GNAL*/ $G\alpha(\text{olf})$  functions immediately downstream of striatal D1DR, D5DR, and A2AR, and couples these GPCR subtypes to AC, cAMP, and protein kinase A (PKA) activation [30] (Figure 1A). There are also data from *Gnal* mice that  $G\alpha(\text{olf})$  expression is rate-limiting for DA stimulation of cAMP [44]. Thus, based on the selective expression, biochemical functions, and the nature of *GCH1*, *TH*, and *GNAL* mutations, it appears that these three genetic causes of dystonia intersect to suppress the D1DR-like/cAMP/PKA pathway in striatal neurons. It is also interesting to consider that individuals with *GCH1* and *TH* mutations respond well to L-DOPA therapy because this reverses the fundamental problem of DA deficiency, although L-DOPA is unlikely to be as effective when the pathway-suppressing mutation lies downstream of DA or receptors. Together, these data strongly lead to the re-emergence of ‘old ideas’ on the role of the striatum as a key player in dystonia pathophysiology.

#### Evidence for striatal dysfunction in other forms of dystonia

Numerous lines of evidence link dopaminergic dysfunction and striatal signaling to the symptom of dystonia [45,46].

#### Box 1. DA receptor-blocking drugs and dystonia

Hyperkinetic movement disorders, including dystonia, can appear as a side effect of different psychoactive drugs, including commonly prescribed compounds such as haloperidol. These side effects are most strongly associated with first-generation neuroleptics that competitively block D2DRs. Most D2DR antagonist drug-induced dystonia occurs relatively early in the course of treatment and is reversible on drug discontinuation. However, abnormal involuntary movements also appear after chronic D2DR antagonist use, particularly in the elderly. These motor dysfunctions are often irreversible and difficult to treat, suggesting that long-term D2DR blockade induces permanent changes in striatal physiology. The affinity of the antagonists for D2DR is considered relevant for the drug to bear neuroleptic potential. Of interest, positron emission tomography (PET) studies have shown that optimal antipsychotic response requires approximately 60% D2DR occupancy; higher occupancy rates are also associated with increased incidence of motor side effects [71–73]. Nevertheless, the appearance of dystonia is variable and only some individuals develop side effects from D2DR blockade. Thus, drug-induced dystonia is another situation where a dystonia-causing insult is well defined, but other modifiers appear to affect the ‘penetrance’ of dystonia development.

Overall, there is little mechanistic understanding of how D2DR antagonists cause hyperkinetic movements. There is no strong or single-locus genetic explanation for the variability in the occurrence of drug-induced dystonia, although associations are found with polymorphisms in the *D2DR* gene and in genes encoding the GRIN1 and 2A subunits of the NMDA receptor and the D1DR (reviewed by Teo *et al.* [74]). Furthermore, the precise involvement of the different D2DR-like receptor subtypes, encoded by the *D2DR*, *D3DR* and *D4DR* genes, remains uncertain, and other neurotransmitters and NMDA and 5-HT receptors emerge as possible alternatives [74]. It seems likely that different mechanisms account for reversible versus irreversible forms of drug-induced dystonia that result from acute and chronic drug administration, respectively. For irreversible drug-induced dystonia it is also necessary to consider how long-term use of D2DR antagonists permanently alters striatal physiology and neurotransmission because there is no obvious sign of structural defects in these patients. The idea that long-term neuroleptic use induces maladaptive synaptic plasticity has been proposed [74] but, in general, we are some distance from understanding the molecular details of how pharmacological repression of DA signaling permanently affects the striatum and motor circuitry.

However, the relationship for primary dystonia remains contentious because, by definition, primary dystonia is rarely affected by dopaminergic therapies. The identification of *GNAL*/ $G\alpha(\text{olf})$  as a primary dystonia gene now highlights the idea that dystonia can occur because of defects in striatal signal transduction pathways downstream of DA receptors. There is also evidence from other forms of dystonia to support this theory for defective striatal signaling in dystonia. First, it is well recognized that short-term and long-term pharmacological blockade of D2DR produces dystonia. Although the mechanisms underlying this relatively common side effect remain unclear (Box 1), this further associates dystonia with DA and striatal dysfunction. Furthermore, striatal D2DR availability is decreased in THAP1 dystonia and TOR1A dystonia patients, which are two forms of primary dystonia that rarely respond to DA drugs [47,48]. The deficiency in D2DR is also seen in non-manifesting carriers of the *TOR1A* mutation, which suggests that these DA receptor deficits are a primary consequence of the dystonia-causing mutation rather than secondary compensation against dystonia. More evidence for defective DA signaling comes from several genetic rodent models of TOR1A dystonia. Mice

carrying *Tor1a* mutations have aberrant D2DR-mediated responses that are paralleled by reduced D2DR protein levels and impaired activation of the cognate G proteins [49]. There is also a significant impairment of striatal neuron plasticity to cortical inputs in transgenic mice and rats overexpressing mutant torsinA [50,51], as well as in mice where the dystonia-causing deletion is introduced into the mouse *Tor1a* gene (*DYT1 Δgag* knock-in mice) [52]. Plasticity defects in *DYT1* models are primarily caused by altered D2DR-mediated control of cholinergic neuron function, and in one model were restored by antagonism of A2AR [49,51].

The mechanism(s) that link *TOR1A* and *THAP1* mutations with postsynaptic striatal neurobiological defects are largely unknown. However, evidence from mouse and *Drosophila* suggests that torsinA is important for trafficking postsynaptic mRNAs from the nucleus to the cytosol [53,54]. Furthermore, there is a genetic interaction reported between *Drosophila* torsin and DA synthesis [55]. In the case of *THAP1* dystonia, the *THAP1* protein is a binding partner for Par4, which in turn is an interaction partner of the D2DR [56,57]. Thus, both *TOR1A* and *THAP1* dystonia are associated with defective postsynaptic striatal responses to DA, although the evidence points to the D2DR pathway also implicated in drug-induced dystonias (Box 1) rather than the D1DR-like pathway at the intersection of *TH*, *GCH1*, and *GNAL* gene mutations (Figure 1).

### Depressed striatal DA signaling leads to dystonia?

There is a paradox if we consider that suppressed striatal DA signaling causes dystonia, whereas loss of striatal DA in PD instead decreases the drive for voluntary movements and results in bradykinesia. The need to account for additional complexity is also highlighted by the strong relationship between dystonia development and D2DR blockade (Box 1), whereas *GCH1*, *TH*, and *GNAL* mutations intersect to affect the D1DR-like pathway. There are no clear explanations for these paradoxes, although the dual nature of dystonia-causing insults is more consistent with basal ganglia models that focus on coordinated MSN activation [42], rather than competition between direct and indirect pathways, given that this predicts that the dystonia-causing insults should oppositely affect movement. Furthermore, compensatory interactions within the striatal microcircuitry or crosstalk between signal transduction cascades, via mechanisms such as dimerization between A2AR, D1DR, or D2DR proteins [40,58], are one possibility. One other factor to consider is that familial dystonia patients are haploinsufficient rather than null for DA signaling components, and this may induce different compensation than stronger, broader blockade from progressive dopaminergic degeneration in PD. In addition, a developmental component seems likely. Patients with familial dystonia have congenitally blunted DA signaling during childhood acquisition of motor skills when striatal responses may be more plastic than in the case of an adult who develops PD. This theory of age-associated differences in how DA loss affects the striatum and movement is also supported by the more frequent appearance of dystonia in early-onset compared with late-onset forms of PD [59].

### Downstream effects of DA signaling; what is learnt from L-DOPA dyskinesia

This evidence for a complex interplay of compensations in the striatum also highlights that there is more to consider than the top end of striatal signaling to cAMP and PKA (Figure 1A). Furthermore, the downstream elements of DA signaling are implicated in LID, another pathological condition with abnormal hyperkinetic movements. L-DOPA is a DA replacement therapy that compensates for DA loss in PD and is an important symptomatic treatment for PD patients. However, the clinical response to L-DOPA decreases with disease progression, and patients progressively require increasing L-DOPA doses to maintain therapeutic benefit. Ultimately, L-DOPA fails to stably control motor symptoms and patients exhibit severe fluctuations in motor activity. LIDs are the most common manifestations of motor fluctuations, although dystonia can also become a major complication [60].

Many neurochemical defects exist in the sensitized striatum of patients and animal models with LID. However, hypersensitivity of the D1DR pathway appears to play a central role, and L-DOPA treatment in LID models causes dramatic hyperactivation of D1DR pathway components alongside abnormal movements [60]. There are normal levels of D1DR in LID models, but D1DR activation induces hyperphosphorylation of DARPP-32 (dopamine cAMP regulated phosphoprotein 32 kDa; Figure 1A) and other PKA targets. DARPP-32 seems to be an important player in LID and is a phosphatase inhibitor that augments activation of the ERK1 and ERK2 members of the MAPK family (mitogen-activated protein kinases) that alter gene transcription [61]. mTORC1 signaling (Box 2)

#### Box 2. mTOR signaling and plasticity

Mechanistic target of rapamycin (mTOR; previously mammalian TOR) was initially identified as the target of the rapamycin toxin that inhibits protein synthesis. mTOR is a ubiquitous and a centrally important regulator of protein synthesis and cell growth. The pathway is sensitive to many external and internal cues, and is regarded as a master integrator of signal transduction cascades. Signals such as the phosphoinositol-3-kinase (PI3K)/Akt pathway or extracellular signal-regulated kinase (ERK) typically converge on the upstream tuberous sclerosis complex proteins (TSC) that act as a GAP (GTPase activating protein) to inactivate the atypical G protein, Rheb, and activate mTOR. mTOR itself is an atypical serine/threonine kinase, and the activated mTOR kinase operates within mTORC1 or mTORC2 complexes to phosphorylate effectors of mTOR signaling. The best-characterized downstream effect of mTOR activation is mTORC1 phosphorylation of the p70 ribosomal protein S6 kinase, which in turn activates S6 and eIF4E-binding protein 1 (EIF4EBP) to upregulate translation initiation factor activity and protein synthesis [75].

mTOR in the brain is central to how neurons produce long-term durable changes in synaptic strength that depend on new protein synthesis [65,75,76]. mTORC1 pathway components are detected at postsynaptic terminals; mTORC1 inhibition by rapamycin inhibits long-term synaptic plasticity in response to electrical or chemical stimulation and impairs long-term memory formation in animals. Conversely, mTORC1 stimulation is associated with dendritic spine formation and synaptogenesis [77]. However, mTORC1 signaling is not only associated with beneficial physiology. *TSC1/2* mutations that elevate mTOR pathway activity cause autism and intellectual disability in tuberous sclerosis and, in general, excess mTOR signaling is associated with pathological aberrant and hyperactive circuit connectivity [78].



**Box 3. Outstanding questions**

- What are the molecular and physiological consequences of mTOR activation in striatal MSN?
- Is hyperactive mTOR also a feature of D1DR pathway-associated dystonia or other dystonias?
- How does suppression or fluctuation of DA signaling in LID/PD hyperactivate the D1DR pathway and cause pathological coupling to mTOR signaling?
- Is there a relationship between how dystonia is caused by pharmacological D2DR blockade or genetic loss of D1DR-like pathway components?

is also strongly associated with DARPP-32 hyperactivation and with how long-term depletion or fluctuations in striatal DA induce pathogenic reprogramming of a DA signal transduction cascade and LID. This evidence for mTOR involvement in LID derives from the observation that L-DOPA treatment strongly induces mTOR activation in *Didr* gene-expressing MSN of the DA-depleted rodent striatum. By contrast, L-DOPA does not induce mTOR activation in the normal striatal environment, and thus it appears that DA receptor coupling to striatal mTOR activation is a specific response that occurs with suppression of DA signaling [62]. Furthermore, the mTORC1 inhibitor, rapamycin, suppresses abnormal mTORC1 activation and dyskinesia-type behaviors in mouse and rat models [62,63]. This pathogenic coupling of D1DR signal transduction to mTORC1 occurs via DARPP-32 [61], hyperactivation of ERK1, ERK2, and Rhes, a striatal-specific mTOR activating protein that is homologous to the ubiquitously expressed Rheb [64] (Figure 1A, Box 2). Thus, research on models of LID has determined that DA loss can remodel D1DR-like signaling to inappropriately activate mTOR, which is an effector regarded as being centrally important for long-term changes in synaptic plasticity (Box 2). These data provide an intriguing hypothesis for how *TH* mutations and *GCH1* or *GNAL* haploinsufficiency might affect striatal plasticity and cause dystonia. Outstanding questions are listed in Box 3.

**Concluding remarks**

The identification of dystonia-causing genetic mutations is continuing to lead the way in understanding the molecular and neurobiological drivers of primary dystonia. There is an emerging theme where multiple dystonia-causing mutations converge to affect striatal signaling and signal transduction pathways similarly. They also suggest a previously unrecognized relationship between DRD and primary dystonia. This is an important insight because it suggests that a focus on how congenital DA deficiency affects striatal development and plasticity may have general importance for understanding primary dystonia. It will also be fascinating to determine whether primary dystonia is associated with pathogenic activation of mTOR signaling that is already implicated in LID. The mTORC1 molecular mechanism is a 'shoe' that fits the predictions and expectations for the mechanisms underlying dystonia: it is modulated in the striatum by DA pathways and downstream of verified dystonia genes, it is a master regulator that integrates cellular homeostasis with environment cues, it is an important mediator of synaptic

plasticity, and mTOR hyperactivation is a known pathogenic event in the development of functional CNS disease [65,66]. Pharmacological manipulation of mTOR is currently under trial for genetically defined autism spectrum disorders. Potentially, therapies designed for these conditions could be repositioned for LID and may be appropriate for other hyperkinetic movement disorders. Furthermore, Rhes and  $G\alpha(olf)$  are relatively specific striatal signal transduction proteins implicated in *GCH1/TH/GNAL* dystonia and LIDs. The striatal specific expression raises the possibility that it may be possible to therapeutically target striatal dysfunction without generally disturbing CNS signal transduction. Furthermore, the discovery of specialized striatal signal transduction molecules that appear to couple to synaptic plasticity can reconcile how dystonia can specifically affect movement while sparing cognitive and affective circuits.

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